Your NAMI State Organization

State: Iowa

State Organization: NAMI Iowa

Phone: (515) 254-0417

Email Address: info@namiowa.org

Website: http://www.namiiowa.org

Serving: Iowa

President: Ms. Dawn Grittmann

Executive Director: Peggy Huppert

Board Member: Anthony Lengeling

Education Program Administrator: Cindy Woodard

Web Contact 1: Zachary Blevins
<table>
<thead>
<tr>
<th>Affiliate Name</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAMI Black Hawk County</td>
<td>Address: Allen Hospital, 1825 Logan Avenue Waterloo, IA 50703</td>
</tr>
<tr>
<td></td>
<td>Phone: (319) 235-5263</td>
</tr>
<tr>
<td></td>
<td>Email Address: <a href="mailto:namibh@qwestoffice.net">namibh@qwestoffice.net</a></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="https://sites.google.com/site/namiblackhawkcouny/">https://sites.google.com/site/namiblackhawkcouny/</a></td>
</tr>
<tr>
<td></td>
<td>Serving: Cedar Falls, Waterloo, and Blackhawk County</td>
</tr>
<tr>
<td>NAMI Central Iowa</td>
<td>Address: 424 - 5th Street Ames, IA 50010</td>
</tr>
<tr>
<td></td>
<td>Phone: (515) 292-9400</td>
</tr>
<tr>
<td></td>
<td>Email Address: <a href="mailto:namiofci@gmail.com">namiofci@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.namici.org">http://www.namici.org</a></td>
</tr>
<tr>
<td></td>
<td>Serving: Ames, Story County, Central Iowa</td>
</tr>
<tr>
<td>NAMI Dubuque</td>
<td>Address: PO Box 3398 Dubuque, IA 52004</td>
</tr>
<tr>
<td></td>
<td>Phone: (563) 557-6264</td>
</tr>
<tr>
<td></td>
<td>Email Address: <a href="mailto:namidbq@gmail.com">namidbq@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.namidubuque.org">http://www.namidubuque.org</a></td>
</tr>
<tr>
<td></td>
<td>Serving: Tri-state Area</td>
</tr>
<tr>
<td>NAMI Greater Des Moines</td>
<td>Phone: (515) 277-0672</td>
</tr>
<tr>
<td></td>
<td>Email Address: <a href="mailto:namigdm@gmail.com">namigdm@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.namigdm.org">http://www.namigdm.org</a></td>
</tr>
<tr>
<td></td>
<td>Serving: Polk, Dallas, Madison and Warren counties.</td>
</tr>
<tr>
<td>NAMI Greater Mississippi Valley</td>
<td>Address: 1035 Kimberly Rd Davenport, IA 52806</td>
</tr>
<tr>
<td></td>
<td>Email Address: <a href="mailto:coordinator@namigmv.org">coordinator@namigmv.org</a></td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.namigmv.org">http://www.namigmv.org</a></td>
</tr>
<tr>
<td></td>
<td>Serving: Eastern Iowa and Western Illinois</td>
</tr>
<tr>
<td>NAMI Iowa Virtual Affiliate</td>
<td></td>
</tr>
</tbody>
</table>
NAMI Johnson County (IA)  
Address: NAMI Johnson County  
P.O. Box 922  
Cedar Rapids, IA 52440-9220  
Phone: (319) 337-5400  
Email Address: mary.issah@namijc.org  
Website: http://www.namijc.org  
Serving: Johnson County

NAMI Linn County  
Address: NAMI Linn County  
P.O. Box 945  
Cedar Rapids, IA 52406-0945  
Phone: (319) 221-1184  
Email Address: nami-lc@hotmail.com  
Website: http://namilinncounty.org/  
Serving: Linn County

NAMI North Iowa  
Address: NAMI North Iowa  
PO Box 85  
Mason City, IA 50402  
Phone: (641) 201-8450  
Email Address: naminorthiowa@gmail.com  
Website: http://www.naminorthiowa.org  
Serving: Cerro Gordo County

NAMI Northeast Iowa  
Address: NAMI Northeast Iowa  
PO Box 214  
Decorah, IA 52101  
Phone: (563) 293-6264  
Email Address: namineiowa@gmail.com  
Website: http://www.namineiowa.com  
Serving: Howard, Winneshiek, Fayette, Clayton, Allamakee

NAMI Northwest Iowa  
Address: NAMI Northwest Iowa  
215 4th St  
Ste 6  
Spencer, IA 51301-3822  
Phone: (712) 262-9438  
Email Address: namiofnwia@gmail.com  
Website: https://naminwia.org  
Serving: Lyon, Osceola, Dickinson, Emmet, Sioux, O’Brien, Clay and Palo Alto counties

NAMI South Central Iowa  
Address: NAMI South Central Iowa  
209 E Maple Street Suite #7  
Centerville, IA 52544  
Phone: (641) 216-3114  
Email Address: namisci8@gmail.com  
Serving: Appanoose County
| **NAMI Southwest Iowa** | **Address:** NAMI Southwest Iowa  
| | PO Box 31  
| | Clarinda, IA 51632  
| **Phone:** | (712) 542-7904  
| **Email Address:** | secure@southwestiowafamilies.org  
| **Website:** | https://namisouthwestiowa.com  
| **Serving:** | southwest iowa  

---

NAMI  
3803 N. Fairfax Drive, Suite 100 Arlington, VA 22203  
Main: 703-524-7600  
HelpLine: 800-950-6264