



**STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
EASTERN STATE HOSPITAL**

Administration
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July 10, 2009

TO: Barbara Bate, President
NAMI Washington State

FROM: John Murphy, Patient Advocate
Eastern State Hospital

RE: NAMI Washington Newsletter

I would like to post a notice in your NAMI Washington newsletter.

Visiting hours at Eastern State Hospital have been revised as a result of changes in active treatment programming. This change will allow patients the opportunity to fully participate in the required four hours of active treatment, which is now offered in a Treatment Mall setting off the ward from 9am-2pm on weekdays. In order for patients to receive the best possible treatment, it is essential that they consistently attend groups and that interruptions are kept to a minimum. Families who must travel long distances to visit can discuss exceptions to the new visiting hours with the patient's Treatment Team. For additional information, call ESH at 509.565.4000. In addition, John Murphy, Patient Advocate, can be reached at 509.565.4520.

New Eastern State Hospital weekday visiting hours are as follows:

Adult Psychiatric Unit (APU):	3:00pm-9:00pm
Forensic Services Unit (FSU):	3:00pm-9:00pm
Geriatric Psychiatric Unit (GPU):	9:00am-9:00pm (no change)
Weekend/holiday visiting hours remain unchanged:	9:00am-9:00pm on all units.

If you have question, please feel free to contact me. Thanks for your assistance, Barbara.