


## WELLNESS ACTIVITIES FOR TODAY

- 7:15 a.m. – 8 a.m. **Water Aerobics** in the Hotel Pool Wear your swimsuit and join us for a 45-minute water aerobics class. Fun and great exercise! (Class is limited to 15 people.)
- 7:30 a.m.- 8 a.m. **Let's Walk!** Join the NAMIWalks team for a walk around the beautiful neighborhood surrounding the Hilton Washington. Meet at the NAMI Registration Desk (Concourse Level).
- 8:30 a.m. – 3 p.m. **NAMI Hearts & Minds Wellness Center** open in Columbia Hall (Terrace Level).  

- 12:15 p.m. – 1 p.m. **Strength Building** Small, inexpensive rubber balls can be used for strength building exercises. NEED LOCATION
- 5:30 p.m. – 6:15 p.m. **Sing Before Your Supper** Singing in a group—regardless of your vocal abilities—has been show to raise serotonin levels, is a big contributor to cohesiveness and is fun. NEED LOCATION

**8:30 a.m. – 1:30 p.m. REGISTRATION OPEN**  
Concourse

**8:30 a.m. – 3 p.m. EXHIBIT HALL AND NAMILAND OPEN**  
Columbia Hall

## 8:45 a.m. – 10 a.m. WORKSHOPS – GROUP TWO

Workshop 2-A  
Independence

### Support Our Troops! Promoting Wellness for Warriors, Veterans and Their Families

Many NAMI families and affiliates have active and former members of the military among their ranks. The increasing rate of suicide across all branches of the military, as well as among veterans, is a cause for grave concern. Early detection and treatment of mental illness and substance abuse disorders are key to suicide prevention efforts. Yet military culture and stigma can contribute to the lack of timely intervention for soldiers and veterans. NAMI New Hampshire's Connect Suicide Prevention Program has earned national recognition for its suicide prevention efforts with members of the military, particularly with training and support to our Citizen Soldiers (National Guard and Reserves).

- ❖ *Michael Cohen, NAMI New Hampshire, Concord, N.H.*
- ❖ *Moderator: Kenneth Norton, NAMI New Hampshire, Concord, N.H.*

Workshop 2-B  
Holmead

### StrengthofUs: A Social Networking Community for Young Adults

Many young adults with mental health conditions experience social isolation and seek information and support on-line. In light of this, and in consultation with a young adult expert advisory group, NAMI created StrengthofUs.org, an online resource center and social networking website for young adults living with mental health conditions. On the web-based community, young adults can share their creativity, experiences, and helpful resources with their peers by creating a profile, writing a blog, participating in discussion groups, posting status updates and much more. The user-driven website was launched in March and has received positive feedback from young adult users. We will conduct a demonstration of the StrengthofUs website and share what we have learned about how we can better address the needs of young adults living with mental health conditions.

- ❖ *Dana Markey, NAMI, Arlington, Va.*
- ❖ *Chuck Carroll, NAMI, Arlington, Va.*
- ❖ *Moderator: Darcy Gruttadaro, NAMI, Arlington, Va.*

workshops

Workshop 2-C  
Cardozo

**A Multicultural Approach to Spiritual Practice and Recovery**

An estimated ninety percent of people with mental illness report that spirituality and, in some cases, organized religion, were central to their recovery. In this workshop we will examine the role zazen and centering prayer play in recovering from, and successfully coping with, the symptoms of mental illness. We will also address the support African American congregations and Native American spirituality can offer for people with serious mental illness.

- ❖ Ron Morton, ValueOptions, Memphis, Tenn.
- ❖ Clarence Jordan, member, NAMI National Board of Directors, Nashville, Tenn.
- ❖ Moderator: Edward Knight, Valueoptions, Colorado Springs, Colo.

Workshop 2-D  
Lincoln

**Confronting Anosognosia: How to Get Help to Those Who Don't Know They're Sick**

Anosognosia, the condition of being unaware of one's own illness due to impairment to the brain's inability to process certain data, is the single biggest reason why some individuals with schizophrenia and bipolar disorder do not comply with prescribed treatment. Frustrated loved ones often mistake anosognosia for stubbornness or denial. Anosognosia is, in fact, understood by medical science to be the result of damage to specific parts of the brain, affecting roughly half of people with schizophrenia and forty percent of people with bipolar disorder. This workshop is intended to demystify anosognosia so that attendees, in their real-life efforts to help those who falsely believe they are perfectly well, will be equipped to identify it, understand it, and help alleviate it with treatment—if possible—and work around it in cases where anosognosia does not respond to treatment.

- ❖ Xavier Amador, Ph.D., Leap Institute, Peconic, N.Y.
- ❖ Jonathan Stanley, J.D., Treatment Advocacy Center, Arlington, Va.
- ❖ Albert Dugan, NAMI New Mexico, Albuquerque, N.M.
- ❖ Moderator: James Pavle, Treatment Advocacy Center, Arlington, Va.

Workshop 2-E  
Piscataway

**The Importance of Being Well: How Social Inclusion Can Improve Health and Counter Early Mortality**

People with mental illness are experiencing alarming rates of early mortality and typically die 25 years earlier than the general population. The causes of this early mortality are often due to preventable medical conditions. This session will review the latest statistics on early mortality, identify the conditions that are causing it and examine how to prevent these conditions. The presenters will also introduce SAMHSA's new Wellness 10 x 10 Initiative. A joint project with SAMHSA, the FDA, and mental health organizations—including NAMI—this initiative aims to reduce early mortality by 10 years over the next 10 years.

- ❖ Chris Marshall, Substance Abuse and Mental Health Services Administration, Rockville, Md.
- ❖ Susana Perry, M.S., FDA Office of Women's Health, Rockville, Md.
- ❖ Moderator: Bob Carolla, J.D., NAMI, Arlington, Va.

Workshop 2-F  
Georgetown

**Journey to Wholeness: An Integrated and Culturally Relevant Approach to Recovery in Underserved Urban Areas**

Throughout its 30-year history, NAMI has had a unifying and empowering message to all people whose lives are affected by mental illness: "You are not alone." However, one of the challenges that NAMI will continue to face in the coming years is how to reach and serve underserved populations in urban areas during these times of severe economic hardship, uncertainty and increased need. We need to improve the cultural competence in health and mental health service delivery and in mental health advocacy organizations—including NAMI—at the national, state and local level. This workshop will address these critical issues, as well as strategies for recovery that have proven successful in economically disadvantaged and racially and ethnically diverse urban neighborhoods. The importance of an integrated approach to the recovery process—healing the mind, mending the body and connecting to the spirit—to achieve full personal, family and community participation will also be examined.

- ❖ Denise Reed, M.B.A., M.P.H., NAMI Harlem, New York

GUIDE TO MEETING ROOM LOCATIONS		
<b>LOBBY LEVEL</b>	<b>TERRACE LEVEL</b>	<b>CONCOURSE LEVEL</b>
<ul style="list-style-type: none"> <li>• Holmead, Independence, Jay, Kalorama, L'Enfant, Morgan, Northwest, Oaklawn, Piscataway</li> </ul>	<ul style="list-style-type: none"> <li>• Albright, Boundary, Cardozo, DuPont, Embassy, Fairchild, Gunston</li> <li>• Columbia Hall</li> <li>• International Terrace</li> </ul>	<ul style="list-style-type: none"> <li>• Georgetown, Jefferson, Lincoln, Monroe</li> <li>• International Ballroom</li> </ul>

workshops • workshops • workshops

SATURDAY

# Saturday, July 3 (Continued)

(8:45 a.m. – 10 a.m. continued)

Workshop 2-G  
Monroe

## **Using DBT Skills to Support and Inform Parents of Children with Mental Illness**

Parents of children with mental illness continue to face blame and stigma that can make getting the most effective intervention for themselves or their child very difficult. The philosophy and skills of dialectical behavior therapy (DBT) provide a way to validate the parents' experience while also teaching them effective techniques to use with their children. Parents and mental health professionals can also use these skills to foster a more effective and less adversarial therapeutic alliance. This workshop will use examples to teach participants DBT skills that have proven to be effective in helping individuals regulate their emotions and their resulting behavior.

❖ *Pat Harvey, L.C.S.W.-C, A.C.S.W., clinical social worker, Rockville, Md.*

Workshop 2-H  
Jefferson

## **Social Security's Ticket to Work: Dispelling Myths and Learning Truths**

People with mental health disabilities make up the largest segment of the Social Security Administration's disability programs (SSDI and SSI). Many say they want to work, and work can be extremely therapeutic. However, persistent myths still exist about how work impacts SSDI and SSI benefits and access to Medicare and Medicaid. The Ticket to Work program can provide access to the supports and services that can lead to long-term employment and self-sufficiency. Employers also need to know that the Ticket program can be a reliable funding source in a time when most funding streams are greatly diminished, if not completely eliminated. Ticket payments to employers are based on the Ticket Holders (beneficiaries) achieving certain milestones and outcomes, rather than fee-for-service, and therefore may be part of a braided funding with Medicaid.

❖ *Tom Gloss, Social Security Ticket to Work, McLean, Va.*

❖ *Moderator: David Jones, Social Security Ticket to Work, McLean, Va.*

Workshop 2-J  
Kalorama

## **Transformation: The Rite of Spring—Using the Fine Arts in Treating Severe Mental Illness**

Institutionalized individuals with severe mental illness are an underserved population with few treatment options, other than medication management. The presenters in this workshop have developed a unique treatment approach employing group-as-a-whole work and creative expression in a therapeutic venue. Consumers in a long-term care facility in Illinois have formed a fine arts group that has produced a version of the ballet "The Rite of Spring." The original ballet was choreographed by Nijinsky and composed by Stravinsky—both brilliant artists who had severe mental illness. A documentary film of the evolution of the group and the production provides a validation of the self-efficacy, self-esteem and group cohesion that can be harnessed through the use of the creative arts.

❖ *Emma Wood, M.A., Midwestern University, Downers Grove, Ill.*

❖ *Deanna Dang, M.A., Winfield Woods, Winfield, Ill.*

❖ *William Hood, M.F.A., Winfield Woods, Winfield, Ill.*

❖ *Michael Barron, M.A., Northern Illinois University, DeKalb, Ill.*

❖ *Moderator: Diana Semmelhack, Psy.D., Midwestern University, Downers Grove, Ill.*

Workshop 2-K  
Fairchild

## **Team Building for Families**

It is important for every family to engage in strategies that build intra-family strength and relationships. This is even more important when a member of the family has a mental illness. Practicing simple, quick and fun activities and communication techniques on a regular basis can enhance relationships and understanding among family members. This workshop will provide families with an opportunity to learn and practice strategies to strengthen relationships with an emphasis on developmentally appropriate techniques for different age groups of children from infants through teenagers.

❖ *Theresa Puckett, Ph.D.C., R.N., Cleveland State University, Cleveland, Ohio*

❖ *Moderator: Andrea Warner-Stidham, R.N., Ph.D., Kent State University, Kent, Ohio*

Workshop 2-L  
Northwest

## **Marketing Basics: How to Fill Classes**

Basics is entering its third year in the field. The challenge is now to market this program to a new population in NAMI. We will address the challenges that state and local NAMI organizations have faced in offering a program geared toward mental illness in children and adolescents to communities that have not historically considered NAMI as an expert in this area. Effective outreach programs will be presented.

workshops • workshops • workshops

## GUIDE TO MEETING ROOM LOCATIONS

## LOBBY LEVEL

- Holmead, Independence, Jay, Kalorama, L'Enfant, Morgan, Northwest, Oaklawn, Piscataway

## TERRACE LEVEL

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- ❖ Sandy Mihelish, NAMI Montana, Helena, Mont.
- ❖ Mary Lee Gupta, NAMI New York City Metro, New York
- ❖ Deniece Chi, NAMI New York City Metro, New York
- ❖ Moderator: Teri Brister, Ph.D., NAMI, Arlington, Va.

Workshop 2-M  
Oak Lawn

### Human Subjects Protection and Research Participation at NIMH

The National Institute of Mental Health (NIMH) has set up a special unit of clinical staff to oversee and continue to assess capacity and the voluntary nature of research with participants in mental health. Three social workers from NIMH will review the history of the organization (including the Belmont Report), discuss current schizophrenia research and describe the Human Subject Protection Unit set up by the Office of the Director of NIMH to protect research subjects and researchers.

- ❖ Carol Squires, M.S.W., National Institute of Mental Health, Bethesda, Md.
- ❖ Katherine Whorton, M.S.W., National Institute of Mental Health, Bethesda, Md.
- ❖ Moderator: Denise Niner, M.S.W., National Institute of Mental Health, Bethesda, Md.

Workshop 2-N  
Morgan

### Outspoken Young Minds: Effective Community Outreach for Youth and Their Families

Outspoken Young Minds (OSYM) is an innovative outreach project that engages high schools, youth ministry, criminal justice and health care providers to organize community mental health services for youth aged 15 to 25 years old and their families. The program features mentoring with effective peer-led support groups for this underserved and vulnerable population, educates the community about resources, and provides solutions for early intervention. OSYM builds NAMI's role and identity in the community, increases awareness of mental health issues, builds affiliate membership and provides easier access to established NAMI signature programs such as Peer-to-Peer, Family-to-Family and Basics.

- ❖ Jennifer Rameriz, NAMI Kern County, Bakersfield, Calif.
- ❖ Marley Rameriz, NAMI Kern County, Bakersfield, Calif.
- ❖ Moderator: Russ Sempell, NAMI Kern County, Bakersfield, Calif.

Workshop 2-P  
Embassy

### Expanding Access to Peer and Family Supports

Peer and family support services and programs are often isolated from mainstream health care. Both primary care and mental health providers often do not understand the value and evidence base of peer and family supports. This lack of understanding prevents people who need these kinds of supports from finding them. NAMI Maine has engaged in a two-year effort to demonstrate the value and promote the use of peer and family supports to policy makers and other health care leaders. We have developed a process to embed peer and family supports into medical homes and behavioral health care clinics, as well as a strategy for marketing them as a necessary element of quality health care delivery. We will share with attendees the steps taken to convince primary care providers and large mental health clinics to adopt peer and family support programs and how to implement a statewide marketing and advocacy strategy to educate policy makers and policy influencers about their value.

- ❖ Valli Geiger, Maine Primary Care Association, Augusta, Maine
- ❖ Moderator: Carol Carothers, NAMI Maine, Augusta, Maine

Workshop 2-Q  
Gunston

### NAMI Hearts & Minds and Grassroots Initiatives

People who live with mental illness are often at a higher risk for heart illness and much of that risk is preventable. We are more likely to have classic heart risk factors such as cigarette smoking, obesity, diabetes, elevated cholesterol and hypertension (high blood pressure)—all of which can be made worse by some antipsychotic medications. The NAMI Hearts & Minds program is an educational wellness initiative promoting the idea of wellness in mind and body. In this session, NAMI medical director Ken Duckworth, M.D., will be joined by two NAMI state organization leaders to share insights regarding the program as well as strategies for integrating the program within the NAMI grassroots via efforts in New Jersey and Tennessee.

- ❖ Sylvia Axelrod, executive director, NAMI New Jersey, North Brunswick, N.J.
- ❖ Sita Diehl, executive director, NAMI Tennessee, Nashville, Tenn.
- ❖ Ken Duckworth, M.D., medical director, NAMI, Arlington, Va.

# Saturday, July 3 (Continued)

(8:45 a.m. – 10 a.m. continued)

Workshop 2-R  
*L'Enfant*

❖ *Moderator: Katrina Gay, NAMI, Arlington, Va.*

## **Critical Incident Training**

One of the most frightening situations that an individual, family member, and/or first responder may be forced to face is a critical incident involving an individual with a severe mental illness in crisis. This workshop will describe the collaborative partnership between the Dallas Police Department's Crisis Intervention (CIT) Team and the Dallas medical community in responding to individuals experiencing psychiatric crises. This partnership has proven highly effective in facilitating safe outcomes and reducing injuries to all concerned. Attendees will learn about effective crisis de-escalation strategies, including appropriate medical interventions in emergency circumstances. Attendees will also learn about the importance of revising law enforcement policies and procedures to improve outcomes in crisis situations. Finally, workshop presenters will discuss the value of close partnerships between law enforcement, medical professionals, individuals and families in bringing CIT to your community.

❖ *Jeffery Metzger, M.D., F.A.C.E.P., medical director, Dallas Police Department, Dallas*

❖ *Moderator: Senior Corporal Herbert Cotner, liaison, Crisis Intervention Mental Health, Dallas Police Department, Dallas*

10 a.m. – 6 p.m.  
*Jay*

## **WELCOME CENTER OPEN**

10:15 a.m. – 11:45 a.m.  
*Ballroom*

## **ANNUAL BUSINESS MEETING**

**NAMI: REFORM AND RECOVERY—THE ROAD FROM HERE**

There's more to the "business" of NAMI than meets the eye! NAMI has set its own course for recovery and reform – whether we're celebrating recovery through our programs and the remarkable efforts of our honored State Organizations and Affiliates, fighting for system reform or focusing on our own path to greater strength as an organization—we're making our convention's theme real on a daily basis. Join the celebration of all things NAMI: catch the breaking election news, meet NAMI's newly-elected board of directors, hear from our out-going board President, honor NAMI's proud tradition of advocacy and learn from the real experts—NAMI members!

*The Richard T. Greer Advocacy, Excellence in Community Mental Health Services, Outstanding NAMI State Organization, and Outstanding Local Affiliate awards will be presented during this session.*

11:45 a.m. – 1:30 p.m.

## **LUNCH BREAK**

12 p.m. – 1 p.m.  
*Columbia Hall*

## **POSTER SESSION TWO**

PS – 1

### **Minds Interrupted: Stories of Lives Affected by Mental Illness**

❖ *Michele Herling and Rosemary Zibart, Compassionate Touch Network, Santa Fe, N.M.*

PS – 2

### **Reducing the Adverse Impact of Mental Illness Stigma Among Family Caregivers**

❖ *Ann Nelson, NAMI Connecticut, Hartford, Conn.*

PS – 3

### **Do Not Give Up Family**

❖ *Nancy Pizzo Boucher, NAMI Maine, Westbrook, Maine*

PS – 4

### **Supporting Inmates through Mental Health Intervention and Advocacy**

❖ *Curlonda Simms, NAMI Oklahoma, Oklahoma City*

PS – 5

### **Early Recognition and Treatment of Mental Illness: The Key to Suicide Prevention**

❖ *Kenneth Norton, NAMI New Hampshire, Concord, N.H.*

PS – 6

### **Human Animal Interactions Maximized!**

❖ *Catherine Roach, NAMI Minnesota, St. Paul, Minn.*

Workshops

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PS – 7	<p><b>Perinatal Depression</b> ❖ <i>Linda Jensen, R.N., Ph.D., Clarkson College, Papillon, Neb.</i></p>
PS – 8	<p><b>Bipolar Bear: My Journey to Eliminate Compound Stigma</b> ❖ <i>Stephen Puibello, NAMI LGBT Leadership Group, Cliffside Park, N.J.</i></p>
PS – 9	<p><b>Medicare Part D: Good or Bad for Mental Health Consumers</b> ❖ <i>Melissa Anne Hensley, Washington University, St. Louis, Mo.</i></p>
PS – 10	<p><b>A Recovery in Progress</b> ❖ <i>Joe Tyler, NAMI Nevada, Reno, Nev.</i></p>
PS – 11	<p><b>Across the Nation: Resources for Parents with Psychiatric Disabilities</b> ❖ <i>Rhonda Sparre, RidgeOak Living Community, Austin, Texas</i></p>
PS – 12	<p><b>The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury: Providing Resources for PH and TBI to the Military Community</b> ❖ <i>Lolita O'Donnell, Ph.D., Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, Arlington, Va.</i></p>
12:30 p.m. – 1:15 p.m. Ballroom	<p><b>What Federal Health Reform Means for Consumers and Families</b> Please see page xx for a description of this session.</p>

1:30 p.m. – 3 p.m.

## ASK-THE-DOCTOR SESSIONS—GROUP 1

Ballroom West	<p><b>Schizophrenia</b> ❖ <i>Jose Apud, M.D., clinical director, Schizophrenia Research Program, Clinical Brain Disorders Branch, National Institute of Mental Health, Bethesda, Md.</i> ❖ <i>Moderator: Kevin Sullivan, member, NAMI National Board of Directors, West Hartford, Conn.</i></p>
Jefferson	<p><b>Bipolar Disorder</b> ❖ <i>Ken Duckworth, M.D., medical director, NAMI, Arlington, Va.</i> ❖ <i>Moderator: Ralph Nelson, M.D., member, NAMI National Board of Directors, Visalia, Calif.</i></p>
Georgetown	<p><b>Borderline Personality Disorder</b> ❖ <i>Brian Palmer, M.D., M.P.D., Harvard University School of Medicine Cambridge, Mass.</i> ❖ <i>Moderator: Lynda Cutrell, member, NAMI National Board of Directors, Marblehead, Mass.</i></p>
Monroe	<p><b>PTSD</b> ❖ <i>Robert Ursano, M.D., chair, Department of Psychiatry, United States University of the Health Sciences, Bethesda, Md.</i> ❖ <i>Moderator: Clarence Jordan, member, NAMI National Board of Directors, Cordova, Tenn.</i></p>
Lincoln	<p><b>Updating the DSM</b> ❖ <i>William Carpenter, M.D., professor of psychiatry, University of Maryland School of Medicine, Baltimore, Md.</i> ❖ <i>Moderator: Sheila Amdur, member, NAMI National Board of Directors, West Hartford, Conn.</i></p>

# Saturday, July 3 (Continued)

(1:30 p.m. – 3 p.m. continued)

Fairchild

## Ask the Nurse

- ❖ *Jean Robbins, M.S. P.M.H.N.P.-B.C.M., Gartlan Center for Community Mental Health, Alexandria, Va.*
- ❖ *Terry Shively, B.S.N., behavioral nurse supervisor, Springfield Mental Health, Springfield, Va.*
- ❖ *Moderator: Clarice Raichel, M.Ed., member, NAMI National Board of Directors, Lake Charles, La.*

1:30 p.m. – 3:30 p.m.

Holmead

## De Familia a Familia – discusión sobre el curso y temas de importancia para maestros

El programa educativo De Familia a Familia se ha expandido en los últimos años, se han facilitado más maestros y enseñado más clases. Por esta razón, durante este taller se discutirán las preguntas y preocupaciones encontradas en las evaluaciones recibidas de los maestros del curso. Se revisarán algunas clases que causan mayores retos y los participantes tendrán la oportunidad de hacer sugerencias y compartir sus experiencias como maestro.

- ❖ *Martha Silva, presidente y directora, NAMI New Jersey en Español, Guttenberg, N.J.*
- ❖ *Moderador: Ana Ferrara, coordinadora, De Familia a Familia, NAMI, Arlington, Va.*

3:15 p.m. – 4:45 p.m.

## ASK-THE-DOCTOR SESSIONS—GROUP 2

Jefferson

### Schizoaffective Disorder

- ❖ *Suzanne Vogel-Scibilia, M.D., clinical assistant professor, Western Psychiatric Institute and Clinic, Pittsburgh*
- ❖ *Moderator: Graham Champion, member, NAMI National Board of Directors, Montgomery, Ala.*

Monroe

### Depression

- ❖ *William Lawson, M.D., professor and chair, Department of Psychiatry and Behavioral Science, Howard University, Washington, D.C.*
- ❖ *Moderator: David Lushbaugh, member, NAMI National Board of Directors, Atlanta*

Fairchild

### OCD

- ❖ *Wayne Goodman, M.D., professor and chair, Department of Psychiatry, Mt. Sinai School of Medicine, New York*
- ❖ *Moderator: Joseph Mucenski, member, NAMI National Board of Directors, Tucson, Ariz.*

Georgetown

### Children & Adolescents

- ❖ *Michael Houston, M.D., pediatric psychiatrist, Chevy Chase, Md.*
- ❖ *Moderator: Carol Caruso, M.C.A.T., member, NAMI National Board of Directors, Collegetown, Pa.*

Lincoln

### Improving Adherence to Medications

- ❖ *Steve Goldfinger, M.D., chair, Department of Psychiatry, SUNY Downstate Medical Center, Brooklyn, N.Y.*
- ❖ *Moderator: Marty Raaymakers, member, NAMI National Board of Directors, Huron, Mich.*

Ballroom West

### Recovery and Neuroscience

- ❖ *Jill Bolte Taylor, Ph.D., author, My Stroke of Insight, and spokesperson, Harvard Brain Tissue Resource Center, Bloomington, Ind.*
- ❖ *Moderator: Stephen Feinstein, Ph.D., president, NAMI National Board of Directors, Louisburg, Kan.*

7:30 p.m. – 9:30 p.m.

Ballroom

## CONVENTION BANQUET

Join us for a joyful evening of fun and fellowship as we close out our 2010 National Convention. NAMI's convention banquet involves reflecting on the achievements of the past year, drawing on new energy generated by the convention and beginning to meet the challenges of next year. This is the vision of "Reform and Recovery: The Road from Here." NAMI depends on its grassroots members, along with many other friends and voices. This year's banquet will honor people who have made significant contributions in fighting stigma, inspiring state and local advocacy and educating the broader public about the needs of children, families and veterans.

**Rona & Ken Purdy Award to End Discrimination:** Glenn Close, BringChange2Mind Campaign

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### MEDIA AWARDS

#### Public Service

Fred Friendly Seminars and Vermont Public Television  
“Minds on the Edge: Facing Mental Illness”

#### News Reporting

Kelly Kennedy  
Army Times  
“They Fought for Each Other: The Triumph and Tragedy of the Hardest Hit Unit in Iraq”

#### Science & Health Reporting

Judith Warner  
*We've Got Issues: Children and Parents in the Age of Medication*