2019 NAMI National Convention
JUNE 19–22 • SEATTLE

Our Movement. Our Moment.
This year’s convention theme — “Our Movement. Our Moment.” — focuses on bringing change in three key areas. Follow your interests by looking for workshops in the following tracks.

**PERSONAL CHANGE** — NAMI empowers individuals and families to seek support, find community and engage in personal advocacy. Our Personal Change track workshops address research, programs or practices that help individuals identify early symptoms, learn treatment options and find support groups and education programs.

**SOCIETAL CHANGE** — NAMI raises awareness of mental illness across diverse cultures for individuals and the public. Relevant submissions in this category might address public awareness efforts, social media and other community outreach programs that help shift societal perceptions and increase recognition of mental illness as a health condition like any other.

**SYSTEMS CHANGE** — NAMI accelerates innovation in our health care, education and justice systems. Our Systems Change track covers state or national public policy initiatives, approaches to educating health care professionals, and promising interventions that offer a better quality of life for people living with mental health conditions. Successful systems provide improved access to help and better health outcomes.

To be considered for the **2019 Exemplary Psychiatrist Awards**, an individual must have set an example for his or her professional colleagues. NAMI would like to recognize and thank those psychiatrists who have made substantial contributions to NAMI Affiliate or NAMI State Organization activities. These are the doctors who have “gone the extra mile” with NAMI members in ways such as:

- Working alongside NAMI members for access to care, research, funding or other NAMI priorities
- Ensuring that the NAMI perspective helps shape state and local services
- Providing comprehensive treatment to people with mental illness including medical, rehabilitative and social needs
- Educating people with mental illness and their family members
- Educating the public and fighting against prejudice and discrimination

Congratulations to the **2019 Exemplary Psychiatrists!**

Lisa Carchedi, M.D.,
Maryland

William Torrey, M.D.,
New Hampshire

Learn more about exemplary psychiatrists at [www.nami.org/epa](http://www.nami.org/epa)
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CONVENTION AT-A-GLANCE

Tuesday, June 18
5:00 p.m. – 7:00 p.m.  Registration Open

Wednesday, June 19
7:30 a.m. – 6:00 p.m.  Registration Open
9:00 a.m. – 12:00 p.m.  NAMI Leadership Summit
12:00 p.m. – 1:00 p.m.  Lunch Break
1:00 p.m. – 2:00 p.m.  A Philanthropic Framework for Donors in Mental Illness and Substance Use Disorders
2:15 p.m. – 4:45 p.m.  NAMI Council Business Meetings
2:30 p.m. – 4:30 p.m.  Education Program Directors/Coordinator Meeting
5:00 p.m. – 6:15 p.m.  Board Candidate Speeches with Meet and Greet
5:30 p.m. – 7:00 p.m.  Welcome Reception

Thursday, June 20
7:00 a.m.  Sunrise Walk with NAMIWalks
7:30 a.m. – 6:00 p.m.  Registration Open
9:00 a.m. – 10:30 a.m.  Welcome to Seattle, NAMI Opening Plenary
10:00 a.m. – 5:00 p.m.  Exhibit Hall Open
11:00 a.m. – 12:15 p.m.  Workshop Group A
11:00 a.m. – 4:00 p.m.  Flash Session in Exhibit Hall
12:15 p.m. – 1:30 p.m.  Lunch Break
12:30 p.m. – 1:30 p.m.  Exhibit Hall Ice Cream Break
1:30 p.m. – 2:45 p.m.  Workshop Group B
3:15 p.m. – 4:45 p.m.  State Caucuses
4:30 p.m. – 6:00 p.m.  Support Groups
5:00 p.m. – 6:00 p.m.  NAMI Board Roundtable on Diversity and Inclusion
5:30 p.m. – 6:00 p.m.  NAMI Service Member, Veterans and Their Families Council Candlelight Vigil
5:30 p.m. – 6:30 p.m.  CIT Networking Session and State Advocacy Leaders Networking Session
6:00 p.m. – 7:30 p.m.  Spotlight Presentation — I Am Not Sick, I Don’t Need Help
6:00 p.m. – 7:30 p.m.  Bipolar Rock ‘N’ Roller film
### Friday, June 21

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Sunrise Walk with NAMIWalks</td>
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<tr>
<td>8:00 a.m. – 5:00 p.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td>9:00 a.m. – 10:00 a.m.</td>
<td>Friday Plenary</td>
</tr>
<tr>
<td>9:00 a.m. – 4:00 p.m.</td>
<td>Exhibit Hall Open</td>
</tr>
<tr>
<td>10:00 a.m. – 3:00 p.m.</td>
<td>Flash Session in the Exhibit Hall</td>
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<tr>
<td>11:00 a.m. – 12:15 p.m.</td>
<td>Workshops Group C</td>
</tr>
<tr>
<td>12:15 p.m. – 1:30 p.m.</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>12:30 p.m. – 1:30 p.m.</td>
<td>Exhibit Hall Ice Cream Break</td>
</tr>
<tr>
<td>1:30 p.m. – 2:45 p.m.</td>
<td>Workshops Group D &amp; Research Updates</td>
</tr>
<tr>
<td>3:15 p.m. – 4:30 p.m.</td>
<td>Workshops Group E &amp; Research Updates</td>
</tr>
<tr>
<td>4:30 p.m. – 6:00 p.m.</td>
<td>Support Groups</td>
</tr>
<tr>
<td>4:45 p.m. – 6:00 p.m.</td>
<td>Special Interest Networking Session</td>
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<tr>
<td>4:45 p.m. – 6:15 p.m.</td>
<td>Celebrating Advancements: Special Judiciary Session</td>
</tr>
<tr>
<td>6:00 p.m. – 7:30 p.m.</td>
<td>Celebrate NAMI Washington’s 40th Anniversary with The Brain Power Chronicles: Mental Health Stories</td>
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### Saturday, June 22

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Sunrise Walk with NAMIWalks</td>
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<tr>
<td>7:30 a.m. – 8:30 a.m.</td>
<td>Interfaith Prayer and Share Services</td>
</tr>
<tr>
<td>9:00 a.m. – 10:30 a.m.</td>
<td>Research Plenary</td>
</tr>
<tr>
<td>10:45 a.m. – 12:00 p.m.</td>
<td>NAMI Annual Business Meeting</td>
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<tr>
<td>12:15 p.m. – 1:00 p.m.</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>1:00 p.m. – 5:00 p.m.</td>
<td>Special Workshop — Cognitive Behavioral Therapy for Psychosis: What It Is, What It Does, and How You Can Help</td>
</tr>
<tr>
<td>1:30 p.m. – 2:45 p.m.</td>
<td>Workshops Group F</td>
</tr>
<tr>
<td>3:15 p.m. – 4:30 p.m.</td>
<td>LGBTQ Networking Session</td>
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<tr>
<td>6:00 p.m. – 8:00 p.m.</td>
<td>NAMI Celebration and Awards Banquet</td>
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</table>
MEETING ROOM LOCATIONS

All NAMI Convention activities are held at the Hyatt Regency Seattle

Third Floor
Meeting Room Activities
• Workshops

Columbia Ballroom Activities:
• Leadership Summit
• Welcome Reception
• Plenary Sessions
• Spotlight Sessions
• NAMI Annual Business Meeting
• NAMI Celebration and Awards Banquet

Fourth Floor
Meeting Room Activities
• Workshops
Fifth Floor
Quinault Room Activities
• NAMI Presentations

Elwha Room Activities
• Spotlight Session
• CBTp Workshop
• Brain Power Chronicles: Mental Health Stories

Seventh Floor
Regency Ballroom Activities:
• Registration
• Exhibit Hall
• NAMI Store
• NAMI Information Desk
• CEU Desk
• NAMI Elections Booth

Meeting Room Activities:
• Welcome Center, Room 701
• Workshops, Room 702
CONVENTION HOURS

Registration
7th Floor, Regency Ballroom Foyer
Tuesday, June 18 .......... 5:00 p.m.–7:00 p.m.
Wednesday, June 19..... 7:30 a.m.–6:00 p.m.
Thursday, June 20 ......... 7:30 a.m.–6:00 p.m.
Friday, June 21............... 8:00 a.m.–5:00 p.m.

NAMI Information Desk
7th Floor, Regency Ballroom Foyer
Wednesday, June 19..... 7:30 a.m.–6:00 p.m.
Thursday, June 20 ......... 7:30 a.m.–6:00 p.m.
Friday, June 21............... 7:30 a.m.–6:00 p.m.
Saturday, June 22 ............ 7:30 a.m.–5:00 p.m.
Ask about NAMI, the convention, restaurants and more.

Welcome Center
7th Floor, Room 701
Wednesday, June 19..... 6:00 p.m.–8:00 p.m.
Thursday, June 20 ......... 10:00 a.m.–8:00 p.m.
Friday, June 21............... 9:00 a.m.–8:00 p.m.
Saturday, June 22 ............ 10:00 a.m.–4:00 p.m.
NAMI welcomes people living with mental illness and offers several special services, sponsored by Beacon Health Options.

Exhibit Hall
7th Floor, Regency Ballroom
Thursday, June 20 ........ 10:00 a.m.–5:00 p.m.
Friday, June 21 ............. 9:00 a.m.–4:00 p.m.
Find resources and information about publications, facilities, products and services of interest to NAMI members. Please stop by and visit our exhibitors.

NAMI Booth
7th Floor, Regency Ballroom
Thursday, June 20 ........ 10:00 a.m.–5:00 p.m.
Friday, June 21 ............. 9:00 a.m.–4:00 p.m.
NAMI invites you to stop by the NAMI Booth to learn what’s new at NAMI and connect with staff.

NAMI Store
7th Floor, Regency Ballroom
Thursday, June 20 ........ 10:00 a.m.–5:00 p.m.
Friday, June 21 ............. 9:00 a.m.–4:00 p.m.
Purchase various wearables, novelty items and books that encourage awareness and engage others in conversation about mental health. Also, attend book signings by notable authors.

Press Room
Room 308
Press and media may check in here to receive a media pass.
Continuing Education (CE) Check-In at NAMI Information Desk
7th Floor, Regency Ballroom
Wednesday, June 19 .... 12:00 p.m.–6:00 p.m.
Thursday, June 20 ...... 8:00 a.m.–6:00 p.m.
Friday, June 21 .......... 8:00 a.m.–6:00 p.m.
Saturday, June 22 ...... 8:00 a.m.–5:00 p.m.
*Please see page 44 for more information.*

FedEx Business Center
2nd Floor
Monday–Friday: .......... 7:00 a.m.–7:00 p.m.
Saturday: .................. 8:00 a.m.–4:00 p.m.
Sunday: ..................... 12:00 p.m.–4:00 p.m.

NAMI Council Meet and Greet Tables
Columbia Ballroom Foyer
NAMI Service Members, Veterans and Their Families Council
NAMI Peer Leadership Council
NAMI FaithNet
*Meet council and advisory group members and ask about activities.*

NAMI Elections Booth Hours
Wednesday, June 19 .... 12:00 p.m.–6:30 p.m.
Thursday, June 20 ...... 10:00 a.m.–6:30 p.m.

#NAMICON2019

Don’t forget to use #NAMICON2019 and tag us on social media using @NAMICommunicate! We’ll be sharing highlights throughout the week.
NAMI CODE OF CONDUCT

NAMI is committed to providing a safe, productive and welcoming environment for all meeting participants and NAMI staff. All participants, including but not limited to attendees, speakers, volunteers, exhibitors, NAMI staff, service providers and others are expected to abide by this Code of Conduct Policy. This policy applies to all NAMI meeting-related events, including those sponsored by organizations other than NAMI but held in conjunction with NAMI events, in public or private facilities.

It is the policy of NAMI that all participants, including attendees, vendors, NAMI staff, volunteers and all other stakeholders at NAMI meetings conduct themselves in a professional manner that is welcoming to all participants and free from any form of discrimination, harassment or retaliation. Participants will treat each other with respect and consideration to create a collegial, inclusive and professional environment at NAMI meetings.

This Code of Conduct may be revised at any time by NAMI and the terms are non-negotiable. Your registration for, or attendance at, any NAMI event indicates your agreement to abide by this policy and its terms.

Participants will avoid any inappropriate actions or statements based on individual characteristics such as age, race, ethnicity, sexual orientation, gender identity, gender expression, marital status, nationality, political affiliation, ability status, educational background, or any other characteristic protected by law. Disruptive or harassing behavior of any kind will not be tolerated. Harassment includes, but is not limited to, inappropriate or intimidating behavior and language, unwelcome jokes or comments, unwanted touching or attention, offensive images, photography without permission, stalking and disruption of presentations or events. Participants asked to stop any harassing behavior are expected to comply immediately.

Sanctions may range from a verbal warning, to ejection from the meeting without refund, to notifying appropriate authorities. Retaliation for complaints of inappropriate conduct will not be tolerated. If a participant observes inappropriate comments or actions, please contact a NAMI staff person, who will work with appropriate NAMI leadership to resolve the situation.

If you are being harassed, notice that someone else is being harassed, or have any other concerns, please notify Dawn Brown or Marguerite Leishman of any grievances so we can address them on-site.

Should you need to contact NAMI in writing, please email dbrown@nami.org or mleishman@nami.org

PARTICIPATION STATEMENT: Admittance to all NAMI convention areas, sessions, workshops and the exhibit hall is limited to registered attendees with convention badges. Admittance to ticketed luncheons and dinners is limited to attendees with tickets. The NAMI Convention is a private event, and organizers have the right to admit or deny entrance.

Complimentary internet is available in the meeting spaces and sessions throughout the Convention for email, mobile app and social media access. From the list of Wi-Fi networks, connect to Hyatt_Meeting with password nami19.
### 2018-2019 NAMI BOARD OF DIRECTORS

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<th>Name</th>
<th>Title</th>
<th>Year</th>
<th>Location</th>
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</thead>
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<tr>
<td>Adrienne Kennedy, M.A.,</td>
<td>President</td>
<td>2020</td>
<td>West Lake Hills, TX</td>
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<tr>
<td>Jim Hayes, M.D.</td>
<td></td>
<td>2020</td>
<td>Greer, SC</td>
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<tr>
<td>Lacey Berumen, Ph.D.,</td>
<td>First Vice President</td>
<td>2019</td>
<td>Denver, CO</td>
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<tr>
<td>Carlos A. Larrauri, MSN,</td>
<td></td>
<td>2020</td>
<td>Miami, FL</td>
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<tr>
<td>Shirley J. Holloway, Ph.D.</td>
<td>Second Vice President</td>
<td>2019</td>
<td>Anchorage, AK</td>
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<tr>
<td>Amanda Lipp</td>
<td></td>
<td>2020</td>
<td>Sacramento, CA</td>
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<tr>
<td>Barbara Ricci,</td>
<td>Treasurer</td>
<td>2019</td>
<td>New York City, NY</td>
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<tr>
<td>Jacqueline “Jackie”</td>
<td></td>
<td>2019</td>
<td>Revere, MA</td>
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<tr>
<td>Dave Stafford,</td>
<td>Secretary</td>
<td>2021</td>
<td>Simpsonville, SC</td>
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<td>Captain Stacey L. Owens,</td>
<td></td>
<td>2021</td>
<td>Simpsonville, SC</td>
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<td>Judge Joyce A. Campbell,</td>
<td></td>
<td>2021</td>
<td>Fairfield, OH</td>
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<td>Micah Pearson,</td>
<td></td>
<td>2020</td>
<td>Las Cruces, NM</td>
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<td>Charming D. Dudley, Ph.D.</td>
<td></td>
<td>2019</td>
<td>Pittsburgh, PA</td>
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<td>Steve Pitman, J.D.</td>
<td></td>
<td>2021</td>
<td>Lake Forest, CA</td>
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<td>Vanessa Fernandes,</td>
<td></td>
<td>2021</td>
<td>Dallas, TX</td>
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<tr>
<td>Catherine “Carrie” Roach, M.S.</td>
<td></td>
<td>2019</td>
<td>Saint Paul, MN</td>
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Allergan is a bold, global pharmaceutical company with a purpose. We are focused on developing, manufacturing, and commercializing products for ophthalmology, medical aesthetics & dermatology, the central nervous system, and gastrointestinal therapeutic categories.

We are Bold for Life.

www.Allergan.com

Allergan welcomes all 2019 attendees.

“When a person living with serious mental illness relapses, it’s devastating and progressively makes it harder to achieve their potential. That’s why we continue to work tirelessly to provide medicines and conduct research that offer hope for the individual and their families, so they can live fulfilling and healthier lives.”

— Courtney Billington
President, Janssen Neuroscience

Janssen Neuroscience applauds those working together at the county, state, and federal levels, especially at the intersection of criminal justice and mental health reform, to champion a better future for individuals with serious mental illness, including schizophrenia.

We can and should continue to set a higher standard for how we support individuals with serious mental illness.

Janssen’s unwavering commitment to delivering innovative mental health therapies spans 50 years, and we will continue to champion treatments to improve the lives of those with serious mental illness.

When patients living with serious mental illness relapse, it’s devastating and progressively makes it harder to achieve their potential. That’s why we continue to work tirelessly to provide medicines and conduct research that offer hope for the individual and their families, so they can live fulfilling and healthier lives.

— Courtney Billington
President, Janssen Neuroscience

Thank you for your commitment and continued efforts towards increasing awareness around mental health and tardive dyskinesia (TD) in the community.

Learn more about TD at www.TalkAboutTD.com

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Neurocrine Biosciences
is proud to support NAMI

REMISION
ACCOMPLISHED

“Understanding how a person’s genetics impacts their response to medication helps clinicians steer clear of medications that may cause side effects or be less effective. When clinicians use Genesight® Psychotropic to guide treatment, there is a 50% improvement in patient remission rates compared to treatment as usual.

Learn more at Booth 207 or genesight.com

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VOTING INFORMATION AND 2019 BOARD CANDIDATES

Voting is done by credentialed delegates and proxies on behalf of NAMI Affiliates and NAMI State Organizations. As a result, most convention attendees do not vote. However, all NAMI members can get to know the individuals who will represent them for the next three years. Here are several opportunities to get to know these NAMI leaders:

- Listen to candidate speeches, scheduled for Wednesday, June 19, 5:00 p.m. to 6:15 p.m. in the Elwha A Ballroom.
- Join the candidates afterwards for a meet and greet immediately following the candidate speeches.
- Check out www.nami.org/2019Candidates for the candidates’ letters of nomination, what they think are the important issues facing NAMI, short speeches that they recorded earlier this year and their photos.
- Visit the candidate posters to learn more.
- Candidates are wearing red, white and blue “candidate” ribbons on their name badges. Members are encouraged to engage with them to learn about what they hope to accomplish on the NAMI Board of Directors.

NEW THIS YEAR

Voting takes place at the new NAMI Elections Booth located near the registration area. Credentialed NAMI Affiliate and NAMI State Organization representatives are invited to check in with staff at the booth to pick up credentials and cast ballots in the online voting system for their NAMI State Organization or NAMI Affiliate. If you are not already credentialed, staff will assist with credentialing. Staff hours will be clearly posted at the Elections Booth.

The NAMI Elections Booth will open Wednesday, June 19 at 12:00 p.m., and will be staffed at specific times until Thursday, June 20 at 6:30 p.m. when online voting closes.

Winning candidates for the NAMI Board of Directors will be announced at the NAMI Annual Business Meeting on Saturday, June 22, 10:45 a.m. – 12:00 p.m.
CANDIDATES FOR THE
2019 NAMI BOARD OF DIRECTORS

Jim Reiser, M.B.A., M.A.
Nominated by NAMI
Gainesville (FL)

Nadine H. Lewis, CWO,
USCG (Ret.)
Nominated by NAMI
Oklahoma

Kimmie Jordan, LMFT,
CPRP, LADAC
Nominated by NAMI
Doña Ana County (NM)

Doug Beach, M.S.
Nominated by NAMI
San Antonio (TX)

Shirley J. Holloway, Ph.D.
Nominated by NAMI
Alaska

Charma D. Dudley, Ph.D.,
FPPR
Nominated by NAMI
Keystone Pennsylvania

Lisa R. Carchedi, M.D.,
MS C-IAYT
Nominated by NAMI
Maryland

Ingrid Diaz, Ph.D., M.A.,
MSW, LCSW
Nominated by NAMI
New Jersey

Tracy Plouck
Nominated by NAMI
Ohio

Jeff Fladen, MSW
Nominated by NAMI
Tennessee

El Paso County
Commissioner David Stout
Nominated by NAMI
El Paso (TX)

Jacqueline “Jackie”
Martinez, CPS, FPS
Nominated by NAMI
MetroWest (MA)
“I’m not crazy for feeling this way.”
—Darryl
Mental Health Advocate and Participant in McLean’s Deconstructing Stigma Campaign

PUTTING PEOPLE FIRST IN MENTAL HEALTH

Whether it’s our treatment programs or our Deconstructing Stigma awareness campaign, McLean is changing lives and attitudes.

800.333.0338  mcleanhospital.org
Behavioral health.  
It’s all we do.  

At Beacon, we connect people to meaningful care for long-lasting recovery.

beaconhealthoptions.com
Registration Open  
7:30 a.m.–6:00 p.m.

NAMI Leadership Summit: Forging Our Future  
9:00 a.m.–12:00 p.m.
Columbia Ballroom Salon A  
NAMI field leaders* will learn about the national strategic plan and how to position for increased impact as an alliance. Opportunities and tools for effecting societal, personal and systems change in 2019 will be offered in addition to helping participants envision their use in support of strategic plan goals. Participants will leave the day having identified new insights for harnessing and facilitating the power of their organization and the power of the alliance.

*NAMI field leaders include Board members, Executive Directors, Education Directors, Advocacy Directors, Development Directors/ NAMIWalks Walk Managers

Lunch Break  
12:00 p.m.–1:00 p.m.

NAMI Election Booth Hours  
12:00 p.m.–6:30 p.m.

A Philanthropic Framework for Donors in Mental Illness and Substance Use Disorders  
1:00 p.m.–2:00 p.m.
Room 302  
The University of Pennsylvania Center for High Impact Philanthropy will present its proposed framework for giving in behavioral health, including mental illness and substance use disorders. They will highlight priority areas that committed, interested and emerging funders have expressed interest in supporting.

Barbara Ricci, NAMI Board of Directors, Senior Advisor, Behavioral Health, The Center for High Impact Philanthropy, Philadelphia, PA  
Kristen K. Ward, Social Impact Fellow, The Center for High Impact Philanthropy, Philadelphia, PA

NAMI Council Business Meetings  
2:15 p.m.–4:45 p.m.
Executive Directors Council and Award Presentation – Room 405  
2:30 p.m.–4:30 p.m.
State Presidents Council – Room 408  
Peer Leadership Council and Award Presentation – Room 403  
NAMI Service Members, Veterans and Their Families Council – Room 306

Education Program Directors/Coordinator Meeting  
2:30 p.m.–4:30 p.m.
Room 305

Board Candidate Speeches with Meet & Greet  
5:00 p.m.–6:15 p.m.
Elwha A Ballroom  
Hear from candidates interested in serving on the NAMI Board for the next three years and take the opportunity to meet them personally.

Welcome Reception  
5:30 p.m.–7:00 p.m.
Columbia Ballroom  
Kick off your 2019 NAMI National Convention experience connecting, networking and sharing with attendees.
THURSDAY, JUNE 20

Sunrise Walk with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of Seattle, led by the NAMIWalks team.

Registration Open
7:30 a.m.–6:00 p.m.

NAMI Opening Plenary
1.5 CE hours
9:00 a.m.–10:30 a.m.
Columbia Ballroom
Join us in a conversation with Dr. McCance-Katz, the first-ever Assistant Secretary to lead the Substance Abuse and Mental Health Services Administration, or SAMHSA. Hear about what brought the Assistant Secretary to her role, what inspires her, and the priorities she is advancing. Discover how SAMHSA is working to improve mental health and substance use care, the impact it may have on your own care, and how you, as a NAMI leader or advocate, can complement SAMHSA's efforts at the state and local levels.

Keynote:
Elinore F. McCance-Katz, M.D., Ph.D., Assistant Secretary for Mental Health and Substance Use, Substance Abuse and Mental Health Services Administration (SAMHSA), Rockville, MD

Moderator:
Angela Kimball, Acting Chief Executive Officer, NAMI, Arlington, VA

Award Presentation:
Outstanding Friend of NAMI Award presented to Rodney F. Hochman
Rona and Ken Purdy Award to End Discrimination presented to Taraji P. Henson

Exhibit Hall Open
10:00 a.m.–5:00 p.m.

NAMI Election Booth Hours
10:00 a.m.–6:30 p.m.

WORKSHOPS – GROUP A
1.25 CE hours
11:00 a.m.–12:15 p.m.

Life Changer: The Healing Power of Telling Your Story
Room 305 – PERSONAL CHANGE
Sharing your story inspires others, but it also serves as a tool for personal recovery. In this session, you will hear from individuals who describe the healing and growth they experienced by telling their story through platforms like NAMIWalks. Presenters will offer practical tips on how to tell your story in a way that supports your recovery.

Wayne Baldaro, Lead, Field Resource Development, NAMI, Arlington, VA
Darcey Mamone, B.A., MBA Certificate, Senior Manager, Field Resource Development, NAMI, Arlington, VA
Pooja Mehta, B.S., Development and Special Events Manager, NAMI North Carolina, Morrisville, NC

The Power of Employment
Room 406 – PERSONAL CHANGE
Although employment plays a critical role in achieving recovery, 80 percent of adults with a serious and persistent mental illness are unemployed. Participants will walk away from this session with resources to help make employment a reality, learn about legal protections and accommodations under the Americans with Disabilities Act, and hear how employment has the power to save lives.

Stephanie West-Potter, Communications & Outreach Director, Disability Rights Center of Kansas, Lawrence, KS
NAMI Ending the Silence for Families

Quinault Room – **SOCIETAL CHANGE**
Experience the new NAMI Ending the Silence for Families presentation for parents and other primary caregivers of middle and high school students. The presentation helps raise awareness around mental health conditions and includes warning signs, facts and statistics, and tips on how to approach your student and work with school staff.

*Katie Donohue*, Volunteer Coordinator, Young Adult Presenter, NAMI Ending the Silence, NAMI Greater Orlando, Orlando, FL

*Donna Helsel*, Education Director, NAMI Ending the Silence Lead Presenter, NAMI Greater Orlando, Orlando, FL

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Disparities Faced by Individuals with Mental Health Problems: Tools to Forge Pathways for Change

Room 301 – **SYSTEMS CHANGE**
People living with mental health problems are more likely to experience negative social determinants of health. This session will explore these disparities from diverse perspectives: family, consumer/peer and provider/researcher. The panelists will present tools to help create parity via innovative policy, programs, and payment pathways.

*Moderator:*

*Adrienne Kennedy*, M.A., President, NAMI Board of Directors, Arlington, VA

*Keris Myrick*, M.S., M.B.S., Chief, Peer And Paraprofessional Service, Los Angeles Department Of Mental Health, Los Angeles, CA

*John Torous*, M.D., M.B.I., Director, Digital Psychiatry, Beth Israel Deaconess Medical Center/Harvard Medical School, Boston, MA

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A New Approach to Communicating and Breaking Barriers to Mental Health in Black Communities

Room 304 – **SOCIETAL CHANGE**
Barriers to identifying and treating mental health concerns that minority communities face can lead to racial disparities in access to treatment and quality of life. It also can give rise to inappropriate treatment and misdiagnoses. This session will discuss the fundamental need to address communities on their terms and focus on individual patient and community needs, rather than conforming to the "majority culture" approach.

*Ericka Goodwin*, M.D., Psychiatrist, Global Health Psychiatry, Atlanta, GA

*Napoleon Higgins*, M.D., Psychiatrist, Bay Pointe Behavioral Health Service, Inc., Friendswood, TX

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The Evolution of a DBT-Informed Parenting Skills Group for Caregivers of Youth

Room 408 – **SYSTEMS CHANGE**
The psychoeducational format of this dialectical behavioral therapy (DBT)-informed parenting skills program equips parents with the necessary skills to support and manage their youth’s mental health needs, while improving communication, collaboration, and treatment outcomes. The goal of the session is to promote mental health wellness beyond youth treatment programs, thereby fostering improved youth-family engagement and family resiliency.

*Lisa Azzopardi*, C.Y.W., M.S.W., R.S.W., Social Worker and Psychotherapist, Catalyst Therapy, Toronto, Ontario

*Elizabeth Lovrics*, B.F.A., M.S.W., R.S.W., Private Practitioner, SickKids Community Mental Health, Toronto, Ontario

*Helen Stolte*, B.A., J.D., Mental Health Consultant, Cleveland, OH
THURSDAY, JUNE 20

The Military Culture: Checking our Culture Competence
Room 306 – SYSTEMS CHANGE
Serving the mental health needs of military professionals and their families requires compassion and a clear understanding of what it means to be a warrior. Military service has an impact on each family member during war and peace. This session will explore characteristics of military culture: how it helps and hinders mental health. Participants will examine the trend of shifting more mental health care to the private sector, where fewer adults have served in the military.

Margaret Gallagher, Ph.D., Retired RN/CNA-BC, Volunteer, NAMI Greater Houston, Houston, TX
Brenda LaVar, Ph.D., Community Relations Administrator, WellPath & Board Member, NAMI Greater Houston, Spring, TX
Holly Doggett, MS, Business Development Manager, Cedar Crest Hospital, Temple, TX
Ovi Rivera, MS, Master Sergeant, USA Retired, Outreach Director, The Steven A. Cohen Military Family Clinic at Endeavors, Killeen, TX

Expand NAMI Programs: Online Program Leader Training
Room 307 – SYSTEMS CHANGE
Blended training (online/in-person) allows your NAMI State or Affiliate Organization to increase participation, standardize quality and reduce costs of training program leaders. Learn best practices for utilizing blended training to expand your program offerings. We’ll use the newest programs, NAMI Family & Friends and NAMI Sharing Your Story for Law Enforcement, to illustrate strategies for bringing additional successful programs to your community.

Julie Erickson, M.A., Senior Program Manager, NAMI, Arlington, VA
Suzanne Robinson, M.S.W., Assistant Director, National Education Programs, NAMI, Arlington, VA
Shannon Scully, M.P.P., Senior Manager, Criminal Justice Policy, NAMI, Arlington, VA

Lunch Break
12:15 p.m.–1:30 p.m.

Ice Cream Break in Exhibit Hall
12:30 p.m.–1:30 p.m.

Workshops – Group B
1.25 CE hours
1:30 p.m.–2:45 p.m.

Spotlight Presentation
The Kids We Lose: Partial Screening and Discussion
Room 302
The recently released documentary film “The Kids We Lose” draws attention to how the counterproductive and often brutal treatment of kids with social, emotional, and behavioral challenges contributes to the school-to-prison pipeline.

Dr. Greene, author of the influential books “The Explosive Child,” “Lost at School,” “Raising Human Beings” and “Lost & Found” will lead a discussion following a partial screening of the documentary.

Ross W. Greene, Ph.D., Founding Director, Lives in the Balance, Adjunct Associate Professor, Department of Psychology, Virginia Tech, Adjunct Professor, Faculty of Science, University of Technology Sydney, and Executive Producer of “The Kids We Lose,” Portland, ME
Engaging Communities of Color with NAMI Affiliates
Room 301 – SOCIETAL CHANGE
This session aims to help the NAMI increase its outreach to communities of color and raise awareness regarding mental illness. Panelists will present a theory of change strategy for creating long-lasting and mission-driven relationships between people of color and local NAMI affiliates.

Henry Appiah, B.A., EMPA, New York University, Robert F. Wagner School of Public Service, New York, NY
Fernando Brigidi de Mello, B.A., EMPA, New York University, Robert F. Wagner School of Public Service, New York, NY
Rachel Danielle, B.A., EMPA Candidate, New York University, Robert F. Wagner School of Public Service, New York, NY
Jamal Robison, B.A., EMPA Candidate, New York University, Robert F. Wagner School of Public Service, New York, NY

Family Inclusion in a Recovery Oriented System of Care
Room 307 – SYSTEMS CHANGE
The primary focus of this session is to introduce several ways of guiding families and agencies through the recovery process. We help them with coping, communication and problem-solving skills. Workshop leaders will review how to collaborate in treating chronic mental illness and addiction. They will also demonstrate two evidence-based practices and identify three strategies for supporting a Recovery Oriented System of Care.

Kevin Keefe, M.S.W., LICSW, Chief of Compliance & Service Excellence, CAI WestBridge, Manchester, NH
Robin Pinard, M.A., LCMHC, Director of Family Services, WestBridge Inc., Manchester, NH

Narrowing the Net: Reducing the Role of Law Enforcement and the Criminal Justice System in Mental Health Care
Room 702 – SYSTEMS CHANGE
While well intentioned, many efforts to improve response to individuals experiencing mental health crises are expanding the role of police in the provision of care. This session covers potential dangers in this approach, including the widening of the criminal justice net, trauma and stigma. Speakers will demonstrate how the Crisis Intervention Team (CIT) model can provide a foundation for supporting crisis system development that promotes recovery and minimizes the need for police involvement. While ensuring law enforcement is prepared to assist when needed.

Ron Bruno, 2nd Vice President, CIT International, Salt Lake City, UT
Sam Cochran, Major (Ret.), Co-Chairman of the Board, CIT International, Memphis, TN
Shannon Scully, M.P.P., Senior Manager, Criminal Justice Policy, NAMI, Arlington, VA

Testing the Effectiveness of the NAMI In Our Own Voice Presentation Program
Room 306
Stigma continues to be one of the strongest deterrents against seeking help. The NAMI In Our Own Voice program brings awareness and education about mental health conditions to the general public. The NAMI In Our Own Voice Evaluation Study proves that education is key in changing attitudes, ideas and assumptions about people with mental health conditions.

Otto F. Wahl, Ph.D., Professor Emeritus, Department of Psychology, University of Hartford, Hartford, CT
Solving the Competency Dilemma — Reducing Inappropriate Incarceration of People with Mental Illness
Room 401 – SYSTEMS CHANGE
In many states, law enforcement agents hold people with mental illnesses charged with misdemeanors or minor felonies in jails unnecessarily because they are found incompetent for their criminal cases. This trend contributes to the inappropriate criminalization of people with mental illness and diverts funding away from mental health treatment. Using an important settlement in a Washington State legal case as a focal point, this workshop unveils a point of crisis. Workshop leaders discuss strategies for reducing incarceration and link people with services and supports they need.

Sue Abderholden, M.P.H., Executive Director, NAMI Minnesota, St. Paul, MN
Kim Mosolf, J.D., Director of Treatment Facilities Program, Disability Rights Washington, Seattle, WA
Ron Honberg, J.D., Former Senior Policy Advisor, NAMI, Arlington, VA (Moderator)

Integrating NAMI Peer-to-Peer and NAMI Connection Recovery Support Group into a State Prison System: How Iowa Did It
Room 305 – SYSTEMS CHANGE
Many individuals in prison have complex health care needs and those returning to the community have higher rates of chronic conditions, such as mental illness and substance use disorders. Untreated, those conditions threaten their successful reentry. In 2014, the Iowa Department of Corrections and NAMI partnered to introduce NAMI Peer-to-Peer and NAMI Connection Recovery Support Group to nine prisons over three years.

Katrina Carter, B.S., Director of Reentry and Treatment Services, Iowa Department of Corrections, Des Moines, IA
Cassie Hindman, M.S., Psychologist, Iowa Department of Corrections – Newton Correctional Facility, Newton, IA
Peggy Huppert, B.A., Executive Director, NAMI Iowa, Des Moines, IA
David Lange, B.A., NAMI State Trainer, NAMI Iowa, Des Moines, IA

Leading Your Organization: How the Standards of Excellence Maps the Way
Room 406 – SYSTEMS CHANGE
Drawing on lessons learned from all parts of our alliance, this session brings together NAMI State Organization and NAMI Affiliate leaders who share how they use the Standards of Excellence as a collaborative roadmap to foster communication and strategically achieve our shared mission. Attendees come away with tangible ideas for improved effectiveness in leading their organizations.

Renata Ponichtera, Senior Manager, Field Capacity Building, NAMI, Arlington, VA
Lynne Saunders, Senior Advisor, Field Capacity Building, NAMI, Arlington, VA
Liz Taylor, Senior Manager, Field Capacity Building, NAMI, Arlington, VA

Measuring Impact: Begin at the Beginning
Room 304 – SYSTEMS CHANGE
At all levels of the alliance, NAMI staff and volunteers should make sure we're working on the right initiatives and telling the most compelling stories about what we do and our impact on communities. A good place to start is clearly identifying and understanding who benefits from the work we are doing. It also is important to define the change we hope to see and how we know we've succeeded.

Heidi Guglielmino, MBA, PMP, Director of Data Integration, NAMI, Arlington, VA
FLASH SESSIONS, THURSDAY, JUNE 20

Community Response Team Program: Addressing Mental Wellness
2:00 p.m. – 2:30 p.m.
Exhibit Hall – SYSTEMS CHANGE
The Community Response Team (CRT) is an award-winning co-responder program designed to increase mental illness identification and interventions. The Douglas County Mental Health Initiative is the backbone organization for the CRT program which addresses unmet mental health needs.

Weston Body, B.A., Officer, Castle Rock Police, Castle Rock, CO
Allison Shew, Ph.D., Community Response Team; Colorado Springs, CO
Lynette Sanchez, M.A., Case Manager, Community Response Team, Aurora, CO

The SBIRT Evolution for Adolescents: A Recipe to Drive Behavioral Health Integration in Primary Care
3:30 p.m. – 4:00 p.m.
Exhibit Hall – SYSTEMS CHANGE
While the co-occurrence of mental health and substance use disorders in adolescents often leads to poor outcomes, broad adoption of an evidenced-based solution, Screening, Brief Intervention and Referral to Treatment (SBIRT), is impeded because the medical system does not universally address substance use on a continuum. Presenters will discuss a national pilot of an adolescent SBIRT change package that provides guidance on clinical and operational transformation for integrated behavioral health care and real-world implementation recommendations.

Lindsi LoVerde, M.P.H., PMP, Healthcare Transformation Director, National Council for Behavioral Health, Washington, DC

0.50 CE hours per session
Exhibit Hall
11:00 a.m. – 4:00 p.m.

Employment Opportunities for All Abilities
11:00 a.m. – 11:30 a.m.
Exhibit Hall – PERSONAL CHANGE
The goal of this presentation is to introduce participants to the many employment opportunities available for individuals with disabilities, as well as the variety of supports available to assist with job success for all abilities. This support includes the Ability One/Source America federal program, which enables nonprofits nationwide to offer supported employment, with livable wages and a variety of career tracks.

Jo’el Roth, M.S., CRC, Certified Rehabilitation Counselor, Global Connections to Employment, Lacey, WA

Leveraging the Power of Growing Corporate Activism to Accelerate Stigma Reduction
12:00 p.m. – 12:30 p.m.
Exhibit Hall – SOCIETAL CHANGE
This session will educate attendees on how businesses are expanding public activism to influence complex social issues that carry stigmas, just like mental health. Issues that benefit from the power of corporate activism in mental health range from “toxic masculinity” to gay marriage to immigrant rights. After reviewing lessons learned and best practices, workshop leaders will support participants in building a case for involvement by their employers, clients or corporate partners.

Mitul Desai, J.D., Vice President, Mastercard; Senior Advisor, MindRight, New York, NY
Ian Shea, MBA, Founder and CEO, I M Human, San Francisco, CA
## STATE CAUCUSES

**Thursday, June 20, 3:15 p.m. – 4:00 p.m.**

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### State Caucuses, Continued

#### Thursday, June 20, 4:00 p.m. – 4:45 p.m.

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THURSDAY, JUNE 20

NAMI Family Support Group*
4:30 p.m.—6:00 p.m.
Room 304
Support groups are opportunities for people to share common experiences and receive group wisdom in a non-judgmental environment. NAMI Family Support Groups are for people who have loved ones with a mental health condition.

NAMI Connection Recovery Support Group*
4:30 p.m.—6:00 p.m.
Room 306
Support groups are opportunities for people to share common experiences and receive group wisdom in a non-judgmental environment. NAMI Connection Recovery Support Groups are for people who identify as having a mental health condition.

*Please arrive 10-15 minutes early to attend NAMI support groups. Support groups are limited to 15 participants each and are closed once they are full and/or in session.

NAMI Board Roundtable on Diversity and Inclusion
5:00 p.m.—6:00 p.m.
Room 702
Join the Board of Directors for a special interest session that will discuss our common mission and goals. General and small group discussions will allow for listening and supported discussions. Diverse cultural communities are particularly encouraged to attend, but all are welcome.

NAMI Board of Directors

NAMI Service Members, Veterans and Their Families Council Candlelight Vigil
5:30 p.m.—6:00 p.m.
Columbia Ballroom Foyer

State Advocacy Leaders Networking Session
5:30 p.m.—6:30 p.m.
Room 402
Join advocacy leaders, NAMI State Organization and Affiliate executive directors, and NAMI staff to discuss the top policy and advocacy issues facing the NAMI alliance. We will address top state strategies to promote innovation, improve care and support recovery. Join us for an interactive discussion to share ideas with colleagues from across the country and hear about current efforts, new resources available for advocacy leaders and tactics to advance mental health priorities.

CIT Networking Session
5:30 p.m.—6:30 p.m.
Room 401
Join us for an hour of networking and facilitated discussion about your efforts to grow Crisis Intervention Team (CIT) programs in your community. Meet with experts from NAMI, CIT International and others from around the country who are passionate about improving responses to mental health crises. Whether you are just getting started or have a well-established program, come learn from others and share your knowledge.

#NAMICON2019
Don’t forget to use #NAMICON2019 and tag us on social media using @NAMICommunicate! We’ll be sharing highlights throughout the week.
Spotlight Presentation
1.5 CE hours

I Am Not Sick, I Don’t Need Help
6:00 p.m.–7:30 p.m.
Columbia Ballroom Salons C/D
This session will highlight advances in education and training on anosognosia, or poor adherence to treatment recommendations. The presenter will provide practical LEAP® communication tools for building bridges and partnerships with people who have different views of their illness and needs than those of their loved ones, doctors and sometimes even law enforcement.

Dr. Xavier Amador is an internationally renowned clinical psychologist and author of the international bestseller, “I Am Not Sick, I Don’t Need Help!” He is also a family caregiver of two close relatives with schizophrenia and another with bipolar disorder.

**Xavier Amador, Ph.D., Co-founder, LEAP Foundation for Research to Practice, Visiting Professor, State University of New York, Author of “I Am Not Sick I Don’t Need Help,” Peconic, NY**

Bipolar Rock ‘N’ Roller
Film Screening (Rated TVMA) with Panel Discussion
6:00 p.m.–7:30 p.m.
Columbia Ballroom Salon A
A raw and unflinching account of Mauro Ranallo’s decades-long struggle with bipolar disorder. The voice of WWE and Showtime Championship Boxing, Ranallo has called some of the biggest sports events in history—all the while fighting his own epic battles with mental health. Follow his journey as he combats the stigma behind mental health issues and sheds light on what it is like being at the top of the industry despite seemingly insurmountable odds. NAMI partnered with Showtime, a NAMI contributor, on the release of the film; Ranallo is a NAMI Ambassador.

Panel Discussion Featuring:
**Brian Dailey**, SVP, Showtime Networks Inc., New York, NY
**Mauro Ranallo**, Combat Sports Announcer, NAMI Ambassador, Los Angeles, CA
**Frank Shamrock**, Mixed Martial Arts Champion, Motivational Speaker, NAMI Ambassador, Los Angeles, CA

**Moderator:**
**Kenneth Duckworth, M.D., Medical Director, NAMI, Arlington, VA**

**Award Presentation:**
Lionel Aldridge Champions Award presented to Mauro Ranallo
Thank You to Our NAMIWalks National Sponsors

Over 300 NAMI State Organizations and NAMI Affiliates participate in NAMIWalks to raise awareness and engage supporters for the NAMI mission in their communities.

Funds raised through NAMIWalks directly support and strengthen local education programs, services and advocacy efforts for NAMI State Organizations and NAMI Affiliates across the United States.

Thanks to the support of our sponsors and participants, NAMIWalks is NAMI’s largest fundraising and awareness campaign.
FRIDAY, JUNE 21

Sunrise Walk with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of Seattle, led by the NAMIWalks team.

Registration Open
8:00 a.m.–5:00 p.m.

Friday Plenary
1.0 CE hours
9:00 a.m.–10:00 a.m.
Dear Stranger: A Journey of Youth Mental Health
Columbia Ballroom
Diana Chao, 20, is a Chinese-American immigrant who grew up in Los Angeles, California. She is currently a sophomore at Princeton University and is studying geoscience, history, and diplomacy. After being diagnosed with bipolar disorder at the age of 13, she discovered that sharing her thoughts and feelings in letters—addressed to no one in particular—aided in her recovery. As a result, she launched “Letters to Strangers” (L2S), a global, youth-run mental health organization that is currently the only multilateral youth-to-youth mental health nonprofit in the world. Since its inception, L2S has impacted over 30,000 people on six continents. As a mental health advocate and artist, Diana fervently seeks to integrate socio-culturally literate art to promote mental wellness for youth. Her “Minority Mental Health Series: Thoughts” went viral in 2018, engaging over 2 million people, and her TEDxTeen talk has been viewed over 55,000 times. Diana also serves as a crisis worker for the National Suicide Prevention Hotline and Crisis Text Line. She speaks worldwide about youth mental health and her own experience with bipolar disorder.

Award Presentation:
Award Presentation: Young Leader Award presented to Diana Chao

Exhibit Hall Open
9:00 a.m.–4:00 p.m.
Whole Health Coaching: A New Approach for Promoting Psychosocial Recovery

Room 406 – PERSONAL CHANGE
Holistic care is a core principle of psychosocial rehabilitation, which is embodied in a new approach for personal change called “Whole Health Coaching.” Whole Health Coaching encourages you to examine spiritual, environmental and physical factors that affect mental health. This session will review five dimensions of Whole Health Coaching: food insecurity, yoga, spirituality, mindfulness, and home environment.

Jaclyn Clifford-Walter, MOT, OTR/L, Occupational Therapist, Psychosocial Rehabilitation Fellowship, Durham VA Health Care System, Durham, NC
Erin Garbarino, LLMSW, PSR Social Work Fellow, Durham VA Health Care System, Durham, NC
Charles Jardin, Ph.D., M.D., Psychology Fellow, Psychosocial Rehabilitation Fellowship, Durham VA Health Care System, Durham, NC
Taylor Thorpe, LCSWA, PSR Social Work Fellow, Durham VA Medical Center, Durham, NC
Zachary Hutchinson, M.Div., Psychosocial Rehabilitation and Recovery Chaplain Fellow, Durham VA Health Care System, Durham, NC

NAMI Family & Friends Presentation
Quinault Room – SOCIETAL CHANGE
Experience the NAMI Family & Friends program that is offered throughout the country for families, partners and friends of people with mental illness. This seminar introduces participants to NAMI resources and programs in addition to key topics: symptoms, diagnoses, treatment options and communication strategies.

Joan DeFilippo, Manager, Field Resource Development, NAMI, Arlington, VA
Kris Eschman, MBA, MSW, Senior Manager, Field Resource Development, NAMI, Arlington, VA
Karen Ranus, Executive Director, NAMI Austin, Austin, TX
Christina Schneider, Community Relations Coordinator, NAMI Austin, Austin, TX

Intercept Zero: Successfully Implement Prevention Within Your Community
Room 302 – SYSTEMS CHANGE
Our criminal justice, mental health and medical care systems are all designed to be reactive. However, too many people in mental health crisis spiral downward into incarceration, institutionalization and suicide due to a lack of early intervention. This workshop will provide real-world tips and tools for communities to design and implement useful, proactive solutions to intervene early in the mental health crisis to prevent these devastating outcomes.

Thomas Von Hemert, B.S., EMT, President, CIT International, and CIT Coordinator, Thomas Jefferson Area Crisis Intervention Team, Charlottesville, VA
Rhonda Thissen, M.S.W., Executive Director, NAMI Virginia, Richmond, VA
Achieving Evidenced-Based, Stepped Care, Technology-Informed Comprehensive Mental Health Care

Room 405 – SYSTEMS CHANGE
Comprehensive continuum of care provides timely, targeted and appropriate care by integrating mental health into primary care and telehealth to increase access. Learn about best practices, Assertive Community Treatment and strategies to support employment goals.

Shana K. Bakken, Ph.D., CRC, National Director, Therapeutic and Supported Employment Services (TSES), Office of Mental Health and Suicide Prevention (OMHSP), Veterans Health Administration; Washington, DC

Peggy M. Henderson, Psy.D., Deputy Director, Psychosocial Rehabilitation and Recovery, Office of Mental Health & Suicide Prevention, Veterans Health Administration, Washington, DC

Marsden H. McGuire, M.D., M.B.A., Director, Continuum of Care and General Mental Health Services, Office of Mental Health and Suicide Prevention (10NC5), VA Central Office, Washington, DC

Andrew S. Pomerantz, MD, National Mental Health Director, Integrated Services, Acting Director, Continuum of Care and General Mental Health, Office of Mental Health and Suicide Prevention, Veterans Health Administration; Washington, DC

WRAP: Advancing the Holistic Synergy Between the Medical and the Recovery Models of Treatment

Room 407 – SYSTEMS CHANGE
Learn about the universal principles of WRAP and identify how WRAP supports both the provider and recipient. Understanding holistic health options allow for the development of healthy boundaries between treatment models and with family/friend support.

Kate Hewlett, AA, OMH, OASAS, Peer Engagement Specialist, Otsego County Behavioral Health Services, Adult Clinic/NAMI Capital Region, Oneonta, NY

Sam Cochran, Major (Ret.), Co-Chairman of the Board, CIT International, Memphis, TN
Ron Honberg, J.D., Retired Senior Policy Advisor, NAMI, Arlington, VA
Phillip Kassel, J.D., Executive Director, Mental Health Legal Advisors Committee, Boston, MA
Robert Salazar, Vice President, NAMI Albuquerque, Albuquerque, NM
Howard Trachtman, B.S., CPS, CPRP, COAPS, Chair, NAMI Peer Leadership Council, Advocacy Committee, NAMI, Waltham, MA

The Destructive Impact of Imprisonment: Solitary Confinement of Prisoners with Mental Illness

Room 402 – SYSTEMS CHANGE
De-institutionalization and underfunded community-based services for people with psychiatric struggles has resulted in a large number of these individuals being held in jails and prisons. This session will focus on the disproportionately large population of prisoners with mental illness living in psychologically devastating solitary confinement cells, as well as what advocates are doing to combat this phenomenon.

Sam Cochran, Major (Ret.), Co-Chairman of the Board, CIT International, Memphis, TN
Ron Honberg, J.D., Retired Senior Policy Advisor, NAMI, Arlington, VA
Phillip Kassel, J.D., Executive Director, Mental Health Legal Advisors Committee, Boston, MA
Robert Salazar, Vice President, NAMI Albuquerque, Albuquerque, NM
Howard Trachtman, B.S., CPS, CPRP, COAPS, Chair, NAMI Peer Leadership Council, Advocacy Committee, NAMI, Waltham, MA

Writing from the Heart: Using Poetry as a Healing Response to Mental Illness

Room 304 – PERSONAL CHANGE
Poetry can be a useful healing response to trauma in vulnerable populations, especially youth of color. Learn the rationale for poetry in healing and ways to facilitate poetry with people who have mental health issues.

Paloma Andazola-Reza, M.S.W., LSWAIC, Program Manager, Pongo Poetry Project, Seattle, WA
Richard Gold, M.A., Executive Director/Founder, Pongo Poetry Project, Seattle, WA
Ann Teplick, M.F.A., Pongo Project Leader, Pongo Poetry Project/Seattle Arts, Seattle, WA
How to Successfully Challenge an Insurance Company’s Denial of Mental Health Benefits

11:00 a.m.–11:30 a.m.

Exhibit Hall – PERSONAL CHANGE

Patients who find themselves left in the lurch by insurance companies often do not know how to challenge the company’s denial of benefits. This session will provide a clear and practical framework for successfully challenging an insurance company’s denial of insurance benefits. We will use real life examples to explain the process, and provide a roadmap for successfully challenging a denial.

Guin Bogusz, J.D., Attorney, Gordon, Tilden, Thomas & Cordell, Seattle, WA
Brendan Winslow-Nason, J.D., CLMP, Attorney, Gordon Tilden Thomas & Cordell, Seattle, WA

Desi and Depressed: Mental Illness in the South Asian-American Community

12:30 p.m.–1:00 p.m.

Exhibit Hall – SOCIETAL CHANGE

This presentation will discuss how, while mental illness is universal, the circumstances surrounding it are not. Participants will learn about how culture, race, and religion can affect both the diagnosis and recovery of mental illness. Participants will also discuss how they can identify these differences in their own communities and address them in a way that will expand their impact and better serve their community.

Pooja Mehta, B.S., Development and Special Events Manager, NAMI North Carolina, Morrisville, NC
**Flash Sessions, continued**  
**Friday, June 21**

**NAMI on Campus**  
1:30 p.m.–2:00 p.m.  
Exhibit Hall – **SOCIETAL CHANGE**  
This session discusses why NAMI on Campus is important to youth. Workshop leaders will examine current and future events and projects and discuss the impact and growth of the program. Participants will learn meeting logistics, how to work with local NAMI affiliates and other community partners, how to start a NAMI on Campus chapter and how NAMI affiliates help their local college campuses.

Leah Beman, President, NAMI on Campus, NAMI Central Iowa and Iowa State University, Ames, IA  
Jennifer Rothman, Senior Manager, Youth & Young Adult Initiatives, NAMI, Arlington, VA

**Implementing an Integrated Behavioral Health Model in an FQHC**  
2:30 p.m.–3:00 p.m.  
Exhibit Hall – **SYSTEMS CHANGE**  
This session will provide participants with a brief overview of the need for Integrated Behavioral Health programs in federally qualified health centers (FQHCs) and community health programs. These reasons include high incidence rates, limited access to care within disenfranchised communities, and stigma. Medical and mental health professionals will learn of barriers to establishing integrated health models as well as best practices to consider implementation in their own practices.

Tracie Meyers, M.S.W., LCSW, Director of Community Services, Alliance Community Healthcare, Jersey City, NJ
FRIDAY, JUNE 21

Lunch Break
12:15 p.m.–1:30 p.m.

Ice Cream Break
in Exhibit Hall
12:30 p.m.–1:30 p.m.

Workshops – Group D
1.25 CE hours
1:30 p.m.–2:45 p.m.

Friend or Foe: How Relationships Influence our Mental Health
Room 305 – PERSONAL CHANGE
Quality friendships foster mental wellness, but toxic relationships may also trigger symptoms. When you have a mental illness, you may think that your friendships are bound to be more complicated. You may even deem healthy relationships impossible. But it’s very important to dispel the internalized stereotype that your relationships suffer because of your mental illness. This presentation discusses strategies to foster friendships and mental wellness.

Shainna Ali, Ph.D., LMHC, ACS, NCC, Counselor, Integrated Counseling Solutions, LLC, Orlando, FL

African American Church Business: What Every Organization and Mental Health Provider Needs to Know
Room 304 – SOCIETAL CHANGE
People seek pastors and faith leaders in the African-American community to provide information on topics from politics to health, including mental health. This makes mental health “church business.” Panelists will discuss the impact of faith and spiritual beliefs on mental health concerns and describe strategies for addressing mental health in the African-American community.

Brenda Richardson Rowe, LPCS, Ph.D., Minister of Counseling, Concord Church/ Harmony Counseling Center, Dallas, TX
Natasha Stewart, M.A., Director of Counseling, Potter’s House Church, Dallas, TX

Navigating the Justice System with Mental Illness
Room 306 – SYSTEMS CHANGE
Navigating the American justice system as a person with mental health issues can be daunting, stigmatizing, and frightening. This session will address ways to improve representation for and specific concerns of individuals with mental health conditions.

Jennifer Longtin, J.D., M.S., Attorney, JLongtin Law/ NAMI Colorado Board, Denver, CO
RESEARCH UPDATES

1.25 CE hours
1:30 p.m.–2:45 p.m.

Bipolar Disorder: A Lifetime of Passion, an Unpredictable Journey
Quinault Room – RESEARCH
Bipolar disorder colors individual emotional experiences in diverse and profound ways. There are no reliable lab-based diagnostic markers to identify risks of an impending episode. The Prechter Bipolar Research Program at the University of Michigan monitors a large group of participant collaborators with bipolar disorder in a comprehensive and multidisciplinary research program. This presentation summarizes the program, its findings and the implications for understanding the biological and psychological mechanisms behind bipolar disorder. Participants will hear innovative methods to provide prevention-oriented clinical monitoring.

Melvin McInnis, M.D., Thomas B. and Nancy Upjohn Woodworth Professor of Bipolar Disorder and Depression, Director, Heinz C. Prechter Bipolar Research Program, University of Michigan, Ann Arbor, MI

Digital Mental Health: Recent Findings and New Directions
Room 301 – RESEARCH
This session addresses the expanding interest in digital technologies like smartphones and sensors for mental health. It is important that all stakeholders remain educated and informed about the potentials and pitfalls of these new technologies. Panelists will cover four core areas of direct interest for mental health, including safety and privacy, evidence, engagement and clinical integration. Finally, this presentation will examine how technology is influencing new models of care delivery and what the digital mental health clinic looks like today and tomorrow.

John Torous, M.D., MBI, Director, Digital Psychiatry, Beth Israel Deaconess Medical Center/Harvard Medical School, Boston, MA

Unger Fellowship Discussions:

Combining Cognitive Training and Brain Stimulation: A Feasibility Study
Room 307 – RESEARCH
People with mental health conditions often have difficulty with thinking skills like attention, memory and problem-solving. These cognitive difficulties can interfere with important life goals such as working, going to school or maintaining relationships. This presentation will describe a pilot study of a combined cognitive training and brain stimulation intervention offered to people with schizophrenia and bipolar disorder who have difficulty with a cognitive skill called working memory.

Cynthia Zurhellen Burton, Ph.D., Clinical Lecturer, University of Michigan, Dexter, MI

Person-Centered Approaches to Inpatient Care and Assertive Community Treatment
Room 307 – RESEARCH
Mental health care works best when it is individualized, flexible, and all voices are heard. This presentation will review a model of integrated care incorporating recovery-oriented ideas and dialogic practice (a form of open communication) and discuss its implementation in an acute inpatient psychiatric hospital and in the community.

Erin C. Dowd, M.D, Ph.D., Psychiatrist-In-Charge, Instructor, McLean Hospital/Harvard Medical School, Belmont, MA
Workshops – Group E
1.25 CE hours
3:15 p.m.–4:30 p.m.

**Substance Use Disorders and Medication Assisted Therapy**
Room 307 – PERSONAL CHANGE
Over 2.5 million Americans report being addicted to opioids. For people with a mental health condition, approximately half will also struggle with a substance use disorder during their lifetime. Medication-assisted treatment (MAT) is a leading treatment for opioid use disorder. Learn more about how MAT can help, and how to access MAT resources.

Michaelene Kedzierski, R.Ph., CDP, Clinical Professor and Substance Abuse Consultant, Director of Advising and Consulting Services, School of Pharmacy, University of Washington, Seattle, WA

**Leveraging NAMI Sharing Your Story with Law Enforcement for Systems Change**
Room 304 – SYSTEMS CHANGE
NAMI leaders will learn about the new NAMI Sharing Your Story with Law Enforcement presenter program and hear from a panel of NAMI leaders providing this training in their communities about its impact on law enforcement. The panelists will also share how they leverage their roles to engage advocacy for larger systems change.

Mark Gale, Criminal Justice Chair, NAMI Los Angeles County Council, Los Angeles, CA
Betty Whiton, Board President, NAMI New Mexico, Albuquerque, NM
Eliza Williamson, M.Ed., M.F.A., CPS, Program Director, Community Education and Training, NAMI Massachusetts, Boston, MA
Shannon Scully (Moderator), M.P.P., Senior Manager, Criminal Justice Policy, NAMI, Arlington, VA

**One Family’s Journey Down the Bumpy Road to Recovery and Transition to Young Adulthood**
Room 305 – PERSONAL CHANGE
Adolescents and caregivers will discuss mental health challenges and initiate an action plan that empowers the young person to use their voice effectively to advocate for mental health recovery needs and goals. Families will learn how to apply strategies and readiness tools to address challenges they experience when navigating the school and mental health systems. They will also learn how working as a parent-child team increases successful solutions.

Melissa Tijerina, LMSW, Vice President, Child Behavioral Health and Long Term Care, The Center for Health Care Services, San Antonio, TX
Joseph Tijerina, Student, Presenter, NAMI In Our Own Voice, San Antonio, TX

**NAMI In Our Own Voice Presentation**
5th Floor Quinault Room – SOCIETAL CHANGE
Experience the NAMI In Our Own Voice presentation, which changes attitudes, assumptions and stereotypes about people with mental health conditions. Join the presenters as they share their personal perspective on mental illness.

Richard A. Martin, Jr., M.D., CPC, NAMI In Our Own Voice Presenter, NAMI Eastside, Redmond, WA
Aislin Percival, NAMI In Our Own Voice Presenter, NAMI Seattle, Seattle, WA

**Award Presentation:**
Joyce Burland Inspiration Award, presented to Eliza Williamson
1.25 CE hours
3:15 p.m.–4:30 p.m.

National Partnership on Behavioral Health and Tobacco Use
Room 405 – RESEARCH
In 2016, the National Partnership on Behavioral Health and Tobacco Use, led by the American Cancer Society and the University of California, San Francisco, set a goal to reduce smoking among adults with mental illnesses and/or substance use disorders to 30 percent by the year 2020. This goal would prevent an estimated one million deaths. The most recent National Survey on Drug Use and Health (NSDUH) shows that the smoking rate among those populations has now dropped to 30.5 percent. This session will describe the partnership’s action plan focused into six categories: peer education, policy changes, provider education and implementation, systems change, communications, and innovation.

Cliff Douglas, J.D.; Vice President for Tobacco Control, American Cancer Society; Adjunct Professor, University of Michigan School of Public Health, Ann Arbor, MI

Cultural Awareness: The History of Mental Health
Room 301 – RESEARCH
This session will explore the history of mental health for various cultures, including ethnic and minority groups. It will look at ways in which they face discrimination and present cultural mores that are important in addressing mental health in different cultures.

Maxie L. Gordon, M.D., President, Mississippi Psychiatric Association, Clifton, MS

DBT: The State of the Science & Clinical Implications
Room 302 – RESEARCH
This session will present a brief review of the established empirical findings specific to dialectical behavioral therapy (DBT) and highlight new areas of DBT application and emerging targets of research. Clinical implications based on the state of the science will be presented.

Kathryn E. Korslund, Ph.D., ABPP, Clinical Director, THIRA Health, Clinical Instructor, Psychology, University of Washington, Bellevue, WA
Is Anyone Listening? The Silencing of African American Women and Girls with Mental Health Issues
1.25 CE hours
3:15 p.m.–4:30 p.m.
Room 306 – SOCIETAL CHANGE
Led by panelists with lived experience, this session will focus on increasing the audience’s awareness of current efforts regarding mental illness among African-American women and girls. Workshop leaders will explain the negative impact of invisibility and silencing. They will educate the audience about social media campaigns dedicated to mental health wellness for African Americans and teach participants how to recognize symptoms of mental illness experienced by this population.
Christie Cruise, Ph.D., Education Consultant, Boys & Girls Clubs of Greater St. Louis, Swansea, IL
Shemya Vaughn, Ph.D., CRC, LPC, Counselor, The Sexuality & Disability Institute, St. Louis, MO
NAMI Family Support Group*
4:30 p.m.–6:00 p.m.
Room 402
Support groups are opportunities for people to share common experiences and receive group wisdom in a non-judgmental environment.
NAMI Connection Recovery Support Group*
4:30 p.m.–6:00 p.m.
Room 404
Support groups are opportunities for people to share common experiences and receive group wisdom in a non-judgmental environment. NAMI Connection Recovery Support Groups are for people who identify as having a mental health condition.

Special Interest Networking Sessions
4:45 p.m.–6:00 p.m.

FaithNet Networking
Room 405
Come learn what other NAMI leaders and members are doing to promote the role of faith communities as partners in mental health advocacy, education and support. NAMI FaithNet facilitates the development of a non-threatening, supportive environment within the faith community and encourages advocacy of the faith community to bring you hope and help for all who are affected by mental illness.

African American Networking
Room 304
NAMI invites all attendees who identify as African American or support the African American community to join in this opportunity to network and share experiences and ideas.

Latinx American Networking
Room 407
NAMI invites all attendees who identify as Latinx American or support the Latinx American community to join in this opportunity to network and share experiences and ideas.

Asian and Pacific Islander American Networking
Room 305
NAMI invites all attendees who identify as Asian and Pacific Islander American or support the Asian and Pacific Islander American community to join in this opportunity to network and share experiences and ideas.

*Please arrive 10-15 minutes early to attend NAMI support groups. Support groups are limited to fifteen participants each and are closed once they are full and/or in session.
Celebrating Advancements: When the Judiciary Joins the Conversation
1.50 CE hours

**4:45 p.m.–6:15 p.m.**

**5th Floor Quinault Room**

As thought leaders in their states and nationally, judges and court administrators are challenging communities to address persistent mental health challenges, leading to important changes in criminal justice and mental health systems. Presenters will highlight the results of judges, law enforcement officials, and system leaders engaging with policy researchers, mental health providers, people with lived experience and legislators to forge new paths and to advance legislation, funding and accountability across systems. This special session will spotlight the Texas Judicial Commission on Mental Health as a significant model for judicial leadership and community action.

**Welcoming:**

Justice Jeffrey V. Brown, Supreme Court of Texas, Co-Chair of Texas Judicial Commission on Mental Health, nominated for U. S. District Court for the Southern District of Texas, Austin, TX

Judge Barbara Hervey, Texas Court of Criminal Appeals, Co-Chair of Texas Judicial Commission on Mental Health, San Antonio, TX

**Presenters:**

Andy Keller, Ph.D., President and CEO, Meadows Mental Health Policy Institute, Dallas, TX

David Slayton, M.P.A., Executive Director, Texas Judicial Council, and Administrative Director, Texas Office of Court Administration, Austin, TX

David O. Brown, Former Chief, Dallas Police Department (2010-2016), George W. Bush Institute Fellow, Dallas, TX

Judge William J. Boyce, Vice-Chair, Texas Judicial Commission on Mental Health, Chair, Advisory Committee on Guardianship, Mental Health and IDD, Texas Judicial Council, former justice, 14th Court of Appeals (2007-2018), Houston, TX

**Moderator:**

Adrienne Kennedy, M.A., President, NAMI Board of Directors, Austin, TX

**Award Presentation:**

Sam Cochran Criminal Justice Award, presented to Judge William J. “Bill” Boyce

**Celebrate NAMI Washington’s 40th Anniversary with The Brain Power Chronicles: Mental Health Stories**

**6:00 p.m.–7:30 p.m.**

**5th Floor Elwha Ballroom**

Powerful stories that spotlight the intersection of mental health and the arts.

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VISIT US AT BOOTH 203
SATURDAY, JUNE 22

Sunrise Walk with NAMIWalks
7:00 a.m.
Main Lobby
Start your day with a brisk 30-minute walk through the heart of Seattle, led by the NAMIWalks team.

Interfaith Prayer and Share Services
7:30 a.m.–8:30 a.m.
Room 301
This participatory gathering allows us to slow down, reflect and meet others on the faith journey. We invite you to contribute from your own faith tradition with silence, a song, a prayer, a reading or words to help. Moments of Remembrance will honor friends and loved ones in a safe and sacred space. The service is easy to plan and can be replicated in your own organization.

Research Plenary
1.50 CE hours
9:00 a.m.–10:30 a.m.
Columbia Ballroom
Dr. Robert K. Heinssen will summarize advances and data supporting Coordinated Specialty Care (CSC) as an effective and person-centered treatment for early psychosis. and discuss new partnerships among young people, family members, clinicians and scientists required to achieve the shared goals of science-driven, continuously improving care in early psychosis.

Robert K. Heinssen, Ph.D., Director, Division of Services and Intervention Research, National Institute of Mental Health, Rockville, MD

NAMI Annual Business Meeting
10:45 a.m.–12:00 p.m.
Columbia Ballroom
The business meeting allows us to celebrate, honor and commend the hard work and leadership of some NAMI “superstars.” We will introduce the NAMI Board of Directors, announce the results of the 2019 Board of Directors election and review the annual reports from the President and Treasurer of the Board. Hear from NAMI Acting CEO Angela Kimball and Board President Adrienne Kennedy.

Award Presentations:
Outstanding NAMI State Organization Award, presented to NAMI Washington
Outstanding NAMI Affiliate Award, presented to NAMI Fox Valley, WI
Outstanding NAMI Member Award, presented to NAMI Members in Pennsylvania
Multicultural Outreach Award, presented to Lorenzo Lewis and the Confess Project

Lunch Break
12:15 p.m.–1:00 p.m.
Special Workshop
4.0 CE hours
1:00 p.m. – 5:00 p.m.

Cognitive Behavioral Therapy for Psychosis: What It Is, What It Does, and How You Can Help
Elwha Ballroom – Ticket Required
Cognitive Behavioral Therapy for psychosis (CBTp) is an evidence-based intervention that is recommended as an adjunctive treatment for psychosis. This workshop will provide an overview of this therapy approach, discuss key skills, and explore how family members may draw upon CBTp skills to support the well-being of their loved one.

Kate Hardy, ClinPsychD, Clinical Associate Professor, Psychiatry & Behavioral Sciences, Co-Director, INSPIRE Clinic, Stanford University, Stanford, CA
Sarah Kopelovich, Ph.D., Assistant Professor, Psychiatry & Behavioral Sciences, University of Washington School of Medicine, Director of Training, Northwest Mental Health Technology Transfer Center, Seattle, WA

Workshops – Group F
1.25 CE hours
1:30 p.m. – 2:45 p.m.

Engaging Young Adults: How to Get Younger Populations Invested in NAMI
Room 402 – SOCIETAL CHANGE
Participants will hear from a panel of young adults who volunteer with NAMI Washington Affiliates and a local NAMI leader. Panelists will share examples of why they’re involved with NAMI and how sharing their journey with young people has helped their recovery. Participants will learn how to gain interest from young adults, what benefits can come from young adult involvement, how to empower and encourage growth, and strategies for maintaining and increasing involvement.

Andrew Thomas Ayala, Young Adult Presenter, NAMI Ending the Silence, NAMI Thurston-Mason, Lacey, WA
Katie Donohue, Volunteer Coordinator, Young Adult Presenter, NAMI Ending the Silence, NAMI Greater Orlando, Orlando, FL
Aislin Percival, Young Adult Presenter, NAMI Ending the Silence, NAMI Seattle, Seattle, WA
Jennifer Rothman, Senior Manager, Youth and Young Adults, NAMI, Arlington, VA
Lauren Simonds, Executive Director, NAMI Washington, Seattle, WA
NAMI Connects: How to Implement and Secure Funding for The Next Level of Care in a Hospital Setting

Room 304 – SYSTEMS CHANGE
NAMI Connects staff explain the benefits of providing emotional support and expanded access to resources in an inpatient environment through this unique NAMI-OC program. Individuals with lived experience enter the hospital environment to empathize, communicate, and engage with mental health services and programs to achieve better patient outcomes. In this seminar, your takeaways will be securing funding, hiring and training staff, and implementing the program within the department.

Amy Durham, Director of Development, NAMI Orange County, Santa Ana, CA
Aisha Khan, M.P.H., Family Mentor, NAMI Orange County, Santa Ana, CA
Neftali Pereda, Psy.D., Founder and President, Season 5 Community Consulting, Santa Ana, CA
Rocio Valencia Vega, LCSW, Program Manager, Hoag Hospital, Mental Health Center, Newport Beach, CA

Federal Legislative Briefing and NAMI Policy Priorities

Room 305 – SYSTEMS CHANGE
Learn about NAMI federal legislative agenda and the status of policy issues currently before Congress and the Trump Administration that impact people with mental illness. Hear updates on NAMI policy priorities, including proposals aimed at promoting innovation, improving mental health care and supporting recovery. This session will share the status of current proposals and ways that NAMI leaders and advocates can get involved.

Jennifer Snow, M.P.A., Director, Public Policy, NAMI, Arlington, VA
Andrew Sperling, J.D., Director, Legislative Affairs, NAMI, Arlington, VA

Award Presentation:
Richard T. Greer Advocacy Award, presented to Matthew Shapiro

Salesforce 101: NAMI 360 Training for States and Affiliates

Room 306 – SYSTEMS CHANGE
This session will provide participants an overview of NAMI 360 and cover general information about the training, introduce the NAMI Salesforce team, and include a Q & A period.

Liz Norton, Certified Salesforce Administrator, Senior Systems Manager, NAMI, Arlington, VA
James Stewart, Chief Information Officer, NAMI, Arlington, VA
Britzel Zuniga, B.S., Salesforce Administrator, NAMI, Arlington, VA
Rule Changer: Your Event as an Advocacy Tool
Room 307 – SYSTEMS CHANGE
How can engaging policymakers in your events create meaningful relationships that have lasting impact for people affected by mental illness? Come hear best practices of NAMI State Organizations and NAMI Affiliates who engage elected officials in NAMIWalks and other events to gain their support and partnership on policy and advocacy issues important to our mission.
Wayne Baldaro, Lead, Field Resource Development, NAMI, Arlington, VA

LGBTQ Networking
3:15 p.m.-4:30 p.m.
Room 302
NAMI invites all attendees who identify as LGBTQ or support or work in the LGBTQ community to join in this opportunity to network and share experiences and ideas about the work you are doing in your community.

NAMI Celebration and Awards Banquet
6:00 p.m. – 8:00 p.m.
Columbia Ballroom
Join us for a joyful evening to celebrate and close out the 2019 NAMI National Convention. Reflect on the achievements of the past year, draw on new energy generated by the convention and enjoy entertainment and each other.

Awards Presentation:
NAMI Distinguished Service Award, presented to Robert K. Heinssen, Ph.D.
NAMI Lifetime Achievement Award, presented to Ron Honberg, J.D.

Thank you to our 2019 Advancing Discovery Summit sponsors – supporting research for newer, better treatments.

To learn more, please visit NAMI.org/Advancing-Discovery
TIPS & USEFUL INFO

CONTINUING EDUCATION CONTACT HOURS

NAMI is approved by the California Board of Registered Nursing and the Minnesota Board of Social Work to offer contact hours. Sessions with CE contact hours are marked in the program with the following icon: **1.25 CE hours**. Keep track of which sessions you attend so you have the information necessary to complete your application. Participants are responsible for verifying with their own respective state board/agencies that the CEs offered at the convention through accreditation are accepted in their home states. Please note the following:

- There is a $20 fee to apply for credits.
- You must apply for credit at the CEU Desk on-site at the convention within 24 hours after the session so we can verify session attendance.
- To pick up your application, visit CE check-in by the NAMI Information Desk.

Say “Yes” to Cellphones *(on vibrate)*

**Do’s and Don’ts**

- **Do** turn cellphones to vibrate or mute when attending a session as a courtesy to fellow attendees and speakers.
- **Do** wear your name badge at all times. It is required for entrance into the exhibit hall and sessions.
- **Do** pick up ribbons for your name badge at the NAMI Information Desk.
- **Do** ask before you pet a working service dog.
- **Do** always keep your working service dog on a leash and under your control.
- **Do** check the message board in the NAMI registration area. Messages for attendees can be posted here, and any last-minute programming changes will be listed.
- **Do** use social media to “tweet” and talk about the Convention. Use #NAMICon19 when posting.
- **Do** ask for assistance if needed. NAMI staff and volunteers, as well as hotel staff, are available to help.
- **Do** visit the NAMI Store in the Exhibit Hall.
- **Do** donate your Closing Banquet ticket at the NAMI Registration Desk if you will not be using it; this will make it available to a volunteer working at the convention.
- **Do not** smoke at any convention event or in any public areas of the Hyatt Regency Seattle. Smoking is permitted only outside the hotel building.
- **Do not** take reserved seats at the front of the room during the plenary sessions. These are reserved for sight-impaired, deaf and hard-of-hearing attendees.

Complimentary internet is available in the meeting spaces and sessions throughout the Convention for email, mobile app and social media access. From the list of Wi-Fi networks, connect to **Hyatt_Meeting** with password **nami19**.
Be Social and Be Part of the Conversation
Sharing your convention experience on Facebook, Twitter, Instagram and the convention Mobile App. Tweet quotes and takeaways during sessions and take photos. Post to social media with our hashtag #NAMICON19.

Convention Planning Made Easy
Download the NAMI Convention app by visiting your App Store and searching for the “Aventri Events” app, then enter Access Code 778151 or scan the following QR Code:

- Detailed workshop descriptions with presenters and CE information
- Create a customized schedule
- Connect with other attendees
- Plan your trip to the Exhibit Hall
- Get the latest updates, reminders and schedule changes
- Offer feedback on workshops using the in-app evaluations

Dinner Ticket
All full convention registrants received a ticket for Saturday night’s Closing Banquet with their registration materials. For those not registered for the full convention, tickets for the Closing Banquet must be purchased for $80 at the NAMI Registration Desk.

NAMI Resources
Resources about NAMI services, policy issues, NAMIWalks, educational programs and all things NAMI are available at www.nami.org.

Photography and Videography
Film and photography efforts may be ongoing during the convention. Consequently, attendees may be featured in NAMI-related motion picture footage, still photographs or sound recordings for art, advertising, trade or other lawful purposes. By attending the convention, you grant NAMI the right to use such multimedia in print, electronic or other media and waive any right to inspect or approve such multimedia.
Amenities for Attendees with Mental Health Conditions

NAMI welcomes people living with mental illness attending the convention and offers several special services for them. People with mental illness are encouraged to visit the Welcome Center, located in Room 701 on the seventh floor. The Welcome Center offers an opportunity to relax and talk with others. Peer counselors will be available to assist if needed. NAMI is grateful for the support of Beacon Health Options for making the Welcome Center a part of the convention. For opening hours, see page 8.

Tips for Planning Your Personal Convention Schedule

• Review the program schedule carefully and plan your personal schedule. You will not be able to attend everything.
• Devise a schedule as a group to cover as many sessions as possible.
• Be sure to schedule breaks and rest periods for yourself.
• Purchase audio recordings of the sessions you were not able to attend.
• To apply for CEs, you will need to visit the CE check-in next to the NAMI Information Desk each day to get your credits approved. Mark your attendance on your program so you can remember which sessions you attended.

Dining Out

Seattle offers a variety of cuisines – something for every taste. Visit the NAMI Information Desk or the hotel concierge for tips on where to dine out.

Lost and Found

Lost something? The NAMI Information Desk and hotel security serve as the lost-and-found.

Audio Recordings of Convention Sessions

Nearly all sessions will be recorded and available on CD. An order form is included in the registration packet, or individuals may stop by the VW Tape Sales Desk. These audio recordings are an excellent way to share the convention with NAMI State Organization and Affiliate members who were not able to attend.

Participation Statement

Admittance to all NAMI convention areas, sessions, workshops and the exhibit hall is limited to registered attendees with convention badges. Admittance to ticketed luncheons and dinners is limited to attendees with tickets. The NAMI Convention is a private event and organizers have the right to admit or deny entrance.

Safety Information for Attendees

For everyone’s safety and enjoyment, please be self-aware and alert about your surroundings. If you are experiencing distress or you observe another person in distress, please see a NAMI staff member or visit the Welcome Center for support. NAMI is committed to helping attendees receive appropriate and timely assistance.
Indivior is committed to ending the stigma around addiction and other mental health disorders.

Because everyone deserves hope for a bright future

We share your commitment to building a better tomorrow.

Working together toward advancing mental health for all.

Helping people throughout life’s journey.

Visit GCE.org or email tensservices@gce.org.
NAMI Distinguished Service Award

Robert K. Heinssen, Ph.D.
The Distinguished Service Award recognizes exceptional efforts to further NAMI’s goal of improving the lives of people with mental illness. NAMI proudly recognizes Dr. Heinssen with the 2019 NAMI Distinguished Service Award.

Dr. Heinssen’s work significantly advanced research in early identification and diagnosis, treatment and positive outcomes for people with severe mental illness. NAMI applauds Dr. Heinssen’s critical leadership as Study Director for the National Institute for Mental Health’s “Recovery After an Initial Schizophrenia Episode” (RAISE) initiative. This groundbreaking study showed that Coordinated Specialty Care (CSC), a team-based, person-centered model of care in First Episode Psychosis programs dramatically improves outcomes for young adults experiencing early psychosis.

Today, there are more than 260 CSC programs nationwide. This unprecedented adoption of a new standard of care was in large part due to Dr. Heinssen’s skillful collaboration with federal agencies, state mental health leaders, and with NAMI and other partners.

Dr. Heinssen’s distinguished work will change the trajectory of mental illness for young adults and their families across the country.

This award will be presented at the NAMI Celebration and Awards Banquet on Saturday, June 22.

Lionel Aldridge Champions Award

Mauro Ranallo

The Lionel Aldridge Champions Award recognizes an individual living with mental illness who exhibits courage, leadership and service on behalf of all people living with mental illness. NAMI proudly recognizes Mauro Ranallo.

Mr. Ranallo is an acclaimed combat sports announcer, best known as the voice of ringside boxing play-by-play announcing and subject of Showtime’s “Bipolar Rock ‘N’ Roller” documentary. Through the documentary and his relationships, Mr. Ranallo takes every opportunity not only to excel at his profession, but to show everyone what is possible for him and for the people he is so desperate to reach.

After struggling in private for years, he now fully embraces his role as an educator and lifesaver as every day, in every way, he shows the world what mental illness looks like. Mr. Ranallo partners with NAMI as an Ambassador to contribute his time and talent in the NAMI CureStigma campaign, in support of our advocacy initiatives and, most notably, to extend hope, kindness and encouragement to others.

This award will be presented at the screening of “Bipolar Rock ‘N’ Roller” on Thursday, June 20.

Outstanding Friend of NAMI Award

Rodney F. Hochman, M.D.
The Outstanding Friend of NAMI Award recognizes a person, company or organization that strives to further its mission to improve the lives of people affected by mental illness.

This year, NAMI is pleased to present the 2019 Outstanding Friend of NAMI Award to Dr. Rodney Hochman. Dr. Hochman is the President and CEO of Providence St. Joseph Health, a not-for-profit health system serving Alaska, California, Montana, New Mexico, Oregon, Texas and Washington that includes 50 hospitals, over 800 clinics, senior services, supportive housing, and many other health and educational services. In honoring Dr. Hochman with this award, NAMI recognizes his 30 years of committed interest and service in mental health advocacy. Under his guidance and leadership, Providence St. Joseph Health provided instrumental support for NAMI’s efforts to expand mental health awareness including funding the creation and launch of the NAMI Family & Friends seminar as well as the translation of the seminar into 6 languages.

Dr. Hochman further demonstrated his dedication to the mental health community by playing an instrumental role in the development
of the Well Being Trust, the charitable arm of Providence St. Joseph Health. The Well Being Trust is an independent nonprofit that focuses on advancing clinical, community and cultural change in the United States. Through their approach to clinical and community transformation, social engagement, policy and advocacy, learning and innovation, the Well Being Trust stands as an undisputed leader in the space, striving toward their goal of increasing the well-being of people in the United States. NAMI expresses deep gratitude to Providence St. Joseph Health, Dr. Rod Hochman and the Well Being Trust for the commitment and dedication to NAMI, and the entire mental health community and movement.

This award will be presented during the Opening Plenary on Thursday, June 20.

Richard T. Greer Advocacy Award
Matthew Shapiro
The Richard T. Greer Advocacy Award, named after NAMI’s first legislative director and lifelong grassroots advocate, recognizes leadership and vision in advocacy. NAMI proudly recognizes Matthew Shapiro, Associate Director of Public Affairs, NAMI New York State.

Matthew is a powerful voice on mental health issues and an effective advocate in Albany and Washington, DC. Thanks to his diligent efforts representing mental health concerns, including pressing topics such as CIT, housing, AOT and suicide prevention with prominent personalities in media and the State House, Matthew has successfully impacted legislative and budget victories and is emerging as a respected authority on these topics. Matthew has also empowered countless people by teaching them how to use their stories and voices to effectively communicate to legislators the needs of individuals and family’s impact by mental illness.

Matthew’s outstanding contributions to NAMI New York State’s advocacy work is demonstrated by his development of their advocacy guide, advocacy video series, Action Alerts and e-newsletter. He also plans NAMI-NYS Education Conference and ensures advocacy issues are prominent.

This award will be presented at the Federal Legislative Briefing and NAMI Policy Priorities on Saturday, June 22.

Multicultural Outreach Award
Lorenzo Lewis
The Multicultural Outreach Award honors effective efforts to ensure that ethnic, cultural and other minorities are a strong, vital and valued part of the NAMI community. NAMI proudly recognizes Lorenzo Lewis and the Confess Project’s exemplary outreach to boys and men of color.

Mr. Lewis’ vision to reach boys and men of color began in 2016. The Confess Project has since become a leading voice in mental health advocacy. The Confess Project’s team of public health experts, therapists and education professionals designs programs that confront taboos and empower individuals. Their efforts feature unique, innovative programs including training barbers as mental health advocates, mentoring programs for youth, student mental health wellness programs and an ambassador program that trains facilitators to promote mental health wellness in underserved communities.

Thanks to Lorenzo Lewis’ work, many are better equipped to overcome mental health challenges and prepared to join the movement as advocates and mentors. NAMI applauds Mr. Lewis for this incredibly impactful outreach, accomplishments to date and ongoing success.

This award will be presented during the Annual Business Meeting on Saturday, June 22.

Outstanding NAMI Member Award
NAMI Members in Pennsylvania
The Outstanding NAMI Member Award is the highest honor given to members in recognition of their longstanding, effective work toward accomplishing NAMI goals. This year, NAMI proudly recognizes the NAMI member community in Pennsylvania for persevering in service of the NAMI mission, despite many years of challenges in its leadership and structure.

Working with a common purpose, overcoming differences and improving lives across the state, members of the NAMI Pennsylvania community truly reflected the heart of NAMI. These accomplishments point to a bright future that will benefit individuals and family members across Pennsylvania.

This award will be presented during the Annual Business Meeting on Saturday, June 22.
NAMI AWARDS

Rona and Ken Purdy Award to End Discrimination

Taraji P. Henson

The Rona and Ken Purdy Award to End Discrimination honors an individual or organization’s significant work to raise public awareness of mental illness and reduce stigma. NAMI proudly recognizes Taraji P. Henson as this year’s recipient.

By lending her time, talent and platforms to the mental health movement, Taraji P. Henson actively works to remove the stigma surrounding mental health issues in the African American community. She created a foundation, The Boris Lawrence Henson Foundation, to honor her late father.

The foundation’s vision is the eradication of stigma around mental health issues in the African American community. The foundation executes this vision by providing support and bringing awareness to mental health issues that plague the African American community. They are committed to partnering with nonprofit organizations, such as NAMI, that offer programs that educate, celebrate and bring awareness to the positive impact of mental health wellness.

In the past year, Ms. Henson and the foundation actively supported NAMI awareness campaign efforts, fundraising and educational activities with corporate partners, including Lord & Taylor Charity Days. In addition to this and other partnerships, the foundation works to provide scholarships to African American students majoring in mental health, offering mental health services to youth in urban schools and working to lower the recidivism rates of African American men and women.

By openly sharing her personal struggles with mental health as well as those of her father, a Vietnam War veteran who struggled on his return home, and her son, Marcell, Ms. Henson truly embraces the NAMI mission of shared experience and works to offer help and hope to those in need, specifically those underserved.


This award will be presented during the Opening Plenary on Thursday, June 20.

Sam Cochran Criminal Justice Award

Judge William J. Boyce

This prestigious award, named after the founder of the Crisis Intervention Team (CIT) training program, recognizes outstanding work in the criminal justice system to deal fairly and humanely with people with mental illness. NAMI proudly recognizes Judge Boyce, one of the most respected advocates for judicial change and legislative action in Texas.

Judge Boyce’s leadership on the Texas Judicial Council and work to create the Texas Judicial Commission on Mental Health resulted in sweeping improvements in judicial practices, intervention and care for those living with mental illness who become involved in the criminal justice system.

Countless lives will change thanks to his tireless, effective work to decriminalize mental illness.

This award will be presented at the Celebrating Advancements: When the Judiciary Joins the Conversation on Friday, June 21.

Young Leader Award

Diana Chao

The NAMI Young Leader Award recognizes a young adult between the ages of 16 and 30 who exhibits exceptional leadership, increases resiliency, promotes recovery and works to ensure that young people with mental illness live a full life in the community. NAMI proudly recognizes Diana Chao, an outstanding advocate for mental health.

Diana Chao’s transformational leadership enabled her to take her personal experience and create a mission. As a teenager newly diagnosed with bipolar disorder, Diana discovered the healing force of writing letters. This inspired her to found and build Letters to Strangers (L2S), a global, youth-run nonprofit changing the way youth express mental health. Their namesake activity is a letter exchanging campaign where members of L2S chapters write anonymous, heartfelt letters exchanged either in-chapter or with partner sites such as orphanages, refugee camps, homeless shelters, rehabilitation centers and juvenile prisons.
The L2S mission is driven by the belief that “writing is humanity distilled into ink” and that exchanging an anonymous letter with a stranger can be powerfully therapeutic. Since 2013, L2S has impacted over 30,000 people worldwide with chapters on five continents.

*This award will be presented at the Friday Plenary on June 21.*

**Joyce Burland Inspiration Award**

**Eliza Taggart Williamson, M.Ed., M.F.A., CPS**

The Joyce Burland Inspiration Award recognizes an exemplary NAMI program leader or staff who has demonstrated creativity, dedication and resourcefulness to expand the NAMI programs in which he or she is involved. NAMI proudly recognizes Eliza Williamson, a shining example of an activist, an advocate and voice for social justice.

Eliza came to NAMI in 2012 when she trained as an In Our Own Voice (IOOV) presenter. In 2013, she became a NAMI Peer-to-Peer (P2P) leader. In October of 2015, Eliza became the NAMI Massachusetts Program Director for IOOV, and under her guidance the program grew exponentially. In four short years, the IOOV team offered over 2,200 presentations reaching over 55,000 people across Massachusetts. Eliza now trains IOOV and P2P leaders in Massachusetts and serves as a national trainer for both programs.

Eliza's focus on diversity and inclusion within the IOOV program led to triple the number of presenters from marginalized communities. Her commitment to the LGBTQ community led NAMI Massachusetts to expand its outreach to include issues specific to the LGBTQ community. Eliza also recruited and trained many young adults for IOOV, recognizing the importance of youth voices. In September 2018, Eliza became Director of Community Education and Training for NAMI Massachusetts, with IOOV, school-based, and law enforcement programs under her purview. She is fiercely committed to amplifying the voices of people with lived experience within the conversation shaping the future of mental health programs.

Eliza writes and teaches writing workshops in Massachusetts and Maine. She was the youngest person to serve on the NAMI Massachusetts Board of Directors and was a cast member in the inaugural Boston production of “This is My Brave.” Eliza is a trainer for both the Certified Peer Specialist certification training in Massachusetts and the Norfolk County Crisis in Training and Technical Assistance Center. She serves on the Massachusetts Commission on LGBTQ Youth and is a member of the Human Rights Committee for Advocates Inc. Eliza lives outside Boston with her wife Heather and their dog Nelson, and a short distance from her parents, sister and brother-in-law and her favorite person on earth, her eight-year-old niece, Sabina.

*This award will be presented at the NAMI In Our Own Voice presentation on Friday, June 21.*

**Outstanding NAMI Affiliate Award**

**NAMI Fox Valley**

The Outstanding NAMI Affiliate Award recognizes exceptional efforts at the local level to carry out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI is proud to present NAMI Fox Valley with the Outstanding NAMI Affiliate Award.

NAMI Fox Valley has been a leader and outstanding affiliate in Wisconsin for many years serving three counties, including Calumet, Waupaca and Winnebago. They offer strong programming, including six NAMI Signature Programs and others that utilize the efforts of 232 volunteers providing 6,344 volunteer hours. NAMI Fox Valley’s NAMIWalks program raised $93,000 in 2018.

As a strong community presence, NAMI Fox Valley works extensively with other organizations to accomplish common goals. NAMI Fox Valley also worked to bring the first CIT training to Wisconsin in 2004 and continues to stand as a leader in officer training.

Through outreach to diverse communities, NAMI Fox Valley successfully connected with the Latinx community through churches, stores and community leaders, as well as enlisting a Latin Peer Advocate to further foster ties to the community. Initiatives aimed to serve this community include developing a Facebook page and website links in Spanish and offering NAMI De Familia a Familia, NAMI Persona a Persona, and other programs in Spanish.

*This award will be presented at the NAMI Annual Business Meeting on Saturday, June 22.*
NAMI AWARDS

Outstanding NAMI State Organization Award

NAMI Washington

The Outstanding NAMI State Organization Award recognizes exceptional efforts by a state to carry out the NAMI mission as defined by the NAMI Standards of Excellence. This year, NAMI proudly recognizes NAMI Washington for demonstrating exceptional leadership.

After reaffiliation, NAMI Washington’s efforts led to endorsement and NAMI Board approval for 19 Affiliates. NAMI Washington leads the field by taking opportunities to pilot new programs such as NAMI Family & Friends and was selected to participate in the Alignment Project. They maintain a strong statewide advocacy presence, participating in multiple grant projects.

NAMI Washington’s strong community presence is demonstrated by the number of program offerings, including nine NAMI Signature Programs that reach over 2,224 people. NAMI Washington proactively reaches out to various communities through its Diversity, Equity and Inclusion Committee, which will spearhead statewide efforts.

*This award will be presented at the NAMI Annual Business Meeting on Saturday, June 22.*

NAMI Lifetime Achievement Award

Ron Honberg, J.D.

The NAMI Lifetime Achievement Award celebrates a lifetime of achievements and exceptional contributions that advance the NAMI mission to build better lives for people living with mental health conditions.

Ron Honberg exemplifies what NAMI is all about—caring for people with mental health conditions and their families. Throughout his 30 years at NAMI as National Director of Policy and Legal Affairs and Senior Policy Advisor, Ron worked tirelessly and passionately on behalf of individuals and families, helping countless people with his deep sense of empathy and social justice.

Ron possesses expertise on a wide range of legal and criminal justice issues, earning him the recognition and respect of thousands of people, from NAMI members across the country, to leading policymakers on Capitol Hill. Ron led tremendous work on ground-breaking reports, including Grading the States and Double Tragedies.

The NAMI community undeniably benefited from his exceptional ability to tackle the toughest issues by facilitating thoughtful dialogue and creating nuanced positions on complex issues such as the death penalty, assisted outpatient treatment (AOT) and gun violence. This incredible range of knowledge and skill established Ron’s presence as a sought-after national expert, in and out of the media.

Throughout his career, Ron was instrumental in raising the stature of NAMI and changing the national discourse around mental illness.

*This award will be presented at the NAMI Celebration and Awards Banquet Saturday, June 22.*
Get ready to spread the word and bring about positive change by helping people think differently about mental health.
NAMI thanks all convention exhibitors, whose contributions and efforts support the NAMI movement. Convention attendees are encouraged to visit the Exhibit Hall, located in the Regency Ballroom.

115
ABLE Savings Plan
Olympia, WA
washingtonstateable.com
Eligible individuals and their families will be allowed to establish ABLE savings accounts that will largely not affect their eligibility for SSI, Medicaid and other public benefits.

315
Anthem
Washington, DC
antheminc.com
Anthem, Inc. is one of the nation’s leading health benefits companies. We focus on being a valued health partner and delivering quality products and services that give members access to the care they need.

510
Ask the Psychiatric Pharmacist
cpn.org
Psychiatric Pharmacists are available at the NAMI National Convention to answer your questions on your medications including your options, how the medications support your therapy goals and how to best take your medications. Psychiatric Pharmacists are at NAMI courtesy of the College of Psychiatric and Neurologic Pharmacists, an association of pharmacist members focused on improving the lives of those living with mental illness.

313
Averte
Bradford, VT
averte.com
Averte is a licensed clinical residential treatment program located in VT and NH. Averte assists adults in changing the trajectory of their lives using CBT and DBT informed therapy, meaningful activity and employment.

400
Beacon Health Options
Norfolk, VA
beaconhealthoptions.com
Beacon is a behavioral health management company serving 40 million people. As a national leader in mental health/substance use disorder services and pioneer of the peer support model, we are committed to helping people access high quality behavioral health treatment, connecting them to meaningful care for long-lasting recovery.

203
bp Magazine & esperanza
Buffalo, NY
bphope.com hopetocope.com
Award winning publications: bp Magazine & esperanza (hope) along with their online companions: bphope.com & hopetocope.com are dedicated to educating and empowering the bipolar, anxiety and depression communities. Packed with cutting-edge research, in-depth features and real-life profiles they offer hope that serve to inspire and inform.

311
BrainsWay
Hackensack, NJ
brainsway-usa.com
BrainsWay is a leader in non-invasive treatments for brain disorders utilizing Deep Transcranial Magnetic Stimulation. Our patented technology is FDA-cleared to treat depression patients who are not currently responding to medication, as well as patients suffering from OCD. BrainsWay treatment is covered by insurers and well-accepted by the medical community.
213
Brandman University
Irvine, CA
brandman.edu
Brandman University is a fully accredited, private, nonprofit university designed for working adults seeking to improve their careers through education. With many programs offered online as well as on-campus at our 25+ locations, Brandman is here to help you reach your educational goals.

306
Caregivers on the Homefront
Kansas City, MO
caregivers-homefront.org
Caregivers on the Homefront provides support for those that care for our nation’s wounded Veterans, military service members, and first responders. We do so by providing in-person and online support groups, educational workshops, and restorative weekends. We also advocate on behalf of our caregivers within local, state, and federal communities.

205
Cedar Hills Hospital
Portland, OR
cedarhillshospital.com
94-bed inpatient facility providing acute psychiatric crisis stabilization, mental health and chemical dependency treatment and medically-managed detox (Level IV) for alcohol and drugs.

111
Center for Cognition and Recovery
Beachwood, OH
ccr4life.org
CCR is revolutionizing the landscape of mental health through innovative treatments and trainings. CCR trains in Cognitive Enhancement Therapy (CET), an evidence-based practice, to help people living with schizophrenia and related cognitive disorders to improve brain and cognitive development. CCR also provides Special Populations Response Training (SPRT)® to de-escalate crisis situations without force.

312
Centers for Medicare & Medicaid Services Office of Minority Health
Washington, DC
go.cms.gov/c2c
From Coverage to Care educational materials helping consumers to understand and use their health insurance coverage for physical and behavioral health and well-being.

407
CIT International
Brookfield, IL
citinternational.org
CIT International is dedicated to supporting the development and implementation of Crisis Intervention Team (CIT) programs throughout the world. We promote collaborative efforts to create and sustain effective interactions among law enforcement, mental health care providers, individuals with mental illnesses, families, and communities and reduce the stigma of mental illness.

411
Clubhouse International
New York, NY
Clubhouse-intl.org
Clubhouse International is a non-profit organization helping communities around the world create sustainable mental health solutions by developing and nurturing Clubhouse programs. Clubhouses are community-based centers offering people living with mental illness opportunities for friendships, employment, housing, education, and support with health and social services through a safe environment.

302
CooperRiis Healing Community
Asheville, NC
cooperriis.org
CooperRiis Healing Community in North Carolina has been helping adults challenged with mental illness, including schizophrenia, bipolar disorder, PTSD, major depression and anxiety to achieve their highest levels of functioning and fulfillment since 2003. Our personalized recovery approach combines trusted clinical therapies, community work & service, education and integrative wellness practices.
504
**Coordinated Care**
*Tacoma, WA*
coordinatedcarehealth.com
Coordinated Care is a locally accountable, innovative, and solution-based health plan headquartered in Tacoma, Wash. Launched in 2012, Coordinated Care serves over 250,000 members on Medicaid and Ambetter from Coordinated Care through the Exchange. We provide whole-person integrated managed care for all of Washington State’s population in foster care and adoptive support.

414
**Discovery Mood and Anxiety Program**
*Los Alamitos, CA*
discoverymood.com
Discovery Mood and Anxiety Program offers comprehensive, compassionate, evidence-based treatment for adults and adolescents struggling with a mental health diagnosis. Our nationwide programming is age specific, gender inclusive, and offers a complete continuum of care from residential treatment to intensive outpatient.

305
**Eating Recovery Center/ Insight Behavioral Health Center**
*Bellevue, WA*
eatingrecovery.com
Eating Recovery Center (ERC)/Insight Behavioral Health Centers (Insight) is the only national, vertically integrated, health care system dedicated to the treatment of serious eating and related disorders at any stage of the illness.

107
**Feel Good, Inc.**
*Orlando, FL*
feelgoodinc.org
Feel Good Inc. provides employee wellness solutions. A non-invasive approach of pain management for stress, tension, nerve and muscle pain.

406
**Harvard Brain Tissue Resource Center**
*Belmont, MA*
mcleanhospital.org/brain-bank
The Harvard Brain Tissue Resource Center (McLean Hospital) is a NIH/NeuroBioBank site and centralized resource for the collection and distribution of human brain specimens for research. Call 1-800-BRAINBANK (1-800-272-4677) to register, learn more about the process and ways in which brain donation can be a vital gift to research.

303
**Heinz C. Prechter Bipolar Research Program**
*Ann Arbor, MI*
prechterprogram.org
The Heinz C. Prechter Bipolar Research Program is located at the University of Michigan. The Program’s goals are to discover the fundamental biological changes that cause bipolar disorder and develop new interventions to treat and prevent the illness. This is done through the study of the longitudinal course of bipolar disorder in participants. Research involves biology (including genetics), clinical, and environmental features. Our research emphasizes strategies to identify the illness at earlier stages of development and to test methods to predict emerging episodes of mania and depression.

201 & 300
**Janssen Pharmaceuticals, Inc.**
*Titusville, NJ*
janssen.com
At Janssen Pharmaceuticals, Inc., we focus on treating some of the most devastating diseases. We continue to make extraordinary efforts to help people living with schizophrenia lead meaningful lives and collaborate with the world for the health of everyone in it.
502
The Kennedy Forum
Island Heights, NJ
thekenndyforum.org
The Kennedy Forum was founded by former Congressman Patrick J. Kennedy. We are driven by our goals to fully implement the 2008 parity law, work across sectors to eliminate issues of stigma, promote equal access to affordable care, and to give consumers a way to understand and demand their rights.

403
Lakewood Center
Fern Park, FL
lakewoodcenter.org
Lakewood Center is a residential treatment community offering long-term care for adults ages 21-60 who need mental health treatment. Its mission is to enhance the quality of life for adults with chronic mental illness. Lakewood residents enjoy a safe, supportive environment in dormitory style residences and apartment homes. Programs vary in degree of structure and supervision based on the clinical needs of each resident.

105
LEAP Foundation
Peconic, NY
leapinstitute.org
The LEAP Foundation for Research to Practice is a non-profit organization, co-founded by Dr. Xavier Amador, that provides evidence-based education and training to help family members, peer specialists and professionals create relationships with people who have serious mental illness (and anosognosia), that lead to treatment and recovery.

402
Linda Denke Writer
Frisco, TX
lindadenkewriter.com
Mental illness outcomes with focus on family engagement, resilience, and advocacy in support of loved ones with mental illness.

412
Lundbeck
Deerfield, IL
lundbeck.com/us
Lundbeck, a global pharmaceutical company based in Denmark and founded in 1915, is tirelessly dedicated to restoring brain health, so every person can be their best.

415
Make the Connection
Alexandria, VA
maketheconnection.net
MakeTheConnection.net is an online resource designed to connect Veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives. In addition to powerful stories, MakeTheConnection.net provides information about signs, symptoms, and conditions that are related to mental health and well-being.

207
Myriad Neuroscience
Mason, OH
genesight.com
GeneSight Psychotropic is a pharmacogenomic test that analyzes clinically important genetic variations that may affect your response to psychiatric medications. The results of the test can provide your doctor with information about which medications may be more likely to be efficacious for you based on your genetic makeup.

101
NAMI
Arlington, VA
nami.org
NAMI invites you to stop by its booth to learn about what’s new at NAMI and connect with staff. Check the NAMI National Convention app for scheduled NAMI staff visits. Stop by to learn more about NAMI 360 powered by Salesforce. Watch demos and get your questions answered.
EXHIBITORS

413
NAMI EasySite
Sacramento, CA
namieasysite.com
NAMI EasySite is a quick website solution for
NAMI Affiliates and State Organizations wanting
to improve their web presence, deliver important
information to members and supporters, and take
advantage of online donations.

310
National Commission on
Correctional Health Care
Chicago, IL
ncchc.org
The mission of the NCCHC is to improve the
quality of health care in jails, prisons, and juvenile
confinement facilities. NCCHC establishes
standards for health services in correctional
facilities, operates a voluntary accreditation
program, produces resource publications,
conducts educational conferences, and offers
a certification program for correctional health
professionals.

410
National Institute of Mental
Health
Bethesda, MD
nimh.nih.gov
The mission of the National Institute of Mental
Health (NIMH) is to transform the understanding
and treatment of mental illnesses through
basic and clinical research, paving the way for
prevention, recovery, and cure.

204
Neurocrine Biosciences, Inc.
San Diego, CA
neurocrine.com
Neurocrine Biosciences, Inc. discovers
and develops innovative and life-changing
pharmaceuticals utilizing our novel R&D platform.
Neurocrine’s efforts are focused on conditions
with high unmet medical needs, specifically in
neurologic, psychiatric, and endocrine based
diseases and disorders.

301
NeuroStar Advanced Therapy
Malvern, PA
neurostar.com
NeuroStar Advanced Therapy is transcranial
magnetic stimulation for depression. With over
2.5 million treatments performed, NeuroStar is
the #1 TMS choice of doctors. Covered by most
health insurance, including Medicare and Tricare.

304
NIMH Schizophrenia Research
Bethesda, MD
nimh.nih.gov
The National Institute of Mental Health
Schizophrenia Research Program is located on
the NIH campus in Bethesda, Maryland. The
inpatient program combines state-of-the-art
research with excellent clinical care. Researchers
at NIMH are seeking to understand the genetic
and non-genetic factors that increase risk for
schizophrenia. For details, call 1-888-674-6464.
Applications are currently being accepted.
Volunteers for research receive state of the art
evaluation and contribute to future knowledge
and treatments.

514
NW-MHTTC
Seattle, WA
mhttcnetwork.org/centers/northwest-mhttc/
home
Provides training and assistance to improve
behavioral health outcomes for individuals with
or at risk of developing serious mental illness in
SAMHSA’s Region 10 (Alaska, Idaho, Oregon, and
Washington).

401
Pegasus Health Care Corp
Colorado Springs, CO
pegasushealthcare.com
Long-Term Care for individuals with co-morbid
conditions, including persistent mental illness.
PharmBlue
Warrendale, PA
pharmblue.com
PharmBlue Specialty Pharmacy is a pharmacy service provider for behavioral health clients. Our focus is on individuals who have unique pharmacy needs due to chronic conditions and the clinicians who serve them. PharmBlue makes pharmacy access convenient and personal while allowing for organizational efficiency with increased pharmacy support services.

Rainier Springs
Vancouver, WA
rainiersprings.com
Premier inpatient behavioral health hospital with partial hospitalization and intensive outpatient services.

Rare Patient Voice LLC
Towson, MD
rarepatientvoice.com
Rare Patient Voice LLC provides patients and family caregivers the opportunity to qualify to participate in surveys pertaining to products and services being developed on your behalf while being compensated on a $100 per hour scale. Join the confidential panel today!

Sage Therapeutics
Cambridge, MA
sagerx.com
Sage Therapeutics is committed to discovering and developing life-altering therapies to treat central nervous system (CNS) disorders, and we are dedicated in our pursuit to deliver new medicines with the goal of making life better for patients and their families.

Seattle Children’s Hospital Partnership Access Line (PAL)
Seattle, WA
seattlechildrens.org/wa-mental-health
Washington’s Mental Health Referral Service for Children and Teens, supported by Seattle Children’s, connects families with local outpatient evidence-based mental health resources and providers. The program works closely with Partnership Access Line (PAL) for primary care provider mental health consultation calls directly with families.

SMI Adviser
Milford, CT
smiadviser.com
The mission of SMI Adviser is to advance the use of a person-centered approach to care that ensures people who have serious mental illness (SMI) can find the treatment and support they need. The American Psychiatric Association leads 30+ national mental health organizations that help guide SMI Adviser.

Social Security Administration
Woodlawn, MD
ssa.gov
Social Security is here to help secure today and tomorrow by providing benefits and financial protection for millions of people. We’re with you throughout life’s journey from birth to marriage and into retirement. With retirement, disability, survivors and other benefits. Social Security is here to help you and millions of others secure today and tomorrow.”

Southcentral Foundation’s Soldier’s Heart
Anchorage, AK
southcentralfoundation.com/services/soldiers-heart
Soldier’s Heart is a free interactive educational training program developed by veterans. The program aims to reduce the symptoms of post-traumatic stress (PTS) and aid in suicide prevention among veterans, first responders, and law enforcement. It is not a medical or diagnostic program.
210
Strategic Behavioral Health
Memphis, TN
strategich.com
Strategic Behavioral Health (SBH) continues to strive toward being one of the top behavioral healthcare organizations in the U.S. Our goal at each SBH treatment center is to help our patients overcome their personal challenges and create a positive environment through compassionate caregivers, family, and friends that allow patients to regain control of their life during and after treatment. Each of our unique locations works with NAMI, and we appreciate the work that you do and our partnership.

314
The Sukhi Project
Bellevue, WA
thesukhiproject.com
Sukhi is dedicated to reducing the stigma of seeking support by increasing access to mental health and wellness services within the Asian community. Our Solution span 3 C’s - Connection, Community and Content. Connection - Finding the right counselor. Community - Moderated in-person/online events. Content: Curated articles, mediation, and games.

500
Teva Pharmaceuticals, Ltd.
Parsippany, NJ
tevapharm.com
Teva Pharmaceuticals, Ltd. is a global leader in specialty and generic medicines with a portfolio consisting of over 35,000 products in nearly every therapeutic category, including AUSTEDO, a product indicated for the treatment of tardive dyskinesia in adults.

214
THIRA Health
Bellevue, WA
thirahealth.com
THIRA Health’s mission is to support women and girls living with mood disorders using comprehensive approaches that address the whole-self along with an emphasis on community support. This is made possible by a skilled team of trained, certified experts using Dialectical Behavioral Therapy, art, movement, nutrition, and more.

307
Tourette Association of America
Bayside, NY
tourette.org
Founded in 1972, the Tourette Association of America is dedicated to making life better for all individuals affected by Tourette and Tic Disorders. The only nationwide organization serving this community, the Association works to raise awareness, fund research and provide ongoing support.

404
TrueHelp, A division of Allsup
Belleville, IL
truehelp.com
True Help, a division of Allsup, is dedicated to simplifying the world of disability benefits for individuals and organizations with expertise in Social Security Disability Insurance (SSDI) Representation, Return to Work, Veterans Disability and Healthcare Assistance.

214
Virtual Medical Staff
Alpharetta, GA
virtualmedstaff.com
Virtual Medical Staff provides healthcare facilities with access to fully-credentialed and licensed, board-certified telemedicine physicians to expand patient care, eliminating the need for additional full-time staff. To date, VMS has served more than 215 healthcare facilities in 32 states and growing. VMS physicians have the privilege to serve an average of 2,500 to 3,000 patients per month through a wide variety of settings of care utilizing telemedicine.

506
WestBridge
Manchester, NH
westbridge.org
At WestBridge we focus on helping males age 18 and older who experience serious mental illness (such as schizophrenia or bipolar disorder) and co-occurring substance use disorders. WestBridge uses evidence-based practices developed at the Dartmouth Psychiatric Research Center that are designed specifically for individuals with co-occurring disorders.
PhRMA is a proud supporter of the National Alliance on Mental Illness' relentless dedication to bettering the lives of millions of Americans affected by mental illness.

As biopharmaceutical researchers keep searching for breakthrough cures they don't have to look too far for inspiration.

PhRMA is a proud supporter of the National Alliance on Mental Illness' relentless dedication to bettering the lives of millions of Americans affected by mental illness.
Fight depression with a non-invasive treatment with no systemic side effects. Win the battle with the #1 TMS choice of doctors. 

NOW I’M A NEUROSTAR.

To find a doctor near you, visit NeuroStar.com

NeuroStar Transcranial Magnetic Stimulation (TMS) is indicated for the treatment of Major Depressive Disorder in adult patients who have failed to receive satisfactory improvement from prior antidepressant medication in the current episode. The most common side effect is pain or discomfort at or near the treatment site. NeuroStar Advanced Therapy is available by prescription only. A doctor can decide if NeuroStar is right for you.

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Sage is committed to developing novel medicines for CNS disorders, including mood disorders.

Visit us in the exhibit hall.

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Alkermes is proud to support NAMI and the work it does to better the lives for the millions affected by serious mental illness.
NAMI would like to express its deepest gratitude to the following companies and organizations for their support of the NAMI 2019 National Convention.
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2020 NAMI National Convention
July 15–18, 2020 • Atlanta