Welcome to NAMI Delaware’s registration page. We are excited that you have chosen to join us for the NAMI FaithNet Pathways to Hope conference. This conference is a chance for our affiliate to join the community to build our own grassroots movement that engages faith communities, mental health providers, NAMI members, and other community partners in building sustainable coalitions in support of people living with mental health conditions.

We look forward to seeing you at the conference.

**FRIDAY, AUGUST 26**
This event begins at 9:30am (local time)

**Local Welcome**

<table>
<thead>
<tr>
<th>National Welcome</th>
<th>Daniel H. Gillison, Jr.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CEO, National Alliance on Mental Illness</td>
</tr>
</tbody>
</table>

**Remarks & Introduction of Speaker**

<table>
<thead>
<tr>
<th>Shirley J. Holloway, Ph.D.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immediate Past President NAMI National Board</td>
</tr>
<tr>
<td>Vice President NAMI Alaska</td>
</tr>
</tbody>
</table>

**Plenary #1: The Vital Role of Community in People, Place, and Purpose**

<table>
<thead>
<tr>
<th>Thomas Insel, MD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-founder and President of Mindstrong Health, Psychiatrist and Neuroscientist, former Director of the National Institute of Mental Health (NIMH) and author of <em>Healing: Our Path from Mental Illness to Mental Health, 2022</em></td>
</tr>
</tbody>
</table>

**Video**

<table>
<thead>
<tr>
<th>Is That Enough?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Les Femmes Fatales</td>
</tr>
</tbody>
</table>

**Introduction of Speaker**

<table>
<thead>
<tr>
<th>Dawn Brown</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director, Cross Cultural Innovation and Engagement National Alliance on Mental Illness</td>
</tr>
</tbody>
</table>

**Plenary #2: Who Moved My Happy?**

<table>
<thead>
<tr>
<th>Erika Kendrick</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Fitness Speaker/Author of &quot;Who Moved My Happy?&quot;</td>
</tr>
</tbody>
</table>

**Breaking Down Barriers Through Access, Faith, and Community**

| Martise Colston |
MH in Delaware – Statistics, Signs, and Symptoms

Burnout vs. Stress: How Self-care and Self-compassion Help

End of Day One and Evaluations

SATURDAY, AUGUST 27
This event begins at 9:00am (local time)

Breakfast

Local Welcome

National Welcome
Daniel H. Gillison, Jr.
CEO, National Alliance on Mental Illness

NAMI FaithNet Yesterday, Today and Tomorrow
Doug Beach
President, NAMI San Antonio
Chair, NAMI FaithNet Advisory Group

Lifetime Achievement Award
Paul Lu, FaithNet Coordinator, NAMI Orange County
Susan Christiansen, Wife of the late Dr. Gunnar Christiansen

Introduction to Sharing Hope & Compartiendo Esperanza
Dawn Brown
Director, Cross Cultural Innovation and Engagement
National Alliance on Mental Illness

Plenary #3: Sharing Hope and Compartiendo Esperanza Videos

Plenary #4: Everyone Needs A Little Help Sometimes
Rev. Jason Reynolds
Sr. Pastor, Emmanuel Baptist Church

Plenary #5: Healing Our Communities: Outcomes after Bridges to Care (San Antonio)
Doug Beach, President, NAMI San Antonio
Pastor Veron Blue, Family Life International Ministries/Bridges to Care San Antonio
Nikita Fox, Kingdom Life Christian Ministries
Mental Health Options and Support in Delaware

Resource Based presentation w/ Guests from Local Organizations

Suicide Prevention - Signs, Symptoms, How Can YOU Help

LUNCH PROVIDED

Youth - Focus on Signs, Symptoms and Support Adults can Offer

Guest Speaker - TBD

Faith Community Presents: What we Offer to our Community
Dr. Jay Macklin from Academy for Peace
Rev. Brooke Scott Church on Main

BREAK

In Our Own Voice - Faith Community Members who "have been there"

Debrief on what you've learned / Q&A

End of Conference and Evaluations

**Schedule Subject to Change. A revised agenda will be sent following registration.**