

EDUCATION, TRAINING & PEER SUPPORT NEWSLETTER

NAMI Education, Training & Peer Support Center

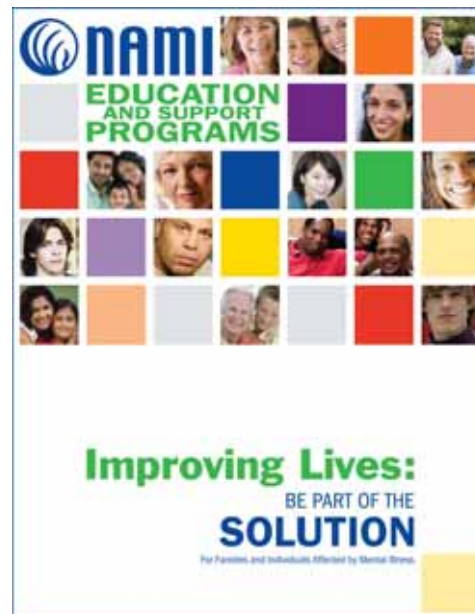
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WELCOME!

Welcome to the Education, Training & Peer Support Center's electronic newsletter. In this issue, you will find information and program highlights for NAMI's signature education programs: Family-to-Family; De Familia a Familia; Basics; Peer-to-Peer; In Our Own Voice; Connection Recovery Support Group; Family Support Group Facilitator Skills Training Program; and Provider Education Course.

NEW!!!

The NAMI Education and Support Programs Brochure



We are very pleased to present our new NAMI Education and Support Programs Brochure. This brochure provides a comprehensive overview of the education and support programs that are offered by NAMI.

[READ MORE...](#)

FAMILY-TO-FAMILY

Program Statistics

Over 200,000 graduates

Over 3,500 volunteer teachers

Program has been translated into:

- Spanish
- Italian
- Vietnamese
- Arabic



NEW RESOURCE FOR F2F/VA OUTREACH Are you working with a VA facility to start or continue a F2F class? If so we want to hear from you. We will send you copies of a new NAMI education programs brochure to use for your outreach to families of Veterans and distribute to participants attending the class at the VA facility. [READ MORE...](#)

WATCH FOR YOUR 2010 F2F CURRICULUM UPDATES COMING IN MID-MARCH The state F2F program director will distribute the 2010 F2F curriculum updates to teachers in mid-March. Make sure you are on your state F2F teacher distribution list. If you are in a state without a program director, please contact Lynne@nami.org.

NAMI Staff: National Education Director: Joyce Burland, Ph.D
 Director: Lynne Saunders
 Fulfillment Manager: Marshall Epstein
 Coordinator: Ana Ferrara

DE FAMILIA A FAMILIA

Program Statistics

Program is offered in 11 states, as well as Mexico

5 Training of Trainers Trainings

2 National Teacher Trainings



We're delighted with the progress the De Familia a Familia program had last year! As we move forward to educate the Spanish-language communities, we will begin holding bi-monthly **De Familia a Familia Spanish-language teleconference calls** starting this February. Teachers, trainers, and coordinators are welcome to participate. Participants will share successful program strategies, guidance, and concerns during these calls. Please send an e-mail to Ana Ferrara at anaf@nami.org if you would like to participate.



***Two of these calls will be held in English.

NAMI Staff: Coordinator: Ana Ferrara

BASICS

Program Statistics

states offering the program: 26

Total # classes since implementation: 170

Total # graduates since implementation: 1,366

Total # Trained Teachers: 514



The 2008-2009 Research Project, under the leadership of Dr. Kimberly Hoagwood (Columbia University) and Dr. Barbara Burns (Duke University) is drawing to a close. [READ MORE...](#)



NAMI Staff: Director: Teri Brister, Ph.D.
Coordinator: Ana Ferrara

PEER-TO-PEER

Program Statistics

states offering the program: 28

courses in 2009: 86

graduates in 2009: 760

trainings in 2009: 10

new mentors in 2009: 157



The 3rd edition of Peer-to-Peer is now officially available!

It is with great pleasure that we announce the release of the 3rd Edition of the Peer-to-Peer Recovery Education Program, available now. Teaching sessions for Mentors are underway. The new, revamped edition is proudly brought to us through the immense efforts of Sarah O'Brien, Director of Peer-to-Peer. Sarah is especially thankful for the invaluable feedback provided to her by Peer-to-Peer graduates, Mentors, and Trainers over the years. Their faithful evaluations of the course informed many of the changes that were made. Special thanks also to the Peer-to-Peer Advisory Committee that provided Sarah with guidance and support as she embarked on the journey of creating the 3rd Edition. [READ MORE...](#)

NAMI Staff: Director: Sarah O'Brien
Coordinator: Maura Bulger

IN OUR OWN VOICE

Program Statistics

2009

Accomplishments

2,403 presentations

48,493 audience members reached

300 consumers became presenters

17 presenters became trainers



NEW Training Manuals – Coming Soon!

In Our Own Voice is updating our Presenter and Trainers’ Manual. We continue to receive rave review for IOOV trainings, so we aren’t making drastic changes. Editing will focus on making the materials more user-friendly, easier to follow (especially for the Trainers!) and relevant to the audiences you are presenting to. [READ MORE...](#)



NAMI Staff: Director: Cynthia Evans

CONNECTION

Program Statistics

So Far This Year...

New Facilitators Trained:
2,131

Operational Support Groups:
486

Facilitator Trainings:
129

New State Trainers:
90



NAMI Connection Celebrates a Successful Rollout

The NAMI Connection program has come a long way since February 2007, when the program was first piloted in Connecticut. Since that first training, the program has hosted over 100 national and state facilitator training events, training 2,000 support group leaders; we have expanded to 45 states; we have trained over 100 national and state trainers to continue program growth; we have seen the development of over 500 NAMI Connection groups across the country, and have reached nearly 40,000 participants - 6,000 of which are brand new to NAMI Connection! All of this, and NAMI Connection is just getting started. [READ MORE...](#)

NAMI Staff: Director: Candita Sabavala
Training Manager: Anna Goodwin
Field Specialist: Gretchen Anglin
Project Assistant: Veronica Guerrero

General News

Opportunity for Input on Proposed Changes in DSM 5

The *Diagnostic and Statistical Manual (DSM)* is used by psychiatrists and other mental health professionals to classify and diagnose mental disorders in children and adults. The *DSM* has historically had a very significant impact on the treatment of mental illness and on the payment of mental health treatment and related services. A committee created by the American Psychiatric Association (APA) has been working on revising the *DSM* to reflect current scientific understanding about mental disorders. [READ MORE...](#)

NAMI Provider Education Course News

The Annapolis Coalition on the Behavioral Health Workforce has received a grant from The Hitachi Foundation to discover and analyze emerging workforce best practices at mental health and substance use treatment and prevention centers. At the end of the process, they will honor outstanding organizations with the **Behavioral Health Pacesetter Award** for best practices in support of direct care workers. [READ MORE...](#)

Upcoming Events

April 22 – 25

Training of Trainers
St. Louis, MO

June 30

Education, Training & Peer Support Center Institute (at the NAMI Convention)
1:45 – 3:15pm (Eastern Time)
Washington, DC

Every year marks progress in NAMI's signature programs as they move forward in new editions to new and different audiences. In their various stages of development, NAMI programs demonstrate a remarkable record of change, refinement and achievement, and reach an ever-growing circle of participants. The education Institute will feature reports on this progress from our programs for family members and for individuals with a mental illness. [READ MORE...](#)