NAMI National Alliance on Mental Illness | Cape Cod & The Islands

LOCAL SUPPORT GROUPS

For Family and Friends of People with Mental Illness

EAST HARWICH
1st Thursday of month
St. Peter's Lutheran Church
310 Route 137
1/4 mile south of Rt. 6 Exit 11
7:00 – 8:30 PM
Contact: Kristin 774-722-0248

BARNSTABLE
3rd Tuesday of month
St. Mary's Episcopal Church
3055 Main St. (Rt. 6A)
7:00 – 8:30 PM
Contact: Jud 508-364-9035
or marshset@comcast.net

FALMOUTH
4th Monday of month
Gus Canty Recreation Center
790 Main St.
7:00 – 8:30 PM
Contact: Bill 508-428-4351
or fisher62045@hotmail.com

SANDWICH
2nd Tuesday of month
Lighthouse Christian Fellowship
6 Merchants Road, Bldg. B
7:00 – 8:30 PM
Contact: Nancy 508-330-0305
or ourdoghomer@comcast.net

NANTUCKET
2nd Tuesday of month
Sherburne Commons
(Sherburne House Room)
40 Sherburne Commons Drive
7:00 – 8:30 PM
Contact: Ruth 508-221-3437
or ruthblount7@gmail.com

MARTHA'S VINEYARD

2 Groups ➡

3rd Wednesday of month
Martha's Vineyard Hospital
1 Hospital Road, Vineyard Haven
6:30 – 8:00 PM
Contact: Daryl at 508-627-5249
or darylmknight@verizon.net

1st Sunday of month
Daybreak Clubhouse
457-B State Rd, Vineyard Haven
6:00 – 7:30 PM
Contact: Peggy or Fenton at
508-693-5872 or pegsb4.1@comcast.net

For People with Mental Illness

ORLEANS
Every Saturday
Federated Church of Orleans
162 Main Street, East Orleans
10:00 – 11:30 AM
Contact: Carolyn at 774-722-4528
or carolynmwitt@gmail.com

MARTHA'S VINEYARD
2nd & 4th Sunday
Daybreak Clubhouse
457-B State Rd, Vineyard Haven
6:00 – 7:30 PM
Contact: Jonathan at 508-693 5565
or jf_burke@yahoo.com

HYANNIS
2nd Tuesday of month
Hyannis RCC
45 Plant Road, Suite 119
5:00 – 6:30 PM
Contact: Victoria 774-238-2272
Victoria.hadley.rcc@gmail.com

NOTE: ***Meeting dates & contacts can change – Please check the NAMI Cape Cod & the Islands website or call the office for information.***
Phone: (508) 778-4277 ◦ E-Mail: info@namicapecod.org ◦ Website: www.nami.org/sites/capecod