



Frequently Asked Questions: Understanding the Impact of Borderline Personality Disorder on Life and Work Activities Survey

Thank you for your interest in participating in a survey about your experiences with **Borderline Personality Disorder (BPD)**. NAMI is working with a clinical research partner that is seeking to understand more about the lived experience of BPD. We are looking for adults who would like to participate in a Virtual Advisory Panel, answering an anonymous survey on their experiences with BPD to help inform future research.

If you have further questions, please contact us at researchstudy@nami.org.

1. What is this study?

This study is an anonymous online survey for adults diagnosed with Borderline Personality Disorder (BPD) and their adult family members/ care partners. The survey includes questions about your experiences with work, education, housing, and interpersonal relationships. The survey should take approximately 45 minutes to complete. Participants who complete the survey will receive a \$75 prepaid Visa gift card in appreciation for their time.

2. Why is NAMI involved?

NAMI actively advocates for research that advances discovery of novel and more effective treatment options for mental health conditions. When a clinical research partner asked us to help them better understand the life experiences of people with BPD and their families, we determined this was a valuable opportunity. By asking people about their experiences, we are putting individual and family voices first as researchers work to develop better treatment and support options.

3. Who is eligible to participate?

People who are 18 years of age or older, are residents of the United States, and have a current diagnosis of BPD or are a family member/ care partner of a person with a current diagnosis of BPD are eligible to participate in the survey. If selected, you will need access to the internet through a computer, tablet or smartphone at the time of the survey.

4. How do I know if I'm selected?

If you are interested in participating in the survey, you must first complete a brief eligibility questionnaire using this link:

<https://www.surveymonkey.com/r/BPD2021>

NAMI will review your responses to the eligibility questionnaire and notify you if you have been selected to participate in the Virtual Advisory Panel no later than Friday, March 12th, 2021.

5. Are my responses confidential?

Yes. NAMI will not share your name or any identifying information with anyone. You will be assigned a "Participant Identification Number" that will keep your responses separate from others for comparison.

6. What will be done with my responses?

Your responses will be summarized and shared with NAMI's clinical research partner after being stripped of all identifying information (name, email, etc.). Responses will only be associated with a "Participant Identification Number" assigned by NAMI. Your responses will be stored on NAMI's data base which follows industry confidentiality and ethical guidelines.

7. Does taking this survey mean I'll be selected for a clinical research study?

No. This survey is designed for NAMI and our partner to learn from your experiences with BPD. This study is not connected to any clinical trials of new products or treatment approaches.

8. When will I receive the gift card?

After you complete the survey, NAMI will mail your \$75 prepaid Visa gift card within three weeks after the survey closes.