In 2008, the U.S. House of Representatives proclaimed July as Bebe Moore Campbell National Minority Mental Health Awareness Month. Campbell was a champion for mental health education and support among individuals of diverse communities. A leading African American author, she co-founded NAMI Urban Los Angeles and received NAMI’s 2003 Outstanding Media Award for Literature. She died in 2006.

“It’s not shameful to have a mental illness. Get treatment. Recovery is possible.”
—Bebe Moore Campbell

Ready to Get Involved?
Visit www.nami.org/minoritymentalhealth to find ways to take part in activities for #MinorityMentalHealth month.

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