#NAMICon16

Family is Forever

One Family's Story of Hope Through Mental Illness



Family Forever, Agenda

- This is our Story
- The power of sharing lived experience
- Let's not be afraid





Family Forever, Why

The world's view of Family

Family Stigmatized

Family Dysfunction

Family Codependency

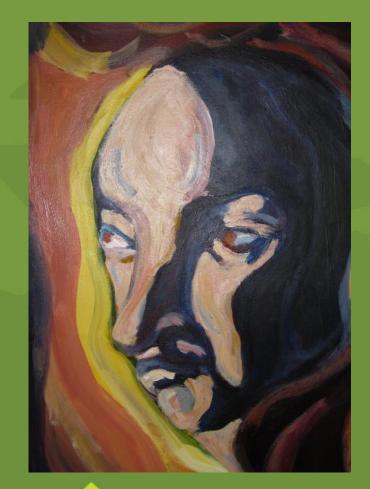
Family Inconsistency

Family Denial

Family Obstinacy

Family Enabling

Family Guilt





Family Forever, Why

The truth behind family

Family Stigmatized	Family Valued
Family Dysfunction	Family Cohesion
Family Codependency	Family Support
Family Inconsistency	Family Diversity
Family Denial	Family Hope
Family Obstinacy	Family Commitment
Family Enabling	Family Compassion
Family Guilt	Family Love





Family Forever, Education

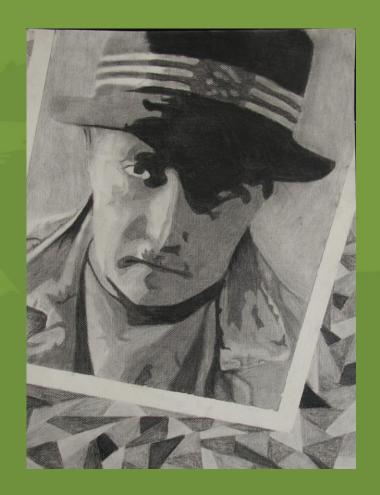
- Why education is so important
- Why loving families give up
- NAMI Family to Family
- Response to Trauma
 - Support Groups
 - Advocacy
 - Respite
- Airplane Analogy





Family Forever, Individual

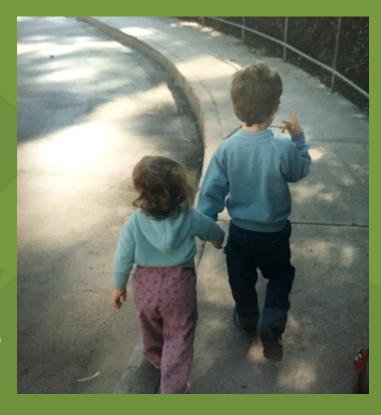
- Family importance
- Early Life
- Unconditional Love





Family Forever, Mother

- Family Struggles
- What is this?
- The Journey
 - Nothing works
 - Institutions
 - Treating Illness
- Coming out on the other side





Family Forever, Father

- Expectations and denial
- Facing reality
- Impact on family
- Never give up
- Recovery
 - Bravery and inspiration
- Unconditional Love





Family Forever, Sibling

- History from my perspective
- Relationship to my family
- Relationship to myself
- Lasting impact







The End