

NAMI Basics is a free, 3-session educational course for parents and caregivers of children and adolescents with behavioral, mental or emotional challenges.



Basics allows families to connect with and support one another while learning to navigate the evaluation and treatment process for their children.



It is not necessary that the child has received a specific diagnosis. The class is facilitated by trained NAMI parents who have lived similar experiences with their own children. All course materials will be provided.

Session One: Saturday, January 21, 2012

Session Two: Saturday, January 28, 2012

Session Three: Saturday, February 4, 2012 (snow date: February 18)

Time: 8:30 – 1:30 p.m.

8:00 – 8:30 a.m. Coffee Time

**Location: St. Matthew's United Methodist Church
8617 Little River Turnpike
Annandale, VA 22033**

Enter through the double doors on the east side of the church, into the lower level. Sessions will be held in Room 302.

**To register for this 3-session Basics program, contact:
Carol Carroll at csquared02@yahoo.com or call 703-938-3521.**



NAMI-Northern Virginia is a non-profit, membership and volunteer-based organization that provides education, support and advocacy to individuals with mental illness and their family members and friends.

For more information about NAMI-Northern Virginia or to become a member...

Visit our website: www.NAMI-NorthernVirginia.org

E-mail us: NAMINorthernVA@gmail.com