



NAMI

Peer-to-Peer

National Alliance on Mental Illness

**Upcoming Peer-to-Peer
Recovery Education Course!
(10 weekly sessions)**

Where: Annandale United Methodist
Church, 6935 Columbia Pike,
Annandale, Virginia 22003

When: Sundays beginning
January 15, 2012

Time: 2:00 P.M. - 4:00 P.M.

**Register for FREE by contacting
Tammy at 703.819.5029 or
nami.tammy@gmail.com**

What is
Peer to Peer?

Peer to Peer is a
unique,
experiential
learning program
for people with
any serious mental
illness who are
interested in
establishing and
maintaining their
wellness and
recovery.

Peer to Peer
consists of ten
two-hour units
and is facilitated
by a team of two
trained, Peer
Mentors.



National Alliance on Mental Illness

NAMI Northern Virginia

NAMI-Northern Virginia is a non-profit, volunteer and membership-based organization that provides education, support, and advocacy to individuals with mental illness and their family members and friends.

For more information about NAMI-NoVA or to become a member:

Visit our website: www.NAMI-NorthernVirginia.org

E-mail us: NAMINorthernVA@gmail.com