

**NAMI EDUCATION, TRAINING
AND PEER SUPPORT STAFF**

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[NAMI Basics](#)
[NAMI Connection](#)
[NAMI Family-to-Family](#)
[NAMI In Our Own Voice](#)
[NAMI Peer-to-Peer](#)

Bringing Education Online: Looking to the Future of NAMI Programs

The internet went public in the early 90's, and in only 10 years it has revolutionized how people communicate and learn. Now a lifeline for those seeking information and personal connections, it is difficult for many people to imagine a day spent without the Internet. Want to know how to play the guitar? Someone recorded that on YouTube. Need a social or professional network? Join Facebook or LinkedIn. And, what about learning something about depression or schizophrenia while you are at it? Google it, find NAMI, and visit our website of course! [READ MORE](#)



Teachers/Facilitators Take Note: Proceed no further if you have data to input for a completed class or support group. Select your program and click on the link:

[Report Family-to-Family Class data](#)

[Report Basics Class data](#)

[Report Peer-to-Peer Class data](#)

[Report In Our Own Voice Class data](#)

[Report Connection Group data](#)

Family-to-Family VA Webinar Toolbox

For the past three years, NAMI has welcomed a Memorandum of Understanding (MOU) with the Veterans Health Administration focused on our joint efforts to bring the evidence-based F2F to large VA hospital centers. As a result, the MOU will soon be renewed for another three years.

This fall NAMI's Education, Training and Peer Support Center is offering a

series of F2F/VA Webinars for NAMI affiliate leaders, F2F teachers, and VA representatives. [READ MORE](#)

Upcoming Webinar Schedule:

Monday, Nov. 29, 2:00 p.m. EST, The NAMI Georgia/VA model project

Tuesday, Dec. 7, 4:00 p.m. EST, NAMI Kern County's FRONT LINE project

NAMI's Programs for Individuals Living with Mental Illness Now Reaching Latino Audiences

NAMI's Programs for Individuals Living with Mental Illness have been busy this year rolling out programs available in Spanish. In Our Own Voice (En Nuestra Propia Voz), Peer-to-Peer (Persona-a-Persona) and Connection (Conexiòn) are now all translated and launching across the country.

To date, there have been nine En Nuestra Propia Voz (ENPV) presentations given in California and Arizona to 151 audience members over the last two months. 14 people were trained to be ENPV Presenters in July and are doing extremely well connecting with Latino audiences. With four ENPV Trainers available to train anywhere in the U.S., we are ready for trainings nationwide. In 2011, NAMI California will conduct a state-wide ENPV training.

This fall NAMI trained five bilingual Peer-to-Peer State Trainers in order to make possible future Persona-a-Persona teacher trainings. The third edition curriculum has been fully translated into Spanish and distributed to states offering the pro-

gram. In 2011, 12 additional Persona-a-Persona courses will be offered in California and Arizona. Maryland and Northern Virginia will also soon begin to utilize Persona-a-Persona.

Currently, NAMI Conexiòn is being piloted in Arizona, Florida, New York, Orange County (CA) and Utah. Once we have the results from the pilot and make any necessary adjustments to the translation and marketing materials, the NAMI Conexiòn program will be available to any state wishing to participate.



The NAMI Latino Experts Group Is Expanding

Several years ago, NAMI invited a number of experienced Latino NAMI members, many of whom were Family-to-Family teachers, trainers and support group facilitators, to be part of The NAMI Latino Experts Group with the purpose of increasing the representation and leadership of Hispanics within the NAMI organization. The vision of the group was to create and implement strategies to build strong leadership within the grassroots and use its expertise to establish outreach, support groups, classes, presentations, and to set goals for all education programs.

The Latino Experts Group, which had focused on the Spanish Family-to-Family Education Program, would like to extend an invitation to direc-

tors, coordinators, trainers, teachers, mentors and presenters from family and consumer programs, as well as NAMI state and affiliate leaders to join and help expand leadership among the Hispanic community.

Please be on the lookout for information on an upcoming teleconference in December!

For further information and to join please contact Carmen Argueta, Program Coordinator at (703) 600-1105 or via e-mail at carmena@nami.org.



NAMI Basics Is Now in 30 States

A NAMI Basics Teacher Training was held November 5-7, 2010 in Philadelphia, Pennsylvania. Sixteen parents were trained from six affiliates; Bucks County, Cambria County, Chester County, Lehigh Valley, Montgomery County and NAMI Southwest PA.

Transition Age Youth Module and Toolkit Available Soon

The finishing touches are being put on the first topic-specific module as part of the NAMI Basics program stable. The module has been presented in a pilot webinar, and as soon as a few kinks are worked out it will be made available for the general public. When the finished webinar is presented, it will be recorded and individuals will be able to view the presentation at their leisure via the Basics website. A toolkit of the presentation materials will then be made available to NAMI Basics teachers for use in their own community presentations (*i.e.* affiliate meetings, PTO meetings, and other public forums). Watch for an announcement on the Facebook page and an e-mail to the Basics teacher group when the final version is available for download.



NAMI Connection: Coming to a Computer Near You!

This fall, NAMI Connection is piloting its first attempt at an online support group using Skype technology. Despite the fact that participants in this project live great distances from one another and had never met, the group process has been proceeding exactly the way it does in our in-person Connection groups around the country. This is a very exciting finding, because if we are able to connect people in this manner it will enable an entirely new audience to participate

NAMI Basics Outreach DVDs Now Available

The outreach and marketing video that was filmed at the 2010 NAMI Convention is now available. Free DVDs were mailed to the State Program Director of Basics in each of the 30 states now providing the program. Additionally, the video can be seen on the NAMI Basics webpage and also on the NAMI Basics Facebook page. If you know the people who participated in the video, please give them a huge thank you - they did an amazing job and this tool will be a great help in getting the word out to families about the value of the NAMI Basics program.



in Connection support groups, including people in rural areas as well as areas with little public transportation.

Once we complete the pilot and determine the best web platform to host online Connection groups, NAMI will launch Connection online nationwide!

NAMI National Seeks IOOV Videos!

IOOV has a three minute promotional video on its [webpage](#). Many NAMI and affiliates post a link to this video on their websites and send it as a marketing tool to potential venues.

To give the general public an even greater taste of an actual IOOV presentation, there will be short videos of presenters telling their stories. **WE NEED YOUR HELP!** Please send us any IOOV presentations or promotional videos you may have recorded. If you haven't done so already, you can record a presentation and send a copy to us.

While we are excited to present this to a wider audience, we do not want presenters to feel pres-

sured in any way. These videos will be on the Internet and some may not wish to have their stories shared so publicly. But for those who are willing and eager to do so, please encourage them to be part of this ground-breaking project.

Also, be sure to ask presenters appearing in the video to sign a release form and send a copy to the NAMI at 3803 N. Fairfax Drive Suite 100 in Arlington, VA 22203 along with the video. A sample release form is on the IOOV Intranet.

As of today's date, the IOOV Facebook page has 288 "likes!" What's especially exhilarating is to read all the wonderful testimonials of presenters, trainers and coordinators sharing how IOOV has had a positive impact on their lives. If you haven't done so already, please take a look.

Have You Heard? Peer-to-Peer Is the Word on Facebook!

Peer-to-Peer is delighted to announce our new official Facebook page! With the third Edition's first year almost over, we have taken the opportunity to keep up the excitement and momentum by joining this ever growing online community. Though only two weeks old, the Peer-to-Peer Facebook page has been tremendously successful and already has 193 fans! This number is growing everyday and we are so pleased to see so many peers communicating through this page. Facebook has provided a space for anyone who has been a participant, a mentor, a trainer or who is simply interested in Peer-to-Peer to share with

"What I find most enriching about P2P is coming out of the closet and stopping this stigma nonsense. I did it a year ago. What a relief!"

others their experiences, thoughts, comments, etc. We hope to see the discussions continue and help spread the word about the course. If you haven't yet checked out our page, please do so by following this link! [NAMI Peer-to-Peer Recovery Education Course](#)

Facebook is but one way in which Peer-to-Peer is utilizing more virtual methods to reach the field and fellow peers. In 2011, P2P has plans to launch informational webinars that will be made available to the public. These webinars will provide a venue for those who are interested in the course to get a flavor for what it is all about. They will be a new tool that will allow outreach to and information sharing with a large audience on a national scale. We are looking forward to getting the webinars up and running. Watch out for announcements about Peer-to-Peer webinars next year!

Upcoming Events

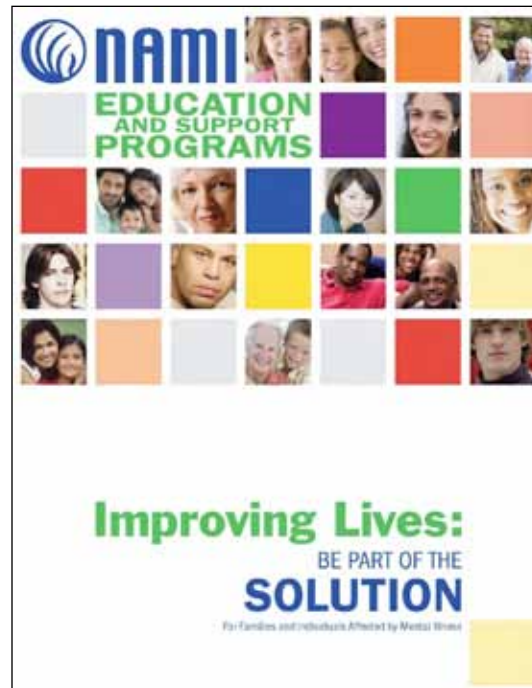
April 28 - May 1, 2011
Training of Trainers
St. Louis, Mo.



General News

A **FREE** COMMUNITY OUTREACH TOOL FOR YOU TO USE

This brochure describes the programs offered by NAMI's Education, Training, and Peer Support Center.



CONTACT LYNNE@NAML.ORG, TELL HER HOW YOU PLAN TO USE THE BROCHURE AND YOU WILL RECEIVE YOUR FREE COPIES.

IF YOU ARE WORKING WITH A VETERANS HEALTH ADMINISTRATION (VHA) FACILITY YOU CAN REQUEST THE VETERAN-SPECIFIC VERSION OF THIS BROCHURE.

[CLICK TO SEE HOW OTHERS HAVE USED THEIR FREE BROCHURES!](#)