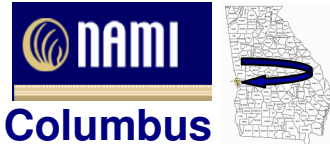


# you are not alone.



**Columbus**

*The National Alliance on Mental Illness*

## Support Groups

### Family/Friend Group

Mondays

**6:00 – 7:30 p.m.**

CONTACT Training Bldg.  
across the back parking lot  
(1520 22<sup>nd</sup> Street)

### NAMI Connection

### Recovery Support Group

Mondays

**6:00 – 7:30 p.m.**

The Bradley Center  
Multipurpose Room  
(use 22<sup>nd</sup> St. parking lot)

### NAMI Connection

### Bipolar Disorder/Depression

Saturdays

**1:00 – 2:30 p.m.**

The Bradley Center  
Multipurpose Room  
(use 22<sup>nd</sup> St. parking lot)

## Monthly Meeting

NAMI Columbus meets the **3<sup>rd</sup> Monday** of every month at **6:00 p.m.** for an educational program.

This meeting is open to all and is held at CONTACT – 1520 22<sup>nd</sup> Street

Every month we continue learning some new aspect of mental illness or join together for an advocacy project

The NAMI Columbus Office is located in the Main Building of The Bradley Center (2000 16<sup>th</sup> Avenue)

We are a volunteer grassroots organization

Office Hours are by Appointment (706) 320-3755 ~~~~ NAMI Cols@knology.net