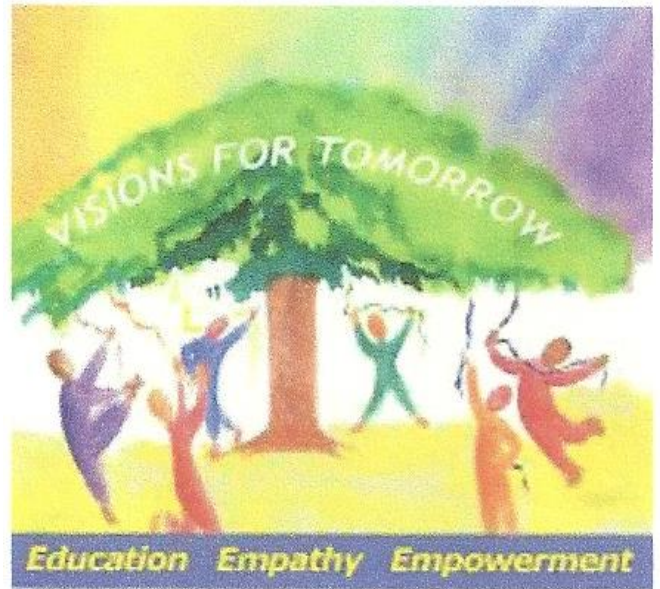


# Visions for Tomorrow (VFT)

**FAMILY EDUCATION WORKSHOP 2014  
FOR CHILDREN AND ADOLESCENTS  
WITH A MENTAL ILLNESS**



“Visions for Tomorrow” is a series of workshops that addresses the needs of families who have a child or adolescent with a mental illness. The class provides information on specific brain disorders such as ADHD, Autism, Depressive Disorders, Bipolar Disorder, Eating Disorders, Schizophrenia, PTSD, Conduct Disorder, Obsessive-Compulsive Disorder and Anxiety Disorders. Information on medications, coping skills and community resources will be provided. **Registration is required.**

## VFT

**Saturdays, March 28<sup>th</sup> and April 4<sup>th</sup>, 2015**  
**9:00AM – 2:30PM**  
**Moody Mansion**  
**2618 Broadway**  
**Galveston, TX 77550**

**Saturdays, November 7<sup>th</sup> and 14<sup>th</sup>, 2015**  
**9:00AM – 2:30PM**  
**NAMI Gulf Coast**  
**2206 N. Gordon**  
**Alvin, TX 77511**

The class is provided at **no charge**. Enrollment is limited. For more information or to register, contact NAMI Gulf Coast at **281-585-3100** or **409-944-4328** or [jmelis@namigulfcoast.org](mailto:jmelis@namigulfcoast.org)