



ACT4
MentalHealth

in the District of Columbia

103,000 ADULTS
in Washington, D.C.
**HAVE A MENTAL
HEALTH CONDITION***

50%
75%

of mental
illness begins
by age 14

by age 24*



1 out of every 8
emergency department visits
involves a mental health or
substance use condition*

ONLY ABOUT
4 in 10 people



in the District of Columbia with a
mental health condition received
any treatment in the past year*

Schizophrenia usually
develops early in life
and costs the U.S.
economy an estimated

\$155.7 BILLION
a year*



About **2 MILLION PEOPLE**
with mental illness are
BOOKED INTO JAILS
every year*—many because they
didn't get the treatment they needed

133,945 PEOPLE
in Washington, D.C. live in a
**mental health professional
shortage area***

Depression is the
**#1 LEADING CAUSE OF
DISABILITY**

in the world and mental illness costs
Americans **\$193.2 BILLION**
in lost earnings per year*

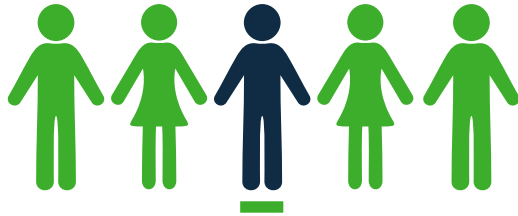
**1 AMERICAN
DIES BY SUICIDE
EVERY
12 MINUTES***



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Join our movement at nami.org/policy.

*References can be found at www.nami.org/policystats.





1 in 5 Americans HAS A MENTAL HEALTH CONDITION

12.8 MILLION ADULTS LIVE WITH A SEVERE MENTAL ILLNESS

**48.1 MILLION ADULTS
LIVE WITH
ANXIETY DISORDERS**

Anxiety disorders are conditions characterized by feelings of persistent, excessive fear or worry in situations that are not threatening.

**17.1 MILLION ADULTS
LIVE WITH
MAJOR DEPRESSION**

Depression is a condition that is characterized by changes in mood, sleep, appetite, concentration and energy.

**10 MILLION ADULTS
LIVE WITH
ATTENTION DEFICIT HYPERACTIVITY DISORDER**

Attention deficit hyperactivity disorder (ADHD) is a condition that is characterized by inattention, hyperactivity and impulsivity.

**9.1 MILLION ADULTS
LIVE WITH
POST TRAUMATIC STRESS DISORDER**

Post-traumatic stress disorder (PTSD) is a condition that is characterized by changes in sleep, thinking, and mood, and can include symptoms such as intrusive memories, hypervigilance and outbursts of anger.

**7.1 MILLION ADULTS
LIVE WITH
BIPOLAR DISORDER**

Bipolar disorder is a condition that is characterized by dramatic shifts in mood and energy, such as periods of mania and depression, and can also include symptoms of psychosis, such as delusions.

**3.5 MILLION ADULTS
LIVE WITH
BORDERLINE PERSONALITY DISORDER**

Borderline personality disorder (BPD) is a condition characterized by difficulty regulating emotions and instability in behavior, self-image and functioning, impulsive actions and unstable relationships.

**1.6 MILLION ADULTS
LIVE WITH
SCHIZOPHRENIA**

Schizophrenia is a condition characterized by an interruption of a person's thought processes, perceptions and emotional responses. Symptoms may include psychosis, delusions, hallucinations, reduced emotional expressiveness and disorganized thinking.

Discover more at
nami.org/policy.