

Monthly Speaker Series Presents Wednesday, September 18th Dr. Jeffrey Vernon

Clinical Director of the Personalized Recovery Oriented Services program at St. Vincent's Hospital Westchester



Dr. Jeffrey Vernon returns to NAMI Putnam County, at the request of our membership, to discuss another topic all too familiar to our loved ones and families who support them, **bipolar disorder**. This will be followed by a question and answer session.

More than 10 million Americans have bipolar disorder and, more than one-half of all cases begin between ages of 15-25. Bipolar disorder is a chronic illness with recurring episodes of mania and depression that can last from one day to months. This mental illness causes unusual and dramatic shifts in mood energy and the ability to think clearly. Damaged relationships or a decline in job or school performance are potential effects, but recovery is possible.

*** SPECIAL TIME 6:00 - 8:00 PM ***

Mahopac Library 668 Route 6 Mahopac, NY

http://www.nami.org/Content/NavigationMenu/Mental_Illnesses/Bipolar1/Home - What is Bipolar Disorder .htm

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