



2015 Partnerships Family Education Workshop

At no cost for family members, partners and friends of individuals with:

Major Depression
Bipolar Disorder (Manic Depression)
Schizophrenia

The Partnership Family Education Workshop is provided at **no charge** to help caregivers understand and support individuals with serious mental illness while maintaining their own well-being. If you would like information on various mental illnesses, area resources, coping skills, medications and much more, we invite you to attend this intensive workshop. Classes are designed to provide support and useful educational tools for the caretaker. **Reservations required as enrollment is limited.**

Alvin Session

Saturdays, February 14th and 21st

9:00AM – 2:30PM

NAMI Gulf Coast

2206 N. Gordon St., Alvin, TX 77511

La Marque Session

Tuesdays, September 1st, 8th and 15th

5:45 – 8:45PM

St. Michael's Episcopal Church

1601 Lake Rd., La Marque, TX 77568

For more information or to RSVP, contact NAMI Gulf Coast by phone at 281-585-3100, 409-944-4328, 888-554-2264 or by email at jmelis@namigulfcoast.org