

# #NAMIcon16

## How to Use Service Dogs in Mental Health Recovery



# Alicia Smith –

NAMICC Rep. Montana

With Hunka – a  
male, Saint Bernard  
smooth-coated  
Collie mix

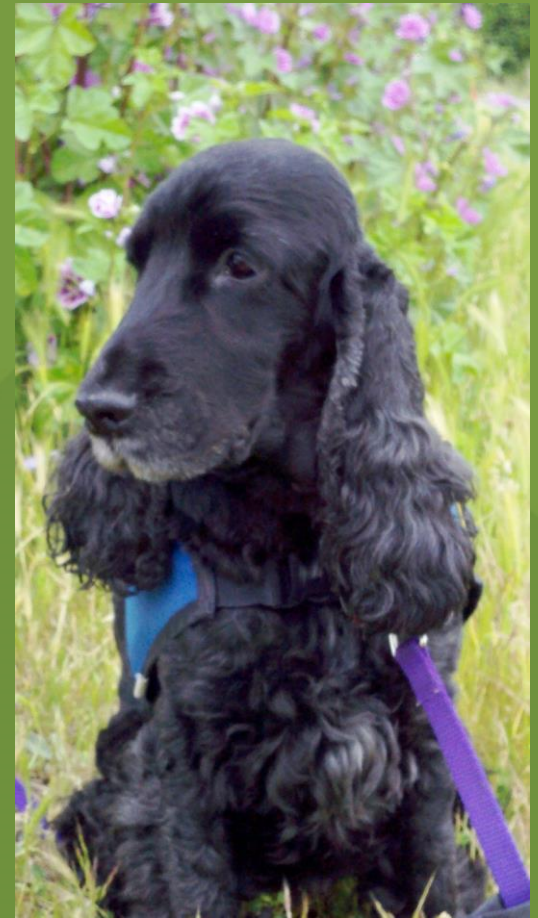
and Tella – a female,  
Great Dane



# Carrie Roach –

NAMICC Rep. Minnesota and Chair

- With Taylor –  
a male, all black  
English Cocker Spaniel



# Daniel Williams —

NAMIVMC Rep. Alabama and Chair



# Objectives:

Our hope is that you leave this presentation with a good grasp on....

1. Lifestyle change – benefits & challenges
2. Settings to consider – residence, public, military, work, transportation
3. Your Resources & References



# Considering a Lifestyle Change

Notice our naming convention:  
Pet, Therapy, Emotional Support, and  
Service Dog

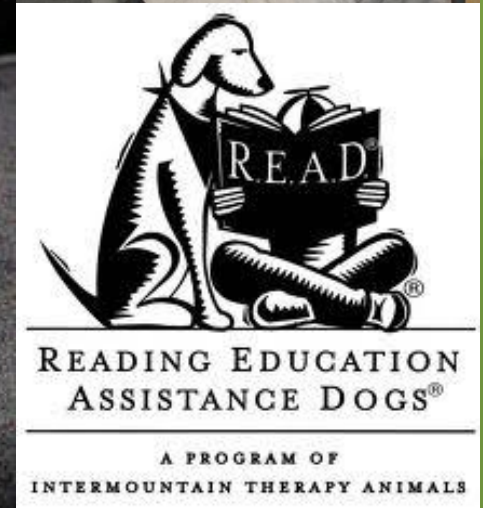
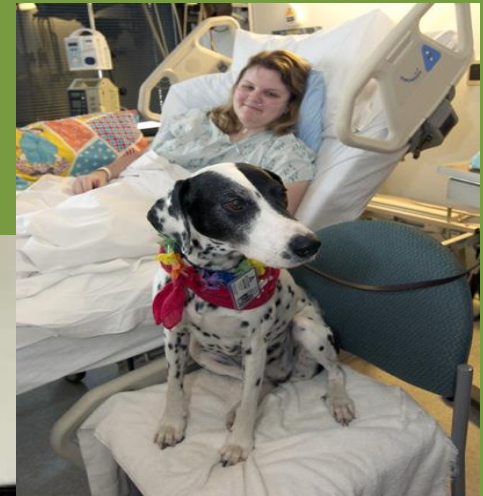




A Pet ....



# A Therapy Animal ...





# An Emotional Support Animal

(ESA) ....



# Service Dogs .... *are highly trained, working dogs*



# Service Dogs



*get to  
do this  
because*

....





# Service Dogs help out with ....



Service Dogs ....

help their  
people to  
**QUALIFY**  
by ....





# Service Dogs will always need ....

Acquisition  
Food & Supplies



Veterinary Care  
Grooming



# Service Dogs become SDs by ....

Select  
Socialize  
Train  
Evaluate  
~~Certify~~



# Service Dogs will provide ....

What's  
going on  
here?



Work?  
and/or  
Task?



Service Dogs ....

Program

vs.

Owner

Trained Dog



When it comes to proof ....

DOCUMENT everything about your SD:



Ought to:

You the owner  
Your loved ones

Will:

Your professionals  
Work place





# You and Your Service Dog in Public

will need  
to be  
prepared  
for....



# Does SD size really matter?



# Off Duty Service Dogs!





# Providers need to determine when ...

- indications out weigh contra-indications  
to potential SD owners

**Helpful?**

**Harmful?**

**Alleviate Symptoms?**

**Worsen Symptoms?**

**Support Recovery?**

**Delay Recovery?**



# Service Dogs Etiquette



“Do”  
and  
please

Don't





# Service Dogs ....



# Service Dogs ....

## Medical Assistive Devices



### **MEDICAL ALERT ASSISTANCE DOG**

My job is to warn my handler before she gets sick and help her when she is in medical crisis. I know lots of people are curious to know more, but my handler likes to keep her medical conditions private, I'm sure you understand!



Under the Disability Discrimination Act 1992, I am allowed by law anywhere the public is normally allowed. I have the same right of access as a guide dog. This includes stores, restaurants, movies, public transportation and hospitals.



# Service Dogs on planes, trains & buses....





# Alicia – Carrie – Daniel



# How to Use Service Dogs

## in Mental Health Recovery

H.10

