Your NAMI State Organization

State: Minnesota

State Organization: NAMI Minnesota

Address: NAMI Minnesota
1919 University Ave W Ste 400
Saint Paul, MN 55104-3455

Phone: (651) 645-2948
Fax: (651) 645-7379

Email Address: namihelps@namimn.org
Website: http://namimn.org

Serving: Minnesota

President: Mariah Owens
Executive Director: Sue Abderholden
Board Member Julie Atella
Board Member Kassius Benson
Board Member Carrie M. Borchardt
Board Member Christine Bray
Board Member Mary Buck
Board Member Jacob Englund
Board Member Kristi Fox
Board Member Mark Gildea
Board Member Diann Koch
Board Member  
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Board Member  
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Board Member  
Josh Pauly

Board Member  
Michael Trangle

Board Member  
John E. Yanish

Secretary  
Beatric Officer

Treasurer  
Kevin Hanstad

Vice President  
Jessica Gourneau PhD, LP

Vice President  
Susan Holter
<table>
<thead>
<tr>
<th>Affiliate Name</th>
<th>Contact Info</th>
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</thead>
</table>
| **NAMI Anoka County**         | **Address:** NAMI Anoka County  
PO Box 927  
Anoka, MN 55303-0927  
**Email Address:** affiliates@namimn.org  
**Website:** http://namianokacounty.org  
**Serving:** Anoka County |
| **NAMI Carver County**        | **Email Address:** namihelps@namimn.org  
**Serving:** Carver County, MN |
| **NAMI Dakota County**        | **Address:** NAMI Dakota County  
PO Box 22121  
Eagan, MN 55122-0121  
**Phone:** (952) 432-9278  
**Email Address:** namidakotacounty@namimn.org  
**Website:** http://www.namidakotacounty.org/  
**Serving:** Dakota County |
| **NAMI Duluth Area**          | **Address:** NAMI Duluth Area  
PO Box 3424  
Duluth, MN 55803-3424  
**Email Address:** namiduluth@gmail.com  
**Website:** http://www.namiduluth.org  
**Serving:** Carlton County, Southern St. Louis County  
(Duluth & surrounding area) &  
Northwestern Wisconsin |
| **NAMI Freeborn County**      | **Address:** NAMI Freeborn County  
314 Broadway Ave.  
Albert Lea, MN 56007  
**Email Address:** namifreeborncounty@gmail.com |
| **NAMI Grand Rapids Area**    | **Address:** NAMI Grand Rapids Area  
PO Box 203  
Grand Rapids, MN 55744-0203  
**Phone:** (218) 999-7658  
**Email Address:** gr.mn.nami@gmail.com  
**Website:** http://www.namigrandrapidsmn.org/  
**Serving:** Itasca County, MN |
<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Email Address</th>
<th>Website</th>
<th>Serving</th>
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<tbody>
<tr>
<td>NAMI Hennepin County</td>
<td>NAMI Hennepin County</td>
<td>(612) 424-1823</td>
<td><a href="mailto:namihennepincounty@gmail.com">namihennepincounty@gmail.com</a></td>
<td><a href="http://www.namihennepincounty.org">http://www.namihennepincounty.org</a></td>
<td>Hennepin County, MN</td>
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<td>PO Box 24633</td>
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<td>Minneapolis, MN 55424-0633</td>
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<td>NAMI Iron Range</td>
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<td><a href="mailto:namihelps@namimn.org">namihelps@namimn.org</a></td>
<td><a href="http://www.namiiironrange.org">http://www.namiiironrange.org</a></td>
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<td>NAMI McLeod County</td>
<td>NAMI McLeod County</td>
<td>(612) 998-0810</td>
<td><a href="mailto:thorgods26@gmail.com">thorgods26@gmail.com</a></td>
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<td>McLeod County</td>
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<td>Minnesota</td>
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<td>Phone: (612) 998-0810</td>
<td></td>
<td>Email Address: <a href="mailto:thorgods26@gmail.com">thorgods26@gmail.com</a></td>
<td>Website: <a href="http://namimoorhead.weebly.com/">http://namimoorhead.weebly.com/</a></td>
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<td>Serving: Clay &amp; Wilkin Counties</td>
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<td>NAMI Moorhead</td>
<td>NAMI Moorhead</td>
<td>(218) 443-5286</td>
<td><a href="mailto:namimoorhead@namimn.org">namimoorhead@namimn.org</a></td>
<td><a href="http://namimoorhead.weebly.com/">http://namimoorhead.weebly.com/</a></td>
<td>Clay &amp; Wilkin Counties</td>
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<td>PO Box 974</td>
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<td>Moorhead, MN 56561-0974</td>
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<td>NAMI North Central Region</td>
<td>NAMI North Central Region</td>
<td>(218) 214-1681</td>
<td><a href="mailto:namihelps@namimn.org">namihelps@namimn.org</a></td>
<td><a href="http://naminorthcentralregion.org">http://naminorthcentralregion.org</a></td>
<td>Aitkin, Cass, Crow Wing, Morrison, Todd &amp; Wadena</td>
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<td>PO Box 283</td>
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<td>Brainerd, MN 56401-0283</td>
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<td>NAMI Northwoods Beltrami</td>
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<td>(218) 214-1681</td>
<td><a href="mailto:gymaakhus@gmail.com">gymaakhus@gmail.com</a></td>
<td><a href="https://www.facebook.com/NAMI-NorthwoodsBeltrami-902579149788019/">https://www.facebook.com/NAMI-NorthwoodsBeltrami-902579149788019/</a></td>
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<td>NAMI of Southwestern</td>
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<td><a href="mailto:proplock@federatedwildblue.com">proplock@federatedwildblue.com</a></td>
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<td>Jackson, Nobles, Rock and Cottonwood Counties</td>
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<td>Minnesota</td>
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<td>NAMI Ramsey County</td>
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<td><a href="mailto:namiramseycounty@namimn.org">namiramseycounty@namimn.org</a></td>
<td><a href="http://www.namiramseycounty.org/">http://www.namiramseycounty.org/</a></td>
<td>Ramsey County, MN</td>
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NAMI Scott County (MN)
Phone: (612) 424-1823
Email Address: namihelps@namimn.org
Website: https://namiscottcounty.weebly.com/
Serving: Scott County, MN

NAMI Southeast Minnesota
Address: NAMI Southeast Minnesota
1700 Broadway Ave N Ste 104
Rochester, MN 55906-4144
Phone: (507) 287-1692
Email Address: nami-semn@namisemn.org
Website: http://www.namisemn.org
Serving: Southeastern Minnesota

NAMI St. Cloud Area
Address: NAMI St. Cloud Area
PO Box 771
Saint Cloud, MN 56302-0771
Phone: (320) 654-1259
Email Address: njohns1021@gmail.com
Website: http://www.namistcloud.com/
Serving: Stearns, Wright, Sherburne, Benton

NAMI Tri-County (MN)
Phone: (507) 451-0043
Website: http://www.namitricountymn.org/

NAMI Washington County (MN)
Phone: (612) 424-1823
Serving: Washington County, MN

NAMI Western Minnesota
Address: NAMI Western Minnesota
1021 Willmar Ave
Willmar, MN 56201
Phone: (320) 235-3084
Serving: Big Stone, Chippewa, Kandiyohi, Lac qui Parle & Swift Counties

NAMI Winona
Address: NAMI Winona
PO Box 1063
Winona, MN 55987-7063
Phone: (507) 459-2230
Email Address: helennewell.namiwinona@namimn.org
Website: http://www.winonanami.org/
Serving: Winona County, MN
Main: 703-524-7600
HelpLine: 800-950-6264