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[Souls in the Hands of a Tender God: Stories of the Search for Home and Healing on the Streets](#) (Book)
Craig Rennebohm with David Paul, Authors. Boston, MA: Beacon Press, 2008.

For those who dare to better understand and minister to homeless people on the streets who struggle with mental illness, [Souls in the Hands of a Tender God](#) will challenge complacency and stereotypical thinking. Rennebohm and Paul's poignant stories demonstrate the value of each person and illustrate what true companionship looks like. Chaplain Rennebohm's own battles with serious depression have gifted him with deep insight into human frailty and God's gracious presence in suffering. With or without the companion discussion guide, [Conversations](#), this book is excellent for personal reading or adult education classes, especially those of urban churches.

[Caring for the Soul \(R'fuat HaNefesh\): A Mental Health Resource and Study Guide](#) (Book)
Richard F. Address, Editor. New York: URJ Press, 2003.

[Caring for the Soul](#) is a sensitively written resource for persons of all faiths. It presents a variety of suggested scriptures, sermons, and services in the section entitled, "How May We Use Jewish Liturgy to Address Mental Illness in Our Communities?" Other important questions are addressed in other chapters: "What Do Jewish Texts Have to Say about Mental Illness?"; "Whence Will Come Our Aid?: Jewish Readings of Comfort and Encouragement"; "What is Mental Illness? What Can Congregations Do to Help the Mentally Ill and Their Families?" Appendices include "Additional Resources" [organizations]; and "Responses and Resolutions Regarding Mental Illness." Clergy and worship planners would benefit from adding this to their library.

[A Relentless Hope: Surviving the Storm of Teen Depression](#) (Book)
Gary E. Nelson, Author. Eugene, OR; Cascade Books, 2007.

Gary Nelson's story-telling gift, along with his expertise as a pastoral counselor and father of a teen who suffered with clinical depression, certainly hold the reader's attention. In addition, Nelson provides compassionate insights and practical suggestions for navigating the stormy years of teen depression. With teen depression effecting many of our young people—even those from Christian homes—this book is a must-read for more than family and friends. It will give youth workers, church and school teachers greater knowledge of the illness, sympathy for the teens and families and direction for what helps and what hurts.

[Wrestling with our Inner Angels; Faith, Mental Illness and the Journey to Wholeness](#)
Nancy Clare Kehoe, Ph.D.; Jossey-Bass, San Francisco, CA, 2009

How do you bridge the great divide between spiritual beliefs and the behavioral sciences - the central challenge addressed in this book? Easy. You become a Catholic Sister and a Harvard psychologist – a rare but perfect combination. [Wrestling with our Inner Angels](#) recounts the stories and journey to wholeness of a group of men and women in a Religious Beliefs and Values support group facilitated by Dr. Kehoe in a psychiatric day treatment program in Cambridge, MA. By recounting their stories, the author allows us to feel their pain and victories, and sense the value of their spiritual pilgrimage in their rehabilitation. The culmination of nearly thirty years, her work now is confirming what many consumers and family members already knew, and what many clergy and health professions need to incorporate into their daily practice: that discovering religious beliefs and values in those living with mental illness is often the key that unlocks the door to their recovery. Recommended for either personal reading or group discussion.