Directory of Mental Health Services

Orange, Person, and Chatham Counties

2011

Produced by the Mental Health and Substance Abuse Committee of Healthy Carolinians of Orange County

Healthy Carolinians of Orange County

This Directory was produced by the Mental Health and Substance Abuse Committee of Healthy Carolinians of Orange County. It is intended to increase knowledge and access to available mental health services in the Orange, Person, and Chatham County areas.

This Directory includes general information about state and county mental health services including emergency and crisis services, governmental and non-governmental agencies and a listing of private mental health providers in Orange, Person, Chatham, and Durham** Counties, who chose to be included in this directory. Healthy Carolinians of Orange County does not endorse any specific provider.

** Due to Durham's close proximity to Orange, Person and Chatham Counties, therapists from Durham are included in this directory.

The Directory is a living document. The most updated and current information about providers and available services can be found by visiting either the Mental Health America of the Triangle's website at www.mhatriangle.com; or the Healthy Carolinians of Orange County's website at: www.co.orange.nc.us/healthycarolinians.

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Alphabetical Listing of Providers……...…….Page 14

Providers are listed in alphabetical order by their last name. Each provider's listing includes contact information, types of services, fees, insurance accepted (including Medicaid/Medicare) and other information the provider included.

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ACKNOWLEDGMENTS

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We would also like to thank the mental health professionals listed in the directory who have dedicated their careers to helping improve the mental health of community members, and who have contributed financially to cover the cost of printing and distribution of this document.

We hope that users of this directory find it helpful and easy to use and we welcome your feedback.

Sincerely,

Aimee Vandemark, LCSW
Program Manager
Pro Bono Counseling Network

Healthy Carolinians of Orange County
Mental Health and Substance Abuse Committee

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CRISIS AND EMERGENCY SERVICES: 24-HOUR, DAY TIME AND LAW ENFORCEMENT

24 Hour Crisis Services

OPC Screening, Triage, Access & Referral (STAR)
Your call will be answered by a licensed clinician who will ask you a series of questions. These will help determine the level and type of service that best matches your needs. Based on your responses, you may be referred to a provider agency for further assessment, to a community resource or for immediate assistance in an emergency situation.
If deaf of hard of hearing, dial 711 for NC Relay *or* our TTY number 1-866-598-6459
Phone: (919) 913-4100 *or* Toll Free: 1-800-233-6834

Mobile Crisis (operated by Freedom House Recovery Center)
Up to eight hours of face-to-face crisis counseling provided in the community to consumers of any age. Telephone counseling also available. Mobile Crisis is for people who do not have a service provider or can not reach their service provider.
Phone: (919) 967-8844

Facility-Based Crisis and Detox (operated by Freedom House Recovery Center)
104 New Stateside Drive, Chapel Hill, NC 27516-1165
Phone: (919) 967-8844

Chapel Hill Police Department Crisis Unit
Non-police crisis assistance for Chapel Hill residents only. NOT police response. Those in need of Chapel Hill police in Chapel Hill should call 911.
Phone: (919) 968-2806

HOSPITALS

UNC Hospitals Emergency Department
101 Manning Drive
Chapel Hill, NC 27514
Phone: (919) 966-4131

Person Memorial Hospital
615 Ridge Road
Roxboro, NC 27573
(336) 599-2121

Chatham Hospital (UNC Healthcare)
475 Progress Blvd.
Siler City, NC 27344
Phone: (919) 799-4000

Day Time Crisis Services

Orange County

Chapel Hill Outpatient Clinic
Freedom House
Stateside Drive
Phone: (919) 913-4200, (919) 942-2803
Family Counseling Center

Freedom House
300 W. Tryon St.
Hillsborough, NC 27278
Phone: (919) 732-1150 (*Call for availability)*

UNC Hospitals/Department of Psychiatry Walk-in Clinic
(For emergencies only, 9 AM to 3 PM)
Neurosciences Hospital, 1st Floor
101 Manning Drive
Chapel Hill, NC 27514
Phone: (919) 966-2166

Person County

Person Counseling Center
Freedom House
355 S. Madison Blvd., Suite C
Roxboro, NC 27573
Phone: (336) 599-8366

Chatham County

Chatham Counseling Center
Freedom House

287 East St., Suite 421
Pittsboro, NC 27312
Phone: (919) 542-4422

and

1105 E. Cardinal St.
Siler City, NC 27344
Phone: (919) 742-5612

Law Enforcement

Orange County
Orange County Sheriff: (919) 942-6300
Carrboro Police Department: (919) 918-7397
Chapel Hill Police Department: (919) 968-2760, in Chapel Hill call 911
Chapel Hill Police Department Crisis Unit:: (919) 968-2806
(24/7 non-police crisis assistance for Chapel Hill residents only. NOT police response.)
Hillsborough Police Department: (919) 732-9381

Person County
Person County Sheriff: (336) 597-0500
Roxboro Police Department: (336) 599-8345

Chatham County
Chatham County Sheriff: (919) 542-2811
Pittsboro Police Department: (919) 542-3200
Siler City Police Department: (919) 742-5626

STATE AND COUNTY ADVOCACY, SUPPORT AND REFERRAL RESOURCES

Non-Governmental

Pro Bono Counseling Network
Mental Health America of the Triangle (formerly Mental Health Association of Orange County) in collaboration with Healthy Carolinians of Orange County and with funding from OPC Area Program launched the Pro Bono Counseling Network in January 2009, which ***serves Orange, Chatham, and Person*** county residents. The goal of the project is to recruit mental health professionals to join a network of providers who agree to provide counseling pro bono (one client/year, a minimum of eight sessions), and to match up clients seeking mental health services, who are underinsured or uninsured, with an appropriate provider. Phone: (919) 942-8083, x5.

Mental Health America of the Triangle
Providing non-clinical services, including education, advocacy, information and referral, and peer support
3729 Murphy School Rd.
Durham, NC 27705
Phone: (919) 942-8083

National Alliance on Mental Illness (NAMI), Orange County
Education, advocacy, and family support services
P.O. Box 4201
Chapel Hill, NC 27514
Phone: (919) 929-7822

National Alliance on Mental Illness (NAMI), North Carolina
Helpline: 1-800-451-9682

Disability Rights of North Carolina
1-800-821-6922

Governmental

OPC Area Program
OPC Area Program is the local governmental agency with responsibility for oversight and management of *publicly-funded* mental health, developmental disability and substance abuse services in Orange, Person and Chatham Counties. OPC provides telephonic screening, triage and referral for individuals needing services in the area; recruits and monitors an array of community service providers; and manages the distribution of state monies to providers for the provision of services to consumers.

> **OPC Customer Service Line**
> Answers questions about services, eligibility, benefits and consumer rights, assists with problem-solving, provides education, and handles complaints:
> Telephone: (919) 913-4120 or Toll Free: 1-888-277-2303
>
> **OPC Area Program, Screening, Triage, Access and Referral (STAR) Line**
> If you think you or your family member is in need of and may qualify for state-funded mental health, developmental disabilities and/or substance abuse services, you can call:
> Telephone: 919-913-4100
> Toll Free: 1-800-233-6834 (TTY: 866-598-6459)

North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services (NC DMH/DD/SAS) Advocacy and Customer Service: (919) 715-3197

UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL SERVICES

UNC Hospitals - Psychiatric Outpatient Clinic
(919) 966-5217

STEP Program (Schizophrenia Treatment and Evaluation Program)
A specialty clinic for adults with schizophrenia and related psychotic disorders. Services include assessment, family psychoeducation, counseling, medication management and community support.
101 Manning Drive, 1st Floor Neurosciences Hospital
Chapel Hill, NC 25799
(919) 966-8033

STEP Community Mental Health Clinic
Multidisciplinary treatment services for persons with psychotic disorders and other severe mental illnesses.
Carr Mill Mall, 200 N. Greensboro St., Suite C-6
Carrboro, NC 27510
(919) 942-7363

OASIS (Outreach and Support Intervention Services)
A multidisciplinary team approach to treatment early psychosis in older adolescents and adults.
Carr Mill Mall, 200 N. Greensboro St., Suite C-6
Carrboro, NC 27510
(919) 929-2311

UNC Department of Psychology Community Clinics
Four clinics are offered through UNC's Department of Psychology: Adult Psychotherapy Clinic, Child and family Clinic, Couples Clinic, Anxiety and Stress Clinic. Assessment and counseling services are provided by graduate students, under supervision of a licensed psychologist.
UNC Campus (Davie Hall) and Finely Golf Course Road
(919) 962-6906

UNC Student Health Services, Counseling and Wellness Services
Psychological/counseling services available to UNC-CH students. Services include individual, couples, and group therapy, urgent consultation and crisis intervention, and medication evaluation/management.
(919) 966-3658

LISTING OF PROVIDERS BY SPECIALTY

This section lists providers by the type of specialty services they provide. Use this listing to find a therapist who specializes in the services you need. To find out more information about a specific provider, refer to them in the Alphabetical Listing of Providers (starting on page 14) and search for the provider by their last name.

Abuse, Sexual Abuse, and Incest

- Adult Psychotherapy Clinic
- Sheila Broderick, MSW
- Judy Byck, MSW
- Patricia Catanio, MSW
- Karen Catoe, MSW, MPH
- Betty Lou Chaika, M.Ed.
- Child and Family Clinic
- Julie Daul, MSW
- Maura Dillon, MS
- Marguerite Dingman, MSW, M.Div.
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Nicole Imbraguglio, Psy. D.
- Michelle Johnson, MSW
- Ellen Junker, MA
- Linda Killian, MSW
- Karen Landis, MSW
- Kathy Likens, MSW
- Elizabeth McElhinny Hayden, MSW
- Amy McMann, MSW
- Sharon Meginnis, Ph.D.
- Orange County Rape Crisis Center
- David Rademacher, MA
- Melanie Roskin, MSW
- Therapeutic Alternatives
- Janice Trusky, MSW
- Sandra Vander Linde, MS
- Ann Waldon, MSW

Anxiety

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Nicole Amundsen, MSW
- Angela Annas, M.Ed., MSW
- Anxiety and Stress Disorders Clinic
- Elissa Baldwin, MSW
- Ruth Bard Rampel, Ph.D.
- Roxanne Barksdale, MSW
- Tyler Beach, MSW
- Paul Brinich, MA, Ph.D.
- Sheila Broderick, MSW
- DeChanile Brooks, MA
- Judy Byck, MSW
- Alice Carlton, MSW
- Matt Case, MA
- Patricia Catanio, MSW
- Karen Catoe, MSW, MPH
- Betty Lou Chaika, M.Ed.
- Child and Family Clinic,
- Anne Coleman, MSW
- Julie Daul, MSW
- Maura Dillon, MS
- David Donlon, MSW
- Durham Child Development and Behavioral Health Clinic
- Freedom House Recovery Center
- Anne Freeman, Ph.D.
- Bonnie Gilliom, MA, MS
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Jo Ann Hundley, PhD
- Ellen Junker, MA
- Bree Kalb, MS
- Rhonda Karg, Ph.D.
- Linda Killian, MSW
- Solomon Kobes, MSW
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Martha Lamb, MSW
- Karen Landis, MSW
- Tina Lepage, Psy. D.
- Stephanie Lerner, MS, BS
- Miriam Lieberman, MA
- Kathy Likens, MSW
- Lou Lipsitz, MSW
- Michael David Loven, Ph.D.
- John Mader, MA
- Patrick Malone, M.D.
- Amy McMann, MSW
- Denise Mitchell, MSW
- Susan Orenstein, Ph.D.

Anxiety (cont.)

- Fran Paradine, MSW
- Steevie Jane Parks, Ph.D.
- Betsy Pedersen, Ph.D., MSW
- Lizzette Potthoff, MSW
- David Rademacher, MA
- Margaret Rhee, MSW
- Clive Robins, Ph.D.
- Carol Ross, MA
- Norma F. Satransky, MD
- Joan Seiffert, MSW
- Peter J. Smith, Ed. D.
- Clare Stadlen, MSSW
- David Stewart, Ph.D.
- Karen Stewart,
- Therapeutic Alternatives
- Jeanne Van Gemert, MA
- Sandra Vander Linde, MS
- Ann Waldon, MSW
- Chaille Anne Walsh, PhD
- Peggy Williams, MSW
- Jay C. Williams, MSW, Ph.D.
- Reid Wilson, Ph.D.
- Geoffrey Zeger, MSW

Attention and Learning Problems

- Angela Annas, M.Ed., MSW
- Karen Catoe, MSW, MPH
- Child and Family Clinic
- Freedom House Recovery Center
- Solomon Kobes, MSW
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Karen Landis, MSW
- Steevie Jane Parks, Ph.D.
- Peggy Williams, MSW
- Jay C. Williams, MSW, Ph.D.
- Geoffrey Zeger, MSW

Body Image

- Adult Psychotherapy Clinic
- Tyler Beach, MSW
- Cynthia Bulik, PhD
- Judy Byck, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Deborah Klinger, MA
- Margaret Rhee, MSW
- Clare Stadlen, MSW

Children of Alcoholics, Co-Dependence

- Adult Psychotherapy Clinic
- Sheila Broderick, MSW
- DeChanile Brooks, MA
- Child and Family Clinic
- Nyra Hill, MSW
- Ellen Junker, MA
- Rhonda Karg, Ph.D.
- Linda Killian, MSW
- Deborah Klinger, MA
- Barry Selman, MSW
- Karen Stewart
- Sandra Vander Linde, MS

Career and Vocational

- Adult Psychotherapy Clinic
- Sheila Broderick, MSW
- Melissa Grady, Ph.D., MSW
- Ellen Junker, MA
- Margaret Rhee, MSW
- Therapeutic Alternatives

Depression

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Nicole Amundsen, MSW
- Elizabeth Anton, Psy. D.
- Elissa Baldwin, MSW
- Ruth Bard Rampel, Ph.D.
- Roxanne Barksdale, MSW
- Tyler Beach, MSW
- Paul Brinich, MA, Ph.D.
- Sheila Broderick, MSW
- DeChanile Brooks, MA
- Judy Byck, MSW
- Alice Carlton, MSW
- Patricia Catanio, MSW
- Karen Catoe, MSW, MPH
- Betty Lou Chaika, M.Ed.
- UNC Child and Family Clinic

Depression (cont.)

- Anne Coleman, MSW
- Julie Daul, MSW
- Maura Dillon, MS
- Durham Child Development and Behavioral Health Clinic
- Nancy Durham, MSW
- Freedom House Recovery Center
- Anne Freeman, Ph.D.
- Bonnie Gilliom, MA, MS
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Jo Ann Hundley, PhD
- Michelle Johnson, MSW
- Bree Kalb, MS
- Rhonda Karg, Ph.D.
- Linda Killian, MSW
- Solomon Kobes, MSW
- Peter Kramer, MSW
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Martha Lamb, MSW
- Karen Landis, MSW
- Irene Sheiner Lazarus, Ph.D., MFT
- Tina Lepage, Psy. D.
- Miriam Lieberman, MA
- Kathy Likens, MSW
- Lou Lipsitz, MSW
- Claudia Lyons, MSW
- Patrick Malone, M.D.
- Amy McMann, MSW
- Sharon Meginnis, Ph.D.
- Judith Tashner Morse, MSW
- Susan Orenstein, Ph.D.
- Fran Paradine, MSW
- Steevie Jane Parks, Ph.D.
- Betsy Pedersen, Ph.D., MSW
- Lizzette Potthoff, MSW
- David Rademacher, MA
- Margaret Rhee, MSW
- Clive Robins, Ph.D.
- Melanie Roskin, MSW
- Carol Ross, MA
- Norma F. Satransky, MD
- Joan Seiffert, MSW
- Barry Selman, MSW
- Peter J. Smith, Ed. D.
- Clare Stadlen, MSSW
- Carolyn Stevenson, MSW
- David Stewart, Ph.D.
- Karen Stewart,
- Therapeutic Alternatives
- Janice Trusky, MSW
- Jeanne Van Gemert, MA
- Shannon Van Wey, PhD
- Sandra Vander Linde, MS
- Ann Waldon, MSW
- Chaille Anne Walsh, PhD
- Jay C. Williams, MSW, Ph.D.
- Geoffrey Zeger, MSW

Drugs, Alcohol, Tobacco and Other Addictions

- Elizabeth Anton, Psy. D.
- DeChanile Brooks, MA
- Durham Child Development and Behavioral Health Clinic
- Freedom House Recovery Center
- Jonas Horwitz, Ph.D.
- Ellen Junker, MA
- Rhonda Karg, Ph.D.
- Linda Killian, MSW
- Patrick Malone, M.D.
- Lizzette Potthoff, MSW
- Barry Selman, MSW
- Chaille Anne, Walsh, PhD
- Geoffrey Zeger, MSW

Early Childhood

- Child and Family Clinic
- Durham Child Development and Behavioral Health Clinic
- Nicole Imbraguglio, Psy. D.
- Linda Killian, MSW
- Denise Mitchell, MSW

Eating Disorders

- Adult Psychotherapy Clinic
- Ruth Bard Rampel, Ph.D.
- Cynthia Bulik, PhD
- Judy Byck, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Anne Freeman, Ph.D.
- Michelle Johnson, MSW

Eating Disorders (cont.)

- Deborah Klinger, MA
- Elizabeth McElhinny, MSW
- Amy McMann, MSW
- Melanie Roskin, MSW
- Clare Stadlen, MSW
- Sibyl Wagner, MSW

Family Therapy

- Roxanne Barksdale, MSW
- Sheila Broderick, MSW
- Alice Carlton, MSW
- Patricia Catanio, MSW
- Karen Catoe, MSW, MPH
- Child and Family Clinic
- Nancy Durhan, MSW
- Freedom House Recovery Center
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Deborah J. Jones, Ph.D.
- Linda Killian, MSW
- Martha Lamb, MSW
- Karen Landis, MSW
- Miriam Lieberman, MA
- John Mader, MA
- Denise Mitchell, MSW
- OASIS (Outreach and Support Intervention Services)
- Steevie Jane Parks, Ph.D.
- David Ratemacher, MA
- Peter J. Smith, Ed. D.
- STEP Clinic (Schizophrenia Treatment and Evaluation Program)
- STEP Community Mental Health Clinic
- Wendy Stewart, MSW
- Jay C. Williams, MSW, Ph.D.

General Psychological Issues

- Adult Psychotherapy Clinic
- Nicole Amundsen, MSW
- Elissa Baldwin, MSW
- Ruth Bard Rampel, Ph.D.
- DeChanile Brooks, MA
- Judy Byck, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Anne Coleman, MSW
- M. Avery Cook, MSW
- Couples Clinic
- Marguerite Dingman, MSW, M.Div.
- David Donlon, MSW
- Durham Child Development and Behavioral Health Clinic
- Nancy Durhan, MSW
- Freedom House Recovery Center
- Anne Freeman, Ph.D.
- Bonnie Gilliom, MA, MS
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Jo Ann Hundley, PhD
- Deborah J. Jones, Ph.D.
- Ellen Junker, MA
- Bree Kalb, MS
- Linda Killian, MSW
- Solomon Kobes, MSW
- Peter Kramer, MSW
- Martha Lamb, MSW
- Audrey Layden, MS
- Tina Lepage, Psy. D.
- Stephanie Lerner, MS, BS
- Miriam Lieberman, MA
- Kathy Likens, MSW
- Lou Lipsitz, MSW
- Michael David Loven, Ph.D.
- Claudia Lyons, MSW
- Elizabeth McElhinny, MSW
- Sharon Meginnis, Ph.D.
- Judith Tashner Morse, MSW
- Susan Orenstein, Ph.D.
- Fran Paradine, MSW
- Betsy Pedersen, Ph.D., MSW
- Johnna Pilipchuk, MA
- H. Cooke Read, MSW, M. Div.
- Margaret Rhee, MSW
- Melanie Roskin, MSW
- Carol Ross, MA
- Norma F. Satransky, MD
- Joan Seiffert, MSW
- Ilene Sperling, MA
- Carolyn Stevenson, MSW
- David Stewart, Ph.D.
- Karen Stewart
- Chaille Anne Walsh, PhD

General Psych Issues (cont.)

- Peggy Williams, MSW

Grief and Loss

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Tyler Beach, MSW
- Paul Brinich, MA, Ph.D.
- Sheila Broderick, MSW
- DeChanile Brooks, MA
- Patricia Catanio, MSW
- Betty Lou Chaika, M.Ed.
- Child and Family Clinic
- Julie Daul, MSW
- Maura Dillon, MS
- Marguerite Dingman, MSW, M.Div.
- Freedom House Recovery Center
- Bonnie Gilliom, MA, MS
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Nicole Imbraguglio, Psy. D.
- Bree Kalb, MS
- Linda Killian, MSW
- Audrey Layden, MS
- Irene Lazarus, Ph.D., MFT
- Stephanie Lerner, MS, BS
- Miriam Lieberman, MA
- Claudia Lyons, MSW
- John Mader, MA
- Elizabeth McElhinny Hayden, MSW
- Fran Paradine, MSW
- Johnna Pilipchuk, MA
- Lizzette Potthoff, MSW
- Margaret Rhee, MSW
- Carol Ross, MA
- Norma F. Satransky, MD
- David Stewart, Ph.D.
- Karen Stewart,
- Wendy Stewart, MSW
- Therapeutic Alternatives
- Shannon Van Wey, PhD
- Sibyl Wagner, MSW
- Ann Waldon, MSW

Health

- Child and Family Clinic
- Jonas Horwitz, Ph.D.
- Bree Kalb, MS
- Martha Lamb, MSW
- Betsy Pedersen, Ph.D., MSW
- Jeanne Van Gemert, MA

LGBTQ Issues

- Adult Psychotherapy Clinic
- Tyler Beach, MSW
- Sheila Broderick, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Rhonda Karg, Ph.D.
- Deborah Klinger, MA
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Miriam Lieberman, MA
- Claudia Lyons, MSW
- Amy McMann, MSW
- Sharon Meginnis, Ph.D.
- Judith Tashner Morse, MSW
- Johnna Pilipchuk, MA
- Carolyn Stevenson, MSW
- Karen Stewart
- Shannon Van Wey, PhD
- Sibyl Wagner, MSW
- Chaille Anne Walsh, PhD

Major Mental Illness

- Angela Annas, M.Ed., MSW
- Elizabeth Anton, Psy. D.
- Tyler Beach, MSW
- Child and Family Clinic
- Anne Coleman, MSW
- Durham Child Development and Behavioral Health Clinic
- Freedom House Recovery Center
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Linda Killian, MSW
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Patrick Malone, M.D.
- Elizabeth McElhinny, MSW

Major Mental Illness (cont.)

- Denise Mitchell, MSW
- OASIS (Outreach and Support Intervention Services)
- Betsy Pedersen, Ph.D., MSW
- Johnna Pilipchuk, MA
- Clive Robins, Ph.D.
- Carol Ross, MA
- Norma F. Satransky, MD
- Joan Seiffert, MSW
- Peter J. Smith, Ed. D.
- STEP Clinic (Schizophrenia Treatment and Evaluation Program)
- STEP Community Mental Health Clinic
- Therapeutic Alternatives
- Shannon Van Wey, PhD
- Sibyl Wagner, MSW

Parent-Child Interaction

- Judy Byck, MSW
- Alice Carlton, MSW
- Child and Family Clinic
- Marguerite Dingman, MSW, M.Div.
- Nancy Durham, MSW
- Freedom House Recovery Center
- Linda Killian, MSW
- Tina Lepage, Psy. D.
- Stephanie Lerner, MS, BS
- Amy McMann, MSW
- Denise Mitchell, MSW
- Janice Trusky, MSW

Peer Relationships, Dating, Marital Relations, Divorce

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Nicole Amundsen, MSW
- Angela Annas, M.Ed., MSW
- Elizabeth Anton, Psy. D.
- Ruth Bard Rampel, Ph.D.
- Roxanne Barksdale, MSW
- Sheila Broderick, MSW
- Alice Carlton, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Couples Clinic
- Julie Daul, MSW
- Maura Dillon, MS
- David Donlon, MSW
- Nancy Durham, MSW
- Bonnie Gilliom, MA, MS
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Nicole Imbraguglio, Psy. D.
- Michelle Johnson, MSW
- Deborah J. Jones, Ph.D.
- Ellen Junker, MA
- Linda Killian, MSW
- Deborah Klinger, MA
- Solomon Kobes, MSW
- Peter Kramer, MSW
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Audrey Layden, MS
- Irene Lazarus, Ph.D., MFT
- Tina Lepage, Psy. D.
- Stephanie Lerner, MS, BS
- Miriam Lieberman, MA
- Claudia Lyons, MSW
- John Mader, MA
- Patrick Malone, M.D.
- Sharon Meginnis, Ph.D.
- Judith Tashner Morse, MSW
- Susan Orenstein, Ph.D.
- Fran Paradine, MSW
- Steevie Jane Parks, Ph.D.
- H. Cooke Read, MSW, M. Div.
- Margaret Rhee, MSW
- Norma F. Satransky, MD
- Barry Selman, MSW
- Clare Stadlen, MSSW
- Carolyn Stevenson, MSW
- Karen Stewart
- Wendy Stewart, MSW
- Jeanne Van Gemert, MA
- Shannon Van Wey, PhD
- Sandra Vander Linde, MS
- Melany Coopmans Vizithom, MA
- Sibyl Wagner, MSW
- Jay C. Williams, MSW, Ph.D.

School Issues

- Adult Psychotherapy Clinic
- Elissa Baldwin, MSW

School Issues (cont.)

- Sheila Broderick, MSW
- Child and Family Clinic
- Marguerite Dingman, MSW, M.Div.
- Durham Child Development and Behavioral Health Clinic
- Melissa Grady, Ph.D., MSW
- Jonas Horwitz, Ph.D.
- Ellen Junker, MA
- Linda Killian, MSW
- Solomon Kobes, MSW
- Peter Kramer, MSW
- Miriam Lieberman, MA
- Amy McMann, MSW
- Margaret Rhee, MSW
- Peter J. Smith, Ed. D.
- Wendy Stewart, MSW
- Therapeutic Alternatives
- Janice Trusky, MSW
- Chaille Anne Walsh, PhD
- Peggy Williams, MSW

Self-Esteem

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Nicole Amundsen, MSW
- Elissa Baldwin, MSW
- Roxanne Barksdale, MSW
- Paul Brinich, MA, Ph.D.
- Sheila Broderick, MSW
- Judy Byck, MSW
- Patricia Catanio, MSW
- Child and Family Clinic
- Anne Coleman, MSW
- David Donlon, MSW
- Freedom House Recovery Center
- Anne Freeman, Ph.D.
- Melissa Grady, Ph.D., MSW
- Nyra Hill, MSW
- Jonas Horwitz, Ph.D.
- Jo Ann Hundley, PhD
- Nicole Imbraguglio, Psy. D.
- Ellen Junker, MA
- Linda Killian, MSW
- Solomon Kobes, MSW
- Peter Kramer, MSW
- Miriam Lieberman, MA
- Kathy Likens, MSW
- Judith Tashner Morse, MSW
- Susan Orenstein, Ph.D.
- Fran Paradine, MSW
- Steevie Jane Parks, Ph.D.
- H. Cooke Read, MSW, M. Div.
- Margaret Rhee, MSW
- Melanie Roskin, MSW
- Joan Seiffert, MSW
- Barry Selman, MSW
- Ilene Sperling, MA
- Karen Stewart
- Wendy Stewart, MSW
- Janice Trusky, MSW
- Jeanne Van Gemert, MA
- Peggy Williams, MSW

Sexuality

- Adult Psychotherapy Clinic
- Sheila Broderick, MSW
- Patricia Catanio, MSW
- Jo Ann Hundley, PhD
- Miriam Lieberman, MA

Spirituality

- Shelda Abdur-Razzaq, MA
- Patricia Catanio, MSW
- Nyra Hill, MSW
- Audrey Layden, MS
- Irene Lazarus, Ph.D., LMFT
- Miriam Lieberman, MA
- John Mader, MA
- Judith Tashner Morse, MSW
- H. Cooke Read, MSW, M. Div.
- Carolyn Stevenson, MSW
- David Stewart, Ph.D.
- Karen Stewart

Victims of Domestic Violence

- Shelda Abdur-Razzaq, MA
- Adult Psychotherapy Clinic
- Sheila Broderick, MSW
- Jonas Horwitz, Ph.D.
- Linda Killian, MSW
- David Rademacher, MA
- Ilene Sperling, MA

Violence

- Sheila Broderick, MSW
- Jonas Horwitz, Ph.D.
- Katrina Kuzyszyn-Jones, MA, Psy.C.
- Geoffrey Zeger, MSW

Other

Acculturation, Issues Facing Latino and Other Immigrants
- Amy McMann, MSW

Adjustment Issues
- Michael David Loven, Ph.D.

Adoption
- Paul Brinich, MA, Ph.D.

Aging
- Audrey Layden, MS

Autism Spectrum
- Solomon Kobes, MSW

Awareness and Existential Issues
- David Donlon, MSW

Bipolar Disorder
- Michael David Loven, Ph.D.

Borderline Personality Disorder
- Clive Robins, Ph.D.

Childhood Behavior Problems
- Deborah J. Jones, Ph.D.

Couples Relationships
- Couples Clinic

Criminal Forensic Issues
- Katrina Kuzyszyn-Jones, MA, Psy.C.

DBT
- Johnna Pilipchuk, MA
- Linda Cherney, LPC
- Beth McElhinny Hayden, LCSW

Life Transitions, Men's Issues
- Lou Lipsitz, MSW

Migraines/Headaches/MS
- Jonas Horwitz, Ph.D.

Mood Disturbances
- Michael David Loven, Ph.D.

Obesity
- Anne Freeman, Ph.D.

Play Therapy, Art therapy
- Ilene Sperling, MA

Psychoeducational and Bipolar Assessment
- Child and Family Clinic

Psychosis
- OASIS (Outreach and Support Intervention Services)

PTSD
- Angela Annas, M.Ed., MSW
- Lizzette Potthoff, MSW
- Ann Waldon, MSW

Racial Identity Concerns and Issues
- Michelle Johnson, MSW

Trauma Healing
- Irene Lazarus, Ph.D., MFT

ALPHABETICAL LISTING OF PROVIDERS

This section lists each participating provider in alphabetical order by their last name. Each provider's listing includes contact information, types of services provided, fees, insurance accepted (including Medicaid/ Medicare) and other information the provider included.

Shelda Abdur-Razzaq, MA
Triangle Associates for Well Being
6208 Fayetteville Rd., Suite 106
Durham, NC 27713

Phone: 317-1449 ext 106
Office Hours: M-T (8-5), Some evenings
Website: www.shiftinward.com
Bus Lines: Yes

Education: MA, NCCU

Certificate/Licensure #
LPC, # 2126 and CEAP

Client Populations
Adults, Couples

Areas of Specialty
Anxiety, Depression, Victims of Domestic Violence, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce, Spirituality

Support Groups: Yes, call for groups

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? No
Regular Fee: $110.00
Accept Insurance? All
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $75

Adult Psychotherapy Clinic
UNC Department of Psychology
Community Clinic
CB# 3207, Department of Psychology
UNC Chapel Hill
Chapel Hill, NC 27514

Phone: 962-6906
Office Hours: Days and evenings
Website:
http://psychologyclinic.unc.edu/Adult
Bus Lines: UNC Campus Routes

Education: UNC-CH

Client Populations
Adults

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Body Image, Eating Disorders, Abuse, Sexual Abuse and Incest, Victims of Domestic Violence, Children of Alcoholics, Co-Dependence, Sexuality, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Career and Vocational, School Issues, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? Yes
Regular Fee: $75.00
Accept Insurance? Provide a master bill that can be submitted for reinbursment to many insurance providers
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $20
Lowest fee accepted w/out insurance: $20

Nicole Amundsen, MSW
200 N. Greensboro St., Suite C-7
Carrboro, NC 27510

Phone: 593-4501
Office Hours: M-F, Some evenings
Website: www.psychologytoday.com
Bus Lines: Yes

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C003192

Client Populations
Adolescents, Adults

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Peer Relationships/
Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: Call for fee info.
Accept Insurance? BCBS, State Health Plan, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $50

Angela Annas, M.Ed., MSW
976 Martin Luther King Blvd., Suite 250
Chapel Hill, NC 27516

Phone: 942-8422 ext 12
Email: angela@annasresources.org
Bus Lines: NS, T

Education: M.Ed., MSW, UNC-CH

Certificate/Licensure #
LCSW, # C006112

Client Populations
Adolescents, Adults, Geriatric, Couples

Areas of Specialty
Major Mental Illness, Anxiety, Attention and Learning Problems, Peer Relationships/Dating/
Marital Relations/Divorce, PTSD

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? BCBS, Medicaid, Medicare
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Elizabeth Anton, Psy. D.
1829 E. Franklin St., Suite 1200 D
Chapel Hill, NC 27514
(In Siler City on Tuesdays)

Phone: 942-9842
Office Hours: M, W, TH, F (8-4)
Bus Lines: Franklin St. Routes

Education: Psy. D., Illinois School of Professional Psychology

Certificate/Licensure #
Psychologist, # NC1640
Licensed Clinical Addiction Specialist, # 7002

Client Populations
Adults, Couples

Areas of Specialty
Major Mental Illness, Depression, Drug, Alcohol, Tobacco and other Addictions, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Dual Diagnosis

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $140
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? BCBS, UBH, UH, Aetna, Medcost, Wellpath, Medicare, Medicaid, Horizons, Compsych, Tricare
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? Yes, case-by-case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Anxiety and Stress Disorders Clinic
UNC Department of Psychology
Community Clinic
CB# 3207, Department of Psychology
UNC Chapel Hill
Chapel Hill, NC 27514

Phone: 962-6906
Office Hours: Days and evenings
Website:
http://psychologyclinic.unc.edu/anxiety
Bus Lines: UNC Campus Routes

Education: UNC-CH

Client Populations
Adults

Areas of Specialty
Anxiety

Support Groups: No

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $200
Offer initial consult by phone? Yes
Regular Fee: $75.00
Accept Insurance? Provide a master bill that can be submitted for reinbursment to many insurance providers
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $20
Lowest fee accepted w/out insurance: $20

Jennifer Baddour, LCSW
109 Conner Drive, Bldg 3, Suite 203
Chapel Hill, NC 27514

Phone: 919- 919-3739
Office Hours: M, T 9am-5pm
Bus Lines: Yes. Across from Univ. Mall

Education: BS, MSW; UNC-G, UNC-CH

Certificate/Licensure #
LCSW # C004670

Client Populations
Adolescents, Adults, Families, Couples

Areas of Specialty
General Psychological Issues, Depression, Anxiety, Grief and Loss, Relationship Issues, Parent-Child Interaction, Social Skills

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? Yes
Regular Fee: $125
Accept Insurance? No, will help file out of network
Accept Medicaid? No
Offer a sliding fee scale? Yes, case by case
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Elissa Baldwin, MSW
1829 E. Franklin St., Suite 900-B
Chapel Hill, NC 27514

Phone: 673-8287
Office Hours: Flexible by appointment
Bus Lines: D

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C005030

Client Populations
School-aged Children, Adolescents, Adults, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, School Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? BCBS, United, Health Choice, Cigna, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Ruth Bard Rampel, Ph.D.
1829 E. Franklin St., Unit 100C
Chapel Hill, NC 27514

Phone: 967-9800
Office Hours: M-F (9-5)
Bus Lines: D, TTA

Education: Ph.D., Adelphi University

Certificate/Licensure #
Psychologist, # 3135

Client Populations
Adolescents, Adults, Geriatric, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Eating Disorders, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $160
Offer initial consult by phone? Yes
Regular Fee: $140.00
Accept Insurance? BCBS, Aetna, Cigna, Medicaid, MHN Value Options, Megellan, State Health Plan, UBH
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $75
Lowest fee accepted w/out insurance: $75

Roxanne Barksdale, MSW
960 Corporate Dr., Suite 102
Hillsborough, NC 27278

Phone: 919-732-8722
Office Hours: By appointment
Website: www.roxannebarksdale.com
Bus Lines: TTA near Sportsplex stop

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C001339 and CTA

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Peer Relationships/Dating/Marital Relations/Divorce, Family Therapy

Support Groups: Yes: TA, Gestalt, Couples Therapy

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? Clients file their own claims.
Accept Medicaid? No
Offer a sliding fee scale? Yes, negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Tyler Beach, MSW
1829 E. Franklin St., Suite 100-H
Chapel Hill, NC 27514

Phone: 428-8901
Email: tylerbeachlcsw@gmail.com
Office Hours: Evenings and weekends
Website: www.tylerbeachlcsw.com
Bus Lines: D

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C005800

Client Populations
Adults

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Body Image, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Grief and Loss

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? Out of network
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Lauren Bradley, LCSW
1829 E. Franklin Street, Suite 100C
Chapel Hill, NC 27514

Phone: 919- 942- 1250
Office Hours: weekdays, some evenings
Bus Lines: D route

Education: BA, MSW (UNC-CH)

Certificate/Licensure #
LCSW # C005788

Client Populations
Adolescents, Adults

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Body Image, Abuse/Trauma, School Issues, Grief and Loss, Relationship Issues, Parent-Child Interaction, Health, Violence, Spirituality

Support Groups: Yes, survivors of sexual assault

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $95
Offer initial consult by phone? No
Regular Fee: $95
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $50

Paul Brinich, MA, Ph.D.
320 Glendale Dr.
Chapel Hill, NC 27514

Phone: 942-7338
Office Hours: By appointment
Bus Lines: Franklin St. Routes

Education: MA, Ph.D., University of Chicago

Certificate/Licensure #
Psychologist, # 1556 HSP-P

Client Populations
School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Grief and Loss, Adoption

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $140
Offer initial consult by phone? No
Regular Fee: $140.00
Accept Insurance? Will complete form for patient
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $75
Lowest fee accepted w/out insurance: $75

Virginia Bristol, LCSW
1911 Hillandale Road, Suite 1040
Durham, NC 27705

Phone: 919-383-0055
Office Hours: M-Th, 8-5; F, 8-12am
Bus Lines: Yes, Northgate

Education: BS, MSW; UNC-CH

Certificate/Licensure #
LCSW, # C000919

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Self-Esteem, LGBTQ Issues, Relationship Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee:$120
Offer initial consult by phone? No
Regular Fee: $100
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: depends
Lowest fee accepted w/out insurance: $35

Sheila Broderick, LCSW
100 Capitola Dr.
Durham, NC 27713

Phone: 451-8199
Office Hours: W-Th (5:30-8:30); Sundays (3-7)
Bus Lines: Yes

Education: MSW, University of South Carolina

Certificate/Licensure #
LCSW, # C000912

Client Populations
Adolescents, Adults, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Abuse, Sexual Abuse and Incest, Victims of Domestic Violence

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: $90.00
Accept Insurance? All major insurers in this area
Accept Medicaid? Yes
Offer a sliding fee scale? Negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

DeChanile Brooks, MA
180 Providence Rd., Suite 4
Chapel Hill, NC 27312

Phone: 971-1152
Office Hours: weekdays
Bus Lines: D

Education: MA, East Carolina University

Certificate/Licensure #
LPA, # 1628

Client Populations
Children (10+ yrs), Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Drug, Alcohol, Tobacco and Other Addictions, Children of Alcoholics, Co-Dependance

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Willard (Bill) Brown
960 Corporate Drive, Ste. 402
Hillsborough, NC 27278

Phone: 919- 428-0890
Office Hours: most evenings and weekends
Bus Lines: No.

Education: BA, MA; Columbia University, Goddard College

Certificate/Licensure #
LCAS, # 1207

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Addiction, Victims of Domestic Violence, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? Yes
Regular Fee: $90
Accept Insurance? No
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $40
Lowest fee accepted w/out insurance: $40

Cynthia Bulik, PhD
UNC Department of Psychiatry
UNC Department of Psychiatry, CB #7160
Chapel Hill, NC 27514

Phone: 966-7012
Email: cbulik@med.unc.edu
Office Hours: M-F (8-5)
Website: www.unceatingdisorders.org
Bus Lines: Yes

Education: PhD, UNC-CH

Certificate/Licensure #
Psychologist, # 2950

Client Populations
School-aged Children, Adults, Couples, Families

Areas of Specialty
Body Image, Eating Disorders

Support Groups: Yes, call for groups

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? Call for insurance info.
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Judy Byck, MSW
201 Albemarle St.
Durham, NC 27701

Phone: 682-1179
Office Hours: Varies
Bus Lines: Yes, Brightleaf Sq.

Education: MSW, Smith College

Certificate/Licensure #
LCSW, # C000851

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Body Image

Support Groups: No

Foreign Languages Spoken: French

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? Patient files directly
Accept Medicaid? No
Offer a sliding fee scale? Yes, variable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Alice Carlton, MSW
304 Barclay Rd.
Chapel Hill, NC 27516

Phone: 942-3494
Office Hours: M-F (8-6:30)
Website: www.alicecarlton.com
Bus Lines: A, and near T, NS, NU

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C000029 and Clinical Hypnosis (ASCH)

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Anxiety, Depression, Peer Relationships/ Dating/Marital Relations/Divorce, Family Therapy, Parent-Child Interaction

Support Groups: Yes: Conscious Dating Workshops/Groups

Foreign Languages Spoken: French

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? Most
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $50

Tiffany Castellanos, LCSW
102 Ashe Street
Carrboro, NC 27510

Phone: 919-360-1538
Office Hours: M-F, 10am-8pm
Bus Lines: Yes, CW bus route

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW #C005374

Client Populations
Adults, Families

Areas of Specialty
Anxiety, Depression, Abuse/Trauma, Family Therapy, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: Yes, Spanish

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes
Regular Fee: $100
Accept Insurance? Yes, BCBS, Healthchoice
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $25
Lowest fee accepted w/out insurance: $50

Patricia Catanio, MSW
121 S. Estes Dr., 204A
Chapel Hill, NC 27514

Phone: 967-2744
Office Hours: M-F (10-7); Some Sat. (11-2)
Website: www.patriciacatanio.com
Bus Lines: Yes

Education: MSW, Barry University

Certificate/Licensure #
LCSW, # C002250

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Body Image, Eating Disorders

Support Groups: Yes: Self-esteem, Eating Disorders

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $95.00
Accept Insurance? BCBS, UBH, Magellan, Aetna, State Health
Accept Medicaid? n/a
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $60

Karen Catoe, MSW, MPH
1200 Broad St., Suite 200
Durham, NC 27715

Phone: 286-5463
Office Hours: Weekdays, Evenings
Bus Lines: DATA (Broad St. and Club Blvd.)

Education: MSW, MPH, UNC-CH

Certificate/Licensure #
LCSW, # C004260

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-Aged Children, Adolescents, Adults, Families

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Attention and Learning Problems, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Betty Lou Chaika, M.Ed.
104 Jones Ferry Rd., Suite F
Carrboro, NC 27510

Phone: 549-669
Office Hours: M-Th (11-7:30)
Bus Lines: JFX, F, CM, CW

Education: M.Ed., NCSU

Certificate/Licensure #
LPC, # 2737

Client Populations
Adults, Couples

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Grief and Loss

Support Groups: Yes: Women's Psycho-Spiritual Therapy

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? BCBS and others out-of-network
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Linda Cherney, LPC
1829 E. Franklin Street, Suite 100A
Chapel Hill, NC 27514

Phone: 919- 929- 3400
Office Hours: varies
Bus Lines: Yes

Education: BS, MS; Univ of WI-Madison

Certificate/Licensure #
LPC #2346 and LMFT #405

Client Populations
Adolescents, Adults, Geriatrics, Families, Couples

Areas of Specialty
Anxiety, Depression, Children of Alcoholics, Relationship Issues, Parent-Child Interaction

Support Groups: Yes, DBT groups for parents

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: no charge
Offer initial consult by phone? Yes
Regular Fee: $115
Accept Insurance? Yes, but out of network
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Child and Family Clinic
UNC Department of Psychology
Community Clinic
Finely Gold Course Road
Chapel Hill, NC 27514

Phone: 962-6906
Office Hours: Days and evenings
Website:http://psychologyclinic.unc.edu/ChildFamily
Bus Lines: On UNC Campus

Education: UNC-CH

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Early Childhood, Anxiety, Depression, Self-Esteem, Body Image, Eating Disorders, Abuse, Sexual Abuse and Incest, ,Children of Alcoholics, Co-Dependence, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Attention and Learning Problems, School Issues, Grief and Loss, Peer Relationships/Dating/ Marital Relations/Divorce, Family Therapy, Parent-Child Interaction, Health, Psychoeducational and Bipolar Assessment

Support Groups: Yes: Parent Training

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? Yes
Regular Fee: $75.00
Accept Insurance? Provide a master bill that can be submitted for reinbursment to many insurance providers
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $20
Lowest fee accepted w/out insurance: $20

Nancy Ciocci, LCSW
125 E. King Street, Hillsborough, NC 27278
212 W. Main Street, Carrboro, NC 27510

Phone: 919-245-0451, Ext. 1
Office Hours: M,T, W 10a-8p (Hillsborough); Thur 10a-8p (Carrboro)
Bus Lines: Yes

Education: MSW, University of KY

Certificate/Licensure #
LCSW #C002453

Client Populations
Adults, Couples

Areas of Specialty
Anxiety, Depression, Relationship Issues, ADHD, Adoption, Divorce, Abuse/Trauma, LGBTQ Issues, Grief and Loss, Parenting, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: no charge
Offer initial consult by phone? No
Regular Fee: $90
Accept Insurance? Yes, BCBS, Magillian, Cigna, UBH, Aetna, Medicare Part B, others
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Anne Coleman, LCSW
101 Cloister Court, Suite D
Chapel Hill, NC 27514

Phone: 360-0499
Office Hours: M-F 9-9
Website: www.annecolemanmsw.com
Email: ormancoleman@hotmail.com

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C005491

Client Populations
Adults, Geriatric

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Self-Esteem

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS, Medcost, Wellpath, and many others
Accept Medicaid? No
Offer a sliding fee scale? Yes, negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

M. Avery Cook, LCSW
1829 E. Franklin St., Suite 900 B
Chapel Hill, NC 27514

Phone: 949-5000
Office Hours: Saturdays

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW

Client Populations
School-aged Children, Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $95
Offer initial consult by phone? Yes, brief
Regular Fee: $95.00
Accept Insurance? Call for insurance info.
Accept Medicaid? Call for insurance info.
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $60

Couples Clinic
UNC Department of Psychology
Community Clinic
CB# 3207, Department of Psychology
UNC Chapel Hill
Chapel Hill, NC 27514

Phone: 962-6906
Office Hours: Days and evenings
Website:
http://psychologyclinic.unc.edu/Couples
Bus Lines: UNC Campus Routes

Education: UNC-CH

Client Populations
Couples

Areas of Specialty
General Psychological Issues, Peer Relationships/Dating/Marital Relations/Divorce, Couples Relationship Issues, Relationship Enhancement, Communication for Committed Couples

Support Groups: No

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? Yes
Regular Fee: $75.00
Accept Insurance? Provide a master bill that can be submitted for reinbursment to many insurance providers
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $20
Lowest fee accepted w/out insurance: $20

Edward Cvelich, LPC
1018 Berkley Street,
Durham, NC 27705

Phone: 919- 889- 2063
Office Hours: weekdays, 10a-7p
Bus Lines: No

Education: MA, Colorado Christian University

Certificate/Licensure #
LPC #4001

Client Populations
Adolescents, Adults, Geriatrics

Areas of Specialty
Anxiety, Abuse/Trauma, Addictions, Grief and Loss

Support Groups: Yes, Sexual Addiction

Foreign Languages Spoken: No.

Fee Structure
Initial Consultation Fee: no charge.
Offer initial consult by phone? Yes.
Regular Fee: $100
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Julie Daul, LCSW
35 Thompson St., Suite 203
Pittsboro, NC 27312

Phone: 542-6183
Email: juliedaul.lcsw@gmail.com
Office Hours: M-F (variable hours)
Bus Lines: No

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C004510

Client Populations
School-aged Children, Adolescents, Adults, Families

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Teen Girls Support and Skill-building, Coping with Divorce for Boys and Girls

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS, Cigna, Aetna, Medcost
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, variable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Maura Dillon, MS
35 Thompson St., Suite 206
Pittsboro, NC 27312

Phone: 542-6017
Office Hours: M, F (12-5); W, Th (11-7)
Bus Lines: No

Education: MS, NCSU

Certificate/Licensure #
LPC, # 4413

Client Populations
School-aged Children, Adolescents, Adults, Families

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Divorce for Kids and Teens, Teen Girls' Support

Foreign Languages Spoken: German

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes
Regular Fee: $90.00
Accept Insurance? BCBS, Medcost, Cigna, Health Choice, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $30

Marguerite Dingman, MSW, M.Div.
1200 Broad St., Suite 202
Durham, NC 27705

Phone: 493-7376
Office Hours: M-Th (days and some evenings)
Website: http:/marguerite.dingman.org
Bus Lines: DATA Route 1, Corner of Club and Broad

Education: MSW, M.Div., University of Illinois Urban, McCormick Theological Seminary

Certificate/Licensure #
LCSW, # C002422

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Families

Areas of Specialty
Abuse, Sexual Abuse and Incest, School Issues, Grief and Loss, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes, brief
Regular Fee: $90.00
Accept Insurance? BlueCross PPO, Health Choice, Medicaid, UBH
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

David Donlon, MSW
1829 E. Franklin St., Suite 1200 D
Chapel Hill, NC 27514

Phone: 929-6445
Office Hours: Varies, some evenings
Bus Lines: CL, D

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C001155

Client Populations
Adults, Geriatric, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Self-Esteem, Peer Relationships/Dating/Marital Relations/Divorce, Awareness and Existential Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $80
Offer initial consult by phone? No
Regular Fee: $80.00
Accept Insurance? BCBS, others out of network
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $80
Lowest fee accepted w/out insurance: $0

Durham Child Development and Behavioral Health Clinic
402 Trent Dr.
Durham, NC 27705

Phone: 668-5559
Office Hours: M-F (8-5:30)
Bus Lines: DATA

Client Populations
School-aged Children, Adolescents

Areas of Specialty
General Psychological Issues, Major Mental Illness, Early Childhood, Anxiety, Depression, Drug, Alcohol, Tobacco and Other Addictions, School Issues

Support Groups: Yes: Drug Education

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $250
Offer initial consult by phone? No
Regular Fee: $150 (for individual), $175 (for family), IOP $165 per day, $70 group
Accept Insurance? BCBS PPO, BCBS State Plan, HC Health Choice, Medicaid, Cigna Behavioral Health for Duke Employees
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Nancy Durham, LCSW
307 N. Columbia St.
Chapel Hill, NC 27516

Phone: 619-0811
Office Hours: M-Th (9-7); Fri (as needed)
Website: www.NancyDurham.com
Bus Lines: A, G, HS, N, NS, T

Education: MSW, University of Chicago

Certificate/Licensure #
LCSW, # C002060

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Depression, Peer Relationships/Dating/Marital Relations/Divorce, Family Therapy, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? No
Regular Fee: $90.00
Accept Insurance? BCBS, Cigna, UBH, MTIN, United
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $50
Lowest fee accepted w/out insurance: $50

Cathy Edwards, LPC
ThePittsboro Center for Natural Medicine
175 Salisbury St.
Pittsboro, NC 27312

Phone: 919- 548- 4963
Office Hours: M, 9-12:30; 6p-9p
Bus Lines: No

Education: MS, SUNY at Plattsburgh

Certificate/Licensure #
LPC # 2733

Client Populations
Children, Adults, Couples, Adolescents, Families

Areas of Specialty
General, Depression, Eating Disorders, Abuse, Grief and Loss, Relationship Issues, Parent Child Interaction, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? Yes
Regular Fee: $75
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Jane Finch, LCSW
909 Broad Street
Durham, NC 27705

Phone: 919- 416- 4800, ext. 2
Office Hours: M-Th 12-6:30pm
Bus Lines: DATA

Education: BA Dartmouth College; MSSW Columbia University

Certificate/Licensure #
LCSW, #C003557

Client Populations
Adults, Couples, Adolescents, Families

Areas of Specialty
General Psychological Issues, Substance Abuse, Children of Alcoholics, Grief and Loss, Relationship Issues

Support Groups: Yes

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? No
Regular Fee: $100
Accept Insurance? Cigna, BCBS, MHN, United StudentCare
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $65
Lowest fee accepted w/out insurance: $70

Christian Fisher, LCSW
310 West Street
Pittsboro, NC 27312

Phone: 919- 883-7771
Office Hours: M-F 9-6
Bus Lines: Yes

Education: MSW East Carolina University

Certificate/Licensure #
LCSW, C004628

Client Populations
Children, Adults, Adolescents, Families

Areas of Specialty
General Psychological Issues, Severe and Persistent Mental Illness, Depression, Anxiety Disorders, Abuse, Relationship Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? Yes
Regular Fee: $85
Accept Insurance? Medicaid, Healthchoice, Out-of Network for other Insurances
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Renee Flam, LCSW
200 N. Greensboro Street, #D14
Carrboro, NC 27510

Phone: 919- 406- 6562
Office Hours: M,W 8-2:45; T,Th 8-8
Bus Lines: C, F

Education: MSW, Simmons School of Social Work

Certificate/Licensure #
LCSW, #C002347

Client Populations
Adults, Couples

Areas of Specialty
Anxiety Disorders, Depression, Eating Disorders, Abuse, Sexuality, Attention Problems, Grief and Loss, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? No
Regular Fee: $95
Accept Insurance? Yes
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance:n/a

Freedom House Recovery Center
Offices in Orange, Person and Chatham Counties

Phone: 942-2803 (Chapel Hill)
336-599-8366 (Roxboro)
542-4422 (Pittsboro)
742-5612 (Siler City)
Office Hours: M-F (8-5)
Website: www.freedomhouserecovery.org
Bus Lines: Chapel Hill Transit: F, M, CL, G, D, DM, FG, D

Certificate/Licensure#
LCSW, LPC, LMFT, Psychiatrists

Client Populations
School-aged Children, Adolescents, Adults, Geriatric, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Self-Esteem, Drug, Alcohol, Tobacco and Other Additions, Attention/Learning Problems, Grief and Loss, Family Therapy, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $88-$140
Offer initial consult by phone? n/a
Regular Fee: $91.36
Accept Insurance? BCBS, Cigna
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: 10% or 5% of household income

Anne Freeman, Ph.D.
180 Providence Rd., Suite 5
Chapel Hill, NC 27514

Phone: 408-0811
Office Hours: M-F (9-4)
Bus Lines: D

Education: Ph.D., Univ. of Alabama

Certificate/Licensure #
Licensed Psychologist, # 1643

Client Populations
Adolescents, Adults, Geriatric

Areas of Specialty
Anxiety, Depression, Self-Esteem, Eating Disorders, Obesity

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $135
Offer initial consult by phone? No
Regular Fee: $135.00
Accept Insurance? All
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Bonnie Gilliom, MA, MS
113 Steeplechase Rd.
Chapel Hill, NC 27514

Phone: 636-0994
Office Hours: M-TH (7-7)
Website: www.bonniegilliom.com
Bus Lines: T

Education: MA, MS, Occidental College

Certificate/Licensure #
LPC, # NC4705

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Grief and Loss, Peer Relationships/
Dating/Marital Relations/Divorce

Support Groups: Yes: Couples

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $90
Offer initial consult by phone? Yes
Regular Fee: $90.00
Accept Insurance? BCBS, Cigna, UBH, Aetna, American Behavioral, Value Options
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $65

Mark Gough, LPC
224 East Street, Suite A
Pittsboro, NC 27312

Phone: 919- 542- 0747
Office Hours: M-F 8-7
Website: www.markgough.com
Bus Lines: Yes

Education: BA, Rutgers College

Certificate/Licensure #
NC LPC, #2369

Client Populations
Children, Adults, Couples, Adolescents, Families

Areas of Specialty
Severe, Depression, Anxiety Disorders, Substance Abuse, Relationship Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $95
Accept Insurance? No
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Mary Grigsby, LPC
1010 Lamond Ave.
Durham, NC 27701

Phone: 919- 286-9659
Office Hours: 11am-7pm
Bus Lines: Yes

Education: Med, University of North Texas

Certificate/Licensure #
LPC, #2263

Client Populations
Adults, Couples, Geriatric

Areas of Specialty
General Psychological Issues, Anxiety Disorders, Self-Esteem, Abuse, Addiction, Children of Alcoholics, Sexuality, Homosexual and Transgender Issues, Grief and Loss, Relationship Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? Yes
Regular Fee: $110
Accept Insurance? Yes
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $65

Melissa Grady, Ph.D., MSW
112 Swift Ave.
Durham, NC 27705

Phone: 423-4793
Office Hours: Tuesday (a.m.)
Bus Lines: No

Education: Ph.D., MSW, Smith College

Certificate/Licensure #
LCSW, # C003321

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
General Psycholoical Issues, Anxiety, Depression, Self-Esteem, Abuse, Sexual Abuse and Incest

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? No, give clients receipt to file their own
Accept Medicaid? No
Offer a sliding fee scale? Yes, depends on insurance
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $60

Marilyn Grubbs, LPC
304 W. Weaver Street
Carrboro, NC 27510

Phone: 919- 885-0121
Office Hours: by appointment
Bus Lines: Yes

Education: MA, North Carolina Central University

Certificate/Licensure #
LPC # 7005

Client Populations
Children, Adolescents, Adults

Areas of Specialty
General Psychological Issues, Depression, Anxiety, Relationship Issues

Support Groups: Art therapy workshops

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? Yes
Regular Fee: $115
Accept Insurance? Yes, Student Health Plan and others
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance:n/a

Mildred Harris, LCSW
5011 Southpark Drive, Suite 130
Durham, NC 27713

Phone: 919- 806- 0130
Office Hours: By Appointment
Bus Lines: Yes

Education: MSW, Atlanta University

Certificate/Licensure #
LCSW, #C000605

Client Populations
Children, Adults, Couples, Adolescents, Geriatric, Families

Areas of Specialty
General Psychological Issues, Depression, Self-Esteem, Attention Problems, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? No
Regular Fee: $100
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: Contact
Lowest fee accepted w/out insurance: Contact

Nyra Hill, LCSW
115 N. Duke St, St 1-B
Durham, NC 27701

Phone: 286-3453 ext 107
Office Hours: M,W,F (9-5); T (11-7)
Website: www.mainstreetclinical.com

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # 198

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Self-Esteem

Support Groups: Yes: DBT

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $145
Offer initial consult by phone? No
Regular Fee: $120.00
Accept Insurance? Call for insurance info.
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $10
Lowest fee accepted w/out insurance: $50

Jonas Horwitz, Ph.D.
3721 University Dr., Suite C
Durham, NC 27707

Phone: 401-6171
Office Hours: M-F (8-8); Sundays (12-6)
Website: www.jonashorwitz.com
Bus Lines: Yes

Education: Ph.D., VCU

Certificate/Licensure #
Psychologist, # 102778

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Self-Esteem, Migraines/Headaches/MS

Support Groups: Yes:
Migraines/Headaches, Adults with MS

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? BCBS, Cigna, Aetna, Medicaid, United
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $50
Lowest fee accepted w/out insurance: $50

Jo Ann Hundley, PhD
211 Providence Road,
Chapel Hill, NC 27514

Phone: 408-0960
Office Hours: M-F (10-6)
Bus Lines: D

Education: PhD, UNC-CH

Client Populations
Adolescents, Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Sexuality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? No
Regular Fee: Please call
Accept Insurance? Call for insurance info.
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Nicole Imbraguglio, Psy. D.
5836 Fayetteville Rd., Suite 104
Durham, NC 27713

Phone: 572-0000
Office Hours: M-Sat. (evenings)
Website: www.lepageassociates.com
Bus Lines: DATA 7, TTA 402, 403, 412, 413

Education: Psy. D., Virginia Consortium Program in Clinical Psychology

Certificate/Licensure #
Psychologist # 102764

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-aged Children, Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Early Childhood, Self-Esteem, Abuse, Sexual Abuse and Incest, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Social Skills, Divorce Support for Children

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $155
Offer initial consult by phone? Yes
Regular Fee: $125
Accept Insurance? Out-of-network provider
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, case-by-case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Michelle Johnson, LCSW
302 Weaver Street
Carrboro, NC 27510

Phone: 260-2145
Office Hours: M-F (afternoons, evenings)
Bus Lines: D, CL
Website:
http://www.michellesocialworker.com

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C003883

Client Populations
Adolescents, Adults

Areas of Specialty
Depression, Eating Disorders, Abuse, Sexual Abuse and Incest, Peer Relationships/Dating/
Marital Relations/Divorce, Racial Identity Concerns and Issues

Support Groups: Yes: Cognitive Behavioral Group for Women, Eating Disorders Group

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $95
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? BCBS, Medicaid, UBH
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $35

Michael Jokich, LCSW
101 Cloister Court, Suite E/F
Chapel Hill, NC 27514

Phone: 636-5982
Office Hours: M-F, 9am-6pm
Bus Lines: Yes
Website: www.cohesivepathways.com

Education: MSW, Catholic University

Certificate/Licensure #C006238

Client Populations
Children, Adolescents, Adults, Couples, Families

Areas of Specialty
Depression, Anxiety, Relationship Issues, Life transitions, Parent-Child Interactions

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee:$150
Offer initial consult by phone? Yes
Regular Fee: $110
Accept Insurance? Yes, BCBS, Cigna, Medicare, Medcost, Healthchoice, Tricare, State Plan
Accept Medicaid? Yes
Offer a sliding fee scale? Yes,
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Deborah J. Jones, Ph.D.
Village Pediatrics of Chapel Hill
300 Market St.
Chapel Hill, NC 27516

Phone: 816-2211
Office Hours: Family friendly hours by appt
Website: www.djones-practice.com
Bus Lines: CCX, NS, V

Education: Ph.D., University of Georgia

Certificate/Licensure #
Psychologist, # 3199

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Families

Areas of Specialty
General Psychological Issues, Peer Relationships/Dating/Marital Relations/Divorce, Family Therapy, Childhood Behavior Problems, Parenting/Parent-Child Conflict

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: Call for fee info.
Accept Insurance? None
Accept Medicaid? No
Offer a sliding fee scale? Call for fee info.
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Ellen Junker, LPC
104 S. Estes Dr., Suite 206
Chapel Hill, NC 27510

Phone: 923-7437
Office Hours: Days, Evenings (as needed)
Bus Lines: Yes

Education: MA, Wright State University

Certificate/Licensure #
LPC, # 4342

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Self-Esteem, Abuse, Sexual Abuse and Incest

Support Groups: Yes: Rape Crisis Center, Adult Survivors, Secondary Trauma-Partners

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $95
Offer initial consult by phone? Yes
Regular Fee: $80.00
Accept Insurance? BCBS, Cigna, Aetna
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Bree Kalb, LCSW
301 W. Weaver St.
Carrboro, NC 27510

Phone: 932-6262 ext 16
Office Hours: M-Th (9-6)
Website: www.thewellnessalliance.com
Bus Lines: CW, F

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C001401

Client Populations
Adults, Geriatric

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Grief and Loss, Health

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $90
Offer initial consult by phone? Yes (10-15 min)
Regular Fee: $90.00
Accept Insurance? BCBS, Medcost, Medicare
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Rhonda Karg, Ph.D.
5836 Fayetteville Rd., Suite 104
Durham, NC 27713

Phone: 572-0000
Office Hours: M-Sat. (9-6)
Website: www.lepageassociates.com
Bus Lines: DATA and TTA 402, 403

Education: Ph.D., Auburn University

Certificate/Licensure #
Psychologist, # 3235

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Anxiety, Depression, Drug, Alcohol, Tobacco and Other Addictions, Children of Alcoholics, Co-Dependence, Lesbian, Gay, Bisexual, Transgender and Queer Issues

Support Groups: Yes: Couples Counseling, Women's Group, Social Skills for Teens, Substance Abuse

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $155
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? Out-of-network provider
Accept Medicaid? Yes
Offer a sliding fee scale? Sometimes, case-by- case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Linda Killian, LCSW, LCAS
241 St Mary's Rd.
Hillsborough, NC 27278

Phone: 732-3504
Office Hours: By appointment
Bus Lines: No

Education: MSW, Michigan State University

Certificate/Licensure #
LCSW, # C002075
LCAS, # 367

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Early Childhood, Anxiety, Depression

Support Groups: Yes: Becoming a Love and Logic Parents

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? Medicaid, Health Choice, BCBS, United, Cigna, Medcost
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $65
Lowest fee accepted w/out insurance: $65

Deborah Klinger, MA
1829 E. Franklin St., Suite 100-D
Chapel Hill, NC 27514

Phone: 990-1143
Office Hours: M-F
Website: www.pizzadreams.com/dk
Bus Lines: D, F

Education: MA, Phillips Graduate Institute

Certificate/Licensure #
LMFT, # 637
Certified Eating Disorders Specialist

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
Body Image, Eating Disorders, Children of Alcoholics, Co-Dependence, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Anorexia/Bulimia, Overeater/Obesity

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $105.00
Accept Insurance? BCBS, MHN, Duke Student Resources
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Solomon Kobes, LCSW
205 W. Main St., Suite 216
Carrboro, NC 27510

Phone: 338-2865
Office Hours: M-F
Website: www.SolomonLCSW.com
Bus Lines: CW, J

Education: MSW, Catholic University of America

Certificate/Licensure #
LCSW, # C004956

Client Populations
School-aged Children, Adolescents

Areas of Specialty
Anxiety, Depression, Self-Esteem, Attention and Learning Problems, Autism Spectrum

Support Groups: Yes: Social Skills

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $165
Offer initial consult by phone? No
Regular Fee: $165.00
Accept Insurance? BCBS
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Peter Kramer, MSW
126 W. King St.
Hillsborough, NC 27278

Phone: 452-8873
Office Hours: Evenings
Bus Lines: No

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C00116

Client Populations
Adolescents, Adults, Families, Couples

Areas of Specialty
General Psychological Issues, Depression, Self-Esteem, School Issues, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $80
Offer initial consult by phone? Yes
Regular Fee: $80.00
Accept Insurance? Call for insurance info.
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Katrina Kuzyszyn-Jones, MA, Psy.D.
5836 Fayetteville Rd., Suite 104
Durham, NC 27713

Phone: 572-0000
Office Hours: (M-Sat.); evenings
Website: www.lepageassociates.com
Bus Lines: DATA 7, TTA 402 & 403

Education: MA, American School of Professional Psychology

Certificate/Licensure #
Psychologist, # 102749

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Criminal Forensic Issues

Support Groups: Yes: DBT, Social Skills for Teenagers, Collaborative Parenting in Divorce, Support for Professionals

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $155
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? Out-of-network provider
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, case-by-case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Stephanie Anderson Ladd, LPC
117 Winsome Lane
Chapel Hill, NC 27516

Phone: 919- 883- 9093
Office Hours: M-Th, 10 - 8
Website: www.saladd.com
Bus Lines: Yes

Education: MA, Clinical Psychology, Antioch College

Certificate/Licensure #
NC LPC, #7380; NC MFTA, #6040A

Client Populations
Children, Adults, Couples, Adolescents, Families

Areas of Specialty
Depression, Self-Esteem, Relationship Issues, Family Therapy, Parent-Child Interaction

Support Groups: Yes

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? No
Regular Fee: $100/hr
Accept Insurance? MHN, UBH, Pacificare, Tricare, BCBS, Medicaid
Accept Medicaid? Yeis
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $35

Martha Lamb, LCSW
871 Washington St.
Durham, NC 27701

Phone: 819-4084
Office Hours: Evenings and weekends
Bus Lines: Yes

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW # C000226

Client Populations
Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Family Therapy, Health

Support Groups: Yes: Greener Lifestyles Support, Women's Support

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: $80.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Karen Landis, LCSW
245 Scmora Rd.
Roxboro, NC 27573

Phone: 336-330-0100
Office Hours: 11 a.m. to 5 p.m.
Bus Lines: No

Education: MSW, UNC-CH

Certificate/Licensure #
13 yrs, LCSW, # C002481

Client Populations
School-aged Children, Adolescents, Families

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Attention and Learning Problems, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? BCBS, Cigna, Medicaid, Health Choice
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Lauri Langham, LCSW
1502 W Hwy 54, Suite 603
Durham, NC 27707

Phone: 919- 419- 3110, ext. 113
Office Hours: T, W 9-8; Th 9-3
Bus Lines: TTA

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW #C000650

Client Populations
Adults, Couples, Adolescents, Families

Areas of Specialty
General Psychological Issues, Anxiety Disorders, Eating Disorders, Relationship Issues, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? n/a
Regular Fee: $95
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $60

Robert Laws, LCSW
100 Capitola Dr, Suite 108
Durham, NC 27713

Phone: 919- 484- 0702
Office Hours: M-F 8:30-5:30
Bus Lines: Yes

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW #C000145

Client Populations
Birth to 3 years, Children, Adults, Couples, Adolescents, Families

Areas of Specialty
General Psychological Issues, Early Childhood, Anxiety Disorders, Abuse, Sexuality, Homosexual and Transgender, Attention Problems, Career, Grief and Loss, Relationship Issues, Parent Child Interaction, Health Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $125
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $35

Audrey Layden, MS
200 W. Weaver St, #6
Carrboro, NC 27510

Phone: 942-7624
Office Hours: Flexible by appointment
Website: www.choice-counseling.com
Bus Lines: C, CW

Education: MS, UNC-CH

Certificate/Licensure #
CRC, # 47952
Cert. in Aging

Client Populations
Adults, Geriatric

Areas of Specialty
General Psychological Issues, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce, Spirituality, Aging

Support Groups: Yes: Aging Transitions

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $50
Offer initial consult by phone? Yes
Regular Fee: $75.00
Accept Insurance? Call for insurance info.
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $50

Irene Lazarus, Ph.D., LMFT
1829 E. Franklin St., Suite 100A
Chapel Hill, NC 27514

Phone: 990-2444
Office Hours: M-W (12-6:30), TH (9-6:30)
Website: www.irenelazarus.com
Bus Lines: Franklin St. Routes

Education: Ph.D., MFT, Institute of Transpersonal Psychology

Certificate/Licensure #
LMFT, # 807

Client Populations
Adults, Geriatric, Couples

Areas of Specialty
Depression, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce, Spirituality, Trauma Healing

Support Groups: Yes: Dreams, Journaling, Women

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $170
Offer initial consult by phone? No
Regular Fee: $130.00
Accept Insurance? BCBS, Tricare, others
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $130
Lowest fee accepted w/out insurance: $90

Tina Lepage, Psy. D.
5836 Fayetteville Rd., Suite 104
Durham, NC 27713

Phone: 572-0000
Office Hours: M-Sat. (9-6)
Website: www.lepageassociates.com
Bus Lines: DATA and TTA 402, 403

Education: Psy. D., American School of Professional Psychology

Certificate/Licensure #
Psychologist, # 2865

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-aged Children, Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Peer Relationships/Dating/Marital Relations/Divorce, Parent-Child Interaction

Support Groups: Yes: Couples Counseling, Parenting, Social Skills for Children & Teens, Substance Abuse

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $155
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? Out-of-network provider
Accept Medicaid? Yes
Offer a sliding fee scale? Sometimes, case-by-case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Stephanie Lerner, LPC
Turning Point Counseling
201 Providence Rd.
Chapel Hill, NC 27514

Phone: 403-1007
Office Hours: M, T-F (flexible)
Bus Lines: D

Education: MS, BS, Dominican University, Univ. of Chicago

Certificate/Licensure #
LPC, # 3831

Client Populations
School-aged Children, Adolescents, Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: Dutch

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? BCBS, Value Options, PHCS
Accept Medicaid? No
Offer a sliding fee scale? Negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Miriam Lieberman, LPC
1920 Western Trail
Chapel Hill, NC 27516

Phone: 304-5754
Office Hours: Th, F (9-6)
Website:
www.integralcounselingservices.com
Bus Lines: No

Education: MA, Goddard College

Certificate/Licensure #
LPC, # 3203

Client Populations
School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Sexuality

Support Groups: Yes: Parenting with Love and Logic; Women's Groups

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? BCBS, Cigna, Medcost, Aetna
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $65
Lowest fee accepted w/out insurance: $65

Kathy Likens, LCSW
3622 Lycken Parkway, Suite 4003
Durham, NC 27707

Phone: 490-8473 ext 2
Office Hours: M-Th (evenings available)
Bus Lines: Yes

Education: MSW, Fordham University

Certificate/Licensure #
LCSW, # C004201

Client Populations
School-aged Children, Adolescents, Adults, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Abuse, Sexual Abuse and Incest

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $140
Offer initial consult by phone? Yes (10 mins.)
Regular Fee: $140.00
Accept Insurance? BCBS, Duke EAP
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Lou Lipsitz, LCSW
111 Cloister Crt, Suite 100
Chapel Hill, NC 27514

Phone: 942-9574
Office Hours: MWF (11-5)
Website:
www.psychotherapyresources.com
Bus Lines: D

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW # C002067

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Life Transitions, Mens Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? BCBS, Medicase, many others
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Michael David Loven, Ph.D.
800 Eastowne Dr., Suite 201
Chapel Hill, NC 27514

Phone: 493-6329 ext 2
Office Hours: M-TH (10:30-8); F (10-3)
Bus Lines: Chapel Hill Transit Routes

Education: Ph.D., UNC-CH

Certificate/Licensure #
Psychologist, # 849

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Families

Areas of Specialty
General Psychological Issues, Anxiety, Adjustment Issues, Mood Disturbances, Dipolar Disorder

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $160
Offer initial consult by phone? Yes, brief
Regular Fee: Call for fee info.
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $90
Lowest fee accepted w/out insurance: $90

Claudia Lyons, LCSW
115 North Duke Street, Suite1-B
Durham, NC 27701

Phone: 286-3453 ext 110
Office Hours: 9 a.m. to 5:30 p.m.
Website: www.mainstreetclinical.com

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C001314

Client Populations
Adolescents, Adults, Geriatric, Couples

Areas of Specialty
General Psychological Issues, Depression, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Grief and Loss, Peer Relationships/
Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $140
Offer initial consult by phone? yes
Regular Fee: $120.00
Accept Insurance? All major insurers in this area
Accept Medicaid? No
Offer a sliding fee scale? Yes, based on insurance company mandate
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

John Mader, LMFT
1506 E. Franklin St., Suite 202
Chapel Hill, NC 27514

Phone: 968-0231
Office Hours: M, T, TH, F
Bus Lines: CL, F, M

Education: MA, John F. Kennedy University

Certificate/Licensure #
LMFT, # 470
AAMFT Supervisor

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Anxiety, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce, Family Therapy, Spirituality

Support Groups: Yes: DBT, Coed Group, DBT Family Skills, Couple Skills

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? No
Regular Fee: $105.00
Accept Insurance? BCBS, United, others
Accept Medicaid? No
Offer a sliding fee scale? Yes, call for rates
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Patrick Malone, M.D.
307 N. Columbia St.
Chapel Hill, NC 27516

Phone: 428-6388
Office Hours: M-Th (9-5)
Bus Lines: Most Chapel Hill and UNC Routes

Education: M.D., UNC-CH

Certificate/Licensure #
NC Medical, # 15972

Client Populations
Adolescents, Adults, Geriatrics, Couples, Families

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Drug, Alcohol, Tobacco and other Addictions, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: PTSD, Cancer, A&D

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $250
Offer initial consult by phone? No
Regular Fee: $160.00
Accept Insurance? Patient receives a HICF form
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Sally Maslansky, MFTA
104 Jones Ferry Road, Suite E
Carrboro, NC 27510

Phone: 919- 260- 9799
Office Hours: Flexible
Bus Lines: Yes, CPX

Education: MA, Antioch University

Certificate/Licensure #
LMFT# 6046A

Client Populations
Children, Adolescents, Adults, Geriatrics, Couples, Families

Areas of Specialty
General Psychological Issues, Abuse/Trauma, Relationships, Family Therapy, Parent-Child Interaction

Support Groups: Yes, Parenting Support Group

Foreign Languages Spoken: No.

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes.
Regular Fee: $90.00
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Elizabeth McElhinny Hayden, LCSW
1829 West Franklin St., Suite 900 B
Chapel Hill, NC 27514

Phone: 919-410-7189
Office Hours: Varies
Website: www.trianglelcsw.com
Email: beth@trianglelcsw.com
Bus Lines: D, CL

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW # C005471

Client Populations
Children (7+ yrs), Adolescents, Adults, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Eating Disorders, Abuse, Sexual Abuse and Incest, Grief and Loss

Support Groups: Yes: DBT, Positive Psychology, CBT for Depression and Anxiety

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $95
Offer initial consult by phone? No
Regular Fee: $95.00
Accept Insurance? BCBS, Medicaid, Medicare
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

John Mclain, LCSW
100 Capitola Dr, Suite 108
Durham, NC 27713

Phone: 919- 484- 0601
Office Hours: M-F 8:30-5:30
Bus Lines: DTA

Education: MSW UNC-CH

Certificate/Licensure #
LCSW #C000338

Client Populations
Birth to 3 years, Children, Adults, 3 to 5 years, Adolescents, Geriatrics, Families

Areas of Specialty
General Psychological Issues, Early Childhood, Abuse, Sexuality, Attention Problems, Career, Grief and Loss, Relationship Issues, Parent-Child Interaction, Health Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $125
Accept Insurance? MHN, UBH, BCBS, Cigna, Medicaid, Medicare, Magellan, Value Options, NC Health Choice
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $35

Amy McMann, LCSW
910 Broad Street
Durham, NC 27705

Phone: 257-9634
Office Hours: 9 a.m.-6:15 p.m.
Website: www.amymcmann.com
Bus Lines: Route 4, walking distance from Route 9

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C004182

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Geriatric, Families

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Acculturation, Issues Facing Latino and Other Immigrants

Support Groups: Yes, DBT skills group.

Foreign Languages Spoken: Fluent Spanish

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $90.00
Accept Insurance? BCBS, State Health Plan
Accept Medicaid? Yes
Offer a sliding fee scale? Yes, according to fee schedule
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $65

Sharon Meginnis, Ph.D.
137 E. Franklin St., Suite 30
Chapel Hill, NC 27514

Phone: 967-6170
Office Hours: M-F (8-5)
Bus Lines: Downtown Chapel Hill Routes

Education: Ph.D., UNC-CH

Certificate/Licensure #
Psychologist, # 824

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Depression, Abuse, Sexual Abuse and Incest, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken:
Conversational Spanish

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? No
Regular Fee: $140.00
Accept Insurance? State Health Plan, BCBS
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Maria Michalski, LCAS
909 Broad Street
Durham, NC 27705

Phone: 919- 416-4800, ext. 4
Office Hours: M,T,W,F 10-5
Bus Lines: No

Education: MS, Villanova University

Certificate/Licensure #
LCAS #762

Client Populations
Adults, Couples, Adolescents, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Substance Abuse, Children of Alcoholics

Support Groups: Yes

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? Yes
Regular Fee: $75 individual, $90 Family
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60 individual $75 Family
Lowest fee accepted w/out insurance: $60 individual $75 Family

Denise Mitchell, LCSW
212 W. Main St.
Carrboro, NC 27510

Phone: 960-7711
Office Hours: M-F (9-6)
Bus Lines: Carrboro Routes

Education: MSW, Fordham University

Certificate/Licensure #
LCSW, # C003889

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-aged Children, Adolescents, Adults, Families

Areas of Specialty
Major Mental Illness, Early Childhood, Anxiety, Trauma Resolution, Family Therapy, Parent-Child Interaction, Acceptance and Commitment Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: $95.00
Accept Insurance? BCBS, NC Health Choice, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $60

Sarah Moore, LCSW
301 N. Mebane Street
Mebane, NC 27302

Phone: 919- 451- 0036
Office Hours: By appointment
Bus Lines: No

Education: BA, MSW; DePaul Unv., UNC-CH

Certificate/Licensure #
LCSW #C004996

Client Populations
Adults, Couples, Adolescents, Geriatric

Areas of Specialty
General Psychological Issues, Depression, Grief and Loss, Relationship Issues, Health,

Support Groups: Yes

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? Yes
Regular Fee: $75
Accept Insurance? BCBS, UBH, Cigna, Aetna, Humana, Medicare, Medicaid
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $30

Judith Tashner Morse, LCSW
1829 E. Franklin St., Suite 100 H
Chapel Hill, NC 27514

Phone: 968-3224
Office Hours: By appointment
Bus Lines: BCX, CL

Education: MSW, Virginia Commonwealth University

Certificate/Licensure #
LCSW, # C000358

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Depression, Self-Esteem, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Peer Relationships/
Dating/Marital Relations/Divorce

Support Groups: Yes: Variable

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? No
Regular Fee: $100.00
Accept Insurance? Most
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $0
Lowest fee accepted w/out insurance: $0

National Alliance on Mental Illness
of Orange County
P.O. Box 4201
Chapel Hill, NC 27514

Phone: 929-7822
Website: www.namiorange.org

Support Groups: Yes: Family to Family

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? Call for insurance info.
Accept Medicaid? Call for insurance info.
Offer a sliding fee scale? n/a
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

OASIS
(Outreach and Support Intervention Services)
UNC Department of Psychiatry
Carr Mill Mall, 200 N. Greensboro St., Ste C-6
Carrboro, NC 27510

Phone: 929-2311
Office Hours: M-F (8:30-5, some evenings)
Website: http://www.unccmh.org
Bus Lines: UNC Campus Routes

Education: MSW, PhD, MD, Various

Client Populations
Adolescents, Adults

Areas of Specialty
Major Mental Illness, Family Therapy, Psychosis

Support Groups: Yes: Multiple Family Groups, Psychoeducational Groups, Therapy Groups

Foreign Languages Spoken: Arabic, French, Spanish, Greek

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? yes
Regular Fee: n/a
Accept Insurance? Most
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Orange County Rape Crisis Center
1506 E.Franklin St., Ste. 302
Chapel Hill, NC 27514
and
109 B Millstone Dr., Hillsborough, NC 27278

Phone:
Chapel Hill: 968-4647
Hillsborough: 643-0722
Crisis line: 1-866-WE LISTEN or 919-967-7273
Office Hours: M-F (9-5) and 24 hour crisis line
Website: www.ocrcc.org
Bus Lines: NS, G

Client Populations
Adults

Areas of Specialty
Abuse, Sexual Abuse and Incest

Support Groups: Yes: Primary and Secondary Survivors of Sexual Violence, Groups for Men, Survivors of Childhood Sexual Abuse, Survivors of Rape and Sexual Assault

Foreign Languages Spoken: Spanish speaking volunteers work on the crisis lines

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? No
Regular Fee: Free
Accept Insurance? n/a
Accept Medicaid? n/a
Offer a sliding fee scale? n/a
Lowest fee accepted w/insurance: $0
Lowest fee accepted w/out insurance: $0

Susan Orenstein, Ph.D.
180 Providence Rd., Suite 9
Chapel Hill, NC 27514

Phone: 428-2766
Office Hours: M-Th (9-6)
Website: www.orensteinsolutions.com
Bus Lines: East Towne

Education: Ph.D., Temple University

Certificate/Licensure #
Psychologist, # 2603

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Peer Relationships/
DatingMarital Relations/Divorce

Support Groups: Yes: Couples Counseling

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes (brief 10 min.)
Regular Fee: Call for fee info.
Accept Insurance? Out-of-network provider
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Steevie Jane Parks, Ph.D.
304 Springvalley Rd.
Carrboro, NC 27510

Phone: 918-1014
Office Hours: M-F (9-8)
Website: www.drsteeviejaneparks.com
Bus Lines: F line

Education: Ph.D., University of Maine

Certificate/Licensure #
Psychologist, # 2223

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Self-Esteem, Attention and Learning Problems, Peer Relationships/ Dating/Marital Relations/Divorce, Family Therapy

Support Groups: Yes: Divorce and Separation, Social Skills for Adolescents/Young Adults

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $250
Offer initial consult by phone? Yes
Regular Fee: Call for fee info.
Accept Insurance? BCBS, Medcost
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $75
Lowest fee accepted w/out insurance: $50

Catrenia Parks-Hodges
6208 Fayetteville Road, Suite 106
Durham, NC 27713

Phone: 919-317-1449, ext. 203
Office Hours: 9:00-5:00 (evening upon request)
Bus Lines: yes

Education: BA NCCU; MSW UNC-CH

Certificate/Licensure #
LCSW # C001528

Client Populations
Adults, Geriatric

Areas of Specialty
General Psychological Issues, Anxiety Disorders, Depression, Self-Esteem, Grief and Loss, Relationship Issues, Health, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? No
Regular Fee: $110
Accept Insurance? Yes BCBS, Cigna, Megellon, UBH, Medicaid, United HealthCare, Aetna
Accept Medicaid? Yes
Offer a sliding fee scale? No, negotiate Pro Bono charges
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $50

Sara Peach, LCSW
400 Crutchfield Street, Suite C
Durham, NC 27704

Phone: 919-471-6501 ext. 8
Office Hours: M, W 10-7; Th 1-6
Bus Lines: yes (goes by Regional Hosp)

Education: MSW UNC-CH

Certificate/Licensure #
LCSW, #C000578

Client Populations
Adults

Areas of Specialty
Self-Esteem, Eating Disorders (Obesity/Overeating), Children of Alcoholics, Grief and Loss, Other (Weight Loss, Coaching and Counseling by Telephone)

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? Yes
Regular Fee: $100
Accept Insurance? BCBS, Aetna, Cigna, Magellon, MHN, Value Option, United, Medcost
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $50

Betsy Pedersen, Ph.D., MSW
104 S. Estes Dr., Suite 206
Chapel Hill, NC 27514

Phone: 966-4671
Office Hours: TH (12-5); F(9-5)
Bus Lines: BCX, CL, D, F

Education: Ph.D., MSW; NCSU, Univ. of Georgia

Certificate/Licensure #
Psychologist
LCSW

Client Populations
Adults, Geriatric

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Health

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $165
Offer initial consult by phone? Yes
Regular Fee: $145.00
Accept Insurance? BCBS, Cigna, Medicare
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Johnna Pilipchuk, MA
1502 NC Hwy 54 West, Suite 505
Durham, NC 27707

Phone: 270-1991
Office Hours: M-Th (9-7)
Bus Lines: TTA Durham

Education: MA, Goddard College

Certificate/Licensure #
NC Psychology Board, # 1967

Client Populations
Adults, Adolescents, Geriatric

Areas of Specialty
General Psychological Issues, Major Mental Illness, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Grief and Loss, DBT

Support Groups: Yes: DBT for Adolescents

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? BCBS, State Health Plan, Medicaid, NC Health Choice
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $0
Lowest fee accepted w/out insurance: $63

Lizzette Potthoff, LCSW
610 Jones Ferry Rd., Suite 208
Carrboro, NC 27510

Phone: 338-2918
Office Hours: T,W,Th (10-2, some evening)
Bus Lines: J

Education: MSW, Oberlin College

Certificate/Licensure #
LCSW, # C003953
LCAS, # 772

Client Populations
Adolescents (15+ yrs), Adults, Geriatric

Areas of Specialty
Anxiety, Depression, Drug, Alcohol, Tobacco and Other Addictions, Grief and Loss, PTSD and Trauma

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? yes
Regular Fee: Call for fee info.
Accept Insurance? BCBS, UBH, UHC, Magellan, Mediacre, Medicaid, Cigna
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Andrew Preston, PhD
Chapel Hill Pediatric Psychology
205 Sage Road, Suite 201
Chapel Hill, NC 27514

Phone: 919-942-4166
Office Hours: M-F, 8-5
Bus Lines: Yes
Website: www.chppnc.com

Education: PhD, University of Florida

Certificate/Licensure #
NC Psychologist #3797

Client Populations
Children, Adolescents, Young Adults

Areas of Specialty
Attention/ Learning Problems, Neuropsychological Evaluations

Support Groups: Yes, Brief problem-focused therapy group

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $185
Offer initial consult by phone? yes
Regular Fee: $185
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

David Rademacher, MA
7 Branch St., Chapel Hill, NC 27516
and
35 Thompson St., Ste. 205, Pittsboro, NC

Phone: 542-1726
Office Hours: M-F (9-5)
Website: www.davidrademacher.com
Bus Lines: HS, NU, A, G,

Education: MA, California Institute of Integral Studies

Certificate/Licensure #
LPA, # 1642
NCLPC, # 4368

Client Populations
School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Victims of Domestic Violence, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $140
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS, Health Choice, Medicaid, State health plan, out-of-network
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $70
Lowest fee accepted w/out insurance: $50

H. Cooke Read, MSW, M. Div.
1622 E. NC Hwy 54
Durham, NC 27713

Phone: 429-7461
Office Hours: M,T,TH (3-8); W, F(9-3)
Bus Lines: Yes

Education: MSW, M. Div., Catholic University of America

Certificate/Licensure #
LCSW, # C004533
Certified Group Psychotherapist

Client Populations
Adults, Couples

Areas of Specialty
General Psychological Issues, Self-Esteem, Peer Relationships/Dating/Marital Relations/Divorce, Spirituality

Support Groups: Yes: Relationships, Intimacy, Self Image

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $115
Offer initial consult by phone? No
Regular Fee: $105.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Margaret Rhee, LCSW
102 Ashe St.
Carrboro, NC 27510

Phone: 824-3610
Office Hours: M,T,F
Website: www.margaretrhee.com
Bus Lines: CW

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C004535

Client Populations
Adolescents, Adults, Geriatric

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Self-Esteem, Body Image

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $20
Lowest fee accepted w/out insurance: $50

Clive Robins, Ph.D.
Department of Psychiatry
Room 215, Civitan Building
Duke University Medical Center
Durham, NC 27710

Phone: 684-4464
Office Hours: M-Th (9-7); F (9-5)

Education: Ph.D., State Univ. of NY at Stony Brook

Certificate/Licensure #
Psychologist, # 1421

Client Populations
Adults, Geriatric

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Borderline Personality Disorder

Support Groups: Yes: DBT

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $290
Offer initial consult by phone? No
Regular Fee: $190 Ind., $70 group
Accept Insurance? Most
Accept Medicaid? Yes (adults only)
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Melanie Roskin, LCSW
150 Providence Rd., Suite 201
Chapel Hill, NC 27514

Phone: 403-3888
Office Hours: M-F (8:30-7)
Bus Lines: D

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # NC000239

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Depression, Self-Esteem, Eating Disorders, Abuse, Sexual Abuse and Incest

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? Medicare, BCBS, MHN, UBH
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $60

Carol Ross, MA
318 W. University Dr.
Chapel Hill, NC 27516
(Home visits on housebound elderly in Chapel Hill)

Phone: 929-9684
Office Hours: By appointment
Bus Lines: Chapel Hill Transit, Pittsboro St.

Education: MA, St. Joseph College

Certificate/Licensure #
RN, # 215365 APRN
Clinical Nurse Specialist

Client Populations
Adults, Geriatric, Couples

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Grief and Loss

Support Groups: Yes: Sexual Abuse, Assertiveness

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? Yes, patient submits claim
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $50
Lowest fee accepted w/out insurance: $50

Norma F. Safransky, MD
130 Circadian Way
Chapel Hill, NC 27516

Phone: 968-8422
Office Hours: M-Th (8-6)
Bus Lines: F

Education: MD, UNC-CH

Certificate/Licensure #
MD, # NC39324

Client Populations
Adults, Couples

Areas of Specialty
Genral Psychological Issues, Major Mental Illness, Anxiety, Depression, Grief and Loss

Support Groups: Yes: Anxiety, Depression

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $250
Offer initial consult by phone? No
Regular Fee: $160 and $110 medication management
Accept Insurance? Out-of-network provider
Accept Medicaid? No
Offer a sliding fee scale? For groups
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Joan Seiffert, MSW
1603 West Cornwallis Rd.
Durham, NC 27705

Phone: 403-8616
Office Hours: By appointment
Education: MSW, University of South Carolina

Certificate/Licensure #
LCSW, # 619
Certified Group Psychotherapist

Client Populations
Adults, Couples, Families

Areas of Specialty
General Psychological Issues, Major Mental Illness, Anxiety, Depression, Self-Esteem

Support Groups: Yes

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? Call for insurance info.
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Barry Selman, LCSW
1709 Legion Rd., Suite 112
Chapel Hill, NC 27517

Phone: 824-8880
Office Hours: 8 am-6 pm
Website: www.barrykselman.com

Education: MSW, Columbia University

Certificate/Licensure #
LCSW, # C003487

Client Populations
Adolescents, Adults, Couples, Families

Areas of Specialty
Depression, Self-Esteem, Drug, Alcohol, Tobacco and Other Addictions, Children of Alcoholics, Co-Dependence, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Addiction, Divorce

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $125
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? Yes, depends on income
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Peter J. Smith, Ed. D.
976 Martin Luther King Jr. Blvd., Suite 100
Chapel Hill, NC 27514

Phone: 933-6500
Office Hours: M-Th (10-9); F (10-6)
Website: www.DrPeterJSmith.com
Bus Lines: A, G, NS, T

Education: Ed. D., University of Mass.

Certificate/Licensure #
Psychologist, # 2105

Client Populations
Children (9+ yrs) , Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Major Mental Illness, Anxiety, Depression, School Issues, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $180
Offer initial consult by phone? Yes
Regular Fee: $125.00
Accept Insurance? BCBS, MHN, Medcost, United, Cigna
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Ilene Sperling, LPC
762 Ninth St., #631
Durham, NC 27705

Phone: 225-5124
Office Hours: M-F, Saturday mornings
Website: www.ncati.org

Education: MA, Lesley

Certificate/Licensure #
LPC, # 4105
ATR

Client Populations
Children 3-5 yrs, School-aged Children, Adults, Families

Areas of Specialty
General Psychological Issues, Self-Esteem, Victims of Domestic Violence, Play Therapy, Art Therapy

Support Groups: Art Therapy Supervision

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $110
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? UBH, Cigna, Magellan, BCBS
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $60
Lowest fee accepted w/out insurance: $60

Clare Stadlen, LCSW
1829 E. Franklin St., Suite 100-H
Chapel Hill, NC 27514

Phone: 602-6766
Office Hours: M-Th, some evening hours
Website: http://cas.typepad.com
Bus Lines: D

Education: MSW, Columbia University

Certificate/Licensure #
LCSW, # C0003990

Client Populations
Adolescents, Adults, Geriatric

Areas of Specialty
Anxiety, Depression, Body Image, Eating Disorders, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: Overeaters (non-diet approach), Eating Disorders

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $175
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? All (as an out of network provider)
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes, case-by-case basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Donna Stanley, LCSW
1829 E. Franklin Street, Suite 900B
Chapel Hill, NC 27514

Phone: 919- 990- 1011
Office Hours: M-Th 8-6 or 7
Bus Lines: D, CL

Education: MSW UNC-G, NC A&T

Certificate/Licensure #
LCSW# C004443

Client Populations
Children, Adults, Adolescents

Areas of Specialty
General Psychological Issues, Anxiety Disorders, Depression, Abuse, Spirituality (Christian specifically)

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? No
Regular Fee: $100
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $50
Lowest fee accepted w/out insurance: $50

STEP Clinic
(Schizophrenia Treatment and Evaluation Program)
UNC Department of Psychiatry, CB 7160
1st Floor Neurosciences Hospital
UNC Department of Psychiatry
Chapel Hill, NC 27599

Phone: 966-8033
Office Hours: M-F (8:30-5, some evening)
Website: www.unccmh.org
Bus Lines: UNC Campus Routes

Education: MD, MSW, PhD

Client Populations
Adults, Families

Areas of Specialty
Major Mental Illness, Family Therapy

Support Groups: Yes: Family Psychoeducation (multiple family group therapy)

Foreign Languages Spoken:

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? Yes
Regular Fee: n/a
Accept Insurance? Most
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: $0
Lowest fee accepted w/out insurance: n/a

STEP Community Mental Health Clinic
UNC Department of Psychiatry
Carr Mill Mall, 200 N. Greensboro St., Ste C-6
Carrboro, NC 27510

Phone: 942-7363
Office Hours: M-F (8:30-5, some evenings)
Website: www.unccmh.org
Bus Lines: UNC Campus Routes

Education: MSW, MD, PhD

Client Populations
Adults, Families

Areas of Specialty
Major Mental Illness, Family Therapy

Support Groups: Yes: Family Psychoeducation (multiple family group therapy), Supportive Therapy Groups, Cognitive Behavioral Therapy Groups

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: n/a
Accept Insurance? Most
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: $0
Lowest fee accepted w/out insurance: n/a

Carolyn Stevenson, LCSW, MDiv
762 Ninth St.
Durham, NC 27705

Phone: 699-4933
Office Hours: 8:30 a.m.-8- p.m.
Website: www.carolynstevenson.com
Bus Lines: Route 11

Education: MSW, Smith College

Certificate/Licensure #
LCSW, # C005997

Client Populations
Adolescents, Adults, Geriatric, Couples

Areas of Specialty
General Psychological Issues, Depression, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Peer Relationships/Dating/Marital Relations/Divorce, Spirituality,

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $75
Offer initial consult by phone? No
Regular Fee: $130.00
Accept Insurance? None
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $75
Lowest fee accepted w/out insurance: $75

David Stewart, Ph.D. and Karen Stewart, MA
811 Ninth St., Suite 220
Durham, NC 27705

Phone: 286-5051
Office Hours: Varies by appointment
Website:
http://www.stewartpsychologists.com/
Bus Lines: 9th St. Club Blvd

Education: Ph.D., Univ. of Tennessee; MA, Trinity University

Certificate/Licensure #
Psychologist, # 1043
Psychologist Associate, # 1049

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Grief and Loss, Self Esteem, Children of Alcoholics, Co-Dependence, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? BCBS, Cigna, Others
Accept Medicaid? Yes
Offer a sliding fee scale? Depends.
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Lili Sznaidman, LPC
910 Broad Street
Durham, NC 27705

Phone: 919- 403- 8571
Office Hours: Tues-Thurs by Appointment
Bus Lines: 9th Street

Education: MS & EdS, UNC-G

Certificate/Licensure #
LPC, ACS #3407

Client Populations
Adults, Couples, Adolescents (16 & up), Families (Adolescents 16 & up)

Areas of Specialty
Depression, Self-Esteem, Grief and Loss, Relationship Issues, Spirituality, Other (Bicultural Concerns)

Support Groups: No

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes
Regular Fee: $90 (Individual) $100 (Couples or Families)
Accept Insurance? Aetna, BSNSNC, MHN, UBH, some EAP programs
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: client's circumstances, discussed at the time of making the first appointment

Joyce Tennison, LPC
212 West Main Street
Carrboro, NC 27510

Phone: 919- 887- 2115
Office Hours: M 8-7
Bus Lines: CW & J

Education: MS Community Counseling; EdS Marriage and Family Counseling, Med Special Ed UNC-G, Boston Univ., California State, LA

Certificate/Licensure #
LPC, NC #4156

Client Populations
Adults, Couples, Other (Adoptive Families)

Areas of Specialty
General Psychological Issues, Severe and Persistent Mental Illness, Depression, Anxiety Disorders, Abuse, Domestic Violence, Homosexual and Transgender, Grief and Loss, Relationship Issues, Health Issues, Spirituality, Other (Adoption, Confidential Intermediary for birth family reunion)

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $80
Offer initial consult by phone? Yes
Regular Fee: $60
Accept Insurance? Yes
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $25
Lowest fee accepted w/out insurance: $25

Merideth Tomlinson, PhD
104 South Estes Drive, Suite 206
Chapel Hill, NC 27514

Phone: 919- 967- 7242
Office Hours: T, Th 8-12
Bus Lines: F, D, C

Education: MS & PhD; Univ of Central Arkansas, Univ of MD

Certificate/Licensure #
LP #3347

Client Populations
Adults, Couples, Geriatric, Families

Areas of Specialty
General Psychological Issues, Abuse, Homosexual & Transgender, Grief and Loss, Spirituality

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes 15 min no charge
Regular Fee: $100
Accept Insurance? No
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $40

Therapeutic Alternatives
4270 Heath Dairy Rd.
Randleman, NC 27317
(Offices in Pittsboro and Siler City)

Phone: 336-495-2700
Office Hours: M-F (8-5)
Website: www.mytahome.com

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Geriatric, Families

Areas of Specialty
Major Mental Illness, Anxiety, Depression, Abuse, Sexual Abuse and Incest, Career and Vocational, School Issues, Grief and Loss

Support Groups: Yes: Substance Abuse

Foreign Languages Spoken: Spanish

Fee Structure
Initial Consultation Fee: n/a
Offer initial consult by phone? No
Regular Fee: Call for fee info.
Accept Insurance? Medicaid, IPRS, some Medicare and private insurance plans
Accept Medicaid? Yes
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Janice Trusky, MSW
180 Providence Rd., #4
Chapel Hill, NC 27514

Phone: 260-8613
Office Hours: T, TH (8-8)
Bus Lines: Yes

Education: MSW, Virginia Commonwealth University

Certificate/Licensure #
LCSW, # C003463

Client Populations
School-aged Children, Adolescents, Families

Areas of Specialty
Depression, Self-Esteem, Abuse, Sexual Abuse and Incest, School Issues, Parent-Child Interaction

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes
Regular Fee: $100.00
Accept Insurance? BCBS, Cigna, Medicaid, Health Choice
Accept Medicaid? Yes
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Janet Urman, LCSW
137 E. Franklin Street, Suite 30
Chapel Hill, NC 27514

Phone: 919- 967- 6170
Office Hours: T-F 8-4, Mon as needed
Bus Lines: Yes

Education: MSW Boston College

Certificate/Licensure #
LCSW # C000072

Client Populations
Adults, Adolescents

Areas of Specialty
General Psychological Issues, Depression, Anxiety Disorders, Abuse, Grief and Loss, Relationship Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $120
Offer initial consult by phone? Yes (Prefer Face to Face)
Regular Fee: $120
Accept Insurance? BCBS, ComPsych, Medicare, United Health
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Jeanne Van Gemert, LPC, LMBT
Duke Integrative Medicine
3475 Erwin Rd
Durham, NC 27705

Phone: 684-9857
Office Hours: M-TH (7-5)
Website: www.dukeintegrativemedicine.org
Bus Lines: Erwin Rd.

Education: MA, Lesley University

Certificate/Licensure #
LPC, # 2898

Client Populations
Adults

Areas of Specialty
Anxiety, Depression, Self-Esteem, Peer Relationships/Dating/Marital Relations/Divorce, Health

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $175
Offer initial consult by phone? No
Regular Fee: $115.00
Accept Insurance? No, but will give Superbill
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Shannon Van Wey, PhD
Main St. Clinical Associates
115 N. Duke St.
Durham, NC 27701

Phone: 286-3453 ext 108
Office Hours: M-F (10-7, varies)
Website: www.mainstreetclinical.com
Bus Lines: Yes

Education: PhD, UNC-CH

Certificate/Licensure #
Clinical Psychologist, # 808

Client Populations
Adults, Geriatric, Couples

Areas of Specialty
Major Mental Illness, Depression, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Grief and Loss, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $145
Offer initial consult by phone? Yes
Regular Fee: $120.00
Accept Insurance? Most insurers in Triangle area
Accept Medicaid? No
Offer a sliding fee scale? Negotiated on individual basis
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Sandra Vander Linde, MS, LMFT
1502 NC Hwy 54 West, Suite 505
Durham, NC 27707

Phone: 641-1211
Office Hours: M, W (11-7); T,TH (9-5)
Website: www.sandravanderlinde.com
Bus Lines: DATA & TTA

Education: MS, Fuller Theological Seminary

Certificate/Licensure #
LMFT, # 763

Client Populations
Adults, Couples

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Children of Alcoholics, Co-Dependence, Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $135
Offer initial consult by phone? Yes
Regular Fee: $110 (Individual); $120 (Couples)
Accept Insurance? BCBS, State Health Plan, Medicaid
Accept Medicaid? Yes (DBT therapy only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: $60

Melany Coopmans Vizithom, MA
200 W. Weaver St, #2
Carrboro, NC 27510

Phone: 636-0984
Office Hours: M,T, TH (8-4)
Bus Lines: CW, J

Education: MA, Univ. of Chicago

Certificate/Licensure #
LCSW, # C004091

Client Populations
Adults, Couples

Areas of Specialty
Peer Relationships/Dating/Marital Relations/Divorce

Support Groups: Yes: DBT Single Module

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $95.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Sibyl Wagner, LCSW
1829 E. Franklin St., Suite 1200 D
Chapel Hill, NC 27514

Phone: 967-9733
Office Hours: 9 a.m. - 6 p.m.
Bus Lines: CL,D,DM

Education: MSW, University of Penn.

Certificate/Licensure #
LCSW, # C000628

Client Populations
Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Major Mental Illness, Eating Disorders, Lesbian, Gay, Bisexual, Transgender and Queer Issues, Grief and Loss, Peer Relationships/Dating/
Marital Relations/Divorce

Support Groups: No

Foreign Languages Spoken:
Conversational French

Fee Structure
Initial Consultation Fee: $115
Offer initial consult by phone? Yes
Regular Fee: $115.00
Accept Insurance? BCBS
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $70
Lowest fee accepted w/out insurance: $50

Ann Waldon, LCSW
212 West Main St.
Carrboro, NC 27510

Phone: 932-3908
Office Hours: M,Th (8-6:30); T(10:30-6:30);W (8-2)
Website: www.annwaldon.com
Bus Lines: J

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C000180

Client Populations
Birth to 3 yrs, Children 3-5 yrs, School-aged children, Adults

Areas of Specialty
Anxiety, Depression, Abuse, Sexual Abuse and Incest, Grief and Loss, PTSD

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $100
Offer initial consult by phone? Yes, brief
Regular Fee: $100.00
Accept Insurance? BCBS, Value Options
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: $70
Lowest fee accepted w/out insurance: $70

Chaille Anne Walsh, PhD
115 N. Duke Street, Suite 1-B
Durham, NC 27701

Phone: 9286-3453, ext. 102
Office Hours: M-F 8am – 8pm
Website: www.mainstreetclinical.com
Bus Lines: City Bus and Duke Univ Bus lines

Education: PhD, Marquette University

Certificate/Licensure #
Psychologist, # 3309

Client Populations
Children, Adolescents, Adults, Geriatrics, Couples, Familes, Groups

Areas of Specialty
General Psychological Issues, Anxiety, Depression, Abuse/Trauma, Eating Disorders/Body Image, Substance Abuse, LBGTQ Issues, Attention/Learning Issues, Career Issues, Grief and Loss, Relationships, Parent Child Interaction, Health, Spirituality

Support Groups: Yes

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $145
Offer initial consult by phone? No
Regular Fee: $120.00
Accept Insurance? Yes
Accept Medicaid? No
Offer a sliding fee scale? Yes
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Peggy Williams, LCSW
Mebane Counseling Center
310 North Second St.
Mebane, NC 27302

Phone: 304-1199
Office Hours: W, TH (9-6)
Website: mebanecounseling.com
Bus Lines: No

Education: MSW, East Carolina University

Certificate/Licensure #
LCSW, # C004132

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults

Areas of Specialty
General Psychological Issues, Anxiety, Self-Esteem, Attention and Learning Problems, School Issues

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $150
Offer initial consult by phone? Yes
Regular Fee: $90.00
Accept Insurance? Medicaid, NCHC, BCBS, out-of-network
Accept Medicaid? Yes
Offer a sliding fee scale? No, but will consider
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Jay C. Williams, LCSW, Ph.D.
1829 E. Franklin St., 900A
Chapel Hill, NC 27514

Phone: 942-8716
Office Hours: T-TH (8-8); F (8-5)
Bus Lines: D and Eastgate Shopping Cntr stops

Education: MSW, Ph.D., Smith College

Certificate/Licensure #
LCSW, # C000073
Board Certified Diplomate in Clinical Social Work

Client Populations
School-aged Children, Adolescents, Adults, Geriatric, Couples, Families

Areas of Specialty
Anxiety, Depression, Attention and Learning Problems, Peer Relationships/Dating/Marital Relations/Divorce, Family Therapy

Support Groups: No

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $0
Offer initial consult by phone? Yes
Regular Fee: $110.00
Accept Insurance? BCBS, Cigna, Aetna, Magellan, MHN, ComPsych, United
Accept Medicaid? No
Offer a sliding fee scale? Yes, mid-day appts only
Lowest fee accepted w/insurance: $55
Lowest fee accepted w/out insurance: $55

Reid Wilson, Ph.D.
3011 Jones Ferry Rd.
Chapel Hill, NC 27516

Phone: 942-0700
Office Hours: 9 am-7 pm
Website: www.anxieties.com
Bus Lines: No

Education: Ph.D., Fielding University

Certificate/Licensure #
Psychologist, # 1044

Client Populations
Children (7+ yrs), Adolescents, Adults, Geriatric

Areas of Specialty
Anxiety

Support Groups: Yes: Panic Disorder, Social Anxiety, OCD

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $130
Offer initial consult by phone? No
Regular Fee: $130.00
Accept Insurance? Many
Accept Medicaid? No
Offer a sliding fee scale? No
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

Geoffrey Zeger, MSW
Main St. Clinical Associates, PA
115 N. Duke Street, Suite 1-B
Durham, NC 27701

Phone: 286-3453 ext 113
Office Hours: M-F, Some Saturdays
Website: www.mainstreetclinical.com
Bus Lines: Yes

Education: MSW, UNC-CH

Certificate/Licensure #
LCSW, # C000854

Client Populations
Children 3-5 yrs, School-aged Children, Adolescents, Adults, Couples, Families

Areas of Specialty
Anxiety, Depression, Drug, Alcohol, Tobacco and Other Addictions, Attention and Learning Problems, Violence

Support Groups: Yes: DBT

Foreign Languages Spoken: No

Fee Structure
Initial Consultation Fee: $145
Offer initial consult by phone? Yes
Regular Fee: $120 for 90806
Accept Insurance? Cigna, Aetna, BCBS, Magellan, UBH
Accept Medicaid? Yes (children only)
Offer a sliding fee scale? Yes, negotiable
Lowest fee accepted w/insurance: n/a
Lowest fee accepted w/out insurance: n/a

APPENDIX A: LIST OF PROVIDER'S DEGREES, LICENSES AND CREDETIALS

CRC	Certified Rehabilitation Counselor
LCSW	Licensed Clinical Social Worker
LPA	Licensed Psychological Associate
LPC	Licensed Professional Counselor *or* Licensed Pastoral Counselor
RN	Registered Nurse
MA	Master of Arts
M.Ed.	Master of Education
MFT/LMFT	Licensed Marriage and Family Therapist
MD	Doctor of Medicine
MPH	Master of Public Health
MS	Master of Science
MSW	Master of Science in Social Work
Ph.D.	Doctor of Philosophy
Psy. D.	Doctor of Psychology
Psychologist	Licensed Psychologist

APPENDIX B: INFORMATION TO CONSIDER WHEN CHOOSING A PROVIDER

The client-provider relationship is a key ingredient of successful treatment. Here are some of the topics you may wish to consider when selecting a mental health provider.

Credentials: academic qualifications and licensure of the provider. See page 67 for a guide to common credentials in North Carolina.

Experience: the length of time the person has been in practice, types of client served (for example, children, adolescents, etc.), and areas of specialty (for example, major illness, divorce, eating disorders, etc.).

Treatment Procedures: the length and frequency of sessions, medication information, emergency arrangements, expected duration of treatment.
Note: If after a reasonable length of time, you feel that a rapport has not been established between you and your therapist, you may consider changing practitioners.

Office Procedures: office hours, notification of cancellation of appointments, "after hours" availability.

Financial Arrangements: fees, insurance coverage, special payment considerations.

Below are potential questions to ask yourself when seeking help:

Am I interested in individual, group, couples or family services? Short or long-term services? Do I want my therapist to have expertise in a particular subject or modality, or working with a particular population? Do I want my therapist to be a particular gender? Why am I seeking treatment? What are my goals for treatment? How much time do I want to invest in this process? When?

Below are potential questions to ask a provider when seeking help:

What type of training have you received? How long have you been in practice? What type of license, certification(s) or credential(s) do you hold? Do you have a specialty? How would we work together? How long will it take? What are your policies around payment, insurance and other financial arrangements? Do you accept my private insurance, Medicare or Medicaid? Are appointments available during times that fit my schedule?

APPENDIX C: A USER'S GUIDE TO THIS DIRECTORY FROM SOMEONE WHO NEEDED IT

If you are looking for someone to talk to about your problems and work on making them better, it might seem like you couldn't swing a cat without hitting a "therapist." (Swinging a cat is NOT recommended for long-term mental health for you or the cat.")

Finding the "right" therapist can be complicated. Right off you'll find that only psychiatrists can prescribe drugs, which have taken more and more of a starring role in treating mental illness. This type of treatment primarily focuses on the physical and chemical natures of the problem. The other types of professionals in mental health treatment and therapy are usually not as focused on the medicine (and often consult with a psychiatrist for that aspect). They usually concentrate more on the mind, thoughts, and feelings than the brain and chemistry. This is a simplified sketch of the overall pattern, and there are great differences between many and all of them.

One of the most important things to find out about a therapist is whether or not you can "work" with him or her. The interaction between personalities is VERY critical in therapy. Personal "philosophies" are also important. If you are an atheist and your prospective therapist wants to do faith healing that might be ground for concern. That's just one example. The important thing is that to do the work of "therapy" you have to have some sort of rapport with your therapist, as two-way communication is essential. And, remember, you don't have to impress your therapist or entertain your therapist. That's not the purpose of therapy.

Some of the details to remember: Figure out what financial resources you have: insurance, Medicaid/Medicare, part of an employment package. Knowing this before an appointment is invaluable. Some therapists have a sliding scale to make payments easier. In some cases, the public mental health system is the only or best option.

At any rate the general rule can be to reduce or remove barriers that keep you and your therapist from working together on your problems. Hopefully, this Directory will help get things underway.

Stephen E. Haebig

APPENDIX D: YOUR RIGHTS AS A PERSON RECEIVING MENTAL HEALTH SERVICES

- To participate in developing an individual plan of treatment.
- To receive an explanation of services in accordance with the treatment plan.
- To participate voluntarily in and to consent to treatment.
- To object to, or terminate, treatment.
- To have records protected by confidentiality and not be revealed to anyone without my written authorization.

  Confidentiality may only be broken under the following conditions (state laws will vary):
  - If the therapist has knowledge of child or elder abuse.
  - If the therapist has knowledge of the client's intent to harm oneself or others.
  - If the therapist receives a court order to the contrary.
  - If the client enters into litigation against the therapist.

- To have access to one's records.
- To receive clinically appropriate care and treatment that is suited to their needs and skillfully, safely, and humanely administered with full respect for their dignity and personal integrity.
- To be treated in a manner this is ethical and free from abuse, discrimination, mistreatment, and/or exploitation.
- To be treated by staff who are sensitive to one's cultural background.
- To be afforded privacy.
- To be free to report grievances regarding services or staff to a supervisor.
- To be informed of expected results of all therapies prescribed, including their possible adverse effects (e.g., medications).
- To request a change in therapist.
- To request that another clinician review the individual treatment plan for a second opinion.