

## One size doesn't fit all – for clothes or mental health.

Are you experiencing stress, anxiety, depression or other mental health challenges? One in five adults in the U.S. live with a mental health condition.

Fewer than half receive the care they need. But there's support available.

Kohl's is partnering with NAMI to expand mental health support groups throughout the U.S.

NAMI support groups are **free**, **confidential**, **culturally competent and peer-led**.

They're **available in-person or online** so anyone can get quality support wherever they are.

Find out more at NAMI.org/SupportGroups





