Mental Health Facts
IN AMERICA

Fact: Nearly 44 million adults experience mental illness in a given year.¹

1 in 100 (2.4 million) American adults live with schizophrenia.¹
2.6% (6.1 million) of American adults live with bipolar disorder.¹
6.9% (16 million) of American adults live with major depression.¹
18.1% (42 million) of American adults live with anxiety disorders.¹

Prevalence of Mental Illness by Diagnosis

1.1% 2.6% 6.9% 18.1%
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Consequences

8.4m
Approximately 8.4 million adults have co-occurring mental health and addiction disorders.¹

26%
Approximately 26% of homeless adults staying in shelters live with serious mental illness.¹

24%
Approximately 24% of state prisoners have "a recent history of a mental health condition".²

Impact

1st
Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.³

-$193b
Serious mental illness costs America $193.2 billion in lost earning every year.³

Treatment in America

60%
Nearly 60% of adults with a mental illness didn’t receive mental health services in the previous year.⁴

50%
Nearly 50% of youth aged 8-15 didn’t receive mental health services in the previous year.⁴

Ways to Get Help

Talk with your doctor
Connect with other individuals and families
Learn more about mental illness
Visit NAMI.org

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1 This document cites statistics provided by the National Institute of Mental Health. www.nimh.nih.gov
2 Statistics provided by Department of Justice.
4 Substance Abuse and Mental Health Services Administration

Fact: Nearly 44 million adults experience mental illness in a given year.¹

1 in every 5 adults in America experience a mental illness.
Nearly 1 in 25 (approximately 13.6 million) adults in America live with a serious mental illness.
One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

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