

October 5, 2021

The Honorable Jon Tester Chair Senate Veterans Affairs Committee 311 Hart Senate Office Building Washington, D.C. 20510

The Honorable Mark Takano Chair Veterans Affairs Committee 364 Cannon House Office Building Washington, D.C. 20515

The Honorable Julia Brownley Chair Veterans Affairs Health Subcommittee 2262 Rayburn House Office Building Washington, DC 20515 The Honorable Jerry Moran Ranking Member Senate Veterans Affairs Committee 521 Dirksen Senate Office Building Washington, D.C. 20510

The Honorable Mike Bost Ranking Member Veterans Affairs Committee 1440 Longworth House Office Building Washington, D.C. 20515

The Honorable Jack Bergman Ranking Member Veterans Affairs Health Subcommittee 414 Cannon House Office Building Washington, DC 20515

Dear Chair Tester, Ranking Member Moran, Chair Takano, Ranking Member Bost, Chair Brownley, and Ranking Member Bergman:

The Mental Health Liaison Group (MHLG), a coalition of national organizations representing consumers, families, mental health and addiction providers, advocates and other stakeholders committed to strengthening access to high-quality mental and behavioral health care, is writing to express our strong support for the **Veteran Peer Specialist Act of 2021** (S. 2386/H.R. 4575). We urge you to quickly pass this legislation so veterans across the nation can benefit from the support of a peer specialist.

Peer specialists provide veterans living with behavioral health conditions a place to build a community, share experiences, discuss coping skills, and offer hope to one another. Participation in these services are generally part of an individual's recovery and wellness plan, and works in partnership with physicians, psychologists, counselors, and other services. Research has shown that evidence-based **peer support services** improve outcomes by:

- reducing recurrent psychiatric hospitalization for patients at risk of readmission,
- improving individuals' relationship with their health care provider,
- reducing outpatient visits, and
- better engaging individuals in their course of treatment.



The **Veteran Peer Specialist Act of 2021** builds upon the success of the VA MISSION Act of 2018 by expanding the peer specialist program to every VA medical center over a five-year period by:

- initiating the program at 25 medical centers per year,
- hiring two peer specialists at each facility,
- recognizing the unique needs of female veterans, and
- ensuring diversity in the hiring of peer specialists.

The legislation authorizes \$5 million each year for five years to implement the program and ensure the VA has adequate funding to hire new peer specialists. The legislation also requires the VA to provide annual reports to Congress.

The MHLG thanks you again for your commitment to making access to peer support services widely available for all veterans who are experiencing significant behavioral health issues. We pledge our support to help you move this legislation through Congress.

Sincerely,

2020 Mom

American Association for Psychoanalysis in Clinical Social Work

American Association of Suicidology

American Association on Health and Disability

American Foundation for Suicide Prevention

American Group Psychotherapy Association

American Group Psychotherapy Association

American Psychiatric Association

American Psychoanalytic Association

American Psychological Association

Anxiety and Depression Association of America

Association For Ambulatory Behavioral Healthcare

Association for Behavioral Health and Wellness

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Clinical Social Work Association

College of Psychiatric and Neurologic Pharmacists (CPNP)

Confederation of Independent Psychoanalytic Societies

Depression and Bipolar Support Alliance

Eating Disorders Coalition for Research, Policy & Action

Global Alliance for Behavioral Health and Social Justice

Lakeshore Foundation

Maternal Mental Health Leadership Alliance

Mental Health America

NAADAC, the Association for Addiction Professionals.

National Alliance on Mental Illness



National Association for Children's Behavioral Health

National Association for Rural Mental Health

National Association of County Behavioral Health and Developmental Disability

Directors

National Association of Peer Supporters

National Association of Social Workers

National Association of State Mental Health Program Directors

National Council for Mental Wellbeing

National Federation of Families

Postpartum Support International

Recovery Innovations dba RI International

REDC Consortium

Sandy Hook Promise

SMART Recovery

The American Counseling Association

The Kennedy Forum

The National Alliance to Advance Adolescent Health

The Trevor Project

Treatment Communities of America

Well Being Trust