



Inspiring Hope THROUGH RESEARCH

OCTOBER 6, 2021

VIRTUAL EVENT PROGRAM



The National Alliance on Mental Illness is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans who are affected by mental illness. NAMI advocates for access to services, treatments, support and research and is steadfast in its commitment to raising awareness and building a community of hope for all in need.

Today, NAMI is an alliance of more than 600 local Affiliates and 48 State Organizations working in your communities, building a strong movement toward a more inclusive culture that supports individuals and families when they need it most.

Welcome

Dear Colleagues and Friends:

Welcome to our second Virtual Scientific Research Award presentation. We originally planned to offer this event in a hybrid format with both in-person and live-streaming options; but in light of the fast-moving Delta variant, we ultimately decided to remove the in-person components of our event to best protect the health and safety of everyone. Although we will miss connecting in-person, we are grateful for the opportunity to showcase the work and achievements of our 2021 honorees to a broader audience through the virtual format.

We are honored to feature the work of Dr. Gail Daumit and Dr. A. Eden Evins during the presentation today. A practicing general internist, epidemiologist and mental health researcher, Dr. Daumit is dedicated to increasing the overall physical health and decreasing the premature mortality of persons living with serious mental illnesses. Dr. Evins studies the effect of nicotine on cognitive performance and risk taking; she has also led a series of studies that have changed clinical practice guidelines for tobacco cessation for people with and without serious mental illness. The work that Dr. Daumit and Dr. Evins are doing is critical to improving the lives of people affected by mental health conditions, and it is just one example of why NAMI's commitment to research remains such a strong component of our mission.

Scientific research brings us closer to ensuring that everyone who is affected by a mental health condition has access to the resources and support necessary to sustain a healthy and productive life. That's why we support and advocate for research — research can provide not only practical solutions, but hope. And that's why we want to intentionally honor outstanding research being done through this award.

The Scientific Research Award recognizes the work of researchers who move our scientific understanding and treatment of mental illness forward. Together, we can expand our efforts to help those in need get the best care possible as early as possible. Together, we can be a voice for progress. Together, we can make a difference and ensure all people living with a mental health condition know that they are *not* alone.

To all our sponsors and supporters — thank you. You are truly a community that embodies one of our most important values here at NAMI: Hope.



Daniel H. Gillison, Jr.
Chief Executive Officer

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Virtual Event Program

WELCOME

Daniel H. Gillison, Jr.
CHIEF EXECUTIVE OFFICER, NAMI

SCIENTIFIC RESEARCH AWARD HONOREES

Gail Daumit, M.D., MHS, FACP
A. Eden Evins, M.D., MPH

IN DISCUSSION

Moderated by Ken Duckworth, M.D.
CHIEF MEDICAL OFFICER, NAMI

AWARD PRESENTATIONS

CLOSING

Daniel H. Gillison, Jr.

2021 Honorees

GAIL DAUMIT, M.D., MHS, FACP



Gail Daunit, M.D., MHS, FACP, is Samsung Professor of Medicine in the Division of General Internal Medicine at the Johns Hopkins University School of Medicine and Director of the Johns Hopkins NIMH ALACRITY Center for Health and Longevity in Mental Illness. She is also Vice Dean of Clinical Investigation at the School of Medicine.

A practicing general internist, epidemiologist and mental health services researcher, Dr. Daunit is dedicated to improving physical health and decreasing premature mortality for persons living with serious mental illnesses. She pioneered this field through seminal epidemiologic studies, and through groundbreaking cardiovascular risk factor intervention trials. Dr. Daunit has obtained continuous NIH funding for this work since 2000, including 12 investigator-initiated grants. Her current projects focus on strategies to scale up evidence-based interventions to decrease cardiovascular risk for persons with serious mental illnesses in community mental health settings. For this work, she partners with community mental health organizations among others. She participated in developing guidelines for the World Health Organization to address physical health conditions in serious mental illnesses.

She has mentored more than 25 junior investigators and has authored more than 90 publications. The recipient of several awards, Dr. Daunit received her medical degree from Emory University School of Medicine as a Robert W. Woodruff Scholar. Following medical school, she was a resident in internal medicine Primary Care at Massachusetts General Hospital. She then came to Johns Hopkins University School of Medicine and was a Robert Wood Johnson Clinical Scholar and fellow in General Internal Medicine. She earned a MHS in Epidemiology from the Johns Hopkins Bloomberg School of Public Health and joined the Hopkins faculty in 1999. She completed the NIMH Implementation Research Institute Fellowship in 2014.

2021 Honorees

A. EDEN EVINS, M.D., MPH



A. Eden Evins, M.D., MPH, is Founder and Director of the Center for Addiction Medicine at Massachusetts General Hospital, and the Cox Family Professor of Psychiatry in the Field of Addiction Medicine at Harvard Medical School. She has conducted a series of studies that have changed clinical practice guidelines for tobacco smoking cessation for people with and without serious mental illness.

Dr. Evins studies the effect of nicotine on cognitive performance, risk-taking and reactivity to drug-related cues and the relationship between cue reactivity and relapse to drug use. She also studies the effect of cannabis on psychiatric symptoms, cognitive function, addictive behaviors and brain function. Her extensive ties with Community Health

Centers have made possible large scale clinical and implementation studies in these areas. She has been Principal Investigator of a 10-site multi-center study conducted in community mental health centers across six U.S. states and of a large trial that enrolled more than 1,100 tobacco smokers with serious mental illness in Greater Boston. Her work has been featured in media outlets throughout the world, including The New York Times, Reuters Health, ABC World News, Scientific American Mind, Huffington Post, The Boston Globe and NAMI's Advocate magazine.

Dr. Evins has received numerous awards and has brought in more than \$35 million in grant funding to Mass General for the study of addictive disorders and their treatment along with more than 22 years of continuous NIH funding. She has mentored more than 35 junior investigators, many with mentored career awards from NIH, leads a NIH-funded training program at Mass General, and has authored more than 150 publications, and has one patent pending.

She received her medical degree at the Medical University of South Carolina in Charleston and completed an internship in pediatric medicine at the Children's Medical Center in Washington, D.C. Dr. Evins did her residency in psychiatry at Massachusetts Mental Health Center and Harvard-Longwood Psychiatry Residency Training Program in Boston, where she was also chief resident. She conducted a fellowship in molecular biology at the Mailman Research Center of McLean Hospital, and a second fellowship in clinical and translational research at Massachusetts General Hospital. She received a Master's in Public Health in Clinical Effectiveness from the Harvard School of Public Health.

ABOUT THE NAMI SCIENTIFIC RESEARCH AWARD



Jutta and George Childs Kohn

bipolar disorder then, finally, paranoia and psychosis. Peter knew he was sick, but he fought it, despite the help and input of many psychiatrists. Over time, he became more and more isolated until he died at age 38 in 2012.

The Kohns became involved with NAMI more than 20 years ago on the advice of their psychiatrist, who helped them navigate Peter's many highs and lows. After his death, they struggled not only with his loss, but with how to make sense of mental illness and to accept their son's suffering and isolation, as well as that of those close to him. This led to the establishment of the Endowment.

The Peter Corbin Kohn Endowment is part of a new era in research, leading to a more integrated approach that combines the mental and social components of mental illness, particularly in early intervention. Through the Endowment, the Kohns hope to expand research into the role of the family, to develop adequate approaches and treatments and to promote effective interventions. The Endowment is providing researchers with more and more opportunities to improve the lives of those affected by mental illness.



Peter Corbin Kohn

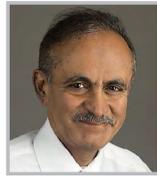
The NAMI Scientific Research Award has been presented to an illustrious group of honorees, whose work exemplifies tireless dedication and commitment to improving the lives of people affected by mental illness. Their groundbreaking research has been making immeasurable contributions to the field. Since the award's inception in 2005, 19 researchers have been honored. A list of the previous honorees appears on page 7.

The award is supported by the Peter Corbin Kohn Endowment, established in 2013 by Jutta and George Childs Kohn in loving memory of their son, Peter, an AIA-certified, licensed architect, whose slowly progressing illness morphed from psychotic depression to OCD to

NAMI SCIENTIFIC RESEARCH AWARD FORMER HONOREES



2020
David C.
Henderson, M.D.



2019
Matcheri
Keshavan, M.D.



2018
Melvin G.
McInnis, M.D.,
FRCPSYCH (UK)



2018
K. Sue O'Shea,
Ph.D.



2017
Sophia
Vinogradov, M.D.



2016
Michael C.
Carroll, Ph.D.



2016
Steven A.
McCarroll, Ph.D.



2016
Beth Stevens,
Ph.D.



2015
Marsha M.
Linehan, Ph.D.,
ABPP



2014
Lisa Dixon, M.D.,
M.P.H.



2013
Patrick McGorry,
M.D.



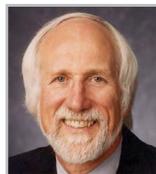
2012
Nancy
Andreasen, M.D.,
Ph.D.



2011
Jeffrey A.
Lieberman, M.D.



2010
Robert M. Post,
M.D.



2009
William
Carpenter, M.D.



2008
Judith L.
Rapoport, M.D.



2007
A. John Rush,
M.D.



2006
Charles Bowden,
M.D.



2005
Daniel R.
Weinberger,
M.D.

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From the Board President

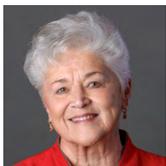
Dear Friends and Colleagues:

On behalf of the NAMI Board of Directors, it is my pleasure to welcome you to our second all virtual Scientific Research Award presentation. As President of the Board of Directors, I had hoped to spend our time together, in-person, but clearly that was not possible. Perhaps, next year will be different.

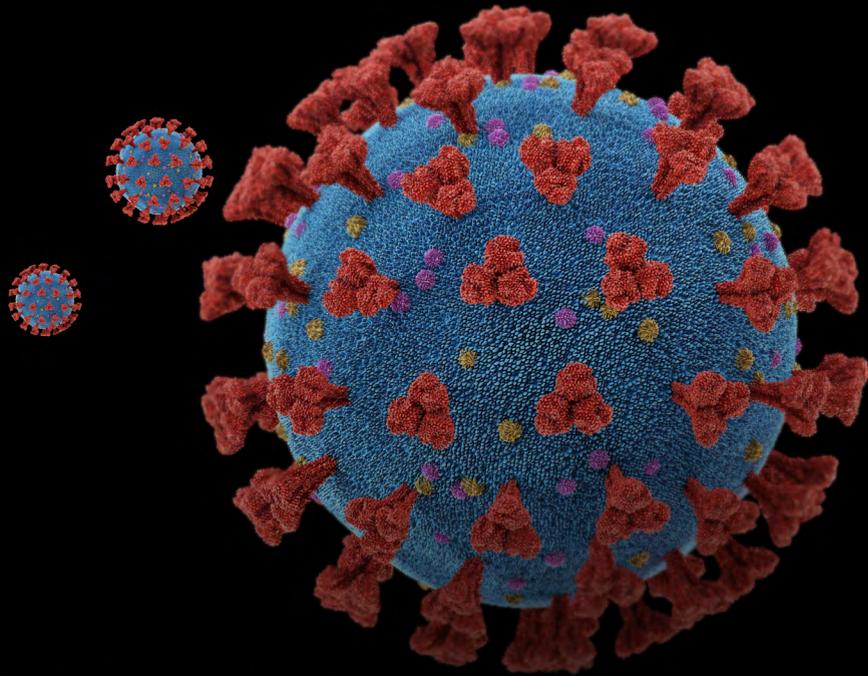
Our 2021 honorees, Dr. Gail Daumit and Dr. A. Eden Evins, exemplify the meaning of scientific research and what their work can mean to people affected by mental illness. They are committed to improving the lives of people and their families who are struggling. We are proud to honor their innovative work as they join our illustrious group of former award recipients. Their collective work continues to inspire their colleagues to seek new answers and new treatments for people with mental health conditions.

Thank you for joining us for this virtual event. My colleagues on the Board and I extend our appreciation and gratitude to our grassroots volunteers and advocates for their unfailing support and partnership. Our thanks as well to our sponsors for making a difference with their support.

Together, we are a movement for a better future.



Shirley J. Holloway, Ph.D.
President, NAMI Board of Directors



SCIENCE WILL BRING US

BACK TO NORMAL.



See the progress at PhRMA.org/coronavirus

PhRMA
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At Publicis Health, we believe “bringing your whole self to work” includes the parts of you nobody can see. Publicis Health is proud to partner with NAMI and work together to fight the stigma around mental health in Corporate America and beyond.

To learn more about our commitment to the mental health movement, visit:

www.publicishealth.com/mental-health



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Thank you for your commitment and continued efforts toward increasing awareness around mental health and tardive dyskinesia (TD) in the community.

Learn more about TD at www.TalkAboutTD.com



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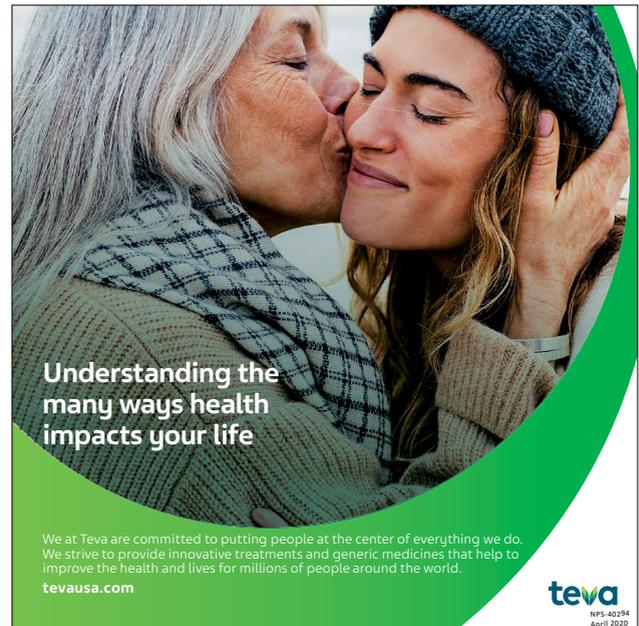
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Understanding the many ways health impacts your life

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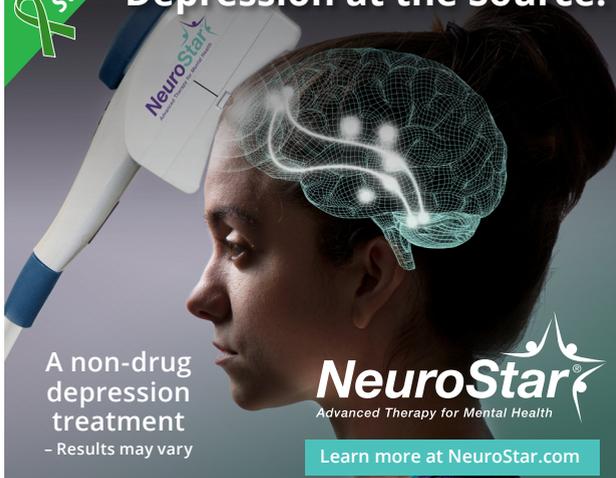
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**Mental health *is*
physical health.**

nami.org/heartsandminds

LAUNCHED OCTOBER 6





nami Sharing Hope

National Alliance on Mental Illness

NAMI Sharing Hope is a three-part video series that explores the journey of mental wellness in Black communities through dialogue, storytelling and a guided discussion.

**Community Leaders
and Mental Wellness**
(The Art of Healing)



**Youth and
Mental Wellness**
(How Do You Heal?)



**Black Families
and Mental Wellness**
*(Smiling On
Our Journey)*



Learn more at nami.org/sharinghope



National Alliance on Mental Illness

nami

Compartiendo Esperanza

NAMI Compartiendo Esperanza is a three-part video series that explores the journey of mental wellness in Latinx communities through dialogue, storytelling and a guided discussion.

Community Leaders and Mental Wellness

*(Las Raíces de
Nuestra Sanación)*

The Roots of Our Healing



Youth and Mental Wellness

(Sanando Juntos)

Healing Together



Latinx Families and Mental Wellness

(La Mesa)

The Table



Learn more at nami.org/compartiendoesperanza

TOGETHER

for Mental Health



Get Involved This Mental Illness Awareness Week

Sunday, Oct. 3 through Saturday, Oct. 9 is Mental Illness Awareness Week (MIAW). Spread awareness, fight discrimination and provide support for people living with mental illness by helping NAMI advocate for improved crisis response and mental health care nationwide.

Each day throughout the week, we will raise the voices of people with lived experience to talk about mental health and serious mental illness.

Learn how you can engage with NAMI during MIAW
at nami.org/miaw.



If you or someone you know need
help, contact NAMI HelpLine
Mon. – Fri. from 10 a.m. – 10 p.m. ET

1-800-950-NAMI (6264)

info@nami.org

or

visit nami.org/help to chat online



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