Fact: 43.8 million adults experience mental illness in a given year.

Prevalence of Mental Illness by Diagnosis

- 1.1% (1 in 100, 2.4 million) of American adults live with schizophrenia.¹
- 2.6% (6.1 million) of American adults live with bipolar disorder.¹
- 6.9% (16 million) of American adults live with major depression.¹
- 18.1% (42 million) of American adults live with anxiety disorders.¹

Consequences

- Approximately 10.2 million adults have co-occurring mental health and addiction disorders.¹
- Approximately 26% of homeless adults staying in shelters live with serious mental illness.¹
- Approximately 24% of state prisoners have “a recent history of a mental health condition”.²

Impact

- Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.¹
- Serious mental illness costs America $193.2 billion in lost earning every year.²
- 90% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the U.S.³

Treatment in America

- Nearly 60% of adults with a mental illness did not receive mental health services in the previous year.⁴
- Nearly 50% of youth aged 8-15 didn’t receive mental health services in the previous year.¹

Ways to Get Help

- Talk with your doctor
- Connect with other individuals and families
- Learn more about mental illness
- Visit NAMI.org

¹ This document cites statistics provided by the National Institute of Mental Health. www.nimh.nih.gov
² Statistics provided by Department of Justice.
⁴ Substance Abuse and Mental Health Services Administration