

# National Institute of Mental Health Outreach Partnership Program

*Update*

*March 1, 2008*

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**DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Institute of Mental Health  
Office of Constituency Relations and Public Liaison**

## **Science and Service News Updates**

### **NIMH: Teens with Treatment-resistant Depression More Likely to Get Better with Switch to Combination Therapy**

Teens with difficult-to-treat depression who do not respond to a first antidepressant medication are more likely to get well if they switch to another antidepressant medication and add psychotherapy rather than just switching to another antidepressant, according to a large, multi-site trial funded by the National Institutes of Health's National Institute of Mental Health (NIMH). The results of the Treatment of SSRI-resistant Depression in Adolescents (TORDIA) trial were published February 27, 2008, in the *Journal of the American Medical Association (JAMA)*.

Press Release: <http://www.nimh.nih.gov/science-news/2008/teens-with-treatment-resistant-depression-more-likely-to-get-better-with-switch-to-combination-therapy.shtml>

### **NIMH: Genetic Tags Reveal Secrets of Memories' Staying Power in Mice**

A better understanding of how memory works is emerging from a newfound ability to link a learning experience in a mouse to consequent changes in the inner workings of its neurons. Researchers, supported in part by the NIMH, have developed a way to pinpoint the specific cellular components that sustain a specific memory in genetically-engineered mice. The findings of their study were reported in the February 22, 2008 issue of the journal *Science*.

Press Release: <http://www.nimh.nih.gov/science-news/2008/genetic-tags-reveal-secrets-of-memories-staying-power-in-mice.shtml>

### **NIMH: Genetic Variation May Influence Response to Depression Treatment**

Variations in a gene known as TREK1 may explain some forms of treatment-resistant major depression, according to a new study analyzing genetic data from the NIMH-funded Sequenced Treatment Alternatives to Relieve Depression (STAR\*D) trial. The study was published online February 20, 2008, in *Neuropsychopharmacology*.

Science Update: <http://www.nimh.nih.gov/science-news/2008/genetic-variation-may-influence-response-to-depression-treatment.shtml>

### **NIMH: Group Therapy Program Offers Meaningful Gains for People with Borderline Personality Disorder**

A 20-week group therapy program focusing on cognitive behavioral and skills training, when used in conjunction with usual care, helped reduce symptoms of borderline personality disorder and improve overall functioning, reported NIMH-funded researchers. Their findings were published online February 15, 2008 in the *American Journal of Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2008/group-therapy-program-offers-meaningful-gains-for-people-with-borderline-personality-disorder.shtml>

**NIMH: Cold, Unfeeling Traits Linked to Distinctive Brain Patterns in Kids with Severe Conduct Problems—Brain’s Amygdala Region Less Responsive to Other People’s Distress Signals**

The callous, unemotional characteristics of some children and adolescents who bully or steal or have other severely disruptive behavior problems may have partial roots in a brain area called the amygdala. The amygdala responds to distress cues from other people; cues that normally would elicit empathy from observers. But it is less responsive to such cues in youth who have both callous, unemotional characteristics and disruptive behavior problems, report NIMH investigators. Results of their research appeared online February 15 in the *American Journal of Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2008/cold-unfeeling-traits-linked-to-distinctive-brain-patterns-in-kids-with-severe-conduct-problems.shtml>

**NIMH: Co-occurring Anxiety Complicates Treatment Response for Those with Major Depression**

People with major depression accompanied by high levels of anxiety are significantly less likely to benefit from antidepressant medication than those without anxiety, according to a study based on data from the NIMH-funded Sequenced Treatment Alternatives to Relieve Depression (STAR\*D) study. The study was published online ahead of print in the January 2008 issue of the *American Journal of Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2008/co-occurring-anxiety-complicates-treatment-response-for-those-with-major-depression.shtml>

**NIMH: Scans Reveal Faulty Brain Wiring Caused by Missing Genes—Grant Funds New Tools to Detect Subtler Wiring Errors in Schizophrenia**

An NIMH study using an emerging imaging technology has discovered faulty wiring in the brains of people with Williams Syndrome, a rare genetic disorder that affects some aspects of thinking. Diffusion tensor imaging (DTI) scans revealed abnormal tracts of neuronal fibers that conduct long-distance communications between brain regions. Researchers reported their findings in the September 18, 2007, early online edition of the *Proceedings of the National Academy of Sciences*. Compared to the gross fiber tract abnormalities of Williams Syndrome, discovering schizophrenia’s more elusive wiring errors tests the limits of existing DTI technology. In a separate NIMH study, researchers at the University of Pennsylvania are developing an improved, automated system for analyzing DTI data from patients with schizophrenia, family members, and healthy controls. Their new method can detect several ways in which long-distance neural connectivity can be disrupted by disease. The goal is to gain a more complete picture of nerve fiber networks altered in schizophrenia than is possible with existing techniques. Obtaining these patterns of changes in the patients will help to characterize changes in their family members that may be related to the genetic roots of the disorder.

Science Update: <http://www.nimh.nih.gov/science-news/2008/scans-reveal-faulty-brain-wiring-caused-by-missing-genes.shtml>

**NIMH: Primary Care Doctors May Overlook Elderly Patients' Mental Health**

Doctors spend little time discussing mental health issues with their older patients and rarely refer them to a mental health specialist even if they show symptoms of severe depression, according to an NIMH-funded study published December 2007 in the *Journal of the American Geriatrics Society*.

Science Update: <http://www.nimh.nih.gov/science-news/2008/primary-care-doctors-may-overlook-elderly-patients-mental-health.shtml>

**NIAAA: Brain Stress System Presents Possible Treatment Target for Alcohol Dependence**

A brain circuit that underlies feelings of stress and anxiety shows promise as a new therapeutic target for alcoholism, according to new studies by researchers at the National Institute on Alcohol Abuse and Alcoholism (NIAAA). In preclinical and clinical studies reported February 14 online in *Science Express*, researchers found that a brain molecule known as the neurokinin 1 receptor, or NK1R, appears to be a central actor in stress-related drinking.

Press Release: <http://www.nih.gov/news/health/feb2008/niaaa-26.htm>

**NIA: Study Finds Improved Cognitive Health among Older Americans**

Rates of cognitive impairment among older Americans are on the decline, according to a new study supported by the National Institute on Aging (NIA) and NIMH comparing the cognitive health of older people in 1993 and 2002. Higher levels of education were associated with better cognitive health. Researchers said the findings will need to be explored further to see if they can be observed in other studies and to pinpoint factors influencing cognition, or the ability to think, learn, and remember. The report appears in February 20, 2008 issue of *Alzheimer's & Dementia*.

Press Release: <http://www.nih.gov/news/health/feb2008/nia-25.htm>

**NIA: Stress Hormone Impacts Memory, Learning in Diabetic Rodents**

Diabetes is known to impair the cognitive health of people, but now scientists have identified one potential mechanism underlying these learning and memory problems. A new NIA study in diabetic rodents finds that increased levels of a stress hormone produced by the adrenal gland disrupt the healthy functioning of the hippocampus, the region of the brain responsible for learning and short-term memory. Moreover, when levels of the adrenal glucocorticoid hormone corticosterone (also known as cortisol in humans) are returned to normal, the hippocampus recovers its ability to build new cells and regains the "plasticity" needed to compensate for injury and disease and adjust to change. The study appears in the February 17, 2008 issue of *Nature Neuroscience*.

Press Release: <http://www.nih.gov/news/health/feb2008/nia-17.htm>

**SAMHSA: New Report Reveals Treatment Admissions for Methamphetamine, Prescription Drug and Marijuana Abuse are on the Rise**

Problems with alcohol as a primary substance of abuse accounted for 40 percent of the 1.8 million admissions in 2006 for substance abuse treatment in the United States according to a report based on the latest nationwide survey of treatment facilities. Yet this percentage of admissions for alcohol abuse treatment is markedly lower than the 51 percent share it represented in 1996. *The Treatment Episode Data Set (TEDS) 2006 Highlights* report, by the Substance Abuse and Mental Health Services Administration (SAMHSA), also reveals that over the same 10 year period the percentages of admissions for methamphetamine, prescription drug and marijuana abuse rose.

News Release: <http://www.samhsa.gov/newsroom/advisories/0802143132.aspx>

Full Report: <http://oas.samhsa.gov/teds2k6highlights/TOC.cfm>

**Resources: Publications, Toolkits, Other Resources****New on the NIMH Website**

*When Unwanted Thoughts Take Over: Obsessive-Compulsive Disorder—Available online in Spanish*

This easy-to-read booklet on Obsessive-Compulsive Disorder (OCD) that explains what it is, when it starts, how long it lasts, and how to get help is now available in Spanish: *Cuando Pensamientos Indeseados Toman Control: Trastorno Obsesivo-Compulsivo*. Spanish version available online only.

<http://www.nimh.nih.gov/health/publications/spanish/cuando-pensamientos-indeseados-toman-control-trastorno-obsesivo-compulsivo.shtml>

*National Mental Health Advisory Council: Minutes of the 216th Meeting*

Meeting minutes are now available.

<http://www.nimh.nih.gov/about/advisory-boards-and-groups/namhc/2007/september/namhc-minutes-of-the-216th-meeting.shtml>

**New 'NIH Research Matters' of Interest**

*Team Care for Depressed Older Adults Cuts Medical Costs*

A team approach to treating depression in older adults has already been shown to be effective. According to a new study, it's also less expensive than usual care.

[http://www.nih.gov/news/research\\_matters/february2008/02252008medcare.htm](http://www.nih.gov/news/research_matters/february2008/02252008medcare.htm)

**NIA: Providing Comfort at the End of Life**

When someone close to us is nearing the end of life, there may be many questions. How can I offer comfort and support? Is there one "best" place for caregiving? Are there some approaches to making decisions that can be helpful? Do people with dementia have special needs at the end of life? *End of Life: Helping with Comfort and Care*, a new publication from the National Institute on Aging (NIA), can help answer these questions and others.

<http://www.nia.nih.gov/healthinformation/publications/endoflife/>

**NIH Issues New Public Access Policy**

The NIH recently announced its new Public Access Policy regarding peer-reviewed publications. The new NIH Public Access Policy will ensure published NIH-funded research is accessible to the public, health care providers, educators and scientists and will help advance science and improve human health.

<http://grants.nih.gov/grants/partners/0108Nexus.htm#public>

**Latest 'SAMHSA News' Available**

This issue of *SAMHSA News* highlights SAMHSA's activities in support of returning veterans. SAMHSA is collaborating with the Department of Veterans Affairs, the Department of Defense, and the National Guard to make the reintegration needs of returning veterans a top priority.

[http://www.samhsa.gov/SAMHSA\\_News/index.htm](http://www.samhsa.gov/SAMHSA_News/index.htm)

**SAMHSA: New Report from the Office of Applied Studies**

*Nonmedical Stimulant Use, Other Drug Use, Delinquent Behaviors, and Depression Among Adolescents*

SAMHSA's National Survey on Drug Use and Health estimated that about 510,000 youth aged 12 to 17 used stimulants nonmedically in the past year in 2006. Youth who used stimulants nonmedically in the past year were also more likely than youth who did not use stimulants nonmedically to have experienced a major depressive episode in the past year.

<http://oas.samhsa.gov/2k8/stimulants/depression.cfm>

**BJA: Report Documents Essentials for Mental Health Courts**

*Improving Responses to People with Mental Illnesses: The Essential Elements of a Mental Health Court* from the Department of Justice's Bureau of Justice Assistance describes 10 essential elements of mental health court design and implementation. Each section describes why the element is important and how courts can adhere to it.

<http://www.ncjrs.gov/justinfo/Feb1508.html#Report%20Documents%20Essentials%20for%20Mental%20Health%20Courts>

**FDA: New Brochure to Help Consumers Track Medications**

This new brochure, *My Medicines*, offered by the Food and Drug Administration (FDA) is designed to help consumers track the medications they use. *My Medicines* features a chart that allows one to list information about your prescription medicines, including the names of the medicines, how much you take, when you take them, what condition they are treating, and the number of refills. The brochure also offers advice on how to use labeling information, how to avoid problems with your medicines, and questions you should ask your doctor or pharmacist about your prescriptions.

<http://www.fda.gov/consumer/updates/mymedsbrochure021508.html>

**New Reports from the General Accounting Office**

*Catastrophic Disasters: Federal Efforts Help States Prepare for and Respond to Psychological Consequences, but FEMA's Crisis Counseling Program Needs Improvements*

The General Accounting Office (GAO) examined 1) federal agencies' actions to help states prepare for the psychological consequences of catastrophic disasters and 2) states' experiences obtaining and using grants from the Crisis Counseling Assistance and Training Program to respond to the psychological consequences of catastrophic disasters.  
<http://www.gao.gov/docsearch/abstract.php?rptno=GAO-08-22>

*DOD and VA: Preliminary Observations on Efforts to Improve Care Management and Disability Evaluations for Servicemembers*

This statement is based on GAO's ongoing work to 1) assess actions taken by the Army to help ill and injured soldiers obtain health care and navigate its disability evaluation process; and to 2) describe the status, plans, and challenges of the Department of Defense (DOD) and Veterans Affairs (VA) efforts to implement a joint disability evaluation system.

<http://www.gao.gov/docdb/lite/summary.php?rptno=GAO-08-514T&accno=A81091>

**HRSA: Latest Edition of Survey of Children with Special Health Care Needs Available**

The *National Survey of Children with Special Health Care Needs Chartbook 2005-2006* from the Health Resources and Services Administration (HRSA) reports that 10.2 million children in the United States have special health care needs; that number represents 14 percent of all U.S. children. More than a fifth of U.S. households with children have at least one child with special needs. Children with special health care needs are defined as having or being at risk for "chronic physical, developmental, behavioral, or emotional conditions that have lasted or are expected to last at least 12 months."

News Release: <http://newsroom.hrsa.gov/releases/2008/cshcn05.htm>

**National Center For Health Statistics: Health Characteristics of the Asian Adult Population: United States, 2004–2006**

This report compares national estimates for selected health status indicators, health behaviors, health care utilization, health conditions, immunizations, and human immunodeficiency virus (HIV) testing status among selected non-Hispanic Asian adult subgroups. Comparison estimates for the non-Hispanic white, non-Hispanic black, non-Hispanic American Indian or Alaska Native (AIAN), and Hispanic adult populations are also presented.

<http://www.cdc.gov/nchs/data/ad/ad394.pdf>

## **Calendar of Events**

### **Teleconference: Reducing Stigma and Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender (LGBT)**

*March 12, 2008, 2:00 - 3:30 pm ET*

The SAMHSA Resource Center to Address Discrimination and Stigma Associated With Mental Illness is sponsoring this free training. The training will: 1) Define LGBT terms, describe the stigma faced in the mental health system and explore research on LGBT individuals and mental health stigma; 2) Offer first-hand accounts from LGBT individuals on their experiences facing and overcoming the dual stigma that accompanies sexual orientation and mental illness; and 3) Provide an overview of strategies that may help to reduce stigma in the mental health delivery system for LGBT individuals.

<http://stopstigma.samhsa.gov/teleconferences/>

### **Health Observance: Brain Awareness Week**

*March 10–16, 2008*

Brain Awareness Week is an international effort organized by the Dana Alliance for Brain Initiatives to advance public awareness about the progress and benefits of brain research. The Dana Alliance is joined in the campaign by partners in the United States and around the world, including medical and research organizations; patient advocacy groups; the National Institutes of Health, and other government agencies; service groups; hospitals and universities; K-12 schools; and professional organizations.

<http://www.healthfinder.gov/library/nho/nho.asp?year=2008#132>

### **The Validation of Family Involvement at the Policy, Planning and Service Levels**

*March 20, 2008, 1-2:30 pm ET*

This conference call produced by SAMHSA's National Technical Assistance Center for Children's Mental Health will explore family involvement in the development of systems of care. Documenting and validating the merits of family involvement has been an evolving process over the past decade. In this session, we will guide participants through several approaches to validation including evidence from research, formal data collection and anecdotes so that the case for family involvement is clear, documented and reflective of the family movement to date.

[http://gucchd.georgetown.edu/programs/ta\\_center/tacalls2008.html](http://gucchd.georgetown.edu/programs/ta_center/tacalls2008.html)

### **Health Observance: The National Inhalants and Poisons Awareness Week**

*March 16-22, 2008*

This health observance is an annual media-based, community-level program that is designed to increase understanding about the use and risks of inhalant involvement.

<http://www.healthfinder.gov/library/nho/nho.asp?year=2008#133>

### **Treatment Planning for Complex Trauma /Conceptualization and Core Components**

*March 31, 2008, 2-3:30 pm ET*

Sponsored by SAMHSA's National Child Traumatic Stress Network, this free webcast will provide information on treatment planning for complex trauma.

[http://www.nctsn.org/nctcs/nav.do?pid=ctr\\_train\\_tele\\_compsched](http://www.nctsn.org/nctcs/nav.do?pid=ctr_train_tele_compsched)

**NCDEU: New Research Approaches for Mental Health Interventions**

*May 27-30, 2008, Phoenix, Arizona*

The New Clinical Drug Evaluation Unit (NCDEU) Meeting, co-sponsored by the National Institute of Mental Health and the American Society of Clinical Psychopharmacology, is a scientific conference that brings together academic researchers from multiple disciplines involved in clinical trials, practicing psychologists, research pharmacists, nurses, and social workers, as well as investigators with the pharmaceutical industry, and representatives from NIMH/NIH and the Food and Drug Administration.

<http://www.nimh.nih.gov/research-funding/scientific-meetings/recurring-meetings/ncdeu/index.shtml>

**Blending Addiction Science and Treatment—The Impact of Evidence-Based Practices on Individuals, Families and Communities**

*June 2-3, 2008, Cincinnati, Ohio*

This NIDA conference provides an important opportunity for clinicians and providers to interact with the developers of empirically supported treatments in awareness raising workshops focused on treatment implementation. The goal of the Blending Addiction Science and Practice Conference is to improve addiction treatment practices so more people recover from addictive disorders.

<http://www.NIDABlendingConference.info>

**The National Center for Trauma-Informed Care Learning Exchange**

*July 11-12, 2008, Washington, DC*

The SAMHSA CMHS funded National Center for Trauma-Informed Care will be hosting a two-day learning exchange and networking transformation forum to highlight useful and practical strategies for moving forward together with the implementation of trauma-informed care in organizations, programs, and services.

<http://mentalhealth.samhsa.gov/nctic/>

**The 13th Annual Conference on Advancing School Mental Health**

*September 25-27, 2008, Phoenix, Arizona*

Sponsored by the Health Resources and Services Administration's Center for School Mental Health and the IDEA Partnership, this year's conference theme is "School Mental Health for All Students: Building a Shared Agenda for Youth, Families, Schools, and Communities."

[http://csmh.umaryland.edu/conf\\_meet/AnnualConference/index.html](http://csmh.umaryland.edu/conf_meet/AnnualConference/index.html)

**Requests for Public Input****SAMHSA: 2008 Science and Service Awards Will Honor Implementation of Evidence-Based Mental Health and Substance Abuse Interventions**

SAMHSA has issued a call for applications for its 2008 Science and Service Awards, a national program that recognizes community-based organizations and coalitions that have shown exemplary implementation of evidence-based mental health and substance abuse interventions. Application deadline is March 31, 2008.

<http://www.samhsa.gov/newsroom/advisories/0801181059.aspx>

**Call for Workshop Proposals: 3rd National Conference on Women, Addiction and Recovery—Inspiring Leadership, Changing Lives**

This conference sponsored by SAMHSA, the New Century Institute and the Florida Alcohol and Drug Abuse Association, brings together the leaders, directors and other stakeholders in women's services to hear current research, discuss implementation and promote effective leadership to professionals and stakeholders to assist women with substance use disorders and their families. This conference will be held September 15-17, 2008 in Tampa, Florida. The deadline for proposal submissions is March 31, 2008.

<http://www.fadaa.org/women>

**Developing Healthy People 2020: Participate in Regional Meetings**

Healthy People provides science-based, 10-year national objectives for promoting health and preventing disease. Since 1979, Healthy People has set and monitored national health objectives to meet a broad range of health needs, encourage collaborations across sectors, guide individuals toward making informed health decisions, and measure the impact of our prevention activity. To obtain public perspectives on the framework that will be used to organize Healthy People 2020 objectives, the U.S. Department of Health and Human Services (HHS) is convening five regional meetings. A sixth meeting is planned in the Washington, DC area to gain input from national organizations and other interested groups and individuals. Registration has opened for scheduled Healthy People 2020 Regional Meetings locations. Detailed information is available for the regional meetings taking place in Atlanta (March 17), San Francisco (April 1), Fort Worth (April 14), Chicago (April 30), and Bethesda (May 28).

<http://www.healthypeople.gov/hp2020/regional/default.asp>

**Funding Information****NIH Regional Seminars on Program Funding and Grants**

*March 25-27, 2008 San Antonio, Texas*

*June 18-20, 2008 Chicago, Illinois*

Each year, NIH sponsors two NIH Regional Seminars on Program Funding and Grants. These seminars are intended to help demystify the application and review process, clarify Federal regulations and policies, and highlight current areas of special interest or concern. The seminars serve the NIH mission of providing education and training for the next generation of biomedical and behavioral scientists. NIH policy, grants management, review and program staff provide a broad array of expertise and encourage personal interaction between themselves and seminar participants.

<http://grants.nih.gov/grants/seminars.htm>

**Corporation for National and Community Service: Volunteer Organization Capacity Building**

The Corporation for National and Community Service announces the availability of approximately \$5,000,000 for the first year of a three year cooperative agreement to strengthen our nation's volunteer infrastructure and increase the number of Americans who engage in quality volunteer activities. Funding for years two and three of the agreement is contingent upon the availability of funds and the recipient's satisfactory progress towards agreed-upon objectives.

[http://www.nationalservice.gov/for\\_organizations/funding/nofa\\_detail.asp?tbl\\_nofa\\_id=52](http://www.nationalservice.gov/for_organizations/funding/nofa_detail.asp?tbl_nofa_id=52)

## **Programmatic Funding Opportunities**

### **CDC: Elimination of Health Disparities through Translation Research**

<http://www.cdc.gov/od/pgo/funding/CD08-001.htm>

### **SAMHSA: National Child Traumatic Stress Initiative Community Treatment and Services Center Grants**

[http://samhsa.gov/Grants/2008/sm\\_08\\_010.aspx](http://samhsa.gov/Grants/2008/sm_08_010.aspx)

### **SAMHSA: Technical Assistance Center for Mental Health Promotion and Youth Violence Prevention**

[http://samhsa.gov/Grants/2008/sm\\_08\\_003.aspx](http://samhsa.gov/Grants/2008/sm_08_003.aspx)

### **SAMHSA: Cooperative Agreements for State-Sponsored Youth Suicide Prevention and Early Intervention**

[http://www.samhsa.gov/Grants/2008/sm\\_08\\_015.aspx](http://www.samhsa.gov/Grants/2008/sm_08_015.aspx)

## **Research Funding Opportunities**

PAs and RFAs to share with scientific advisors. Information about NIH funding at

<http://grants.nih.gov/grants/oer.htm>

### **Selected NIH Program Announcements (PAs)**

[Full listing of NIH PAs at <http://grants2.nih.gov/grants/guide/pa-files/index.html>]

#### **Centers of Excellence in Genomics Science (CEGS) (P50)**

<http://grants.nih.gov/grants/guide/pa-files/PAR-08-094.html>

### **Selected NIH Request for Applications (RFAs)**

[Full listing of NIH RFAs at <http://grants2.nih.gov/grants/guide/rfa-files/index.html>]

#### **Limited Competition for Data Deposition and Analyses of Genome Wide Association Studies of Mental Disorders (R01)**

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-08-120.html>

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The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) with support from the National Institute on Drug Abuse (NIDA) and in cooperation with the Substance Abuse and Mental Health Services Administration (SAMHSA) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information on the NIMH Outreach Program please visit <http://www.nimh.nih.gov/outreach/partners/>.

To subscribe to receive the *Update* every two weeks, go to: <http://www.nimh.nih.gov/outreach/partners/updateserv.cfm>

The information provided in the NIMH Update is intended for use by the Outreach Partners, National Partners, and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education, and partnership programs.