



## Your NAMI State Organization

**State:** Minnesota

**State Organization:** NAMI Minnesota

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**Email Address:** [namihelps@namimn.org](mailto:namihelps@namimn.org)

**Website:** <http://www.namimn.org>

**Serving:** Minnesota

**Executive Director:** Ms. Sue Abderholden

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<b>Affiliate Name</b>	<b>Contact Info</b>	
<b>NAMI Anoka County</b>	Address:	NAMI Anoka County PO Box 927 Anoka, MN 55303
	Email Address:	namianokacounty@namimn.org
	Website:	<a href="http://namianokacounty.org">http://namianokacounty.org</a>
	Serving:	Anoka County
<b>NAMI Carver County</b>	Phone:	(612) 424-1823
	Email Address:	mamaradde@aol.com
	Serving:	Carver County, MN
<b>NAMI Dakota County</b>	Address:	NAMI Dakota County PO Box 22121 Eagan, MN 55122
	Phone:	(952) 432-9278
	Website:	<a href="http://www.namidakotacounty.org/">http://www.namidakotacounty.org/</a>
	Serving:	Dakota County
<b>NAMI Duluth Area</b>	Address:	NAMI Duluth Area PO Box 3424 Duluth, MN 55803
	Email Address:	namiduluth@gmail.com
	Website:	<a href="http://www.namidulutharea.com">http://www.namidulutharea.com</a>
	Serving:	Carlton County, Southern St. Louis County (Duluth & surrounding area) & Northwestern Wisconsin
<b>NAMI Forensic Network/MN</b>	Email Address:	joerz16@gmail.com
	Website:	<a href="http://www.nami.org/sites/forensicnetworkmn">http://www.nami.org/sites/forensicnetworkmn</a>
<b>NAMI Freeborn County</b>	Address:	NAMI Freeborn County Vitality Center 314 S. Broadway Ave. Albert Lea, MN 56007
	Email Address:	namifreeborncounty@gmail.com
<b>NAMI Grand Rapids Area</b>	Address:	NAMI Grand Rapids Area P.O. Box 203 Grand Rapids, MN 55744
	Email Address:	teresa.lambert@essentiahealth.org
	Website:	<a href="http://www.namigrandrapidsmn.org/">http://www.namigrandrapidsmn.org/</a>
	Serving:	Itasca County, MN

<b>NAMI Hennepin County</b>	Address:	NAMI Hennepin County PO Box 24633 Minneapolis, MN 55424-0633
	Phone:	(612) 424-1823
	Email Address:	namihennepincounty@gmail.com
	Website:	<a href="http://www.namihennepin.org">http://www.namihennepin.org</a>
	Serving:	Hennepin County, MN
<b>NAMI Iron Range</b>	Email Address:	namiironrange@namimn.org
<b>NAMI Moorhead</b>	Address:	NAMI Moorhead PO Box 974 Moorhead, MN 56561
	Phone:	(218) 443-5286
	Email Address:	namimoorhead@namimn.org
	Serving:	Clay & Wilkin Counties
<b>NAMI North Central Region</b>	Address:	NAMI North Central Region PO Box 283 Brainerd, MN 56401
	Website:	<a href="http://naminorthcentralregion.org">http://naminorthcentralregion.org</a>
	Serving:	Aitkin, Cass, Crow Wing, Morrison, Todd & Wadena
<b>NAMI Northwoods Beltrami</b>	Phone:	(218) 214-1681
	Email Address:	gymaakhus@gmail.com
<b>NAMI of Southwestern Minnesota</b>	Email Address:	proplock@federatedwildblue.com
	Serving:	Jackson, Nobles, Rock and Cottonwood Counties
<b>NAMI Ramsey County</b>	Phone:	(612) 424-1823
	Email Address:	namiramseycounty@namimn.org
	Website:	<a href="http://www.namiramseycounty.org/">http://www.namiramseycounty.org/</a>
	Serving:	Ramsey County, MN
<b>NAMI Scott County (MN)</b>	Phone:	(612) 424-1823
	Email Address:	wilfredaw@msn.com
	Serving:	Scott County, MN

<b>NAMI Southeast Minnesota</b>	Address:	NAMI Southeast Minnesota 1700 Broadway Ave North Ste 104 Rochester, MN 55906
	Phone:	(507) 287-1692
	Email Address:	nami-semn@namisemn.org
	Website:	<a href="http://www.namisemn.org">http://www.namisemn.org</a>
	Serving:	Southeastern Minnesota
<b>NAMI St. Cloud Area</b>	Address:	NAMI St. Cloud Area PO Box 771 St. Cloud, MN 56302
	Phone:	(320) 654-1259
	Website:	<a href="http://www.namistcloud.com/">http://www.namistcloud.com/</a>
	Serving:	Stearns, Wright, Sherburne, Benton
<b>NAMI Tri-County (MN)</b>	Phone:	(507) 451-0043
	Website:	<a href="http://www.namitricountymn.org/">http://www.namitricountymn.org/</a>
<b>NAMI Washington County (MN)</b>	Phone:	(612) 424-1823
	Serving:	Washington County, MN
<b>NAMI Western Minnesota</b>	Address:	NAMI Western Minnesota 1021 SW Willmar Ave Willmar, MN 56201
	Phone:	(320) 235-3084
	Serving:	Big Stone, Chippewa, Kandiyohi, Lac qui Parle & Swift Counties
<b>NAMI Winona</b>	Address:	NAMI Winona PO Box 1063 Winona, MN 55987
	Phone:	(507) 494-0905
	Email Address:	<a href="mailto:hellenewell.namiwinona@namimn.org">hellenewell.namiwinona@namimn.org</a>
	Website:	<a href="http://www.winonanami.org/">http://www.winonanami.org/</a>
	Serving:	Winona County, MN

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