

RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email research@nami.org.

WHAT IS THE STUDY?

This study is an online survey for Latine/x/a/o individuals to understand the diversity of exposure to different types of adverse experiences and/or childhood trauma and the relationship of these potential exposures to health outcomes. Historically, Latines have been considered a homogenous group in trauma research despite vast differences in nativity, languages, experiences, and cultural traditions. Findings from this study will assist in supporting prevention, intervention, and treatment planning for Latines to reduce negative health outcomes. Participation involves completing a one-time online survey including demographic questions, screeners for adverse childhood experiences and social determinants of health, and documentation of health symptoms. Interested individuals can choose to provide their email address to enter a random drawing for one of the \$25 gift cards. Email addresses are in no way connected to survey responses.

WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are at least 18 years of age
- Identify as Latine/x/a/o (e.g., Mexican, Cuban, Puerto Rican)
- Are comfortable reading and responding to questions online in English

The researchers are seeking 500 people for this study.

WHERE IS THE STUDY TAKING PLACE?

This is a remote online study for individuals located anywhere in the U.S. The survey is only available in English. Interested participants can access the survey at https://utk.co1.qualtrics.com/jfe/form/SV_43pCj8SZNor0jzg.

HOW DO I LEARN MORE?

If you have questions or would like more information, please contact the researchers, Jasmine Aguirre at jkoech@vols.utk.edu or Dr. Kirsten Gonzalez at kgonzal6@utk.edu.