

## NAMI Education, Training & Peer Support Center

- **Family-to-Family**  
*Page 2*
- **De Familia a Familia**  
*Page 2*
- **Basics**  
*Page 3*
- **Peer-to-Peer**  
*Page 3*
- **In Our Own Voice**  
*Page 4*
- **Connection Recovery  
Support Group**  
*Page 4*
- **General News**  
*Page 5*
- **Upcoming Events**  
*Page 5*

## WELCOME!

Welcome to the Education, Training & Peer Support Center's electronic newsletter. In this issue, you will find information and program highlights for NAMI's signature education programs: Family-to-Family; De Familia a Familia; Basics; Peer-to-Peer; In Our Own Voice; Connection Recovery Support Group; Family Support Group Facilitator Skills Training Program; and Provider Education Course.

## Important News for NAMI Leaders and Education Program Directors & Coordinators

*NAMI Education Program manuals will now be sent electronically AND all new pages will be in your hands every year by December 15*

After hearing from many states eager to save money by printing Family-to-Family, Basics and Peer-to-Peer teacher/mentor manuals locally rather than ordering them from the NAMI office, states will now be able to download these documents electronically through the NAMI store for free.

[READ MORE...](#)

*Do you have your August 2010 F2F teacher manual updates?* [READ MORE...](#)

*New end-user data collection: Teachers will now report "numbers data" directly to NAMI as well as to their program directors*

Our education programs are gathering only about 40 percent of numerical data from classes in the field, while our strategic plan asks for complete data every quarter to determine if we are meeting our target program goals. [READ MORE...](#)

**FAMILY-TO-FAMILY**  
**Program Statistics**

Over 200,000  
graduates

Over 3,500  
volunteer teachers

Program has been  
translated into:

- Spanish
- Italian
- Vietnamese
- Arabic



**Research Alert! Family-to-Family NIMH Study Preliminary Results Support Designation as an Evidence-based Practice** Dr. Lisa Dixon reported on the preliminary results of the four-year study on Family-to-Family to a packed meeting at the NAMI Annual convention. [READ MORE...](#)

*Please welcome Blakelee Sharp*, our new program assistant who will be helping Joyce with document management and with the Provider Program, and assisting Cynthia with In Our Own Voice. Blakelee has just graduated from George Washington University and was the outstanding choice among a number of applicants for this position.



**NAMI Staff:** National Education Director: Joyce Burland, Ph.D  
Director: Lynne Saunders  
Fulfillment Manager: Marshall Epstein  
Program Coordinator: Carmen Argueta

**DE FAMILIA A FAMILIA**  
**Program Statistics**

Program is offered in  
11 states, as well as  
Mexico

Five Training of  
Trainers  
Trainings

Three National Teacher  
Trainings



**Welcome and Bienvenida!**

We are delighted to announce our new de Familia a Familia Program Coordinator, Carmen Argueta. Carmen has been part of the NAMI staff for many years, coming to this new position via the STAR Center and the Center for Leadership Development. In addition to de Familia a Familia, Carmen will be working with Lynne Saunders and Teri Brister to provide coordination of the Family to Family, NAMI Basics and Parents and Teachers as Allies programs.



**NAMI Staff:** Program Coordinator: Carmen Argueta

**BASICS**  
**Program Statistics**

# States Offering the Program: 29

Total # Classes Since Implementation: 250

Total # Graduates Since Implementation: 2,100

Total # Trained Teachers: 633



**Research Study**

The latest research study of NAMI Basics, led by Dr. Barbara Burns, Duke University and Dr. Kimberly Hoagwood, Columbia University, has concluded and results are forthcoming. [READ MORE...](#)



**NAMI Staff:** Director: Teri Brister, Ph.D.  
 Program Coordinator: Carmen Argueta

**PEER-TO-PEER**  
**Program Statistics**

*So far this year...*

# States Offering the Program: 28

# Courses in 2010: 95

# Graduates in 2010: 775

# Trainings in 2010: 10

# New Mentors in 2010: 151



**Peer-to-Peer: Achieving Success through Creative Partnerships**

With the third edition of Peer-to-Peer now on the ground and running, NAMI state organizations and local affiliates are expanding the program while spreading the word about NAMI through innovative community partnerships. Over the last few years NAMI Southern Arizona has worked with the Veterans Administration to offer Peer-to-Peer classes. "Offering the course at a veteran's facility has led to further opportunities and collaborations with the VA," states Clarke Romans, executive director of NAMI Southern Arizona. "We have been invited to health fairs at the facility and we are hoping that through these classes we will also reach veteran families." [READ MORE...](#)

**NAMI Staff:** Director: Sarah O'Brien  
 Coordinator: Maura Bulger

**IN OUR OWN VOICE**  
**Program Statistics**

*So Far This Year...*

IOOV States: 40

New IOOV State  
 Trainers: 20

State Presenter  
 Trainings This Year: 20

Presenters Trained This  
 Year: 255

Presentations  
 Completed: 1275

Presentation Audience  
 Members: 25,727



**IOOV Examples of Innovative Outreach**

You may have heard that In Our Own Voice (IOOV) is now on Facebook. If you haven't already checked us out, click [here](#) and join us! For this issue, we wanted to spotlight three states that are finding creative ways of reaching various groups through IOOV. [READ MORE...](#)



*Michael Reynolds from NAMI Boise, Idaho, was awarded with the In Our Own Voice Distinguished Service Award at this year's NAMI Annual Convention. Congratulations!*

**NAMI Staff:** Director: Cynthia Evans  
 Program Assistant: Blakelee Sharpe

**CONNECTION**  
**Program Statistics**

# of states offering  
 Connection:  
 45

Facilitators Trained:  
 2,338

Operational Support  
 Groups:  
 509

Facilitator Trainings:  
 147



**The NAMI Connection Master Class is Now Available Online!**

The NAMI Connection team is pleased to announce that the 2010 NAMI Connection Master Class is now available for your listening and viewing pleasure online. This year's master class, held at the 2010 NAMI Annual Convention in D.C., focused on the common challenges of facilitating a NAMI Connection support group.

Led by National Connection staff members Anna Goodwin and Gretchen Anglin...[READ MORE...](#)

**NAMI Staff:** Director: Candita Sabavala  
 Training Manager: Anna Goodwin  
 Field Specialist: Gretchen Anglin  
 Program Assistant: Veronica Guerrero

## General News

### **The NAMI Education, Training and Peer Support Center Presents Leadership Awards at the Annual NAMI Convention in D.C.**

The NAMI Education, Training and Peer Support Center was pleased to present five leadership awards at this year's Annual NAMI Convention in D.C. Awards were presented to outstanding program leaders for Basics, Connection, Family-to-Family, In Our Own Voice and Peer-to-Peer. [READ MORE...](#)

**A FREE Community Outreach Tool for You to Use!** A brochure that describes the programs offered by NAMI's Education, Training and Peer Support Center. [LEARN MORE...](#)



## Upcoming Events

### **September 23 - 26**

*Training of Trainers  
NAMI Connection; NAMI Peer to Peer  
St. Louis*

### **September 24 - 26**

*Connection Spanish Pilot Facilitator Training  
NAMI Conexión  
St. Louis*