Your NAMI State Organization

State: Minnesota

State Organization: NAMI Minnesota

Address: NAMI Minnesota
         1919 University Ave W Ste 400
         Saint Paul, MN 55104-3455

Phone: (651) 645-2948

Fax: (651) 645-7379

Email Address: namihelps@namimn.org

Website: http://namimn.org

Serving: Minnesota

President: Mariah Owens

Executive Director: Sue Abderholden

Board Member: Raquel Arismendez

Board Member: Carrie M. Borchardt

Board Member: Christine Bray

Board Member: Mary Buck

Board Member: Kristi Fox

Board Member: Kevin Hanstad

Board Member: Napoleon Howell

Board Member: Jennifer Knapp

Board Member: Rick Lancaster
<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Board Member</td>
<td>Sonal Markanda</td>
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<tr>
<td>Board Member</td>
<td>Jazlynn Paige</td>
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<td>Board Member</td>
<td>Michael Trangle</td>
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<td>Board Member</td>
<td>Meredith Vadis</td>
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<td>Board Member</td>
<td>John E. Yanish</td>
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<td>Secretary</td>
<td>Diann Koch</td>
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<td>Treasurer</td>
<td>Jacob Englund</td>
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<tr>
<td>Vice President</td>
<td>Julie Atella</td>
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<tr>
<td>Vice President</td>
<td>Jessica Gourneau PhD, LP</td>
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<tr>
<td>Affiliate Name</td>
<td>Contact Info</td>
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</tbody>
</table>
| NAMI Anoka County          | **Address:** NAMI Anoka County  
PO Box 927  
Anoka, MN 55303-0927  
**Email Address:** affiliates@namimn.org  
**Website:** http://namianokacounty.org  
**Serving:** Anoka County |
| NAMI Carver County         | **Email Address:** namihelps@namimn.org  
**Serving:** Carver County, MN |
| NAMI Dakota County         | **Address:** NAMI Dakota County  
PO Box 22121  
Eagan, MN 55122-0121  
**Phone:** (952) 432-9278  
**Email Address:** namidakotacounty@namimn.org  
**Website:** http://www.namidakotacounty.org/  
**Serving:** Dakota County |
| NAMI Duluth Area           | **Address:** NAMI Duluth Area  
PO Box 3424  
Duluth, MN 55803-3424  
**Email Address:** namiduluth@gmail.com  
**Website:** http://www.namiduluth.org  
**Serving:** Carlton County, Southern St. Louis County (Duluth & surrounding area) & Northwestern Wisconsin |
| NAMI Freeborn County       | **Address:** NAMI Freeborn County  
314 Broadway Ave.  
Albert Lea, MN 56007  
**Email Address:** namifreeborncounty@gmail.com |
| NAMI Grand Rapids Area     | **Address:** NAMI Grand Rapids Area  
PO Box 203  
Grand Rapids, MN 55744-0203  
**Phone:** (218) 999-7658  
**Email Address:** gr.mn.nami@gmail.com  
**Website:** http://www.namigrandrapidsmn.org/  
**Serving:** Itasca County, MN |
NAMI Hennepin County
Address: NAMI Hennepin County
PO Box 24633
Minneapolis, MN 55424-0633
Phone: (612) 424-1823
Email Address: namihennepincounty@gmail.com
Website: http://www.namihennepincounty.org
Serving: Hennepin County, MN

NAMI Iron Range
Email Address: namihelps@namimn.org
Website: http://www.namiironrange.org

NAMI McLeod County
Website: http://www.namimcleod.org
Serving: McLeod County

NAMI Moorhead
Address: NAMI Moorhead
PO Box 974
Moorhead, MN 56561-0974
Phone: (218) 443-5286
Email Address: namimoorhead@namimn.org
Website: http://namimoorhead.weebly.com/
Serving: Clay & Wilkin Counties

NAMI North Central Region
Address: NAMI North Central Region
PO Box 283
Brainerd, MN 56401-0283
Email Address: namihelps@namimn.org
Website: http://naminorthcentralregion.org
Serving: Aitkin, Cass, Crow Wing, Morrison, Todd & Wadena

NAMI Northwoods Beltrami
Phone: (218) 214-1681
Email Address: gymaakhhus@gmail.com
Website: https://www.facebook.com/NAMI-NorthwoodsBeltrami-902579149788019/

NAMI Ramsey County
Email Address: namiramseycounty@namimn.org
Website: http://www.namiramseycounty.org/
Serving: Ramsey County, MN

NAMI Scott County (MN)
Phone: (612) 424-1823
Email Address: namihelps@namimn.org
Website: https://namiscottcounty.weebly.com/
Serving: Scott County, MN
NAMI Southeast Minnesota
Address: NAMI Southeast Minnesota
2746 Superior Dr NW
Ste 110
Rochester, MN 55901
Phone: (507) 287-1692
Email Address: nami-semn@namisemn.org
Website: http://www.namisemn.org
Serving: Southeastern Minnesota

NAMI Southwest Minnesota
Email Address: proplock@federatedwildblue.com
Serving: Jackson, Nobles, Rock and Cottonwood Counties

NAMI St. Cloud Area
Address: NAMI St. Cloud Area
PO Box 771
Saint Cloud, MN 56302-0771
Phone: (320) 654-1259
Email Address: njohns1021@gmail.com
Website: http://www.namistcloud.com/
Serving: Stearns, Wright, Sherburn, and Benton Counties, Minnesota

NAMI Tri-County (MN)
Phone: (507) 451-0043
Website: http://www.namitricountymn.org/

NAMI Washington County (MN)
Phone: (612) 424-1823
Serving: Washington County, MN

NAMI Western Minnesota
Address: NAMI Western Minnesota
1021 Willmar Ave
Willmar, MN 56201
Phone: (320) 235-3084
Serving: Big Stone, Chippewa, Kandiyohi, Lac qui Parle & Swift Counties

NAMI Winona
Address: NAMI Winona
PO Box 1063
Winona, MN 55987-7063
Phone: (507) 459-2230
Email Address: helennewell.namiwinona@namimn.org
Website: http://www.winonanami.org/
Serving: Winona County, MN
Main: 703-524-7600

HelpLine: 800-950-6264