Mental Health in Ohio

1 in 5 U.S. adults experience mental illness each year.

1,906,000 adults in Ohio have a mental health condition.
That’s more than 4x the population of Cleveland.

More than half of Americans report that COVID-19 has had a negative impact on their mental health.

In February 2021, 43.2% of adults in Ohio reported symptoms of anxiety or depression.
19% were unable to get needed counseling or therapy.

1 in 20 U.S. adults experience serious mental illness each year.

In Ohio, 478,000 adults have a serious mental illness.

1 in 6 U.S. youth aged 6–17 experience a mental health disorder each year.

113,000 Ohioans age 12–17 have depression.

Ohioans struggle to get the help they need.

More than half of people with a mental health condition in the U.S. did not receive any treatment in the last year.

Of the 537,000 adults in Ohio who did not receive needed mental health care, 35.4% did not because of cost.

6.7% of people in the state are uninsured.

Ohioans are over 3x more likely to be forced out-of-network for mental health care than for primary health care — making it more difficult to find care and less affordable due to higher out-of-pocket costs.

2,385,144 people in Ohio live in a community that does not have enough mental health professionals.

It is more important than ever to build a stronger mental health system that provides the care, support and services needed to help people build better lives.

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An inadequate mental health system affects individuals, families and communities.

**High school students** with depression are more than **2x more likely to drop out** than their peers.

**51.8% of Ohioans** age 12–17 who have depression **did not receive any care** in the last year.

**1,838 lives were lost to suicide** and 461,000 adults had thoughts of suicide in the last year.

**1 in 4 people with a serious mental illness has been arrested** by the police at some point in their lifetime – leading to over **2 million jail bookings** of people with serious mental illness each year.

**1 in 20 adults** in jail or prison have a history of mental illness.

**7 in 10 youth** in the juvenile justice system have a mental health condition.

**51.8% of Ohioans** age 12–17 who have depression **did not receive any care** in the last year.

**10,655 people in Ohio are homeless** and **1 in 5 live with a serious mental illness**.