

## **Advocates for Latino Mental Health Advancement (ALMA)**

**Contact Information**

Phone: (505) 412-2373  
E-mail: [evega@mhala.org](mailto:evega@mhala.org)

**Description of Organization**

Advocates for Latino Mental Health Advancement (ALMA) is a national consumer group that promotes recovery and equality for Latinos receiving mental health services.

**Organization Priorities**

- Advocate culturally competent services
- Development of a culturally competent, multilingual workforce
- Establish or improve services in underserved communities

**Efforts Towards Organization Priorities**

- Expanding/advocating awareness at the Federal level for promotion of improved services for Latino/Hispanic communities and particularly for linguistically appropriate services/resources
- Established Spanish language subnetwork for the National Suicide Prevention Lifeline
- Developing recovery awareness with Latino/Hispanic communities
- Promoting meaningful participation of Latino/Hispanic consumers at all levels of mental health services planning

**Documents and Publications**

**Services and Support for Multicultural Communities and Professionals**

- Membership advocates for consumers
- Developed a 3-week translated peer support training for Spanish monolinguals
- State advisory in advancing/consulting a cultural competent workforce for mental health services
- Advocate for bilingual materials and simultaneous translation in policy-making meetings
- Promote connections with consumers in Latin America

**Partnerships**

- Latino Behavioral Health Institute
- LULAC
- National Council of La Raza
- Local groups such as Texas Mental Health Consumers, California Network of Mental Health Clients, and Protection and Advocacy for Individuals with Mental Illness.

**Education and Awareness Campaigns**

- In development

## **American Psychiatric Association**

**Contact Information** 1000 Wilson Boulevard, Suite 1825  
Arlington, VA 22209-3901  
Phone: (703) 907-7300  
Web Site: [www.psych.org/](http://www.psych.org/)

**Description of Organization** The American Psychiatric Association is a medical specialty society recognized world-wide. Its over 35,000 U.S. and international member physicians work together to ensure humane care and effective treatment for all persons with mental disorder, including mental retardation and substance-related disorders. It is the voice and conscience of modern psychiatry. Its vision is a society that has available, accessible quality psychiatric diagnosis and treatment.

**Organization Priorities**

- Expand access to quality health care
- Supporting training
- Supporting advocacy and collaboration
- Expanding science base

**Efforts Towards Organization Priorities**

- OMNA (Office of Minority and National Affairs) on Tour held in DC in 2005, the Delaware Valley in March 2006, and plans for Chicago in Fall 2006
- Speakers Bureau
- Minority Fellowships for Residents
- Travel awards and internships for students
- Cultural diversity educational offerings at annual meetings

**Documents and Publications**

- Edited Winter 2006 issue of the journal *Focus*
- *Psychiatric Services* – articles on disparities
- Disparities Conference published resource document with participants in meeting. Co-sponsored by APA and APF.

**Services and Support for Multicultural Communities and Professionals**

- Mentors network
- Real Doctors
- Informal role of a mental health information clearinghouse to refer consumers and practitioners to professionals
- Listserv for different ethnic groups in organization.

**Partnerships**

- Katrina Mental Health Coalition NMA, Black Psychiatrists of America, American Association of Community Psychiatry, National Urban League, and other organizations
- Planning with HBCU medical schools and Harlem Hospitals

**Education and Awareness Campaigns**

- Media campaign and organizing psychiatrists of four major ethnic groups to be prepared with talking points to speak to the media regarding mental health and mental health disparities and educate communities about mental health.
- Let's Talk Facts - statistics on mental health and mental health needs

## **American Psychiatric Foundation**

### **Organization & Contact Information**

1000 Wilson Boulevard, Suite 1825  
Arlington, VA 22209-3901  
Phone: (703) 907-8512 or (888) 35-PSYCH  
Fax: (703) 907-7851  
E-mail: [apf@psych.org](mailto:apf@psych.org)  
Web Site: [www.psychfoundation.org](http://www.psychfoundation.org)

### **Description of Organization**

As the philanthropic and educational arm of the American Psychiatric Association (APA), the American Psychiatric Foundation's mission is to advance public understanding of mental illnesses, promote awareness of mental illnesses and the effectiveness of treatment, the importance of early intervention, access to care and the need for high quality services and treatment through a combination of grants, programs, research funding and awards.

### **Organization Priorities**

- Funding for community based mental health education and awareness programs
- Funding to encourage recruitment of minority mental health professionals
- Encouraging development of culturally competent mental health services

### **Efforts Towards Organization Priorities**

- Awards for Advancing Minority Mental Health – recognize psychiatrists and/or programs that raise awareness of mental health issues, increasing access to services and enhancing the quality of care in underserved minority communities
- Helping Hands Grants – medical student grants to create community mental health projects for underserved populations
- Jeanne M. Spurlock, M.D. Congressional Fellowship – psychiatric residents (general and child) work in congressional office on public policy related to treatment of mental illness in children and minorities

### **Documents & Publications**

### **Services & Support for Multicultural Communities & Professionals**

### **Partnerships**

### **Education & Awareness Campaigns**

- Many of APF's community based grant funding is to programs involving services (education and outreach) to racial and ethnic minority groups

## Asian American Federation of New York

<b>Contact Information</b>	120 Wall Street, 3rd Floor New York, NY 10005 Phone: (212) 344-5878 Fax: (212) 344-5636 Email: <a href="mailto:info@aafny.org">info@aafny.org</a> Web Site: <a href="http://www.aafny.org">www.aafny.org</a>
<b>Description of Organization</b>	The Asian American Federation of New York is a nonprofit leadership organization that works to advance the civic voice and quality of life of Asian Americans in the New York metropolitan area. Established in 1990, the Federation supports and collaborates with 39 member agencies to strengthen community services, promotes strategic philanthropy within the Asian American community, and conducts research and advocacy concerning critical issues.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Increase mental health service capacity, including language access to services</li><li>• Decrease stigma of Mental Health; Increase education/outreach</li><li>• Workforce Development</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Asian American Federation 9/11 Mental Health Project: provides bilingual and culturally competent counseling, outreach, and case management services to 9/11 Asian victims, families, and affected residents</li><li>• Asian American Federation Asian Seniors Benefits Outreach Campaign: Collaborating with the NYC Department for the Aging, the Federation is training bilingual social service providers on latest benefits and entitlements</li><li>• Asian American Geriatric Mental Health Alliance (AAGMHA): AAFNY and the Geriatric Mental Health Alliance is involved in four projects: 1) develop position paper on Asian geriatric mental health; 2) identify innovative practices; 3) provide more specialized geriatric training to work with Asian seniors; and 4) to facilitate workforce development by increasing recruitment of bilingual mental health providers</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Documents on Asian American mental health issues are available at: <a href="http://www.aafny.org/general/researchprojs.asp">www.aafny.org/general/researchprojs.asp</a></li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Not a direct service provider - partner agencies provide direct services for funded projects</li><li>• For the 9/11 mental health project, agencies provide bilingual direct counseling and case management to 9/11 Asian clients</li><li>• Provide information and referral for senior benefits</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• AAFNY is an umbrella agency of 39 member agencies serving many Asian populations. For list: <a href="http://www.aafny.org/general/members.asp">www.aafny.org/general/members.asp</a></li></ul>
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Educational outreach in Chinatown community centers and seniors programs are done by bilingual staff with materials in Chinese - all outreach use strengths approach and emphasize overall wellbeing</li><li>• Education on overall health and benefits are more acceptable to people- if there are more problems, they will come up eventually</li><li>• Project with the Department for the Aging has been very positive - bilingual social workers are trained on latest benefits information to help non-English speaking seniors</li><li>• Media campaign on senior benefits is reaching a lot of Asian seniors</li></ul>

## **Asian Community Mental Health Services (ACMHS)**

<b>Contact Information</b>	310 8th Street, Suite 201 Oakland, CA 94607 Phone: (510) 451-6729 Fax: (510) 268-0202 Email: <a href="mailto:info@acmhs.org">info@acmhs.org</a> Web site: <a href="http://www.acmhs.org">www.acmhs.org</a>
<b>Description of Organization</b>	Asian Community Mental Health Services provides multicultural and multilingual services empowering the most vulnerable members of our community to lead healthy, contributing, and self-sufficient lives. Our vision is to grow as a responsive and innovative organization, embracing diversity and compassionate care, setting the standard of excellence for integrated services to Asian & Pacific Islander communities. Asian Community Mental Health Services (ACMHS) offers culturally competent care
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Increase access to care</li><li>• Improve services</li><li>• Overcome stigma</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Through Prop 63 Mental Health Act in California, ACMHS received funding to do large scale focus groups and interviews resulting in the Report of API Mental Health</li><li>• Asia Access, funded by Alameda County, connects callers for mental health services with a live person who can refer them to a staff person who can help them in their own language. Outreach to the community is planned under this program, too.</li><li>• In second year of receiving funds and providing services to abused children - no insurance coverage is required</li><li>• Youth Program to encourage teens to be involved with political movement and advocacy for API communities.</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Asian Americans and Alameda County Behavioral Health Care Services: Report and Recommendations for Implementation of the Mental Health Services Act, August 2005</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Asia Access</li><li>• Psychotherapy (individual, family, group)</li><li>• Substance abuse</li><li>• Day treatment for mentally retarded</li><li>• Early AIDS intervention</li><li>• Domestic violence</li><li>• Child abuse</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• Asian Pacific Bay Area Council - community based organizations, Asian health clinics, senior center, community agencies that work with health and mental health issues</li><li>• East Bay Asian Consortium - work with community based organizations, city councils, and county supervisors, work with policy makers</li></ul>
<b>Education and Awareness Campaigns</b>	No formal campaigns, but are contacted for interviews by local channels for API awareness. Impact is in exposing mental health issues.

## **Center for Reducing Health Disparities (CRDH)**

<b>Contact Information</b>	University of California at Davis Health System Department of Internal Medicine 2315 Stockton Blvd Sacramento, CA 95817 Phone: (800) 2-UC DAVIS Web Site: <a href="http://www.ucdmc.ucdavis.edu">www.ucdmc.ucdavis.edu</a>
<b>Description of Organization</b>	The Center for Reducing Health Disparities was established to research specific factors associated with health disparities, identify solutions, and implement and evaluate changes at the patient-provider, institutional and community-wide levels. Using a multidisciplinary, collaborative structure, it addresses health disparities through a comprehensive program of research, training, community outreach and information dissemination.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Reduce to ultimately eliminate health disparities for the UC Davis health system</li><li>• Raise awareness and collect information on health disparities, specifically data on race and ethnicity, primary language, socioeconomic status, and many other variables</li><li>• Translate research findings in ways that are easy for the public to understand</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Established the Center</li><li>• In the process of collecting UC Davis health disparities data on race and ethnicity, socioeconomic status, and primary language</li><li>• Providing a medical interpreting service in 19 languages</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Research papers and journal articles</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Last year, the UC Davis Health System provided \$150 million of uncompensated care for indigent population.</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• Collaborated with National Mental Health Association (NMHA), NAMI, and multiple community based agencies that work in specific with minority communities focusing on issues such as access and quality of healthcare</li><li>• Roberts Woods Johnson Foundation</li><li>• Californian Endowment</li><li>• California Latino Medical Association</li></ul>
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Issues of the relevance of mental health issues to the public</li><li>• Issues related to the access of care for those with unmet mental health needs</li><li>• Increasing and improving the quality of care for an underserved population</li></ul>

**Child Protection Services  
Standing Rock Sioux Tribe**

**Contact Information** PO Box D  
Ft. Yates, ND 58538-0522  
Phone: (701) 854-8500  
Fax: (701) 854-7299  
Web Site: [www.standingrock.org](http://www.standingrock.org)

**Description of  
Organization  
Organization  
Priorities**

- Lack of services
- Lack of degreed professionals
- Lack of *quality* services

**Efforts Towards  
Organization  
Priorities**

- Oniyapi(To Live) – home-based outreach for those who lost loved ones to suicide, transportation to hospitals, referrals from Indian Health Services, help make appointments, check up/follow up
- Youth Conference for 7th-12th grade youth
- Hotline
- Talk to districts (8 in Standing Rock) – laptop giveaways to draw 18-26 year olds who are not working and not in school
- Speak to elders
- Testimony for ND Senator in DC, survivor testimony
- Working on Alcohol Program
- Apply for grants to develop program
- Goal of doing psychological autopsies
- Billboard campaign (living in language and culture).

**Documents and  
Publications**

**Services and Support  
for Multicultural  
Communities and  
Professionals**

- Oniyapi
- Work with children and families
- Youth conference
- Work with elders

**Partnerships**

- Oniyapi
- Work with children and families
- Work with elders
- Collaborate with other tribal agencies and organizations
- Work with tribes in SD

**Education and  
Awareness  
Campaigns**

## **Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)**

**Contact Information** 8181 Professional Place, Suite 150  
Landover, MD 20785  
National Resource Center on AD/HD (800) 233-4050  
Phone: (301) 306-7070  
Fax: (301) 306-7090  
Web Site: [www.chadd.org](http://www.chadd.org)

**Description of Organization** Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt (Section 501 (c) (3) ) organization providing education, advocacy and support for individuals with AD/HD.

**Organization Priorities**

- Access to and understanding of science based information in the African-American and Hispanic/Latino communities.
- Elimination of financial barriers to services and supports, such as the Medicaid advocacy efforts of the Campaign for Mental Health Reform.

**Efforts Towards Organization Priorities**

- Established formal partnership with several organizations that support and serve multicultural communities
- Community outreach programs in Baltimore, Chicago, Dallas, Denver, and Tampa and a planned outreach in Philadelphia and Prince George County
- Translating the CHADD Information and Resource Guide on AD/HD into Spanish

**Documents and Publications**

- Educational Rights for Children with AD/HD: A Primer for Parents, produced with the National Alliance for Hispanic Health
- National Medical Association policy statement on AD/HD in African-American children
- The CHADD Information and Resource Guide on AD/HD is being translated into Spanish

**Services and Support for Multicultural Communities and Professionals**

- Information in Spanish on web site and publications
- Spanish-speaking staff to answer phone calls and emails
- Support groups conducted in Spanish in five U.S. cities and Puerto Rico
- African-American support groups in several cities in the U.S.
- Conducted briefing on AD/HD and related disorders with the Congressional Black Caucus in 2004
- Conducted briefing on AD/HD and related disorders with the Congressional Hispanic Caucus in 2005

**Partnerships**

- National Medical Association
- National Alliance for Hispanic Health
- Black Mental Health Alliance of Baltimore
- Delta Sigma Theta Sorority
- National Latino Behavioral Health Association (former formal partnership)

**Education and Awareness Campaigns** Between 2001-2005, CHADD organized and conducted 16 community forums targeted to the African-American or Hispanic/Latino communities and has two planned for 2006. Support groups and outreach to community social services groups and faith communities have evolved from these forums.

## **Circles of Care Evaluation Technical Assistance Center**

### **Contact Information**

American Indian and Alaska Native Programs  
University of Colorado Health Sciences Center  
Department of Psychiatry  
Nighthorse Campbell Native Health Building  
P.O. Box 6508, Mail Stop F800  
Aurora, CO 80045-0508  
Phone: (303) 724-1414  
Fax: (303) 724-1474  
Web site: <http://www.uchsc.edu/ai/index.htm>

### **Description of Organization**

The Circles of Care initiative provides funding to plan, design, and assess the feasibility of implementing a culturally appropriate mental health service model for American Indian/Alaska Native children with Serious Emotional/Behavioral Disturbances (SED) and their families.

### **Organization Priorities**

- Expanding the science base
- Support capacity development
- Improving access to treatment

### **Efforts Towards Organization Priorities**

- Research-oriented centers, in particular the National Center for American Indian and Alaska Native Mental Health Research, has a substantial research portfolio, including epidemiology, evidence-based treatment/ethnic- and culture-specific interventions, diagnosis and assessment, prevention, and the roles of culture, race, and ethnicity in mental health
- Several centers, most notably the Circles of Care Evaluation Technical Assistance Center, the American Indian and Alaska Native Head Start Research Center, and the Native Elder Research Center have specific capacity-development missions in American Indian and Alaska Native communities
- The Center for Native American TeleHealth and TeleEducation uses a variety of technologies, most notably real-time interactive videoconferencing, to improve the access to specialty mental health services in a number of remote reservation communities.

### **Documents and Publications**

- Faculty publishes extensively, list of publications available upon request.

### **Services and Support for Multicultural Communities and Professionals**

- Focused on research, technical assistance, and educational needs of American Indian and Alaska Native communities

### **Partnerships**

- Many partnerships with American Indian and Alaska Native communities

### **Education and Awareness Campaigns**

- Our role in this area is generally facilitative - staff is available to assist in community initiated education and awareness campaigns
- Research involves the use of a variety of community feedback mechanisms - community-based efforts are more successful than research-derived efforts in educating community members about mental health issues

## **Latino Behavioral Health Institute**

***Organization &  
Contact Information***

PO Box 1008  
Thousand Oaks, CA 91360  
[info@lbhi.org](mailto:info@lbhi.org)  
Web Site: [www.lbhi.org](http://www.lbhi.org)

***Description of  
Organization***

LBHI is a non-profit corporation. LBHI's mission is to enhance skills of persons interested or involved in providing behavioral health services to the Latino community. The Institute is dedicated to eliminating discrimination against persons in need of behavioral health services, human services or health care.

***Organization  
Priorities***

- Cultural competence
- Workforce diversity
- Community Education- stigma

***Efforts Towards  
Organization  
Priorities***

- The Latino Round Table in Los Angeles recently organized to include main stakeholders in the community in addressing services, workforce, and Latino participation in decision-making processes.
- Major conference every September includes 50 workshops for consumers, family, providers, the community. The aim is the issue of better services to traditionally underserved communities. There is a plan to get high school students involved in the conference in order to get young people interested and informed in the behavioral health profession.

***Documents and  
Publications***

- Published an extensive report on a six-month study on mental health services for migrants

***Services and Support  
for Multicultural  
Communities and  
Professionals***

- The organization is not focused in providing services; the focus is on providing education and resources.

***Partnerships***

- National Hispanic Council on Aging is included in the conference to contribute on issues of the elderly
- National Hispanic Science Network (NHSN) is also included in the conference, providing current research
- American Society of Hispanic Psychiatry (ASHP) also provides current research at the conference
- Local community organizations such as providing volunteer health workers with mental health curriculum

***Education and  
Awareness  
Campaigns***

- The conference is the platform for education and awareness campaigning

*Eliminating Disparities: Multicultural Strategic Summit*  
**NAMI MULTICULTURAL PARTNERS MEETING**

**NAMI**

**Contact Information** 2107 Wilson Blvd., Ste. #300  
Arlington, VA 22201  
Phone: 703-312-7883  
E-mail: [macenter@nami.org](mailto:macenter@nami.org)  
Web site: [www.nami.org](http://www.nami.org)

**Description of Organization** NAMI (the National Alliance on Mental Illness) is the nation's largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI is a national organization including NAMI organizations in every state and in over 1100 local communities across the country.

- Organization Priorities**
- Cultural competence in service delivery
  - Support and education for communities of color
  - Awareness and engagement of communities of color
  - Language access
  - Improve access to services
  - Consumer and family advocacy

- Efforts Towards Organization Priorities**
- Series of Multicultural Symposia to highlight mental health in NAMI's 4 priority multicultural groups.
  - Outreach and cultural competence trainings and presentations for NAMI state and affiliates.
  - Outreach programs at local and state level
  - Development of informational materials by community
  - Creating of African American, Asian American, and Latino Leadership Groups who act as advisor to NAMI and who receive information and hands on support from NAMI National.

- Documents and Publications**
- African American, American Indian, Asian American, and Latino Outreach Resource Manuals
  - Working with Congregations to Reach African American Families Manual
  - Spanish language quarterly newsletter, Avanzamos
  - NAMI Multicultural Action Center Bimonthly Newsletter
  - Several fact sheets and brochures in Spanish
  - Fact sheets in Chinese, Italian, and Portuguese
  - Currently working on African American mental health booklet and Chinese language fact sheets.

- Services and Support for Multicultural Communities and Professionals**
- NAMI Signature Education, anti-stigma, and support programs
  - Spanish Family to Family Education Program
  - Currently piloting Spanish Peer to Peer Education Program in Mexico
  - Bilingual National Help Line that provides referrals and informational materials

- Partnerships**
- NAMI's Multicultural Partner Coalition
  - Partnerships with other minority health organizations and the media

- Education and Awareness Campaigns**
- Univision's Enterate Health Awareness Campaign, as a partner, NAMI provides mental health related content for web site, experts, consumers, and family members for different PSAs and programs, and reviews proposed news segments on mental health.

## **NAMI Alaska**

<b>Organization &amp; Contact Information</b>	144 W. 15th Avenue Anchorage, AK 99501 Phone: (907) 277-1300 or 1-800-478-4462 Fax: (907) 277-1400 Web Site: <a href="http://www.nami.org/MSTemplate.cfm?MicrositeID=111">www.nami.org/MSTemplate.cfm?MicrositeID=111</a>
<b>Description of Organization</b>	NAMI Alaska is a grassroots, 501(c)(3) nonprofit, support, education and advocacy organization of consumers, families, and friends of people with severe mental illness such as schizophrenia, schizoaffective disorder, bipolar disorder, major depressive disorder, obsessive-compulsive disorder, panic and anxiety disorders, and attention deficit/hyperactivity disorder.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• The entire purpose of NAMI Alaska and its affiliates is to work toward eliminating disparities in the mental health system for consumers, via advocacy, education, and training.</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Consumer/Family Leadership Training Project Networking Grant funded by SAMHSA) special focus on training Alaska Natives.</li><li>• Goal of increasing the numbers of consumers/family members on governing and decision-making bodies in Alaska by sponsoring leadership training in rural Alaska.</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Article "Alaska Natives Help Peers Cope with Grief, Loss" in Psychiatric News, Newspaper of The American Psychiatric Association, Volume XXXVIII, Number 20, October 17, 2003.</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Outside of the Leadership Project, NAMI Alaska doesn't have the funds or staff to support or provide services to "minorities."</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• The Leadership Project and other NAMI staff work with many mental health entities around Alaska.</li><li>• Alaska Native tribal health organizations</li></ul>
<b>Education and Awareness Campaigns</b>	Some of the lessons learned/results from campaigns in rural Alaska are: <ul style="list-style-type: none"><li>• There exists a deeply imbedded cycle of dependence in some regions. In other words, many Native people (and non-Natives alike) are dependent upon agencies staffed by non-Natives who operate (willingly or not) under a bureaucracy that cares more about the system itself than it does for the people, and all are caught up in this cycle - agency workers and their clients.</li><li>• People want agency/mental health facility workers to care about them and their families and this is not happening in many places in Alaska.</li><li>• People all over Alaska who experience mental illness or have family members that do are brave, courageous, creative, talented, and intelligent. They cope with their mental imbalances and often physical ailments as well yet they get up to face another day and keep themselves going with dignity and grace.</li></ul>

## **NAMI New Jersey**

<b>Contact Information</b>	1562 US Highway 130 New Brunswick, NJ 08902-3004 Phone: (732) 940-0991 Fax: (732) 940-0355 Email: <a href="mailto:naminj@optonline.net">naminj@optonline.net</a> Web Site: <a href="http://www.naminj.org">www.naminj.org</a>
<b>Description of Organization</b>	NAMI New Jersey is a statewide non-profit organization dedicated to improving the lives of individuals and families who are affected by mental illness. NAMI New Jersey provides education, support and systems advocacy to empower families and persons with mental illness. Affiliate self-help and grassroots advocacy groups located in each county offer emotional support, information and advice about treatment and community resources.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Provide support, education and advocacy to minority families</li><li>• Increase the level of cultural competency among mental health providers</li><li>• Break barriers of stigma and shame of mental illness within minority communities</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Three multicultural outreach programs – NAMI NJ en Español (for Hispanic/Latino community), SAMHAJ (for South Asian community), and CAMHOP-NJ (for Chinese community). Developing outreach program for African American community.</li><li>• Cultural competence trainings for agencies and organizations</li><li>• Several staff members received training in mental health interpretation</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• News coverage by media outlets of minority communities</li><li>• Article by NAMI NJ staff, “Chinese-American Mental Health Outreach in New Jersey,” in NAMI Advocate (Spring 2005)</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Self-help support group</li><li>• Community education workshops</li><li>• Family-to-Family education classes</li><li>• Mental Health Mailbox Column in media outlets</li><li>• Bilingual/Bicultural referral service</li><li>• Mental health related resource referrals</li><li>• On-line language-appropriate materials</li><li>• Information booths at cultural and health events</li><li>• Cultural competence trainings for mainstream professionals</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• Collateral referral partnerships with other service or advocacy organizations, such as NAMI NJ affiliates, Intensive Family Support Services, Self Help Group Clearinghouse, International Institute of New Jersey, UMDNJ, SERV, and others</li><li>• Outreach collaborations with community organizations such as ethnic media, senior centers, Chinese language schools, women’s organizations, professional’s societies (e.g. medical, computer), etc.</li></ul>
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Multicultural outreach programs to provide culturally and linguistically appropriate support to consumers and family members, education to increase understanding and reduce stigma of mental illness among Hispanic/Latino and Asian populations, results in seeking help</li></ul>

## **NAMI Urban Los Angeles**

<b>Contact Information</b>	815 North La Brea PMB #847 Inglewood, CA 90302 Phone: (310) 450-2074 or (310) 203-7851 Fax: (310) 450-9421 Email: <a href="mailto:nami-inglewood@verizon.net">nami-inglewood@verizon.net</a> Web Site: <a href="http://www.namiurbanla.org">www.namiurbanla.org</a>
<b>Description of Organization</b>	NAMI Urban Los Angeles is the Urban Los Angeles Affiliate of NAMI-California. It is a non-profit, grassroots, self-help, volunteer support and advocacy organization of consumers, family members and friends of persons afflicted with serious mental illness, such as schizophrenia, obsessive-compulsive disorder, major depression, bipolar disorder, and anxiety disorders among others. NAMI Urban Los Angeles provides support and referral services to people in need.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Treatment for the mentally ill, specifically criminal justice issues</li><li>• Involuntary treatment</li><li>• Issues affecting children</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Criminal justice committee - aiming to change the penal code with regard to criminal justice, especially arrest</li><li>• Developing a jail diversion program</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• NAMI materials only</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• All of the NAMI programs, including help with criminal justice issues</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• Focus on the African-American and Latino communities</li><li>• Local law enforcement (sheriff's and police departments)</li><li>• Local churches</li><li>• Department of Mental Health</li><li>• Department of Children and Family</li></ul>
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Focus is primarily on African-American and Latino communities</li><li>• Noted increase in membership and successful outreach</li></ul>

## **National Alliance of Multi-Ethnic Behavioral Health Associations (NAMBHA)**

**Contact Information** 1875 I Street, NW, Suite 500 9,  
Washington D.C. 20006  
Phone : (202) 429-5520  
Fax: (202) 429-9574  
Email: [misaacs5548@comcast.net](mailto:misaacs5548@comcast.net)  
Web Site: [www.nambha.org](http://www.nambha.org)

**Description of Organization** NAMBHA is a non-profit organization representing four racial/ethnic behavioral health associations. Its purpose is to bring organizations representing diverse people of color together as a single voice to increase the effectiveness of advocacy, ensure a positive impact on the use of resources, and to collectively share expertise on behavioral health issues that significantly affect people of color.

**Organization Priorities**

- Evidence based practices and cultural competency
- Access and quality of care and language access
- Research and funding for culturally appropriate research
- Look at perspective of health disparities, such as social factors and context

**Efforts Towards Organization Priorities**

- Held consensus meeting with consumers and families in September 2005 for recommendations to use towards drafting policy position and paper on cultural competency and evidence based practices
- Mental health interpretation for Latinos and Asian American
- How-to manual for cultural and linguistic competency.
- Cultural disparity in recognizing depression in communities of people of color
- Five-year research project with the University of South Florida on how to improve access for maternal depression for mothers with young children (one for fathers is planned for the future)

**Documents and Publications**

- Document on evidence based practices and cultural competency and another on promoting workforce diversity (both to be posted on web site)

**Services and Support for Multicultural Communities and Professionals**

- Network of professionals and consumers
- Technical assistance
- Training
- Policy analysis

**Partnerships**

- NASMHPD Research Institute (NRI)
- National Medical Association (NMA)
- Georgetown U - National Technical Assistance Center for Children's Mental Health
- National Institutes of Health
- American Institute for Research
- NAMI

**Education and Awareness Campaigns**

- Not yet, but will have one in the near future on depression

## **National Asian American and Pacific Islander Mental Health Association**

<b>Contact Information</b>	1215 19th Street Suite A Denver, Colorado 80202 Phone: 303-298-7910 FAX: 303-298-8081 email: <a href="mailto:info@naapimha.org">info@naapimha.org</a> URL: <a href="http://www.naapimha.org">www.naapimha.org</a>
<b>Description of Organization</b>	NAAPIMHA's mandate is to advocate on behalf of AAPI mental health issues, to serve as a forum for effective collaboration and to network among stake holders of community based organizations, consumers, family members, service providers, program developers, researchers, evaluators and policy makers.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Conduct research and evaluation, enhance collection of appropriate and accurate data, and identify current best practices and service models</li><li>• Increase capacity building, including providing technical assistance and training of service providers</li><li>• Work to engage consumers and families</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Workforce training (Seattle, Denver, Hawaii, other)</li><li>• Training for mental health interpreters</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Fact sheets and articles concerning mental health issues are available at: <a href="http://www.naapimha.org/issues/Consumers.html">http://www.naapimha.org/issues/Consumers.html</a></li><li>• Fact sheets are available in Chinese, Korean, Vietnamese, Khmer, Hmong, and English</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• National directory of agencies providing mental health services to Asian American and Pacific Islanders.</li></ul>
<b>Partnerships</b>	<p>NAAPIMHA works in collaboration with service providers, such as nonprofit community based organizations, and other national organizations designed to address related AAPI issues such as health and substance abuse:</p> <p>In partnership with First Nations Behavioral Health Association, National Latino Behavioral Health Association, and National Leadership Council on African American Behavioral Health created the National Alliance of Multi-Ethnic Behavioral Health Associations.</p>
<b>Education and Awareness Campaigns</b>	Developing <i>Growing Our Own</i> cultural competence training curriculum for psychiatry, psychology, social work and counseling, with an evaluation design that utilizes Standardized Patient (SP) protocols that can be used to assess the clinical skills of the interns

## **National Association of State Mental Health Program Directors (NASMHPD)**

**Contact Information** 66 Canal Center Plaza, Suite 302  
Alexandria, VA 22314  
Phone: (703) 739-9333  
Fax: (703) 548-9517  
Web Site: [www.nasmhpd.org](http://www.nasmhpd.org)

**Description of Organization** Founded in 1959 and based in Alexandria, VA, the National Association of State Mental Health Program Directors (NASMHPD) represents the \$23 billion public mental health service delivery system serving 6.1 million people annually in all 50 states, 4 territories, and the District of Columbia. NASMHPD (pronounced "NASH-bid") operates under a cooperative agreement with the National Governors Association and is the only national association to represent state mental health commissioners/directors and their agencies.

**Organization Priorities**

- Continue to help the states become more culturally competent
- Working on measuring outcomes and data collection
- Making sure that people in the system have a voice and choice, that they receive service that meets their language needs, and that the workforce is culturally competent

**Efforts Towards Organization Priorities**

- Different divisions: medical, adult issues, children, legal, forensic, etc.
- Have meetings that focus on cultural competence issues
- Strengthening relationships with multicultural organizations such as NAMBHA

**Documents and Publications**

- Documents on cultural competence
- Diversity series on different cultural groups on website
- Measurements for distribution to state commissioners on how you can evaluate a state and become more culturally competent
- National technical assistance center
- Diversity series
- NASMHPD research institute
- Profiles asking the states what they have done to become more culturally competent

**Services and Support for Multicultural Communities and Professionals**

- Not a direct service provider, but a national association open to all

**Partnerships**

- NAMBHA
- National Association of Consumer/Survivor Mental Health Administrators (NAC-SMHA)

**Education and Awareness Campaigns**

- Working toward linguistic competence
- Reducing seclusion and restraint
- Trying to focus on individualizing services

## **National Council of La Raza, Institute for Hispanic Health**

<b>Contact Information</b>	Raul Yzaguirre Building 1126 16 <sup>th</sup> Street, N.W. Washington, DC 20036 Phone: 202-785-1670 Web Site: <a href="http://www.nclr.org">www.nclr.org</a>
<b>Description of Organization</b>	The National Council of La Raza's Institute for Hispanic Health is dedicated to reducing the incidence, burden, and impact of health problems in Hispanic Americans. The Institute works in close partnership with NCLR affiliates, government partners, private funders, and other Hispanic-serving organizations to deliver quality health interventions. These interventions focus on the improvement of access to and utilization of health promotion and disease prevention programs.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Creation of programmatic approaches that create access for underserved Latinos in MH. Helping them acquire access.</li><li>• Specifically targeting Latino youth</li><li>• Making sure that all Latinos have access regardless of immigration status.</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Published the NCLR Institute for Hispanic Health White Paper following a Latino mental health summit that brought various scholars together.</li><li>• Initiating a mental health Promadoras project.</li></ul>
<b>Documents and Publications</b>	The NCLR Institute for Hispanic Health White Paper is available upon request.
<b>Services and Support for Multicultural Communities and Professionals</b>	The organization is committed to providing technical assistance and science-based approaches that are culturally competent and linguistically appropriate. There are 8 different service areas including diabetes prevention, HIV prevention, and mental health awareness.
<b>Partnerships</b>	List of affiliates may be accessed at: <a href="http://www.nclr.org/content/programs/detail/1452/">http://www.nclr.org/content/programs/detail/1452/</a>  There are also a lot of developing affiliates in the Promadoras project
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Most of the Institute's activities aim to improve cultural and linguistic care or access to education that will change the quality of care and make it more culturally and linguistically competent.</li><li>• Promadoras project</li><li>• CSULB Latino Healthcare professionals project to train first-generation educated Latinos in healthcare including mental health professionals.</li></ul>

## **National Latino Behavioral Health Association**

**Contact Information** PO Box 387, 506 Welch Street  
Berthoud, CO 80513  
Phone: (970) 532-7210  
Fax: (970) 532-7209  
Web Site: [www.nlbha.org](http://www.nlbha.org)

**Description of Organization** **The National Latino Behavioral Health Association (NLBHA)** was established to fill a need for a unified national voice for Latino populations in the behavioral health arena and to bring attention to the great disparities that exist in areas of access, utilization, practice-based research and adequately trained personnel. As part of its mission, NLBHA is using the national agenda and action plan created at the National Congress for Hispanic Mental Health as guideposts in improving the mental health and substance abuse needs of Latino families and communities.

**Organization Priorities**

- Workforce
- Policy stream – influence
- Health disparities - access and appropriate treatment
- Advocacy

**Efforts Towards Organization Priorities**

- Policy seminars in different states
- Workforce
- Language access and interpreter program

**Documents and Publications**

- Research documents and other resources are available at: [www.nlbha.org/research.htm](http://www.nlbha.org/research.htm)

**Services and Support for Multicultural Communities and Professionals**

- Not a direct service provider
- Technical assistance
- Advocacy
- Policy
- Academic curriculum development

**Partnerships**

- American Medical Association
- Many professional and paraprofessional associations
- Community organizations

**Education and Awareness Campaigns**

- Campaigns have positive impact on Latino access to health and have truly made changes

## **National Mental Health Association**

<b>Contact Information</b>	2000 N. Beauregard Street, 6th Floor Alexandria, Virginia 22311 phone: (703) 684-7722 website: www.nmha.org
<b>Description of Organization</b>	The National Mental Health Association (NMHA) is the country's oldest and largest nonprofit organization addressing all aspects of mental health and mental illness. With more than 340 affiliates nationwide. NMHA is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research and service.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Advocacy- ensuring access to quality services</li><li>• Education- reducing stigma, raise awareness of mental health</li><li>• Service- making sure that systems and services reflect cultural competent needs of children and adults.</li><li>•</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Healthcare reform program</li><li>• Promote evidence-based practices</li><li>• Operation Healthy Reunions</li><li>• Mental Health Month every May-geared toward the workplace</li><li>• Disaster response</li></ul>
<b>Documents and Publications</b>	Brochures and resource materials available at: <a href="http://www.nmha.org/bookstore/freeDownloads.cfm">http://www.nmha.org/bookstore/freeDownloads.cfm</a> and at: <a href="http://www.nmha.org/infectr/factsheets/index.cfm">http://www.nmha.org/infectr/factsheets/index.cfm</a>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• National Hopeline Network</li><li>• <i>What Does Gay Mean?</i> program</li><li>• Katrina response</li><li>• Spanish-language resources</li><li>• Policy focus on access for all</li><li>•</li></ul>
<b>Partnerships</b>	NAMBHA, BET, Urban League, LULAC, IRIS Alliance, NMHA Cultural Competence Taskforce
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Dialogue for Recovery program</li><li>• Empower Musicians for Mental Health</li><li>• Advocate training</li></ul>

## **National Organization for People of Color Against Suicide**

**Contact Information** 4715 Sargent Road, NE  
Washington, DC 20017  
Phone: (202) 549-6039  
Fax / Voicemail: 1-866-899-5317  
E-mail: [info@nopcas.org](mailto:info@nopcas.org)  
Web Site: [www.nopcas.com](http://www.nopcas.com)

**Description of Organization** The National Organization of People of Color Against Suicide (NOPCAS) was founded by three African-American suicide survivors. NOPCAS's goals are to bring suicide and depression awareness to minority communities that have historically been discounted from traditional awareness programs.

**Organization Priorities**

- Access to and understanding of science based information in the African-American and Hispanic/Latino communities
- Elimination of financial barriers to services and support, such as the Medicaid advocacy efforts of the Campaign for Mental Health Reform

**Efforts Towards Organization Priorities**

- Annual conference
- Right now there is no strict multicultural convention on suicide prevention and intervention by minorities nor are minorities asked to go to conferences. Would like to see conference of this sort in California in 2008.

**Documents and Publications**

- Several articles are available at: <http://www.nopcas.com/articles/>

**Services and Support for Multicultural Communities and Professionals**

- Support groups to those who lost someone to suicide
- Training to organizations to recognize signs of suicide

**Partnerships**

- NAMI
- Suicide Prevention Action Network (SPAN)
- Crisis Intervention Team – training for law enforcement officers to assist individuals with mental illness

**Education and Awareness Campaigns**

- Take knowledge to work/church/communities
- Changing attitudes is a challenge, but small conferences help with education and awareness contribute to success

## **New Jersey Mental Health Institute**

**Contact Information** The Neuman Building  
3575 Quakerbridge Road  
Suite 102  
Mercerville, NJ 08619  
Phone: (609) 838-5488  
Fax: (609) 838-5480  
Web Site: [www.njmhi.org](http://www.njmhi.org)

**Description of Organization** The New Jersey Mental Health Institute, Inc. (NJMHI), an outgrowth of the New Jersey Association of Mental Health Agencies (NJAMHA), is a private nonprofit charitable organization based in Mercerville, New Jersey. The Institute was established in July 2000 to promote quality mental health services through training, technical assistance, research and policy development.

**Organization Priorities**

- Workforce development/diversity: increased access to mental health services is not being met with more competent clinicians. Bilingual/bicultural clinicians are needed. The current workforce needs to be educated in cultural competence and minorities should be encouraged to pursue degrees in mental health.
- Access to care: universal health coverage, liability funding in state agencies
- Culturally competent research

**Efforts Towards Organization Priorities**

- Hispanic Higher Education Scholarship Fund to encourage the pursuit of mental health professional degrees
- Advocacy in the creation of bilingual/bicultural coalition
- Round table report including recommendations for wellness and recovery with Hispanic community agency executives

**Documents and Publications**

- Over 100 articles, NAMI Advocate, regular columns in Salud Mental, and a newsletter
- Reports available at HDH NJ.org

**Services and Support for Multicultural Communities and Professionals**

- Family to Family
- Education
- Information at health fairs

**Partnerships**

- Puerto Rican Family Institute in NY, NJ, and PR
- University of Medicine and Dentistry of New Jersey

**Education and Awareness Campaigns**

- Public service announcements with NAMI families and consumers
- Published in many Latino newspapers
- Developing a 30 minute show for Univision with skits to highlight mental health awareness

## **One Sky Center**

<b>Contact Information</b>	Oregon Health & Science University 3181 SW Sam Jackson Park Road, GH 151 Portland, Oregon 97239 Tel: 503-494-3703 fax: 503-494-2907 email: <a href="mailto:onesky@ohsu.edu">onesky@ohsu.edu</a>
<b>Description of Organization</b>	The One Sky Center, funded by a cooperative agreement with the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration with its Center for Substance Abuse Prevention and Center for Substance Abuse Treatment, is the first National Resource Center for American Indians and Alaska Natives dedicated to improving prevention and treatment of substance abuse and mental health.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Promote and nurture effective and culturally appropriate substance abuse prevention and treatment services for Native populations.</li><li>• Identify culturally appropriate effective evidence-based substance abuse prevention and treatment practices and disseminate them so that they can be applied successfully across diverse tribal communities.</li><li>• Provide training, technical assistance and products to expand the capacity and quality of substance abuse prevention and treatment practitioners serving this population.</li></ul>
<b>Efforts Towards Organization Priorities</b>	Curriculum development, national meetings, on-site consultations, distance learning through video teleconferences and internet, and recruitment of Tribal College and University students into the fields of substance abuse prevention and treatment.
<b>Documents and Publications</b>	May be accessed at <a href="http://www.oneskycenter.org/education/publications.cfm">http://www.oneskycenter.org/education/publications.cfm</a>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Provides a Native Programs Directory of (AI/AN) programs across the country.</li><li>• Training and technical assistance, including individual consultation and access to best practice information.</li><li>• Referrals to behavioral health consultants, evaluators, and trainers.</li></ul>
<b>Partnerships</b>	Alaskan Tribal Health Consortium, Jack Brown Regional Treatment Center, National Indian Youth Leadership Project, United American Indian Involvement
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Monthly seminar series including discussion and sharing ideas about Native American Health disparities.</li><li>• Offers two national post-doctoral fellowship positions for American Indian professionals</li></ul>

## **Yale Program for Recovery and Community Health**

<b>Contact Information</b>	Department of Psychiatry 319 Peck St New Haven, CT 06513 Phone: (203) 785-4148 Web Site: <a href="http://rwjcsps.yale.edu/community.php?id=253">http://rwjcsps.yale.edu/community.php?id=253</a>
<b>Description of Organization</b>	The Yale Program for Recovery and Community Health works alongside of people affected by urban poverty and homelessness in addition to psychiatric and substance use disorders in promoting their recovery and enhancing their access to meaningful roles within the community.
<b>Organization Priorities</b>	<ul style="list-style-type: none"><li>• Technical assistance</li><li>• Cultural competence</li><li>• Recovery</li></ul>
<b>Efforts Towards Organization Priorities</b>	<ul style="list-style-type: none"><li>• Currently evaluating Connecticut Health Foundation Health Disparities Initiative grant recipients on their initiatives in reducing disparities</li><li>• Provide technical assistance to programs implementing cultural competence.</li></ul>
<b>Documents and Publications</b>	<ul style="list-style-type: none"><li>• Delphin, M. &amp; Rowe, M. (under review). Cultural Competence and community mental health outreach: A case example of an integrative training model. <i>Professional Psychology: Research and Practice</i>.</li><li>• Evans, A.C, Delphin, M.E., Simmons, R., Tebes, J. (2005). Developing a framework for culturally competent systems of care. In R.T. Carter (ED.), <i>Handbook of Racial Cultural Psychology, Volume 2</i>, John Wiley &amp; Sons, New York, NY.</li><li>• The program has many more publications</li></ul>
<b>Services and Support for Multicultural Communities and Professionals</b>	<ul style="list-style-type: none"><li>• Technical assistance to community groups and agencies</li><li>• Program development</li><li>• Evaluation</li><li>• Cultural competence training</li></ul>
<b>Partnerships</b>	<ul style="list-style-type: none"><li>• Clifford Beers Guidance Center</li><li>• Advocates for Human Potential</li><li>• Magellan</li><li>• Connecticut Health Foundation</li><li>• Connecticut Mental Health Center</li><li>• Operation Hope</li><li>• APT Foundation</li><li>• Many more organizations</li></ul>
<b>Education and Awareness Campaigns</b>	<ul style="list-style-type: none"><li>• Cultural competence training in Georgia, New Hampshire, and Connecticut</li></ul>