

## State Mental Health Resources

There are a number of important state mental health resources. Here is contact information for just some of them. More specific info can be found on the Department of Human Services Addictions and Mental Health website.

### **Addictions and Mental Health Services Division**

500 Summer St. NE, E 86  
Salem, OR 97301  
(503) 945-5763  
(503) 378-8467 fax  
[www.oregon.gov/DHS/mentalhealth](http://www.oregon.gov/DHS/mentalhealth)

### **Oregon Advocacy Center**

Each state has a protection and advocacy agency that receives funding from the Federal Center for Mental Health Services. In Oregon, this agency is the Oregon Advocacy Center (OAC). OAC is mandated to protect and advocate for the rights of people with mental illnesses and to investigate reports of abuse and neglect in facilities that care for or treat individuals with mental illnesses. Facilities under the jurisdiction of OAC may be public or private and include hospitals, nursing homes, community facilities, board and care homes, homeless shelters, jails, and prisons. Agencies provide advocacy services or conduct investigations to address issues that arise during transportation or admission to such facilities, during residency in them, or within 90 days after discharge from them.

620 Southwest Avenue, Fifth Floor  
Portland, OR 97204-1428  
(503) 243-2081  
(800) 452-1694  
[www.oradvocacy.org](http://www.oradvocacy.org)

### **Office of Consumer/Survivor Technical Assistance**

OCTA was founded in April 1998. Areas of expertise that OCTA has developed since early 2003 include a completely new approach to employment for individuals with psychiatric disabilities utilizing person-directed planning; development of learning tools and materials to help increase the utilization of self-directed Personal Care Services by folks with psychiatric disabilities so that they can live more successfully in their communities (CLASS Project); and an effort now underway to develop peer-operated programs and services throughout Oregon to promote recovery through peer-to-peer support, education, and advocacy consistent with Oregon's evidence-based practice mandate (PEN Project).

1600 SW 4th Ave, Suite 900  
Portland, OR 97202  
(503) 725-8096  
[www.orocta.org](http://www.orocta.org)

### **Oregon State Hospital System**

The Oregon State Hospital system is undergoing tremendous changes. The system is slated to be more community-based in future years, relying less on the heavily institutionalized nature of the Salem Campus. Those interested in the State Hospital system changes should keep a close eye on the Department of Human Services Addictions and Mental Health website. Of course, NAMI Multnomah can provide updates as well. Listed below are the main campuses of the Oregon State Hospital System that were in existence at the date of this guide's printing.

#### ***Oregon State Hospital - Salem***

2600 Center St. NE  
Salem, OR 97301  
(503) 945-2800

#### ***Oregon State Hospital - Portland***

1121 NE 2nd Ave  
Portland, OR 97232  
(503) 731-8620

#### ***Blue Mountain Recovery Center***

2600 Westgate  
Pendleton, OR 97801  
(541) 276-0810

### **Oregon Partnership**

A statewide non-profit promoting healthy kids and communities through drug and alcohol awareness, prevention programs, and a 24 hour crisis line for treatment referrals and suicide prevention. Works with schools and community coalitions statewide, and has a resource library open to all to educate on the dangers of substance abuse.

6443 SW Beaverton-Hillsdale Hwy, Suite 200

Portland, OR 97221

(503) 244-5211

HelpLine: (800) 923-HELP

YouthLine: (877) 553-TEEN

LifeLine: (800) 273-TALK or 1-800-SUICIDE

### **Oregon Senior Health Insurance Benefits Assistance (SHIBA)**

250 Church Street SE, Suite 200

Salem, OR 97301-3921

(800) 722-4134

[www.oregon.gov/DCBS/SHIBA](http://www.oregon.gov/DCBS/SHIBA)

### **State of Oregon Housing Information**

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Office of Mental Health and Addiction Services

Oregon Department of Human Services

500 Summer Street, NE, E-86

Salem, OR 97301-1118

(503) 945-9722