



Taken from the NAMIWALKS eSupport Knowledge Base at <http://walkhelp.nami.org/>

Step #1: Create a myNAMI Account

Many NAMIWalks participants already have a myNAMI account. They can skip these instructions and go straight to Step 2.

- Go to www.nami.org
- Click on **Sign-In** (in the upper left-corner of the screen)
- Click on the blue text **“Create your free sign-in account now”**
- Fill out the required information to complete your profile.
- Write down your username and password somewhere you will remember.
- Click on **Submit**.
- At the next screen, go to the top of the page and click on **Logout**.

Step #2: Register for the NAMIWalk

- Go to www.nami.org/walks . Click on the location on the map that you would like to walk.
- See the **Walk With Us** box

To form your own team, click on **Form a Walk Team**.

- Click on the blue button **Register Online Now**
- Sign in to myNAMI. (Forgot your login information? Click on the phrase “I forgot my username or password” just below the login key.)
- Follow the simple on-screen instructions then click **Register and Proceed**.
- Create a team page by reading the instructions and completing the fields. Then click **Create Team Page and Continue**.
- Next, create your walker page in the same manner. Then click **Create My Walker Page and Finish**.

To join a team that already exists click on **Join an Existing Team** or to walk as an individual click on **Walk as an Individual**.

- Click on the blue button **Register Online Now**.
- Sign in to myNAMI. (Forgot your login information? Click on the phrase “I forgot my username or password” just below the login key.)
- Follow the simple on-screen instructions then click **Register and Proceed**.
- Create your walker page by reading the instructions. Then click **Create My Walker Page and Finish**.

Print the confirmation screen that lists the event details and the address to your walker page. *Be sure to read the “What To Do Now” portion near the bottom of the page.*

STUMPED? SEND AN E-MAIL TO walkhelp@nami.org