2018 NAMI National Convention – Workshops by Tracks

Wondering where to start? With more than 75 workshops to choose from, it can seem difficult to pick the sessions that would be most useful to you. Use these tracks to focus on your interests and get the information you came for.

Living Well with a Mental Health Condition—This track highlights topics, tools, research and peer knowledge for enriching and improving your life.

Supporting the Recovery of Another—This track delivers knowledge and skills that will help provide essential recovery support to another, as well as ways to take care of the caregiver.

Policy and Advocacy—This track covers advocacy efforts and current policies that affect access to treatment and services, criminalization and parity.

Diversity, Culture, Inclusion—This track highlights ways to recognize and value our differences and how to reach out and engage culturally diverse people in both NAMI and the mental health community.

Young Adults—This track highlights topics of interest to people under 30 or people interested in engaging young adults.

Research—This track delivers information about recent and current research into mental illness and treatment models.

NAMI Programs—This track highlights NAMI programs being offered locally and nationally.

NAMI Leadership Development—This track offers programing that will equip NAMI leaders with knowledge and skills to take their organizations to the next level.

Stigma shames people into silence.

It prevents them from seeking help.
And in some cases, it takes lives.

Compassion, empathy and understanding are the antidote. Your voice can spread the cure.

Be part of the cure at CureStigma.org
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## Wednesday, June 27

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<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:30 a.m.–5:30 p.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td>8:00 a.m.–10:00 a.m.</td>
<td>NAMI Council Business Meetings</td>
</tr>
<tr>
<td>10:30 a.m.–12:30 p.m.</td>
<td>NAMI Leadership Workshops</td>
</tr>
<tr>
<td>1:00 p.m.–2:30 p.m.</td>
<td>NAMI Leadership Workshops</td>
</tr>
<tr>
<td>2:45 p.m.–4:45 p.m.</td>
<td>Board Candidate Speeches <em>Followed by Meet &amp; Greet</em></td>
</tr>
<tr>
<td>4:00 p.m.–5:00 p.m.</td>
<td>Convention Orientation</td>
</tr>
<tr>
<td>4:00 p.m.–5:30 p.m.</td>
<td>Advocacy Leaders Session</td>
</tr>
<tr>
<td>4:00 p.m.–5:30 p.m.</td>
<td>Education Directors Meeting</td>
</tr>
<tr>
<td>5:00 p.m.–6:00 p.m.</td>
<td>NAMI Program Fair</td>
</tr>
<tr>
<td>6:00 p.m.–7:30 p.m.</td>
<td>Welcome Reception</td>
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## Thursday, June 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Sunrise Walks with NAMIWalks</td>
</tr>
<tr>
<td>8:00 a.m.–5:00 p.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td>9:00 a.m.–4:00 p.m.</td>
<td>Voting by Credentialed Representatives</td>
</tr>
<tr>
<td>9:00 a.m.–10:15 a.m.</td>
<td>NAMI Opening Plenary <em>Superheroes, On- and Off-Screen Featuring Clark Gregg</em></td>
</tr>
<tr>
<td>10:00 a.m.–5:00 p.m.</td>
<td>Exhibit Hall Open</td>
</tr>
<tr>
<td>10:45 a.m.–12:00 p.m.</td>
<td>Workshop Group A</td>
</tr>
<tr>
<td>11:00 a.m.–4:30 p.m.</td>
<td>Flash Sessions in Exhibit Hall</td>
</tr>
<tr>
<td>12:30 p.m.–1:30 p.m.</td>
<td>Board of Directors Roundtable Talks</td>
</tr>
<tr>
<td>1:00 p.m.–2:00 p.m.</td>
<td>Exhibit Hall Ice Cream Break</td>
</tr>
<tr>
<td>1:30 p.m.–2:45 p.m.</td>
<td>Workshop Group B</td>
</tr>
<tr>
<td>3:00 p.m.–4:45 p.m.</td>
<td>State Caucuses</td>
</tr>
<tr>
<td>5:00 p.m.–6:00 p.m.</td>
<td>NAMIWalks Meet ’n Greet Reception</td>
</tr>
<tr>
<td>5:00 p.m.–6:00 p.m.</td>
<td>NAMI Talks <em>Featuring: NAMI Ambassadors</em> Brooke Johnson, AJ Mendez &amp; Jay Stolar</td>
</tr>
<tr>
<td>5:30 p.m.–6:30 p.m.</td>
<td>NAMI Support Groups</td>
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<tr>
<td>5:30 p.m.–7:00 p.m.</td>
<td>Almost Sunrise Documentary <em>Followed by Panel Discussion</em></td>
</tr>
<tr>
<td>7:30 p.m.–8:00 p.m.</td>
<td>NAMI Service Members, Veterans and Their Families Council Candlelight Vigil</td>
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### Friday, June 29

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Sunrise Walks with NAMIWalks</td>
<td>12:30 p.m.-</td>
<td>Author Showcase</td>
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<tr>
<td></td>
<td></td>
<td>1:30 p.m.</td>
<td>Edward (Ned) Hallowell, M.D.</td>
</tr>
<tr>
<td>8:30 a.m.-5:00 p.m.</td>
<td>Registration Open</td>
<td>12:30 p.m.-</td>
<td>Major Topic Symposia</td>
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<td></td>
<td>1:45 p.m.</td>
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<tr>
<td>9:00 a.m.-4:00 p.m.</td>
<td>Exhibit Hall Open</td>
<td>2:15 p.m.-</td>
<td>Research Updates</td>
</tr>
<tr>
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<td></td>
<td>3:30 p.m.</td>
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<tr>
<td>9:00 a.m.-10:15 a.m.</td>
<td>Workshop Group C</td>
<td>2:15 p.m.-</td>
<td>Workshop Group D</td>
</tr>
<tr>
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<td></td>
<td>3:30 p.m.</td>
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<tr>
<td>9:00 a.m.-12:30 p.m.</td>
<td>Research Workshop</td>
<td>4:00 p.m.-</td>
<td>NAMI Ask the Expert Live</td>
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<td>5:30 p.m.</td>
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<tr>
<td>9:30 a.m.-3:00 p.m.</td>
<td>Flash Sessions in Exhibit Hall</td>
<td>4:00 p.m.-</td>
<td>CIT at 30: Reflecting on the Past, Inspiration for the Future</td>
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<td>5:30 p.m.</td>
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</tr>
<tr>
<td>10:45 a.m.-12:00 p.m.</td>
<td>Major Topic Symposium</td>
<td>4:30 p.m.-</td>
<td>NAMI Support Groups</td>
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<td>5:30 p.m.</td>
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<tr>
<td>10:45 a.m.-12:00 p.m.</td>
<td>New NAMI Ending the Silence Presentation, Introduction by Ms. Tipper Gore</td>
<td>7:00 p.m.-</td>
<td>Beyond Silence Film, Followed by Panel Discussion</td>
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<td>8:00 p.m.</td>
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<tr>
<td>11:30 a.m.-12:30 p.m.</td>
<td>Exhibit Hall Ice Cream Break</td>
<td>7:00 p.m.-</td>
<td>NAMI New Orleans 40th Anniversary Celebration Tickets Required</td>
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<td></td>
<td>9:00 p.m.</td>
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<tr>
<td>12:30 p.m.-1:30 p.m.</td>
<td>Re-Affiliation Brown Bag Lunch</td>
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### Saturday, June 30

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<th>Time</th>
<th>Event</th>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Sunrise Walks with NAMIWalks</td>
<td>2:00 p.m.-</td>
<td>Information, Support &amp; Education Institute</td>
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<tr>
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<td></td>
<td>3:00 p.m.</td>
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<tr>
<td>7:30 a.m.-8:30 a.m.</td>
<td>Interfaith Prayer &amp; Share Services</td>
<td>2:00 p.m.-</td>
<td>Major Topic Symposium</td>
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<tr>
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<td></td>
<td>3:00 p.m.</td>
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</tr>
<tr>
<td>9:00 a.m.-10:30 a.m.</td>
<td>Research Plenary</td>
<td>3:30 p.m.-</td>
<td>Workshop Group E</td>
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<tr>
<td></td>
<td>Featuring Dr. Joshua Gordon</td>
<td>4:45 p.m.</td>
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<tr>
<td>9:00 a.m.-10:15 a.m.</td>
<td>NAMI In Our Own Voice Presentation</td>
<td>5:00 p.m.-</td>
<td>Therapy Dogs: Bringing Love and Leaving Smiles</td>
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<td></td>
<td>6:00 p.m.</td>
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<tr>
<td>10:45 a.m.-12:00 pm</td>
<td>NAMI Annual Business Meeting</td>
<td>7:00 p.m.-</td>
<td>NAMI Celebration and Awards Banquet Featuring Adam Grabowski</td>
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<tr>
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<td></td>
<td>9:00 p.m.</td>
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<tr>
<td>12:30 p.m.-1:30 p.m.</td>
<td>Author Showcase Alisa Roth</td>
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2018 NAMI National Convention Program | 5
MEETING ROOM LOCATIONS

All NAMI Convention activities are at the Sheraton New Orleans

**LOBBY LEVEL, FIRST FLOOR**

- Rodrigue
- FedEx Office

**SECOND FLOOR**

- Waterbury Ballroom
- Rhythms
- Lagniappe
- Roux Bistro

**THIRD FLOOR**

- Napoleon Ballroom (Registration, Exhibit Hall, Flash Sessions, Bookstore, Info Desk, CEU Desk, Adobe Project 1324 #NoStigmaNoShame gallery)
- Borgne
- Maurepas (Welcome Center)
FOURTH FLOOR
Nottoway
Oak Alley
Bayside
Edgewood
Estherwood
Evergreen
Gallier
Oakley
Southdown
Crescent
Ellendale

FIFTH FLOOR
Grand Chenier
Grand Couteau
Grand Ballroom
Rampart

EIGHTH FLOOR
Endymion
Mid-City
Proteus
Zulu
Rex
Muses
Iris
Bacchus (Caregiver Hospitality Room)
Orpheus
Armstrong Ballroom
CONVENTION HOURS

Registration
Third Floor, Napoleon Ballroom
Wednesday, June 27 ......................... 7:30 a.m.–5:30 p.m.
Thursday, June 28 ......................... 8:00 a.m.–5:00 p.m.
Friday, June 29 .......................... 8:30 a.m.–5:00 p.m.

NAMI Information Desk
Third Floor, Napoleon Ballroom
Wednesday, June 27 ......................... 7:30 a.m.–6:00 p.m.
Thursday, June 28 ......................... 8:00 a.m.–6:00 p.m.
Friday, June 29 .......................... 8:00 a.m.–6:00 p.m.
Saturday, June 30 ..................... 8:00 a.m.–6:00 p.m.
Ask about NAMI, the convention, restaurants and more.

Welcome Center
Third Floor, Maurepas
Wednesday, June 27 ......................... 6:00 p.m.–8:00 p.m.
Thursday, June 28 ......................... 10:00 a.m.–8:00 p.m.
Friday, June 29 .......................... 10:00 a.m.–8:00 p.m.
Saturday, June 30 ..................... 10:00 a.m.–4:00 p.m.
NAMI welcomes people with mental illness and offers several special services, sponsored by Beacon Health Options.

Caregiver Hospitality Room
Eighth Floor, Bacchus
Wednesday, June 27 ......................... 3:00 p.m.–5:00 p.m.
Thursday, June 28 ......................... 10:00 a.m.–4:00 p.m.
Friday, June 29 .......................... 10:00 a.m.–4:00 p.m.
Saturday, June 30 ..................... 10:00 a.m.–4:00 p.m.
NAMI welcomes caregivers and loved ones and invites them to stop in to connect, chat and recharge.

Adobe Project 1324, No Stigma, No Shame Exhibition
NAMI Exhibit Hall, Napoleon Ballroom, Third Floor
Thursday, June 28 ......................... 10:00 a.m.–5:00 p.m.
Friday, June 29 .......................... 9:00 a.m.–4:00 p.m.
Come see and experience how young artists break through stigma surrounding mental health in original design, illustration, photo and video art.

Exhibit Hall
Third Floor, Napoleon Ballroom
Thursday, June 29 ......................... 10:00 a.m.–5:00 p.m.
Friday, June 30 .......................... 9:00 a.m.–4:00 p.m.
Find resources and information about publications, facilities, products and services of interest to NAMI members. Please stop by and visit our exhibitors.

CONTINUING EDUCATION CONTACT HOURS
NAMI is approved by the California Board of Registered Nursing, the Minnesota Board of Social Work and the National Board for Certified Counselors to offer contact hours. Sessions with CE contact hours are marked in the program with the following icon: 1.25 CE hours.

Please see the program insert for sessions specifically approved by NBCC. Keep track of which sessions you attend so you have the information necessary to complete your application. Participants are responsible for verifying with their own respective state board/agencies that the CEs offered at the convention through accreditation are accepted in their home states. Please note the following:
• There is a $20 fee to apply for credits.
• You must apply for credit at the CE Desk on-site at the convention within 24 hours after the session so we can verify session attendance.
• To pick up your application, visit CE check-in by the NAMI Information Desk.
**NAMI Booth**  
Third Floor, Napoleon Ballroom  
Thursday, June 29 .............................. 10:00 a.m.–5:00 p.m.  
Friday, June 30 ............................... 9:00 a.m.–4:00 p.m.  
NAMI invites you to stop by the NAMI Booth to learn about what’s new at NAMI and connect with staff.

**NAMI Bookstore**  
Third Floor, Napoleon Ballroom  
Thursday, June 28 ......................... 10:00 a.m.–5:00 p.m.  
Friday, June 29 ............................... 9:00 a.m.–4:00 p.m.  
Saturday, June 30 ............................ 9:00 a.m.–2:00 p.m.  
Browse various books of interest to people with mental illness, their families and treatment professionals or attend book signings by notable authors.

**Press Room**  
Fourth Floor, Oakley  
Press and media may check in here to receive a media pass.

**Continuing Education (CE) Check-In at NAMI Information Desk**  
Third Floor, Napoleon Ballroom  
Wednesday, June 27 .......................... 12:00 p.m.–6:00 p.m.  
Thursday, June 28 ............................ 8:00 a.m.–6:00 p.m.  
Friday, June 29 ............................... 8:00 a.m.–6:00 p.m.  
Saturday, June 30 ............................ 8:00 a.m.–6:00 p.m.

**FedEx Business Center**  
Lobby Level  
Monday-Friday ............................. 7:00 a.m.–7:00 p.m.  
Saturday ...................................... 8:00 a.m.–2:00 p.m.  
Sunday ........................................ 10:00 a.m.–2:00 p.m.

**NAMI Council Meet-and-Greet Tables**  
Fifth Floor, Grand Ballroom Foyer  
NAMI Service Members, Veterans and Their Families Council  
NAMI Peer Leadership Council  
Meet council and advisory group members and ask about activities.

**NO STIGMA, NO SHAME EXHIBITION**  
Adobe Project 1324 supports, connects and amplifies emerging artists creating for positive impact. Adobe Project 1324 and NAMI collaborated to ask emerging artists to break through stigma surrounding mental health in an original design. Adobe is a NAMI Brand Partner. Come see and experience the No Stigma, No Shame exhibition in the Exhibit Hall or appreciate all the submitted projects at [Project1324.com/nostigmanoshame](http://Project1324.com/nostigmanoshame).

Image credit: Diana Chao, Cotton Cold, guest curator of the #NoStigmaNoShame challenge.

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To connect to the internet please select the wireless access point:  
**NAMI 18**  
Open a web browser. You will then be directed to a webpage for login. Once connected, enter the assigned passcode to login  
**Passcode: nami2018**  
Keep your passcode confidential.  

For assistance call PSAV at 504-415-4773
2017–2018 NAMI BOARD OF DIRECTORS

Steve Pitman, J.D., 2018
PRESIDENT
Lake Forest, Calif.

Lacey Berumen, Ph.D., M.N.M., C.A.C. III 2019
FIRST VICE PRESIDENT
Denver, Colo.

Victoria Gonzalez, 2018
SECOND VICE PRESIDENT
Highland, Ill.

Bob Spada, M.B.A., 2018
TREASURER
North Royalton, Ohio

Adrienne Kennedy, M.A., 2020
SECRETARY
Austin, Texas

Charma D. Dudley, Ph.D. FPPR, 2019
Pittsburgh, Pa.

Jim Hayes, M.D., 2020
Greer, S.C.

Shirley J. Holloway, Ph.D., 2019
Anchorage, Alaska

Carlos Larrauri, R.N., B.S.N., 2020
Miami, Fla.

Amanda Lipp, 2020
Fair Oaks, Calif.

Jacqueline Martinez, C.P.S., 2019
Revere, Mass.

Micah Pearson, C.P.S.W., 2020
Las Cruces, N.M.

Barbara Ricci, 2019
New York, N.Y.

Catherine “Carrie” Roach, M.S., 2019
Saint Paul, Minn.

Dave Stafford, 2018
Simpsonville, S.C.

Gloria M. Walker, M.B.A., 2018
Cincinnati, Ohio
Supporting communities where together we live, learn, and hope

Proud to be a supporting sponsor of 2018 NAMI National Convention

HEALTHY WITH A SIDE OF HAPPY.

Nothing should come between you and a long, healthy life. So we’ve removed the barrier between health care and coverage, giving you the care you need and the coverage you deserve. It’s simply health care made simple. Visit kp.org today because together we thrive.

Lundbeck Proudly Supports NAMI

As a global pharmaceutical company with a mission to improve the quality of life for people affected by psychiatric and neurological disorders, Lundbeck is committed to accelerating our work in brain disorders. We have a deep heritage of discovery in psychiatry, and we continue to push the boundaries of science.

Addressing the unmet medical needs of people living with brain disorders fuels our passion and drives us to make a difference ... one patient at a time.

To learn more, visit www.lundbeckus.com.

Janssen Neuroscience applauds those working together at the county, state, and federal levels, especially at the intersection of criminal justice and mental health reform, to champion a better future for individuals with serious mental illness, including schizophrenia.

We can and should continue to set a higher standard for how we support individuals with serious mental illness.

Janssen’s unwavering commitment to delivering innovative mental health therapies spans 50 years, and we will continue to champion treatments to improve the lives of those with serious mental illness.

We can and should continue to set a higher standard for how we support individuals with serious mental illness.

Janssen’s unwavering commitment to delivering innovative mental health therapies spans 50 years, and we will continue to champion treatments to improve the lives of those with serious mental illness.

"When a person living with serious mental/brain illness relapses, it’s devastating and progressively makes it harder to achieve their potential. That’s why we continue to advance our research in science and medicine to provide hope for the individual and their families, so they can live fulfilling and healthier lives."

— Courtney Billington
President, Janssen Neuroscience

© Janssen Pharmaceuticals, Inc. 2018 03/18 cp-50804v1
VOTING INFORMATION AND 2018 BOARD CANDIDATES

Voting is done by credentialed delegates and proxies on behalf of NAMI Affiliates and NAMI State Organizations. As a result, most convention attendees do not vote. However, all NAMI members can get to know the individuals who will represent them for the next three years. Here are several opportunities to get to know these potential NAMI leaders:

> Listen to candidate speeches, scheduled for Wednesday, June 27 at 2:45 p.m.–3:45 p.m. in the Grand Ballroom on the fifth floor.
> Join the candidates for a Meet-and-Greet immediately following the speeches in the Grand Ballroom’s foyer.
> Check out www.nami.org/2018Candidates for the candidates’ letters of nomination, what they think are the important issues facing NAMI, short speeches they recorded earlier this year and their photos.
> Visit candidate posters in the Grand Ballroom’s foyer.
> Candidates are wearing red, white and blue candidate ribbons on their name badges. Members are encouraged to engage with them to learn about what they hope to accomplish on the NAMI Board of Directors.

Voting will take place on Thursday, June 28 from 9:00 a.m. to 4:00 p.m. Credentialed NAMI Affiliate and NAMI State Organization representatives should report to the Rampart Room on the fifth floor to cast their ballots. Winning candidates for the NAMI Board of Directors will be announced at the NAMI Annual Business Meeting on Saturday, June 30 from 10:45 a.m.–12:00 p.m.

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National NAMIWalks Elite Sponsor

National NAMIWalks Partners

Over 300 NAMI State Organizations and NAMI Affiliates participate in NAMIWalks to raise awareness and engage supporters for the NAMI mission in their communities.

Funds raised through NAMIWalks directly support and strengthen local education programs, services and advocacy efforts for NAMI State Organizations and NAMI Affiliates across the United States.

Thanks to the support of our sponsors and participants, NAMIWalks is NAMI’s largest fundraising and awareness campaign.

www.namiwalks.org
CANDIDATES FOR THE 2018 NAMI BOARD OF DIRECTORS

Phyllis Arends  
Nominated by NAMI  
Sioux Falls, S.D.

Captain Stacey L. Owens  
Nominated by NAMI  
Greenville, S.C.

Judge Joyce A. Campbell  
Nominated by NAMI Ohio

Vanessa Fernandes  
Nominated by NAMI  
Austin, Texas

Steve Pitman  
Nominated by NAMI  
Orange County, Calif.

Rima Reddy  
Nominated by NAMI  
New York City Metro, N.Y.

Linda Welsch Jensen, Ph.D., R.N.  
Nominated by NAMI  
Nebraska

Leah Thedford  
Nominated by NAMI Texas

Dave Stafford  
Nominated by NAMI  
South Carolina
2018 NAMI National Convention Program

Wednesday, June 27

Registration Open
7:30 a.m.–5:30 p.m.

NAMI Council Business Meetings
8:00 a.m.–10:00 a.m.

Nottoway – State Presidents Council
Waterbury Ballroom – Executive Directors Council and Award Presentation
Bayside A – Peer Leadership Council and Award Presentation
Grand Ballroom D/E – NAMI Service Members, Veterans and Their Families Council

NAMI Leadership Development Workshops
2.00 CE hours
10:30 a.m.–12:30 p.m.

Diversification as a Pillar of Strategic Planning
Rhythms III – NAMI Leadership Development
This workshop will help organizations and affiliates understand financial diversification through a strategic lens; provide assessment and analysis tools; and feature data collected from NAMI State Organizations, NAMI Affiliates and similar organizations. The insights gained will help board members plan, identify and build financial structures that will support increased funding streams.

Lacey Berumen, NAMI First Vice President, NAMI Board of Directors; Adjunct Faculty, Capella, Regis University, Denver, Colo.
Kelly Griffin, Director of Field Resource Development and Senior Advisor of Strategic Planning, NAMI, Arlington, Va.
Cheri Villa, Chief Operating Officer, NAMI, Arlington, Va.

Policy Potential: How Your Advocacy Creates Progress for Mental Health
Rhythms II – NAMI Leadership Development
Actions at the federal, state and local levels affect mental health policy, services and supports that impact people who live with mental illness. This session will explore how NAMI prioritizes policy issues and advocates at the federal level, ways for NAMI leaders to engage in state and local advocacy and opportunities to partner to advance shared goals.

Angela Kimball, National Director, Advocacy and Public Policy, NAMI, Arlington, Va.
Jennifer Snow, Director, Public Policy, NAMI, Arlington, Va.
Hannah Wesolowski, Director, Field Advocacy, NAMI, Arlington, Va.

Funding NAMI Signature Education Programs: They’re “No Cost” but “Not Free”
Rhythms I – NAMI Leadership Development
Education programs are in great demand but expensive to deliver. The NAMI Orange County, Calif. affiliate will detail how they developed community partnerships that fund a dozen different education programs for thousands of attendees every year.

John Leyerle, President, NAMI Orange County, Santa Ana, Calif.
Leveraging Technology with NAMI’s National Education Programs

Bayside C – NAMI Leadership Development

How is NAMI embracing technology in various facets of programming developed by national staff? Learn more about leveraging social media, blended training programs, geo-location searches via the NAMI Portal and affiliate and state funding opportunities.

Karen Gerndt, Director, National Education Programs, NAMI, Arlington, Va.
Suzanne Robinson, Assistant Director, National Education Programs, NAMI, Arlington, Va.

Great Missions Deserve Great Technology: Welcome to Salesforce

Grand Chenier – NAMI Leadership Development

In 2019, Salesforce will take NAMI to the next level in education, advocacy and support. Come learn about NAMI’s transition from NAMI 360 to Salesforce and how this will benefit your NAMI State Organization or NAMI Affiliate.

Adrienne Augustus, Implementation Manager, NAMI, Arlington, Va.
James Stewart, Chief Information Officer, NAMI, Arlington, Va.

NAMI Leadership Development Workshops

1.50 CE hours

1:00 p.m.–2:30 p.m.

NAMIWalks Best Practices in Leadership

Rhythms I – NAMI Leadership Development

Hundreds of NAMIWalks have taken place across the country in the past 15 years. They provide invaluable lessons in leadership, program management and growth that can be applied to other fundraising events and initiatives. This session will present NAMI Field Leaders with best practices on fundraising, acquisition and volunteer management. A focus on “after the event” activities—debriefing, learning to leverage funds and sharing experiences with your community—will be emphasized.

Tom Lane, Deputy Director, NAMI Washington, Seattle, Wash.

Planning Strategically: Prioritizing NAMI Goals in a Changing Environment

Bayside B – NAMI Leadership Development

Would you like to develop an actionable strategic plan or make your current plan more dynamic and adaptable? This session will give leaders an overview of NAMI’s current strategic planning process and provide a goal-setting framework that can be adapted to all parts of our alliance. Participants will learn a five-step process for developing a dynamic action plan that will reflect their priorities and create the desired future for your NAMI State Organization or NAMI Affiliate.

Kelly Griffin, Director of Field Resource Development and Senior Advisor of Strategic Planning, NAMI, Arlington, Va.

StigmaFree Company: Building a Movement Through Strategic Partnerships

Rhythms III – NAMI Leadership Development

An interactive presentation on successful (and unsuccessful) strategies, tools and assets that have been developed. This presentation demonstrates the value of national and local partnerships to strengthen the Alliance and extend the scope of our mission.

Katrina Gay, National Director, Strategic Partnerships, NAMI, Arlington, Va.
Shaping the Conversation and Proposing Solutions: NAMI’s Voice in the Wake of Gun Violence

Rhythms II – Policy and Advocacy

In the wake of mass shootings, how does the NAMI community broaden the public’s understanding of what it means to live with mental illness? Join us for a dialogue on NAMI’s policy positions, as well as how to proactively shape the conversation with the media and propose solutions that reduce gun violence and improve mental health services and supports.

Ron Honberg, Senior Policy Advisor, NAMI, Arlington, Va.
Angela Kimball, National Director, Advocacy and Public Policy, NAMI, Arlington, Va.
Alisa LaPolt, Executive Director, NAMI Florida, Tallahassee, Fla.

Moderator:
Will Jarred, National Director, Marketing & Communications, NAMI, Arlington, Va.

Overcoming Information Overload, or Data Dashboarding for Dummies

Grand Couteau – NAMI Leadership Development

How do you easily interpret and share data about the great work your organization is doing? Dashboards! This session will demonstrate how consistent organization of data supports fundraising, advocacy, communications and more. It will focus on defining what dashboards are, providing dashboarding examples and demonstrating the ROI of these systems. Using a checklist, a simple hardcopy spreadsheet and key formulas, you’ll set up sample dashboards based on your unique needs and leave with tools you can use right away.

Heidi Guglielmino, Director, Data Integration, NAMI, Arlington, Va.

Board Candidate Speeches
2:45 p.m.–3:45 p.m.
Grand Ballroom C

Hear from candidates interested in serving on the NAMI board for the next three years.

Board Candidate Meet and Greet
3:45 p.m.–4:45 p.m.
Grand Ballroom, Foyer

Convention Orientation
4:00 p.m.–5:00 p.m.
Grand Ballroom A/B

Join a lively orientation to the NAMI National Convention that will cover the schedule, special events and how to plan your convention experience.


Advocacy Leaders Session: 2018 Strategies and Opportunities
1.50 CE hours
4:00 p.m.–5:30 p.m.

Rhythms II – Policy and Advocacy

Join advocacy leaders, NAMI State Organization and Affiliate executive directors and NAMI staff to discuss the top policy and advocacy issues in 2018. This includes the future of Medicaid, parity enforcement and electing mental health champions. Come discuss ideas with colleagues from across the country and hear about current efforts, new resources available for advocacy leaders and tactics to advance mental health priorities.

Angela Kimball, National Director, Advocacy and Public Policy, NAMI, Arlington, Va.
Jennifer Snow, Director, Public Policy, NAMI, Arlington, Va.
Hannah Wesolowski, Director, Field Advocacy, NAMI, Arlington, Va.

Education Directors Meeting
4:00 p.m.–5:30 p.m.
Waterbury Ballroom

NAMI Program Fair
5:00 p.m.–6:00 p.m.
Grand Ballroom D/E

Join NAMI staff for a meaningful exchange on what the national office has to offer. Learn more about NAMI’s National Education Programs, CIT programs, Field Advancement, Governance & Membership, NAMI Ask the Expert and NAMI HelpLine.

Welcome Reception
6:00 p.m.–7:30 p.m.
Grand Ballroom C/D/E

Kick off your 2018 NAMI National Convention experience connecting, networking and sharing with attendees—New Orleans style.
2018 NAMI National Convention Program

Thursday, June 28

Sunrise Walks with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of New Orleans, led by the NAMIWalks team.

Registration Open
8:00 a.m.–5:00 p.m.

Voting by Credentialed Representatives
9:00 a.m.–4:00 p.m.
Rampart Room

Welcome to New Orleans, NAMI
Opening Plenary
1.25 CE hours
9:00 a.m.–10:15 a.m.

Superheroes, On and Off-Screen
Grand Ballroom
Clark Gregg, best known for his role as Agent Phil Coulson in the Marvel Universe, will discuss the parallels between his character’s traumatic onscreen journey and his own personal and family struggles with mental health.

Mary Giliberti, Chief Executive Officer, NAMI, Arlington, Va.
Clark Gregg, Plenary Speaker, Actor, NAMI Ambassador and Mental Health Advocate
Ken Duckworth, M.D., Medical Director, NAMI, Arlington, Va.

Workshops – Group A
1.25 CE hours
10:45 a.m.–12:00 p.m.

Standards of Care: Mental Health in Our Jails and Prisons…Now What?
Rhythms I – Policy and Advocacy
Implementing mental health service standards within correctional facilities can break down barriers between administrative staff and individuals with mental illness, while also helping achieve peak organizational performance. First-hand experiences from both the presenters and the audience will shape the conversation and develop potential avenues for advocacy.

Jim Martin, Accreditation Specialist, National Commission on Correctional Health Care, Chicago, Ill.
Tracey Titus, Vice President of Accreditation, National Commission on Correctional Health Care, Chicago, Ill.

Media and Messaging: How to Re-Frame Mental Health Coverage
Bayside B – NAMI Leadership Development
Media continues to be one of the primary drivers of stigma, fear and negative portrayals of people with mental illness. This workshop will provide participants with strategies and a resource toolkit for how best to respond to, collaborate with and educate the media, particularly during times of crisis and tragedy.

Lauren Gleason, Director, Public Relations & Media, NAMI, Arlington, Va.
Kenneth Norton, Executive Director, NAMI New Hampshire, Tilton, N.H.

Exhibit Hall Open
10:00 a.m.–5:00 p.m.
Napoleon Ballroom
Long-Acting Injectable Antipsychotics: Know Your Medication Options
Oak Alley – Living Well with a Mental Health Condition
Do you or a family member have trouble remembering to take medication every day? Patients and family members may not be aware of alternate formulations of medications besides oral medications, such as long-acting injectable antipsychotics (LAIAs). Participants will learn more about this slow-release medication option used for the treatment of schizophrenia or bipolar disorder.

Charles F. Caley, Clinical Professor, Chair, Western New England University, Colchester, Conn.

Cultural Disruption: Strategies for Including and Accepting Culturally Diverse Individuals
Rhythms III – Diversity, Culture, Inclusion
Research shows that diverse organizations are stronger and more sustainable. This workshop will provide strategies for engaging in cultural disruption and promoting the inclusion, acceptance and engagement of culturally diverse individuals within both NAMI and the broader mental health field.

Anthony Germade, Executive Director, NAMI Louisiana, Baton Rouge, La.

Everything You’ve Ever Wanted to Ask a Psychiatrist
Rhythms II – Living Well with a Mental Health Condition
Visits to a psychiatrist often are limited to the most immediate, pressing issues and leave unanswered questions. This open Q&A will invite questions regarding treatment, understanding mental disorders, navigating the mental health system, how to convince someone to seek treatment and other issues of concern.

Mark Komrad, M.D., Senior Psychiatrist, Sheppard Pratt Health Systems, Towson, Md.

A True Path to Recovery: Starting a Clubhouse in Your Community
Bayside C – Supporting the Recovery of Another
How do you start a Clubhouse for people dealing with mental illness in your community without a budget, location or director? This workshop provides tips and tools for creating a valuable community resource for people frequently marginalized or isolated from society in a wide range of diverse communities.

Joel Corcoran, M.Ed., Executive Director, Clubhouse International, New York, N.Y.
Jack Yatsko, L.S.W., Chief Operating Officer, Clubhouse International, New York, N.Y.

Diversity! Inclusion! Outreach!
Southdown – Diversity, Culture, Inclusion
How can NAMI better reach marginalized or under-represented communities? This workshop will draw from the diverse cultural, professional and personal experiences of the presenters and audience to help craft innovative strategies and creative approaches for outreach.

Dustin McKee, M.S.W., Director of Policy, NAMI Ohio, Columbus, Ohio
Sally Thio, CPRP, NAMI Urban Greater Cincinnati Network on Mental Illness, Cincinnati, Ohio
Gloria Walker, M.B.A., NAMI Board of Directors, Executive Director, NAMI Urban Greater Cincinnati Network on Mental Illness, Cincinnati, Ohio

The Role of Peers and Family Members in Crisis Intervention Teams (CIT)
Grand Couteau – Supporting the Recovery of Another, Living Well with a Mental Health Condition
NAMI members—both peers and family members—play a vital part in a successful CIT program. This workshop will help participants gauge whether their CIT program is including peers and family members effectively and if not, provide strategies for how to contribute to a community’s success by involving their unique perspective.

Paton Blough, Mental Health Advocate and Speaker, Greenville, S.C.
Sam Cochran, Major (ret.) Co-Chairman, CIT International Board of Directors, Bartlett, Tenn.
Laura Usher, Senior Manager, Criminal Justice and Advocacy, NAMI, Arlington, Va.
Best Practices for Fundraising Success
Grand Chenier – NAMI Leadership Development
The NAMIWalks program provides an effective fundraising model while encouraging creativity and local customization. Strategies used by NAMIWalks can be applied to many types of fundraising events. Join us for an interactive session sharing best practices from across the country.

Kris Eschman, Manager, Fund Development and Events, NAMI, Arlington, Va.
Darcey Mamone, Manager, Fund Development and Events, NAMI, Arlington, Va.

Caregivers Special Interest Session
Mid-City


Intro to CBT Informed Care for Schizophrenia
1.25 CE hours
10:45 a.m.–12:00 p.m.

Waterbury Ballroom – Supporting the Recovery of Another
This workshop will introduce attendees to evidence-based cognitive behavior therapy techniques helpful for managing recovery and relationships with a loved one with schizophrenia. This workshop precedes the Friday, June 29, 9:00 a.m. – 12:30 p.m. workshop, CBT Informed Care for Schizophrenia.

David Kingdon, M.D., Professor of Mental Health Care Delivery, University of Southampton, UK
Douglas Turkington, M.D., Professor of Psychosocial Psychiatry, Newcastle University, UK

Flash Sessions
0.50 CE hours per session
11:00 a.m.–4:30 p.m.
Exhibit Hall

Mental Health: The Power of Books, Reflection and Community
11:00 a.m.–11:30 a.m.
Living Well with a Mental Health Condition

Learn more about how individuals or family members dealing with mental health conditions can find support and enhance their well-being by using writing exercises as a therapeutic outlet, reading books or socializing with others that deal with similar issues.

Linda Phillips, Board Member, NAMI Charlotte, Charlotte, N.C.

The Journey of Military Caregivers: The Battle Back Home
12:00 p.m.–12:30 p.m.
Supporting the Recovery of Another

Learn more about military and veteran caregiving burnout, coping tactics and how challenges can be overcome through communication, education and a network of support. Each participant will get a call to action and the opportunity to start a support chain.

Jennifer Mackinday, Warriors Speak Spokesperson, Wounded Warrior Project and The Elizabeth Dole Foundation, Jacksonville, Fla.
Music for Mental Health: Bringing Light to Mental Health Matters through Music  
1:00 p.m.–1:30 p.m.  
*Living Well with a Mental Health Condition*  
Learn more about how music can be effective in stimulating a non-confrontational discussion of mental health needs and specific topics, using the framework of evidence-based music therapy practice.  

“Copy That”  
2:00 p.m.–2:30 p.m.  
*Supporting the Recovery of Another*  
Learn more about addressing a mental health crisis, interaction with law enforcement during a psychotic episode, providing support for personal recovery, and implementing an arts program and community partnerships to assist with long-term recovery.  
*This session includes graphic images that some may find disturbing.*  
**David Boyle**, NAMI Charlotte, Charlotte, N.C.

Approaching Behavioral Health System Improvements through Cross-Sector Collaboration  
3:00 p.m.–3:30 p.m.  
*Policy and Advocacy*  
Learn how the New Orleans Behavioral Health Council created a high-functioning behavioral health system that works collaboratively to meet the needs of vulnerable populations across the life span.  
**Byrne Sherwood**, J.S., Manager of Behavioral Health Programs, City of New Orleans, Department of Health, New Orleans, La.

Innovative Approaches to Men’s Mental Health: Lessons Learned from the Humor and Digital Media Program, “Man Therapy”  
4:00 p.m.–4:30 p.m.  
*Research*  
Learn more about “Man Therapy,” a multi-media mental health program that uses humor and digital engagement to engage men reluctant to seek help and discuss new ways to reach “double jeopardy” men (those at high risk and least likely to seek help).  
**Sally Spencer-Thomas**, Psy.D., MNM, Professional Speaker and Impact Entrepreneur, United Suicide Survivors International, Conifer, Colo.

Board of Directors Roundtable Talks  
12:30 p.m.–1:30 p.m.  
*Grand Ballroom*  
Join the NAMI Board of Directors to talk about our common mission and goals, how we can accomplish our objectives and what role each of us can play in pursuing those goals.

Ice Cream Break  
1:00 p.m.–2:00 p.m.  
*Exhibit Hall*
Workshops – Group B
1.25 CE hours
1:30 p.m.–2:45 p.m.

Whole Health for Trauma Recovery
Grand Chenier – Living Well with a Mental Health Condition
How do you change the question that providers ask from “What's the matter with you?” to “What matters to you?” This presentation will introduce the VA Whole Health initiative, a proactive patient-centered approach with primary focus on what matters most to veterans, which has been tailored for treatment of trauma populations.

Danielle Cottonham, M.S., Predoctoral Psychology Intern, Southeast Louisiana Veterans Health Care System, New Orleans, La.
Terri Stockdreher, M.S.W., M.P.H., Southeast Louisiana Veterans Health Care System, New Orleans, La.
Madeline Uddo, Ph.D., Veterans Administration, New Orleans, La.

Recovery-Oriented Culture Change in Mental Health Systems
Bayside B – Supporting the Recovery of Another
This session will focus on adaptations of Recovery-Oriented Cognitive Therapy (CT-R) to multidisciplinary team-based service delivery settings (inpatient units, Assertive Community Treatment teams, and residences) with the goal of helping participants identify specific elements of recovery-oriented care that they can advocate for.

Ellen Inverso, Psy.D., Director of Clinical Training and Education, Recovery-Oriented Cognitive Therapy Programs, Perelman School of Medicine, University of Pennsylvania, Philadelphia, Pa.
Paul Grant, Ph.D., Assistant Professor of Psychology in Psychiatry, Aaron T. Beck Psychopathology Research Center, University of Pennsylvania, Philadelphia, Pa.

Recovery in Black and White
Oak Alley – Living Well with a Mental Health Condition
Sustained recovery is real and possible for every individual and family. This workshop will focus on how racial barriers can be overcome and addressed in recovery, the importance of giving back to your community, how peer support works and inspiring yourself to believe a better future is always possible.

Paton Blough, Mental Health Advocate, NAMI, Greenville, S.C.
Lloyd Hale, Certified Peer Support Specialist, South Carolina Department of Mental Health, Charleston, S.C.

Moderator:
Jim Hayes, M.D., NAMI Board of Directors, Greer, S.C.

Optimizing Special Needs Planning Opportunities
Bayside C – Supporting the Recovery of Another
Individuals dealing with mental health challenges may have special needs. Attendees will learn how to secure their loved one's access to public benefits, structure their estate planning, maximize assets, document essential information and avoid or correct planning mistakes.

Mike Walther, CPA/PFS, CFR, CFA, Founder and President, Oak Wealth Advisors, Northbrook, Ill.

NAMI Mass COMPASS Information Helpline:
Navigating Community Resources
Nottoway – NAMI Program
This workshop will share innovative strategies for providing information and referrals. It will also demonstrate how building a statewide helpline can support other NAMI programs, foster connections with state agencies and other nonprofits and grow NAMI's reputation as a thought leader in mental health.

Megan Wiechnik, COMPASS Resource Helpline Director, NAMI Massachusetts, Boston, Mass.

Flip the Script: How Changing Our Relationship to Our Stories Can Improve Mental Health
Rhythms II – Living Well with a Mental Health Condition
This presentation will help people learn skills to re-frame “problems” and re-vision their lives in positive ways. This session will identify core beliefs that exacerbate symptoms of mental illness, re-imagine their personal narrative in ways that promote greater health, use narrative and storytelling to change their perspective on life's challenges and create narratives that are “true-enough” to produce lifestyle change.

Constance Scharff, Ph.D., Rock to Recovery, Blaine, Wash.
Enhancing Family Engagement in Assisted Outpatient Treatment (AOT) Programs

Rhythms III – *Supporting the Recovery of Another*

This workshop will provide practical steps families can take to support and promote the development of effective AOT programs that prioritize family engagement and lead to successful outcomes for those ordered into an AOT program.


**Marge Lienhart**, Family Member, Fairfield, Ohio

**Mary Kay Pierce**, Executive Director, NAMI Richland County, Mansfield, Ohio

Creating Healthy Spaces for Men of Color: Mental Health Awareness

Bayside A – *Diversity, Culture, Inclusion*

Community members and professionals can create opportunities to further engage with men of color dealing with mental health issues. This workshop will focus on cultural competency, the impact of poverty and culture on this population, creating safe environments and hosting healthy dialogue pertaining to emotional health.


Beyond Treatment as Usual: The Case for Cognitive Enhancement Therapy

Rhythms I – *Living Well with a Mental Health Condition*

Why have many individuals with chronic mental health disabilities not recovered more completely? Learn about the importance of treating cognitive deficits in people with schizophrenia, bipolar disorder, depression and high-level autism with Cognitive Remediation, a rehabilitative treatment model focusing on remediating the person’s disabilities and rebuilding strengths.

**T. Victor Lloyd**, M.Th., M.A.P.C., Training Specialist, Center for Cognition and Recovery, Cleveland, Ohio

NAMI Unger Research Fellowship Discussions

Cognitive Training for People with Mental Health Conditions

Waterbury Ballroom – *Research*

People with mental health conditions often have difficulty with attention, memory and problem-solving. These cognitive difficulties can interfere with important life goals such as working, going to school or maintaining relationships. This presentation will provide an overview of cognitive treatments for individuals with mental health conditions and discuss the scientific evidence supporting them.

**Cynthia Zurhellen Burton**, Ph.D., Postdoctoral Fellow, University of Michigan, Dexter, Mich.

Shattering the Bell Jar: Impact of an Open-Communication Model in an Acute Inpatient Unit

Despite an increased focus on collaborative care within the field of medicine, Psychiatry has lagged compared to other medical specialties, and implementation on inpatient units is rare. Dr. Gerken will discuss this type of implementation and the changes on individuals’ perceptions of their care.

**Adrienne Gerken**, M.D., Medical Director, MGH/McLean Adult Psychiatry Residency Instructor, Harvard Medical School, Boston, Ma.

Asian American Special Interest Session

Proteus
## State Caucuses

### 3:00 p.m.–4:45 p.m.

**Thursday, June 28, 3:00 p.m.–3:45 p.m.**

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**Thursday, June 28, 4:00 p.m.–4:45 p.m.**

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<td>Orpheus</td>
<td>West Virginia</td>
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<td>Oklahoma</td>
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NAMIWalks Meet ‘n Greet Reception
5:00 p.m.–6:00 p.m.
Armstrong Ballroom
Join NAMIWalks for a casual and fun evening reception! Everyone is welcome, whether you are a current NAMIWalks site or just interested in learning more.

NAMI Talks
5:30 p.m.–6:30 p.m.
Grand Ballroom C

Brooke Johnson, Miss Alaska USA, NAMI National Ambassador
Brooke is working with young women to raise awareness of mental health and reject bullying with her Crowning Confidence campaign.

AJ Mendez, Author, Advocate
AJ is the New York Times Bestselling author of Crazy Is My Superpower: How I Triumphed by Breaking Bones, Breaking Hearts, and Breaking the Rules. She is a mental health advocate, animal rights activist and an ambassador for NAMI, JED Foundation, ASPCA, and Girls Make Games. As a former WWE professional wrestler under the ring name AJ Lee, she won three championships and numerous awards.

Jay Stolar, Artist and Songwriter
Stolar is an artist and singer songwriter out of New York City. He's currently in the middle of a 19-month project titled Raw Emotions, where he releases new music and explores different emotions every month. His past credits include songwriting credit on Hall and Oates/Train song titled “Philly Forget Me Not” and the Aloe Blacc track, “Brooklyn in the Summer.” Stolar has worked with the JED Foundation and the Moth on projects related to his mental health journey. Stolar will perform two songs relating to stigma and explore the important role art and music play in removing the stigma surrounding mental illness.

Almost Sunrise Documentary with Panel Discussion
5:30 p.m.–7:30 p.m.
Waterbury Ballroom
Almost Sunrise is a story of veteran resilience and recovery. The documentary follows two Iraq veterans, Tom Voss and Anthony Anderson, who struggle with depression upon returning home from service. The film captures an intimate portrait of two friends suffering from the unseen wounds of war as they discover an unlikely treatment: the restorative power of silence and meditation.

Panel:
Tom Voss, Iraq War veteran
Michael Collins, Filmmaker
Stay for the NAMI Service Members, Veterans and Their Families Council Candlelight Vigil immediately following this session.

Moderator:
John Neibert, Chair, NAMI Service Members, Veterans and Their Families Council

NAMI Family Support Group
5:30 p.m.–7:00 p.m.
Bayside C
Support groups are opportunities for people to share common experiences in a non-judgmental environment. NAMI Family Support Groups are for people with loved ones with a mental health condition.

NAMI Connection Recovery Support Group
5:30 p.m.–7:00 p.m.
Bayside A
NAMI Connection Recovery Support Groups are for people who identify as having a mental health condition.

NAMI Service Members, Veterans and Their Families Council Candlelight Vigil
7:30 p.m.–8:00 p.m.
Waterbury Ballroom
Sunrise Walk with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of New Orleans, led by the NAMIWalks team.

Registration Open
8:30 a.m.–5:00 p.m.

Exhibit Hall Open
9:00 a.m.–4:00 p.m.

Workshops – Group C
1.25 CE hours
9:00 a.m.–10:15 a.m.

Benefits of Peer Support Inclusion in Forensic Models
Rhythms I – Policy and Advocacy
This session will outline the primary areas within the Stepping Up Sequential Intercept Model, where peer support is beneficial and can change outcomes for persons with mental health conditions in the criminal justice system. These areas include arrest and detainment, arraignment and court, detention, reintroduction to the community and workforce integration.

Micah Pearson, NAMI Affiliate President, NAMI Board Member, Certified Peer Support Specialist, Doña Ana County Health and Human Services, Las Cruces, N.M.

Filmmaking for Youth Engagement: Production & Integration of Film into Services for Youth Psychosis
Bayside B – Young Adult
Video storytelling may be considered the online first responder of this generation and is central to mental health promotion and youth engagement in systems of care. Learn about film styles, recruitment, consent considerations, interviewing tips and best practices from pre- to post-production from pioneers in the field who are integrating content into Coordinated Specialty Care programs for First Episode Psychosis (FEP).

Amanda Lipp, Filmmaker and NAMI Board Member, Lipp Studios, Fair Oaks, Calif.
Igor Malinovsky, Ph.D., Project Director, SAMHSA Healthy Transitions Grant, Center for Practice Innovations, New York State Psychiatric Institute, New York, N.Y.

How to Improve Your Relationships to Improve Your Mental Health
Rhythms II – Living Well with a Mental Health Condition
Learning how to create positive changes in an individual's behavior by focusing on interpersonal relationships can be a vital factor in recovery. This presentation demonstrates the efficacy of such an approach, giving specific and practical examples.

Larry Shushansky, Clinical Social Worker, LICSW, Private Practice, Providence, R.I.
Recognize and Connect: Together We Can Save Lives!
Rhythms III – Supporting the Recovery of Another
Based on NAMI Connect Suicide Prevention Program, this workshop will provide participants with an overview of how to recognize and connect/intervene with someone at risk for suicide. It will also provide evidence-based tools and interventions to use in suicide prevention efforts.

Nancy Carstedt, Executive Director, NAMI Cook County North Suburban, Skokie, Ill.
Ken Norton, Executive Director, NAMI New Hampshire, Concord, N.H.

The Shame of Mental Health Challenges in the Black Community
Bayside C – Diversity, Culture, Inclusion
Many African-Americans avoid acknowledging or addressing mental health challenges. This workshop will raise awareness of mental health issues within the African-American community, help mental health professionals better understand their patients within a cultural context, and address how to reduce stigma.


Up on the High Wire: Building Resilience for Tough Times
Bayside A – Living Well with a Mental Health Condition
Daily mental workout strategies can help build psychological hardiness and emotional strength, endurance and flexibility. This workshop shares strategies that build mental fitness. It also gives participants the tools to sustain a passion for living over the long haul by being bold, belonging, being well and believing.

Sally Spencer-Thomas, Professional Speaker and Impact Entrepreneur, United Suicide Survivors International, Conifer, Colo.

The Psychology of Fundraising
Southdown – NAMI Leadership Development
How can you use science to raise more money? In this session co-presented by Turnkey and NAMI, you will learn how to turn human behavior into fundraising action. Using peer-to-peer fundraising as the model, the presenters will illustrate how to spur your supporters to action, resulting in higher participation and increased revenue.

Otis Fulton, Vice President for Behavioral Science Strategy, Turnkey, Richmond, Va.
Kelly Griffin, Director of Field Resource Development and Senior Advisor of Strategic Planning, NAMI, Arlington, Va.
Katrina VanHuss, CEO, Turnkey, Richmond, Va.

Latino American Special Interest Group
Grand Chenier

Vickey Gonzalez, NAMI Board of Directors, NAMI, Arlington, Va.

NAMI Vision 2020: Open Focus Group on NAMI Strategic Planning
9:00 a.m.–10:15 a.m.
Rampart
We want to hear from you! NAMI’s strategy consultant (Community Wealth Partners) is hosting three focus groups this week to better understand your perspective on NAMI’s current impact, ways to further our impact on the lives of people affected by mental illness, and the role that each part of the Alliance can play to achieve our collective vision. These focus groups are just one part of NAMI’s inclusive strategic planning process, which will conclude in June 2019 with a new 5-year strategic plan. There is no advanced preparation needed to participate in this session—please come with a willingness to openly share your thoughts and feedback. Participation is limited to the first 20 people. Please check the program for other focus group opportunities on Friday, 2:15 – 3:30 p.m. and Saturday, 5:00 – 6:00 p.m.
CBT Informed Care for Schizophrenia

3.50 CE hours
9:00 a.m.–12:30 p.m.
Grand Ballroom C – Research
This workshop will present cutting edge, evidence-based techniques for family caregivers to help improve communication and insight, deal with tough issues, and improve self-care and low motivation.

David Kingdon, M.D., Professor of Mental Health Care Delivery, University of Southampton, U.K.
Douglas Turkington, M.D., Professor of Psychosocial Psychiatry, Newcastle University, U.K.

Flash Sessions
0.50 CE hours per session
9:30 a.m.–3:00 p.m.
Exhibit Hall

Llama and Its Five Capacities as a Transformational Tool
9:30 a.m.–10:00 a.m.
Living Well with a Mental Health Condition
The llama makes NAMI’s resources more intuitive and approachable for the NAMI newcomer or outsider.

Matthew Gauen, Artist, NAMI Southwestern Illinois, Granite City, Ill.

Mental Health and Entrepreneurship
10:30 a.m.–11:00 a.m.
Living Well with a Mental Health Condition
This session will provide tips and tricks for managing the stressful demands of an entrepreneurial career while living with a mental health condition. It will also highlight methods for individuals to harness their creativity, perhaps a result of a mental health condition, in the pursuit of entrepreneurial activities.

Rima Reddy, Director, Corporate Partnerships, XRC Labs, New York, N.Y.

“Zip-a-Dee-Doo-Dah” Bluebirds High School Support Group

11:30 a.m.–12:00 p.m.
Young Adult
The Bluebirds are a high school support group that meets once a week for activities such as creating vision boards, walking dogs, skiing, carving pumpkins, and decorating cookies. This activity-based support group is an anonymous safe space for teens to come together and talk about their trials and tribulations.

Christina Cernansky, Executive Director, NAMI Wood River Valley, Bellevue, Idaho
Amber Leyba-Castle, NAMI Teen Intern, NAMI Wood River Valley, Ketchum, Idaho

Community-Academic Partnerships: How Mental Health Research and Program Development Benefits from Peer, Caregiver, and Community Co-Leadership

12:30 p.m.–1:00 p.m.
Research
Community-academic partnerships are powerful tools for enhancing the quality of health research and programs. Members of the NOLA Partnership for Mental Health will discuss the partnership’s goals and accomplishments in addressing mental health disparities, as well as how audience members can join or develop their own local partnerships.

Rubinee Simmasalam, Tulane School of Medicine, NOLA Partnership for Mental Health, New Orleans, La.
Jessie Smith, Tulane University School of Medicine, NOLA Partnership for Mental Health, New Orleans, La.
Benjamin Springgate, M.D., M.P.H., NOLA Partnership for Mental Health, New Orleans, La.
**My Story of Strength: Recovery from Schizophrenia and the Role of Peer Support**
1:30 p.m.–2:00 p.m.
Living Well with a Mental Health Condition
First-person accounts of recovery increase awareness and help reduce negative stigma and stereotypes. This session will also answer: “What is peer support, how does it work, and why is it important for recovery?”

Carlos A. Larrauri, M.S.N., ARNP, FNP-BC, Family Nurse Practitioner, NAMI Board of Directors, Miami, Fla.

**Female Veteran Suicide Crisis: Ways to Form the Right Connections**
2:30 p.m.–3:00 p.m.
Living Well with a Mental Health Condition
This presentation will provide innovative ways to reach female veterans and will include lessons learned, success stories, and practical ways that advocates can help support the women in their communities.

Alejandra Juan, Communications Director/Women Veterans Outreach Coordinator, Louisiana Department of Veterans Affairs, Denham Springs, La.

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**Moderators:**
Angela Kimball, National Director, Advocacy and Public Policy, NAMI, Arlington, Va.
Carlos Larrauri, M.S.N., ARNP, FNP-BC, NAMI Board of Directors, Miami, Fla.

**New NAMI Ending the Silence Presentation**
1.25 CE hours
10:45 a.m.–12:00 p.m.
Waterbury Ballroom
Experience the NAMI Ending the Silence for Students presentation that is offered throughout the country for middle and high school students. This presentation increases students’ knowledge about mental health and gives them information on how to seek help for themselves and others.

Mary Elizabeth “Tipper” Gore, Advocate, Artist, Philanthropist and Former Second Lady of the United States of America, will share why she is supporting the national roll-out of the presentation.

**Presenters:**
Lizlie White, NAMI Dallas, Dallas, Texas
Brooke Anderson, NAMI Dallas, Dallas, Texas

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**Re-Affiliation Brown Bag Lunch**
12:30 p.m.–1:30 p.m.
Orpheus
Bring your lunch and join the NAMI Field Advancement team for an opportunity to network with other NAMI leaders about NAMI Re-Affiliation.

**Author Showcase**
Edward (Ned) Hallowell, M.D., Child and Adult Psychiatrist
1.00 CE hours
12:30 p.m.–1:30 p.m.
Rhythms I
Dr. Hallowell is a *New York Times* best-selling author and leading ADHD expert. He will discuss his newly published memoir, *Because I Come from a Crazy Family: The Making of a Psychiatrist*, what it was like growing up...
in his wonderful, wildly different family and how that experience led him to become a Harvard-trained psychiatrist. The talk will include many stories, anecdotes and reflections and will also give the audience a chance to join in a lively discussion.

**Major Topic Symposia**

**1.25 CE hours**

**12:30 p.m.–1:45 p.m.**

**Integrated Permanent Supportive Housing: How Louisiana Made It Happen**

Grand Ballroom A/B – *Policy and Advocacy*

The lack of safe, affordable housing is a powerful barrier to recovery for people with mental illness. Permanent Supportive Housing (PSH) is an evidence-based practice providing decent, safe and affordable housing linked to voluntary, flexible services designed to meet peers’ needs and preferences. Since Hurricanes Katrina and Rita, Louisiana has developed 3,000+ PSH units for people with disabilities. Hear about the Louisiana program and resources available to housing authorities to expand your community’s affordable housing options.

**Lisa Sloane** (invited), Senior Policy Advisor, Housing Group, Technical Assistance Collaborative, Boston, Ma.

**Nicole Sweazy**, Executive Director, Louisiana Housing Authority, Baton Rouge, La.

**Robin Wagner**, Deputy Assistant Secretary, Office of Aging and Adult Services, Louisiana Department of Health, Baton Rouge, La.

**Moderator:**

**Andrew Sperling**, Director, Federal Legislative Advocacy, NAMI, Arlington, Va.

**Decriminalizing Mental Illness: Pathways to Partnerships and Collaboration**

Grand Ballroom D/E – *Policy and Advocacy*

In virtually every county in the U.S., people with mental illness are disproportionately represented in the criminal justice system. Finding solutions to this national tragedy requires more than just resources. It also requires strong collaboration across systems and levels of government. This symposium will feature presentations by leaders working to foster and support these kinds of collaborative partnerships at federal, state and local levels.

**Peter Garcia**, Judge, 22nd Judicial District Court for the Parishes of St. Tammany and Washington, La.

**Adrienne Kennedy**, M.A., NAMI Board of Directors, Austin, Texas

**Ruby Qazilbash**, Associate Deputy Director, Bureau of Justice Assistance, U.S. Department of Justice, Washington, D.C.

**Moderator:**

Research Updates
1.25 CE hours
2:15 p.m.–3:30 p.m.

What Are We Learning About Genetics and Mental Illness?
Grand Ballroom A/B
Over the past decade, advances in genetic research have given us a better picture of how genes, environment and their interplay contribute to mental health and illness. This update will discuss the role of genetics in mental illness, genetic tests and how you can contribute to research.

Jordan Wasserthell Smoller, M.D., Associate Chief for Research, Massachusetts General Hospital (MGH), Department of Psychiatry and Director, Psychiatric and Neurodevelopmental Genetics Unit, MGH Center of Genomic Medicine, Boston, Mass.

Technology, Google and Screening
Grand Ballroom D/E
Technology is rapidly changing the world. In this update, learn more about how the Internet has changed access to information about mental illness and treatment, the reliability of information and online screening tools, and if we can have a common language for depression.

Kenneth Duckworth, M.D., Medical Director, NAMI, Arlington, Va.

Recovery and Schizophrenia
Waterbury Ballroom
Recovery approaches in the United Kingdom and United States will be explored, including therapeutic recovery models, historical and current concepts and the potential for a robust evolution in behavioral health care.

Jackie Feldman, M.D., Professor Emerita, University of Alabama at Birmingham; NAMI, Associate Medical Director, Birmingham, Al.
David Kingdon, M.D., Professor of Mental Health Care Delivery, University of Southampton, U.K.
Douglas Turkington, M.D., Professor of Psychosocial Psychiatry, Newcastle University, U.K.

Workshops – Group D
1.25 CE hours
2:15 p.m.–3:30 p.m.

Bridges to Hope: Developing the Tools & Partnerships for Addressing Mental Health in Faith Communities
Bayside C – Diversity, Culture, Inclusion
NAMI Austin has developed a 3-hour introductory interfaith training to equip faith leaders with the education and support they need to address mental health within faith communities. This session will give an overview of this new initiative, tools for promoting partnerships with faith communities and ideas on how to engage faith communities.

Karen Ranus, Executive Director, NAMI Austin, Austin, Texas

Organ Recitals and Mind Games: Leaving a Legacy
Grand Couteau – Research
Brain tissue research may hold the key to understanding and treating brain disorders. Learn more about the value of organ donation and post mortem brain tissue, and how a person dealing with mental illness can leave behind a lasting legacy that will benefit others.

David Fleming, B.B.A., CEO, Donate Life America, Richmond, Va.
Michelle Freund, Ph.D., Scientific Program Coordinator, Office of Technology Development and Coordination, NIMH, Bethesda, Md.
Jim Hayes, M.D., President, NAMI South Carolina, Greer, S.C.

Rock to Recovery: Using Music Therapy with Non-Musicians to Improve Mental Health Outcomes
Proteus – Living Well with a Mental Health Condition
Rock to Recovery is an evidence-based music therapy program improving treatment outcomes for people with addiction and mental illness. The goal of this workshop is to enliven and empower those with mental illness and their caregivers to use music to engage
the brain, diminish symptoms/stress and improve brain function. Non-musicians will find immediate pleasure and results by engaging with music in creative ways. Please arrive early; participation in this workshop is limited and will be closed once maximum participation is reached.

Sonny Mayo, Professional Musician, Rock to Recovery, Blaine, Wash.
Constance Scharff, Ph.D., Advisory Board and Research, Rock to Recovery, Blaine, Wash.

There’s an App for That: Tips, Tricks and Tools to Ease the Transition Out of High School Bayside A – Young Adults
Attendees of this workshop will walk away with tips and tricks to help ease their transition out of high school. They will also gain an understanding of medication management, guardianships (and alternatives), self-care and receive a free app.

Rocky Nichols, Executive Director, Disability Rights Center of Kansas, Topeka, Kan.
Stephanie West-Potter, Communications & Outreach Director, Disability Rights Center of Kansas, Topeka, Kan.

Moderator:
C. Eric Harkness, President, NAMI Kansas, Topeka, Kan.

Turn Data into Dollars
Bayside B – NAMI Leadership Development
NAMI’s technology partner, DonorDrive, and the NAMIWalks team explore ways event data can lead to deeper engagement with participants and greater retention and revenue.

Kris Eschman, Manager, Fund Development & Events, NAMI, Arlington, Va.
Jim Richter, Strategic Account Manager, DonorDrive, Cincinnati, Ohio

NAMI Vision 2020: Open Focus Group on NAMI Strategic Planning
Rampart
We want to hear from you! NAMI’s strategy consultant (Community Wealth Partners) is hosting three focus groups this week to better understand your perspective on NAMI’s current impact, ways to further our impact on the lives of people affected by mental illness and the role that each part of the Alliance can play to achieve our collective vision. These focus groups are just one part of NAMI’s inclusive strategic planning process, which will conclude in June 2019 with a new 5-year strategic plan. There is no advanced preparation needed to participate in this session—please come with a willingness to openly share your thoughts and feedback. Participation is limited to the first 20 people. Please check the program for another focus group opportunity on Saturday, June 30 from 5:00 p.m.–6:00 p.m.

African American Special Interest Group
Rhythms II

NAMI Ask the Expert, Live
1.50 CE hours
4:00 p.m.–5:30 p.m.
Grand Ballroom C
Improving Mental Health Care Through Inclusion and Compassion: Lessons from the Field
Join us for the first in-person NAMI Ask the Expert panel presentation at a NAMI convention! You’ll hear presentations from an expert panel consisting of a health care administrator, a medical school professor, a person with a mental health condition and a family member. Each will share their unique role in ensuring that people seeking mental health treatment were treated with respect, dignity and equality as a member of the treatment team.

Experts:
Terrance “Terry” Bridges, Executive Chairman, SUN Behavioral, Franklin, Tenn.
Angelina Brown Hudson, Program Director, NAMI Greater Houston, Houston, Texas
Carlos A. Larrauri, M.S.N., ARNP, FNP-BC, Family Nurse Practitioner, NAMI Board of Directors, Miami, Fla.
Lisa Streyffeler, Ph.D., Assistant Professor and Chair of Behavioral Medicine, Medical Humanities & Bioethics, Des Moines University-College of Osteopathic Medicine, Des Moines, Iowa

Moderator:
Kenneth Duckworth, M.D., Medical Director, NAMI, Arlington, Va.
CIT at 30: Reflecting on the Past, Inspiration for the Future
4:30 p.m.–5:30 p.m.
Grand Ballroom A/B
Thirty years ago, the first CIT program was founded in Memphis, Tenn. With help from NAMI members, CIT has spread to more than 2,700 communities across the country. A panel of experts in policing and CIT will share success stories and explore sustainability and the future vision for CIT.

Sam Cochran, Major (ret.), CIT International, Bartlett, Tenn.
Lloyd Hale, Certified Peer Support Specialist, South Carolina Department of Mental Health, Charleston, S.C.
Ruby Qazilbash, Associate Deputy Director, Bureau of Justice Assistance, U.S. Department of Justice, Washington, D.C.

Moderator:
Ron Bruno, Founding Board Member and Second Vice President, Board of Directors, CIT International, Salt Lake City, Utah

Support Groups
4:00 p.m.–5:30 p.m.
Bayside B – NAMI Family Support Group
Bayside A – NAMI Connection Recovery Support Group
Bayside C – Loss Support Group
Support groups are opportunities for people to share common experiences in a non-judgmental environment. NAMI Family Support Groups are for people with loved ones with a mental health condition. NAMI Connection Recovery Support Groups are for people who identify as having a mental health condition. Loss Support Group is a specialty group that uses the NAMI Support Group model and is for people who have lost loved ones.

Beyond Silence Film, Followed by Panel Discussion
7:00 p.m.–8:00 p.m.
Waterbury Ballroom
Beyond Silence, a Be Vocal documentary, follows Jeff Fink, Lauren Burke and Lloyd Hale—three people whose lives have been transformed by speaking up for mental health. The film provides a glimpse into their lives and their diagnoses, ultimately weaving together a story about how speaking up is key to living well. Beyond Silence was created in collaboration with Executive Producer Demi Lovato, Director Shaul Schwarz and the Be Vocal partners, which include five leading mental health advocacy organizations and Sunovion Pharmaceuticals Inc. Watch and share Beyond Silence at BeVocalSpeakUp.com

Panelists:
Jeff Fink, Founder, Go Fetch Wellness, Atlanta, Ga.
Lauren Burke, CEO, CaseNotes Consultant, The Possible LAB, Northampton, MA
Lloyd Hale, Certified Peer Support Specialist, South Carolina Department of Mental Health, Charleston, S.C.

Moderator:

NAMI New Orleans 40th Anniversary Celebration
(requires purchased ticket)
7:00 p.m.–9:00 p.m.
Cruise the Mississippi River in celebration of NAMI New Orleans anniversary while enjoying live jazz music and savor complimentary New Orleans’ cuisine aboard the Creole Queen, an authentic paddlewheeler boat. Purchase your tickets at Registration—while they last!
2018 NAMI National Convention Program

Saturday, June 30

Sunrise Walk with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of New Orleans, led by the NAMIWalks team.

Interfaith Prayer and Share Services
7:30 a.m.–8:30 a.m.
Rhythms I
This participatory gathering allows us to slow down, reflect and meet others on the faith journey. We invite you to contribute from your own faith tradition with silence, a song, a prayer, a reading or words of help. Moments of Remembrance will honor friends and loved ones in a safe and sacred space. The service is easy to plan and can be replicated in your own organization.

Research Plenary
1.50 CE hours
9:00 a.m.–10:30 a.m.
Grand Ballroom
What’s Next at the National Institute on Mental Health
Joshua Gordon, M.D., Ph.D., Director of the National Institute of Mental Health, will provide an overview of challenges and opportunities in mental health research. Dr. Gordon will present emerging approaches and technologies, and future directions for this multidisciplinary field. In this era of unprecedented opportunity, Dr. Gordon will highlight the importance of cross-disciplinary, integrative approaches to address the vast complexities associated with mental illnesses as we move closer to our goal of finding effective treatments and therapies.

Joshua Gordon, M.D., Ph.D., Director, National Institute of Mental Health, Bethesda, Md.

NAMI In Our Own Voice Presentation
9:00 a.m.–10:15 a.m.
Rhythms II
Experience the revamped NAMI In Our Own Voice presentation, which changes attitudes, assumptions and stereotypes about people with mental health conditions. Join the presenters as they share their personal perspective on mental illness.

Outstanding NAMI Member Award, presented to Jessica Gruneich
Lionel Aldridge Champions Award, presented to John Freeburg

Presenter:
Stephanie Kauffman, NAMI New Orleans, New Orleans, La.
NAMI Annual Business Meeting
10:45 a.m.–12:00 p.m.
Grand Ballroom
The business meeting allows us to celebrate, honor and commend the hard work and leadership of some of the many NAMI “superstars.” We will introduce the NAMI Board of Directors, announce the results of the 2017 Board of Directors election and review the annual reports from the President and Treasurer of the Board. Hear from NAMI CEO Mary Giliberti and Board President Steve Pitman.

Award Presentations:
Outstanding Friend of NAMI Award, presented to Navigant
NAMI Multicultural Outreach Award, presented to AJ Mendez
NAMI Young Leader Award, presented to Eleni Gogos
Rona and Ken Purdy Award to End Discrimination, presented to Sue Abderholden
Outstanding NAMI State Organization Award, presented to NAMI Texas
Outstanding NAMI Affiliate Award, presented to NAMI Juneau

Information, Support and Education Institute
1.00 CE hours
2:00 p.m.–3:00 p.m.
Grand Ballroom D/E
NAMI provides information, support and education services that inspire hope and healing for communities affected by mental health conditions. Join us as we celebrate NAMI programs and support services, and learn more about current projects and plans for the future. We will recognize new inductees into the NAMI Education Hall of Fame. Attendees will hear a motivational message from the 2017 NAMI Education Inspiration Award recipient.

Teri Brister, Director, Information & Support, NAMI, Arlington, Va.
Ken Duckworth, Medical Director, NAMI, Arlington, Va.
Karen Gerndt, Director, National Education Programs, NAMI, Arlington, Va.

Award Presentation:
Joyce Burland Inspiration Award, presented to Susan Norwood, NAMI New Orleans

Author Showcase
1.00 CE hours
12:30 p.m.–1:30 p.m.
Rhythms I
Alisa Roth, Author, Journalist
Alisa will be discussing her book, Insane: America’s Criminal Treatment of Mental Illness, and her yearlong investigation into the growing role of jails and prisons as our default mental health care system. Alisa’s work has been broadcast on Marketplace and NPR; her stories have also appeared in The New York Times, The New York Review of Books and other publications.

Major Topic Symposium:
Federal Legislative Briefing and Update on Policy Priorities
1.00 CE hours
2:00 p.m.–3:00 p.m.
Grand Ballroom A/B – Policy and Advocacy
Learn about NAMI’s federal legislative agenda and the status of policy issues before Congress and the Trump Administration that impact people with mental illness. Hear updates on NAMI’s policy priorities like access to mental health care, including Medicare and Medicaid proposals that may impact children and adults with mental health conditions, and the funding outlook for critical research, criminal justice, housing and veterans’ programs.

Andrew Sperling, Director, Legislative Affairs, NAMI, Arlington, Va.
Workshops – Group E
1.25 CE hours
3:30 p.m.–4:45 p.m.

How NAMIWalks Can Change Your Community
Bayside C – NAMI Leadership Development
The NAMIWalks program offers NAMI State Organizations and NAMI Affiliates unlimited opportunity to raise funds, create partnerships and build awareness. The benefits of being part of the national program can be tremendous: providing a branded model, network of support and fundraising expertise to increase revenue and deepen engagement. The National NAMIWalks Team will co-present with a first-time Walk Manager, whose inaugural 2017 Walk exceeded its goal and helped save a vital program in their community.

Stacy Gilmore, Director of Development and Communications, NAMI St. Tammany, Mandeville, La.
Darcey Mamone, Manager, Fund Development and Events, NAMI, Arlington, Va.

Setting the Record Straight on HIPAA and Confidentiality
Rhythms III – Policy and Advocacy
HIPAA (the federal health privacy rule) is both misunderstood and the subject of heated debate. Using vignettes for purposes of discussion, this workshop will provide an overview of HIPAA, with specific focus on identifying gaps between what the rule says and how it is frequently misinterpreted. Suggestions will be provided for achieving a balance between protecting individual privacy and permitting sharing of limited information to enhance quality of care and caregiving.

Ron Honberg, Senior Policy Advisor, NAMI, Arlington, Va.

Pursuing Progress: Expanding Team-Based Care for Early Psychosis
Grand Couteau – Supporting the Recovery of Another, Living Well with a Mental Health Condition
When a young person first experiences psychosis, early identification and treatment can help them get their lives back on track. Come learn about coordinated specialty care (CSC), a patient-centered, team-based approach, and how it helps young people get back to school and work and on the road to recovery. This session will discuss the core services included in CSC, how it impacts young lives and successful strategies to expand access to these vital programs.

Brittany Dayton, Peer Recovery Support Specialist, Coleman Professional Services / Best Practices in Schizophrenia Treatment Center, Department of Psychiatry, Northeast Ohio Medical University, Rootstown, Ohio
Greg Hansch, L.M.S.W., Public Policy Director, NAMI Texas, Austin, Texas
Danelle Hupp, Ph.D., Clinical Psychologist, Managing Consultant and Trainer, Best Practices in Schizophrenia Treatment Center, Department of Psychiatry, Northeast Ohio Medical University, Rootstown, Ohio
David Spradley, R.N., B.S.N., Research Nurse, Indiana University Department of Psychiatry Psychotic Disorders Program, Indianapolis, Ind.

Moderator:
Hannah Wesolowski, Director, Field Advocacy, NAMI, Arlington, Va.

Expanding Our Reach: NAMI’s Community Partnerships
Bayside A – NAMI Leadership Development
Come learn how to take advantage of NAMI’s partnerships with Alpha Kappa Alpha, Jack and Jill and HOSA. All NAMI organizations have the opportunity to work with the local chapters of these organizations to increase awareness, expand their reach and fundraise. The goal of this session is to explain each partnership in detail, share strategies to maximize the benefits of these partnerships and highlight successful stories from the field.

Majose Carrasco, Senior Manager, NAMI, Arlington, Va.
National Education Spanish Program
Updates, Networking and Feedback
Bayside B – NAMI Programs
Through outreach, NAMI’s national education programs can better reach Spanish-speaking communities. This session will equip leaders with skills and knowledge to make outreach efforts impactful and serve as an opportunity to share feedback on communities’ specific needs and challenges.

Anais Nin, Project Specialist, Spanish Editor, NAMI, Arlington, Va.

Engaging Families through the New NAMI Family & Friends Seminar
Rhythms II – NAMI Programs
If your affiliate has course waiting lists or you’d like to publicize NAMI, the NAMI Family & Friends Seminar may help! The program is intended to inform and support families until they can attend a class. Participants learn about mental health, treatment, recovery, communication strategies, crisis preparation and NAMI resources. See a sample of the 4-hour seminar and learn about funding opportunities that can help you launch NAMI Family & Friends in your community.

Suzanne Robinson, Assistant Director, National Education Programs, NAMI, Arlington, Va.

Mental Illness and Financial Wellness
Nottoway – Living Well with a Mental Health Condition
Participants will learn how living with a mental health condition affects various aspects of their finances and how to create a budget. The session will discuss the pitfalls of obtaining and maintaining credit card debt, what rights people living with mental health conditions have and resources that can help manage finances and pay off debt.

Jill Cochones, Manager, NAMI HelpLine, Arlington, Va.

Evolution of a Dream Team: How NAMI Iowa and Des Moines University Partnered to Enhance the Training of Medical Students
Proteus – NAMI Leadership Development
This session will showcase the importance of NAMI State Organizations and NAMI Affiliates engaging with universities in their communities, listening to what they need for their students and creatively considering the NAMI resources available that can meet those needs.

Teri Brister, Director, Information & Support, NAMI, Arlington, Va.
Peggy Huppert, Executive Director, NAMI Iowa, West Des Moines, Iowa
Lisa Streyffeler, Assistant Professor and Chair, Department of Behavioral Medicine, Medical Humanities & Bioethics, Des Moines University, Des Moines, Iowa

Turnkey Successes Within Reach: Affiliate Building with Signature Programs
Rhythms I – NAMI Leadership Development
From a quick introduction of Signature Programs to in-depth looks at how to introduce, conduct outreach, build community partnerships, develop infrastructure and ensure stability and expansion, this presentation will detail the practical steps involved in launching and growing NAMI Signature Programs. This presentation will include practical discussion about managing costs, aligning resources and developing community support.

Karen Ranus, Executive Director, NAMI Austin, Austin, Texas

Moderator:
Karen Gerndt, Director, National Education Programs, NAMI, Arlington, Va.
Creating Positive Change Through Storytelling
Grand Chenier – Living Well with a Mental Health Condition, Supporting the Recovery of Another

Our unique personal experiences can create powerful positive change at a personal and community level. NAMI has created a free online tool to help people share their stories in a way that empowers the storyteller and can change their beliefs about mental health. Whether you want to share your story or encourage others to share theirs, this tool will help you reach social networks, community groups, lawmakers and other influencers.

Julie Erickson, Senior Program Manager, NAMI, Arlington, Va.

FaithNet Special Interest Session
Zulu

Come learn what other NAMI leaders and members are doing to promote the role of faith communities as partners in mental health advocacy, education and support. NAMI FaithNet facilitates the development of a non-threatening, supportive environment within the faith community and encourages advocacy of the faith community to bring about hope and help for all who are affected by mental illness.

Therapy Dogs: Bringing Love and Leaving Smiles
5:00 p.m.–6:00 p.m.
Napoleon Ballroom

Convention attendees will have the opportunity to visit with therapy dogs and volunteers from the Visiting Pet Program, New Orleans’ oldest and largest animal assisted therapy program. These volunteers live up to their motto of “Bringing Love and Leaving Smiles” with every visit they make! Winners of the prestigious Dorothy Dorsett Brown Humanitarian Award, the 100 pets and handlers of the Visiting Pet Program currently visit 20 nursing homes and hospitals in Orleans, Jefferson and St. Tammany parishes. The Visiting Pet Program also provides a literacy project, Reading to Rover, to area libraries.

NAMI Vision 2020: Open Focus Group on NAMI Strategic Planning
5:00 p.m.–6:00 p.m.
Rampart

We want to hear from you! NAMI’s strategy consultant (Community Wealth Partners) is hosting three focus groups this week to better understand your perspective on NAMI’s current impact, ways to further our impact on the lives of people affected by mental illness, and the role that each part of the Alliance can play to achieve our collective vision. These focus groups are just one part of NAMI’s inclusive strategic planning process that will conclude in June 2019 with a new 5-year strategic plan. There is no advance preparation needed to participate in this session—please come with a willingness to openly share your thoughts and feedback. Participation is limited to the first 20 people.

NAMI Celebration and Awards Banquet
7:00 p.m.–9:00 p.m.
Grand Ballroom

Join us for a joyful evening to celebrate and close out the 2018 NAMI National Convention. Reflect on the achievements of the past year, draw on new energy generated by the convention, and enjoy comedy and a personal message from Adam Grabowski, national campus entertainment hit and “America’s Got Talent” finalist.

Award Presentations:
Sam Cochran Criminal Justice Award, presented to the Honorable Peter Garcia, Judge, 22nd Judicial District Court for the Parishes of St. Tammany and Washington, Louisiana
NAMI Distinguished Service Award, presented to Mary Elizabeth “Tipper” Gore, Advocate, Artist and Philanthropist
Thank you for your commitment and continued efforts towards increasing mental health understanding and awareness in the community.

Neurocrine Biosciences is proud to support NAMI

GOING AFTER CURES ISN’T FOR THE FAINT OF HEART.

PhRMA is a proud supporter of the 2018 NAMI National Convention.

Welcome to the future of medicine. For all of us.

Pediatric Behavioral and Mental Health Specialty

Preparing advanced practice nurses to deliver behavioral and mental health services to children and adolescents across the country.

Duke University School of Nursing

nursing.duke.edu
CONTINUING EDUCATION CONTACT HOURS
NAMI is approved by the California Board of Registered Nursing, the Minnesota Board of Social Work and the National Board for Certified Counselors to offer contact hours. Sessions with CE contact hours are marked in the program with the following icon: 1.25 CE hours. Please see the program insert for session specifically approved by NBCC. Keep track of which sessions you attend so you have the information necessary to complete your application. Participants are responsible for verifying with their own respective state board/agencies that the CEs offered at the convention through accreditation are accepted in their home states. Please note the following:

- There is a $20 fee to apply for credits.
- You must apply for credit at the CE Desk on-site at the convention, within 24 hours after the session, so we can verify session attendance.
- To pick up your application, visit CE check-in by the NAMI Information Desk.

WI-FI INTERNET ACCESS
To connect to the internet, please select the wireless access point: NAMI 18
Open a web browser; you will then be directed to a webpage for login.
Once connected, enter the assigned Passcode to login.
Passcode: nami2018
Keep your Passcode confidential.

For assistance call 504-415-4773 PSAV

BE SOCIAL AND BE PART OF THE CONVERSATION: #NAMICON18
Share your convention experience on Facebook, Twitter, Instagram and the NAMI Convention app on Guidebook. Tweet quotes and takeaways during sessions. Take photos and short videos. Post to social media with our hashtag #NAMICON18.

CONVENTION PLANNING MADE EASY
Download the NAMI Convention app by visiting the App Store and searching and downloading “Guidebook,” then “NAMI 2018 National Convention” within the app to get the full convention experience, including:

- Review detailed workshop descriptions with presenters and CE information
- Create a customized schedule
- Connect with other attendees
- Plan your trip to the exhibit hall
- Get the latest updates, reminders and schedule changes
- Offer feedback on workshops using the in-app evaluations
DO’S AND DON’TS

• Do download the convention mobile app on your cellphone (see pg. 39) to follow the program and get the most recent info on highlights and changes.
• Do turn cellphones to vibrate or mute when attending a session as a courtesy to fellow attendees and speakers.
• Do wear your name badge at all times. It is required for entrance into the exhibit hall and sessions.
• Do pick up ribbons for your name badge at the NAMI Information Desk.
• Do ask before you pet a working service dog.
• Do always keep your working service dog on a leash and under your control.
• Do check the message board in the NAMI registration area. Messages for attendees can be posted here, and any last-minute programming changes will be listed.
• Do use #NAMICon18 on social media to tweet and talk about the convention.
• Do ask for assistance if needed. NAMI staff and volunteers, as well as hotel staff, are available to help.
• Do visit the NAMI Bookstore in the exhibit hall.
• Do donate your NAMI Celebration & Awards Banquet ticket at the NAMI Registration Desk if you will not be using it; this will make it available to a volunteer working at the convention.
• Do not smoke at any convention event or in any public areas of the Sheraton New Orleans. Smoking is permitted only outside the hotel building.
• Do not take reserved seats at the front of the room during the plenary sessions. These are reserved for sight-impaired, deaf and hard-of-hearing attendees.

DINNER TICKET
All full convention registrants received a ticket for Saturday night’s NAMI Celebration & Awards Banquet with their registration materials. For those not registered for the full convention, tickets for the NAMI Celebration & Awards Banquet must be purchased for $80 at the NAMI Registration Desk.

NAMI RESOURCES
Resources about NAMI services, policy issues, NAMIWalks, educational programs and all things NAMI are available at www.nami.org.

PHOTOGRAPHY AND VIDEOGRAPHY
Film and photography efforts may be ongoing during the convention. Consequently, attendees may be featured in NAMI-related motion picture footage, still photographs or sound recordings for art, advertising, trade or other lawful purposes. By attending the convention, you grant NAMI the right to use such multimedia in print, electronic or other media and waive any right to inspect or approve such multimedia.

SERVICES FOR PEOPLE WITH MENTAL ILLNESS
NAMI welcomes people with mental illness attending the convention and offers several special services for them. People with mental illness are encouraged to visit the Welcome Center, located in the Maurepas Room on the third floor. The Welcome Center offers an opportunity to relax and talk with others; peer counselors will be available to assist if needed. Prescriptions can be arranged through the Welcome Center. NAMI is grateful for the support of Beacon Health Options for making the Welcome Center a part of the convention. For opening hours, see page 8.
TIPS FOR PLANNING YOUR PERSONAL CONVENTION SCHEDULE

- Review the program schedule carefully and plan your personal schedule. You will not be able to attend everything.
- Devise a schedule as a group to cover as many sessions as possible.
- Be sure to schedule breaks and rest periods for yourself.
- Purchase audio recordings of the sessions you were not able to attend.
- Attend the Convention Orientation on Wednesday at 4:00 p.m., especially if you are a first-time attendee.
- To apply for CEs, you will need to visit the CE check-in next to the NAMI Information Desk each day to get your credits approved. Mark your attendance on your program so you can remember which sessions you attended.

DINING OUT
New Orleans has world famous cuisine. Visit the NAMI Information Desk or the hotel concierge for tips on where to dine out.

LOST AND FOUND
Lose something? The NAMI Information Desk and hotel security serve as the lost-and-found.

AUDIO RECORDINGS OF CONVENTION SESSIONS
Nearly all sessions will be recorded and available on CD. An order form is included in the registration packet, or individuals may stop by the VW Tape Sales Desk. These audio recordings are an excellent way to share the convention with NAMI State Organization and Affiliate members who were not able to attend.

PARTICIPATION STATEMENT
Admittance to all NAMI convention areas, sessions, workshops and the exhibit hall is limited to registered attendees with convention badges. Admittance to ticketed luncheons and dinners is limited to attendees with tickets. The NAMI convention is a private event and organizers have the right to admit or deny entrance.

SAFETY INFORMATION FOR ATTENDEES
For everyone’s safety and enjoyment, please be aware of your surroundings. If you are experiencing distress or you observe another person in distress, please see a NAMI staff member or visit the Welcome Center for support. NAMI is committed to helping attendees receive appropriate and timely assistance.
Awards

NAMI proudly honors the following individuals and organizations for their outstanding work and commitment to our movement.

DISTINGUISHED SERVICE AWARD
Mary Elizabeth “Tipper” Gore, former Second Lady of the United States

The Distinguished Service Award recognizes exceptional efforts to further NAMI’s goal of improving the lives of people with mental illness. NAMI is proud to recognize Tipper Gore with the 2018 NAMI Distinguished Service Award.

Ms. Gore is a major national philanthropist with more than 30 years of committed interest in mental health advocacy. In 2017, with a generous gift of $1 million to NAMI, Ms. Gore invested in the nationwide expansion of the NAMI Ending the Silence (ETS) program. This expansion will have a lasting impact on the lives of young people. ETS is a mental health awareness program that supports youth through an engaging presentation that’s offered to students, school staff and families. Audiences are informed about the warning signs of mental health conditions, what to do if a loved one shows symptoms and most importantly, that no one is alone. The gift will enable NAMI State Organizations and NAMI Affiliates to bring ETS to their communities and in turn, help young people get critical information about mental illness and learn how to join the movement to end stigma.

Ms. Gore understands the importance of NAMI’s mission. “I’ve worked for decades to help Americans with mental illness, and I am thrilled to be working with NAMI to end the silence and help our children understand they are not alone, and to learn how to ask for the help they need,” said Ms. Gore. “Mental illness is a public health crisis in the United States. Too many people—especially young adults—live undiagnosed, untreated and unable to reach their full potential. Armed with knowledge and understanding, and having open and honest communications can help everyone know there is no shame in needing help. It is empowering to ask for help.”

This award will be presented at the NAMI Celebration and Awards Banquet on Saturday, June 30.

LIONEL ALDRIDGE CHAMPIONS AWARD
John Freeburg
(posthumously) by NAMI Washington

The Lionel Aldridge Champions Award recognizes an individual with mental illness who exhibits courage, leadership and service on behalf of all people with mental illness. NAMI proudly recognizes John Freeburg, a former NAMI Kitsap President, who served on the Board of NAMI Washington and as Consumer Council representative.

John Freeburg passed away in September 2017 after long and distinguished service to NAMI and people with mental illness. Nominated on behalf of NAMI Washington, NAMI Kitsap and members of the broader community, John is being recognized posthumously for his courage, leadership and contributions.

John fought stigma every day, sharing his story of living with schizophrenia and the impact it had on his life including involuntary hospitalizations and homelessness. The holder of two graduate degrees, John challenged people to address their internalized prejudices about people living with serious mental health conditions. John’s involvement reached into the community, where he volunteered for eight years with the Kitsap Dispute Resolution Center on their Quality Review Team and was chair for four years before becoming a staff member in 2017. He also raised awareness in his faith community and served as a Certified State Peer Counselor.

This award will be presented during the NAMI In Our Own Voice presentation on Saturday, June 30.
OUTSTANDING FRIEND OF NAMI AWARD

Navigant

The Outstanding Friend of NAMI Award recognizes a person, company or organization that strives to further its mission to improve the lives of people affected by mental illness. NAMI is pleased to present the 2018 Outstanding Friend of NAMI award to Navigant.

Navigant is a global professional services and consulting firm that works with its clients to develop strategies, operations and business processes that helps them reach their goals. Navigant is also committed to being a responsible corporate citizen and reaches out to help address the needs of communities and nonprofits.

In 2017, Navigant designated NAMI as a pro bono client and has since been providing valuable consultation on our strategic planning and development efforts. Navigant’s commitment to NAMI has allowed us to tap into their experience and expertise at high levels and use that knowledge to benefit all levels of NAMI.

This award will be presented during the Annual Business Meeting on Saturday, June 30.

MULTICULTURAL OUTREACH AWARD

AJ Mendez

The Multicultural Outreach Award honors effective efforts to ensure that diversity and inclusion are high priorities within NAMI. NAMI proudly recognizes AJ Mendez, NAMI Ambassador, Author and WWE Superstar.

AJ Mendez uses her platform and unique persona to encourage understanding and dialogue around mental health, especially among Latina youth. In her bestselling book, Crazy is My Superpower, and following national book tour, AJ spoke up about the challenges unique to Latino and economically challenged youth. She continues to use her book and public platform to share her own experiences with bipolar disorder and those of her family members with mental health conditions.

She is a fresh, unique champion for the Latino community and beyond. AJ also proudly participated in NAMI New Jersey’s conference and NAMIWalks in 2018. She is a beacon of hope and an inspiration, a Latina champion and a NAMI Ambassador who continues to make mental health her life’s work.

This award will be presented during the Annual Business Meeting on Saturday, June 30.
OUTSTANDING NAMI MEMBER AWARD
Jessica Gruneich
The Outstanding NAMI Member Award is the highest honor given by NAMI to a member in recognition of his or her long and effective work toward accomplishing NAMI’s goals. This year, NAMI proudly recognizes Jessica Gruneich.

Jessica exemplifies a passion and commitment to helping others affected by mental illness. She has helped increase the number of NAMI programs in the community and is always available to help families and people with mental health conditions.

Professionally, Jessica works as an attorney and frequently helps people with mental illness avoid jail by using the county’s mental health courts.

This award will be presented during the NAMI In Our Own Voice presentation on Saturday, June 30.

RONA AND KEN PURDY AWARD TO END DISCRIMINATION
Sue Abderholden
The Rona and Ken Purdy Award honors an individual or organization that has done significant work in raising public awareness of mental illness and reducing stigma. NAMI proudly recognizes Sue Abderholden as this year’s recipient.

Sue Abderholden is a passionate advocate whose tireless efforts have increased awareness of mental illness in Minnesota and nationwide. Under her leadership as Executive Director of NAMI Minnesota, Sue has grown and strengthened programs, affiliates and the overall organization. Her work established NAMI Minnesota’s thriving statewide presence and extended reach, with a positive impact on individuals, families, communities and the mental health system.

Sue’s leadership and commitment to NAMI’s mission extend well beyond Minnesota. She has served as a past chair of the NAMI Executive Director’s Leadership Council and participated in NAMI board meetings in that capacity. Recently, Sue stepped up to fill a leadership void and served as vice chair to the council.

Using her extensive talent and knowledge, Sue frequently serves as a mentor to new NAMI executive directors and is considered by some a role model for her meaningful work to improve the lives of people affected by mental illness.

This award will be presented at the NAMI Celebration and Awards Banquet on Saturday, June 30.

SAM COCHRAN CRIMINAL JUSTICE AWARD
Judge Peter J. Garcia
This award, named after the founder of the Crisis Intervention Team (CIT) training program, recognizes outstanding work in the criminal justice system to deal fairly and humanely with people with mental illness. NAMI proudly recognizes Judge Peter J. Garcia, District Judge for Division “D” of the 22nd Judicial District Court of the State of Louisiana.

Judge Garcia has advocated for the needs of individuals in our community with mental illness for many years. In the criminal justice system, Judge Garcia worked to establish the Behavioral Health Court in 2011 to address the needs of people with mental illnesses involved in the criminal justice system. In the community, Judge Garcia served in leadership roles for NAMI St. Tammany and uses his platform to speak at numerous events to promote awareness.

Judge Garcia was also recognized by NAMI Louisiana with the Criminal Justice Award in 2014. In 2015, he was further recognized for his contributions from the 22nd JDC District Attorney during National Recovery Month for his work on behalf of people with mental illness in the criminal justice system.

This award will be presented at the NAMI Celebration and Awards Banquet on Saturday, June 30.
YOUNG LEADER AWARD
Eleni Gogos
NAMI’s Young Leader Award recognizes a young adult between the ages of 16 and 30 who exhibits exceptional leadership, increases resiliency, promotes recovery and works to ensure that young people with mental illness live a full life in the community. NAMI proudly recognizes Eleni Gogos from Rochester, New York.

An outstanding young adult, Eleni has discovered her passion as an advocate for recovery and mental health. She is dedicated to educating people on mental health issues and has raised awareness of depression, anxiety and suicide in her own social networks of friends and family, as well as with those who don’t know her personally. Eleni is a NAMI Ending the Silence presenter and is very involved in the NAMI New York State young adult network. She is also passionate about suicide prevention and volunteers for the American Foundation for Suicide Prevention, the Monroe County Suicide Prevention Coalition, Suicide Awareness groups in Rochester and on college campuses. This year she is an event coordinator for the 1st Annual Suicide Prevention Gala at the Rochester Institute of Technology.

Eleni frequently speaks about the importance of mental health and has been involved in NAMI New York State conferences, Legislative Advocacy Day and others.

This award will be presented at the Annual Business Meeting on Saturday, June 30.

KEN STEELE AWARD
Leah Thedford
The Ken Steele award recognizes outstanding contributions by an individual with mental illness to improve quality of life, increase empowerment and promote integration and inclusion for his or her peers. The NAMI Peer Leadership Council proudly recognizes Leah Thedford.

An active consumer advocate at the local, state and national levels, Leah leads and instills hope in her peers and works with a diverse population. Leah serves as the NAMI Peer Leadership Council Chair. She has been trained in NAMI Connection and has facilitated a weekly Connection Support Group since 2009. She has also been trained in NAMI Smarts and has advocated for state legislation for her peers. She also has served on the board of her NAMI Affiliate since 2010 and on the Peer Leadership Council since 2014. Leah’s devotion to helping peers through recovery is clear, from her visits to a local hospital to being the liaison to NAMI programs, making her an outstanding recipient of this year’s award.

This award will be presented at the Peer Leadership Council Business Meeting on Wednesday, June 27.

JOYCE BURLAND INSPIRATION AWARD
Susan Norwood
The Joyce Burland Inspiration Award is given to an exemplary NAMI program director or program leader who demonstrates creativity, dedication and resourcefulness to expand the NAMI programs he or she oversees. NAMI proudly recognizes Susan Norwood, who is a shining example of someone who used the impact mental illness had on her family to create long-lasting change.

Susan is a mediator, consultant and trainer, active in educational and community settings, having spent her early career as a school counselor and administrator. She promotes constructive conflict resolution throughout Greater New Orleans, including peer mediation and restorative discipline programs in schools. Once Susan volunteered with NAMI New Orleans, she began providing hope, help and healing to another group of people: the families of those struggling with mental illness. As soon as possible, Susan became a NAMI Family-to-Family teacher and Family Support Group facilitator. For over five years, she has facilitated monthly support groups and has led seven Family-to-Family classes. She now provides the support and understanding to other family members that she always longed for. She empowers people, showing them the strength within themselves and making them realize they too have the power to help others.

As a NAMI New Orleans Board Member and current Vice President, Susan fearlessly leads the charge to provide hope, help and healing to more families and individuals impacted by mental illness. Whether recruiting volunteers, calling and making trips to the Louisiana Legislature or finding ways to reach more people, Susan Norwood is an inspiration to all NAMI New Orleans members, volunteers and staff.

This award will be presented at the Information, Support and Education Institute on Saturday, June 30.
OUTSTANDING NAMI AFFILIATE AWARD

NAMI Juneau

The Outstanding NAMI Affiliate Award is given in recognition of exceptional efforts at the local level to carry out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI is proud to present NAMI Juneau with the Outstanding NAMI Affiliate Award.

NAMI Juneau has demonstrated excellence in many key areas, with exceptional accomplishments made in education, advocacy and outreach. NAMI Juneau has doubled its program offerings in the last three years, adding NAMI Basics, NAMI Peer-to-Peer, NAMI Connection and the NAMI Family and Friends Seminar. As a NAMI Affiliate located in the state capital, NAMI Juneau hosted a statewide affiliate gathering to canvas state legislators and set up a central advocacy list service for all affiliates in Alaska. NAMI Juneau is also spearheading a teleconference effort with other Alaska affiliates, where people can call in from isolated communities around the state for education and support. NAMI Juneau was re-affiliated by the NAMI Board of Directors in September 2017.

This award will be presented at the NAMI Annual Business Meeting on Saturday, June 30.

OUTSTANDING NAMI STATE ORGANIZATION AWARD

NAMI Texas

The Outstanding NAMI State Organization Award recognizes exceptional efforts by a state to carry out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI is proud to recognize NAMI Texas.

During 2017, NAMI Texas focused on two key areas: increasing the availability of NAMI education programs and providing assistance to help affiliates complete re-affiliation with NAMI. With education programs, NAMI Texas increased the number of program trainers from 653 to 850, held 48 trainings and added 472 new teachers, facilitators and presenters. This brought the total number of education program trainers and teachers to 1,386! NAMI Texas also reached their re-affiliation goal of helping 50% of the NAMI Affiliates in Texas complete the re-affiliation process. Because of the great work they do, community leaders count on NAMI Texas to provide education, information and resources on mental health issues.

This award will be presented at the NAMI Annual Business Meeting on Saturday, June 30.
Please join us at the Welcome Center and visit us in the exhibit hall at Booth 301.

Learn more at: beaconhealthoptions.com
EXHIBITORS

NAMI thanks all convention exhibitors, whose contributions and efforts support the NAMI movement. Convention attendees are encouraged to visit the exhibit hall, located in the Napoleon Ballroom.

202
Alkermes
Waltham, Mass.
Alkermes.com
Alkermes is a fully integrated biopharmaceutical company that applies its scientific expertise to develop innovative medicines designed to help patients with serious, chronic conditions better manage their disease.

200
Anthem, Inc
Washington, D.C.
antheminc.com
Anthem, Inc. is the nation’s leading provider of health care solutions for state-sponsored programs. Currently operating in 21 states, we serve more than 6 million people in Medicaid and other state-sponsored programs through local affiliate health plans.

405
Averte
Bradford, Vt.
Averte.com
Averte (Formerly known as Merry Meadow Farm) is a licensed Therapeutic Community Residence helping adults with mental illness change the trajectory of their lives. They help develop cognitive, emotional and physical resilience while providing an environment of health, wellness and community.

401
Allsup
Belleville, Ill.
Expert.TrueHelp.com
Allsup provides Social Security Disability Insurance representation. We’ve helped more than 300,000 people nationwide receive their disability benefits. From application to hearing, our overall 96% success rate for those who complete the process with us far exceeds the national average of those applying without professional representation.

502
Ask the Psychiatric Pharmacist
Psychiatric pharmacists are available at the NAMI National Convention to answer your questions on your medications including your options, how the medications support your therapy goals and how to best take your medications. Psychiatric pharmacists are at NAMI courtesy of the College of Psychiatric and Neurologic Pharmacists, an association of pharmacist members focused on improving the lives of those living with mental illness.

312
Banyan Treatment Center
Pompano Beach, Fla.
banyantreatmentcenter.com
Banyan Treatment Center is Joint Commissioned Accredited and stands as a leader in the treatment industry providing quality drug addiction and mental health services. We have seven locations across the country including Pennsylvania, Massachusetts, Illinois and Florida.
301
**Beacon Health Options**  
**Norfolk, Va.**  
beaconhealthoptions.com

Beacon is a behavioral health management company serving 40 million people. As a national leader in mental health/substance use disorder services and pioneer of the peer support model, we are committed to helping our members access quality care, improve their emotional well-being and reduce stigma on their journey to recovery.

115
**Boys Town**  
**Boys Town, Neb.**  
boystownhospital.org

Boys Town’s Education Model puts research-proven methods to work in a variety of educational settings. It gives classroom teachers, administrators and support staff the tools to implement a system-wide approach to creating and encouraging respectful staff-student relationships by changing the way schools address student behavior.

113
**Boys Town National Research Hospital**  
**Boys Town, Neb.**  
boystownhospital.org

The Boys Town Residential Treatment Center is designed to offer medically directed care for more seriously troubled youth who require supervision, safety and therapy but do not require inpatient psychiatric care. The program offers around-the-clock supervision, locked facilities and numerous other safety and program features.

410
**The Brett Thomas Doussan Foundation**  
**New Orleans, La.**  
btdfoundation.org

We raise mental health awareness through advocacy, education and music. We assist the Behavioral Health Unit of Children’s Hospital, NAMI New Orleans, mental health services of the New Orleans Musicians’ Clinic, local chapters of AFSP and Loyola University’s Music Therapy scholarship program.

305
**bp Magazine & esperanza**  
**Buffalo, N.Y.**  
bphope.com hopetocope.com

*bp Magazine & esperanza* are award-winning quarterly magazines that empower people living with bipolar disorder, anxiety and depression. Both publications deliver cutting-edge research and news that are packed with in-depth features and first-hand accounts of celebrities and “everyday heroes” striving towards their own recovery.

506
**CaseNotes**  
**Northampton, Mass.**  

CaseNotes is simple, user friendly and secure software to take notes on the humans in your life. Whether you’re a social worker or psychologist, school counselor or case worker, HR professional or business professional, we’ve developed CaseNotes with you in mind.
111
**Center for Cognition and Recovery**  
*Beachwood, Ohio*
ccr4life.org
CCR is dedicated to revolutionizing the landscape of mental health through innovative treatments and trainings. CCR disseminates and trains in Cognitive Enhancement Therapy (CET), an evidence-based practice, and has a new flexible training called Special Population Response Training (SPRT®), which is built around understanding mental illness and crisis.

313
**Central City Bed**  
*Portland, Ore.*
Bedcentralcitybed.org
Central City Bed is a social enterprise of Central City Concern, a nonprofit social service agency dedicated to ending homelessness. Central City Bed provides durable, bed bug resistant furniture to behavioral health centers, affordable housing providers and shelters nationwide.

304
**Clubhouse International**  
*New York, N.Y.*
Clubhouse-intl.org
Clubhouse International is a nonprofit organization helping communities around the world create sustainable mental health solutions by developing and nurturing Clubhouse programs. Clubhouses are community-based centers offering people living with mental illness opportunities for friendships, employment, housing, education, health and social services through a caring environment.

500
**College of Psychiatric and Neurologic Pharmacists (CPNP)**  
*Lincoln, Neb.*
cpnp.org
As the voice of the neuropsychiatric pharmacist specialty, CPNP’s mission is to advance the reach and practice of neuropsychiatric pharmacists.

402
**CooperRiis Healing Community**  
*Asheville, N.C.*
CooperRiis.org
CooperRiis healing community located in Asheville and Mill Spring, North Carolina supports recovery for people with mental illnesses through:
- Clinical Care: psychiatry, therapy, family support and group therapy
- Purposeful and structured work
- Wellness focus on whole person health, supported by whole foods, yoga, meditation, massage, personal fitness training and supplements

400
**DonorDrive**  
*Cincinnati, Ohio*  
donordrive.com
DonorDrive is peer-to-peer fundraising software and services for nonprofits including NAMIWalks. We have helped our clients to raise over $1 billion.

204
**Eating Recovery Center**  
*Denver, Colo.*  
eatingrecoverycenter.com
Eating Recovery Center is a national health care system that provides full spectrum eating disorder treatment to adults, adolescents, children and families.
412
Enovative Technologies
Bishopville, Md.
eplusemassage.com

306
Gould Farm
Monterey, Mass.
gouldfarm.org
Gould Farm is a therapeutic community that promotes recovery for people with mental health and related challenges through meaningful work, community living and clinical care.

303
Harvard Brain Tissue Resource Center
Belmont, Mass.
hbtrc.mclean.harvard.edu
The Harvard Brain Tissue Resource Center (HBTRC) has been established at McLean Hospital since 1978. The HBTRC is a centralized resource for the collection and distribution of human brain specimens to investigators for psychiatric and neurological research.

205
The Kennedy Forum
Island Heights, N.J.
paritytrack.org
The Kennedy Forum’s Parity Registry is a website where consumers can learn to file an appeal with health plans and access resources to file complaints when claims have been denied. Parity Track is a website where visitors can track legislative, regulatory and legal parity activities in all 50 states.

403
Lakewood Center
Fern Park, Fla.
lakewoodcenter.org
Lakewood Center is a long-term residential treatment facility. Its mission is to enhance the quality of life for adults with chronic mental illness. Lakewood residents enjoy a safe, supportive environment in dormitory style residences and apartment homes. Programs vary in degree of structure and supervision based on the clinical needs of each resident.

411
Kari Gusso, Author, A Kingdom Far Away
Sioux Falls, S.D.
akingdomfaraway.com/Memoir
A Kingdom Far Away tells the story of Kari’s battle to raise her daughter and keep her safe despite uncaring institutions, untenable circumstances and unbearable choices. Lauren’s afflictions were the cause of heartbreak, stress and countless sleepless nights.

310
Make the Connection
Alexandria, Va.
maketheconnection.net
Make the Connection is the U.S. Department of Veterans Affairs’ national mental health awareness campaign.

504
The Mental Health Co-op
Houston, Texas
thementalhealthco-op.com

101
NAMI
Arlington, Va.
nami.org
NAMI invites you to stop by to learn about what’s new at NAMI and connect with staff. Check the NAMI National Convention app for scheduled NAMI staff visits.

210
National Commission on Correctional Health Care
Chicago, Ill.
nccchc.org
NCCHC is committed to improving the quality of health and mental health care in jails, prisons and juvenile facilities. Visit us to learn about standards and accreditation for health services, mental health services and opioid treatment programs, as well as other resources to help correctional facilities provide efficient, high-quality care.
The mission of the National Institute of Mental Health (NIMH) is to transform the understanding and treatment of mental illnesses through basic and clinical research and pave the way for prevention, recovery and cure.

Neurocrine Biosciences, Inc.
San Diego, Calif.
neurocrine.org

Neurocrine Biosciences, Inc. discovers and develops innovative and life-changing pharmaceuticals utilizing our novel R&D platform. Neurocrine’s efforts are focused on conditions with high unmet medical needs, specifically in neurologic-, psychiatric- and endocrine-based diseases and disorders.

NeuroFlow
neuroflowsolution.com

NeuroFlow helps mental health patients feel better faster. We offer secure, real-time technology to optimize mental wellness and performance through effective monitoring, positive reinforcement and targeted guidance.

NeuroStar Advanced Therapy
Malvern, Pa.
neurostar.com

NeuroStar Advanced Therapy transcranial magnetic stimulation for depression. Over 1.6 million treatments performed. Covered by most health insurance.

The National Institute of Mental Health Schizophrenia Research Program is located on the NIH campus in Bethesda, Md. The inpatient program combines state-of-the-art research with excellent clinical care. Outpatient studies seek to understand the genetic and non-genetic factors that increase risk for schizophrenia. For details, call 1-888-674-6464. Applications are currently being accepted. Volunteers for research receive state-of-the-art evaluation and contribute to future knowledge and treatments.

Rare Patient Voice
Towson, Md.
rarepatientvoice.com

Rare Patient Voice, LLC provides patients with rare diseases and their caregivers an opportunity to voice their opinions through surveys and interviews to improve medical products and services.

Reach Out Recovery
Sarasota, Fla.
reachoutrecovery.com

Reach Out Recovery is a one-stop online information and support platform for recovery. Visit our website for addiction and mental health information with a daily newspaper, help topics, substance database and support for healthy living. We are lifting the stigma from addiction and mental health.

Strategic Behavioral Health
Memphis, Tenn.
strategicbh.com

Strategic Behavioral Health (SBH) continues to strive toward being one of the top behavioral healthcare organizations in the U.S. Our goal at each SBH treatment center is to help our patients overcome their personal challenges and create a positive environment through compassionate caregivers, family and friends that allow patients to regain control of their life during and after treatment. Each of our unique locations works with NAMI and we appreciate the work that you do and our partnership.
215
Symmetry Neuro-Pathway Training
Ridgeland, S.C.
SymmetryNeuroPT.com
We make it easy to incorporate Neuro-Pathway Training (neurofeedback) into facilities, programs and practices. Our experienced team will place equipment, train staff and oversee clinical case management to meet the needs desired, including home use and individual training. Evidence based, drugless, non-invasive technology-driven learning modality to help the brain better regulate itself with long lasting change.

307
SyneuRx
Pasadena, Calif.
syneurx.com
The company is developing novel therapeutics for mental illness and/or central nervous system disorders. We have three ongoing clinical trials in schizophrenia. Currently, we are recruiting patients for these trials.

211
This Is My Brave, Inc.
Ashburn, Va.
thisismybrave.org
This Is My Brave, Inc. is a national 501(c)3 nonprofit organization dedicated to ending the stigma surrounding mental health issues. Our performers share personal stories of individuals living successful, full lives despite mental illness through poetry, essay and original music live on stage.

206
Teva Pharmaceuticals
Overland Park, Kan.
tevapharm.com
Teva Pharmaceutical Industries Ltd. is a leading global pharmaceutical company that delivers high-quality, patient-centric health care solutions that are used by approximately 200 million patients in 100 markets every day. In specialty medicines, Teva has innovative treatments for multiple sclerosis, as well as late-stage development programs for other disorders of the central nervous system.

Congratulations to the NAMI 2018 Exemplary Psychiatrists!

To be considered for the 2018 Exemplary Psychiatrist Awards, an individual must have set an example for his or her professional colleagues. NAMI would like to recognize and thank those psychiatrists who have made substantial contributions to NAMI Affiliate or NAMI State Organization activities. These are the doctors who have “gone the extra mile” with NAMI members in ways such as:

- Working alongside NAMI members for access to care, research, funding or other NAMI priorities
- Ensuring that the NAMI perspective helps shape state and local services
- Providing comprehensive treatment to people with mental illness including medical, rehabilitative and social needs
- Educating people with mental illness and their family members
- Educating the public and fighting against prejudice and discrimination

Stephan Heckers M.D.
Nashville, Tennessee
Turan Kumar, M.D.
Syracuse, New York
Janice Landy, M.D.
Des Moines, Iowa
Marsden McGuire, M.D., MBA
Baltimore, Maryland
Katharine Nelson, M.D.
Minneapolis, Minnesota
Elizabeth Reeve, M.D.
St. Paul, Minnesota
Kent Rundey, M.D.
Provo, Utah
Jack Rozel, M.D., MSL
Pittsburgh, Pennsylvania
Stephen M Strakowski, M.D.
Austin, Texas

Learn more about exemplary psychiatrists at www.nami.org/epa

EXHIBITORS CONTINUED
Together, we can make a difference.

Since 1921, Otsuka has been on a mission to create new products for better health worldwide. Today, our commitment to developing new products and innovative solutions to meet some of healthcare’s most complex challenges has never been stronger. We are proud to support MHA in their efforts to address the needs of those living with mental illness and to promote good mental health for all Americans.

Let’s connect
@OtsukaUS

www.otsuka-us.com

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Otsuka Pharmaceutical Development & Commercialization, Inc.
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NAMI would like to express its deepest gratitude to the following companies and organizations for their support of the NAMI 2018 National Convention.
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