

# Ray C. Lay

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## Certified Peer Recovery Specialist

Enthusiastic and compassionate Certified Peer Specialist with a solid understanding of mental health and addictions recovery. Brings a unique perspective to living with a mental health diagnosis and maintaining success.

### PROFESSIONAL EXPERIENCE

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#### **SMI Enterprises, LLC**

*Owner*

**Indianapolis, IN**

*(May 2018-current)*

- Consultant: mental health, substance abuse, housing challenged/homeless individuals
- Advocacy and referrals
- Guest Instructor for Indiana Law Enforcement Academy

#### **Hope Rising**

*Founder/Innovator-Consumer Operator Business Grant (501c3)*

**Indianapolis, IN**

*(July 2015-current)*

- Peer Recovery services, community outreach
- Promote and provide Peer Related services and educate consumers
- Presentations to both consumers and stakeholders in the community
- Provide referral to community resources and collaborate with numerous organizations
- Person with significant life altering experience who works to assist individuals with substance use disorder/ mental health disorder or domestic abuse and other life effecting issues
- Assist peers in articulating recovery goals, learn and practice new skills, help monitor progress and help develop effective coping techniques/self-help strategies based on own recovery experiences

#### **National Alliance of Mental Illness (NAMI)**

*Orientation Presenter with the Indiana Department of Correction*

**Indianapolis, IN**

*(August 2012-current)*

- Visit Indiana Correctional Facilities educating staff on mental illness related issues
- Member of Board of Directors (NAMI Indiana)
- CIT presenter throughout Indiana

#### **Roudebush VA Medical Center**

*Patient Transport Services-Volunteer*

**Indianapolis, IN**

*(Sept. 2010-current)*

- Transport Veterans to inpatient clinics/wards, specimen to lab
- Transport charts, paperwork to clinics and wards

*Mental Health Intensive Case Management (ICMHR)*

*(October 2014-current)*

*Peer Recovery Specialist- Volunteer*

- Exhibit competency in personal recovery and coping skills
- Advocate and provide consumer information
- Educate clients on Veterans' benefits , assist client in articulating personal goals
- Assist client in working with medical providers
- Assist in the development of establishing natural supports in the community
- Home visits-engage Veteran's in their homes

## Indianapolis, IN

- Participate in staffing with multidisciplinary treatment teams

### *Psychosocial Recovery and Rehabilitation Center (PRRC) Peer Mentor (January 2013-October 2014)*

- Facilitate groups with both PRRC and Domiciliary Veterans
- Peer Mentor patients in the inpatient psychiatric department
- Access to CPRS, DHCP, TMS (VA Medical Center computer systems)
- Participates in Domiciliary and Recovery Advisory Council

### **Indiana Department of Corrections**

*Stationed at Indianapolis Re-Entry Educational Facility*

**Indianapolis, IN**  
*(2012-2018)*

*Volunteer Peer Mentor*

- Provide mentorship to at-risk adults
- Discuss and distinguish issues that arise to prevent recidivism
- Problem solve, provide referrals, educate on issues related to their legal, mental health and medical issues which complicate recovery
- Facilitate groups on mental health/substance abuse (Indianapolis Parole District 3)

## **PROFESSIONAL MEMBERSHIP & LEADERSHIP**

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### **Indiana Behavioral Health Commission**

*Commissioner (2020-present)*

**Indianapolis, IN**

### **Indiana Disability Rights Mental Illness Advisory Council**

*Council Member (2017-current)*

**Indianapolis, IN**

### **Coalition of Homelessness Intervention and Prevention (CHIP)**

*Member of Board of Directors (2017-current)*

**Indianapolis, IN**

### **National Alliance of Mental Illness Indiana Chapter**

*Board Member (2015-current)*

**Indianapolis, IN**

### **Indiana Balance of State Board of Directors -Continuum of Care**

*Executive Committee Member (2013-2020)*

**Indianapolis, IN**

## **CERTIFICATIONS & CREDENTIALS**

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- **Indiana Certified Recovery Specialist**- January 2011-Current
  - *Certified Community Health Worker (CHW)* obtained 2011
  - Substance Abuse endorsement (SA)- obtained 2015
  - Forensic Peer Support Specialist- obtained 2017
- **Boots 2 Business**-June 2018
- **NAMI**- Hall of Fame Inductee -In Our Own Voice presenter 2016
- **Indiana Credentialing Association on Alcohol and Drug Abuse (ICAADA)-Project PEERS**
  - Supervision Training- July 2015
- **Indiana Credentialing Association on Alcohol and Drug Abuse (ICAADA)**
  - Working Together Works-June 2014
  - Psycho Education Facilitator-March 2013-Current

Indianapolis, IN

- **DMHA-Basic & Advanced Motivational Interviewing-** July 2013-Current
- **Department of Veteran Affairs- Veteran Peer Support Specialist-** October 2012-Current
- **DMHA-Whole Health Action Mgmt. (WHAM) Peer Support Training** -August 2012-Current
- **Department of Veteran Affairs-National Vet to Vet Facilitator-**October 2011-Current
- **Illness Management and Recovery Facilitator-**2015-Current

## **PROFESSIONAL PRESENTATIONS**

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Panelist, *Stepping Up Summit* Washington DC; April 19, 2016 with Pete Early moderated by Dr. Rahna Parekh on Mental health Criminal Justice and Families.

Panelist, *NAMI National Convention* Denver CO; 2016 Criminal Justice and Mental Health and Recovery Featuring Major Sam Cochran Ret. Memphis PD; Retired Dr. Fred Osher Psychiatrist, Mr. Mark Gale of NAMI West LA and moderated by Ron Honberg now retired NAMI Public Policy Director

Presenter, *NAMI National Conference* Washington DC; 2017 In Our Own Voice

Panelist, *SAMHSA SMVF TA Webinar*; January 27, 2021 Justice Involved Veterans with Sean Clark National Director Veterans Justice Programs, Gregory Crawford Correctional Program Specialist NIC USDOJ

## **MILITARY SERVICE**

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- United States Marine Corps, Honorable Discharge