

8 a.m. – 6 p.m.

Concourse

REGISTRATION OPEN

8:30 a.m. – 12:30 p.m.

LEADERSHIP INSTITUTE

The NAMI Leadership Institute offers education, technical assistance and tools to experienced and emerging volunteer and staff leaders of State Organizations and Affiliates. This year the Leadership Institute is proud to offer leaders a new and unique opportunity to experience a three-part education and training session highlighting the NAMI priorities of inclusion and diversity, advocacy and the NAMI Standards of Excellence. Participants will be divided into three groups and each group will have a chance to attend all three workshops. Group assignments will be made on-site. Groups will meet in the following rooms:

Group 1: *Georgetown*

Group 2: *Jefferson*

Group 3: *Lincoln*

THE WORKSHOPS FOR THIS YEAR'S LEADERSHIP INSTITUTE ARE:

Becoming a Diverse and Inclusive Organization

The health and growth of NAMI State Organizations and Affiliates depend on our ability to reach and serve all communities who need us, making no distinction between people who have a mental illness and other members. For many of us, this priority raises questions and new challenges. This session will give our leaders a framework for awareness and action along with a preview of NAMI's new Let's Talk: Diversity in Action facilitated dialogue, which will help State Organizations and Affiliates start this much needed conversation and take important steps to move forward.

❖ *Majose Carrasco, director, Multicultural Action Center, NAMI, Arlington, Va.*

NAMI Smarts: How to Have Effective Group Meetings with Elected Officials

Meeting with elected officials as a group can make a strong impact, but it can also present challenges as people struggle with what to say and who should say it. Learn how to easily orchestrate a meeting that builds rapport, presents issues clearly, adds the "NAMI voice" and makes a compelling request. This practical and interactive session will leave leaders and advocates well-equipped to lead effective meetings on Capitol Hill (and back home) that build on group strengths and make a positive impact.

❖ *Angela Kimball, director, State Policy, NAMI, Arlington, Va.*

NAMI Standards of Excellence: An Opportunity for Success

Are you ready for NAMI Standards of Excellence? Our new standards will have a significant impact on how NAMI State Organizations and Affiliates do business in the coming years, but you may be further ahead in the process than you think. In addition to learning how to identify your organizational strengths, you will have an opportunity to gauge your readiness and measure your success in several targeted practices of the upcoming standards. Leaders will learn how to use the new NAMI Standards of Excellence Workbook as a resource for taking their State Organizations and Affiliates to even higher levels of achievement with simple checklists and reachable goals.

❖ *Liz Smith, leadership consultant, NAMI, Arlington, Va.*

❖ *Ben Staples, leadership consultant, NAMI, Arlington, Va.*

9 a.m. – 12:30 p.m.

Ballroom East

SPECIAL NEEDS SEMINAR

This special seminar will be based on specific case examples of NAMI families, and will address the set-ups and strategies that are appropriate for families living with mental illness. The first two hours (9 a.m. – 11 a.m.) will be a general session for all attendees. The general session will be followed by four 75-minute break-out sessions (11:15 a.m. – 12:30 p.m.). Breakouts and speakers are listed below.

Kalorama

Taxes and Special Needs Trusts: What Trustees, Beneficiaries and Grantors Must Pay or Report to

GUIDE TO MEETING ROOM LOCATIONS

LOBBY LEVEL

- Holmead, Independence, Jay, Kalorama, L'Enfant, Morgan, Northwest, Oaklawn, Piscataway

TERRACE LEVEL

- Albright, Boundary, Cardozo, DuPont, Embassy, Fairchild, Gunston
- Columbia Hall
- International Terrace

CONCOURSE LEVEL

- Georgetown, Jefferson, Lincoln, Monroe
- International Ballroom

Uncle Sam

This workshop will review the tax status of different kinds of special needs trusts and go through actual examples of 1041 tax returns, techniques for dealing with the beneficiary's tax returns and discuss the qualified disability deduction.

❖ *Lisa Nachmias Davis, member, Special Needs Alliance, New Haven, Conn.*

L'Enfant

Creating a Special Needs Trust that Adjusts to Changing Circumstances

The key to effective estate planning lies not in predicting the future, but in anticipating change and ensuring that there are resources—financial, legal and personal—to weather the storm. This session will include a basic explanation of some of the more common planning techniques used in this area, including a discussion of special needs trusts and their alternatives.

❖ *Stephen Dale, member, Special Needs Alliance, Walnut Creek, Calif.*

Morgan

Housing Choices: Finding It and Paying for It

This session will review private, supportive and subsidized housing options, the programs that provide subsidies and the relationship of SSI and other benefits with trust or family funding of rental arrangements or home ownership.

❖ *Ann McGee Green, member, Special Needs Alliance, Roanoke, Va.*

Oak Lawn

Special Topics in Maintaining SSI Eligibility

Discussion of planning options, including alternatives to special needs trusts, living arrangements and SSI/SSDI eligibility issues.

❖ *Mary O'Byrne, member, Special Needs Alliance, Lutherville, Md.*

9:30 a.m. – 12 p.m.

Holmead

EDUCATION PROGRAM DIRECTORS MEETINGS

Family-to-Family and Basics

Independence

Individual Programs (Peer-to-Peer, NAMI Connection, In Our Own Voice)

12:30 p.m. – 1:30 p.m.

LUNCH BREAK

1:45 p.m. – 3 p.m.

SPECIAL NETWORKING MEETINGS—GROUP 1

Lincoln East

Standards 101: NAMI Affiliates' Action Plans

Wondering how to get started on your path to excellence? Keep up of the momentum of the morning's Leadership Institute session on NAMI's Standards of Excellence and join other NAMI State Organization and Affiliate leaders in crafting specific and do-able action plans to launch you on the road to excellence. Meet and tap the wisdom of others who are working on the same challenges. These skills-based interactive sessions are designed to be fun and yield a product you can take home and put to immediate use.

Monroe

Bebe Moore Campbell Minority Mental Health Awareness Month

July is National Minority Mental Health Awareness Month. This provides us with a wonderful opportunity to reach out to diverse communities and increase mental health awareness. Across the country, NAMI states and affiliates will be hosting different activities and events. This meeting will provide background on Bebe Moore Campbell and how the month was created, ideas for activities you could implement and opportunities to share with one another our celebration plans. Come share highlights of the activities and events planned to celebrate this month!

Georgetown East

Children, Youth and Young Adults

Please join NAMI's Child and Adolescent Action Center, NAMI Affiliate leaders, families and others as we network to learn more about child, youth and young adult initiatives at the national, state and local levels. This networking session also allows you to share with us the exciting work that you are doing

in your states and communities. We would like to hear from you about resources and topics that you would like to see NAMI focus on. We will also share updates on resources and projects that NAMI is working on that focus on children, youth and families.

Jefferson West

NAMI FaithNet (Part 1)

In this two-part networking session, we will pilot a new NAMI FaithNet presentation that shows the importance of spirituality in recovery and points to resources about faith and mental illness. Come learn what's going on in other NAMI affiliates as they reach out to faith communities. Bring copies of your own summary of NAMI FaithNet-related activities and resources for the hand-out table.

Jefferson East

CIT: The Role of Top-down Leadership in CIT

This year's CIT networking session will focus on the role of top-down leadership in building CIT programs. Our panel of speakers will discuss the importance of leadership and buy-in from community leaders such as police executives, local government officials and judges. We will also provide strategies for how to approach these individuals for support.

Georgetown West

Restraint and Seclusion

Restraint and seclusion are dangerous, traumatic and frequently lead to injury or death. Peer specialists are taking a new role in helping reduce the use of restraint and seclusion. If you or a family member has experienced restraint or seclusion please come to our discussion on this topic.

1:45 p.m. – 3:15 p.m.
Jefferson

EDUCATION, TRAINING AND PEER SUPPORT CENTER INSTITUTE

Every year marks progress in NAMI's signature programs as they travel in new editions to new and different audiences. In their various stages of development, NAMI programs demonstrate a remarkable record of change, refinement and achievement, and reach an ever-growing circle of participants. The Institute will feature reports on this progress from our family and individual programs.

History in the Making: Family-to-Family as an Evidence-based Program

❖ *Joyce Burland, Ph.D., director, Education, Training, and Peer Support Center, NAMI, Arlington, Va.*

Peer-to-Peer Third Edition: Enriching the Experience of Recovery

❖ *Sarah O'Brien, director, Peer-to-Peer Program, NAMI, Arlington, Va.*
❖ *Deanna Green, national trainer, Peer-to-Peer Program, Columbia, Md.*

Extending In Our Own Voice to Veterans Groups

❖ *Royal Riddick, In Our Own Voice, Baltimore, Md.*

Basics Expanded: What's New in 2010

❖ *Teri Brister, Ph.D., director, Programs for Young Families, NAMI, Arlington, Va.*

Take This Job and Love It! Facilitating a Connection Support Group

❖ *Kathy Flaherty, staff attorney, Statewide Legal Services of Connecticut, Inc., Newington, Conn.*
❖ *Wayne McGuire, Ph.D., director of consumer involvement, NAMI Oklahoma, Oklahoma City, Okla.*

Presentation of Program Leadership Awards

❖ *Lynne Saunders, director of technical assistance and special programs, Education, Training, and Peer Support Center, NAMI, Arlington, Va.*

3:15 p.m. – 4:30 p.m.

SPECIAL NETWORKING MEETINGS—GROUP 2

Lincoln East

Standards 102: NAMI State Organizations' Action Plans

Please see the description of the 1:45 p.m. session for details.

Cardozo

Daughters and Sons

GUIDE TO MEETING ROOM LOCATIONS

LOBBY LEVEL

- Holmead, Independence, Jay, Kalorama, L'Enfant, Morgan, Northwest, Oaklawn, Piscataway

TERRACE LEVEL

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CONCOURSE LEVEL

- Georgetown, Jefferson, Lincoln, Monroe
- International Ballroom

We are celebrating our 7th year of coming together at NAMI's National Convention to share our experiences as daughters and sons who have a parent with a mental illness. Join us for an exciting session during

which we will share our stories of learning and mutual support, and discuss new programs and projects to support daughters and sons across the nation. So many daughters and sons are making a difference. Please join us as we share our ideas of encouragement and hope.

Jefferson East

Borderline Personality Disorder

This session will address living with Borderline Personality Disorder. A panel of four accomplished women in recovery with BPD will present their remarkable stories of hope and invite discussion with participants. From Florida, Houston, Boston, and New York City, they each have developed strategies for recovery through advocating awareness of BPD and helping others.

Lincoln West

Open Mic

An informal get-together where people living with mental illness and family members can gather and learn more about NAMI's Consumer Council and its activities.

Jefferson West

NAMI FaithNet (Part 2)

This is a continuation of the 1:45 p.m. session.

3:30 p.m. – 4:30 p.m.

EDUCATION, TRAINING AND PEER SUPPORT CENTER WORKSHOPS

Kalorama

WORKSHOP ED-1

Family-to-Family Master Class

This year the formal trauma lecture has been added to the Family-to-Family training of new teachers. Our aim is that everyone guiding families through the course will understand the difference between core principles of adult education and the trauma learning model we dedicate ourselves to in the Family-to-Family program. A demonstration of the trauma lecture will be presented, followed by a general question-and-answer period. All current and prospective Family-to-Family teachers and trainers are welcome.

❖ *Joyce Burland, Ph.D., director, Education, Training and Peer Support Center, NAMI, Arlington, Va.*

L'Enfant

WORKSHOP ED 2

Parents and Teachers as Allies Roundtable

This session will provide an opportunity for participants to network with each other around the following topics: what is happening in states and affiliates already providing the program, which states and affiliates would like to participate in the program and future plans for the program from NAMI. This workshop will be interactive and audience members will have a chance to share their challenges and success stories.

❖ *Teri Brister, Ph.D., director, Programs for Young Families, NAMI, Arlington, Va.*

Morgan

WORKSHOP ED-3

NAMI Peer-to-Peer Recovery Education Course Master Class

The NAMI Peer-to-Peer Master Class is recommended for any Peer-to-Peer mentors wishing to transfer their teaching skills from the second to the third edition of Peer-to-Peer. Major curriculum changes will be covered in this one-hour session. Participants completing the Master Class will receive follow-up contact from the NAMI office and will also earn a certificate of recertification to teach the third edition of Peer-to-Peer.

❖ *Sarah O'Brien, director, Peer-to-Peer Recovery Education Course, NAMI, Arlington, Va.*

workshops

WEDNESDAY

Wednesday, June 30 (Continued)

(3:30 p.m. – 4:30 p.m. continued)

Northwest

WORKSHOP ED-4

A Balancing Act: Keeping Your IOOV Program in Proper Balance

Do you have a dedicated group of In Our Own Voice presenters, but not enough places in which to present? Or, perhaps presentation requests are on the rise but your handful of faithful presenters is burned out? Join us for group discussion and interactive exercises while you learn from your peers how to maintain a balanced IOOV program.

❖ *Cheryl Dehaven, NAMI Hampton-Newport News, Hampton, Va.*

❖ *Moderator: Cynthia Evans, director, In Our Own Voice, NAMI, Arlington, Va.*

Oak Lawn

WORKSHOP ED-5

NAMI Connection Master Class: Addressing the Common Challenges of Facilitating a Support Group

The NAMI Connection Master Class will be hosted by NAMI Connection staff members and will provide attendees with practical solutions on how to handle the common challenges of support group facilitation, including fidelity, boundary and confidentiality issues, and conflict management. This workshop will be interactive and audience members will have a chance to share their challenges and success stories.

❖ *Anna Goodwin, training manager, NAMI Connection, NAMI, Arlington, Va.*

❖ *Gretchen Anglin, field specialist, NAMI Connection, NAMI, Arlington Va.*

❖ *Moderator: Candita Sabavala, director, NAMI Connection, NAMI, Arlington, Va.*

4:30 p.m. – 5:30 p.m.

Ballroom West

OPEN MIC WITH THE NAMI NATIONAL BOARD OF DIRECTORS

Help shape NAMI's future by joining with the NAMI National Board of Directors to talk about our common mission and goals, how we will accomplish our objectives, and what role each of us can play in pursuing our goals.

4:45 p.m. – 5:30 p.m.

Morgan

PEER-TO-PEER NETWORKING SESSION

5 p.m. – 8 p.m.

Jay

WELCOME CENTER OPEN

7 p.m. – 8 p.m.

Ballroom

CONVENTION ORIENTATION

Welcome to the 2010 NAMI Annual Convention! The convention has been developed to provide you with an abundance of educational opportunities during the next few days, many of which will be running concurrently. During this brief orientation, we'll explain the overall design of the convention schedule, point out some special events, and help you plan your convention experience. This session is especially recommended for people attending their first NAMI convention.

7 p.m. – 8:30 p.m.

Fairchild

NAMI CONNECTION RECOVERY SUPPORT GROUP

8 p.m. – 9:30 p.m.

Ballroom

LEGISLATIVE BRIEFING

Members of NAMI's Policy Team will brief convention attendees in preparation for visits with Congressional representatives on Capitol Hill Thursday morning.

workshop

WEDNESDAY