IT’S TIME.

NAMI 2013 ANNUAL REPORT

National Alliance on Mental Illness
In late 2012, our nation witnessed an unimaginable tragedy in Newtown, Conn. Glaring disparities in the mental health system were brought to our attention through the worst possible outcomes. In 2013, as our nation took steps toward healing, NAMI worked to raise public awareness and help shape the way Americans think and talk about mental illness.

The first step in making change is bringing awareness to the issue. We were fortunate to receive the support of a number of high profile individuals, including NFL star Brandon Marshall, and actresses Mariel Hemingway, Brittany Snow and Jennifer Hudson. These individuals served as ambassadors to the public and shed light on the importance of speaking openly about mental health. They reminded us that mental illness affects people from all walks of life.

Bringing mental health to the national spotlight, President Barack Obama convened a White House Conference to launch The National Dialogue on Mental Health, a new initiative to drive conversations about mental illness throughout the country. NAMI played a key role in organizing many of the events associated with The Dialogue held across the country. The hope is that these local dialogues will foster a nationwide understanding of the importance of mental health care.

We have a long way to go. Instead of addressing mental illness in its early stages, it is addressed downstream—when it’s much more difficult to achieve positive outcomes. NAMI stresses the importance of early intervention, a key point that was reflected during the President’s conference. With early intervention programs in schools, first episode psychosis programs, and initiatives like The National Dialogue, we will hopefully be able to identify symptoms before they become severe and promote better outcomes for families and individuals.

Healthcare coverage is an essential component of an early intervention strategy and NAMI has consistently called for access to comprehensive and equitable coverage. As a result of a strong call for action by NAMI and other advocates, the U.S. Department of Health and Human Services issued final regulations for the 2008 law calling for mental health parity. The final rules clarify that co-pays, deductibles and visit limits are now not permitted to be more restrictive than they are for other medical benefits. We will continue our work to see that the rules become a reality on the ground.

In 2013, NAMI also advocated for Medicaid expansion as part of health reform, recognizing that Medicaid is the single largest payer for state mental health services and often supports individuals with the most severe illnesses. We achieved some success as 25 states and the District of Columbia expanded Medicaid coverage, but work remains in the 22 states that did not. This past year, NAMI released two significant reports: one calling for the continued fight to expand Medicaid and one highlighting improvements and effective practices that have been implemented across the country. Both reports received broad national attention and helped shape the policy agenda as policymakers looked ahead to 2014.

When individuals with mental illness cannot access health care, the criminal justice system becomes the default treatment system. As a result, NAMI also fought for policy reform in the criminal justice system. NAMI continued to work to divert people living with mental illness from jails or prisons into treatment. One of the most effective ways to ensure people with mental illnesses do not end up in prison is by establishing a police force trained in crisis intervention. The first CIT (Crisis Intervention Team) program was created in Memphis, Tenn. 30 years ago with the help of NAMI Memphis. Today, there are more than 2,000 CIT programs nationwide and NAMI continues to support these programs, providing technical assistance and on the ground participation and planning at the state and local level.

CIT is only one example of how the work of our grassroots members creates a strong foundation for all that we do as an organization. NAMI is consistently a place where individuals and families affected by mental illness can turn in their time of need. NAMI provides hope and a network of support through our education programs and support groups. In 2013, one of our signature education programs, NAMI Family-to-Family, was designated an evidence-based practice by the Substance Abuse and Mental Health Services Administration (SAMHSA), validating and supporting the work being done to help families.

NAMI also announced the launch of two new programs last year. We will now offer NAMI Homefront, a program based on the Family-to-Family model, for caregivers.
Eight years ago, I had only a vague understanding of mental illness.

Everything seemed to be going wonderfully! My daughter had just started a new job. However, my friend called me very concerned about how my daughter was behaving. I thought she was probably talking about some other person. I couldn’t understand how this could be happening to my daughter.

As a result of my daughter’s odd behavior, my daughter was fired.

Over the next two years, we went from one center to another, asking acquaintances, friends and different doctors, looking for answers for my daughter’s condition.

Unfortunately, no one could explain the cycle of crises that my daughter was experiencing every three or four months. It wasn’t until she had an even more serious episode and went to the crisis center again that something changed. At the crisis center, the therapist informed me that it could be a mental health problem and recommended that I take her to a hospital near my house where she could receive proper treatment.

For the first time, after two long years, I heard the words mental illness. My daughter was admitted with the diagnosis of schizophrenia. It was hard to leave her, but after a week she had improved and was discharged with the recommendation to seek regular psychiatric treatment.

Six months after my daughter left the hospital, I received a call from the Spanish-language program coordinator from NAMI Montgomery County. She invited me to participate in the NAMI Family-to-Family class and I accepted immediately. For me, each class was a discovery of a world that isn’t spoken about publicly and only seems to exist in the shadows.

In addition, we know that young adults communicate through social media and even older generations are increasingly getting information through social media. As part of our efforts to make NAMI a household name, we are using social media in unique and innovative ways to offer help and advocate for our cause. Social media allows us to reach large numbers of people who might not otherwise be able to connect with NAMI or who have a variety of backgrounds and needs.

We recognize that as demographics shift and the nation continues to be more diverse, NAMI must also respond to these changes. In 2013, NAMI launched a year-long capacity-building initiative called “Build it Together” to provide technical assistance to six NAMI State Organizations for developing methods and programs to achieve greater diversity. Compartiendo Esperanza, a bilingual program that addresses the specific needs of the Latino community, was also launched.

In 2013, we celebrated our successes—achieving public policy wins and launching new NAMI programs. We recognize, however, that much more needs to be done and NAMI will continue working every day until all people affected by mental illness have access to the services and supports they need to build a better life.

Thank you for your support in 2013 and we look forward to continuing the work in 2014 and beyond.

Mary Giliberti, J.D.
NAMI Executive Director
NAMI Advocates

24,836

messages sent to Congress by NAMI members to advocate for services, supports, funding and research.

NAMI Education Events

2012

125,039 Total Events
10,306 Total Participants

2013

185,072 Total Events
14,571 Total Participants

NAMI Education Class Participation

NAMI In Our Own Voice 78,159
NAMI Connection 61,473
NAMI Family Support Group 24,219
NAMI Family-to-Family 12,524
NAMI Parents and Teachers as Allies 3,239
NAMI Peer-to-Peer 2,947
NAMI Basics 1,751
NAMI Provider Education 760

NAMIWalks

160,000 Participants

450 NAMI Affiliates

43 States

85 Events

NAMI HelpLine Requests

2012

112,085

2013

197,508

NAMI Support Groups

9,300 Meetings
85,700 Participants

95 Spanish-language Meetings Reached
880 Participants

2,500 Meetings with the VA Reached
6,000 Veterans and Their Families

NAMI On Campus Clubs

Potential for Growth: 225%

60 Active Clubs

195 Developing Clubs

Over 450 have shared their story on NAMI’s You Are Not Alone
A YEAR IN THE LIFE OF

JANUARY
A NAMI survey evaluating NAMI’s programs revealed that 99 percent of participants would recommend their NAMI signature program to others.

Following the tragedy in Newtown, Conn., NAMI participated in hundreds of interviews, which helped educate the public and increase understanding of mental illness. These interviews included USA Today, the Boston Globe, the Los Angeles Times, the Chicago Tribune, U.S. News & World Report, MSNBC, ABC News, Bloomberg News, NPR’s Tell Me More and All Things Considered, PBS News Hour, CNN, The Huffington Post and Time.

Michael J. Fitzpatrick, the then-executive director of NAMI, met with Vice President Joseph Biden’s task force on gun control, along with other leaders of the mental health community, urging action to strengthen and expand mental health care services.

NAMI’s JB Moore and Kenny Allred, Chair of the NAMI National Veterans and Military Council, participated in an invitation-only White House Interagency Task Force Meeting on Military and Veterans Mental Health and provided feedback and recommendations improving mental health and substance abuse treatment services for veterans, service members and their families.

FEBRUARY
Mariel Hemingway and director Barbara Kopple spoke with NAMI about the new documentary Running from Crazy, which chronicles the history of mental illness in the Hemingway family and Mariel’s understanding of her own struggles.

Academy Award nominated actor of Silver Linings Playbook, Bradley Cooper, visited Washington, D.C. on Feb. 1 with Patrick Kennedy, NAMI and others to discuss the state of mental health in America.

NAMI awarded more than 20 mini-grants to NAMI Affiliates in support of their outreach efforts to faith communities.

NAMI released grants to help eight NAMI State Organizations expand their NAMI Parents and Teachers as Allies programs. This two-hour, in-service program helps school professionals identify the warning signs of early-onset mental illnesses in children and adolescents in schools and learn how to support students experiencing mental health challenges and how to effectively partner with families to connect these students to services early.

MARCH
NAMI relaunched StrengthofUs.org with its #ThinkPositive campaign and a fresh look and feel to make it more interactive and mobile- and user-friendly for its young adult community.

NAMI spoke before Congress, providing testimony before the Senate Committee on Veterans’ Affairs and advocating for better mental health care for veterans.

The fifth edition of the NAMI Family-to-Family program was released. It included an overview of the latest advances in research and the science of mental illness and treatment. It also included changes to make it more relevant to a variety of cultures.

NAMI partnered with the North-American Interfraternity Conference, a national group of college fraternities, and the National Pan-Hellenic Council, a national group of college sororities, to create a presentation and guide for their members entitled Raising Mental Health Awareness: Educate Yourself. Together, these two organizations represent 600,000 students on 840 campuses.

APRIL
A partnership was formed between NAMI and Lifetime Television around the premiere of the

NAMI award more than 20 mini-grants...
movie Call Me Crazy: A Five Film to promote public dialogue about mental illness. The movie is made up of five short films, and provides viewers a new perspective on what it’s like when a loved one lives with mental illness. Its cast of distinguished actors included Jennifer Hudson and Brittany Snow.

NAMI’s “Got You Covered” campaign was launched to educate on the opportunities and challenges of health care reform implementation. The campaign included a series of fact sheets and toolkits to help people understand how health care reform impacts those living with mental illness.

The Spring 2013 issue of the Advocate was released, and featured an interview with David O. Russell, the director of Silver Linings Playbook, who spoke with NAMI about the film and his personal connection with mental illness.

MAY
The NAMI Family-to-Family Education Program was added to the SAMHSA National Registry of Evidence-based Programs and Practices (NREPP). This recognition provided objective and scientific documentation to indicate what family members have known for 20 years: The NAMI Family-to-Family program leads to positive life changes for participants that enable them to feel more in control of their own lives.

NAMIWalks launched their 2013 events to great success. More than 85 events engaged more than 160,000 walkers and supporters who raised more than $10 million.

JUNE
The 2013 NAMI National Convention was held in San Antonio. The three-day event served to raise awareness, provide information and give support to those affected by mental illness. It featured keynote speaker Xavier Amador, founder of the LEAP® Institute.

NAMI attended the White House’s National Conference on Mental Health at the White House and shared information and expertise for resources.

As a result, NAMI played a pivotal role in promoting the National Dialogue on Mental Health across the country.

JULY
The first state training of new teachers for Bases y Fundamentos, the Spanish adaptation of NAMI Basics, was held in New York. This was a major step to making this program, designed for parents and other family caregivers of children and adolescents, available in Spanish.

NAMI observed National Minority Mental Health Awareness Month, which aimed to improve access to mental health treatment and services for multicultural communities through increased public awareness.

The NAMI Board of Directors re-elected Keris Jän Myrick, Ph.D.c, of California to a second one-year term as NAMI’s national board president.

AUGUST
In response to schools’ questions and public calls for schools to take a bigger role in early detection and prevention, NAMI released a number of articles and press releases to advise resource officers and administrators.

SEPTEMBER
The re-affiliation effort of NAMI State Organizations was launched to support the pursuit of organizational excellence. By the end of the year, 44 State Organizations had been rechartered. NAMI has engaged all State Organizations to create customized plans to drive the process in their communities.

When the Navy shipyard tragedy brought mental illness back onto the national stage, NAMI immediately responded, calling on the President and Congress to act immediately on mental health legislation that had stalled since the collapse of the gun debate earlier in the year.

The Fall 2013 issue of the Advocate featured a message to NAMI from President Barak Obama acknowledging the “long and sometimes lonely battle to change the way we treat mental illness in this country.” The President expressed his deepest thanks to NAMI for all that the organization has done.

NAMI was awarded PR News’ Platinum Award for its “You Are Not Alone” public education campaign on mental illness. The campaign was considered one of the “best of the best” in communications strategies.
I was diagnosed with schizoaffective disorder in 1999. I was experiencing mood swings, delusions and hallucinations about evil spirits. I felt like I was very much alone. There are times I still do think I’m uniquely singled out to suffer.

But through the help of NAMI and other support groups available to me at my mental health center, I see clearly the focus doesn’t have to be on myself anymore. Many people come to meetings and get to share their struggles, which are a lot like mine. The meds help me a thousand times over, as well as pastoral care, counseling and case management. When I struggle now with feeling like I’m alone, I usually am able to use some of the skills I’ve learned within the support group to realize I am not alone.

Cognitive behavioral therapy has rewired my thought processes in a positive way, bringing hope and confidence, which both bring balance and happiness to my life.

The fight is real. We need real intervention—from meds and doctor visits to going to some NAMI meetings—to see our struggle through someone else’s life.

When we think we’re alone, we sort of give more power of the illness over our mind. We start “psyching ourselves out” and obsessing on top of the original disorder—hope diminishes and despair takes over. Deep depression takes a place in our mind that adds to the confusion we already are suffering.

The best place to go from there is some kind of meeting, be it a NAMI program, support groups or telephone support lines. I’ve even used the ER phone line offered through our behavioral health office just to talk. I think they got to know me personally.

I always feared as a very young boy that I was going to have a mental illness. I read about it in our old encyclopedias we had at home and the notion just scared me. I grew up and found myself fighting all alone, unable to express what was really going through my mind—until the day I got treatment and support. Then I knew I could cope.
I’ve always had anxiety. As far back as I could remember I was always afraid of something happening. By the time I was 9 we had moved from Oregon to Alaska and my mother had been diagnosed with bipolar disorder. My father, who drank daily, became sick, and I found him passed out in the bathroom one night and he was rushed to the hospital. In less than 24 hours he was dead.

When we returned to Oregon, I was bullied at school daily. By the time I entered middle school I was suicidal, depressed and extremely anxious. I went to my school counselor for help but she made me feel so afraid and alone. Eventually I left school.

I spent the next four years in my house. Not moving, hardly sleeping and wanting very much to die. I attempted suicide twice and was about to attempt it again when I had a realization. It was like the moment of clarity you hear about on TV, that one moment where nothing hurts, where all you can see or think about is the life you have lived. I saw my family, my friends and I realized that I would hurt them, really hurt them, if I went through with my plan.

I began to seek treatment and started going to high school again. When I was 18, one of my teachers drove me to NAMI Clackamas County (Ore.), where I was greeted with acceptance and kindness. I began volunteering with them, working on their website and soon started attending support groups.

I then took the training to become a NAMI Connection facilitator, and began to co-facilitate a group. I also took up a position with NAMI on Campus and started taking on an active role in raising awareness for mental illness.

However, I was still having panic attacks daily and had started to act recklessly.

I went to a new therapist, who finally diagnosed me with bipolar disorder, posttraumatic stress disorder and panic disorder. I met with a doctor and tried various medications, which gave me many side effects: weight gain, shaking, fogginess, dizziness, etc. But I stuck with treatment.

I took a class with NAMI to become a presenter for NAMI Parents and Teachers as Allies. I have spoken at high schools and colleges, role played for CIT training for the police department, manned fair booths and even have taken a comedy class called Stand Up for Mental Health.

I am now 21 years old and have decided to dedicate the rest of my life to helping people living with mental illness.
Ellen Breslau
*Grandparents Day Magazine*
New York, N.Y.

Hailey Dart
Rodwell Dart Memorial Foundation
Aspen, Colo.

Debbie Marriott Harrison
Marriott Corporation
Bethesda, Md.

General William Kernan (ret.)
Pinehurst, N.C.

David Liskin
LMA Film and Video
Carmel, Calif.

Ed Marinaro
Daniel Island, S.C.

William Resnick, M.D.
West Hollywood, Calif.

Allsup, Inc.
Alkermes
AstraZeneca
Bristol-Myers Squibb
Bristol-Myers Squibb Foundation
Biotechnology Industry
Cenpatico
Cigna Foundation
College of Psychiatric and Neurologic Pharmacists
Corcept Therapeutics
Eli Lilly & Company
Forest Laboratories
FORUM Pharmaceuticals
Genentech
Genoa Healthcare
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Janssen
Janssen R&D
Jazz Pharmaceuticals
JBD Fund
Justin Dart Family Foundation
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PhRMA
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van Ameringen Foundation
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Amerigroup Corporation
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Andrew Davis Fund
ARINC Incorporated
Attalia Family Foundation
Ayco Charitable Foundation
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BBYO-Chapter Leadership Training Conference
Bellaroma
Benjamin and Miriam Bernstein Family Fund
Bessemer Trust
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Bill and Sharon Dickson Charitable Fund
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Bloomberg
Bristol-Myers Squibb Foundation
C. Williams Bales Trust
CFC/CHC Community Health Charities
CFC/CHC DST8 H04
CFC/CHC National District
CFC/CHC OCT Dist H04
CFC/CHC OH
CFC/CHC OH/AM/National CHC Dist 7
Charles Schwab Foundation
Charmaine Lava Gray Trust
CHC of NCA
Chervon Humankind
Church of the Savior United Church of Christ
College of Psychiatric & Neurological Pharmacists
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Community Foundation for the National Capital Region
Community Health Charities
Community Health Charities-National Campaign
Community Health CHC Nov 13 H04
Crowdrise
Daria Dee Turlington Charitable Foundation
David Bernard Baldwin Revocable Living Trust
David May Foundation
DJ Findley Family Foundation
Edward and Constance Sullivan Charitable Fund
Eidelfin Inc
Elion Beider Silksoby Foundation
EOS Foundation
Estate of Harvey Spillt
Estate of Katie Louise Weeks Sowell
Estate of Lyle E. Besse
Estate of Mildred Morris
Fernwood Fund
Fidelity Charitable Gift Fund
FirstGiving
Forest Pharmaceuticals, Inc
Forest To Shore Gallery
Fortress Investment Group LLC
Francis Beidler Foundation
F. Cares Foundation
G. B. & M. May Foundation
G. J. Brown Charitable Trust
Gaddis Family Foundation
GE Foundation
Gertrude B. Nielsen Charitable Trust
Give With Liberty Employee Donations
Global Impact
Goldman Sachs Matching Gift Program
Google Matching Gifts Program
Grace O’Donnell Fund
Halliburton Giving Choices Match
Hefcare Associates, Inc
Hill Holliday Team
Hinman Foundation
Hoppie Foundation
Howell Family Charitable Foundation
IRIS IT Senior Leadership Team
Jeffrey J. and Mary E. Burdge Charitable Trust
Jesse H. Oppenheimer & Susan Oppenheimer Foundation
John & Rose Herman Support Foundation
John Hancock Financial Services, Inc Matching Gifts Program
John Jay Hopkins Foundation
Johnson & Johnson - Matching Gifts Program
JustGive

Keith A. Iverson Foundation
Kinschner Family Foundation
Lamb Family Fund
Leibowitz & Greenway Family Foundation
Lincoln Community Foundation, Inc
Logistick
Lundbeck, Inc
LW Fi Financial Inc
Macy’s Foundation
Malek’s Pizza Palace, Inc
Mardon
Margaret O. Cromwell Family Fund
McAfee, Inc, Matching Gifts Program
McDowell Charitable Trust
McGraw Hill Financial, Inc Charity Match Program
Media Dynamics, Inc
Mental Health Services Fund-Chattanooga Area Community Foundation
Merchant Family Trust
Merck Employee Giving Campaign
Michael T. Sherman Foundation
Microsoft Matching Gifts Program
Morton & Army Friedkind Support Foundation
National Institute For The Clinical Application Of Behavioral Medicine
Network For Good
Nico's Other Fund of Tides Foundation
OH Local Distribution
Omidyar Network Fund, Inc
Parklane Christian Reformed Church
Patricia F. Mersch Gifting Trust
Peggy Straw Advised Fund of the New Hampshire Charitable Foundation
Peters Family Foundation
Phillips 66
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Princeton University
Pritzker Pucker Family Foundation
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Sagaflyn Family Fund
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Shell Oil Company Foundation Matching Gifts
Shepherd Foundation Inc
Sidney Stern Memorial Fund
Silicon Valley Community Foundation
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Stanley Family Foundation
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Talley Charitable Reinbeer
Technical Assistance Collaborative
The Dreman Foundation, Inc
The Fine Foundation
The Greenbank Foundation
The Harold R. Goldmann Charitable Trust
The Inavale Foundation
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Thomas B. Fordham Foundation
United Methodist Church of Libertyville
United Way of Delaware County, Inc.
United Way of Greater Philadelphia & Southern New Jersey
Vitasta Bazzar and Shen Shehgal Fund
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Warren L. DeLano Memorial Fund
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YourCause, LLC
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Brett Abadie
Robert and Marguerite Abel
Peter and Zoe Adler
Carol Adragna
Carlos Alberni
David and Maryann Albonesi
David Aldridge
Andrew Alexander
Laura Allen
Lisa Allen
Randy and Maria Altman

Sheila Amdur
Dr. Eric Anacker and Betsy Jo Anacker
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Keith and Renée Anderson
Robert and Janet Anderson
Robin Andreasen
Maria Andrews
Stephen and Joan Andrus
Anonymous
David Apatoff and Nell Minow
Matthew Arongin
Lori Armagost
Maya Ashj-Jones
David Atadan
Morgan Atey
Jonathan and Deanna Atey
Dr. Julie Atkinson and Jeremy Smith
Kathryn Atkinson
Ben Attias
Daniel and Diana Attias
Don and Catherine Augenstein
Dr. Faye Austin
Enrique and Jennifer Aviles
Robert and Margaret Ayres
Ellen Babbitt
Vickie Babin
Laura Baden
Karen Bailey
Dr. Max Baker
Robert Baker
George and Harriet Baldwin
Dr. Victoria Balkoski
Laura Ballenger
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H. Barber
Nancy Barbosa
Dr. James Barker
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Merrin Begley
Leon Behar
Janis Bell
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Barbara Benda
Lee and Susan Berk
Jordan M. Bernstein
Lacey Berumen
Nathan and Helane Beltrn
Richard and Janet Birnbaum
Bert and Marilyn Bittan
John Blanchard and Virginia Latimer
Christopher and Nancy Blatchford
Alan and Madeline Blinder
Helen Bliss
Will Bloch and Dell Rhodes
Burton and Renee Block
Harold and Jeanne Bloom
Jennifer Blum
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Donald and Janet Boardman
Frederic and Jeanette Bogart
Ruth Bohlen
Renee Boiour
John and Elizabeth Bomer
Dr. Mark Bonneau
Bette Boren
Kathy Bores
Craig Borovasky
Lynn Borton and David Kolker
Anna Bosch
Nicholas Boulder III
Joel Saal and Nancy Bovee
Dr. Charles Bowden and Virginia Bowden
William and Mary Bowden
Charlotte Bowenhollow
Sharon Bowyer
James Boyd
Christine Boylan
Michael and Stephanie Bozic
Margaret Braband
Robert Braddock
Dr. William Bradley and Gail Bradley
Steven and Heidi Branda
Dr. Stephen Brannan and Kelli Brannan
Donald and Margaret Bray
John and Peg Breslin
Tim Brinkenoff
Dr. Skip Brister and Dr. Teri Brister
Carol Broadwell
Harry and Angela Brodie
INDEPENDENT AUDITORS’ REPORT

To the Board of Directors of
NAMI

We have audited the accompanying financial statements of NAMI, which comprise the statements of financial position as of December 31, 2013 and 2012; the related statements of activities, functional expenses, and cash flows for the years then ended; and the related notes to the financial statements.

Management’s Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor’s Responsibility

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor’s judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity’s preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity’s internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of NAMI as of December 31, 2013 and 2012, and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

Vienna, Virginia
April 30, 2014
# NAMI

**Statements of Financial Position**  
**December 31, 2013 and 2012**

<table>
<thead>
<tr>
<th>Assets</th>
<th>2013</th>
<th>2012</th>
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<td>Cash and cash equivalents</td>
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<td><strong>$10,439,493</strong></td>
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<tr>
<th>Liabilities and Net Assets</th>
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<td><strong>Liabilities</strong></td>
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<td>Deferred revenue</td>
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<td><strong>2,532,809</strong></td>
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<table>
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<tr>
<th>Net Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>5,256,601</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>2,782,806</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>547,263</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>8,586,666</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total liabilities and net assets</th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$11,119,478</strong></td>
<td><strong>$10,439,493</strong></td>
<td></td>
</tr>
</tbody>
</table>

# NAMI

**Statement of Activities**  
**For the Year Ended December 31, 2013**

<table>
<thead>
<tr>
<th>Revenue and Support</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$4,406,714</td>
<td>$3,803,016</td>
<td>$2,500</td>
<td>$8,212,230</td>
</tr>
<tr>
<td>Walks</td>
<td>1,059,498</td>
<td>-</td>
<td>-</td>
<td>1,059,498</td>
</tr>
<tr>
<td>Government grants and contracts</td>
<td>224,441</td>
<td>-</td>
<td>-</td>
<td>224,441</td>
</tr>
<tr>
<td>Registrations</td>
<td>378,409</td>
<td>-</td>
<td>-</td>
<td>378,409</td>
</tr>
<tr>
<td>Dues</td>
<td>393,572</td>
<td>-</td>
<td>-</td>
<td>393,572</td>
</tr>
<tr>
<td>Investment income</td>
<td>415,041</td>
<td>-</td>
<td>-</td>
<td>415,041</td>
</tr>
<tr>
<td>Sales</td>
<td>164,438</td>
<td>-</td>
<td>-</td>
<td>164,438</td>
</tr>
<tr>
<td>Other revenue</td>
<td>42,670</td>
<td>-</td>
<td>-</td>
<td>42,670</td>
</tr>
<tr>
<td><strong>Net assets released from restrictions</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Satisfaction of program restrictions</td>
<td>2,280,413</td>
<td>(2,280,413)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Satisfaction of time restrictions</td>
<td>1,250,000</td>
<td>(1,250,000)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total revenue and support</strong></td>
<td>10,648,187</td>
<td>272,603</td>
<td>2,500</td>
<td>10,933,290</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Expenses</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services:</td>
<td></td>
</tr>
<tr>
<td>Program and membership support</td>
<td>5,290,846</td>
</tr>
<tr>
<td>Education services</td>
<td>1,032,229</td>
</tr>
<tr>
<td>Advocacy</td>
<td>1,688,519</td>
</tr>
<tr>
<td><strong>Total program services</strong></td>
<td>8,011,344</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Supporting services:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration</td>
<td>1,352,457</td>
</tr>
<tr>
<td>Development</td>
<td>1,185,135</td>
</tr>
<tr>
<td><strong>Total supporting services</strong></td>
<td>2,537,592</td>
</tr>
</tbody>
</table>

| **Total expenses** | 10,548,826 | - | - | 10,548,826 |

| Change in Net Assets | 69,361 | 272,603 | 2,500 | 344,464 |

| Net Assets, beginning of year | 5,187,239 | 2,510,203 | 544,763 | 8,242,205 |

| Net Assets, end of year | 5,256,600 | 2,782,806 | 547,263 | 8,586,669 |