### **Assessing the Costs of Depression**

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Harris Heritage. Interactive Power.

Introduction and Methodology	3
Summary of Key Findings	8
Detailed Findings	34
Diagnosis and Treatment	35
Obstacles to Treatment	65
Depression Symptoms and Health Problems	98
Depression's Effect on Personal and Professional Life	123
Appendix	161
Complete Demographics	174
Technical Appendix	187
Additional Data Cuts	195





#### Introduction

Depression is one of the most prevalent mental health conditions in the United States, affecting approximately 19 million American adults each year. The symptoms of depression vary widely and may greatly impact the social and economic well-being of sufferers.

The goal of this survey is to document the costs of depression in terms of relationships, professional life, and economic well-being.

#### **Methodology**

#### Sample Development and Recruitment

Harris recruited two (2) samples: a state sample and a national sample. To qualify, all respondents must:

- 1) Have been ages 18 and older
- 2) Have been diagnosed with depression by a healthcare provider, or qualified via the depression screening instrument provided by the client
- 3) Not have taken a survey on depression in the past three months





### **Introduction and Methodology**

#### The state sample:

Harris completed interviews via the Internet among five (5) states: CA, FL, NY, OH, and TX. Interviews were divided among people who were:

- 1) Diagnosed with depression, on medication and/or counseling for depression, and had relatively high access to treatment choices
- 2) Diagnosed with depression, on medication and/or counseling for depression, and had no or limited access to treatment choices
- 3) Undiagnosed, or diagnosed with depression but not on medication or counseling for depression Interviews were completed among 2,880 respondents in the five states, divided as follows:

	Total	High Access	Low Access	Not in Treatment
California	551	123	156	272
Florida	542	130	160	252
New York	602	194	167	241
Ohio	619	150	199	270
Texas	566	134	141	291





### **Introduction and Methodology**

Respondents qualified into the low access sub group if they did not have health insurance, or were in HSA-qualified (i.e., high-deductible) health plans (i.e., where costs are not reimbursed until a high minimum deductible is met - more than \$1,050 for individuals, and more than \$2,100 for a family), or had health plans which did not cover physician visits and prescription medication, or were enrolled in pharmacy benefit plans that provide no coverage for certain brand-name pharmaceutical agents (self-reported data). It is believed that if respondents meet any of these criteria the costs of any potential depression treatment will be higher than for those respondents who do not meet these criteria (the high access group). This will either increase the cost of their depression treatment in dollar terms, or force them to utilize lower-cost treatment options.

#### The national sample:

Harris completed 662 interviews divided among 349 Caucasian respondents, 153 Hispanic respondents and 160 African-American respondents. Of these 662 respondents, 164 have high access to care, 172 have low access to care and 325 are not currently in treatment.

There were no other screening criteria or quotas beyond those described above.





#### **Validated Instruments**

As part of the survey two validated instruments were administered to measure severity of depression and generalized anxiety disorder (GAD).

The Center for Epidemiologic Studies Depression Scale (CES-D) measures the frequency and severity with which symptoms of depression are experienced. The scale consists of 20 items rated on a four point scale. The responses on the 20 items are combined into a cumulative score where a higher score indicates more severe depression. For more information on the CES-D Scale, please see:

Radloff, L.S. (1977). The CES-D scale; A self report depression scale for research in the general population. Applied Psychological Measurements. 1:385-401.

The Carroll-Davidson GAD scale (CD-GAD) is a 12-item screening tool for Generalized Anxiety Disorder co-authored in 2000 by B.J. Carroll, MD, PhD. and Jonathan R.T. Davidson, MD. The CD-GAD has a yes/no format and measures GAD symptoms occurring over the past six months.

#### **Public Release of Survey Findings**

All Harris Interactive surveys are designed to comply with the code and standards of the Council of American Survey Research (CASRO) and the code of the National Council of Public Polls (NCPP.) Because data from the survey may be distributed to the public, release must stipulate that the complete report is also available.





#### **Explanation of statistical significance**

All statistical significance testing has been done at the 95% confidence interval. This means that we can be 95% certain that a statistically significant difference between two groups results from real differences between these two groups. There is a 5% chance that the reported difference, however, resulted from chance. The 95% confidence interval is commonly used in survey research to note differences between groups.

#### **Limitations on survey research**

Survey research is susceptible to human and mechanical errors. These include respondent recording errors, refusal to be interviewed (non-response), and bias in question wording and order, in addition to errors resulting from the experimental nature of current Internet research. However, the procedures used by Harris Interactive, including the online sampling, weighting and interviewing systems described in the technical appendix, keep these types of errors to a minimum.





### **Summary of Findings**





## Just over half of patients diagnosed with depression are currently taking prescription antidepressants. Talk therapy or counseling is less widely used.

- Three-quarters (73 percent) of patients have been told by a doctor or health care professional that they have depression. One-quarter (27%) have not been told they have depression, but currently experience symptoms of depression.
  - ➤ Patients in Ohio were more likely than other states (84 percent) to have been told they have depression.
- 57 percent of patients diagnosed with depression are currently taking medication for depression.
  - ➤ Patients in New York (67 percent), Florida (64 percent) and Ohio (63 percent) are more likely to be taking medication for their depression than patients in California (53 percent).
- On average, patients currently on prescription medication for depression have been taking them for 5.5 years.
- Only two out of ten (18 percent) patients are currently receiving talk therapy or counseling for their depression.
  - ➤ Patients in California (24 percent) and Florida (23 percent) are more likely to be receiving talk therapy than patients in Texas (15 percent.)
- Patients currently receiving talk therapy for depression have been in therapy for 5.8 years.





Upon diagnosis, the vast majority of patients had prescription antidepressants recommended to them by a health care provider or mental health professional. Talk therapy/counseling was less widely recommended.

- Most patients (86 percent) diagnosed with depression had prescription medication recommended to them after their diagnosis. Only half (52 percent) had talk therapy/counseling recommended to them.
  - ➤ Diagnosed patients in Texas (87 percent) and Ohio (87 percent) were more likely than diagnosed patients in California (79 percent) or New York (79 percent) to have prescription antidepressants recommended to them.
  - ➤ Diagnosed patients in Texas (44 percent) were less likely than all other states to have talk therapy recommended to them.





A large majority of patients who receive medication or talk therapy for their depression believe them to be effective at relieving their depression. Patients also cite the stopping of their depression medication or talk therapy as a hindrance to effective depression treatment.

- Three-quarters (77 percent) believe their medication is effective in relieving their depression.
- Three-quarters (73 percent) believe talk therapy/counseling is effective in relieving their depression.
- One-quarter (26 percent) of all diagnosed patients report that effective treatment of their depression was hindered by them stopping their medication for depression.
- One out of five (20 percent) report that stopping their talk therapy hindered their depression treatment.



## Diagnosis and Treatment

Despite patients' belief in the efficacy of their prescription antidepressant, satisfaction with medication could be improved. A sizable minority of patients currently taking medication for depression are not satisfied with their medication. A majority of patients taking prescription antidepressants have switched their depression medication before.

- One-third (35 percent) of patients taking prescription medication for depression are not satisfied with their current depression medication.
- Three out of five (61 percent) patients currently taking medication for depression have switched their medication before. Reasons most often cited for switching are:
  - their physician recommended they switch (31 percent),
  - they still experienced symptoms (23 percent), and
  - they experienced side effects (22 percent.)
- Patients in certain states were more likely to have switched prescription depression medication, particularly in California (77 percent), New York (76 percent), and Ohio (72 percent.)



# Diagnosis and Treatment

The vast majority of unmedicated patients have taken depression medication in the past. Side effects, cost, and a change in a patient's health care policy are reasons patients' stopped taking their depression medication.

- Four out of five (80 percent) patients diagnosed with depression who are not currently taking medication for their depression have at some point taken prescription antidepressants.
  - ➤ Patients in Ohio (89 percent) are more likely than patients in California (74 percent) or Florida (77 percent) to have taken prescription medication at some point for their depression.
- Three out of ten (30 percent) cite the potential negative side effects of the medication as a reason they are no longer taken prescription antidepressants.
- Cost is also a factor, however, as 23 percent say they are not currently taking medication for their depression just due to cost considerations. 15 percent report a change in their health care policy as the reason they are not currently taking depression medication.
  - ➤ Patients in Texas (26 percent) were most likely to cite cost considerations, while patients in California (14 percent) were least likely.





For many patients, cost remains a major obstacle to depression treatment. A substantial minority of patients do not have health insurance. Those with low access to care are much less likely to be satisfied with their health care.

- One-quarter (23 percent) of patients do not have health insurance.
  - ➤ Patients in Florida (25 percent) and Texas (22 percent) are more likely than patients in California (17 percent), Ohio (15 percent), and New York (12 percent) to not have health insurance.
- Patients with high access to care are significantly more likely than patients with low access to care (82 percent versus 55 percent) to be satisfied with their health care.





Out-of-pocket costs remain a problem for many patients. Patients with low access report having to pay higher out-of-pocket costs for treatment than patients with high access.

- On average, patients with insurance who are receiving depression treatment have three-quarters (74 percent) of their treatment costs covered by their insurance. Patients with high access report a significantly higher percentage of costs covered than patients with low access (81 percent versus 68 percent.)
- One out of ten (12 percent) patients taking prescription medication for their depression spend more than \$100 per month out-of-pocket on their medication. Four times as many patients with low access spend this much compared to patients with high access (20 percent versus 5 percent.)
- One-third (34 percent) of patients receiving talk therapy spend more than \$100 per month out-of pocket on their talk therapy/counseling.



## Obstacles to Treatment

Patients with low access are more likely than patients with high access to feel that their depression treatment has been hindered by insurance issues and a limited amount of treatment options. They are also more likely to report having problems with health care professionals.

- Three-quarters (75 percent) of diagnosed patients with high access disagree that treatment prescribed by their physician was based on insurance coverage rather than what was best for them. However, only half (54 percent) of diagnosed patients with low access disagree. Additionally, diagnosed patients with low access were twice as likely as diagnosed patients with high access to claim that their treatment was hindered because their insurance plan did not cover enough treatment (28 percent versus 13 percent.)
- Seven out of ten (71 percent) diagnosed patients with high access agree that treatment decisions for their depression are usually based on what is best for them, regardless of costs. Only half (48 percent) of diagnosed patients with low access agree.





### **Obstacles to Treatment**

- Two-thirds (68 percent) of diagnosed patients with high access agree that their treatment choices for depression enabled them to receive the best care possible. Only half (50 percent) of low access patients agree.
- Diagnosed patients with low access are twice as likely as patients with high access to report hindrances to treatment, such as having poor communications with their health care professional (22 percent versus 9 percent) or feeling that health care providers are insensitive to their personal/cultural needs (20 percent versus 8 percent.)



## Among all patients, however, distrust of mental health professionals exists as an obstacle to effective treatment.

- Only one-quarter of patients agree that they always trust the recommendation of mental health professionals, such as psychiatrists and psychologists (28 percent) or that health care providers generally understand the specific needs of patients from different ethnic/racial backgrounds (27 percent.)
  - Patients in New York (29 percent) and Ohio (29 percent) are more likely to agree that health care providers understand the specific needs of patients from different ethnic/racial backgrounds, while patients in California (20 percent) and Florida (21 percent) are less likely to agree.





## A notable minority of patients feel prescription medications are habit forming, and one out of five do not feel comfortable discussing emotional problems.

- > Two out of five patients (38 percent) agree that prescription medications are habit forming and lead to dependence.
- One out of five patients (21 percent) agree that they are too embarrassed to discuss their emotional problems.
  - ➤ Patients in Texas are most likely to agree that they are too embarrassed to discuss their emotional problems (29 percent.) Patients in Florida are least likely to agree (19 percent.)





Patients with low access are more likely to experience major depression (as defined by the CES-D5) than patients with high access. Patients with low access are also more likely to experience a number of depression-related symptoms.

- Three-quarters (76 percent) of high access patients experience minimal to no symptoms of depression according to the CES-D5 depression screen. Only six out of ten (60 percent) patients with low access experience minimal to no depression symptoms.
- Conversely, according to the CES-D5, patients with low access are twice as likely as patients with high access to experience major depression (27 percent versus 12 percent.)
- Patients with low access to care are significantly more likely than patients with high access to care to have experienced a number of depression-related symptoms in the past month. These include a lack of motivation (57 percent versus 33 percent), constant worrying (50 percent versus 25 percent), trouble concentrating (45 percent versus 28 percent), and a loss of interest in favorite activities (33 percent versus 17 percent.)





While only a minority of patients have been diagnosed with generalized anxiety disorder (GAD), a large majority of patients exhibit symptoms of GAD.

- One out of five (20 percent) of patients surveyed have been diagnosed with GAD.
  - ➤ Patients in Ohio (25 percent) and New York (23 percent) were more likely than patients in Texas (16 percent) to have been diagnosed with GAD.
- However, far more patients express symptoms of GAD. Seven out of ten (70 percent) experience symptoms suggestive of GAD according to the Carroll-Davidson anxiety screen.





In addition to depression and anxiety symptoms, patients have also engaged in unhealthy behavior, including weight gain, excessive drinking, and cigarette smoking. For a minority it has also caused emergency room visits and hospitalizations, with low access patients more likely to experience these.

- More than four out of ten (44 percent) patients have gained significant weight in the past 12 months because of their depression. Two out of ten have taken up smoking cigarettes/increased the amount they smoke (22 percent) and drank alcohol excessively (17 percent.)
  - ➤ Patients in Texas are more likely than patients in all other states (27 percent) to report having consumed alcohol excessively because of their depression.
  - ➤ Patients in New York (27 percent) and Texas (25 percent) are more likely than patients in California (17 percent) to have taken up cigarettes/increased the amount they smoked.





- One out of ten (8 percent) patients have been hospitalized at least once in the past 12 months because of events related to their depression. Patients with low access are twice as likely as patients with high access to have been hospitalized at least once (15 versus 7 percent.)
- Additionally, one out of ten (9 percent) patients have visited the emergency room at least once in the past 12 months because of events related to their depression. Patients with low access to care are more than twice as likely as patients with high access to care to have visited the ER at least once (15 versus 6 percent.)

Depression affects the personal lives of many patients, including relationships with romantic partners and children. It also affects patients' ability to perform regular daily activities. Patients with low access to care are less likely than patients with high access to care to be satisfied with their personal relationships, and more likely to have their daily activities affected.

- A noteworthy minority of patients have faced romantic problems because of their depression. One-quarter (25 percent) report that their depression has contributed toward their inability to begin or maintain a romantic relationship. One out of ten cite their depression as a contributing factor toward a divorce (9 percent) or separation (9 percent.)
- Half (50 percent) of patients with children under 18 believe their depression has hindered their ability to actively participate in their children's daily activities and functions. More specifically, nearly half (46 percent) say their depression has hindered their ability to provide emotional support for their child. Four out of ten (43 percent) cite their depression as having interfered with their ability to help out with their children's extracurricular activities/sports.





- Compared to patients with low access, patients with high access are more likely to indicate that, in the past week, their relationship with their spouse is good or better (56 percent versus 34 percent.) They are also more likely to report that in the past week their relationship with other family and friends is good or better (63 percent versus 47 percent.)
- Patients with low access to care are significantly more likely to report missing time from their non-work activities in the past seven days when compared to patients with high access to care (49 percent versus 32 percent.)
- Low access patients are also significantly more likely than high access patients to say that their depression has affected their ability to do their regular daily activities in the past 30 days. They report being affected more than twice as often as high access patients (11.0 days versus 4.8 days.)



Patients have suffered many setbacks in their professional life due to their depression, including job loss and lost pay. Patients with high access to care are less likely to have experienced these problems. Overall, difficulties with work could stem from patients' inability to tell colleagues about their depression.

- Patients are not comfortable confiding in their co-workers about their depression. While majorities of patients have told their family (74 percent) and friends (59 percent) about their depression, few have told their coworkers (21 percent) or employers (11 percent.)
- Overall, patients report their depression has caused them to miss time from work, with three out of ten (30 percent) having used sick days because they could not come into work, and one-quarter (24 percent) having used personal/vacation days because they could not come into work.





- Access has played a major role in a patient's ability to hold down a job. Patients with low access to care are more than four times as likely as patients with high access to care to have quit their job because of their depression (27 percent versus 6 percent.) They are also twice as likely to have been fired from their job (20 percent versus 10 percent) because of their depression.
- Patients with low access have also paid a financial price, as they are twice as likely as patients with high access to report not having received raises/bonuses/job opportunities because of their depression (18 percent versus 8 percent.) They are four times as likely to report having been docked pay for missing work (13 percent versus 3 percent) because of their depression.



Many patients face a large amount of debt, including high-interest credit card debt. Low access to care can also increase the chances that patients have had financial problems in the past 30 days.

- Debt appears to be a common problem among patients. Excluding mortgages, 69 percent of patients have some debt, with 36 percent reporting debt of at least \$10,000.
- Of those who have debt, a substantial portion is credit card debt. Seven out of ten (71 percent) hold some of their debt in credit cards, with three out of ten (30 percent) holding more than \$5,000 in credit card debt.
- A majority (62 percent) of patients with credit card debt report that at least some of this debt can be attributed to their depression. Four out of ten (38 percent) attribute over \$1,000 of credit card debt to their depression.
  - ➤ Patients in California are most likely to attribute some credit card debt to their depression (68 percent.) Patients in Ohio (54 percent) and Texas (55 percent) are least likely.



-28-



- In the last 30 days, a significant minority of patients report that their depression has caused unpaid personal bills more than 60 days overdue (24 percent), an inability to afford the necessities of life (22 percent), and a fear that they couldn't make rent or mortgage payments (19 percent.)
  - ➤ Low access to care increased the likelihood that patients would face financial problems in the past 30 days. Patients with low access are three times more likely than patients with high access to have faced unpaid personal bills (34 percent versus 12 percent), an inability to afford the necessities of life (30 percent versus 11 percent), and a fear that they couldn't make rent or mortgage payments (22 percent versus 8 percent.)



Hispanics and African-Americans experience more severe depression symptoms than Caucasians. Hispanics are also more likely than Caucasians to experience many depression-related symptoms.

- One-quarter of Hispanics (26 percent) and African-Americans (24 percent) experience major depression according to the CES-D5 depression screen. Only half as many Caucasians (13 percent) experience major depression.
- Hispanics are more likely than Caucasians to experience depression-related symptoms including trouble concentrating (52 percent versus 37 percent), persistent sadness (50 percent versus 27 percent), feelings worthless or guilty for no reason (48 percent versus 24 percent), feelings of isolation/uninvolved with family and friends (46 percent versus 30 percent) and a loss of interest in favorite activities (41 percent versus 26 percent.)





## Hispanics and African-Americans are less satisfied with personal relationships than Caucasians.

- Caucasians are more likely than Hispanics to rate their relationship with other family/friends as good or better in the past week (60 percent versus 43 percent.)
- African-Americans are twice as likely as Caucasians to say that in the past week their relationship with a spouse or partner (43 percent versus 26 percent) or other family and friends (21 percent versus 12 percent) is poor or very poor.





Hispanics are more likely than Caucasians to face obstacles to treatment such as poor insurance coverage, and are more likely to fear prescription medication.

- Hispanics are far more likely than Caucasians to agree that the treatment prescribed by their physician was based on insurance coverage rather than what was most effective for them (34 percent versus 13 percent.) They were also significantly more likely to agree that their treatment choices for depression are dictated by their insurance policy instead of what their physician and they agree is most effective (36 percent versus 19 percent.)
- Hispanics are three times as likely as Caucasians to have their depression treatment hindered by their inability to have a means of transportation to their health care provider's office (17 percent versus 6 percent.)
- Hispanics were far more likely than Caucasians to agree that prescription medications are habit-forming and lead to dependence (53 percent versus 36 percent.)





## Hispanics and African-Americans are more likely than Caucasians to face financial trouble because of their depression.

- Hispanics are significantly more likely than Caucasians to, in the last 30 days, have unpaid personal bills more than 60 days overdue (36 percent versus 20 percent) and a fear that they couldn't make their rent/mortgage payment (31 percent versus 17 percent) because of their depression.
- African-Americans are significantly more likely than Caucasians to, in the last 30 days, not be able to afford the necessities of life (37 percent versus 18 percent) because of their depression.
- African-Americans are also significantly more likely than Caucasians to hold non-mortgage debt (85 percent versus 65 percent.)





### **Detailed Findings**





### **Diagnosis and Treatment**





### **Conditions That Have Been Diagnosed-National**

		Race			Access		
		African-					
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Acid reflux or GERD	27	31C	11	24 <sup>C</sup>	34	29	23
Arthritis	29	27	19	48 <sup>BC</sup>	34	33	25
Cancer of any type	6	7	3	5	13 <sup>FG</sup>	4	4
Anxiety or Generalized							
Anxiety Disorder (GAD)	20	21	21	14	23 <sup>G</sup>	35 <sup>G</sup>	12
Depression	72	72	71	79	100 <sup>G</sup>	100 <sup>G</sup>	50
Chronic back pain	24	23	27	28	30	23	22
Diabetes	15	13	9	31 <sup>BC</sup>	19 <sup>G</sup>	<b>21</b> <sup>G</sup>	10
Fibromyalgia	6	7	3	4	6	12 <sup>G</sup>	4
Heart disease/ Heart attack	9	9	4	14	7	19 <sup>EG</sup>	6
High blood pressure							
(hypertension)	32	27	28	60 <sup>BC</sup>	<b>42</b> <sup>G</sup>	<b>39</b> <sup>G</sup>	24
High cholesterol							
(hyperlipodemia)	30	28	26	39	33	44 <sup>G</sup>	22
Insomnia/ sleep difficulty	23	21	31	25	24	35 <sup>G</sup>	17
Irritable bowel syndrome (IBS)	10	10	12	7	8	14	9

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q450 Please indicate if you have ever been told by a doctor or another health professional that you have any of the following conditions.





		Race			Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Menopause or							
menopausal symptoms	12	9	13	23 <sup>B</sup>	15	17 <sup>G</sup>	8
Migraines	21	24 <sup>C</sup>	12	16	25	26	18
Neuropathic pain or							
diabetic neuropathy	5	5	2	12 <sup>BC</sup>	6	11 <sup>G</sup>	3
Panic	13	14	15	10	18 <sup>G</sup>	<b>22</b> <sup>G</sup>	8
Obesity/ being overweight	34	32	28	48 <sup>BC</sup>	38 <sup>G</sup>	48 <sup>G</sup>	25
Persistent/ chronic pain condition	13	11	11	21 <sup>B</sup>	12	20 <sup>G</sup>	10
Premenstrual dysfunctional disorder	2	2	2	*	1	3	1
Stress urinary incontinence	5	5	4	5	6	6	4
Other	3	3	1	2	2	<b>7</b> G	1

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q450 Please indicate if you have ever been told by a doctor or another health professional that you have any of the following conditions.



# Conditions That Have Been Diagnosed- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Acid Reflux	21	23	23	29 <sup>A</sup>	25
Arthritis	25	29	29	35 <sup>A</sup>	28
Cancer of any type	7	4	5	6	5
Anxiety or Generalized					
Anxiety Disorder (GAD)	19	23	23 <sup>E</sup>	25 <sup>E</sup>	16
Depression	76	68	72	84 <sup>ABCE</sup>	72
Chronic back pain	19	24	25	24	19
Diabetes	13	16	10	14	16
Fibromyalgia	5	11 <sup>ACE</sup>	6	7	5
Heart disease/Heart attack	7	11 <sup>E</sup>	8	10 <sup>E</sup>	5
High blood pressure					
(hypertension)	28	33	29	33	35
High cholesterol					
(hyperlipidemia)	30	34	32	32	35
Insomnia/Sleep difficulty	<b>29</b> <sup>CD</sup>	26	21	21	23
Irritable bowel syndrome (IBS)	12	17	15	11	11

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q450 Please indicate if you have ever been told by a doctor or another health professional that you have any of the following conditions.





## **Conditions That Have Been Diagnosed, Cont.- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Menopause or menopausal symptoms	15	15	15	17 <sup>E</sup>	10
Migraines	27 <sup>E</sup>	24	20	24	19
Neuropathic pain or diabetic neuropathy	5	9	5	7	9
Panic	15	11	14	18 <sup>B</sup>	13
Obesity or being overweight	41	38	42	40	36
Persistent or chronic pain condition	15	21	18	18	16
Premenstrual dysfunctional disorder	4	3	2	4	1
Stress urinary incontinence	5	5	6	6	7
Other	2	3	2	3	2

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q450 Please indicate if you have ever been told by a doctor or another health professional that you have any of the following conditions.





#### Prevalence of Medication and Talk Therapy-National

		RaceAfrican-				Access		
	<u>Total</u>	Caucasian	<u>Hispanic</u>	American	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
	%	%	%	%	%	%	%	
Currently Taking Medication								
for Depression								
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)	
Yes	57	58	53	57	<b>89</b> <sup>G</sup>	91 <sup>G</sup>	-	
No	43	42	74	43	11	9	100 <sup>EF</sup>	
Decline to answer	-	-	-	-	-	-	-	
Currently in Talk Therapy								
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
Yes	18	16	20	27 <sup>B</sup>	35 <sup>G</sup>	33 <sup>G</sup>	5	
No	82	84 <sup>D</sup>	80	73	65	67	95 <sup>EF</sup>	
Decline to answer	*	*	-	*	_	*	*	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q455 Are you currently taking medication for your depression?

Q460 Beyond the therapeutic use of prescription medication, are you currently in talk therapy or receiving counseling for your depression?





## **Prevalence of Medication and Talk Therapy- State Totals**

	CA <u>Total</u>	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Currently Taking Medication for Depression					
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
Yes	53	64 <sup>A</sup>	67 <sup>AE</sup>	63 <sup>A</sup>	56
No	47 <sup>BCD</sup>	36	33	37	44 <sup>C</sup>
Decline to answer	*	*	-	-	*
Currently in Talk Therapy					
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
Yes	24 <sup>E</sup>	23 <sup>E</sup>	22	19	15
No	76	77	77	80	84 <sup>ABC</sup>
Decline to answer	1	*	1	1	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q455 Are you currently taking medication for your depression?

Q460 Beyond the therapeutic use of prescription medication, are you currently in talk therapy or receiving counseling for your depression?





### **Type of Depression Medication- National**

		Race			Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Currently Taking Medication							
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)
	%	%	%	%	%	%	%
SNRI	15	15	18	17	18	13	-
Non-SNRI	81	84	74	74	81	81	_
Other primary Antidepressant	25	24	34	19	25	25	-
Benzodiazepine	13	15	6	10	12	15	-
Non- Benzodiazepine Anti-Anxiety	4	3	8	2	5	2	-
Clonazepam	6	8	6	2	1	12 <sup>E</sup>	-
Other	19	18	32	16	11	28 <sup>E</sup>	-
Mean Number of Meds	1.5	1.4	1.7	1.5	1.4	1.5	_

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1030 Which of the following prescription medication(s) are you currently taking for your depression?





### **Type of Depression Medication- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
	%	%	%	%	%
SNRI	11	20	25 <sup>A</sup>	22 <sup>A</sup>	20
Non-SNRI	88 <sup>C</sup>	86 <sup>C</sup>	75	87 <sup>C</sup>	80
SSRI	67	64	61	64	65
Other Primary Antidepressant	32 <sup>CE</sup>	30 <sup>CE</sup>	19	23	17
Benzodiazepine	13	13	6	16 <sup>C</sup>	11
Non-Benzodiazepine Anti-Anxiety	3	2	2	1	*
Clonazepam	4	10	8	5	6
Other	12	17	17	11	12
Mean number of meds	1.5	1.6 <sup>E</sup>	1.5	1.5	1.4

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1030 Which of the following prescription medication(s) are you currently taking for your depression?





### **Type of GAD Medication- National**

		Race			Access		
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
	%	%	%	%	%	%	%
Taking Medication for GAD							
Base: Diagnosed with GAD	(124)	(74)	(27)	(23)	(38)	(46)	(40)
Yes	44	46	24	53	47	60	21
No	56	54	76	47	53	40	79
Type of GAD Medication							
Base: Currently Taking							
Medication for GAD	(64)	(40)	(10)	(14)	(25)	(30)	(9)
SNRI	4	4	-	3	5	4	_
Non-SNRI	90	94	56	90	75	97	97
Other primary Antidepressant	6	2	-	36	14	3	-
Benzodiazepine	40	44	12	35	18	40	63
Non- Benzodiazepine Anti-Anxid	ety 2	2	4	-	3	1	-
Clonazepam	26	32	4	-	17	36	7
Lithium	4	1	4	2	11	2	-
Other	20	18	44	10	25	22	3
Mean Number of Meds	1.3	1.3	1.0	1.6	1.3	1.4	1.1

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1035 Are you currently taking medication for your anxiety or Generalized Anxiety Disorder (GAD)?

Q1040 Which of the following prescription medication(s) are you currently taking for your anxiety or Generalized Anxiety Disorder (GAD)?





### **Type of GAD Medication- State Totals**

	CA <u>Total</u> (A) %	FL <u>Total</u> (B) %	NY <u>Total</u> (C) %	OH <u>Total</u> (D) %	TX <u>Total</u> (E) %
Taking Medication for GAD					
Base: Diagnosed with GAD	(112)	(127)	(160)	(155)	(110)
Yes	53	60	47	54	48
No	47	40	53	46	52
Type of GAD Medication					
Base: Currently Taking Medication for GAD	(54)	(74)	(65)	(85)	(43)
SNRI	11	10	14	8	5
Non-SNRI	80	90	79	92	90
SSRI	42	25	40	52	39
Other Primary Antidepressant	13	15	7	16	3
Benzodiazepine	31	35	27	42	41
Non-Benzodiazepine Anti-Anxiety	9	4	3	1	4
Clonazepam	2	36	18 <sup>A</sup>	9	17 <sup>A</sup>
Lithium	2	-	2	6	-
Other	17	11	15	6	17
Mean number of meds	1.3	1.4	1.3	1.4	1.4

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1035 Are you currently taking medication for your anxiety or Generalized Anxiety Disorder (GAD)?

Q1040 Which of the following prescription medication(s) are you currently taking for your anxiety or Generalized Anxiety Disorder (GAD)?



### Length of Time On Depression Medication-National

		Race			Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Currently Taking Medication							
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)
	%	%	%	%	%	%	%
Less than 1 year	16	15	24	16	16	16	-
1 year to less than 2 years	20	21	11	25	23	18	-
2 years to less than 3 years	14	15	14	13	16	12	-
3 years to less than 5 years	12	13	15	9	12	13	-
5 years to less than 10 years	18	16	15	27	17	19	-
10 years or more	19	20	21	11	15	22	-
Mean (in months)	65.9	66.7	82.4	47.5	50.6	82.5 <sup>E</sup>	-
Median (in months)34	34	34	34	34	29	39	-

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1045 How long have you been taking your current depression medication?



# Length of Time On Depression Medication- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
	%	%	%	%	%
Less than 1 year	22	23	21	22	27
1 year to less than 2 years	13	16	14	12	14
2 years to less than 3 years	12	9	18	21 <sup>ABE</sup>	10
3 years to less than 5 years	21	13	24 <sup>B</sup>	19	25 <sup>B</sup>
5 years to less than 10 years	21	24	18	15	15
10 years or more	11 <sup>C</sup>	14 <sup>C</sup>	5	11	9
Mean (in months)	49.8	54.6 <sup>C</sup>	39.1	45.7	44.5
Median (in months)	36	35	30	30	31

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1045 How long have you been taking your current depression medication?





### **Length of Time in Talk Therapy- National**

		Race				Access		
	African-							
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: In Talk Therapy	(135)	(65)	(32)	(38)	(67)	(59)	(9)	
	%	%	%	%	%	%	%	
Less than 1 year ago	15	8	36	17	17	12	17	
1 year ago to less than 2 years ago	12	15	4	7	16	10	2	
2 years ago to less than 5 years ago	31	35	25	22	16	30	81	
5 years ago to less than 10 years ag	o 23	18	29	33	30	23	-	
10 years ago to less than 15 years a	go 7	6	3	11	10	5	-	
15 years ago to less than 20 years a	go 7	8	2	8	9	7	-	
20 years ago or more	6	9	-	2	2	14	-	
Mean (in months)	70.0	75.4	38.3	78.3	68.3	84.6	33.2	
Median (in months)	50	50	26	60	56	53	36	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better. Q1020 For how long have you received Talk therapy or Counseling for your depression/feelings and experiences you listed?





### **Length of Time in Talk Therapy- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: In Talk Therapy	(126)	(116)	(168)	(125)	(92)
	%	%	%	%	%
Less than 1 year	28 <sup>C</sup>	31 <sup>C</sup>	10	33 <sup>C</sup>	31 <sup>C</sup>
1 year to less than 2 years	15	12	9	7	8
2 years to less than 5 years	28	26	32 <sup>E</sup>	25	12
5 years to less than 10 years	16	9	13	9	26 <sup>BD</sup>
10 years to less than 15 years	7	9	22 <sup>A</sup>	10	16
15 years to less than 20 years	3	6	8	9	5
20 years or more	4	7	6	7	1
Mean (in months)	50.0	60.3	87.2 <sup>A</sup>	66.7	63.3
Median (in months)	26	24	53	28	55

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1020 For how long have you received talk therapy or counseling for your depression/the feelings and experiences you listed?





### When First Diagnosed With Depression- National

		Race			Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)
	%	%	%	%	%	%	%
Less than 1 year ago	6	3	13 <sup>B</sup>	12 <sup>B</sup>	7	4	6
1 year ago to less than 2 years ago	9	11	5	8	11	10	8
2 years ago to less than 5 years ago	22	21	26	22	27	22	17
5 years ago to less than 10 years ag	o 23	23	21	23	19	23	15
10 years ago to less than 15 years a	go 20	19	23	22	20	14	25
15 years ago to less than 20 years a	go 9	10	4	8	9	10	8
20 years ago or more	11	13	9	5	6	17 <sup>E</sup>	10
Mean (in months)	106.1	111.1	97.0	91.1	90.3	123.5 <sup>E</sup>	106.0
Median (in months)	73	73	61	71	59	80	94

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1005 How long ago did a doctor or mental health professional first diagnosed you with depression?



# When First Diagnosed With Depression- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
	%	%	%	%	%
Less than 1 year ago	4	12 <sup>AD</sup>	6	6	8
1 year ago to less than 2 years ago	10	6	7	6	5
2 years ago to less than 5 years ago	22	20	23	28	28
5 years ago to less than 10 years ago	27	22	25	23	24
10 years ago to less than 15 years ago	15	18	17	16	16
15 years ago to less than 20 years ago	11	11	8	9	7
20 years ago or more	11	11	14	11	12
Mean (in months)	105.9	107.7	109.5	102.5	103.0
Median (in months)	72	75	73	72	70

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1005 How long ago did a doctor or mental health professional first diagnosed you with depression?





### **Who First Diagnosed Depression- National**

		Race			Access		
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)
	%	%	%	%	%	%	%
Person Who Diagnosed Depression							
Mental Health Professional (Net)	42	39	53	48	37	43	46
Psychiatrist	23	22	26	28	21	27	22
Psychologist	9	10	9	9	6	8	14
Psychoanalyst	*	-	-	1	*	*	-
Psychotherapist	3	2	7	5	3	2	4
Therapist/ Counselor	5	4	11	4	3	5	6
Social Worker	2	2	*	1	4	1	*
Non-Mental Health Professional (N	let)55	59	46	46	59	53	53
PCP	53	56	42	45	58	50	50
Nurse Practitioner	2	2	4	1	1	3	3
Physician's Assistant	*	-	1	*	*	*	*
Other Heath Care Professional	3	2	1	6	4	4	1
Treatment They Recommended							
Prescription medication							
or my depression	86	85	83	90	85	93 <sup>G</sup>	81
Talk therapy/ Counseling	52	47	70B	55	50	51	53
Peer groups/ Support groups	12	11	18	11	9	16	11
None of these	2	3	1	1	1	-	6 <sup>F</sup>

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better. Q1010 Which type of health care professional first diagnosed your depression?

Q1015 After your first visit, what did your ... recommend for your depression?





### **Who First Diagnosed Depression- State Totals**

	CA <u>Total</u> (A)	FL <u>Total</u> (B)	NY <u>Total</u> (C)	OH <u>Total</u> (D)	TX <u>Total</u>
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	<b>(E)</b> (437)
	%	%	%	%	%
Person Who Diagnosed Depression					
Mental Health Professional (Net)	50 <sup>D</sup>	51 <sup>D</sup>	45	40	47
Psychiatrist	23	26	24	20	23
Psychologist	15	11	10	11	11
Psychoanalyst	*	1	*	-	1
Psychotherapist	3	3	1	1	2
Therapist/Counselor	8	8	6	7	10
Social Worker	1	2	3	2	1
Non-Mental Health Professional (Net)	45	45	51	56 <sup>AB</sup>	48
Primary Care Physician	44	41	45	<b>54</b> <sup>AB</sup>	47
Nurse practitioner	1	2	<b>4</b> <sup>A</sup>	1	1
Physicians assistant	*	1	1	1	*
Other Heath Care Professional	5	4	4	3	5
Treatment They Recommended					
Prescription medication for my depression	79	81	79	87 <sup>AC</sup>	87 <sup>AC</sup>
Talk therapy/Counseling	58 <sup>E</sup>	58 <sup>E</sup>	60 <sup>E</sup>	56 <sup>E</sup>	44
Peer groups/Support groups	18 <sup>BD</sup>	6	14 <sup>B</sup>	9	13 <sup>B</sup>
None of these	4	4	3	2	3

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1010 Which type of health care professional first diagnosed your depression?

Q1015 After your first visit, what did your ... recommend for your depression?



### Efficacy of Depression Treatment/Supports-National

		Race			Access				
	African-								
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
	%	%	%	%	%	%	%		
Percent responding "Extremely effect	<u>ive"</u>								
or "Very effective"									
Base: Currently Taking Medication									
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)		
Prescription medication									
for depression	49	48	54	51	52	46	-		
Base: In Talk Therapy	(135)	(65)	(32)	(38)	(67)	(59)	(9)		
Talk therapy/ Counseling	38	38	50	30	41	32	47		
Base: All respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)		
Support from my physician/ health care professional	21	21	19	24	<b>34</b> <sup>G</sup>	25 <sup>G</sup>	13		
Support from my friends	26	29	29	22	31	25	28		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1085 How effective do you believe the following have been at relieving your depression/the feelings and experiences you listed?



## Efficacy of Depression Treatment/Supports- State Totals

	CA <u>Total</u> (A) %	FL <u>Total</u> (B) %	NY <u>Total</u> (C) %	OH <u>Total</u> (D) %	TX <u>Total</u> (E) %
Percent responding "Extremely effective" or					
<u>"Very effective"</u>					
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
Prescription medication for depression	46	46	45	43	49
Base: In Talk Therapy	(126)	(116)	(168)	(125)	(92)
Talk therapy/Counseling	51 <sup>D</sup>	46	48 <sup>D</sup>	29	44
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
Support from my physician/health					
care professional	23	27	21	25	25
Support from my friends	33	29	27	30	29

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1085 How effective do you believe the following have been at relieving your depression/the feelings and experiences you listed?





### **Satisfaction with Depression Medication- National**

		Race		Access			
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Currently Taking Medication							
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)
	%	%	%	%	%	%	%
<u>Top Two</u>	32	30	26	44	32	31	-
Extremely satisfied	32	30	26	33	32	31	-
Very satisfied	14	15	8	14	13	15	-
Satisfied	33	35	41	20	39	37	-
Bottom Two	35	35	32	36	28	42	-
Somewhat satisfied	31	31	30	31	26	36	_
Not at all satisfied	4	4	3	5	3	6	_

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1050 How dissatisfied or satisfied are you with your current depression medication?





## **Satisfaction with Depression Medication- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
	%	%	%	%	%
Top Two	33	32	34	35	38
Extremely satisfied	10	11	13	8	14
Very satisfied	23	21	20	27	24
Satisfied	26	32	30	31	27
Bottom Two	41	35	37	34	35
Somewhat satisfied	37	31	34	28	28
Not at all satisfied	4	4	3	6	7

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1050 How dissatisfied or satisfied are you with your current depression medication?



# **Experience With Switching Depression Medication- National**

			Race		Access		
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Currently Taking Medication							
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)
	%	%	%	%	%	%	%
Yes	61	65	40	61	58	64	-
No	39	35	60	39	42	36	_

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1055 Have you ever switched from one prescription medication for depression to another?





### **Experience With Switching Depression Medication- National**

		Race			Access		
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Switched Depression							
Medication	(169)	(129)	(15)	(25)	(83)	(86)	(-)
	%	%	%	%	%	%	%
I experienced side effects	22	24	22	14	21	23	_
It was too expensive	2	2	3	1	2	2	_
I still experienced symptoms	23	25	19	18	26	21	_
My insurance didn't							
cover my old medication	1	1	-	-	1	-	_
My physician recommended I switch	31	28	32	49	36	27	
I heard about a new medication							
and wanted to try it	5	4	14	5	3	7	_
Family and friends							
recommended that I switch	*	-	-	1	-	*	_
My health insurance policy changed	2	1	1	6	3	-	_
It had a negative interaction with							
other medication I was taking	7	9	8	1	4	10	-
Other	7	8	1	3	4	10	_

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1060 What is the primary reason you switched from one prescription medication for depression to another?





### **Experience With Switching Depression Medication- State Totals**

	CA <u>Total</u> (A)	FL <u>Total</u> (B)	NY <u>Total</u> (C)	OH <u>Total</u> (D)	TX <u>Total</u> (E)
Depression Medication Switching	%	%	%	%	%
Depression Medication Switching	(250)	(275)	(220)	(226)	(262)
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
Yes	77 <sup>E</sup>	66	76	72	65
No	23	34	24	28	35 <sup>A</sup>
Primary Reason For Switching					
Base: Switched Depression Medication	(199)	(195)	(254)	(233)	(174)
I experienced side effects	27	19	24	22	24
It was too expensive	*	1	6 <sup>BD</sup>	_	2
I still experienced symptoms	18	28	30 <sup>A</sup>	27	26
My insurance didn't cover my old medication	5	3	4	4	2
My physician recommended I switch	33	35	23	33	37 <sup>E</sup>
I heard about a new medication and wanted					
to try it	4	1	1	2	3
Family and friends recommended that I					
switch to another medication	1	2	*	4	-
My health insurance policy changed	2	*	1	1	*
It had a negative interaction with other					
medication I was taking	3	7 <sup>DE</sup>	4	1	1
Other	6	5	8	7	6

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1055 Have you ever switched from one prescription medication for depression to another?

Q1060 What is the primary reason you switched from one prescription medication for depression to another?





### Previous Depression Medications That Patients Have Taken- National

		Race				Access					
				African-							
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>				
		(B)	(C)	(D)	(E)	(F)	(G)				
	%	%	%	%	%	%	%				
Has Taken Depression Medication Bef	<u>ore</u>										
Base: Diagnosed with Depression ar	nd										
Not Currently Taking Medication	(201)	(102)	(53)	(46)	(13)	(12)	(176)				
Yes	80	83	80	66	69	85	81				
No	20	17	20	34	31	15	19				
Has Taken Depression Medication Before  Base: Switched Depression Medication											
or Not Currently But Has Taken											
Depression Medication	(369)	(206)	(83)	(80)	(103)	(119)	(147)				
SNRI	19	21	8	16	16	27	15				
Non-SNRI	92	92	97	89	96	85	94				
SSRI	82	81	89	81	80	78	86				
Other primary Antidepressant	37	41	29	21	42	42	42				
Benzodiazepine	18	19	11	21	19	24	14				
Non- Benzodiazepine Anti-Anxie	ty 9	9	4	16	7	13	11				
Clonazepam	8	8	9	3	8	10	6				
Other	18	18	24	13	15	24	16				
Mean Number of Meds	3.0	3.2	2.6	2.6	2.5	3.9 <sup>E</sup>	2.8				

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1065 Have you ever taken prescription medication for your depression?

Q1070 Which of the following prescription medication(s) have you previously taken for your depression?





### **Previous Depression Medications That Patients Have Taken- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
	%	%	%	%	%
Has Taken Depression Medication Before					
Base: Diagnosed with Depression and not Currently					
Taking Medication	(191)	(141)	(137)	(204)	(174)
Yes	74	77	79	89 <sup>AB</sup>	85
No	26 <sup>D</sup>	23 <sup>D</sup>	21	11	15
Previous Medication Taken for Depression					
Base: Switched Depression Medication or Not					
Currently But Has Taken Depression Medication	(345)	(314)	(367)	(413)	(322)
SNRI	16	22	22	23	24
Non-SNRI	94 <sup>C</sup>	91	87	91	93
SSRI	85 <sup>C</sup>	82	76	82	81
Other Primary Antidepressant	34	36	39	39	39
Benzodiazepine	23	25	17	21	23
Non-Benzodiazepine Anti-Anxiety	9	9	9	13	10
Clonazepam	5	10 <sup>C</sup>	2	5	4
Other	11	16	19 <sup>AE</sup>	12	10
Mean number of meds	3.0	3.1	2.8	3.1	2.9

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1065 Have you ever taken prescription medication for your depression?

Q1070 Which of the following prescription medication(s) have you previously taken for your depression?





# Reasons Why Patients Are Not Taking Currently Taking Medication for Depression- National

		AaceAfrican-				Access	
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Diagnosed with Depression							
and Not Currently Taking Medication	(201)	(102)	(53)	(46)	(13)	(12)	(176)
	%	%	%	%	%	%	%
I prefer not to use Rx medication							
for depression and/or anxiety	43	45	48	34	47	5	46
Negative information from news stor	ies 5	5	10	1	1	-	6
Physical (health) considerations	15	17	9	13	-	28	15
Based on a physician/health							
care provider recommendation	9	12	5	3	16	-	9
Just due to cost considerations	23	25	17	19	-	3	27
Related to potential negative							
side effects of the medication	30	36	16	21	32	10	32
Someone other than my physician or	-						
health care provider recommended	t						
that I not use the medication	3	4	1	1	1	-	3
It is embarrassing to use							
the medication	5	6	2	3	-	7	5
Concern for negative impact							
on job/relationship/insurance	8	8	6	10	-	-	9
I can get over these							
symptoms on my own	21	24	18	13	4	5	24
I had a change in health care policy	15	18	13	5	-	-	18
Other	29	23	43	37	22	61	27

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1080 Which of the following describe why you are not currently taking prescription medication for your depression?





# Reasons Why Patients Are Not Taking Currently Taking Medication for Depression- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Diagnosed with Depression and not Currently					
Taking Medication	(191)	(141)	(137)	(204)	(174)
	%	%	%	%	%
I prefer not use prescription medication for					
depression and/or anxiety	46 <sup>E</sup>	47 <sup>E</sup>	30	32	30
Negative information from news stories	17 <sup>CDE</sup>	6	1	3	2
Physical (health) considerations	15	8	6	10	15
Based on a physician/health care					
provider recommendation	14	9	8	10	10
Just due to cost considerations	14	23	23	25	26 <sup>E</sup>
Related to potential negative side effects					
of medication	35	22	26	30	33
Someone other than my physician or health					
care provider recommended that I not use					
this medication	7	4	2	3	1
It is embarrassing to use this medication	5	6	1	2	7
Concern for negative impact on job/					
relationship/insurance	9	8	4	6	7
I can get over these symptoms on my own	31	29	25	27	34
I had a change in health care policy	6	9	14	14	6
Other	28	21	34	23	30

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1080 Which of the following describe why you are not currently taking prescription medication for your depression?





#### **Obstacles to Treatment**





### **Health Insurance Coverage- National**

			Race		Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
	%	%	%	%	%	%	%	
Health Insurance								
Base: Diagnosed with Depression								
or Symptomatic Undiagnosed	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
For one person	43	42	46	43	55 <sup>G</sup>	59 <sup>G</sup>	30	
For a family	34	36	30	31	45 <sup>F</sup>	14	38 <sup>F</sup>	
I do not have health insurance	23	22	24	26	-	27 <sup>E</sup>	32 <sup>E</sup>	
<u>Deductible</u>								
Base: Diagnosed with Depression								
and Has Health Insurance	(412)	(223)	(91)	(98)	(164)	(123)	(125)	
\$0	25	25	27	22	28	25	20	
\$1-\$250	16	15	28	10	9	15	25 <sup>E</sup>	
\$251-\$500	10	11	8	10	12	9	9	
\$501-\$1000	2	2	1	*	3	1	*	
\$1001+	7	8	8	2	*	11 <sup>E</sup>	12 <sup>E</sup>	
Not Sure	41	40	29	57	47	39	34	
Mean	\$416.40	\$461.60	\$380.30	\$185.30	\$199.40	\$505.30	\$582.40 <sup>E</sup>	
Median	\$98	\$97	\$80	-	-	\$93	\$128	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q465 Is your health insurance...?

Q470 What is the annual deductible for your insurance plan?





### **Health Insurance Coverage- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Health Insurance					
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
For one person	39	37	45 <sup>D</sup>	33	37
For a family	44	38	43	51 <sup>BD</sup>	41
I do not have health insurance	17	25 <sup>ACD</sup>	12	15	22 <sup>CD</sup>
<u>Deductible</u>					
Base: Diagnosed with Depression					
and Has Health Insurance	(371)	(337)	(425)	(448)	(329)
\$0	24 <sup>E</sup>	20	28 <sup>E</sup>	26 <sup>E</sup>	15
\$1-\$250	16	19 <sup>C</sup>	10	14	11
\$251-\$500	11 <sup>C</sup>	9	5	10	18 <sup>BCD</sup>
\$501-\$1,000	2	5	4	4	5
\$1001+	5	7 <sup>C</sup>	2	7 <sup>C</sup>	10 <sup>C</sup>
Not Sure	42	40	51 <sup>BD</sup>	40	41
Mean	\$366.2	\$480.5	\$248.3	\$497.0	\$581.0
Median	\$77	\$166	-	\$130	\$361

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q465 Is your health insurance...?

Q470 What is the annual deductible for your insurance plan?





#### **Health Insurance Coverage- National**

			Race		Access				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: Diagnosed with Depression									
and Has Health Insurance	(412)	(223)	(91)	(98)	(164)	(123)	(125)		
	%	%	%	%	%	%	%		
Visits to a physician	97	97	99	99	100 <sup>F</sup>	95	97		
Prescription medication	93	92	95	95	100 <sup>FG</sup>	83	92		
Talk therapy/ Counseling	69	66	73	80	73	62	71		
Not cover certain brands									
of prescription drugs	31	33	27	28	-	76 <sup>EG</sup>	34 <sup>E</sup>		
Offer different co-pays for									
generic vs. brand-name drugs	61	61	54	67	59	64	62		
Offer different co-pays for									
different brand-name drugs	37	39	22	43	30	37	48 <sup>E</sup>		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q475 Does your healthcare cover...? Q480 Does your health insurance...?





#### **Health Insurance Coverage- State Totals**

	CA Total	FL Total	NY Total	OH Total	TX Total
	(A)	(B)	(C)	(D)	(E)
Base: Diagnosed with Depression	, ,				. ,
and Has Health Insurance	(371)	(337)	(425)	(448)	(329)
	%	%	%	%	%
Visits to a physician	98	98	97	99	98
Prescription medication	97 <sup>C</sup>	94	91	96 <sup>C</sup>	99 <sup>BC</sup>
Talk therapy/Counseling	72	68	75	75	71
Not cover certain brands					
of prescription drugs	35	35	32	38	34
Offer different co-pays for					
generic vs. brand-name drugs	65	67	69	68	73
Offer different co-pays for					
different brand-name drugs	30	39	39	42 <sup>A</sup>	45 <sup>A</sup>

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q475 Does your healthcare cover...? Q480 Does your health insurance...?





### **Health Insurance Coverage- National**

			Race		Access					
	<u>Total</u>	Caucasian (B)	Hispanic (C)	African- American (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)			
Base: Diagnosed with Depression and Has Health Insurance	(412) %	(223)	(91) %	(98) %	(164) %	(123) %	(125) %			
Not changed medications because it would have increased your co-pay Needed your physician to ask for	14	16	11	8	7	21 <sup>E</sup>	16			
authorization for a prescription because your health insurance required it	28	25	24	44 <sup>B</sup>	25	36	24			
Needed your pharmacist to call your physician because a prescription was not covered, was too expensive, or required authorization under	3									
your health plan	30	29	35	28	24	41 <sup>E</sup>	28			
Not seen a particular physician because he/she was out of network None of these	18 43	17 45	19 44	21 34	14 51 <sup>F</sup>	26 26	17 48 <sup>F</sup>			

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q485 Have you ever...?





### **Health Insurance Coverage- State Totals**

	CA <u>Total</u> (A)	FL <u>Total</u> (B)	NY <u>Total</u> (C)	OH <u>Total</u> (D)	TX <u>Total</u> (E)
Base: Diagnosed with Depression					
and Has Health Insurance	(371) %	(337) %	(425) %	(448) %	(329) %
Not changed medications because					
it would have increased your co-pay  Needed your physician to ask for authorization for prescription because your health insurance	12	14	15	20 <sup>A</sup>	12
required it  Needed your pharmacist to call your  physician because a prescription was  not covered, was too expensive, or  required authorization under	25	30	32	29	27
your health plan	34	29	37	33	30
Not seen a particular physician because he/she was out of network	21	25	20	29	32 <sup>AC</sup>
None of these	47	45	44	42	45

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q485 Have you ever...?





### **Health Insurance Coverage- State Access Groups**

	CaliforniaFlorida-		a	New York			Ohio			Texas					
	High (A)	Low (B)	<u>No</u> (C)	High (D)	Low (E)	<u>No</u> (F)	High (G)	Low (H)	<u>No</u> (I)	High (J)	Low (K)	<u>No</u>	High (M)	Low (N)	<u>No</u> (O)
Base: Diagnosed with Depression and Has Health Insurance							(194)					(L)			(116)
and rias riealth instrance	(123)	(110)	(136)	(130)	(116) ( %	(91) %	(194)	(143)	(88) %	(130)	(152)	(140)	(13 <del>4</del> ) %	(79) %	(110)
Not changed medications because it would have increased your co-pay Needed your physician to ask for authorization for prescription because your health insurance required it	5	17 <sup>A</sup>	14	5	16	26 <sup>D</sup>	10	20 52 <sup>GI</sup>	19	11	32 <sup>JL</sup>	16	9	21 43°	11
Needed your pharmacist to call your physician because a prescription was not covered, was too expensive, or required authorization under your health plan	15	47 <sup>A</sup>	41A	22	46 <sup>DF</sup>	19	23	62 <sup>GI</sup>	33	23	47 <sup>JL</sup>	28	23	52 <sup>MO</sup>	24
Not seen a particular physician because he/she was out of network None of these	13 65 <sup>BC</sup>	31 <sup>A</sup> 29	21 41	13 59 <sup>E</sup>	33 <sup>D</sup> 26	34 <sup>D</sup> 46	15 57 <sup>H</sup>	21 25	27 41	14 56 <sup>K</sup>	39 <sup>J</sup> 25	33 <sup>R</sup> 46 <sup>S</sup>	30 <sup>J</sup> 46	32 30	33 53 <sup>N</sup>

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q485 Have you ever...?





## **Satisfaction with Health Care- National**

			Race		Access				
	<u>Total</u>	<u>Caucasian</u> (B)	Hispanic (C)	African- <u>American</u> (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)		
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)		
	%	%	%	%	%	%	%		
Top Two	56	57	46	58	82 <sup>FG</sup>	55	44		
Very satisfied	22	24	17	19	38 <sup>FG</sup>	21	15		
Somewhat satisfied	33	33	29	38	44 <sup>G</sup>	34	28		
Neither dissatisfied nor satisfied	17	15	33 <sup>BD</sup>	13	9	16	22 <sup>E</sup>		
Bottom Two	27	28	21	30	9	29 <sup>E</sup>	34 <sup>E</sup>		
Somewhat dissatisfied	19	20	12	23	7	23 <sup>E</sup>	23 <sup>E</sup>		
Very dissatisfied	8	8	9	6	2	6	11 <sup>E</sup>		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q425 Overall, how satisfied are you with the health care you have received?





## **Satisfaction with Health Care- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
<u>Top Two</u>	56	61	62	63	58
Very satisfied	24	25	25	23	20
Somewhat satisfied	33	36	37	40	39
Neither dissatisfied nor satisfied	16	15	16	13	17
Bottom Two	28	24	22	24	25
Somewhat dissatisfied	19	16	17	16	15
Very dissatisfied	9	8	6	7	9

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q425 Overall, how satisfied are you with the health care you have received?





# Satisfaction with Health Care- State Access Groups

	Ca	aliforn	<u>ia</u>	<u></u> F	<u>lorida</u>		<u>Ne</u>	w Yor	<u> </u>		Ohio-		T	exas	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	No	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Top Two	69 <sup>C</sup>	62	49	85 <sup>EF</sup>	68 <sup>F</sup>	48	75 <sup>I</sup>	65	53	79 <sup>KL</sup>	61	55	79 <sup>0</sup>	69 <sup>0</sup>	46
Very satisfied	39 <sup>BC</sup>	21	19	40 <sup>E</sup>	22	20	36 <sup>1</sup>	30 <sup>1</sup>	15	21	29	19	23	20	18
Somewhat satisfied	30	42	30	45	46 <sup>F</sup>	28	38	35	38	58 <sup>KL</sup>	31	36	56 <sup>0</sup>	49 <sup>0</sup>	28
Neither dissatisfied nor satisfied	14	11	19	6	6	$23^{DE}$	9	9	23 <sup>GH</sup>	7	11	19J	8	14	$22^{M}$
Bottom Two	17	27	33 <sup>A</sup>	9	26 <sup>D</sup>	30 <sup>D</sup>	16	26	24	14	29 <sup>J</sup>	26	13	17	$32^{MN}$
Somewhat dissatisfied	8	24 <sup>A</sup>	21 <sup>A</sup>	5	<b>20</b> <sup>D</sup>	18 <sup>D</sup>	12	17	19	10	16	20	10	11	20
Very dissatisfied	9B	4	11	4	5	11	4	9	5	4	$13^{JL}$	5	4	6	12

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q425 Overall, how satisfied are you with the health care you have received?





## Degree Insurance Covers Depression Treatment Costs- National

			Race			Access	
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Base: Has Insurance Coverage							
and Currently Receiving Treatment	(293)	(161)	(61)	(71)	(164)	(123)	(6)
	%	%	%	%	%	%	%
0-25	13	12	23	10	5	21 <sup>E</sup>	48
26-50	8	9	5	4	6	7	38
51-75	10	12	5	6	9	12	5
76-99	48	44	52	60	59 <sup>F</sup>	36	-
100	22	23	15	20	21	24	8
Mean	74.1	74.7	66.2	78.6	81.2 <sup>F</sup>	67.5	39.5
Median	82	82	81	84	85	80	35

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1175 Approximately what percentage of these costs would you say are covered by your insurance coverage?





## **Degree Insurance Covers Depression Treatment Costs- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Has Insurance Coverage and Currently					
Receiving Treatment	(246)	(254)	(343)	(309)	(221)
	%	%	%	%	%
0-25	11	9	9	8	9
26-50	11	11	16	10	14
51-75	19	15	14	16	20
76-99	40	49	38	39	44
100	19	16	24	26 <sup>E</sup>	14
Mean	74.0	74.1	75.1	76.2	72.2
Median	80	80	81	81	79

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1175 Approximately what percentage of these costs would you say are covered by your insurance coverage?



### Out-of-Pocket Cost of Depression Medication-National

			Race			Access	
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Currently Taking Medication							
for Depression	(311)	(173)	(62)	(76)	(151)	(160)	(-)
	%	%	%	%	%	%	%
\$0	14	13	11	20	9	19	-
\$1-\$25	43	44	42	39	53 <sup>F</sup>	32	-
\$26-\$50	17	18	14	20	18	17	-
\$51-\$100	14	16	3	10	15	12	-
More than \$100	12	9	30	11	5	20 <sup>E</sup>	-
Mean	\$113.8	\$133.8	\$73.4	\$53.0	\$38.4	\$195.3	-
Median	\$20	\$20	\$26	\$16	\$20	\$24	_

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1180 In an average month, about how much do you spend out-of-pocket on prescription medication to treat your depression?





# **Out-of-Pocket Cost of Depression Medication- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: Currently Taking Medication for Depression	(259)	(275)	(339)	(326)	(263)
	%	%	%	%	%
\$0	17	11	16	14	18
\$1-\$25	38	32	48 <sup>BE</sup>	45 <sup>B</sup>	35
\$26-\$50	24	28	19	18	22
\$51-\$100	15	12	9	12	16
More than \$100	7	17 <sup>AC</sup>	8	11	9
Mean	\$43.20	\$65.50	\$57.50	\$137.40	\$51.10
Median	\$24	\$34	\$18	\$20	\$25

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1180 In an average month, about how much do you spend out-of-pocket on prescription medication to treat your depression?





### Out-of-Pocket Cost of Depression Medication-State Access Groups

	C	aliforn	ia		Florida	1	N	ew Yo	rk		-Ohio-			Texas-	
	<u>High</u>	Low	No	<u>High</u>	Low	No	<u>High</u>	Low	No	<u>High</u>	Low	No	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Currently Taking															
Medication for Depression	(113)	(146)	(-)	(125)	(150)	(-)	(186)	(153)	(-)	(140)	(186)	(-)	(130)	(133)	(-)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
\$0	15	19	-	10	12	-	21 <sup>H</sup>	8	-	15	14	_	23	12	-
\$1-\$25	40	36	-	28	37	-	54	41	-	64 <sup>K</sup>	29	-	37	33	-
\$26-\$50	30	17	-	42 <sup>E</sup>	13	-	15	23	-	12	23	-	20	24	-
\$51-\$100	12	18	-	11	14	-	7	12	-	6	18 <sup>J</sup>	-	13	19	-
More than \$100	2	11	-	9	<b>24</b> <sup>D</sup>	-	3	15 <sup>G</sup>	-	3	17 <sup>J</sup>	-	16	13	-
Mean	\$31.10	55.0	-	57.6	73.5	-	22.5	107.7 <sup>G</sup>	-	23.4	236.5	-	36.2	68.1 <sup>M</sup>	-
Median	\$25	21	_	34	31	-	10	29	-	13	40	-	21	30	-

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1180 In an average month, about how much do you spend out-of-pocket on prescription medication to treat your depression?





### **Out-of-Pocket Cost of Talk Therapy- National**

			Race		Access				
				African-					
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: In Talk Therapy	(135)	(65)	(32)	(38)	(67)	(59)	(9)		
	%	%	%	%	%	%	%		
\$0	31	32	36	25	21	48	16		
\$1-\$25	17	15	19	20	23	14	4		
\$26-\$50	8	5	20	10	15	3	-		
\$51-\$100	10	8	8	20	14	9	-		
More than \$100	34	41	17	25	27	25	81		
Mean	\$105.3	\$134.3	\$40.9	\$66.7	\$69.7	\$121.9	\$176.2		
Median	\$30	\$36	\$16	\$33	\$31	\$13	\$191		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1185 In an average month, about how much do you spend out-of-pocket on talk therapy or counseling to treat your depression/the feelings and experiences you listed?





## **Out-of-Pocket Cost of Talk Therapy- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: In Talk Therapy	(126)	(116)	(168)	(125)	(92)
	%	%	%	%	%
\$0	24	29	45 <sup>A</sup>	55 <sup>AB</sup>	36
\$1-\$25	16	12	6	13	6
\$26-\$50	13	29 <sup>CD</sup>	5	11	13
\$51-\$100	22 <sup>D</sup>	13	19 <sup>D</sup>	3	17 <sup>D</sup>
More than \$100	24	18	25	17	28
Mean	\$97.30	\$118.10	\$194.40	\$102.00	\$143.60
Median	\$45	\$34	\$26	-	\$41

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1185 In an average month, about how much do you spend out-of-pocket on talk therapy or counseling to treat your depression/the feelings and experiences you listed?





### **Attitudes Towards Depression Treatment- National**

			Race		Access				
				African-					
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)		
	%	%	%	%	%	%	%		
Percent responding "Strongly agree"	<del>-</del>								
<u>or "Agree"</u>									
I feel engaged in conversations wi	th								
my health care provider regardir	ng								
my depression	49	48	59	47	64 <sup>G</sup>	63 <sup>G</sup>	25		
I defer to my doctor when treatme	nt								
decisions are made for									
my depression	39	36	44	46	54 <sup>G</sup>	47 <sup>G</sup>	19		
The treatment prescribed by my									
physician was based on insuran	ce								
coverage rather than what was									
most effective for me	18	13	34 <sup>B</sup>	23	14	19	19		
Treatment decisions for my depres	ssion								
are usually based on what is be	st for								
me, regardless of cost	50	48	52	58	<b>71</b> <sup>FG</sup>	48 <sup>G</sup>	32		
My treatment choices for depressi	on								
enabled me to receive the best									
care possible	48	46	51	51	68 <sup>FG</sup>	<b>50</b> <sup>G</sup>	27		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.



### Attitudes Towards Depression Treatment, Cont.-National

			Race			Access	
	<u>Total</u>	Caucasian (B)	<u>Hispanic</u>	African- American	<u>High</u> (E)	<u>Low</u>	<u>No</u>
Base: Diagnosed with Depression	(512)	( <b>B)</b> (275)	<b>(C)</b> (115)	<b>(D)</b> (122)	( <b>L)</b> (164)	<b>(F)</b> (172)	<b>(G)</b> (176)
	%	%	%	%	%	%	%
Percent responding "Strongly agree"							
<u>or "Agree"</u>							
My treatment choices for my depre	ession						
are dictated by my insurance po	licy						
instead of what my physician an	ıd I						
agree is most effective	21	19	36 <sup>BD</sup>	15	14	26	23
If I am not effectively treated for m depression I will experience	У						
a relapse	47	47	56	40	55 <sup>G</sup>	65 <sup>G</sup>	25

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Attitudes Towards Depression Treatment- National**

			Race			Access				
				African-						
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>			
		(B)	(C)	(D)	(E)	(F)	(G)			
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)			
	%	%	%	%	%	%	%			
Percent responding "Strongly disagre	<u>ee"</u>									
or "Disagree"										
I feel engaged in conversations wit	h									
my health care provider regardin	g									
my depression	21	23	18	16	14	15	34 <sup>EF</sup>			
I defer to my doctor when treatmer	ıt									
decisions are made for										
my depression	24	27	13	19	15	15	40 <sup>EF</sup>			
The treatment prescribed by my										
physician was based on insurance	ce									
coverage rather than what was										
most effective for me	60	63	48	54	75 <sup>FG</sup>	54	50			
Treatment decisions for my depres	sion									
are usually based on what is bes	t for									
me, regardless of cost	22	23	25	13	8	29 <sup>E</sup>	28 <sup>E</sup>			
My treatment choices for depression	n									
enabled me to receive the best										
care possible	18	21	11	11	6	19 <sup>E</sup>	27 <sup>E</sup>			

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.



### Attitudes Towards Depression Treatment, Cont.-National

			Race		Access				
				African-					
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)		
	%	%	%	%	%	%	%		
Percent responding "Strongly agree	,,								
<u>or "Agree"</u>									
My treatment choices for my depr	ession								
are dictated by my insurance po	olicy								
instead of what my physician ar	ıd I								
agree is most effective	54	55	45	56	65 <sup>G</sup>	54	44		
If I am not effectively treated for m	ıy								
depression I will experience									
a relapse	22	25	17	14	17	10	37 <sup>EF</sup>		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Attitudes Towards Depression Treatment- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
	%	%	%	%	%
Percent responding "Strongly agree" or "Agree"					
I feel engaged in conversations with my health care					
provider regarding my depression	41	51	46	44	48
I defer to my doctor when treatment decisions are					
made for my depression	36	49 <sup>A</sup>	47 <sup>A</sup>	45	47 <sup>A</sup>
The treatment prescribed by my physician was based on insurance coverage rather than what was most					
effective for me	14	15	14	15	12
Treatment decisions for my depression are usually based					
on what is best for me, regardless of cost	54	61	57	54	59
My treatment choices for depression enabled me to					
receive the best care possible	42	58 <sup>AD</sup>	<b>53</b> <sup>AD</sup>	43	55 <sup>AD</sup>
My treatment choices for depression are dictated by my					
insurance policy instead of what my physician and I					
agree is most effective	22	16	19	25 <sup>B</sup>	21
If I am not effectively treated for my depression					
I will experience a relapse	43	50	53 <sup>A</sup>	51	48

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Attitudes Towards Depression Treatment- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
	%	%	%	%	%
Percent responding "Strongly disagree" or "Disagree"					
I feel engaged in conversations with my health care					
provider regarding my depression	24	18	17	21	23
I defer to my doctor when treatment decisions are					
made for my depression	29 <sup>CDE</sup>	22	16	16	19
The treatment prescribed by my physician was based					
on insurance coverage rather than what was most					
effective for me	58	67	71 <sup>AD</sup>	59	66
Treatment decisions for my depression are usually based					
on what is best for me, regardless of cost	23	17	22	22	18
My treatment choices for depression enabled me to					
receive the best care possible	21	16	17	17	16
My treatment choices for depression are dictated by my					
insurance policy instead of what my physician and I					
agree is most effective	52	59 <sup>D</sup>	57	49	57
If I am not effectively treated for my depression					
I will experience a relapse	25	19	19	18	26

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Attitudes Towards Depression Treatment- State Access Groups**

	California			Florida	a	New York			Ohio			Texas			
	High	Low	No	High	Low	No	High	Low	No	High	Low	No	High	Low	No
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	<b>(O)</b>
Base: Diagnosed with depression	(123)	(156)	(171)	(130)	(160)	(126)	(194)	(167)	(115)	(150)	(199)	(181)	(134)	(141)	(162)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Percent responding "Strongly agree" or "Agree"  I feel engaged in conversations															
with my health care provider regarding my depression	52 <sup>C</sup>	49 <sup>C</sup>	28	60 <sup>F</sup>	65 <sup>F</sup>	27	56 <sup>l</sup>	54 <sup>1</sup>	25	56 <sup>L</sup>	49 <sup>L</sup>	28	54	53	39
I defer to my doctor when treatment decisions are made	-														
for my depression	46 <sup>C</sup>	42 <sup>C</sup>	24	67 <sup>F</sup>	49	32	48 <sup>I</sup>	61 <sup>1</sup>	29	57 <sup>L</sup>	52 <sup>L</sup>	25	62 <sup>0</sup>	49	34
The treatment prescribed by my physician was based on insurance coverage rather than what was most effective for me	13	14	15	10	15	22	11	18	13	9	21 <sup>J</sup>	13	13	10	13
Treatment decisions for my depression are usually based on what is best for me, regardless of cost	64 <sup>C</sup>	58	43	73 <sup>F</sup>	64	47	73 <sup>HI</sup>	58 <sup>1</sup>	33	72 <sup>KL</sup>	49	43	69°	62	49
My treatment choices for depression enabled me to receive the best care possible	64 <sup>BC</sup>	40	28	68 <sup>F</sup>	64 <sup>F</sup>	42	66 <sup>I</sup>	60 <sup>1</sup>	29	58 <sup>KL</sup>	37	35	61	58	47
My treatment choices for depression are dictated by my insurance policy instead of what my physician and I agree is most effective	23	16	26	4	<b>20</b> <sup>D</sup>	25 <sup>J</sup>	12	25 <sup>G</sup>	22	14	30 <sup>J</sup>	31 <sup>J</sup>	14	25	23
If I am not effectively treated for my depression I will experience a relapse	52 <sup>C</sup>	64 <sup>C</sup>	21	56 <sup>F</sup>	71 <sup>F</sup>	22	68 <sup>I</sup>	63 <sup>1</sup>	21	63 <sup>L</sup>	70 <sup>L</sup>	20	60°	60°	30

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Attitudes Towards Depression Treatment- State Access Groups**

California		FloridaNew York-			rk	Ohio			Texas					
High	Low	No	High	Low	No	High	Low	No	High	Low	No	High	Low	No
(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
(123) %	(156) %	(171) %	(130) %	(160) %	(126) %	(194) %	(167) %	(115) %	(150) %	(199) %	(181) %	(134) %	(141) %	(162) %
20	21	20	15	12	27E	12	12	27HI	12	24	27 <sup>J</sup>	14	21	31 <sup>M</sup>
20	۷ ۱	20	10	12	21	12	12	21	12	27	21	17	21	01
23	23	37	11	23	31 <sup>D</sup>	13	14	24	6	15	26 <sup>J</sup>	9	17	28 <sup>M</sup>
68 <sup>C</sup>	66 <sup>C</sup>	46	73	71	55	76	72	64	67	53	58	73	70	57
16	21	20	8	15	28D	11	<b>28</b> G	31G	8	321	<b>24</b> J	10	17	25 <sup>M</sup>
10	۷ ۱	29	O	10			20		O	323		10	17	20
4	23 <sup>A</sup>	32 <sup>A</sup>	8	15	<b>26</b> <sup>D</sup>	11	16	<b>29</b> <sup>G</sup>	9	19	24 <sup>J</sup>	11	12	23
64 <sup>C</sup>	56	42	68 <sup>F</sup>	62	46	73 <sup>HI</sup>	50	44	59	45	45	66	54	51
20	12	<b>30</b> AB	15	8	36DE	11	13	<b>38</b> GH	10	5	<b>⊿∩</b> JK	22	15	37 <sup>N</sup>
	High (A) (123) % 20 23 68 <sup>C</sup> 16	High (A) (B) (123) (156) %  20 21  23 23  68° 66°  16 21  4 23 <sup>A</sup> 64° 56	(A) (B) (C) (123) (156) (171) %  20 21 29  23 23 37  68° 66° 46  16 21 29  4 23 <sup>A</sup> 32 <sup>A</sup> 64° 56 42	High (A)         Low (B)         No (C)         High (D)           (123)         (156)         (171)         (130)           20         21         29         15           23         23         37         11           68 <sup>C</sup> 66 <sup>C</sup> 46         73           16         21         29         8           4         23 <sup>A</sup> 32 <sup>A</sup> 8           64 <sup>C</sup> 56         42         68 <sup>F</sup>	High (A) (B) (B) (C) (D) (E) (D) (E) (D) (E) (123) (156) (171) (130) (160) %           20         21         29         15         12           23         23         37         11         23           68 <sup>C</sup> 66 <sup>C</sup> 46         73         71           16         21         29         8         15           4         23 <sup>A</sup> 32 <sup>A</sup> 8         15           64 <sup>C</sup> 56         42         68 <sup>F</sup> 62	High (A)         Low (B)         No (C)         High (D)         Low (E)         No (F)           (123)         (156)         (171)         (130)         (160)         (126)           20         21         29         15         12         27E           23         23         37         11         23         31D           68°         66°         46         73         71         55           16         21         29         8         15         28D           4         23A         32A         8         15         26D           64°         56         42         68F         62         46	High (A)         Low (B)         No (C)         High (D)         Low (E)         No (F)         High (G)           (123)         (156)         (171)         (130)         (160)         (126)         (194)           20         21         29         15         12         27 <sup>E</sup> 12           23         23         37         11         23         31 <sup>D</sup> 13           68 <sup>C</sup> 66 <sup>C</sup> 46         73         71         55         76           16         21         29         8         15         28 <sup>D</sup> 11           4         23 <sup>A</sup> 32 <sup>A</sup> 8         15         26 <sup>D</sup> 11           64 <sup>C</sup> 56         42         68 <sup>F</sup> 62         46         73 <sup>H</sup>	High (A)         Low (B)         No (C)         High (D)         Low (E)         No (F)         High (G)         Low (H)           (123)         (156)         (171)         (130)         (160)         (126)         (194)         (167)           20         21         29         15         12         27E         12         12           23         23         37         11         23         31D         13         14           68°         66°         46         73         71         55         76         72           16         21         29         8         15         28D         11         28G           4         23A         32A         8         15         26D         11         16           64°         56         42         68F         62         46         73H         50	High (A)         Low (B)         No (C)         High (D)         Low (E)         No (F)         High (G)         Low (H)         No (I)           (123)         (156)         (171)         (130)         (160)         (126)         (194)         (167)         (115)           20         21         29         15         12         27E         12         12         27HI           23         23         37         11         23         31D         13         14         24           68°         66°         46         73         71         55         76         72         64           16         21         29         8         15         28D         11         28G         31G           4         23A         32A         8         15         26D         11         16         29G           64°         56         42         68F         62         46         73HI         50         44	High   Low   No   High   (I)   (J)	High (A)         Low (B)         No (C)         High (D)         Low (F)         No (H)         High (I)         Low (II)         Low (III)         Low	High (A)         Low (B)         No (C)         High (D)         Low (E)         No (F)         High (G)         Low (H)         No (I)         High (I)         Low (I)         No (I)	High (A)         Low (B)         No (C)         High (C)         Low (D)         No (E)         High (F)         Low (G)         No (H)         High (I)         Low (I)         No (I)         High (II)         Low (IV)         No (IV)         High (IV)         (IV) </td <td>  High   Low   No   High   No   No   High   No   High   No   No   High   No   High   No   High   No   High   No   High   High</td>	High   Low   No   High   No   No   High   No   High   No   No   High   No   High   No   High   No   High   No   High   High

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





#### Factors That Prevented Effective Depression Treatment- National

		Race				Access	
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
Base: Diagnosed with Depression	(512)	<b>(B)</b> (275)	<b>(C)</b> (115)	<b>(D)</b> (122)	<b>(E)</b> (164)	<b>(F)</b> (172)	<b>(G)</b> (176)
	%	%	%	%	%	%	%
Insurance plan did not cover enough of treatment	20	21	22	12	13	28 <sup>E</sup>	20
Had poor communication with health care professional	18	18	18	14	9	22 <sup>E</sup>	22 <sup>E</sup>
Lacked a general knowledge							
of depression	9	10	6	7	12 <sup>G</sup>	13 <sup>G</sup>	3
Feared stigma associated with my depression	14	14	14	15	16	18	10
Was afraid of telling my physician about my symptoms	13	13	16	11	13	19 <sup>G</sup>	9
Stopped taking my medication for depression	26	25	29	27	23	26	28
Was not able to take time off from work when needed	10	10	10	8	9	11	9
Did not have a means of transportation to my health							
care provider's office	8	6	17 <sup>B</sup>	8	4	8	10
Health care providers being insensitive to my personal/							
cultural needs	16	15	27	12	8	20 <sup>E</sup>	20 <sup>E</sup>
None of these	39	40	32	40	47 <sup>F</sup>	29	39

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1095 Did any of the following ever hinder you from getting effective treatment for your depression?





## Factors That Prevented Effective Depression Treatment- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
	%	%	%	%	%
Insurance plan did not cover enough of treatment	23	21	20	23	18
Had poor communication with health care professional	21	20	15	18	15
Lacked a general knowledge of depression	20 <sup>B</sup>	11	15	16	17
Feared stigma associated with my depression	17	16	19	17	18
Was afraid of telling my physician about my symptoms	15	14	15	17	10
Stopped my talk therapy/counseling	21	20	22	20	19
Stopped taking my medication for depression	27	25	23	23	28
Was not able to take time off from work when needed	13	10	15	12	13
Did not have a means of transportation to my health					
care provider's office	11 <sup>E</sup>	7	8	8	5
Health care providers being insensitive to my					
personal/cultural needs	14	15	15 <sup>E</sup>	15	9
None of these	31	36	36	37	35

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1095 Did any of the following ever hinder you from getting effective treatment for your depression?





# Factors That Prevented Effective Depression Treatment- State Access Groups

		aliforr				daNew York			Ohio			Texas			
	High (A)	Low	<u>No</u>	High	Low	No (E)	High	Low	No (1)	High	Low	No	High	Low	<u>No</u>
Base: Diagnosed with depression	( <b>A</b> ) (123) %	( <b>B</b> ) (156) %	( <b>C)</b> (171) %	<b>(D)</b> (130) %	<b>(E)</b> (160) %	<b>(F)</b> (126) %	<b>(G)</b> (194) %	( <b>H)</b> (167) %	( <b>I)</b> (115) %	( <b>J)</b> (150) %	( <b>K</b> ) (199) %	<b>(L)</b> (181) %	( <b>M)</b> (134) %	(N) (141) %	( <b>O</b> ) (162) %
Insurance plan did not cover enough of treatment	12	29 <sup>A</sup>	25	15	23	24	15	30 <sup>G</sup>	18	11	30 <sup>J</sup>	25 <sup>J</sup>	10	27 <sup>M</sup>	18
Had poor communication with health care professional	12	23	27 <sup>A</sup>	15	24	21	14	15	16	23 <sup>L</sup>	21	10	17	15	14
Lacked a general knowledge of depression	20	21	19	14	13	7	17	18	10	21	16	12	17	23	12
Feared stigma associated with my depression	8	28 <sup>AC</sup>	14	15	14	18	19	26 <sup>l</sup>	10	20 <sup>L</sup>	23 <sup>L</sup>	7	21	26 <sup>0</sup>	11
Was afraid of telling my physician about my symptoms	11	20	13	18	7	15	18	16	9	26 <sup>L</sup>	18 <sup>L</sup>	7	12	15	6
Stopped my talk therapy/ counseling	17	26	19	25	13	24	15	20	33 <sup>G</sup>	22	13	26 <sup>K</sup>	20	17	19
Stopped taking my medication for depression	19	36 <sup>A</sup>	25	21	19	36 <sup>E</sup>	17	25	30	18	20	32	27	24	33
Was not able to take time off from work when needed	13	24 <sup>C</sup>	5	5	13	14	13	19	16	9	12	13	7	21 <sup>M</sup>	12
Did not have a means of transportation to my health care provider's office	2	14 <sup>A</sup>	14 <sup>A</sup>	5	10	5	4	5	15 <sup>G</sup>	15 <sup>L</sup>	6	4	5	5	5
Health care providers being insensitive to my personal/ cultural needs	10	14	16	9	17	18	15	15	15	15	19	10	8	12	7

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1095 Did any of the following ever hinder you from getting effective treatment for your depression?





## **Attitudes Towards Depression- National**

	Access			Race			
			African-				
<u>No</u> (G)	Low (F)	<u>High</u> (E)	American (D)	Hispanic (C)	Caucasian (B)	<u>Total</u>	
(2.2.2)	>	(10.1)	(	(4==)	(2.42)	()	Base: Diagnosed with Depression
(326)	(172)	(164)	(160)	(153)	(349)	(662)	or Symptomatic Undiagnosed
%	%	%	%	%	%	%	D 1 "01 1 "
							Percent responding "Strongly agree"
							or "Agree"
							I always trust the recommendation
40	226	4.4G	20	20	00	00	of mental professionals such as
19	33 <sup>G</sup>	44 <sup>G</sup>	30	36	26	28	psychiatrists and psychologists
31EF	10	Q	1/	30D	21	21	I am too embarrassed to
31	10	O	14	30	21		•
15E	6	5	10	10	11		
13	O	3	10	10	11	11	· · ·
47 <sup>EF</sup>	29	26	32	53 <sup>BD</sup>	36	38	
						atment	I believe that I deserve the best trea
						nat	available for me, regardless of wh
76	84	85	87	85	77	80	
							•
							depression research and treatme
47	65 <sup>G</sup>	56	54	57	52	d 53	advances as much as they should
							•
						acial	•
24	27	35	23	38	26	27	backgrounds
76	65 <sup>G</sup>	85 56	87	57		38 atment nat 80 nt 53 needs acial	available for me, regardless of wh my insurance allows/covers  The government is not funding depression research and treatme advances as much as they should I believe that health care providers generally understand the specific of patients from different ethnic/ra

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Attitudes Towards Depression- National**

		Race				Access		
				African-				
	<u>Total</u>	Caucasian (B)	Hispanic (C)	American (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)	
Base: Diagnosed with Depression	(2.2.2)	(2.42)	(4==)	(4.55)		(4-5)	(2.2.2)	
or Symptomatic Undiagnosed	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
D	, % ,,	%	%	%	%	%	%	
Percent responding "Strongly disagre	<u>ee"</u>							
or "Disagree"								
I always trust the recommendation								
of mental professionals such as	0.4	40DE	0.4	00	0.5	05	40EE	
psychiatrists and psychologists	34	40 <sup>DE</sup>	21	20	25	25	43 <sup>EF</sup>	
I am too embarrassed to discuss emotional problems	51	52	47	55	68 <sup>G</sup>	68 <sup>G</sup>	37	
People with emotional problems do	-	32	71	33	00	00	37	
not need prescription medication		68	68	69	80 <sup>G</sup>	87 <sup>G</sup>	55	
Prescription medications are habit	00	00	00	00	00	O1	00	
forming and lead to dependence	32	35 <sup>C</sup>	20	34	<b>42</b> <sup>G</sup>	47 <sup>G</sup>	22	
I believe that I deserve the best trea	atment							
available for me, regardless of w	hat							
my insurance allows/covers	8	9	3	3	4	8	9	
The government is not funding								
depression research and treatme		40	•	_	4-		4.0	
advances as much as they shoul	d 11	13	8	5	15	6	12	
I believe that health care providers								
generally understand the specific								
of patients from different ethnic/ra		20	20	<b>CO</b> BC	40	OOF	20E	
backgrounds	33	30	30	50 <sup>BC</sup>	19	33 <sup>E</sup>	39 <sup>E</sup>	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Attitudes Towards Depression- State Totals**

	CA Total	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
Base: All Respondents	<b>(A)</b> (551)	<b>(B)</b> (542)	<b>(C)</b> (602)	<b>(D)</b> (619)	<b>(E)</b> (566)
	%	%	%	%	%
Percent responding "Strongly agree" or "Agree"					
I always trust the recommendation of mental health					
professionals such as psychiatrists and psychologists	32	36 <sup>D</sup>	29	27	32
I am too embarrassed to discuss emotional problems	23	19	24	23	29 <sup>B</sup>
People with emotional problems do not					
need prescription medication	11 <sup>D</sup>	6	<b>9</b> D	4	8
Prescription medications are habit-forming and					
lead to dependence	39	33	35	31	34
I believe that I deserve the best treatment option					
available for me, regardless of what my					
insurance allows/covers	84	82	85	85	82
The government is not funding depression research					
and treatment advances as much as they should	57	55	57	57	52
I believe that health care provides generally understand					
the specific needs of patients from different					
ethnic/racial backgrounds	20	21	29 <sup>AB</sup>	29 <sup>AB</sup>	25

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Attitudes Towards Depression- State Totals**

	CA Total	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
Base: All Respondents	<b>(A)</b> (551)	<b>(B)</b> (542)	<b>(C)</b> (602)	<b>(D)</b> (619)	<b>(E)</b> (566)
Date: 7 iii Neopenaonie	%	%	%	%	%
Percent responding "Strongly disagree" or "Disagree"		,,	, ,	, ,	
I always trust the recommendation of mental health					
professionals such as psychiatrists and psychologists	29	28	31	26	28
I am too embarrassed to discuss emotional problems	58 <sup>E</sup>	59 <sup>E</sup>	54	52	48
People with emotional problems do no					
need prescription medication	65	71	70	76 <sup>A</sup>	71
Prescription medications are habit-forming and					
lead to dependence	30	31	29	36	30
I believe that I deserve the best treatment option					
available for me, regardless of what my					
insurance allows/covers	5	5	7	5	4
The government is not funding depression research					
and treatment advances as much as they should	8	8	8	6	8
I believe that health care providers generally					
understand the specific needs of patients from					
different ethnic/racial background	37	33	32	32	31

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Depression Symptoms and Health Problems**





			Race			Access	
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Percent responding "Most or all of the	e time"						
or "Occasionally or a moderate amou	unt of time"						
I felt depressed	49	47	55	52	43	56	48
My sleep was restless	62	62	64	62	50	64	67 <sup>E</sup>
I felt lonely	41	36	53 <sup>B</sup>	50	29	43	45 <sup>E</sup>
I had crying spells	16	12	30 <sup>B</sup>	25 <sup>B</sup>	14	18	17
I could not get going	49	47	53	54	31	62 <sup>E</sup>	52 <sup>E</sup>
Summary Score							
Minimal to no symptoms (0-7)	63	66	54	58	76 <sup>FG</sup>	60	59
Mild to moderate (8-10)	20	20	20	18	12	13	26 <sup>EG</sup>
Major depression (11-15)	17	13	26 <sup>B</sup>	24 <sup>B</sup>	12	27 <sup>EG</sup>	15
Mean Score	6.7	6.4	7.6 <sup>B</sup>	7.3	5.6	7.3E	6.9 <sup>E</sup>

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q710 Taking everything into consideration, during the past week, how would you rate your satisfaction with your...?





	CA <u>Total</u> (A)	FL <u>Total</u> (B)	NY <u>Total</u> (C)	OH <u>Total</u> (D)	TX <u>Total</u> (E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Percent responding "Most or all of the time"					
or "Occasionally or a moderate amount of time"					
I felt depressed	48	44	47	47	47
My sleep was restless	57	65 <sup>C</sup>	55	57	63
I felt lonely	41	37	42	40	40
I had crying spells	23 <sup>B</sup>	13	21 <sup>B</sup>	20 <sup>B</sup>	18
I could not get going	53	54	49	54	51
Summary Score					
Minimal to no symptoms (0-7)	61	65	63	58	62
Mild to moderate (8-10)	22	21	24	27	20
Major depression (11-15)	17	14	13	15	18
Mean Score	6.5	6.6	6.4	6. 7	6.7

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q710 Taking everything into consideration, during the past week, how would you rate your satisfaction with your...?



100



## **CES-D5 Scores- State Access Groups**

	C	aliforr	<u> </u>		Florid	a	N	ew Yo	rk		-Ohio		Texas		
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Percent responding "Most or all of the time" or "Occasionally or a moderate amount of time"															
I felt depressed	27	28 <sup>C</sup>	15	11	17	21	21	18	17	24	26	19	25	17	19
My sleep was restless	18	30	30	26	28	40	30	24	25	20	37 <sup>J</sup>	31	29	28	26
I felt lonely	19	19	13	8	13	22 <sup>F</sup>	20	14	22	16	17	20	21	11	N
I had crying spells	13 <sup>B</sup>	6	9	6	4	4	5	5	5	6	11	7	3	4	10
I could not get going	28	22	22	16	24	22	20	19	18	22	26	19	30	16	26
Summary Score															
Minimal to no symptoms (0-7)	63	56	62	70	64	63	67	69	58	60	53	60	62	68	60
Mild to moderate (8-10)	19	27	21	17	20	23	17	15	$32^{\text{GH}}$	27	26	29	18	21	21
Major depression (11-15)	18	17	17	13	15	15	16	16	10	12	22 <sup>L</sup>	11	20	11	19
Mean Score	6.8	6.9	6.3	5.7	6.5	6.9 <sup>D</sup>	6.3	6.3	6.5	6.4	7.2	6.5	6.8	5.8	7.0 <sup>N</sup>

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q710 Taking everything into consideration, during the past week, how would you rate your satisfaction with your...?





### **Symptoms Experienced in Past Month- National**

			Race			Access	ess	
				African-		_		
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	( <b>G</b> )	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
Crying	19	16	32 <sup>B</sup>	23	12	21	22	
Constant worrying	44	45	38	45	25	50 <sup>E</sup>	50 <sup>E</sup>	
Loss of interest in favorite activities	29	26	41 <sup>B</sup>	31	17	33 <sup>E</sup>	33 <sup>E</sup>	
Trouble concentrating	40	37	52 <sup>B</sup>	41	28	45 <sup>E</sup>	43 <sup>E</sup>	
Low energy/fatigue	62	63	57	62	54	67	63	
Unexplained pain	20	20	19	22	22	21	20	
Frequent headaches	33	37 <sup>C</sup>	21	26	26	35	35	
Lack of motivation	51	49	47	63	33	57 <sup>E</sup>	56 <sup>E</sup>	
Feelings of isolation/Uninvolved								
with family and friends	34	30	46 <sup>B</sup>	42	24	36	38 <sup>E</sup>	
Trouble sleeping	57	58	58	54	49	56	62	
Feeling worthless or guilty								
for no reason	27	24	48 <sup>BD</sup>	21	21	27	30	
Persistent sadness	32	27	50 <sup>B</sup>	37	24	31	36	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.



### Symptoms Experienced in Past Month, Cont.-National

			Race			Access					
	<u>Total</u>	<u>Caucasian</u> (B)	Hispanic (C)	African- <u>American</u> (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)				
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)				
	%	%	%	%	%	%	%				
Irritability	41	39	44	45	29	38	47 <sup>E</sup>				
Upset Stomach	27	25	34	27	19	24	31 <sup>E</sup>				
Nervousness	28	26	36	32	18	33 <sup>E</sup>	31 <sup>E</sup>				
Changes in appetite	26	23	32	34	24	18	30 <sup>F</sup>				
Muscle aches	44	41	47	54	41	39	47				
Tension	43	44	48	33	33	47	46				
Restlessness	37	34	47	46	29	35	42				
Phobias/Avoidance of fear	10	9	18 <sup>BD</sup>	4	4	13 <sup>E</sup>	11				
Heart palpitations	12	11	20	11	9	15	13				
Shortness of breath	21	19	28	26	15	24	22				
Anticipation of the worst	28	25	39 <sup>B</sup>	33	22	26	31				
Average number of symptoms	7.7	7.3	9.0 <sup>B</sup>	8.1	5.8	7.9 <sup>E</sup>	8.4 <sup>E</sup>				

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.



	CA <u>Total</u>	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Crying	32 <sup>BCE</sup>	20	21	27	21
Constant worrying	37	42	44	45 <sup>A</sup>	46 <sup>A</sup>
Loss of interest in favorite activities	31	30	33	27	35
Trouble concentrating	41	36	37	36	43
Low energy/Fatigue	63	70 <sup>C</sup>	58	62	68 <sup>C</sup>
Unexplained pain	17	19	18	19	26 <sup>AC</sup>
Frequent headaches	31	34	30	35	34
Lack of motivation	54	53	47	53	53
Feelings of isolation/Uninvolved					
with family/friends	27	24	29	25	31
Trouble sleeping	55	59	54	53	56
Feeling worthless or guilty for no reason	24	23	28	27	35 <sup>ABD</sup>
Persistent sadness	33	26	31	31	34

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





#### Symptoms Experienced in Past Month, Cont.-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Irritability	43	48	39	44	45
Upset Stomach	32 <sup>D</sup>	25	32 <sup>D</sup>	23	29
Nervousness	30	34	28	37 <sup>C</sup>	34
Changes in appetite	23	27	23	22	25
Muscle aches	45	44	45	49	49
Tension	42	45	51 <sup>A</sup>	47	43
Restlessness	32	38	34	38	34
Phobias/Avoidance of fears	14 <sup>BE</sup>	7	10	12	8
Heart palpitations	15	13	13	14	14
Shortness of breath	21	15	22	25 <sup>B</sup>	23 <sup>B</sup>
Anticipation of the worst	25	26	24	28	28
Average number of symptoms	7.7	7.6	7.5	7.8	8.1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Symptoms Experienced in Past Month- State Access Groups**

	C	California			Florid	a	N	ew Yo	rk		-Ohio		Texas		
	<u>High</u>	Low	No	<u>High</u>	Low	No	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	No	<u>High</u>	Low	No
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Crying	27	28	35	12	13	26 <sup>DE</sup>	14	17	28 <sup>G</sup>	28	28	25	23	11	24 <sup>N</sup>
Constant worrying	20	35	44 <sup>F</sup>	20	22	60 <sup>DE</sup>	37	33	53 <sup>GH</sup>	41	46	48	40	25	56 <sup>MN</sup>
Loss of interest in favorite															
activities	34	33	29	22	22	37 <sup>DE</sup>	28	32	37	30	26	27	30	22	41 <sup>N</sup>
Trouble concentrating	31	41	44	25	40	38	33	38	39	45T	37	31	40	30	48 <sup>N</sup>
Low energy/Fatigue	58	69	62	55	73D	76 <sup>D</sup>	55	55	61	63	61	63	65	67	69
Unexplained pain	10	14	21	4	18D	26 <sup>D</sup>	22	18	16	19	19	20	$27^{N}$	12	30 <sup>N</sup>
Frequent headaches	27	32	33	12	31D	44 <sup>D</sup>	28	29	61	32	29	41	34	25	38
Lack of motivation	49	43	60 <sup>B</sup>	29	49D	66 <sup>DE</sup>	42	46	50	52	56	52	49	38	60 <sup>N</sup>
Feelings of isolation/Uninvolved															
with family/friends	25	22	31	14	24	29 <sup>D</sup>	27	19	34 <sup>H</sup>	25	28	23	38 <sup>N</sup>	17	$32^{N}$
Trouble sleeping	37	57 <sup>A</sup>	62 <sup>A</sup>	42	58	66 <sup>D</sup>	50	51	58	49	58	50	47	47	63 <sup>MN</sup>
Feeling worthless or guilty for															
no reason	25	29	21	12	20	28 <sup>D</sup>	22	28	31	26	27	28	34	23	40 <sup>N</sup>
Persistent sadness	30	32	35	16	23	32 <sup>D</sup>	28	28	34	35	31	29	34 <sup>N</sup>	18	40 <sup>N</sup>

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### Symptoms Experienced in Past Month, Cont.-State Access Groups

	C	alifori	<u> </u>	<u></u>	Florid	a	N	ew Yo	ork		-Ohio			Texas	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Irritability	35	43	46	33	37	59 <sup>DE</sup>	29	35	47 <sup>G</sup>	37	45	47	47	37	47
Upset Stomach	26	32	35	19	23	29	29	22	38 <sup>H</sup>	27	24	20	23	21	34
Nervousness	22	35	30	25	37	37	28	26	29	42	43 <sup>L</sup>	29	27	28	40
Changes in appetite	15	22	27	14	23	<b>34</b> <sup>D</sup>	23	19	24	25	22	21	21	14	30 <sup>N</sup>
Muscle aches	39	50	44	47	52	40	38	38	52	55	44	49	45	49	51
Tension	31	50 <sup>A</sup>	43	34	42	52 <sup>D</sup>	35	43	63 <sup>GH</sup>	42	48	49	41	42	44
Restlessness	16	34 <sup>A</sup>	37 <sup>A</sup>	32	20	49 <sup>DE</sup>	29	33	37	40	39	36	30	26	39
Phobias/Avoidance of fears	13	19	11	6	5	9	16 <sup>H</sup>	3	9	14 <sup>L</sup>	$24^{L}$	3	8	10	7
Heart palpitations	7	22 <sup>A</sup>	15	11	11	16	13	14	13	18 <sup>L</sup>	$20^{L}$	8	$20^{N}$	7	14
Shortness of breath	14	22	23	8	14	19	19	25	22	23	30	23	24	21	24
Anticipation of the worst	14	23	29 <sup>A</sup>	9	18	37 <sup>DE</sup>	18	20	30	29	40 <sup>L</sup>	18	28	16	32 <sup>N</sup>
Average number of symptoms	6.0	7.9	8.2 <sup>A</sup>	5.0	6.7 <sup>D</sup>	9.1 <sup>DE</sup>	6.6	6.7	8.4 <sup>GH</sup>	8.0	8.2	7.4	7.8	6.1	9.0 <sup>N</sup>

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### **Severity of Past Month's Symptoms- National**

			Race			Access				
				African-						
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>			
		(B)	(C)	(D)	(E)	(F)	(G)			
	%	%	%	%	%	%	%			
Base	(137)	(60)	(42)	(35)	(24)	(38)	(75)			
Crying	74	69	80	85	62	79	75			
Base	(247)	(126)	(60)	(61)	(43)	(57)	(147)			
Constant worrying	94	94	97	91	98	90	96			
Base	(192)	(92)	(53)	(47)	(37)	(51)	(104)			
Loss of interest in favorite activities	88	91	79	85	90	92	86			
Base	(230)	(113)	(63)	(54)	(42)	(63)	(125)			
Trouble concentrating	90	92	85	86	80	92	91			
Base	(310)	(164)	(70)	(76)	(54)	(73)	(183)			
Low energy/Fatigue	95	94	99	94	97	98	93			
Base	(101)	(52)	(26)	(23)	(16)	(35)	(50)			
Unexplained pain	90	87	97	96	97	97	85			
Base	(140)	(78)	(28)	(34)	(24)	(34)	(82)			
Frequent headaches	93	91	100	99	99	100	89			
Base	(261)	(180)	(37)	(44)	(28)	(63)	(171)			
Lack of motivation	90	88	96	92	92	95	88			
Base	(177)	(84)	(51)	(42)	(33)	(50)	(94)			
Feelings of isolation/Uninvolved	00	00	00	0.4	00	00	00			
with family and friends	90	89	90	94	88	96	88			

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.





		Race				Access			
	<u>Total</u>	Caucasian (B)	Hispanic (C)	African- <u>American</u> (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)		
	%	%	%	%	%	%	%		
Base	(273)	(144)	(60)	(69)	(48)	(58)	(167)		
Trouble sleeping	93	93	91	93	90	98	92		
Base Feeling worthless or guilty	(150)	(70)	(47)	(33)	(28)	(41)	(81)		
	91	97	82	83	78	100	91		
for no reason  Base  Persistent sadness	(190)	(91)	(53)	(46)	(35)	(50)	(105)		
	86	82	92	91	80	89	86		
Base	(221)	(150)	(35)	(36)	(25)	(42)	(154)		
Irritability	87	85	83	96	92	89	85		
Base	(149)	(102)	(26)	(21)	(20)	(27)	(103)		
Upset stomach	86	83	96	93	92	91	84		
Base	(167)	(84)	(42)	(42)	(29)	(47)	(92)		
Nervousness	88	87	88	95	89	98	85		
Base Changes in appetite	(129)	(61)	(33)	(35)	(25)	(26)	(78)		
	69	61	82	89	80	73	66		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.





			Race		Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
	%	%	%	%	%	%	%	
Base	(216)	(110)	(51)	(55)	(40)	(53)	(123)	
Muscle aches	`91 <i>´</i>	`90 <i>´</i>	`92 <sup>°</sup>	`91 <sup>′</sup>	`90´	`96 <sup>°</sup>	`89´	
Base	(217)	(120)	(52)	(45)	(39)	(51)	(150)	
Tension	90	89	89	98	77	91	91	
Base	(214)	(104)	(52)	(58)	(39)	(55)	(120)	
Restlessness	86	87	83	84	85	93	84	
Base	(53)	(31)	(16)	(6)	(8)	(17)	(28)	
Phobias/Avoidance of fears	81	73	100	100	87	86	77	
Base	(64)	(27)	(17)	(20)	(8)	(12)	(44)	
Heart palpitations	82	79	97	97	100	81	80	
Base	(99)	(50)	(24)	(25)	(19)	(25)	(55)	
Shortness of breath	81	76	85	95	81	92	78	
Base	(152)	(76)	(39)	(37)	(31)	(37)	(84)	
Anticipation of the worst	87	86	90	86	77	92	88	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.





### **Severity of Past Month's Symptoms- State Totals**

	CA <u>Total</u> (A)	FL <u>Total</u> (B)	NY <u>Total</u> (C)	OH <u>Total</u> (D)	TX <u>Total</u> (E)
	%	%	%	%	%
Base	(124)	(101)	(104)	(146)	(102)
Crying	86	75	78	78	72
Base	(178)	(205)	(216)	(226)	(212)
Constant worrying	92	88	93	89	88
Base	(164)	(168)	(197)	(163)	(161)
Loss of interest in favorite activities	87	95 <sup>B</sup>	`81 <sup>′</sup>	`91 <sup>´</sup>	`92 <sup>B</sup>
Base	(171)	(174)	(186)	(192)	(191)
Trouble concentrating	`92 <i>´</i>	`91 <sup>′</sup>	`96 <sup>′</sup>	`90 ´	`90 <sup>′</sup>
Base	(250)	(261)	(273)	(263)	(264)
Lower energy/Fatigue	`92 <i>´</i>	`91 <sup>′</sup>	`93 <sup>′</sup>	`95 <i>´</i>	95
Base	(80)	(89)	(90)	(96)	(87)
Unexplained pain	`90 <sup>′</sup>	`98 <sup>´</sup>	`97 <sup>′</sup>	`89 <sup>´</sup>	`88 <sup>´</sup>
Base	(121)	(132)	(123)	(140)	(147)
Frequent headaches	`89 <sup>′</sup>	93	`91 <sup>´</sup>	92	`89 ´
Base	(230)	(223)	(246)	(249)	(237)
Lack of motivation	94	86	93	92	90
Base	(127)	(131)	(167)	(140)	(132)
Feelings of isolation/Uninvolved	(127)	(.51)	(.57)	(10)	(.02)
with family and friends	90°	83	76	83	86

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.



111



## Severity of Past Month's Symptoms, Cont.- State Totals

	CA <u>Total</u> (A) %	FL <u>Total</u> (B) %	NY <u>Total</u> (C) %	OH <u>Total</u> (D) %	TX <u>Total</u> (E) %
Base	(213)	(227)	(224)	(229)	(220)
Trouble sleeping	93	94	91	91	91
Base	(112)	(124)	(150)	(135)	(147)
Feeling worthless or guilty					
for no reason	85	84	87	87	85
Base	(154)	(152)	(188)	(181)	(154)
Persistent sadness	86	94	94	90	85
Base	(179)	(196)	(198)	(217)	(201)
Irritability	88	78	90	89	82
Base	(120)	(118)	(121)	(113)	(119)
Upset Stomach	72	77	89 <sup>A</sup>	81	81
Base	(120)	(143)	(152)	(171)	(145)
Nervousness	88	87	79	84	83
Base	(92)	(98)	(109)	(99)	(105)
Changes in appetite	77 <sup>C</sup>	60	53	64	63

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.





## **Severity of Past Month's Symptoms, Cont.- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Base	(173)	(177)	(190)	(217)	(186)
Muscle aches	85	88	89	80	87
Base	(185)	(195)	(232)	(225)	(193)
Tension	84	84	84	80	85
Base	(131)	(145)	(163)	(176)	(157)
Restlessness	89	87	81	86	82
Base	(58)	(40)	(56)	(57)	(58)
Phobias/Avoidance of fears	85	67	95	77	89
Base	(56)	(60)	(63)	(67)	(62)
Heart palpitation	82	85	71	83	62
Base	(70)	(83)	(91)	(111)	(91)
Shortness of breath	89	88	85	79	85
Base	(101)	(122)	(130)	(144)	(129)
Anticipation of the worst	89	74	80	83	90 <sup>B</sup>

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q445 Please rate how the feelings or experiences you identified have interfered with your enjoyment of everyday life.





## **Carroll-Davidson GAD Scale- National**

		Race			Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
Most days I feel very nervous	38	37	41	39	26	43 <sup>E</sup>	40 <sup>E</sup>	
Most days I worry about lots of things	66	63	74	73	59	71	68	
Most days I can not stop worrying	50	47	60	51	42	51	53	
Most days my worry is hard to control	42	41	41	50	31	46 <sup>E</sup>	46 <sup>E</sup>	
I feel restless, keyed up or on edge	62	61	62	67	51	60	68 <sup>E</sup>	
I get tired easily	79	79	72	85	71	88 <sup>E</sup>	79	
I have trouble concentrating	63	62	69	65	60	67	64	
I am annoyed or irritated	71	69	80	72	65	72	73	
My muscles are tense and tight	64	61	74	71	67	60	64	
I have trouble sleeping	73	72	80	72	65	75	75	
Did these things affect your daily								
life or cause you a lot of distress	68	65	79	69	57	76 <sup>E</sup>	69	
Were these things bad enough								
that you thought about getting help	48	46	60	44	47	57	45	
Summary Score								
Symptoms not suggestive of								
GAD (0-5)	30	33	25	23	43 <sup>G</sup>	29	25	
Symptoms suggestive of GAD (6-12)		67	75	77	57	71	75 <sup>E</sup>	
- 7   1-1-11-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-	- <del>-</del>							

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q715 Things you may have felt most days in the past six months.





## **Carroll-Davidson GAD Scale- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Most days I feel very nervous	32	38	33	38	36
Most days I worry about lots of things	63	70	74 <sup>A</sup>	72 <sup>A</sup>	72 <sup>A</sup>
Most days I cannot stop worrying	43	50	50	54 <sup>A</sup>	51
Most days my worry is hard to control	37	38	36	44	40
I feel restless, keyed up, or on edge	52	60	61	64 <sup>A</sup>	57
I get tired easily	79	83	82	81	85
I have trouble concentrating	63	65	59	62	63
I am annoyed or irritated	66	69	70	71	73
My muscles are tense and tight	64	62	62	67	64
I have trouble sleeping	70	70	70	71	71
Did these things affect your daily					
life or cause you a lot of distress	69	69	70	70	71
Were these things bad enough that					
you thought about getting help	51	48	53	50	49
Summary Score					
Symptoms not suggestive of GAD (0-5)	35	28	27	28	28
Symptoms suggestive of GAD (6-12)	65	72	73	72	72

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q715 Things you may have felt most days in the past six months.





## **Carroll-Davidson GAD Scale- State Access Groups**

	Ca	aliforr	nia		Florida	a	N	ew Yo	rk		-Ohio-			Texas	
	High	Low	No	High	Low	No	High	Low	No	High	<u>Low</u>	No	High	Low	No
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Most days I feel very nervous	20	39 <sup>A</sup>	33	34	34	41	29	39	33	39	41	34	38	27	38
Most days I worry about lots of things	48	62	68 <sup>A</sup>	58	67	<b>77</b> D	65	65	83 <sup>GH</sup>	69	71	74	67	65	78
Most days I cannot stop worrying	27	50 <sup>A</sup>	47 <sup>A</sup>	37	41	61 <sup>DE</sup>	45	44	56	50	58	54	41	41	58 <sup>MN</sup>
Most days my worry is hard to control	21	40 <sup>A</sup>	41 <sup>A</sup>	27	30	46 <sup>DE</sup>	34	29	41	43	49	41	34	36	44
I feel restless, keyed up, or on edge	45	57	53	64	57	59	55	57	66	65	64	63	52	49	62
I get tired easily	75	81	80	82	81	84	84	80	82	75	80	85	88	83	84
I have trouble concentrating	55	72	63	69	65	64	59	62	59	70	59	59	59	55	68
I am annoyed or irritated	58	58	73 <sup>AB</sup>	68	61	73	63	62	78 <sup>GH</sup>	71	65	76	75	67	75
My muscles are tense and tight	51	74 <sup>A</sup>	65	65	68	59	61	61	64	60	72	67	60	65	65
I have trouble sleeping	58	75 <sup>A</sup>	72	56	76D	73 <sup>D</sup>	64	69	73	65	77	70	63	65	76
Did these things affect your daily															
life or cause you a lot of distress	63	72	71	59	72	71	75 <sup>H</sup>	60	72	65	69	73	65	66	74
Were these things bad enough that	40	0.4	40	40	50	4-					001	00	- 4	40	47
you thought about getting help	48	61	48	46	52	47	57	55	50	52	63 <sup>L</sup>	39	54	48	47
0 0															
Summary Score															
Symptoms not suggestive of GAD (0-5)	52 <sup>BC</sup>	31	30	30	30	26	31	33	22	34	26	27	35	37 <sup>0</sup>	23
	32-3	JI	50	30	30	20	JI	55	22	J <del>4</del>	20	۷1	55	31 -	23
Symptoms suggestive of GAD (6-12)	48	69 <sup>A</sup>	70A	70	70	74	69	67	78	66	74	73	65	63	77 <sup>N</sup>
J. J= (J .=)	. •		. 5, .	. •	. •			٠.	. •		• •	. •	-0	-0	• •

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q715 Things you may have felt most days in the past six months.





		Race			Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
Drank alcohol excessively	17	16	21	14	19	15	16	
Took up smoking cigarettes/increase	ed							
the amount of cigarettes smoked	22	20	28	24	17	23	23	
Used illegal drugs/ recreationally								
used drugs	8	7	15	6	1	8 <sup>E</sup>	11 <sup>E</sup>	
Had encounters with law								
enforcement officials	4	4	3	2	1	5	4	
Got into a physical fight								
with someone else	6	6	11	2	6	4	7	
Gained significant weight	44	43	40	53	39	50	44	
Lost significant weight	12	8	27 <sup>B</sup>	15	16	14	9	
None of these	35	39 <sup>C</sup>	24	29	36	30	37	
Declined to answer	*	*	1	*	1	_	*	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1200 Which of the following have happened to you in the last 12 months because of your depression/the feelings and experiences you listed?





## **Negative Experiences Caused by Depression- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Drank alcohol excessively	17	17	12	17	27 <sup>ABCD</sup>
Took up smoking cigarettes/increased the amount of					
cigarettes smoked	17	22	27 <sup>A</sup>	21	25 <sup>A</sup>
Used illegal drugs/recreationally used drugs	9	9	15 <sup>ABC</sup>	6	11
Had encounters with law enforcement officials	3	4	2	2	5
Got into a physical fight with someone else	<b>7</b> <sup>B</sup>	2	<b>7</b> B	5 <sup>B</sup>	<b>9</b> B
Gained significant weight	50 <sup>B</sup>	41	46	48	47
Lost significant weight	9	11	15 <sup>A</sup>	9	15 <sup>AD</sup>
None of these	34	35	30	34	30
Decline to answer	3 <sup>D</sup>	1	1	*	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1200 Which of the following have happened to you in the last 12 months because of your depression/the feelings and experiences you listed?





### **Cost of Negative Experiences- National**

		Race			Access				
				African-					
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: Experienced Negative Issue	(435)	(216)	(110)	(109)	(105)	(115)	(215)		
	%	%	%	%	%	%	%		
\$0	22	23	16	22	31 <sup>F</sup>	13	21		
\$1-\$100	8	10	6	6	6	14	7		
\$101-\$500	9	10	8	4	7	10	9		
More than \$500	25	24	30	28	15	28	29		
Declined to answer	36	34	40	41	42	35	33		
Mean	\$8065.8	\$5315.0	\$14762.2	\$13983.2	\$5193.3	\$10107.6	\$8280.3		
Median	\$246	\$186	\$587	\$241	-	\$467	\$459		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1205 And about how much have these issues/experiences cost you financially?





### **Cost of Negative Experiences- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: Experienced Negative Issue	(341)	(359)	(403)	(388)	(373)
	%	%	%	%	%
\$0	24	18	23	24	20
\$1-\$100	9	16 <sup>CDE</sup>	7	7	6
\$101-\$500	10	9	9	14	15
More than \$500	28	23	22	24	27
Decline to answer	29	34	38	32	32
Mean	\$9715.00	\$16044.90	\$12775.80	\$13614.40	\$13838.80
Median	\$208	\$107	\$143	\$212	\$383

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1205 And about how much have these issues/experiences cost you financially?





#### Hospitalizations/ER Visits Due to Depression-National

			Race		Access				
				African-					
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)		
	%	%	%	%	%	%	%		
Hospitalizations Because of Dep	ression								
0	92	91	91	96	93	85	94 <sup>F</sup>		
1	4	4	6	2	5	6	3		
More than 1	4	4	3	2	2	9 <sup>EG</sup>	3		
Decline to answer	*	*	-	*	*	-	*		
ER Visits Because of Depression	<u>1</u>								
0	91	90	94	93	94	85	92		
1	5	7	1	2	2	5	6		
More than 1	4	3	5	5	4	$9^{\mathrm{G}}$	2		
Decline to answer	*	*	-	-	-	-	*		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1190 How many times in the past 12 months have you been hospitalized because of events/illnesses related to your depression/the feelings and experiences you listed?

Q1195 How many times in the past 12 months have you had to visit the emergency room because of events/illnesses related to your depression/the feelings and experiences you listed?





#### Hospitalizations/ER Visits Due to Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Hospitalizations Because of Depression					
0	91	92	90	90	92
1	2	5	6 <sup>A</sup>	6 <sup>A</sup>	4
More than 1	5	3	4	3	3
Decline to answer	2	1	1	1	1
ER Visits Because of Depression					
0	86	90	85	85	89
1	5	4	7	8 <sup>E</sup>	4
More than 1	8	6	7	7	6
Decline to answer	1	1	1	*	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1190 How many times in the past 12 months have you been hospitalized because of events/illnesses related to your depression/the feelings and experiences you listed?

Q1195 How many times in the past 12 months have you had to visit the emergency room because of events/illnesses related to your depression/the feelings and experiences you listed?





# Depression's Effect on Personal and Professional Life





#### Relationship Problems Caused by Depression-National

			Race			Access	
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Some kind of relationship							
problem (Net)	34	31	44	39	40	43 <sup>G</sup>	28
Divorce	9	9	9	4	14	9	6
Separation	9	8	17 <sup>B</sup>	6	6	11	9
Broken engagement	6	8	4	1	5	6	7
Inability to begin or maintain a							
romantic relationship	25	22	34	34 <sup>B</sup>	28	35 <sup>G</sup>	20
None of these	63	56	55	58	57	56	68
Decline to answer	3	3	1	3	2	1	4

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1120 Has your depression/the feeling and experiences you listed contributed to...?





#### Relationship Problems Caused by Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Some kind of relationship problem (Net)	38	34	39	36	38
Divorce	11	9	7	11	12
Separation	11	10	12	10	11
Broken engagement	3	5	3	4	6
Inability to begin or maintain a romantic relationship	29	25	30	26	31
None of these	58	64	60	62	60
Decline to answer	4	2	2	2	2

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1120 Has your depression/the feeling and experiences you listed contributed to...?





#### Relationship Problems Caused by Depression-State Access Groups

	C	aliforr	nia	F	Florida	a	N	ew Yo	rk		-Ohio			Texas-	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Some kind of relationship															
problem (Net)	35	55 <sup>AC</sup>	33	30	45	31	37	47	36	33	41	34	37	38	39
Divorce	11	16	9	9	11	9	7	11	6	9	$20^{JL}$	6	15	13	11
Separation	9	12	11	4	13	11	12	11	11	7	13	10	16	9	10
Broken engagement	3	5	2	7	5	5	*	5	4	4	4	4	6	6	6
Inability to begin or maintain															
a romantic relationship	27	43 <sup>AC</sup>	24	26	34 <sup>F</sup>	20	32	38	26	25	27	26	30	29	32
None of these	61	44	63 <sup>B</sup>	68	55	66	61	53	61	65	59	63	61	61	59
Decline to answer	5	2	4	2	*	3	1	1	2	2	*	4	2	1	2

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1120 Has your depression/the feeling and experiences you listed contributed to...?





## Depression's Interference with Interactions with Children- National

			Race			Access	
	<b>T</b> . ( . )	0	112	African-	112.15		NI.
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		B)	(C)	(D)	(E)	( <b>F</b> )	(G)
Base: Has Children under 18	(157)	(122)	(32)	(20)	(34)	(24)	(116)
	%	%	%	%	%	%	%
Depression Hindered Interaction with	Child						
Yes	50	45	69	50	43	86	45
No	50	55	31	50	57	14	55
Specific Activities That Were Hindere	<u>ed</u>						
Help your children with							
their schoolwork	34	37	32	20	47	45	27
Help out with your children's							
extracurricular activities/ sports	43	43	38	48	61	58	34
Cook and clean for your children	33	32	41	22	50	34	27
Provide emotional support for							
your children	46	45	58	29	54	54	42
None of these	41	46	25	36	35	22	46

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1165 Has your depression/the feelings and experiences you listed ever hindered your ability to actively participate in your children's daily activities and functions?

Q1170 More specifically has your depression/the feelings and experiences you listed ever hindered your ability to...?





## Depression's Interference with Interactions with Children- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Has Children Under 18	(132)	(127)	(163)	(200)	(164)
	%	%	%	%	%
Depression Hindered Interaction with Child					
Yes	60	60	63	62	49
No	40	40	37	38	51
Specific Activities That Were Hindered					
Help your children with their schoolwork	40	32	35	34	28
Help out with your children's extracurricular					
activities/sports	48	33	40	39	35
Cook and clean for your children	41	37	44	35	41
Provide emotional support for your children	43	38	35	36	44
None of these	36	36	29	38	41

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1165 Has your depression/the feelings and experiences you listed ever hindered your ability to actively participate in your children's daily activities and functions?

Q1170 More specifically has your depression/the feelings and experiences you listed ever hindered your ability to...?





### **Satisfaction with Past Week- National**

			Race		Access					
				African-						
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>			
		(B)	(C)	(D)	(E)	(F)	(G)			
	%	%	%	%	%	%	%			
Percent responding "Very good" or										
<u>"Good"</u>										
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)			
Level of involvement with other										
people or organizations in										
your community	30	33	23	26	36	24	31			
Relationship with a spouse										
or partner	48	51 <sup>D</sup>	44	34	56 <sup>F</sup>	34	49 <sup>F</sup>			
Relationship with other family/frie	ends 57	60 <sup>C</sup>	43	59	63 <sup>F</sup>	47	59			
5 11 01:11	(4.53)	(7.4)	(40)	(07)	(00)	(00)	(404)			
Base: Has Children	(157)	(71)	(49)	(37)	(30)	(26)	(101)			
Relationship with children	68	65	75	71	85	57	65			
Base: Currently Employed	(347)	(193)	(81)	(73)	(86)	(76)	(185)			
Your employment/										
professional life	52	57	40	32	64	36	51			

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q605 Taking everything into consideration, during the past week, how would your rate your satisfaction with your...?





## **Satisfaction with Past Week- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Percent responding "Very good" or "Good"					
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
Level of involvement with other people or					
organizations in your community	31	30	33	31	31
Relationship with a spouse or partner	48	52	50	51	47
Relationship with other family/friends	60	62	60	55	59
Base: Has Children	(132)	(127)	(163)	(200)	(164)
Relationship with children	67	70	77	73	68
Base: Currently Employed	(313)	(288)	(337)	(334)	(337)
Your employment/professional life	50	61 <sup>CD</sup>	45	47	52

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q605 Taking everything into consideration, during the past week, how would your rate your satisfaction with your...?





### **Satisfaction with Past Week- State Access Groups**

	C	aliforr	<u> </u>	<u> </u>	Florida	a	N	ew Yo	rk		-Ohio-		<u></u>	Texas	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Percent responding "Very good" or "Good"															
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
Level of involvement with other people or organizations															
in your community	43 <sup>C</sup>	33	26	48 <sup>DF</sup>	28	23	42 <sup>1</sup>	36	27	27	38	27	35	41 <sup>0</sup>	25
Relationship with a spouse or partner	60 <sup>C</sup>	47	43	69 <sup>F</sup>	55	44	60 <sup>1</sup>	54	43	50	55	49	48	48	47
Relationship with other	00	7/	40	09	55	44	00	J <del>-1</del>	40	30	55	49	40	40	47
family/friends	71	55	58	74 <sup>F</sup>	62	56	65	67	54	51	62	53	69 <sup>0</sup>	68 <sup>0</sup>	52
Base: Has Children	(24)	(29)	(79)	(22)	(34)	(71)	(54)	(38)	(71)	(45)	(57)	(98)	(42)	(33)	(89)
Relationship with children	`59 <sup>′</sup>	59	71	92	84	60	65	79	82	68	78	71	63	74	69
Base: Currently Employed Your employment/	(65)	(73)	(175)	(68)	(62)	(158)	(102)	(82)	(153)	(84)	(85)	(165)	(74)	(71)	(192)
professional life	52	57	46	65	66	59 <sup>P</sup>	67 <sup>1</sup>	52	33	54	44	46	56	67 <sup>0</sup>	46

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q605 Taking everything into consideration, during the past week, how would your rate your satisfaction with your...?





#### Hours Missed From Work Because of Depression-National

			Race		Access			
				African-				
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: Currently Employed	(347)	(193)	(81)	(73)	(86)	(76)	(185)	
	%	%	%	%	%	%	%	
0	85	86	76	85	89	86	82	
1-5	7	6	11	5	6	7	7	
6-10	4	2	11	7	3	3	5	
More than 10	4	5	2	3	3	4	5	
Mean	1.6	1.6	1.7	1.5	1.4	2.2	1.5	
Median	_	_	_	-	_	-	_	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1130 During the past seven days, how many hours did you miss from work because of the symptoms of your depression/the feelings and experiences you listed?





#### Hours Missed From Work Because of Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently Employed	(313)	(288)	(337)	(334)	(337)
	%	%	%	%	%
0	76	86 <sup>A</sup>	82	87 <sup>A</sup>	82
1-5	12 <sup>D</sup>	7	8	3	<b>8</b> D
6-10	6	3	5	5	6
More than 10	6	5	5	5	4
Mean	2.2	1.8	1.8	1.8	1.4
Median	-	_	-	-	-

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1130 During the past seven days, how many hours did you miss from work because of the symptoms of your depression/the feelings and experiences you listed?





# Hours Missed From Non-Work Activities Because of Depression- National

			Race		Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
0	55	58	46	51	68 <sup>FG</sup>	51	51	
1-5	16	16	19	16	11	8	21 <sup>F</sup>	
6-10	12	12	18 <sup>D</sup>	4	5	18 <sup>E</sup>	12	
11-20	7	5	7	14 <sup>B</sup>	5	7	7	
More than 20	11	10	11	15	10	16	9	
Mean	9.1	8.4	8.9	12.7	8.3	12.5	8.0	
Median	_	_	3	-	_	-	-	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1135 During the past seven days, how many hours did you miss from non-work activities (such as social activities, leisure activities, exercise, and sports) because of the symptoms of your depression/the feelings and experiences you listed?





# Hours Missed From Non-Work Activities Because of Depression- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
0	49	52	52	54	56
1-5	16	14	15	16	18
6-10	13	13	12	11	9
11-20	12 <sup>E</sup>	11 <sup>E</sup>	8	8	5
More than 20	11	10	13	12	12
Mean	9.2	7.9	8.1	8.8	7.7
Median	1	_	_	_	_

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1135 During the past seven days, how many hours did you miss from non-work activities (such as social activities, leisure activities, exercise, and sports) because of the symptoms of your depression/the feelings and experiences you listed?





			Race		Access			
	<u>Total</u>	<u>Caucasian</u> (B)	Hispanic (C)	African- <u>American</u> (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)	
Base: Currently Employed	(347)	(193)	(81)	(73)	(86)	(76)	(185)	
, , ,	%	<b>%</b>	<b>%</b>	`% <sup>´</sup>	`% <sup>*</sup>	`% <sup>*</sup>	`% <sup>′</sup>	
0	72	74	66	74	75	67	73	
1-2	11	10	18	10	13	15	9	
3-5	12	12	10	13	9	13	13	
More than 5	5	5	7	3	3	5	5	
Mean	1.3	1.3	1.4	1.2	1.0	2.0	1.2	
Median	_	_	_	_	_	_	_	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1140 In the past 30 days, how many days of work have you missed because of the symptoms of your depression/the feelings and experiences you listed?





#### Days of Work Missed Because of Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently Employed	(313)	(288)	(337)	(334)	(337)
	%	%	%	%	%
0	69	77	74	76	73
1-2	18	13	11	12	16
3-5	6	6	8	4	7
More than 5	6	4	7	8	4
Mean	1.4	4.0	1.3	1.8	1.1
Median	-	-	-	_	-

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1140 In the past 30 days, how many days of work have you missed because of the symptoms of your depression/the feelings and experiences you listed?





# Days of Work Where Productivity Was Affected Because of Depression- National

			Race		Access			
				African-				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: Currently Employed	(347)	(193)	(81)	(73)	(86)	(76)	(185)	
	%	%	%	%	%	%	%	
0	43	44	45	38	52	38	41	
1-2	11	10	12	13	10	8	12	
3-5	16	16	13	17	22	17	12	
6-10	8	6	11	12	7	11	7	
11-20	13	13	12	9	4	20	15	
21-29	4	5	3	-	2	-	6	
30	6	6	4	10	3	8	6	
Mean	6.3	6.4	5.5	6.9	3.8	7.7	7.1 <sup>E</sup>	
Median	2	2	1	2	_	3	2	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1145 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your productivity while you were working?





# Days of Work Where Productivity Was Affected Because of Depression- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u> (B)	Total	<u>Total</u>	Total
Base: Currently Employed	<b>(A)</b> (313)	(288)	<b>(C)</b> (337)	<b>(D)</b> (334)	<b>(E)</b> (337)
	%	%	%	%	%
0	38	46	42	50 <sup>AE</sup>	36
1-2	8	6	11	8	13
3-5	22 <sup>E</sup>	16	15	14	13
6-10	12	11	13	9	14
11-20	11	13	11	12	16
21-29	2	*	1	2	3
30	7	7	7	5	5
Mean	6.5	6.3	6.0	5.6	6.8
Median	3	2	2	1	3

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1145 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your productivity while you were working?





# Days of Work Where Productivity Was Affected Because of Depression- State Access Groups

	C	alifor	<u> 1ia</u>	<u></u>	-lorid	<u>a</u>	N	ew Yo	<u>rk</u>		-Ohio			<u> Texas</u>	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Currently Employed	(65)	(73)	(175)	(68)	(62)	(158)	(102)	(82)	(153)	(84)	(85)	(165)	(74)	(71)	(192)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
0	39	33	39	52	44	44	47	45	39	48	41	54	42	36	35
1-2	6	4	11	8	6	6	12	8	11	8	11	7	7	19	13
3-5	13	39 <sup>AC</sup>	19	13	24	15	9	21	15	18	12	12	14	16	12
6-10	17	10	11	16	3	11	10	4	17	7	11	9	19	12	13
11-20	12	8	12	7	15	15	17	12	8	17	7	11	7	11	20
21-29	2	1	2	1	*	-	-	*	2	-	7	1	2	1	3
30	10	6	6	2	7	9	5	9	8	1	10	5	9	5	4
Mean	7.8	5.8	6.3	4.3	6.5	6.8	5.6	5.8	6.3	4.7	7.5	5.1	6.6	5.6	7.3
Median	4	3	3	-	3	3	1	2	2	1	2	-	3	2	3

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1145 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your productivity while you were working?





## Days Depression Affected Ability to Do Non-Work Activities- National

			Race		Access			
				African-				
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	( <b>F</b> )	(G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
0	34	35	33	33	44 <sup>F</sup>	21	35 <sup>F</sup>	
1-2	9	8	13	8	8	5	11	
3-5	14	14	9	21	20	17	11	
6-10	14	15	8	14	14	20	12	
11-20	15	13	21	18	9	19	15	
21-29	5	5	7	2	2	4	6	
30	9	10	10	4	2	15 <sup>E</sup>	10 <sup>E</sup>	
Mean	8.3	8.4	9.4	7.1	4.8	11.0E	8.8 <sup>E</sup>	
Median	4	4	5	4	2	9	3	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1150 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your ability to do your regular daily activities, other than work at a job?





## Days Depression Affected Ability to Do Non-Work Activities- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
0	31	32	34	31	33
1-5	7	6	7	11 <sup>B</sup>	8
6-10	14	17	13	16	<b>20</b> <sup>C</sup>
11-20	17	14	20	16	15
21-29	5	4	2	4	4
30	10	11	12	9	10
Mean	9.1	8.9	8.9	8.4	8.5
Median	5	5	5	4	4

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1150 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your ability to do your regular daily activities, other than work at a job?





# Days Depression Affected Ability to Do Non-Work Activities- State Access Groups

	C	alifor	<u> 1ia</u>	<u></u>	Florid	a	N	ew Yo	rk		-Ohio		<u></u>	Texas	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	No	<u>High</u>	Low	No	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
0	36	24	32	41	27	30	31	28	38	33	21	37 <sup>K</sup>	41	36	29
1-2	7	5	8	3	7	7	6	10	6	6	11	14	7	10	8
3-5	7	18	15	23	16	15	13	14	13	16	18	14	18	6	$25^{N}$
6-10	11	22	16	13	18	17	11	18	10	16	13	12	8	15	10
11-20	16	15	17	9	14	16	20	16	21	11	$24^{JL}$	13	17	20	13
21-29	4	5	5	1	10 <sup>D</sup>	3	3	1	1	7	2	3	3	2	5
30	19 <sup>C</sup>	10	6	10	8	12	16	12	10	11	10	7	7	11	11
Mean	10.7	9.6	8.3	6.8	9.7	9.4	10.2	8.8	8.2	9.0	10.0 <sup>L</sup>	6.9	7.6	8.6	8.8
Median	6	6	5	4	6	5	5	5	4	4	5	2	3	3	5

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1150 During the past 30 days, how many days did they symptoms of your depression/the feelings and experiences you listed affect your ability to do your regular daily activities, other than work at a job?





#### Who Patients Have Told About Their Depression-National

			Race		Access			
				African-				
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
Friends	59	60	53	60	73 <sup>G</sup>	75 <sup>G</sup>	45	
Family	74	74	75	72	85 <sup>G</sup>	86 <sup>G</sup>	64	
Co-workers	21	<b>24</b> <sup>D</sup>	18	11	35 <sup>G</sup>	$2^{G}$	15	
Employers	11	14	5	7	17 <sup>G</sup>	15 <sup>G</sup>	7	
Current doctor/primary care								
physician (PCP)	56	59 <sup>C</sup>	39	57 <sup>C</sup>	82 <sup>G</sup>	<b>79</b> <sup>G</sup>	35	
None of these	13	12	15	13	_	1	23 <sup>EF</sup>	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1115 Which of the following people have you told about your depression/the feelings and experiences you listed?





#### Who Patients Have Told About Their Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Friends	63	59	56	59	57
Family	74	77	70	74	71
Co-workers	24	18	20	23	21
Employers	10	10	13	11	14
Current doctor/primary care physician (PCP)	58	59	64	66 <sup>AE</sup>	55
None of these	9	11	14	11	15 <sup>A</sup>

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1115 Which of the following people have you told about your depression/the feelings and experiences you listed?





# **Negative Work Experiences Caused by Depression- National**

		Race		Access			
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Negative work experience (Net)	53	53	58	50	52	57	52
I missed out on a possible promoti	on 12	12	14	9	6	14	13
I did not receive raises/bonuses/							
job opportunities that I should ha	ve 14	14	13	13	8	18 <sup>E</sup>	15
I had to use sick days because I							
could not come in to work	30	29	35	27	32	<b>39</b> <sup>G</sup>	26
I had to use personal/vacation days	3						
because I could not come							
in to work	24	21	35 <sup>B</sup>	29	24	36 <sup>G</sup>	20
I quit my job	18	18	15	16	6	27 <sup>E</sup>	19 <sup>E</sup>
I was fired from my job	11	12	10	8	10	<b>20</b> <sup>G</sup>	8
I was docked pay for missing work	7	6	10	10	3	13 <sup>E</sup>	7
I lost my temper with co-workers	26	28	26	21	27	31	24
My co-workers were upset with me because of the impact on							
their work	10	11 <sup>D</sup>	11	2	9	12	9
I have never worked	4	4	5	2	1	4	5
None of these	41	40	37	47	46	35	41
Decline to answer	2	2	1	1	*	4	2

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1155 Have any of the following ever happened to you because of your depression/the feelings and experiences you listed?





## **Negative Work Experiences Caused by Depression- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Negative work experience (Net)	59 <sup>BD</sup>	49	59 <sup>BD</sup>	45	56 <sup>D</sup>
I missed out on a possible promotion	13 <sup>D</sup>	9	9	8	12
I did not receive raises/job opportunities that					
I should have have	16 <sup>D</sup>	12	12	9	14
I had to use sick days because I could not come					
into work	34 <sup>BD</sup>	24	33 <sup>BD</sup>	23	29
I had to use persona/vacation days because I could					
not come into work	25 <sup>D</sup>	20	24	18	24
I quit my job	20	17	21	18	17
I was fired from my job	10	11	12	9	13
I was docked pay for missing work	8	6	6	7	7
I lost my temper with co-workers	28	25	27	22	<b>30</b> <sup>D</sup>
My co-workers were upset with me because of					
the impact on their work	10	11	12	10	11
I have never worked	2	4	3	3	1
None of these	37	46	39	50 <sup>AC</sup>	42
Decline to answer	1	1	*	1	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1155 Have any of the following ever happened to you because of your depression/the feelings and experiences you listed?





# Negative Work Experiences Caused by Depression- State Access Groups

	Ca	aliforn	ia	<u></u> F	lorida		Ne	w You	<u> </u>		Ohio-		T	exas-	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	No	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	No	<u>High</u>	Low	No
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Negative work experience (Net)	66	65	54	47	57	46	60	70 <sup>1</sup>	53	47	53	39	54	59 <sup>0</sup>	52
I missed out on a possible	4.0	4.0	4.0	_	4.0	_	_	_	4.0	_		_	4.0		
promotion	13	18	12	7	13	8	7	9	10	5	11	7	13	11	11
I did not receive raises/ job opportunities that															
I should have have	15	24	14	8	16	11	11	13	11	7	12	8	18	16	11
I had to use sick days because				•								-		. •	
I could not come into work	39	46 <sup>C</sup>	27	28	32	20	35	51 <sup>GI</sup>	25	$30^{L}$	$30^{L}$	14	33	<b>44</b> 0	23
I had to use persona/vacation															
days because I could	0.5	0.50	0.4	4-	00	40	0.5	0.51	40	40	٥٥	40	0.4	0 <b>7</b> MO	0.4
not come into work	25	35 <sup>C</sup>	21	17	28	18	25	35 <sup>1</sup>	19	18	25 <sup>L</sup>	13	21	37 <sup>MO</sup>	21
I quit my job	19	24	18	18	19	15	26	23	17	14	25	15	16	23	16
I was fired from my job	10	16	8	12	14	9	20 <sup>HI</sup>	8	9	13	9	7	17	<b>21</b> <sup>0</sup>	8
I was docked pay	0	4.50	•	_	4 4 F	_	^	401	^	^	44	_	7	0	^
for missing work	6	15 <sup>C</sup>	6	5	11 <sup>F</sup>	3	6	10 <sup>1</sup>	3	6	11	5	7	8	6
I lost my temper with co-workers	29	31	26	27	33	21	31	26	25	28	24	18	29	41 <sup>0</sup>	26
My co-workers were upset	20	01	20		00	۷.	01	20	20	20		10	20	71	20
with me because of															
the impact on their work	5	17 <sup>A</sup>	9	5	16 <sup>D</sup>	11	12	15	11	13 <sup>L</sup>	17 <sup>L</sup>	5	8	13	11
I have never worked	1	4	2	1	9 <sup>F</sup>	2	3	1	3	4	5	2	1	*	1
None of these	29	30	45 <sup>AB</sup>	51	34	50 <sup>E</sup>	37	29	44 <sup>H</sup>	47	41	58 <sup>K</sup>	45	28	46 <sup>N</sup>
Decline to answer	4 <sup>C</sup>	1	-	1	-	2	*	*	-	3	1	*	-	2	1

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1155 Have any of the following ever happened to you because of your depression/the feelings and experiences you listed?





# **Negative School Experiences Caused by Depression- National**

			Race				
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	( <b>F</b> )	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Negative school experience (Net)	42	40	47	43	45	42	40
I dropped out of school	16	16	19	12	12	21	15
I had to be held back in school	2	2	4	1	1	2	3
I did not pursue another degree e	ven						
though I wanted to	17	17	13	25	20	17	16
My grades suffered	26	26	35D	17	28	26	26
I delayed my schooling	14	13	15	18	11	19	14
None of these	58	59	52	57	55	55	60
Decline to answer	1	1	1	*	-	3	*

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1160 Have any of the following ever happened in regard to your education because of your depression/the feelings and experiences you listed?





# **Negative School Experiences Caused by Depression- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Negative school experience (Net)	48 <sup>BD</sup>	38	43	37	41
I dropped out of school	15	13	14	12	<b>20</b> <sup>D</sup>
I had to be held back in school	3	5	6	3	3
I did not pursue another degree even though					
I had wanted to	22	20	20	18	15
My grades suffered	30 <sup>D</sup>	24	22	19	24
I delayed my schooling	19 <sup>CD</sup>	16 <sup>D</sup>	12	9	15
None of these	50	61 <sup>A</sup>	56	63 <sup>A</sup>	58 <sup>A</sup>
Decline to answer	2 <sup>ABC</sup>	1	*	*	*

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1160 Have any of the following ever happened in regard to your education because of your depression/the feelings and experiences you listed?





#### **Current Level of Debt- National**

			Race			Access	
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
I am not currently in debt	25	<b>29</b> <sup>D</sup>	26 <sup>D</sup>	4	24	21	27
Less than \$5,000	14	12	12	24B	15	15	13
\$5,000 - \$9,999	19	18	24	19	13	22	20
\$10,000 - \$24,999	19	20	15	18	23	16	18
\$25,000 - \$49,999	8	8	9	9	6	13	7
\$50,000 or more	9	7	13	15 <sup>B</sup>	14	5	8
Decline to answer	6	6	2	11 <sup>C</sup>	5	8	6

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1210 Excluding mortgages about how much are you currently in debt?





#### **Current Level of Debt- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
I am not currently in debt	20	22	20	17	16
Less than \$5,000	19	20	21	16	19
\$5,000-\$9,999	18	14	19	16	15
\$10,000-\$24,999	17	19	18	23	20
\$25,000-\$49,999	12	10	11	13	16
\$50,000 or more	7	7	7	5	9
Decline to answer	7	8	5	10 <sup>CE</sup>	5

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1210 Excluding mortgages about how much are you currently in debt?





### **Current Level of Credit Card Debt- National**

	Race			Access			
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	( <b>F</b> )	(G)
Base: Currently in Debt	(500)	(424)	(123)	(135)	(123)	(130)	(247)
	%	%	%	%	%	%	%
\$0	20	22	13	17	15	14	25
\$1-\$500	11	10	7	16	16 <sup>G</sup>	17 <sup>G</sup>	5
\$501-\$1000	4	3	7	2	4	3	4
\$1001-\$2500	10	7	24 <sup>B</sup>	13	9	5	13
\$2501-\$5000	16	19 <sup>C</sup>	6	14	20	15	14
More than \$5000	30	32	30	25	30	27	32
Decline to answer	9	7	13	14	6	18 <sup>G</sup>	6
Mean	\$7068.4	\$7302.5	\$7917.9	\$5288.5	\$6859.6	\$6919.3	\$7227.8
Median	\$2966	\$3122	\$2090	\$2563	\$3205	\$2630	\$2615

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1215 About how much of this debt is credit card debt?





### **Current Level of Credit Card Debt- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Currently in Debt	(404)	(391)	(469)	(467)	(440)
	%	%	%	%	%
\$0	16	16	19	19	15
\$1-\$500	8	9	10	11	14
\$501-\$1000	6	7	5	6	8
\$1001-\$2500	13	14	9	10	9
\$2501-5000	14	12	18	14	13
More than \$5000	29	24	29	27	26
Decline to answer	13	17	11	14	15
Mean	\$7254.00	\$6261.20	\$6980.90	\$6721.40	\$6982.70
Median	\$2499	\$1929	\$2944	\$2123	\$2029

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1215 About how much of this debt is credit card debt?





# Percent of Credit Card Debt Caused by Depression- National

		Race				Access	
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Has Credit Card Debt	(353)	(183)	(83)	(87)	(90)	(87)	(176)
	%	%	%	%	%	%	%
0	38	43	19	34	45	34	35
1-25	23	23	24	22	18	18	28
26-50	14	11	26	16	10	17	15
51-75	11	10	19	10	9	16	10
76-99	9	9	5	11	10	12	6
100	5	5	6	6	8	3	5
Mean	30.4	27.7	38.9	33.3	29.5	35.7	28.6
Median	14	8	32	19	7	30	16

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# Percent of Credit Card Debt Caused by Depression- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Has Credit Card Debt	(286)	(270)	(348)	(321)	(317)
	%	%	%	%	%
0	32	36	40	46 <sup>A</sup>	43
1-25	32 <sup>CD</sup>	22	18	19	29 <sup>CD</sup>
26-50	17 <sup>E</sup>	18 <sup>E</sup>	14	14	9
51-75	4	13 <sup>A</sup>	7	8	12 <sup>A</sup>
76-99	10 <sup>B</sup>	3	13 <sup>BDE</sup>	6	4
1006	7	8	7	4	
Mean	28.8	31.9 <sup>E</sup>	32.5 <sup>E</sup>	27.4	23.1
Median	18	23	12	5	6

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### **Dollars of Credit Card Debt Caused by Depression- National**

		Race				Access		
				African-				
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>	
		(B)	(C)	(D)	(E)	(F)	(G)	
Base: Has Credit Card Debt	(353)	(183)	(83)	(87)	(90)	(87)	(176)	
	%	%	%	%	%	%	%	
\$0	38	44	19	34	45	36	35	
\$1-\$100	7	7	5	11	15	4	4	
\$101-\$250	4	2	8	9	*	4	6	
\$251-\$500	6	4	14	6	6	6	6	
\$501-\$1000	7	7	8	3	2	9	8	
More than \$1000	38	36	45	37	31	41	40	
Mean	\$3009.6	\$2730.6	\$4822.0	\$2399.6	\$2808.9	\$3739.4	\$2808.4	
Median	\$265	\$86	\$956	\$237	\$36	\$629	\$492	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1215 About how much of this debt is credit card debt?





### **Dollars of Credit Card Debt Caused by Depression- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	Total (B)	Total (C)	Total (D)	Total (E)
Base: Has Credit Card Debt	(286) %	(270) %	(348) %	(321) %	(317) %
\$0	32	36	41	46 <sup>A</sup>	45 <sup>A</sup>
\$1-\$100	11 <sup>D</sup>	9	6	4	13 <sup>D</sup>
\$101-\$250	2	6	3	6	2
\$251-\$500	8 <sup>D</sup>	8 <sup>D</sup>	5	2	3
\$501-1000	8 <sup>B</sup>	2	10 <sup>B</sup>	7 <sup>B</sup>	<b>8</b> B
More than \$1000	29	24	29	27	26
Decline to answer	39	39	35	35	29
Mean	\$3150.40	\$33.74.30	\$3412.20	\$2808.20	\$2538.10
Median	\$430	\$258	\$196	\$150	\$47

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1215 About how much of this debt is credit card debt?





### Recent Financial Trouble Caused by Depression-National

		Race			Access		
				African-			
	<u>Total</u>	Caucasian	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Unpaid personal bills							
more than 60 days overdue	24	20	36 <sup>B</sup>	30	12	34 <sup>E</sup>	25 <sup>E</sup>
Credit card debt more than \$1,000							
over my usual bill amount	12	12	18 <sup>D</sup>	5	11	14	12
Couldn't afford necessities of life	22	18	28	37 <sup>B</sup>	11	30 <sup>E</sup>	24 <sup>E</sup>
Inability to stop shopping/							
spending money	16	15	16	23	16	<b>25</b> <sup>G</sup>	13
Fear of foreclosure	4	3	9 <sup>B</sup>	3	2	1	6
Fear couldn't male rent/							
mortgage payment	19	17	31 <sup>B</sup>	18	8	22 <sup>E</sup>	23 <sup>E</sup>
None of these	54	60 <sup>CD</sup>	41	37	63	45	53
Decline to answer	2	1	1	7 <sup>B</sup>	4	-	2

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1225 Have you experienced any of the following in the last 30 days because of your depression/the feelings and experiences you listed?





#### Recent Financial Trouble Caused by Depression-State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Unpaid personal bills more than 60 days overdue	18	23	23	21	23
Credit card debt more than \$1,000 over my					
usual bill amount	13	11	11	9	11
Couldn't afford necessities of life	26	25	25	29	29
Inability to stop shopping/spending money	<b>22</b> <sup>CD</sup>	19	15	15	18
Fear of foreclosure	3	5	4	3	4
Fear couldn't make rent/mortgage payment	20	26	22	19	23
None of these	51	48	48	52	49
Decline to answer	3	2	3	3	2

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1225 Have you experienced any of the following in the last 30 days because of your depression/the feelings and experiences you listed?





#### **Appendix**





		Race			Access			
	<u>Total</u>	<u>Caucasian</u> (B)	Hispanic (C)	African- <u>American</u> (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
Top Two	21	21	23	15	23	15	22	
Excellent	4	4	6	5	*	6 <sup>E</sup>	5	
Very Good	16	17	18	10	23 <sup>F</sup>	9	17	
Good	42	45 <sup>D</sup>	38	31	41	30	47 <sup>F</sup>	
Bottom Two	38	34	39	55 <sup>B</sup>	36	55 <sup>EG</sup>	31	
Fair	29	27	31	39	27	38	26	
Poor	9	8	8	16 <sup>B</sup>	9	17 <sup>G</sup>	6	

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q420 Overall, how would you describe your health?





CA	FL	NY	ОН	TX
<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
(A)	(B)	(C)	(D)	(E)
(551)	(542)	(602)	(619)	(566)
%	%	%	%	%
23	23	21	19	20
5 <sup>U</sup>	4	3	4	2
18	18	19	16	18
41	41	40	42	41
36	36	39	38	39
28	29	33	28	32
8	7	6	10	6
	Total (A) (551) % 23 5 <sup>U</sup> 18 41 36 28	Total         Total           (A)         (B)           (551)         (542)           %         %           23         23           5 <sup>U</sup> 4           18         18           41         41           36         36           28         29	Total         Total         Total           (A)         (B)         (C)           (551)         (542)         (602)           %         %         %           23         23         21           5 <sup>U</sup> 4         3           18         18         19           41         41         40           36         36         39           28         29         33	Total         Total         Total         Total           (A)         (B)         (C)         (D)           (551)         (542)         (602)         (619)           %         %         %           23         23         21         19           5 <sup>U</sup> 4         3         4           18         18         19         16           41         41         40         42           36         36         39         38           28         29         33         28

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q420 Overall, how would you describe your health?



163



		Race			Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Top Three	27	29	19	24	35 <sup>G</sup>	26	23
Delighted	3	3	2	3	3	2	3
Pleased	6	7	4	4	11	5	4
Mostly satisfied	18	19	13	17	22	20	16
Mixed- about equally satisfied							
and dissatisfied	37	37	41	35	38	35	38
Bottom Three	36	35	40	41	27	38	40
Mostly dissatisfied	16	14	12	29 <sup>BC</sup>	18	12	17
Unhappy	15	14	25 <sup>BD</sup>	9	7	16	18 <sup>E</sup>
Terrible	6	6	3	4	2	10 <sup>E</sup>	5

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q905 Please indicate the choice that best describes how you currently feel.





#### **Current Feelings- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
<u>Top Three</u>	21	26	24	26	26
Delighted	2	2	1	2	1
Pleased	8	6	7	6	8
Mostly satisfied	11	18 <sup>A</sup>	16	18 <sup>A</sup>	17
Mixed-about equally satisfied and dissatisfied	42	39	35	37	40
Bottom Three	36	35	41	37	33
Mostly dissatisfied	14	17	22	12	12
Unhappy	18	14	15	19	17
Terrible	3	4	5	6	4

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q905 Please indicate the choice that best describes how you currently feel.





#### **Views of Future Feelings- National**

		Race		Access			
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: All respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)
	%	%	%	%	%	%	%
Top Three	59	61	58	50	66	58	57
Delighted	15	15	12	16	23 <sup>F</sup>	9	14
Pleased	24	26	25	15	24	25	24
Mostly satisfied	20	20	21	19	19	24	19
Mixed- about equally satisfied							
and dissatisfied	30	29	31	33	25	30	32
Bottom Three	11	10	10	147	9	12	11
Mostly dissatisfied	4	2	5	11 <sup>B</sup>	8	2	3
Unhappy	6	7	5	4	-	7 <sup>E</sup>	8 <sup>E</sup>
Terrible	1	1	_	1	1	2	-

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q910 What is the best you believe you can feel?





#### **Views of Future Feelings- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
<u>Top Three</u>	66 <sup>C</sup>	61	55	59	59
Delighted	<b>20</b> <sup>CD</sup>	14	12	13	18
Pleased	26	19	22	23	21
Mostly satisfied	19	28 <sup>AE</sup>	22	23	20
Mixed-about equally satisfied and dissatisfied	25	29	33	31	28
Bottom Three	9	10	12	10	13
Mostly dissatisfied	6	6	7	5	8
Unhappy	3	3	5	5	5
Terrible	*	1	1	2 <sup>A</sup>	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q910 What is the best you believe you can feel?





# Undiagnosed Patients Likelihood of Seeing HCP for Depression Symptoms- National

			Race		Access		
				African-			
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>
		(B)	(C)	(D)	(E)	(F)	(G)
Base: Not Diagnosed with Depression	(150)	(74)	(38)	(38)	(-)	(-)	(150)
	%	%	%	%	%	%	%
Yes	33	34	23	39	-	-	33
No	67	66	77	61	-	-	67
Decline to Answer	-	_	-	-	-	-	-

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1025 Have you ever seen a health care professional for the feelings and experiences you listed?





# **Undiagnosed Patients Likelihood of Seeing HCP for Depression Symptoms- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: Not Diagnosed with Depression	(101)	(126)	(126)	(89)	(129)
	%	%	%	%	%
Yes	38	31	30	31	22
No	62	69	68	66	76
Decline to answer	_	_	2	3	2

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1025 Have you ever seen a health care professional for the feelings and experiences you listed?





#### **Menopause and Depression-National**

			Race			Access	
	<u>Total</u>	Caucasian		African- <u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>
		(B)	(C)	(D)	(E)	( <b>F</b> )	(G)
	%	%	%	%	%	%	%
Experienced Menopausal Symptoms							
Base: Diagnosed with Menopause	(104)	(42)	(22)	(40)	(27)	(34)	(43)
Yes	92	88	96	96	100	79	96
No	8	12	4	4	-	21	4
Menopausal Symptoms Increased							
Severity of Depression							
Base: Experienced Hot Flashes	(97)	(37)	(21)	(39)	(27)	(29)	(41)
Yes	54	44	42	80	59	49	53
No	46	56	58	19	40	51	47

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1105 Have you ever experienced the menopausal symptoms of hot flashes or night sweats?

Q1107 In your opinion, did these symptoms increase the severity of the symptoms of your depression/the feelings and experiences you listed?





#### **Menopause and Depression- State Totals**

	CA Total	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Experienced Menopausal Symptoms					
Base: Diagnosed with Menopause	(101)	(86)	(77)	(107)	(70)
Yes	94	94	92	97	92
No	6	6	8	3	8
Menopausal Symptoms Increased Severity of Depression					
Base: Experienced Menopausal Symptoms	(94)	(79)	(73)	(102)	(65)
Yes	51	51	55	56	62
No	45	49	42	44	38
Decline to answer	4	-	3	-	-

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1105 Have you ever experienced the menopausal symptoms of hot flashes or night sweats?

Q1107 In your opinion, did these symptoms increase the severity of the symptoms of your depression/the feelings and experiences you listed?





#### **Family History of Depression/Anxiety- National**

			Race		Access				
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	African- American	High (E)	<u>Low</u>	<u>No</u>		
Base: All Respondents	(662)	<b>(B)</b> (349)	<b>(C)</b> (153)	<b>(D)</b> (160)	<b>(E)</b> (164)	<b>(F)</b> (172)	<b>(G)</b> (326)		
2000.7 iii redopondonio	%	%	%	%	%	%	%		
Family History of Any Condition (N	et) 49 <sup>D</sup>	51 <sup>D</sup>	54	32	57 <sup>G</sup>	58 <sup>G</sup>	41		
Depression	43	45 <sup>D</sup>	49 <sup>D</sup>	26	51 <sup>G</sup>	52 <sup>G</sup>	36		
Anxiety	29	30 <sup>D</sup>	40 <sup>D</sup>	14	28	39 <sup>G</sup>	26		
Manic depression or bi-polar disc	order 16	15	23	10	17	25 <sup>G</sup>	11		
None of these	25	25	25	30	17	22	30 <sup>E</sup>		
Not sure	26	24	21	36	24	20	29		
Decline to answer	1	*	-	2	2	-	*		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1110 Please indicate whether you have a family history of the following.





#### Family History of Depression/Anxiety- State Totals

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
	%	%	%	%	%
Family History of Any Condition (Net)	<b>54</b> <sup>BD</sup>	45	51	56 <sup>BD</sup>	44
Depression	42	37	44	51 <sup>ABE</sup>	38
Anxiety	31	28	30	32 <sup>E</sup>	24
Manic depression or bi-polar disorder	21	15	16	18	17
None of these	25	27	24	21	23
Not sure	20	28 <sup>A</sup>	25	22	32 <sup>AD</sup>
Decline to answer	1	1	*	*	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1110 Please indicate whether you have a family history of the following.





#### **Complete Demographics**





### **Complete Demographics- National**

			Race		Access			
				African-				
	<u>Total</u>	Caucasian (B)	Hispanic (C)	American (D)	<u>High</u> (E)	<u>Low</u> (F)	<u>No</u> (G)	
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)	
	%	%	%	%	%	%	%	
<u>Gender</u>								
Male	39	45 <sup>D</sup>	37 <sup>D</sup>	13	26	31	49 <sup>D</sup>	
Female	61	55	63	87 <sup>BC</sup>	<b>74</b> <sup>G</sup>	69 <sup>G</sup>	51	
<u>Age</u>								
18-19	3	4	5	1	4	1	4	
20-24	11	13 <sup>D</sup>	10 <sup>D</sup>	*	6	4	16 <sup>EF</sup>	
25-29	9	9	9	4	10	4	10	
30-34	9	7	17 <sup>B</sup>	9	7	13	7	
35-39	11	11	10	10	5	8	14	
40-44	11	14 <sup>D</sup>	5	4	11	10	12	
45-49	8	5	17 <sup>B</sup>	18 <sup>B</sup>	4	11	9	
50-54	15	16 <sup>C</sup>	5	21 <sup>C</sup>	18	15	14	
55-59	10	5	19 <sup>B</sup>	23 <sup>B</sup>	15 <sup>G</sup>	17 <sup>G</sup>	4	
60-64	3	3	3	9 <sup>B</sup>	5	5	2	
65+	10	13 <sup>CD</sup>	1	1	12	12	8	
Mean	43.2	42.8	40.3	48.3 <sup>BC</sup>	46.2 <sup>G</sup>	47.6 <sup>G</sup>	40.0	
Median	43	42	39	51	50	48	39	

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### **Complete Demographics- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
<u>Gender</u>					
Male	32 <sup>D</sup>	31	32	24	37 <sup>D</sup>
Female	68	69	68	76 <sup>AE</sup>	63
<u>Age</u>					
18-19	2	2	1	3 <sup>C</sup>	4 <sup>C</sup>
20-24	4	5	4	6	6
25-29	11 <sup>B</sup>	4	8	7	8
30-34	10	8	9	9	8
35-39	10	13	13	10	12
40-44	12	9	12	11	8
45-49	17	17	17	19	21
50-54	11	12	14	13	10
55-59	11	11	13	11	9
60-64	5	8	6	5	7
65+	6	11 <sup>CD</sup>	4	6	7
Mean	44.2	46.5 <sup>DE</sup>	45.2	43.8	43.8
Median	45	47	46	45	45

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### **Complete Demographics- State Access Groups**

	Ca	aliforr	nia	<u></u>	Florid	a	New York		Ohio			Texas			
	High (A)	Low (B)	<u>No</u> (C)	High (D)	Low (E)	<u>No</u> (F)	High (G)	Low (H)	<u>No</u> (I)	High (J)	Low (K)	<u>No</u> (L)	High (M)	Low (N)	<u>No</u> (O)
Gender															
Male	26	29	36	22	32	34	28	37	31	30K	15	28S	31	30S	42
Female	74	71	64	78	68	66	72	63	69	70	85	72	69	70	58
<u>Age</u>															
18-19	2	*	3	3	-	3	-	-	1	3	4	3	5	1	4
20-24	-	2	6	1	-	10 <sup>DE</sup>	1	2	6	3	2	9	5	2	8
25-29	3	5	17 <sup>AB</sup>	2	3	6	10 <sup>H</sup>	1	10 <sup>H</sup>	7	6	9	9	2	9
30-34	6	9	13	*	4	12 <sup>D</sup>	5	3	13 <sup>GH</sup>	8	10	9	7	6	9
35-39	14	10	9	5	14	16 <sup>D</sup>	13	11	14	9	12	10	12	10	13
40-44	11	19 <sup>C</sup>	9	10	11	7	11	17	10	13	9	11	11	6	7
45-49	19	16	16	26	15	13	14	19	17	18	$27^{L}$	14	17	25	21
50-54	9	10	13	10	22 <sup>F</sup>	8	16	19	11	10	8	17	10	<b>22</b> °	7
55-59	18 <sup>C</sup>	16 <sup>C</sup>	7	13	12	10	14	22 <sup>l</sup>	9	17 <sup>L</sup>	12	7	6	16	8
60-64	8	7	3	13	11	4	9	4	4	10	3	4	10	4	6
65+	11	5	5	18	7	10	7	1	5	3	6	7	9	5	7
Mean	49.0 <sup>C</sup>	46.9 <sup>C</sup>	41.2	51.8 <sup>F</sup>	49.2 <sup>F</sup>	43.0	47.4 <sup>l</sup>	48.4 <sup>PI</sup>	42.4	45.5	44.2	42.7	44.1	48.1 <sup>0</sup>	42.2
Median	48	46	41	50	50	43	47	49	42	46	46	44	45	49	43

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





### **Complete Demographics- National**

			Race		Access				
				African-					
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)		
	%	%	%	%	%	%	%		
Age Cohorts									
Generation Y	22	26 <sup>D</sup>	<b>24</b> <sup>D</sup>	3	21 <sup>F</sup>	7	29 <sup>F</sup>		
Generation X	21	19	28	22	14	24	22		
Baby Boomers	44	39	45	65 <sup>BC</sup>	47	52	39		
War Babies	6	6	3	9	7	8	5		
Depression/GI	7	10 <sup>CD</sup>	*	1	11	9	5		
Marital Status									
Single, never married	26	26	28	25	19	27	29		
Married	37	37	39	36	45	30	37		
Divorced	18	17	16	24	18	28 <sup>G</sup>	14		
Separated	3	2	2	7 <sup>B</sup>	2	3	3		
Widowed	4	5	3	4	5	3	5		
Living with partner	12	13	13	4	10	10	13		
<u>Children</u>									
Under the age of 18	26	26	33	22	21	17	33 <sup>F</sup>		
18 and older	37	35	27	57 <sup>BC</sup>	50G	47 <sup>G</sup>	27		
Decline to answer	*	*	-	1	-	1	*		

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.



178



### **Complete Demographics- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)
	%	%	%	%	%
Age Cohorts					
Generation Y	16	10	11	15	17 <sup>BC</sup>
Generation X	22	23	25	22	22
Baby Boomers	51	48	54	52	47
War Babies	6	10	6	8	7
Depression/GI	6	9 <sup>CD</sup>	4	3	6
Marital Status					
Single, never married	25 <sup>BD</sup>	15	23 <sup>BD</sup>	16	21
Married	46	52	47	53	47
Divorced	13	18	12	18	16
Separated	3	3	2	2	5
Widowed	5	3	3	2	2
Living with partner	8	8	12	8	8
<u>Children</u>					
Under the age of 18	34	26	29	35 <sup>B</sup>	36 <sup>B</sup>
18 and older	37	46 <sup>A</sup>	45	44	42
Decline to answer	2 <sup>DE</sup>	*	1	*	*

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





#### **Complete Demographics- State Access Groups**

	C	California		<u></u>	lorida	a	New York		Ohio			Texas			
	High (A)	Low (B)	<u>No</u> (C)	High (D)	Low (E)	<u>No</u> (F)	High (G)	Low (H)	<u>No</u> (I)	High (J)	Low (K)	<u>No</u> (L)	High (M)	Low (N)	<u>No</u> (O)
Age Cohorts															
Generation Y	4	7	<b>24</b> <sup>AB</sup>	5	2	16 <sup>E</sup>	11	3	15 <sup>H</sup>	10	12	21	18 <sup>N</sup>	5	21 <sup>W</sup>
Generation X	21	20	24	6	19 <sup>D</sup>	32 <sup>D</sup>	21	16	$32^{H}$	21	23	22	22	17	23
Baby Boomers	56	60 <sup>C</sup>	44	58 <sup>F</sup>	60 <sup>F</sup>	38	52	76 <sup>GI</sup>	45	56	56	47	41	68 <sup>MO</sup>	43
War Babies	9	8	3	15	11	7	9	4	5	10	4	9	13	5	6
Depression/GI	10	5	5	16	7	8	7	1	3	3	5	1	7	4	6
Marital Status															
Single, never married	23	23	26	11	16	17	<b>25</b> <sup>D</sup>	14	26	19	13	17	16	14	26
Married	44	44	48	57	53	50	44	54	46	52	54	53	42	50	48
Divorced	13	17	11	23	17	17	15	10	12	20	17	17	17	21	14
Separated	2	4	4	-	6	2	2	6 <sup>P</sup>	1	1	3	3	4	7	4
Widowed	11 <sup>C</sup>	4	3	6	4	2	4	5 <sup>P</sup>	1	2	5L	*	3	3	2
Living with partner	7	7	9	3	5	12	9	10	14	6	7	11	16 <sup>0</sup>	7	6
<u>Children</u>															
Under the age of 18	22	30	40 <sup>A</sup>	14	23	32 <sup>D</sup>	26	22	34	26	36	39	31	28	41
18 and older	45	41	32	63 <sup>F</sup>	49	38	45	57 <sup>l</sup>	39	54 <sup>L</sup>	47	37	34	<b>57</b> <sup>MO</sup>	39
Decline to answer	7	1	*	-	-	1	1	-	*	-	-	*	-	-	*

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Complete Demographics- National**

			Race		Access					
			African-							
	<u>Total</u>	<u>Caucasian</u>	<u>Hispanic</u>	<u>American</u>	<u>High</u>	Low	<u>No</u>			
		(B)	(C)	(D)	(E)	( <b>F</b> )	(G)			
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)			
	%	%	%	%	%	%	%			
<u>Employment</u>										
Employed full time	42	44	41	34	49 <sup>F</sup>	29	44 <sup>F</sup>			
Employed part time	12	13	12	11	15	13	11			
Self-employed	6	6	9	3	3	4	8			
Not employed, but looking for work	8	6	12	15 <sup>B</sup>	3	10	10			
Not employed and not looking for wo	ork 11	12	7	7	6	18 <sup>E</sup>	10			
Retired	17	17	13	19	<b>22</b> <sup>G</sup>	23 <sup>G</sup>	12			
Student	8	8	10	4	9	7	8			
Homemaker	11	11	13	14	12	10	12			
<u>Education</u>										
Less than high school	1	1	1	2	-	1	2			
Some high school	4	4	3	4	4	4	4			
High school or equivalent	37	34	45	41	36	24	42 <sup>F</sup>			
Some college, no degree	23	23	23	20	27	25	20			
Associate's degree	9	9	4	13	7	15	8			
College	18	19	18	12	16	19	18			
Some graduate school, no degree	4	4	3	4	6	6	2			
Graduate school	5	5	3	4	4	5	5			

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Complete Demographics- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>	<u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Employment					
Employed full time	43	36	40	36	49 <sup>BD</sup>
Employed part time	13	9	12	12	9
Self-employed	7	11 <sup>CD</sup>	6	6	6
Not employed, but looking for work	7	5	8	5	6
Not employed and not looking for work	5	7	7	10	5
Retired	17	23 <sup>CDE</sup>	14	14	15
Student	10 <sup>C</sup>	7	5	7	8
Homemaker	9	15	16 <sup>A</sup>	24 <sup>ABCD</sup>	14
Education					
Less than high school	2	*	*	1	2
Some high school	5	4	6	6	7
High school or equivalent	18	41 <sup>AE</sup>	45 <sup>AE</sup>	48 <sup>AE</sup>	32 <sup>A</sup>
Some college, no degree	43 <sup>BCDE</sup>	26 <sup>C</sup>	16	19	<b>24</b> <sup>C</sup>
Associate's degree	7	6	8	9	7
College	13	11	14	11	13
Some graduate school, no degree	3	4	3	3	6
Graduate school	8	7	7	4	10 <sup>D</sup>

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Complete Demographics- State Access Groups**

	California		Florida		New York			Ohio			Texas				
	High (A)	Low (B)	<u>No</u> (C)	High (D)	Low (E)	<u>No</u> (F)	High (G)	Low (H)	<u>No</u> (I)	High (J)	Low (K)	<u>No</u> (L)	High (M)	Low (N)	<u>No</u> (O)
<u>Employment</u>															
Employed full time	47	31	47 <sup>B</sup>	33	26	42 <sup>E</sup>	36	40	43	45 <sup>K</sup>	23	40 <sup>K</sup>	38	42	56 <sup>M</sup>
Employed part time	7	17	13	10	7	9	11	12	13	5	12	16 <sup>J</sup>	10	9	9
Self-employed	2	11 <sup>A</sup>	7	6	4	16 <sup>E</sup>	4	3	8	8	6	5	6	11	4
Not employed, but looking for work	1	6	9 <sup>A</sup>	1	3	7	8	6	9	3	6	6	3	6	6
Not employed and not															
looking for work	9	8	3	8	16 <sup>F</sup>	4	10	10	4	15 <sup>L</sup>	14 <sup>L</sup>	4	90	<b>9</b> 0	3
Retired	22	21	14	43 <sup>EF</sup>	20	16	21 <sup>1</sup>	16	9	14	13	15	19	19	11
Student	4	17 <sup>A</sup>	9	6	5	7	4	7	5	9	5	6	6	7	9
Homemaker	12	9	9	10	27DF	12	18	17	15	17	$34J^L$	20	16	7	15
<u>Education</u>															
Less than high school	-	-	4	-	-	1	-	-	1	-	1	*	6	-	1
Some high school	6	4	5	2	2	6	4	1	$9^{H}$	5	7	6	14 <sup>N</sup>	-	6
High school or equivalent	24	12	19	39	40	43	43	46	46	44		46	26	34	33
Some college, no degree	46	46	41	25	25	26	16	18	16	23	15	19	19	31	24
Associate's degree	7	9	7	8	8	5	7	8	8	6	9	11	7	4	8
College	7	15	14	16	11	8	16	17	12	15	12	7	13	11	13
Some graduate school,															
no degree	3	4	3	3	5	4	4	3	2	2	3	3	4	5	7
Graduate school	7	10	7	6	8	7	10	7	6	4	7	3	11	16	7

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Complete Demographics- National**

			Race		Access					
	<u>Total</u>	Caucasian	<u>Hispanic</u>	African- <u>American</u>	<u>High</u>	<u>Low</u>	<u>No</u>			
Base: All Respondents	(662)	<b>(B)</b> (349)	<b>(C)</b> (153)	<b>(D)</b> (160)	<b>(E)</b> (164)	<b>(F)</b> (172)	<b>(G)</b> (326)			
base. All Nespondents	(002)	(3 <del>4</del> 9) %	(133)	%	(10 <del>1</del> ) %	%	(320)			
Income	70	70	70	70	70	70	70			
Less than \$15,000	19	20	17	18	12	23	21			
\$15,000-\$24,999	13	15	5	9	11	13	13			
\$25,000-\$34,999	9	8	11	9	6	13	8			
\$35,000-\$49,999	11	12	8	10	15	6	11			
\$50,000-\$74,999	9	9	9	10	8	7	11			
\$75,000-\$99,999	4	3	7	6	<b>9</b> G	2	3			
\$100,000-\$124,999	1	1	4	-	_	2	2			
\$125,000-\$149,999	*	*	*	*	*	*	1			
\$150,000-\$199,999	1	2	_	1	_	*	2			
\$200,000-\$249,999	-	_	_	_	_	_	_			
\$250,000 or more	8	7	13	8	10	9	7			
Decline to answer	23	22	26	27	27	25	21			
Race/Ethnicity										
White	71	<b>99</b> CD	*	-	66	71	73			
Black	6	-	-	46 <sup>BC</sup>	5	7	6			
Asian or Pacific Islander										
Native American or Alaskan Native										
Mixed racial background										
Other race										
Hispanic	15	1	100 <sup>BD</sup>	-	16	14	15			
African-American	8	-	*	54 <sup>BC</sup>	12	8	5			
Decline to answer	*	-	-	*	*	-	_			

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Complete Demographics- State Totals**

	CA	FL	NY	ОН	TX
	<u>Total</u> (A)	<u>Total</u> (B)	Total (C)	<u>Total</u> (D)	<u>Total</u> (E)
	%	%	%	%	%
Income					
Less than \$15,000	11	15	16	21 <sup>AE</sup>	11
\$15,000-\$24,999	13	12	10	10	10
\$25,000-\$34,999	9	11	7	8	10
\$35,000-\$49,999	8	13 <sup>D</sup>	11 <sup>D</sup>	7	11
\$50,000-\$74,999	13	9	12	10	13
\$75,000-\$99,999	6	4	6	11 <sup>B</sup>	8
\$100,000-\$124,999	2	3	2	1	5 <sup>D</sup>
\$125,000-\$149,999	2	*	1	*	*
\$150,000-\$199,999	2	1	2	*	1
\$200,000-\$249,999	*	*	1	-	_
\$250,000 or more	5	11 <sup>A</sup>	7	6	7
Decline to answer	29	22	25	25	24
Race/Ethnicity					
White	60	73 <sup>A</sup>	78 <sup>AE</sup>	86 <sup>ABCE</sup>	67
Black	2	5 <sup>A</sup>	4	5 <sup>A</sup>	3
Asian or Pacific Islander	2	*	1	1	1
Native American or Alaskan Native	1	1	*	*	1
Mixed racial background	3 <sup>BCD</sup>	*	*	*	1
Other race	1	-	-	*	*
Hispanic	26 <sup>BCD</sup>	<b>14</b> <sup>D</sup>	11 <sup>D</sup>	4	24 <sup>BCD</sup>
African-American	2	5 <sup>E</sup>	5 <sup>E</sup>	2	2
Decline to answer	3	2	1	1	1

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





# **Complete Demographics- State Access Groups**

	California		Florida		New York			Ohio			Texas				
	High (A)	Low (B)	<u>No</u> (C)	High (D)	Low (E)	<u>No</u> (F)	High (G)	Low (H)	<u>No</u> (I)	High (J)	Low (K)	<u>No</u> (L)	High (M)	Low (N)	<u>No</u> (O)
<u>Income</u>															
Less than \$15,000	7	17	11	14	22	12	15	16	16	21	21	20	13	13	10
\$15,000-\$24,999	14	13	13	6	18 <sup>D</sup>	12	11	10	10	5	8	14	13	12	9
\$25,000-\$34,999	11	7	9	13	12	9	5	7	9	6	8	10	10	13	9
\$35,000-\$49,999	3	5	12	7	4	19 <sup>E</sup>	12	9	13	5	7	7	16	7	10
\$50,000-\$74,999	8	11	15	14	10	5	9	17	11	13	10	8	12	10	15
\$75,000-\$99,999	4	5	8	3	2	6	9	5	6	14	9 <sup>C</sup>	10	4	10	9
\$100,000-\$124,999	2	5 <sup>C</sup>	*	3	1	4	4	-	2	1	2	1	1	4	7
\$125,000-\$149,999	1	2	2	1	-	-	1	1	-	-	1	*	-	2	-
\$150,000-\$199,999	-	-	3	2	*	*	1	5 <sup>l</sup>	*	-	-	1	-	-	1
\$200,000-\$249,999	-	-	*	1	-	-	-	*	2	-	-	-	-	-	-
\$250,000 or more	9	5	4	21 <sup>F</sup>	9	8	8	5	8	8	8	4	4	4	8
Decline to answer	41 <sup>C</sup>	31	23	15	22	25	25	24	25	27	25	23	27	25	22
Race/Ethnicity															
White	71 <sup>B</sup>	53	60	83 <sup>F</sup>	82 <sup>F</sup>	67	81	87 <sup>1</sup>	71	83	88	87	73	<b>82</b> °	60
Black	1	2	2	5	-	7 <sup>E</sup>	8	3	5	9	3	6	2	*	5
Asian or Pacific Islander	3	2	1	*	-	*	1	1	1	*	-	*	*	-	1
Native American or Alaskan Native	2	2	1	2	1	-	-	1	*	*	*	-	*	2	*
Mixed racial background	1	3	<b>4</b> <sup>D</sup>	-	1	1	*	1	*	1	*	1	*	2	3
Other race	-	1	*	-	*	*	-	*	-	-	-	1	-	-	1
Hispanic	15	29 <sup>A</sup>	28 <sup>A</sup>	8	10	16	9	2	16 <sup>H</sup>	3	7	2	23	13	27 <sup>N</sup>
African-American	5 <sup>C</sup>	1	1	*	5	6	-	<b>5</b> G	<b>5</b> G	2	-	3	1	-	2
Decline to answer	*	6	3	2	*	2	1	1	2	1	2	1	1	-	2

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.





## **Technical Appendix**



# Technical Appendix

The following summary describes the sampling and interviewing procedures used by Harris Interactive, Inc. for the Assessing the Costs of Depression Study conducted online from March 28, 2006 through April 17, 2006.

#### **Overview**

Harris' online interviewing relies primarily on the Harris Poll Online database to conduct large surveys of adults aged 18 and older. More specifically, it utilizes:

- 1) The Harris Poll Online (HPOL) database of cooperative respondents, all of whom have opted in to receive invitations to take part in online surveys;
- 2) Harris' proprietary technology (a) to draw complex samples from this database, (b) to e-mail to large groups of respondents, and (c) to enable large numbers of respondents to simultaneously complete the survey online; and
- 3) Advanced survey interviewing techniques, adapted to the online environment, including password protection, skip patterns, and visually appealing fonts and formatting.

#### **Sample Selection**

Sample for Harris Poll Online (HPOL) surveys is drawn from the HPOL database of cooperative respondents who are registered as participants in Harris' online database. E-mail addresses for respondents in the database are obtained from the following sources: Harris Poll Online registration, the Harris/Excite Poll, Harris Poll Online banner advertisements, Excite and Netscape product registrations, Harris telephone research, media recruitment, and sweepstakes sponsored by MatchLogic and its subsidiaries (e.g., DeliverE, Preferences.com, etc.).

General sample was randomly selected (subject to the demographic constraints required by the study) from the multimillion-member Harris Interactive panel. The sample selection was stratified based on demographic characteristics such as age, gender and region.





#### **Online Interviewing Procedures**

Interviews were conducted using a self-administered, online questionnaire, via Harris' proprietary, web-assisted interviewing software and were approximately 23 minutes in length. The Harris Poll Online interviewing system permits online data entry of interviews by the respondents. Questionnaires are programmed into the system with the following checks:

- 1) Question and response series
- 2) Range checks
- 3) Mathematical checks
- 4) Consistency checks

For questions with pre-coded responses, the system only permits answers within a specified range; for example, if a question has three possible answer choices (e.g., "Agree," "Disagree," "Not sure"), the system will only accept coded responses corresponding to one of these choices.

All data are tabulated, checked for internal consistency and processed by computer. A series of computergenerated tables is then produced for each of the key sample groups showing the results of each survey question both by the total number of respondents and by key subgroups.



#### **Control of the Sample**

The following procedures are used in order to maintain the reliability and integrity in the sample and to increase response:

- 1) Password protection: Each invitation contains a password that is uniquely assigned to the e-mail address it is sent to. A respondent is required to enter this password at the beginning of the survey in order to gain access to the survey. Password protection ensures that a respondent completes the survey only one time and that any other non-invited respondent cannot use the URL.
- 2) Reminder invitations: In order to increase the number of respondents participating in the survey and to improve overall response rates, reminder invitations are mailed to all respondents.
- 3) Summary of the survey findings: In order to increase the number of respondents participating in the survey and to improve overall response rates, respondents are offered a summary of some of the findings of the survey. Those that completed the survey are provided access to a web site that displays these findings. As with the survey itself, this is a password-protected site and is accessible only for a limited period.

#### Weighting

Data were weighted to be representative of the patient population for each region respectively. Variables used in weighting were education, age, sex, race/ethnicity, region (for the national sample), income, and a variable called a propensity score. The propensity score accounts for attitudinal and behavioral differences between those who are online versus offline and also minimizes potential biases associated with the decision to join a panel and the decision to respond to a survey.





#### **Editing and Cleaning the Data**

The data processing staff performs machine edit cleaning for the entire data set. Edit programs act as a verification of the skip instructions and other data checks that are written into the online program. The edit programs list any errors by case number, question number and type. Any suspected errors are then resolved by senior EDP personnel who inspect the original file and make appropriate corrections. Reading the Exhibits and Charts

Percentages may not always add up to 100 percent because of rounding, the acceptance of multiple answers from respondents, or because some answer categories may be excluded from a table.

#### **Reading the Exhibits and Charts**

Percentages may not always add up to 100 percent because of rounding, the acceptance of multiple answers from respondents, or because some answer categories may be excluded from a table.

#### Reliability of Survey Percentages

The results from this survey are subject to sampling variation. The magnitude of this variation is measurable and is affected both by the number of interviews involved and by the level of the percentages expressed in the results.

Table A.1 shows the range of sampling variation that applies to percentage results for this survey. The chances are 95 in 100 that the survey results do not vary, plus or minus, by more than the indicated number of percentage points from the results that would have been obtained had interviews been conducted with all persons in the universe represented by the sample. For example, if the response for a sample size of 1000 were 30 percent, then in 95 out of 100 cases the response of the total population would be between 27 percent and 33 percent. Note that survey results based on subgroups of a small size can be subject to large sampling error.





Table A. 1: Approximate Sampling Tolerances (At 95 percent confidence) To Use In Evaluating Percentage Results Appearing In This Report

Number of People Asked Question on Which Survey Result Is Based	Survey Percentage Result At 10% or 90%	Survey Percentage Result At 20% or 80%	Survey Percentage Result At 30% or 70%	Survey Percentag e Result At 40% or 60%	Survey Percentage Result At 50%
1,000	2	2	3	3	3
900	2	3	3	3	3
800	2	3	3	3	3
700	2	3	3	4	4
600	2	3	4	4	4
500	3	4	4	4	4
400	3	4	4	5	5
300	3	5	5	6	6
200	4	6	6	7	7
100	6	8	9	10	10
50	8	11	13	14	14

Sampling tolerances are also involved in the comparison of results from different parts of a sample (subgroup analysis) or from different surveys. Table A.2 shows the percentage difference that must be obtained before a difference can be considered statistically significant. These figures, too, represent the 95 percent confidence interval.





Table A.2: Approximate Sampling Tolerances (At 95 percent confidence) To Use In Evaluating Differences between Two Percentage Results Appearing In Survey

Approximate Sample Size of Two Groups Asked Question on Which Survey Result is Based	Survey Percentage Result at 10% or 90%	Survey Percentage Result at 20% or 80%	Survey Percentage Result at 30% or 70%	Survey Percentage Result at 40% or 60%	Survey Percentage Result at 50%
1,000 vs. 1,000	3	4	4	4	4
500	3	4	5	5	5
300	4	5	6	6	6
200	5	6	7	7	8
100	6	8	9	10	10
50	9	11	13	14	14
500 vs. 500	4	4	6	6	6
300	4	6	7	7	7
200	6	7	8	8	8
100	6	9	10	11	11
50	9	12	13	14	15
300 vs. 300	5	6	7	8	8
200	5	7	8	9	9
100	7	9	10	11	11
50	9	12	14	15	15
200 vs. 200	6	8	9	10	10
100	7	10	11	12	12
50	9	12	14	15	15
100 vs. 100	8	11	13	14	14
50	10	14	16	17	17
50 vs. 50	12	16	18	19	20





#### **Non-Sampling Error**

Sampling error is only one way in which survey findings may vary from the findings that would result from interviewing every member of the relevant population. Survey research is susceptible to human and mechanical errors as well. These include respondent recording errors, in addition to errors resulting from the experimental nature of current Internet research. However, the procedures used by Harris Interactive, including the online sampling, weighting and interviewing systems described earlier, keep these types of errors to a minimum.



### **Additional Data Cuts**

(6/12/06 and beyond)



### Hospitalizations/ER Visits Due to Depression-State Access Groups

	California				New York			Ohio			Texas				
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Hospitalizations Because of															
<u>Depression</u>															
0	90	85	94 <sup>B</sup>	90	89	93	89	89	91	82	91	94 <sup>J</sup>	88	93	94
1	1	5 <sup>C</sup>	1	2	8	5	6	4	6	12 <sup>L</sup>	6	3	7	4	3
More than 1	4	$9^{C}$	3	6	1	2	3	6	3	4	2	3	2	3	3
Decline to answer	5	*	2	1	2	-	2	1	-	1	1	-	3	-	*
ER Visits Because of Depression															
0	94 <sup>C</sup>	84	83	95	85	89	85	80	86	77	81	91 <sup>JK</sup>	88	96	88
1	3	5	7	3	3	5	7	7	8	10	13 <sup>L</sup>	4	3	3	4
More than 1	2	11 <sup>A</sup>	9	2	12 <sup>D</sup>	5	7	12	6	12	6	5	9	1	7
Decline to answer	*	*	1	*	*	1	1	1	*	1	*	*	*	*	1

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1190 How many times in the past 12 months have you been hospitalized because of events/illnesses related to your depression/the feelings and experiences you listed?

Q1195 How many times in the past 12 months have you had to visit the emergency room because of events/illnesses related to your depression/the feelings and experiences you listed?





### Prevalence of Medication and Talk Therapy-National

			Race	African-		Access	ccess		
	<u>Total</u>	Caucasian	<u>Hispanic</u>	American	<u>High</u>	Low	<u>No</u>		
		(B)	(C)	(D)	(E)	(F)	(G)		
	%	%	%	%	%	%	%		
Currently Taking Medication									
for Depression									
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)		
Yes	57	58	53	57	<b>89</b> G	91 <sup>G</sup>	-		
No	43	42	74	43	11	9	100 <sup>EF</sup>		
Decline to answer	-	-	-	-	-	-	-		
Currently in Talk Therapy									
Base: All Respondents	(662)	(349)	(153)	(160)	(164)	(172)	(326)		
Yes	18	16	20	27 <sup>B</sup>	35 <sup>G</sup>	33 <sup>G</sup>	5		
No	82	84 <sup>D</sup>	80	73	65	67	95 <sup>EF</sup>		
Decline to answer	*	*	-	*	-	*	*		
Both Taking Medication and									
in Talk Therapy									
Base: Diagnosed with Depression	(512)	(275)	(115)	(122)	(164)	(172)	(176)		
Yes	15	14	17	21	<b>24</b> <sup>G</sup>	25 <sup>G</sup>	0		

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q455 Are you currently taking medication for your depression?

Q460 Beyond the therapeutic use of prescription medication, are you currently in talk therapy or receiving counseling for your depression?





# Prevalence of Medication and Talk Therapy- State Totals

	CA <u>Total</u>	FL <u>Total</u>	NY <u>Total</u>	OH <u>Total</u>	TX <u>Total</u>
	(A)	(B)	(C)	(D)	(E)
	%	%	%	%	%
Currently Taking Medication for Depression					
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
Yes	53	64 <sup>A</sup>	67 <sup>AE</sup>	63 <sup>A</sup>	56
No	47 <sup>BCD</sup>	36	33	37	44 <sup>C</sup>
Decline to answer	*	*	-	-	*
Currently in Talk Therapy					
Base: All Respondents	(551)	(542)	(602)	(619)	(566)
Yes	24 <sup>E</sup>	23 <sup>E</sup>	22	19	15
No	76	77	77	80	84 <sup>ABC</sup>
Decline to answer	1	*	1	1	1
Both Taking Medication and					
in Talk Therapy					
Base: Diagnosed with depression	(450)	(416)	(476)	(530)	(437)
Yes	18	27 <sup>ADE</sup>	23	16	16

A, B, C, D, E: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q455 Are you currently taking medication for your depression?

Q460 Beyond the therapeutic use of prescription medication, are you currently in talk therapy or receiving counseling for your depression?





### Recent Financial Trouble Caused by Depression-State Access Groups

	California		Florida		New York			Ohio			Texas				
	<u>High</u>	Low	<u>No</u>	<u>High</u>	<u>Low</u>	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Unpaid personal bills more than															
60 days overdue	14	30 <sup>AC</sup>	14	19	27	22	27	24	21	27	18	19	23	25	23
Credit card debt more than \$1,000															
over my usual bill amount	8	13	14	6	11	13	12	8	12	12	10	7	6	11	14
Couldn't afford necessities of life	22	33	24	18	24	28	21	22	28	26	29	30	26	25	32
Inability to stop shopping/															
spending money	23	26	20	12	20	21	18	14	14	$22^{L}$	17	11	29 <sup>NO</sup>	13	15
Fear of foreclosure	1	8 <sup>C</sup>	2	2	5	6	6	3	3	3	2	4	3	5	4
Fear couldn't make rent/															
mortgage payment	9	27 <sup>A</sup>	22 <sup>A</sup>	11	24	33 <sup>D</sup>	21	24	21	18	17	20	19	25	25
None of these	57	41	52	64 <sup>EF</sup>	42	44	50	49	47	55	52	51	50	48	50
Decline to answer	5	1	3	-	1	4	5	1	3	1	4	3	-	<b>7</b> <sup>MO</sup>	1

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1225 Have you experienced any of the following in the last 30 days because of your depression/the feelings and experiences you listed?





# Depression's Interference with Interactions with Children- State Access Groups

	California		Florida		New York			Ohio			Texas				
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Has Children Under 18	(24)	(29)	(79)	(22)	(34)	(71)	(54)	(38)	(71)	(45)	(57)	(98)	(42)	(33)	(89)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Depression Hindered Interaction with	Child														
Yes	58	83	54	28	63	65	72	65	58	69	79	47	56	50	46
No	42	17	46	72	37	35	28	35	42	31	21	53	44	50	54
Specific Activities That Were Hindere Help your children with their	<u>d</u>														
schoolwork	34	55	36	27	32	33	41	44	31	39	41	28	52	15	23
Help out with your children's															
extracurricular activities/sports	52	66	41	29	55	27	43	49	36	63	38	30	32	31	37
Cook and clean for your children	53	54	34	47	33	36	59	55	33	47	39	27	63	36	36
Provide emotional support for your children	59	66	32	31	50	35	47	45	27	47	31	35	57	39	41
None of these	31	13	45	41	29	38	26	15	35	31	23	50	20	50	46
	٠.			• •		-			-	٠.				-	

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1165 Has your depression/the feelings and experiences you listed ever hindered your ability to actively participate in your children's daily activities and functions?

Q1170 More specifically has your depression/the feelings and experiences you listed ever hindered your ability to...?





# **Satisfaction with Past Week- State Access Groups**

	<u>C</u>	aliforr	<u> </u>	<u>l</u>	Florida	a	N	ew Yo	<u>rk</u>		-Ohio	<u></u>	<u></u>	<u>Texas</u>	<del></del>
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
•	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Percent responding															
"Poor" or "Very Poor"															
Base: All Respondents	(123)	(156)	(272)	(130)	(160)	(252)	(194)	(167)	(241)	(150)	(199)	(270)	(134)	(141)	(291)
Relationship with a															
spouse or partner	15	22	27	18	25	29	22	23	25	20	23	29	27	30	28

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q605 Taking everything into consideration, during the past week, how would your rate your satisfaction with your...?



## Days of Work Missed Because of Depression-State Access Groups

	<u>C</u>	alifori	<u>nia</u>	<u>l</u>	Florid	a	N	ew Yo	ork		-Ohio		<u></u>	<u>Texas</u>	<u>;</u>
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Currently Employed	(65)	(73)	(175)	(68)	(62)	(158)	(102)	(82)	(153)	(84)	(85)	(165)	(74)	(71)	(192)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
0	68	55	75 <sup>B</sup>	65	68	83 <sup>D</sup>	69	61	81 <sup>H</sup>	81 <sup>K</sup>	60	81 <sup>K</sup>	68	76	74
1-2	25	19	15	17	25	8	11	15	10	9	15	12	14	11	18
3-5	5	8	7	14	2	5	16 <sup>l</sup>	9	4	2	10	3	18 <sup>0</sup>	8	3
More than 5	1	19 <sup>AC</sup>	4	3	5	4	3	15	5	8	15 <sup>L</sup>	4	1	5	5
Mean	0.7	3.3 <sup>AC</sup>	1.0	1.2	1.3	0.8	1.2	2.8 <sup>l</sup>	0.9	1.8	4.1 <sup>L</sup>	0.7	1.2	1.0	1.1
Median	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1140 In the past 30 days, how many days of work have you missed because of the symptoms of your depression/the feelings and experiences you listed?





# Out-of-Pocket Cost of Talk Therapy- State Access Groups

	<u>C</u>	aliforn	<u>ia</u>	F	lorida	a	N	ew Yo	<u>rk</u>		-Ohio-			Texas	<u></u>
Base: In Talk Therapy	High (A) (46) %	Low (B) (65) %	No (C) (15) %	High (D) (40) %	Low (E) (67) %	No (F) (9) %	High (G) (81) %	Low (H) (80) %	No (I) (7) %	High (J) (44) %	Low (K) (74) %	No (L) (7) %	High (M) (40) %	Low (N) (42) %	No (O) (10) %
\$0	21	29	18	14	43	9	62 <sup>H</sup>	31	4	55	59	41	43	26	25
\$1-\$25	29	13	5	19	6	6	5	8	_	26	9	4	8	4	_
\$26-\$50	28	7	6	38	15	72	6	6	-	7	8	46	13	16	-
\$51-\$100	15	16	43	15	12	-	13	21	45	1	4	9	9	25	50
More than \$100	8	34	28	13	23	12	15	34	51	15	21	-	27	30	25
Mean (\$)	46.9	123.5	113.3	207.5	57.5	56.2	45.0	399.9 <sup>0</sup>	<sup>3</sup> 203.3	59.4	133.5	32.5	172.9	102.4	90.5
Median (\$)	25	56	111	37	26	68	-	62	168	-	-	39	22	80	76

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1185 In an average month, about how much do you spend out-of-pocket on talk therapy or counseling to treat your depression/the feelings and experiences you listed?





## **Prevalence of Medication - New York**

	N	ew York	
	*RX Coverage*	No RX Coverage	
	(A)	(B)	
	%	%	
Currently Taking Medication for Depression			
Base: Diagnosed with Depression and Has Health Insurance			
	(391)	(34)	
Yes	72	52	
No	28	48	
Decline to answer	-	-	

A,B: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q455 Are you currently taking medication for your depression?

\*RX Coverage Defined at Q475





## **Prevalence of Talk Therapy- New York**

	<u></u>	New York
	*Therapy	*No Therapy
	<b>Coverage</b>	<u>Coverage</u>
	(A)	(B)
	%	%
Currently in Talk Therapy		
Base: Diagnosed with Depression and Has Health Insurance		
	(314)	(111)
Yes	35 <sup>B</sup>	9
No	65	91 <sup>A</sup>
Decline to answer	*	*

B, C, D, E, F, G: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q460 Beyond the therapeutic use of prescription medication, are you currently in talk therapy or receiving counseling for your depression? \*Talk Therapy Coverage Defined at Q475





## **Health Insurance Coverage- State Access Groups**

	<u>C</u>	aliforr	<u> </u>		Florida	a	N	ew Yo	<u>rk</u>		-Ohio-		7	Гехаs	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Diagnosed with Depression	. ,	, ,	, ,	,	` ,	` ,	, ,	` ,	( )	` ,	. ,	. ,	. ,	` ,	,
and Has Health Insurance	(123)	(110)	(138)	(130)	(116)	(91)	(194)	(143)	(88)	(150)	(152)	(146)	(134)	(79)	(116)
	`%	`% <sup>'</sup>	`% <sup>′</sup>	%	%	`%	`%	%	%	%	%	%	%	%	%
\$0	27	20	25	26 <sup>F</sup>	21	8	39 <sup>HI</sup>	22	16	32	26	18	18	4	19 <sup>N</sup>
\$1-\$250	24 <sup>C</sup>	18	8	20	27 <sup>F</sup>	10	10	13	5	16	13	12	11	16	10
\$251-\$500	4	13	15 <sup>A</sup>	9	9	9	5	5	5	5	10	14	19	<b>34</b> <sup>0</sup>	6
\$501-\$1000	4	2	1	2	4	10	3	8	2	3	2	9	4	4	8
\$1001+	*	9 <sup>A</sup>	7	5	12	6	1	4	2	2	13 <sup>I</sup>	7	2	19 <sup>M</sup>	12
Not sure	40	39	45	38	27	57 <sup>E</sup>	42	48	69 <sup>GH</sup>	43	36	40	46 <sup>N</sup>	24	46 <sup>N</sup>
Mean (\$)	145	527 <sup>A</sup>	459 <sup>A</sup>	275	569	740	147	359 <sup>F</sup>	368	182	725 <sup>J</sup>	573 <sup>J</sup>	330	886	592
Median (\$)	8	178	68	98	99	424	-	45	-	-	130	275	259	508	259

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q470 What is the annual deductible for your insurance plan?



	<u>C</u>	aliforr	<u> </u>	<u></u>	Florid	<u>a</u>	No	ew Yo	<u>rk</u>		-Ohio-			Гехаѕ	<del></del>
	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Experienced Negative Issue	(70)	(104)	(167)	(84)	(115)	(160)	(134)	(112)	(157)	(97)	(134)	(157)	(85)	(88)	(200)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
\$0	12	19	31 <sup>A</sup>	11	17	23	24	13	27	28	20	25	19	9	24
\$1-\$100	9	12	8	13	14	18	14 <sup>H</sup>	2	6	7	8	5	5	9	5
\$101-\$500	13	9	9	6	18 <sup>F</sup>	6	5	20 <sup>GI</sup>	8	11	10	18	24	15	12
\$501+	26	28	28	20	23	25	24	24	21	11	26	$30^{J}$	29	27	26
Decline to answer	40	32	24	50 <sup>F</sup>	29	28	33	41	39	43 <sup>L</sup>	36	22	23	40	33
Mean (\$)	16782	7269	8578	20060	10671	117411	12933	9488	13950	12360	12065	15266	7472	12481	16815
Median (\$)	249	230	107	281	216	107	97	356	94	9	363	239	397	620	275

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1205 And about how much have these issues/experiences cost you financially?





# **Current Level of Credit Card Debt- State Access Groups**

	C	aliforr	<u> </u>	<u></u>	Florida	<u>a</u>	N	ew Yo	<u>rk</u>		-Ohio-	<u></u>	<u></u>	Texas-	
	<u>High</u>	Low	<u>No</u>	<u>High</u>	<u>Low</u>	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>	<u>High</u>	Low	<u>No</u>
	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)	(J)	(K)	(L)	(M)	(N)	(O)
Base: Currently in Debt	(83)	(126)	(195)	(83)	(125)	(183)	(152)	(132)	(185)	(112)	(149)	(206)	(91)	(115)	(234)
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
\$0	8	22 <sup>A</sup>	17	18	11	17	18	19	20	24	19	15	12	11	18
\$1-\$500	<b>21</b> BC	8	4	7	13	8	14	11	6	13	7	11	15	19	11
\$501-\$1000	5	6	7	10	13 <sup>F</sup>	4	7	6	3	6	6	6	7	4	10
\$1001-\$2500	13	9	15	17	12	14	13	7	7	4	8	15 <sup>J</sup>	8	13	7
\$2501-\$5000	8	12	17	5	14	14	9	14	26 <sup>G</sup>	10	12	18	12	14	14
\$5001+	24	26	32	29	25	22	28	36	25	18	$34^{J}$	27	19	25	29
Decline to answer	21 <sup>C</sup>	17	9	14	11	21	10	8	12	25 <sup>L</sup>	13	8	27 <sup>0</sup>	14	11
Mean (\$)	5550	6704	8005	5406	6648	6400	7144	7722	6470	5706	8603	6003	5794	7421	7210
Median (\$)	1961	2235	3077	1990	1747	1988	1677	3101	3021	584	3222	2544	2008	2116	2139

A, B, C, D, E, F, G, H, I, J, K, L, M, N, O: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1215 About how much of this debt is credit card debt?





	CA	FL	NY	ОН	TX	NA
	<u>Total</u> (A)	<u>Total</u> (B)	<u>Total</u> (C)	<u>Total</u> (D)	<u>Total</u> (E)	<u>Total</u> (F)
Base: Taking Depression Medication	(八)	(5)	(0)	(5)	(=)	(1)
With a Generic Equivalent	(156)	(143)	(173)	(165)	(124)	(169)
	%	%	%	%	%	%
Taking Generic Version	48	56	60	57	70 <sup>A</sup>	59

A, B, C, D, E, F: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1030 Which of the following prescription medication(s) are you currently taking for your depression?





# **Type of Medication- Florida Access Groups**

	F	High         Low           Access         Access           (A)         (B)           (69)         (74)           %         %			
	High	Low			
Base: Taking Depression Medication With a Generic Equivalent	` ,	` ,			
Taking Generic Version	41	72 <sup>A</sup>			

A,B: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1030 Which of the following prescription medication(s) are you currently taking for your depression?





# **Type of Medication- Texas Access Groups**

	Florida  High Low <u>Access</u> <u>Acces</u> (A) (B)			
	High	Low		
	Access	Access		
	(A)	(B)		
Base: Taking 2 <sup>nd</sup> Generation Depression Medication				
With a Generic Equivalent	(49)	(43)		
	%	%		
Taking Generic Version	51	71		

A,B: Indicates proportion is significantly higher than the corresponding percentage at the 95 percent confidence level or better.

Q1030 Which of the following prescription medication(s) are you currently taking for your depression?

