



PO Box 8693 | Reston, VA 20191 | www.nami-northernvirginia.org

May 21, 2021

NAMI
Attn: Elections 2021
4301 Wilson Blvd., Suite 300
Arlington, VA 22203

To Whom It May Concern:

At the Board meeting May 20, 2021, NAMI Northern Virginia nominated member Courtney Phillips for NAMI's National Board. Courtney is a native of Arlington, VA. As Miss Virginia for America 2020, Courtney was a vocal advocate for mental health, especially youth, essentials workers, and those who live with PTSD. She created Hope Invisible Wounds as an outreach initiative to empower people to find new ways to thrive during the COVID-19 pandemic. Through this initiative she reached nearly 6,000 each day, and she advocated for mental health at the United Nations General Assembly. We believe she will continue to be a great ambassador through NAMI to end the stigma of mental health and advocate for those who need support.

Thank you for considering Courtney Phillips as a national Board member.

Sincerely,

A handwritten signature in blue ink, appearing to read "SP", with a long, sweeping flourish extending to the right.

Summer Parrish
sparrish@nami-nova.org | 571.766.8428
Interim CEO, NAMI Northern Virginia