

## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit NAMI.org/research or email research@nami.org.

# WHAT IS THE STUDY?

This is a virtual interview-based study for individuals up to age 22 who were diagnosed with a schizophrenia spectrum disorder as teenagers and parents of recently diagnosed adolescents. This project is designed to learn about the experience of teenagers living with schizophrenia and considerations for participating in clinical trials. Teenagers are less likely to participate in clinical trials and, as a result, there are fewer schizophrenia treatment options approved for adolescent use. Ultimately, this study aims to increase adolescent enrollment and adherence in clinical trials, leading to increased treatment options available to young people with schizophrenia.

Participation includes completing a brief survey followed by a 60-minute interview conducted via Zoom. Parents and caregivers of adolescents ages 13–17 will have the option to sit in on the interviews if they choose. Participants who complete the survey and interview will be compensated for their time at \$62.50 per hour, by e-gift card.

## WHO CAN PARTICIPATE?

Individuals may be eligible for this study if they are:

- A) Adolescents ages 13–17 with a diagnosis of schizophrenia, schizophreniform disorder, schizoaffective disorder, or attenuated psychosis disorder **OR**
- B) Adults up to age 22 who were diagnosed between ages 13-17 with the same conditions in (A) OR
- C) Parents of adolescents who were diagnosed as teenagers with the same conditions in (A)

The researchers are seeking 30 people for this study.

## WHERE IS THE STUDY TAKING PLACE?

This is a remote study conducted via Zoom for individuals located within the U.S.

# **HOW DO I LEARN MORE?**

The study flyer has additional information about the study. If you have questions or would like more information, please contact the researchers at <a href="mailto:arun.nagendra@sczaction.org">arun.nagendra@sczaction.org</a> or at (919) 903-0137.