

## State Legislation Report 2013

Trends, Themes & Best Practices in State Mental Health Legislation

#### **Table of Contents**

Acknowledgements and Gratitude	4
Introduction: Mental Health Under the Spotlight	5
Methodology	6
Disclaimers	6
The Promise of Health Reform: Increased Coverage, Increased Access to Care	8
Health Reform: Private Insurance and Health Insurance Marketplaces	9
Reaction to Tragedy: Legislation after Newtown	10
Mental Health Crisis and Inpatient Treatment Legislation	12
Community Mental Health Legislation	13
Criminal Justice and Mental Illness	16
Rights Protection and Advocacy	17
Summary	18
2014 State Policy Recommendations	18
Conclusion	20
Appendix 1: Mental Health System Monitoring and Improvement	21
Appendix 2: Health Insurance Marketplaces, Affordable Care Act	24
Appendix 3: Health Insurance, Mental Health Parity	25
Appendix 4A: Early Identification and Mental Health Screening	26
Appendix 4B: Services for Transitional Youth	27
Appendix 5: School Mental Health Training and Services	28
Appendix 6: Clinician Duty to Warn	30
Appendix 7: Gun Ownership – Mental Health Record Reporting	31
Appendix 8: Civil Commitment, Inpatient and Outpatient Treatment	34
Appendix 9: Mental Health Crisis Care	38
Appendix 10: Mental Health Facilities, Deinstitutionalization	39
Appendix 11: State Psychiatric Hospitals, Total Clients Served	40
Appendix 12: Suicide Prevention	41

Appendix 13: Family Involvement in Care	42
Appendix 14: Health Information Privacy	43
Appendix 15: Prescription Medications	45
Appendix 16: Provider Credentials	47
Appendix 17: Standards of Care	49
Appendix 18: Supports, Employment and Housing	51
Appendix 19: Telehealth, Technology	52
Appendix 20: Law Enforcement	53
Appendix 21: Criminal Justice, Courts	55
Appendix 22: Criminal Justice, Incarceration	57
Appendix 23: Criminal Justice, Release, Probation, Parole	59
Appendix 24: Juvenile Justice	60
Appendix 25: Civil Rights, Protection from Discrimination	62
Appendix 26: Stigma Reduction	63



State Legislation Report, 2013: Trends, Themes and Best Practices in State Mental Health Legislation

Copyright October 2013, the National Alliance on Mental Illness (NAMI)

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

#### **Acknowledgements and Gratitude**

This report was prepared by the staff of the National Alliance on Mental Illness (NAMI) including Sita Diehl, director of state policy and advocacy, and Jessica W. Hart, state advocacy manager. We are particularly grateful to the extensive research conducted by Ben Thomas, public policy intern. This report is made possible by the leadership of Michael J. Fitzpatrick, executive director, and Ron Honberg, national director of policy and legal affairs. Thank you to all NAMI grassroots advocates who make their voices heard by sending emails and letters, making phone calls and visiting their legislators to make mental health care a priority in their state legislatures across the country.

www.nami.org

HelpLine: (800) 950-NAMI (6264) Twitter: @NAMICommunicate

Facebook: facebook.com/officialNAMI

NAMI, 3803 N. Fairfax Drive, Suite 100, Arlington, VA 22203

#### **Introduction: Mental Health Under the Spotlight**

Mental health was a hot topic in 2013 state legislative sessions. Converging factors motivated state lawmakers to enact a wave of legislation with implications for people living with mental illness.

The improving economic outlook allowed state legislatures to begin rebuilding state mental health budgets. After years of attempting to meet rising demand with diminishing resources, public mental health systems are stretched to the breaking point. With few exceptions state legislatures acknowledged the need, increased or maintained mental health appropriations or enacted legislation to monitor and improve mental health service delivery.

Many provisions of the Patient Protection and Affordable Care Act (ACA) are set to take effect in 2014 and much of the 2013 legislative sessions revolved around a push to expand Medicaid under this law. Medicaid is essential to the financing and delivery of public mental health services and Medicaid expansion has the potential to offer coverage to an estimated 2.7 million uninsured people affected by mental illness. Many governors recognized the economic merits and health benefits offered by Medicaid expansion.

In all states under the ACA an estimated 2.65 million people with mental illness will qualify for subsidies to buy private health insurance in the Health Insurance Marketplaces during the initial six month enrollment period which opened Oct. 1, 2013.<sup>2</sup> The ACA requirement for all Qualified Health Plans to provide mental health benefits in compliance with federal mental health parity law will benefit an estimated 62 million Americans<sup>3</sup> prompting mental health parity legislation in a number of states.

Striking just before state legislative sessions convened, the mass shooting in Newtown, Conn. riveted the nation's attention on the eroded condition of mental health services in this country. *Now is the Time*, the White House report produced in response to the tragedy, recommended strengthening gun ownership background check systems, making schools safer and increasing access to mental health services. ANAMI advocated for strategies to identify and treat emerging mental health issues at the earliest opportunity, mental health training for school personnel, school-based mental health services and improved mental health services for transitional youth. In the face of overreaching legislative proposals, NAMI emphasized that the vast majority of people with mental illness are no more violent than the general population. However, NAMI acknowledged that a small subset of people with mental illness are more prone

<sup>&</sup>lt;sup>1</sup> Substance Abuse and Mental Health Services Administration. (2012). *Enrollment under the Medicaid Expansion and Health Insurance Exchanges: A Focus on Those with Behavioral Health Conditions in each State*. <a href="http://www.samhsa.gov/healthreform/enrollment.aspx">http://www.samhsa.gov/healthreform/enrollment.aspx</a>.

<sup>&</sup>lt;sup>3</sup> Beronio, K., Po, R., Skopec, L., Glied, S. (Feb. 2013). Affordable Care Act Expands Mental Health and Substance Use Disorder Benefits and Federal Parity Protections for 62 Million Americans http://aspe.hhs.gov/health/reports/2013/mental/rb\_mental.cfm

<sup>&</sup>lt;sup>4</sup> White House (Jan. 16, 2013) *Now is the Time; the president's plan to protect our children and our communities by reducing gun violence.* White House. http://www.whitehouse.gov/sites/default/files/docs/wh now is the time full.pdf

to violence<sup>5</sup> (specifically young men with untreated psychosis who abuse alcohol or drugs) and advocated for more robust implementation of existing standards for clinician duty to warn and mental health reporting requirements related to gun ownership. NAMI opposed legislation that expanded requirements based on stereotypical assumptions about mental illness and violence or threatened the civil liberties of people who engage in mental health care.

Many legislatures in the 2013 session recognized the importance of stronger and more responsive public mental health service systems and the risks of allowing the system to erode. Mental health legislation was enacted in 2013 along the following themes:

- Mental health system improvement.
- Crisis and inpatient care.
- · Community mental health.
- Criminal justice and mental health.
- Civil rights and stigma reduction.

By highlighting themes, trends and best practices in state legislation, this report is intended to equip NAMI leaders and their allies to leverage gains made during 2013 state legislative sessions. Positive legislation is starred to encourage advocates to replicate this legislation in their communities. Potentially harmful legislation is flagged to alert advocates to the need to amend or repeal policies likely to negatively impact civil rights, access to care or quality of life for individuals and families affected by mental illness.

#### Methodology

This report is based on information obtained from a survey of state NAMI leaders covering legislative advocacy in 2013 state legislative sessions. The survey gathered information on the status of the state mental health authority budget, health reform implementation and legislation supported or opposed by NAMI organizations. Further information for this report was gleaned from state legislature websites and media coverage of mental health issues.

#### **Disclaimers**

This report is a summary rather than an exhaustive compendium of state mental health bills enacted during 2013 legislative sessions. Efforts were made to include only enacted legislation as opposed to bills that were proposed, but did not pass the legislature or were vetoed by the governor.

National Alliance on Mental Illness. (March, 2013) Violence, Mental Illness and Gun Reporting Laws: Where We Stand. http://www.nami.org/Template.cfm?Section=NAMI\_Policy\_Platform&Template=/ContentManagement/ContentDisplay.cfm&ContentID=15316

#### **Rebuilding State Mental Health Budgets**

State mental health budgets were gutted during the recession. With reductions totaling \$4.35 billion from FY2009 to FY2012,<sup>6</sup> public mental health systems struggled to meet rising demand with diminishing resources. As the 2013 legislative sessions convened economic prospects brightened somewhat based on projections for 5.3 percent combined growth in state revenue.<sup>7</sup>

Realizing the risks of failure to provide adequate public mental health services, governors and legislatures in many states began the process of restoring state mental health budgets. Most states either increased or maintained state mental health authority budgets at current levels. Of special note is Texas which allocated a \$259 million increase over the previous biennial budget, the largest mental health budget improvement in the state's history. South Carolina reversed previous cuts to its mental health budget while Illinois restored \$32 million that had been cut in 2011 due to an administrative error. In California, an additional \$143 million was allocated to create crisis and triage positions throughout the state. As part of a 21.6 percent increase necessary to implement the ACA, Oregon allocated \$67 million in the 2014-15 biennial budget for psychiatric residential treatment and children's mental health. While these increases are encouraging, much remains to be done to restore drastic cuts in state mental health budgets nationally between 2008 and 2012.

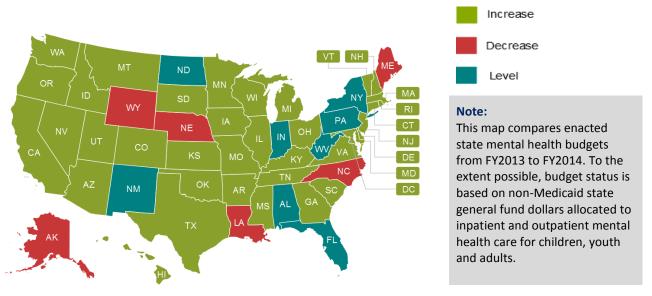


Figure 1: State Mental Health Budgets FY 2014

<sup>&</sup>lt;sup>6</sup> Joel E. Miller, et al., Nov. 2012. *The Waterfall Effect: Transforming the Cascading Impact of Medicaid Expansion on States*, National Association of State Mental Health Program Directors.

<sup>&</sup>lt;sup>7</sup> NCSL (Aug. 2013) *2013 Presents a Dichotomy for State Budgets*. NCSL News. http://www.ncsl.org/press-room/2013-presents-a-dichotomy-for-state-budgets.aspx

<sup>&</sup>lt;sup>8</sup> Grissom, B (May 18, 2013) With Consensus and Money, State Takes on Mental Health Care. *The New York Times*.

http://www.nytimes.com/2013/05/19/us/with-consensus-and-money-state-takes-on-mental-health-care.html?pagewanted=all& r=2&

9 Ruchanan, W. (June, 27, 2013) Governor Brown Proudly Signs Balanced Budget, SEGgte, http://www.sfgate.com/news/article/Gov-Brown

<sup>&</sup>lt;sup>9</sup> Buchanan, W (June, 27 2013) Governor Brown Proudly Signs Balanced Budget. *SFGate*. <a href="http://www.sfgate.com/news/article/Gov-Brown-proudly-signs-balanced-state-budget-4628307.php">http://www.sfgate.com/news/article/Gov-Brown-proudly-signs-balanced-state-budget-4628307.php</a>
<sup>10</sup> Gray, CD (Jul. 3, 2013) *House Passes \$15 Billion Budget for Oregon Health Authority*. The Lund Report.

<sup>&</sup>lt;sup>10</sup> Gray, CD (Jul. 3, 2013) *House Passes \$15 Billion Budget for Oregon Health Authority*. The Lund Report. http://www.thelundreport.org/resource/house passes 15 billion budget for oregon health authority

Not every state moved to increase general fund allocations to mental health. North Carolina proposed a \$20 million reduction to the mental health budget and, after public outcry, reduced cuts to a certain extent. Following precipitous general fund cuts amounting to 32 percent from 2009 to 2012, Alaska continued with a 3.4 percent reduction in the FY2014 mental health budget. Wyoming reduced mental health and substance abuse allocations by \$4.8 million as part of an overall 8 percent cut to the Department of Health.

Along with additional financial resources, 13 state legislatures enacted policies to monitor and improve mental health service delivery. Utah (HB 57) is a bellwether, requiring the state mental health authority to promote integrated health care programs that address substance abuse, mental health and physical health care needs as well as evaluate the effectiveness of integrated programs and encourage local mental health authorities to do the same. Wyoming (SF 60) is proceeding with Medicaid reform, strengthening mental health services for people living with serious and persistent mental illness or serious psychological distress. See Appendix 1

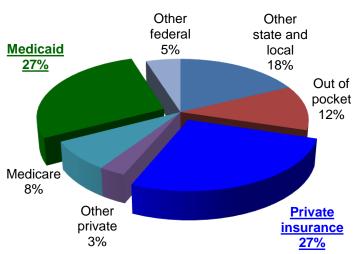
### The Promise of Health Reform: Increased Coverage, Increased Access to Care

Implementation of the ACA has great potential to improve access to care for millions of uninsured Americans who live with mental illness. Health reform will have significant effects on the two major systems of mental health financing and delivery: Medicaid and private health insurance.

#### **Medicaid Expansion**

Medicaid is the most important public health program for mental health service delivery, currently financing 27 percent of all mental health services. Medicaid provides access to community mental health care that would otherwise be unavailable to millions of

**Figure 2: Mental Health Financing** 



Source: Garfield (2011) Mental Health Financing in the US: A Primer. Kaiser Commission on Medicaid and the Uninsured

low-income adults and children. Expanding Medicaid to 138 percent of poverty, as allowed under the ACA, is the best strategy available to strengthen the mental health system. The Supreme Court decision that permitted rather than required states to expand Medicaid left state legislatures with a choice. The issue of whether or not to expand Medicaid was hotly

<sup>11</sup> Dihoff, D. (July, 2013) Heard in the Halls, Final Report on the 2013 Session. NAMI North Carolina. http://naminc.org/public/heard-in-the-halls/

<sup>&</sup>lt;sup>12</sup> Nicholson (Nov. 12, 2013) Fiscal Plateau: Lawmakers trim budget to match declining revenue <a href="http://wyofile.com/gregory\_nickerson/riding-the-budget-bronco-legislature-to-debate-cuts-in-2013-session/">http://wyofile.com/gregory\_nickerson/riding-the-budget-bronco-legislature-to-debate-cuts-in-2013-session/</a>

debated in many 2013 legislatures. While 25 states and the District of Columbia recognized the advantages of expanding Medicaid, 22 state legislatures have deferred to date.

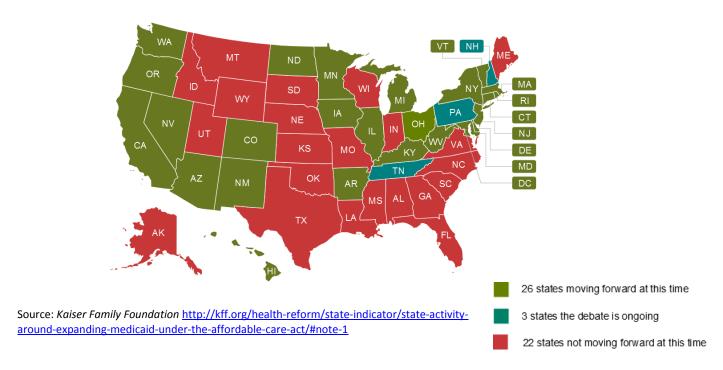


Figure 3: Status of Medicaid Expansion Decisions (10/24/13)

#### **Health Reform: Private Insurance and Health Insurance Marketplaces**

Private health insurance, primarily sponsored by employers, covers an estimated 27 percent of mental health services delivered in the U.S. Private insurance typically includes a narrower range of mental health benefits than Medicaid, but tends to pay better rates and consequently offers access to a broader network of providers. Unlike Medicaid, private health insurance reimburses inpatient psychiatric care for non-elderly adult beneficiaries and tends to cover a wider selection of prescription medications.

Health Insurance Marketplaces opened for enrollment in every state on Oct. 1, 2013 with coverage beginning as soon as Jan. 1, 2014 (See Appendix 2). The ACA requires mental health coverage in compliance with the Paul Wellstone & Pete Domenici Mental Health Parity and Addiction Equity Act (MHPAEA). This means all health insurance policies sold through the new Health Insurance Marketplaces must include mental health coverage equivalent to medical or surgical benefits. Moreover insurers offering individual or small group plans through the marketplaces must offer the same benefits in individual and small group plans sold on the open market. As a result, an estimated 62 million Americans will benefit from federal parity provisions.

Mental health parity legislation was enacted in several states in recognition of the strengthened parity provisions in the ACA. Maryland passed two pieces of legislation that outlined mental health parity. HB 1216 requires health maintenance organizations that issue or deliver specified health insurance policies or contracts to provide notice of specified benefits for mental illness and substance abuse. HB 1252 requires that criteria and standards used for conducting utilization review for mental health and substance abuse benefits comply with MHPAEA. Connecticut, Louisiana and Texas were among states enacting legislation on health insurance and parity. See Appendix 3

#### **Reaction to Tragedy: Legislation after Newtown**

Occurring just prior to the beginning of the legislative session in most states, the shooting at Sandy Hook Elementary School in Newtown, Conn. provided a major impetus for lawmakers to propose legislation which would impact children and adults living with mental illness. Mental illness came to the forefront of the nation's attention when medical records revealed that the shooter's mother was increasingly concerned about his deteriorating mental health and had been dissatisfied with the lack of school services dating back to middle school. A tipping point on the heels of several recent mass shootings, the Newtown tragedy shaped the debate about the lack of access to mental health services and the barriers that many families and individuals face in light of the nation's fragmented and grossly inadequate mental health system.

#### **Early Identification and Intervention**

After the Newtown tragedy NAMI advocated for policies supporting early identification and intervention, training for school personnel, families and the public, mental health services in schools and increased access to care. States' legislation was aimed at providing increased mental health screening services for several populations primarily to identify emerging mental illness in children and adolescents and to ensure adequate access to care. In addition, several states enacted related legislation focused on early intervention, school-based services and staff training to prevent potential tragedies such as the Sandy Hook shootings.

Examples of legislation targeting early identification and mental health screening included <u>LB</u> <u>556</u> enacted in Nebraska to develop behavioral health screenings and to provide education and training on children's behavioral health. Nevada passed <u>AB 386</u> to establish a pilot program for the administration of mental health screenings to students enrolled in selected secondary schools. *See Appendix 4A* 

Several states focused on interventions with transition age youth. Minnesota enacted <u>HF 359</u> requiring that case management services continue to be available to youth living with mental illness after they turn 18. Before discontinuing case management a county must develop a

<sup>&</sup>lt;sup>13</sup> Griffin, A. & Kovner, J. (2013, June 30). Adam Lanza's medical records reveal growing anxiety. *The Courant*. <a href="http://www.courant.com/news/connecticut/newtown-sandy-hook-school-shooting/hc-adam-lanza-pediatric-records-20130629,0,7137229.story">http://www.courant.com/news/connecticut/newtown-sandy-hook-school-shooting/hc-adam-lanza-pediatric-records-20130629,0,7137229.story</a>

transition plan that includes plans for health insurance, housing, education, employment and treatment. Virginia (SB 1342) now requires the governing board of each public four-year institution of higher education to establish a written memorandum of understanding with its local mental health system and with inpatient facilities in order to expand the scope of services available to students seeking treatment. See Appendix 4B

Understanding that schools are close to the action when mental health challenges emerge, a number of states focused on training teachers, school personnel, students and families to identify signs of suicide and other mental health issues. Texas enacted <u>SB 460</u> to require training for public school teachers and students in recognizing and responding to signs of suicide or mental health disorders and the inclusion of mental health concerns in coordinated school health efforts. In Utah, <u>HB 298</u> will require school districts to offer an annual seminar to parents with information on mental health, depression and suicide awareness. Minnesota passed two bills to strengthen school-linked mental health services (<u>HB 2756</u>) and Oregon enacted <u>HB 2756</u> calling for removal of seclusion rooms from all public schools. *See Appendix 5* 

#### **Mental Illness and Violence Prevention**

In the face of an avalanche of state legislation aimed at maintaining public safety, mental health advocates staunchly opposed strategies likely to have a chilling effect on willingness to seek care or that would erode the civil liberties of people who engage in mental health care. The New York Secure Ammunition and Firearms Enforcement (SAFE) Act of 2013 (\$\frac{S}2230\$) became the first piece of legislation enacted in 2013 to broaden clinician duty to warn and increase requirements to report mental health records for the purpose of limiting firearms purchases. Highly controversial due to the sweeping nature of its mandated strategies, the SAFE Act set a precedent for similar bills in other states which focused on increasing requirements to report mental health information to the National Instant Criminal Background Check System (NICS), more public access to civil commitment records and expanding the duty of clinicians to warn about potential dangerousness. Under the SAFE Act, clinicians providing mental health services must report threats of violence to law enforcement officials.

Advocates, including NAMI, cautioned against unintended consequences of these broader standards and instead advocated for more robust implementation of existing laws. Nevertheless gun ownership and duty to warn legislation was debated, amended and ultimately enacted in many states. Duty to warn legislation included SB 789 in Tennessee which requires mental health professionals to report any patient who makes an actual threat of bodily harm against a reasonably identifiable victim or victims to local law enforcement, who must then report the individual to NICS. Arkansas enacted HB 1746 requiring mental health service providers to warn law enforcement about any credible threat by a patient. See Appendix 6

Despite an onslaught of complaints from opponents that the legislature was infringing on second amendment rights, the Connecticut legislature enacted <u>SB 1160</u> which strictly limits firearms possession and requires reporting of mental health information for gun permits. Connecticut's law requires reporting of all people who receive inpatient psychiatric treatment, including those who enter hospitals voluntarily. Colorado enacted <u>HB 1229</u> which requires

background checks for purchases and transfers of firearms and limits possession of firearms. See Appendix 7

#### **Mental Health Crisis and Inpatient Treatment Legislation**

A number of states also enacted legislation addressing civil commitment, court-ordered outpatient treatment (assisted outpatient treatment), crisis response, mental health facilities and suicide prevention.

#### **Civil Commitment, Assisted or Court-Ordered Outpatient Treatment**

Legislation on involuntary inpatient and outpatient commitment was prevalent in the 2013 session. Strategies varied widely, covering rights of individuals who are civilly committed, improving outpatient treatment programs and encouraging community-based court ordered treatment.

A few examples of civil commitment legislation include <u>SF 406</u> in lowa, which expands the scope of providers qualified to authorize inpatient admission from solely examining physicians to other professionals including physician assistants and psychiatric advanced registered nurse practitioners. Indiana passed <u>HB 1130</u> which allows law enforcement to detain and transport persons with mental illness who are gravely disabled. Similarly, <u>HB 16</u> in Montana clarified that the emergency detention standard in the civil commitment process includes individuals who are substantially unable to provide for their basic needs. Washington passed three civil commitment bills: <u>HB 1114</u> to strengthen rights of people with mental illness during civil commitment and criminal incompetency procedures, <u>SB 5480</u> requiring consideration of a person's history of symptoms or behavior when making a civil commitment decision and <u>SB 5732</u> which improves planning and care coordination associated with discharge from inpatient civil commitment.

In Nevada, AB 287 broadened the use of assisted outpatient treatment by permitting courts to order outpatient treatment when it is determined that a person has a mental illness and is likely to harm self or others if left untreated. The law mandates that courts must place individuals in the most appropriate course of community-based treatment available. By passing SB 310 Hawaii established an assisted community treatment program for individuals not deemed dangerous to self or others. HB 1423, enacted in Virginia, stipulates that—pending the conclusion of a course of voluntary or involuntary treatment—the community services board in any county where an individual is to reside may petition the court for an order of mandatory outpatient treatment. See Appendix 8

#### **Crisis Response Services**

In a mental health crisis, psychiatric crisis response services help people stabilize, access care and resume daily activities. Elements of a comprehensive crisis response system are reflected in Colorado's legislation (SB 266) to establish (1) A 24-hour telephone crisis service to perform assessment and referrals; (2) walk-in crisis services and crisis stabilization units with the capacity for immediate evidence-based clinical intervention, triage and stabilization; (3) mobile

crisis units linked to the walk-in and crisis respite services; (4) residential and respite crisis services that include a range of short-term crisis residential services, including but not limited to community living arrangements; and (5) a public information campaign. See Appendix 9

#### **Mental Health Facilities**

Public inpatient mental health facilities were dramatically reduced during the recession as states struggled to stretch resources in the face of rising demand for services. From 2007 to 2012 the number of patients served in state psychiatric facilities dropped by 30,079 (17 percent). State legislation related to psychiatric inpatient care concerned donation of property to community mental health services (AR SB 801), staff functions (IA SF 406), complaint investigations (MO HB 351), a study of inpatient capacity (MT HJ 16), geropsychiatric facilities (ND HB 1089), deinstitutionalization (RI S680B) and limitations to restraint and seclusion (TX SB 1842). See Appendices 10 and 11

#### **Suicide Prevention**

After a period of stability the U.S. suicide rate increased sharply during the recession as Americans grappled with the stresses of unemployment. With the enactment of (SB 72), Kentucky established mandatory training requirements in suicide assessment, treatment and management for: social workers, marriage and family therapists, professional counselors, feebased pastoral counselors, alcohol and drug counselors, psychologists and occupational therapists. Other states enacting suicide prevention legislation included Alaska (SB 37), Oklahoma (SB 181), Utah (HB 154) and Washington (HB 1376). See Appendix 12

#### **Community Mental Health Legislation**

Increased scrutiny of mental health services also prompted lawmakers to enact legislation on long standing community mental health policy needs. In addition to the child and youth policy mentioned earlier, issues included: family involvement in care, health information privacy, prescription medications, provider credentials, standards of care, supports for housing and employment and the use of technology to increase service capacity.

#### **Family Involvement in Care**

Understanding that informed and engaged families can lead to better mental health outcomes for children and adults, South Carolina enacted <u>SB 117</u> which strengthens requirements for health care providers to give individuals the opportunity to authorize disclosure of information to designated family members or others. Tennessee passed <u>SB 442</u> which allows family members and friends to transport individuals in mental health crisis to regional mental health institutes for civil commitment when safety would not be compromised. *See Appendix 13* 

<sup>&</sup>lt;sup>14</sup> Substance Abuse and Mental Health Services Administration (SAMHSA), Uniform Reporting System. http://www.samhsa.gov/dataoutcomes/urs/

<sup>&</sup>lt;sup>15</sup> Reeves, A; Stuckler, D; McKee, M, Gunnell, D; Chang, SS; Basu, S (Nov. 2012) Increase in state suicide rates in the USA during economic recession. *The Lancet*, vol. 380 -9856, pp. 1813 – 1814. <a href="http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2812%2961910-2/fulltext">http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2812%2961910-2/fulltext</a>

#### **Health Information Privacy**

In addition to duty to warn, other standards governing the release of mental health treatment information were debated in the 2013 legislative session. Of concern, Tennessee enacted <u>SB 28</u> which allows a court hearing a child custody case to order disclosure of mental health information. As amended, the bill restricts release of confidential mental health information for the purpose of litigation and requires return or destruction of records at the conclusion of the case. Oklahoma (<u>SB 581</u>) increased those allowed to access court records related to treatment to include: a person having a valid power of attorney with health care decision-making authority, a person having valid guardianship with health care decision-making authority, a person having an advance health care directive, or a person having an attorney-in-fact as designated in a valid mental health advance directive. *See Appendix 14* 

#### **Prescription Medications**

People who get the right treatment have greater success in managing their mental illness. In order to choose the treatment regimen that will work best and enhance adherence, individuals and their prescribers need access to the full range of medications. In an effort to contain costs a number of states enacted legislation limiting access to psychiatric medications in public programs. Arkansas set a troubling precedent with (HB 1185) which authorizes a pharmacist to substitute a therapeutically equivalent, less costly medication, upon authorization by the prescriber. The pharmacist must inform the patient of the right to refuse the substitution. The term "therapeutically equivalent" extends beyond substituting a generic for its brand name equivalent to substituting a chemically different medication from the same class. A second bill in Arkansas (SB 965) modified, but did not extinguish concerns about the first bill.

Within its budget bill (<u>SB 402</u>) North Carolina imposed prior authorization and a restricted Preferred Drug List (PDL) for mental health medications prescribed to Medicaid and Health Choice recipients. The budget bill specifically includes off-label prescriptions for treatment of Attention Deficit Hyperactivity Disorder (ADHD) and Attention Deficit Disorder (ADD) in youth.

On a more positive note, New York retained its "provider prevails" standard for prescribing psychiatric medications despite efforts to enact a more restrictive standard (<u>A. 3006</u>). *See Appendix 15* 

#### **Provider Credentials**

Bills governing provider licensure and scope of practice were enacted in a number of states. Louisiana (HB281) authorized development of a behavioral health license to facilitate the provision of integrated mental health and substance use care. Minnesota (HF 358) added family peer specialists (FPS) to the list of mental health practitioners covered by Medicaid for children's mental health services. FPS must be parents of a child living with mental illness and they must undergo specialized training. Oklahoma (HB 1109) provided for certification of peer recovery support specialists who are employed by a behavioral services provider. See Appendix 16.

#### **Standards of Care**

This category of legislation ranges from policies for treatment of specific diagnoses to strategies to increase access to and quality of care. Pennsylvania (SB 5) is promoting integrated health homes through the establishment of a community-based health care program to expand access to preventive care, disease management, behavioral health and pharmacy services. With enactment of SB 7 Texas charged local mental health authorities with ensuring provision of assessment services, crisis services and intensive disease management practices for children and adults. The legislation requires local mental health authorities to incorporate jail diversion strategies into disease management practices to reduce involvement of people living with serious mental illness in criminal justice systems. See Appendix 17

#### **Supports: Housing and Employment**

Decent, safe, affordable housing and meaningful employment are crucial to recovery from serious mental illness. Despite repeated communication from the U.S. Department of Justice (DOJ), North Carolina's reliance on large adult care homes as residences for people with mental illness resulted in a 2011 U.S. DOJ ruling to move adult group home residents with mental illness to independent housing and to provide supports necessary to enable those individuals to live successfully in the community. Unfortunately the ruling came during a time of budgetary constraint. After some brinksmanship, the North Carolina budget (SB 402) allocated \$4.6 million to group homes to replace loss of personal care Medicaid funding and provided for a tiered special assistance rate to vary based on intensity of need. The state also enacted HB 5 to provide temporary, short-term financial assistance to (1) group homes serving residents determined not to be eligible for Medicaid-covered personal care services as a result of changes to eligibility criteria and (2) special care units serving residents who qualify for Medicaid-covered personal care services. See Appendix 18

Minnesota passed two bills to strengthen evidence-based supported employment. <u>SF 1607</u> encourages the use of evidenced-based practices, such as the Individual Placement and Support (IPS) model, in the *Extended Employment for People with a Serious Mental Illnesses* (EE-SMI) program while the omnibus budget bill, <u>HF 1233/SF 1034</u> extends \$1 million in state funding for the program. *See Appendix 18* 

#### **Telehealth Technology**

Advances in communication technology offer an increasingly effective strategy to deliver specialty mental health care to underserved areas, address workforce shortages and to integrate health and mental health care. Three states passed legislation to allow delivery of mental health services through telemedicine: Idaho (HB 32), Indiana (SB 554) and Utah (HB 56). See Appendix 19

#### **Criminal Justice and Mental Illness**

Disproportionate numbers of people with mental illness are involved in the criminal justice system<sup>16</sup> often as a result of untreated or undertreated mental illness. NAMI has long worked to oppose unnecessary arrests and incarceration, advocating for diversionary strategies such as crisis intervention teams (CIT) and mental health courts. High profile violent acts by people living with mental illness make the task more difficult, and in 2013 lawmakers debated a variety of bills focused on the nexus between criminal justice and mental health. Legislation was enacted addressing law enforcement, the courts, incarceration, probation and parole and juvenile justice.

#### **Law Enforcement**

Legislation was enacted in several states addressing procedures used by law enforcement officials to intervene when people display signs of mental illness. For example, Ohio (SB 7) required that if a person convicted of an offense requires a mental health evaluation or treatment, the court shall report to the local law enforcement agency, which shall report the information to the national crime information center supervised release file. Law enforcement legislation also encompassed bills focused on the mental health status of law enforcement personnel. Missouri (HB 404) now allows psychological stress to be recognized as an occupational disease for purposes of workers compensation. In possible violation of the Americans with Disabilities Act (ADA) Tennessee (SB 175) revised law enforcement officer qualifications to require certification that the applicant is free from any psychiatric impairment that would affect the ability to perform an essential function of the job, with or without a reasonable accommodation. See Appendix 20

#### **Courts**

Legislatures dealt with a variety of bills concerning criminal courts and defendants with mental illness. Arizona (HB 2310) developed standards for the design, training and procedures to establish and implement mental health courts, while Missouri (SB 118) created a veterans treatment court to handle cases involving substance abuse or mental illness of current or former military personnel. Without officially establishing a veterans' court South Dakota (SB 70) now requires magistrates and circuit judges to be trained on evidence-based principles, including use of behavioral health assessments and allows the court to consider treatment options when imposing a sentence if a defendant who is a military service member or veteran pleads guilty or no contest. See Appendix 21

#### **Incarceration**

Jails and prisons are neither designed nor funded to provide mental health treatment, yet with the erosion of public mental health services they have increasingly become de facto mental health facilities. Without appropriate treatment inmates with mental illness decompensate, are vulnerable to abuse and are disproportionately segregated in solitary confinement. Legislation

<sup>&</sup>lt;sup>16</sup> James, DJ., and Glaze, LE., (Sep. 2006) Bureau of Justice Statistics Special Report, *Mental Health Problems of Prison and Jail Inmates,* NCJ 213600.

enacted in Maine (LD 1433/HP 1022) raises concerns about unequal justice. The bill provides that a person who is in prison for an offense and is found not criminally responsible by reason of insanity for another offense must finish the first prison term before beginning the commitment ordered by the court for the second offense. See Appendix 22

#### Release, Probation, Parole

Thoughtful release planning and progressive probation or parole procedures increase the likelihood of successful re-entry for prisoners living with mental illness. Montana enacted (SB 11) to revise the probation and parole system to work more effectively with prisoners who have a serious mental illness. The legislature also passed HB 68 creating a re-entry task force pilot project to reduce recidivism. HB 68 requires the department, in consultation with the reentry task force, to develop partnerships with and contract with community-based organizations that provide needed services to released inmates in areas such as mental health, chemical dependency, employment, housing, health care, faith-based services, parenting, relationship services and victim impact. See Appendix 23

#### **Juvenile Justice**

As with the adult system, involvement with juvenile justice often represents the failure to identify and treat emerging mental illness. As part of the examination of the mental health system as a whole, states enacted legislation to study, improve and integrate juvenile justice systems with efforts of other child serving systems.

The most far-reaching legislation was enacted in Minnesota. SF 671/ HF 724 commissions a working group to examine juvenile justice and mental health. The group is composed of NAMI Minnesota, commissioners of human services, corrections and education; a district court judge designated by the Supreme Court; the Minnesota County Attorneys Association; the state public defender; the Indian Affairs Council; the Minnesota County Probation Officers Association and the Minnesota Association of Community Corrections Act Counties. The work group will examine early identification and response, changes needed to ensure coordinated quality service delivery; changes to rules and statutes to remove barriers to achieving outcomes; an implementation plan to achieve integrated service delivery across systems and across the public, private and nonprofit sectors and financing mechanisms that include all possible revenue sources. NAMI Minnesota is required to report to the legislature on the results. See Appendix 24

#### **Rights Protection and Advocacy**

Concern for civil rights of people who live with mental illness was a constant undercurrent for much of the legislation described in this report. However, a few additional bills addressing rights protection are included in this section. An interesting piece of legislation in Oklahoma (SB 755) establishes the role of "treatment advocate" to include: guardians, persons granted general health care decision-making authority or those designated as health care proxies in an advance directive for health care, or persons granted durable power of attorney with health

care decision-making authority. The law provides for release of information to the treatment advocate. See Appendix 25

#### **Stigma Reduction**

Two states passed bills addressing language and practices that have the effect of stigmatizing people living with mental illness. Tennessee (SB 1376) changed how the state code refers to people who live with mental illness to comply with ADA standards. West Virginia (SB 193) repealed the law permitting sterilization of persons deemed mentally incompetent. See Appendix 26

#### **Summary**

Sweeping changes in public and private health care delivery systems and improving state economies provided opportunities in 2013 to strengthen public mental health services. Reminded forcefully about the essential value of a robust mental health service system, lawmakers in many states began to replenish resources that had been lost during the recession. Despite these advances, public mental health systems remain woefully underfunded.

#### **2014 State Policy Recommendations**

The following recommendations represent 2014 NAMI state policy priorities that should be considered by state mental health advocates.

Actively engage in outreach and enrollment. The success of the Health Insurance Marketplaces and Medicaid expansion will depend on robust outreach and enrollment from Oct. 1, 2013 to March 31, 2014. States should ensure that people living with mental illness are enrolled in the most appropriate type of coverage for their health and mental health care needs. Obstruction of enrollment by governmental officials is reprehensible and must cease.

**Comply with mental health parity.** The ACA requires mental health as an essential health benefit on par with medical/surgical benefits for all Qualified Health Plans and Medicaid Alternative Benefit Plans. States should monitor compliance with federal parity requirements, hold insurers accountable and impose meaningful sanctions for noncompliance.

**Expand Medicaid.** As this report goes to press 25 states and DC have opted for Medicaid expansion. All remaining states should expand Medicaid in a manner that fully complies with the ACA to include requirements for essential health benefits, out-of-pocket cost limitations and consumer protections.

**Increase integrated care.** Integrated mental health, addiction and primary care for children and adults with multiple chronic conditions improves overall health, reduces costs, prevents duplication and gaps in care and makes more efficient use of service providers. States should create incentives, remove barriers and allocate Medicaid resources to promote integrated care

through health homes based in community mental health centers and federally qualified health centers.

Increase the mental health workforce capacity. With millions of Americans gaining health insurance coverage in 2014, there is likely to be an acute shortage of mental health workers available. States should ensure active recruitment and training of mental health professionals skilled in effective, culturally competent interventions for children and adults. States should assess mental health workforce shortages and enhance existing capacity by increasing telehealth and appropriate use of peer specialists and allied professions. Training should be required to enable primary care clinicians to recognize mental health conditions and provide routine mental health care.

**Identify mental illness and intervene early.** Early identification of mental illness and early intervention are essential to ensure that children, youth and adults living with mental illness have the opportunity to thrive and reach their full potential. Mental health screening should be routine in primary care. Those who screen positive should be promptly linked with more comprehensive evaluation and an <u>array</u> of effective services for children, youth and young adults as indicated. States should fully comply with Medicaid requirements for Early Periodic Screening Diagnosis and Treatment (EPSDT).

**Build the bridge from Medicaid to private health coverage.** For the first time in 2014, Medicaid beneficiaries with mental illness will have the opportunity to return to the workforce, leaving Medicaid rolls for guaranteed private health insurance, including mental health benefits. State policy and resources should promote successful transition to private coverage by offering services such as case management, supported employment and peer support.

Increase access to supported employment services. The improving economy combined with guaranteed health coverage creates a pivotal opportunity for adults recovering from mental illness to return to work and for transitional youth to launch into education and employment. Evidence-based supported employment programs help people with psychiatric disabilities prepare for and obtain employment and perform successfully in the classroom or workplace. States should enact policies and allocate resources to increase access to supported education and employment.

**Increase housing with supportive services.** Lack of safe, decent and affordable housing is a significant barrier to recovery from mental illness. Supportive housing and rapid rehousing are cost-effective models that combine housing with support services to increase housing stability and independence and markedly reduce shelter use, hospitalizations and criminal justice system involvement.<sup>17</sup> States should enact policies and leverage federal and private sector

19

<sup>&</sup>lt;sup>17</sup> Pearson, C; et al; Housing stability among homeless individuals with serious mental illness participating in housing first programs. *Journal of Community Psychology*, June, 2009

resources to provide the supportive housing necessary to end homelessness and promote successful independent living for people with mental illness.

Increase justice system diversion strategies. Too many people with mental illness are involved in criminal justice systems,<sup>18</sup> often as a result of untreated or undertreated illness. States should increase justice system diversion programs to divert offenders with mental illness from unnecessary arrest and incarceration to more appropriate and cost-effective community-based treatment and supervision. However, diversion programs will only succeed to the degree that an <u>array</u> of timely, effective services is available.

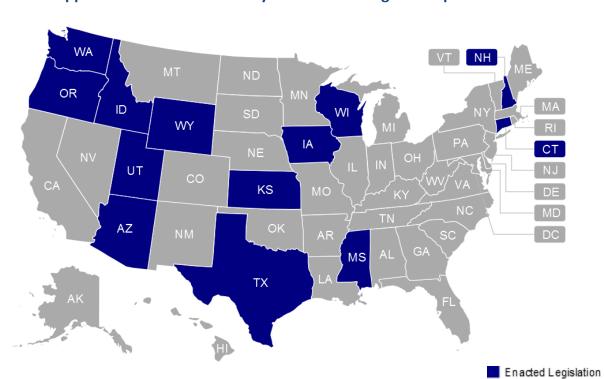
#### **Conclusion**

Dramatic changes in American health care finance and delivery systems combine with an improving economy and a growing array of best practices to provide a window of opportunity in the next few years to transform the mental health system and integrate care across systems. Advocates and policy makers should continue the work of building the mental health system of the future, one in which mental illness is identified as it emerges and an array of proven, costeffective services are available as needed to provide <a href="mailto:children">children</a>, youth and <a href="mailto:adults">adults</a> with the mental health care they need to stabilize, recover and live healthy lives.

**Note:** Appendices are arranged by issue with U.S. maps to indicate states enacting related legislation. Appendix tables provide brief bill summaries with links to actual legislation by bill and chapter number.

Gold stars denote bills considered to be best practices while bills posing potential threats to the interests of individuals and families living with mental illness are marked with red flags.

<sup>&</sup>lt;sup>18</sup> James, Doris J., and Glaze, Lauren E., Bureau of Justice Statistics Special Report, *Mental Health Problems of Prison and Jail Inmates*, Sept. 2006, NCJ 213600.



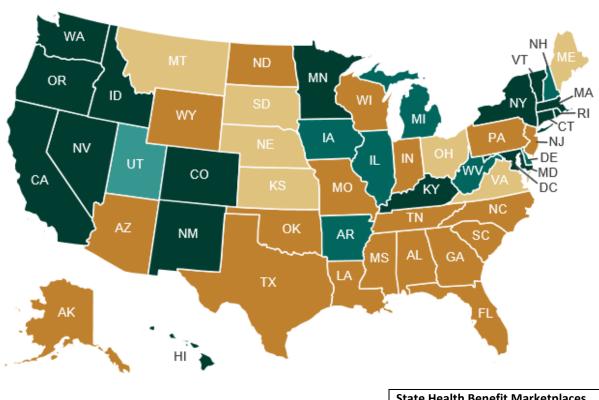
**Appendix 1: Mental Health System Monitoring and Improvement** 

	State	Bill	Chapter	Description
	AZ	<u>SB 1375</u>	220	Requires Dept. of Economic Security, Dept. of Health Services and the AHCCC (Medicaid) to determine and report:
				1. The most efficient, effective way to provide comprehensive behavioral
				health services, including diagnostic, evaluation and treatment services for
				children who are provided care.
				2. Determine the number of placement disruptions in foster care by age of
				child due to behavioral health management issues and the extent each child is receiving behavioral health services.
				3. Determine the number of adopted children who have entered foster care
				due to the adoptive parents' inability to receive behavioral health services to
				adequately meet the needs of the child and parents.
_	СТ	SB 972	178	Requires the Department of Children and Families (DCF), Office of Early
7				Childhood (OEC) to address Connecticut children's mental, emotional and
				behavioral health needs. DCF is required to develop a comprehensive plan to
				(1) Meet these needs and (2) Prevent or reduce the long-term negative
				impact of mental, emotional and behavioral health issues on children.  OEC is required to:
				(1) Provide recommendations on coordinating home visitation programs that
				offer services to vulnerable families with young children and
				(2) Design and implement a public information and education campaign on
				children's mental, emotional and behavioral health issues.
	СТ	HB 6392	26	Combines the Department of Mental Health and Addiction Services
				reporting requirements into one report submitted every three years.

	State	Bill	Chapter	Description
	ID	SB 1010	25	Realigns Medicaid behavioral health benefits to allow for a managed care
				delivery system that includes independent, standardized, statewide
				assessment and evidence-based benefits. Currently, Medicaid behavioral
				health benefits are restricted by specific service limitations outlined in
				statute and benchmark benefit package in which the participant is enrolled.
	IA	SF 446		Requires the DHS and IDPH to collaboratively maintain the level of mental
				health and substance-related disorder treatment services provided by the
				managed care contractor through the lowa plan for behavioral health.
	IA	CCS 452		Continues the mental health and disability services redesign fiscal viability
				study committee.
	KS	HB 2368		Replaces references to reflect a name change to the Governor's Behavioral
				Health Services Planning Council (Council) to replace the term "mental
				health" with "behavioral health."
	MS	SB 2670	549	Prescribes the powers and duties of the Mental Health Strategic Planning
	1415	<u>30 2070</u>	3 13	and Best Practices Committee.
	NH	HB 375	41	Requires the vendors contracting with the department of health and human
	1411	110 373	71	services for Medicaid managed care to make quarterly reports to the
				commissioner of health and human services regarding their efforts to
				implement the state 10-year mental health plan of 2008.
	OR	HB 2020	362	Requires the Oregon Health Authority to convene a committee to advise the
	OIX	110 2020	302	authority in adopting rules governing on-site quality assessments of
				organizations that provide mental health or chemical dependency
				treatment. Requires coordinated care organizations to accept credentials of
				mental health treatment providers and chemical dependency treatment
				providers found by another coordinated care organization to meet
	TV	CD 12C		credentialing requirements.
	TX	<u>SB 126</u>		Requires establishment and maintenance of a public reporting system of
$\bowtie$				performance and outcome measures relating to mental health and
				substance abuse services. To the extent possible, outcome measures shall be
				included that capture inpatient psychiatric care diversion, avoidance of
				emergency room use, criminal justice diversion and the numbers of people
	T\/	UD 4022		receiving homeless services.
	TX	HB 1023	47	Creates task force to study and improve mental health workforce shortages.
<del>√</del>	UT	<u>HB 57</u>	17	Requires the Division of Substance Abuse and Mental Health to promote
				integrated programs that address substance abuse, mental health and
				physical health care needs. Requires the Division to evaluate the
			222	effectiveness of integrated health programs.
	WA	SB 5732	338	Improves behavioral health services provided to adults in Washington state.
				Creates a task force to examine reform for behavioral health services.
$\checkmark$	WI	<u>AB 40</u>	20	Creates an Office of Children's Mental Health in the Department of Health
$\sim$				Services. Requires the Office to study, recommend and coordinate
				initiatives, improve integration across state agencies of mental health
				services provided to children and monitor the performance of programs that
				provide those services Provides funding for mental health treatment
				programs. Allows Department to administer medical home initiative to serve
				individuals exiting mental health or correctional facilities; or individuals
				diagnosed with serious mental illness or substance abuse disorder.

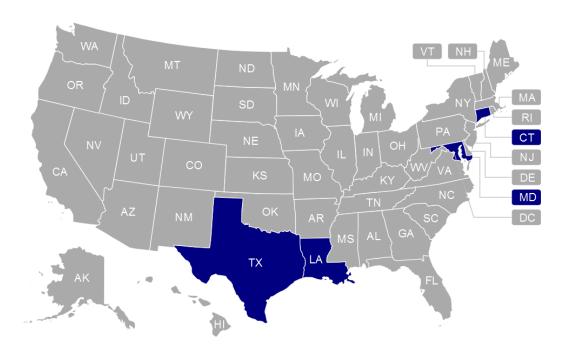
State	Bill	Chapter	Description
WY	<u>SF 60</u>	117	Requires the department of health to proceed with a reform and redesign of
			the Wyoming Medicaid program to include expanding available behavioral
			health services with particular attention to persons with serious and
			persistent mental illness or serious psychological distress.

**Appendix 2: Health Insurance Marketplaces, Affordable Care Act** 



# State Health Benefit Marketplaces State Run Marketplace Federal/State Partnership; state conducting plan management and consumer assistance State Running Small-Business marketplace; federal government running individual marketplace Federally facilitated marketplace; state conducting plan management Federally facilitated marketplace

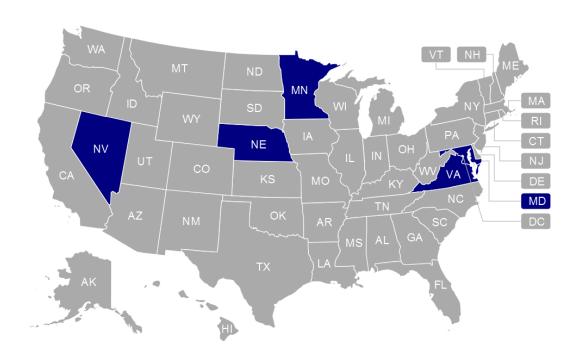
Source: Commonwealth Fund <a href="http://www.commonwealthfund.org/Maps-and-Data/State-Exchange-Map.aspx">http://www.commonwealthfund.org/Maps-and-Data/State-Exchange-Map.aspx</a>



**Appendix 3: Health Insurance, Mental Health Parity** 

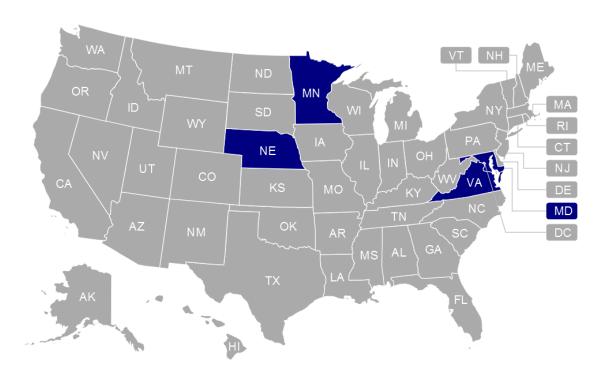
	State	Bill	Chapter	Description
$\overleftrightarrow{\sim}$	СТ	SB 1160	3	Reduces time health insurers have to: (1) make initial determinations on requests for treatments for mental health or substance abuse disorders and
				(2) review claim denials and other adverse determinations of such requests.
				Expands the role of, and qualifications required for, health care professionals
				who evaluate the appropriateness of adverse determinations. Requires the insurance commissioner to monitor compliance with state and federal
				mental health coverage parity laws and report on these issues to the
				Insurance and Public Health committees.
	LA	HB 592	205	Requires a health insurance issuer providing a health benefit plan to
				maintain a network of providers that includes providers that specialize in
				mental health and substance abuse services.
$\checkmark$	MD	HB 1216	289	Requires health maintenance organizations and entities that issue or deliver
$\sim$		/ SB 581		specified health insurance policies or contracts to provide, on their web sites
				and in print, notice about specified benefits for mental illness, emotional
				disorders, drug abuse, or alcohol abuse required under State law and under
				the federal Mental Health Parity and Addiction Equity Act.
$\checkmark$	MD	<u>HB</u>	291	Requires entities that propose to issue or deliver specified insurance policies
$\sim$		<u>1252/</u>		or contracts in the State to ensure that, when conducting utilization review
		<u>SB 582</u>		for mental health and substance abuse benefits, the criteria and standards
				used are in compliance with the federal Mental Health Parity and Addiction
				Equity Act.
	TX	<u>SB 1057</u>		Outlines regulation of private health care insurance coverage and the health
				insurance exchange for individuals applying for certain Department of State
				Health Services health or mental health benefits, services and assistance.





State	Bill	Chapter	Description
MN	HF 1233	108	Requires the commissioner, to fund the family home visiting program to
			target families with serious mental health disorders including maternal
			depression.
NE	LB 556		Establishes the Behavioral Health Screening and Referral Pilot Program to
			demonstrate a method of addressing the unmet emotional or behavioral
			health needs of children.
NV	AB 386	361	Established a pilot program for the administration of mental health
			screenings to pupils enrolled in selected secondary schools.
VA		606	Requires the State Board for Community Colleges to develop a policy
	HB 2322/		directing community colleges to establish one designee at each college to
	SB 1078		serve as a point of contact with an emergency services system clinician to
			facilitate screening and referral of students who may have emergency or
			urgent mental health needs. Colleges may establish relationships with
			community services boards or other mental health providers for referral
			and treatment of persons with less serious mental health needs.



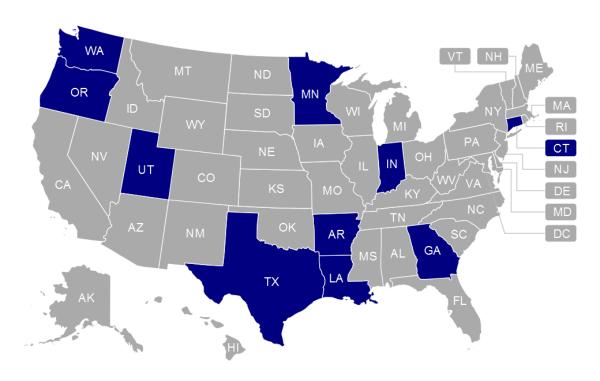


Enacted Legislation

State	BIII	Cnapter	Description
MD	SB 764/		Establishes a task force to identify and study the mental health needs of
	HB 823		homeless youth, evaluate resources and make recommendations.
MN	HF 359	108	Continued case management services must be offered to youth receiving
			children's case management who turn 18. Before discontinuing case
			management for youth between the ages of 17 and 21, the county must
			develop a transition plan that includes health insurance, housing,
			education, employment and treatment.
NE	LB 216		Helps state wards transition into young adulthood and provides them with
			community services including access to mental health services.
VA	SB 1342/	735	Requires the governing board of each public four-year institution of higher
	HB 1609		education to establish a written memorandum of understanding with the
			local behavioral health authority and with inpatient facilities in order to
			expand the scope of services available to students seeking treatment.



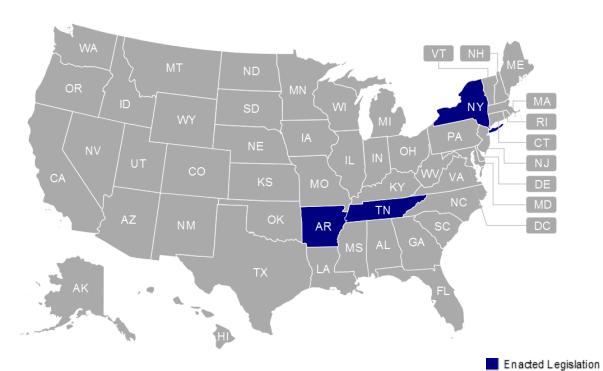




	State	Bill	Chapter	Description
	AR	<u>SB 588</u>	647	Provides grants for mental health training and other initiatives for addressing mental health challenges of adolescent students.
٨				
<del>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</del>	CT	SB 972	178	Requires training for school resource officers, mental health care
$\sim$				providers, pediatricians and child care providers. Requires the (1) state to
				seek existing public and private reimbursement for mental, emotional
				and behavioral health services and (2) Birth-to-Three program for mental
				health services to children eligible for early intervention services under
				federal law.
	CT	CD 1160	3	Includes mental health first aid training in schools.
A .	СТ	<u>SB 1160</u>		
7	CT	HB 6292	133	Ensures teachers receive training in social and emotional development
				and learning of children. Training shall include instruction on
				comprehensive, coordinated social and emotional assessment and early
				intervention for children displaying behaviors associated with social or
				emotional problems, the availability of treatment services for such
				children and referring children for assessment, intervention or treatment
				services.
	GA	HR 502	314	Creates a Joint Study Committee on Mental Health and School Violence.
	IN	SB 345	122	Establishes a commission on seclusion and restraint in schools to adopt
				rules concerning the use of restraint and seclusion in schools and develop
				a model restraint and seclusion plan.

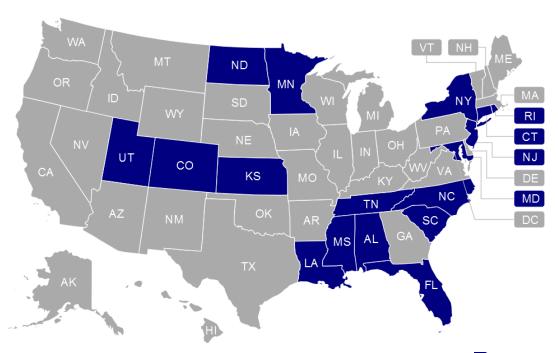
	State	Bill	Chapter	Description
	IN	HB 1423	285	Provides training and education requirements as well as procedures for
				mental health support services.
	LA	HB 718	50	Outlines school crisis management and response plans, provides rules
				and regulations for plans, requires schools to report plans and provides
				mental health services in the event of a crisis.
$\checkmark$	MN	HF 358		Provides for school linked services with funding increased by \$7.4 million
$\sim$				the first biennium and \$9.8 in the second biennium.
٨	MN		108	Provides appropriations for children's mental health crisis services,
$\stackrel{\checkmark}{\searrow}$		HF 1233		mental health first aid training, respite care and community health
				worker training.
$\checkmark$	MN	HF 630/	116	Requires schools to provide mental health instruction for students in
$\bigwedge$		<u>SF 453</u>		grades six through 12.
$\stackrel{\checkmark}{\swarrow}$	OR	HB 2756		Calls for removal of all seclusion cells from public schools.
	TX	<u>SB 460</u>		Provides training for public school teachers in detection and education of
				students at risk for suicide or with other mental or emotional disorders
				and inclusion of mental health concerns in coordinated school health
				efforts.
	UT	HB 298	139	Requires school districts to offer an annual seminar to parents with
				information on mental health, depression and suicide awareness.
$\checkmark$	WA	HB 1336	197	Requires school clinicians training on youth suicide screening and referral.
		<u>SB 5365</u>		School districts must adopt plans to recognize, screen and respond to
				student emotional/ behavioral distress. Establishes task force to identify
				successful strategies to partner school districts with health, mental health
				and social services to improve support for youth in need. The task force
				shall explore use of online youth emotional health and crisis response
				systems developed in other countries. Requires the department to
				provide funds for mental health first-aid training for teachers and
				educational staff.





State	Bill	Chapter	Description
AR	HB 1746	1212	Requires a mental health services provider to warn a law enforcement officer
			of a credible threat by a patient.
NY		1	Creates the N.Y. Secure Ammunitions and Firearms Enforcement Act of 2013.
	<u>S2230/</u>		Requires mental health professionals, in the exercise of reasonable
	<u>A2388</u>		professional judgment, to report if an individual they are treating is likely to
			engage in conduct that will cause serious harm to him- or herself or others.
			The report will be used to crosscheck the individual's name against a
			comprehensive gun registration database. If the individual possesses a gun,
			the license will be suspended and law enforcement will be authorized to
			remove the person's firearm or the individual may be prevented from
			obtaining one in the future.
TN	SB 789/	300	Requires mental health professionals to report any patient who makes an
	HB 645		actual threat of bodily harm against a reasonably identifiable victim patient to
			NICS.

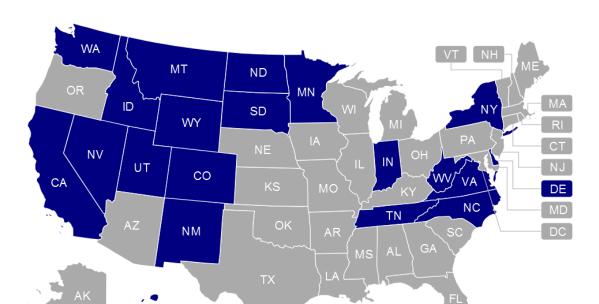




State	Bill	Chapter	Description
AL	SB 286	283	Allows sheriff to determine if a license to own a pistol may be denied or
			revoked based on suspicion that the person will use a weapon unlawfully or
			to endanger the person's self or others. The sheriff may consider whether
			the applicant or current licensee:
			1. Was found guilty but mentally ill in a criminal case.
			2. Was found not guilty in a criminal case by reason of insanity or mental disease or defect.
			3. Was declared incompetent to stand trial in a criminal case.
			4. Was found not guilty only by reason of lack of mental responsibility under
			the Uniform Code of Military Justice.
			5. Required involuntary inpatient treatment in a psychiatric hospital.
			6. Required involuntary outpatient treatment based on imminent danger to
			self or others.
			7. Required involuntary commitment to a psychiatric hospital for any reason,
			including drug use.
AL	<u>SB 133</u>	290	Provides for petition for the review of a person's mental capacity to
			purchase a firearm to be filed in circuit court.
СТ	SB 1094	220	Amends SB 1160 by expanding the ban on assault weapons and amending
			who is prohibited from owning guns based on mental health history.
СТ	SB 1160	3	Requires reporting of mental health information for gun permits. Makes any
			person who voluntarily admitted himself or herself to a psychiatric hospital
			during the preceding six months ineligible for a gun permit or handgun
			eligibility certificate.

State	Bill	Chapter	Description
СО	HB 1229	47	Requires reporting the mental health status of applications for a license to
			purchase and carry a firearm, including court ordered short-term
			psychiatric treatment. Also makes provision for persons to petition for relief.
FL	SB 1000	249	Provides conditions under which persons voluntarily admitted to a mental
	<u>/ HB</u>		institution for treatment and has undergone an involuntary examination
	<u>1355</u>		under the Baker Act may be prohibited from purchasing a firearm.
KS	<u>SB 21</u>		Amends law regarding the prohibition of those found to be mentally
			incompetent from owning a gun. Requires use of the National Instant
			Criminal Background Check system before obtaining a firearm permit.
LA	<u>HB 717</u>	403	District court shall report to the state Supreme Court who shall report to
			the NICS: (1) Court determined lack of mental capacity to proceed with a
			criminal trial; (2) Court ordered involuntarily committed to an inpatient
			mental health treatment facility. Allows a person prohibited from or
			ineligible to possess a firearm or concealed handgun permit because of
			adjudication or commitment to, upon release from involuntary
			commitment, file a petition seeking removal of that prohibition. The court
			shall grant requested relief if it finds that the petitioner's record and
			reputation are such that he will not be likely to act in a manner dangerous
			to public safety and that the granting of the relief requested would not be
			contrary to the public interest.
MD	SB 281/	427	Requires that a person may not possess a firearm if the person: suffers from
	<u>HB 294</u>		a mental disorder and has a history of violent behavior against the person
			or another; has been found incompetent to stand trial; has been voluntarily
			admitted for more than 30 consecutive days; has been involuntarily
			committed; or is under the protection of a court-appointed guardian of the
			property or guardian of the person, except for cases in which the
			appointment of a guardian is solely a result of a physical disability. Requires
			that a hearing officer who enters an order for involuntary commitment and
			determines that the individual cannot safely possess a firearm due to dangerousness to others, must order the individual to surrender firearms.
			Requires a mental health care facility to report to NICS the name and identifying information of a person admitted or committed to the facility if
			the person has been admitted to a facility for 30 consecutive days or more
			or was involuntarily committed. Authorizes person seeking relief from
			firearms disqualification to file with the Department of Health and Mental
			Hygiene if the application is signed by a board certified psychiatrist or
			psychologist stating: 1. Length of time the applicant has not had symptoms
			that cause danger to self or others; 2. Length of time that the applicant has
			been compliant with the treatment plan for mental illness; and 3. Opinion
			as to whether the applicant, because of mental illness, would be a danger
			to self or others if allowed to possess a firearm.
MN	SF 671	86	Requires a court to electronically enter into the National Instant Criminal
	<u> </u>		Background Check System information on all persons civilly committed
			during the period from Jan. 1, 1994, to Sept. 28, 2010, not already entered.
			during the period from Jan. 1, 1994, to Sept. 28, 2010, not already entered.

State	Bill	Chapter	Description
MS	SB 2647	384	Creates the National Instant Criminal Background Check System
			Improvement Act, defines the responsibility of court clerks to enter
			information of those adjudicated mentally incompetent into the system and
			provides for rehabilitation from disability of being able to purchase a
			firearm.
NJ	A 3717/		Requires submission of certain mental health records to National Instant
	<u>S2492</u>		Criminal Background Check System.
NY	<u>\$2230/</u>	1	Creates the NY Secure Ammunitions and Firearms Enforcement Act of 2013.
	<u>A2388</u>		Applies clinician duty to warn and mental health reporting laws for the
NC	UD 027	200	purpose of limiting firearms purchases.
NC	<u>HB 937</u>	369	Requires superior court to report to the NICS in the following instances: (1)
			Involuntarily commitment to inpatient mental health treatment upon a
			finding that the individual is mentally ill and a danger to self or others. (2) Involuntarily commitment for outpatient mental health treatment upon a
			finding that the individual is mentally ill and in need of treatment in order
			to prevent further disability or deterioration that would predictably result
			in a danger to self or others. (3) Involuntarily commitment to a facility for
			substance abuse treatment upon finding that the individual is a substance
			abuser and a danger to self or others. (4) Not guilty by reason of insanity.
			(5) Mentally incompetent to proceed to criminal trial. (6) Lacks the capacity
			to manage the individual's own affairs due to marked subnormal
			intelligence or mental illness, incompetency, condition, or disease. (7)
			Petition granted to an individual for the removal of disabilities.
ND	HB 1327	491	Prevents those adjudicated as mentally incompetent from obtaining a
			license to carry a concealed firearm and requires disclosure of mental
			health information when applying for license to carry.
RI	SR 862	397	Creates behavioral health and firearms safety task force to review and
			make recommendations for statutes on firearms and behavioral health
			issues.
SC	<u>S413/</u>	22	Establishes a confidential process for compiling and transmitting
	<u>H3560</u>		information to the South Carolina Law Enforcement Division (SLED), which
			then transmits the information to NICS, about persons who have been
			adjudicated mentally incapacitated or committed to a mental institution.
		200	Also provides ways to obtain removal of certain disqualifications.
TN	SB 789/	300	Requires mental health professionals to report any patient who makes an
	HB 645		actual threat of bodily harm against a reasonably identifiable victim to NICS
	110 043		for purposes of prohibiting the purchase of a firearm when a background
			check is conducted. Provides that if a service recipient is involuntarily committed to an inpatient treatment facility, the facility must report to
			local law enforcement, who must report the service recipient to the FBI-
			NICS Index and the Department of Safety.
UT	HB 121	188	Allows an owner cohabitant to voluntarily commit a firearm to a law
~ '	110 121	100	enforcement agency for safekeeping if the owner cohabitant believes that
			another cohabitant is an immediate threat to: (1) himself or herself;
			(2) the owner cohabitant; or (3) any other person .
	1	1	(2) the officer conductant, or (3) any other person.



**Appendix 8: Civil Commitment, Inpatient and Outpatient Treatment** 

State	BIII	Chapter	Description
CA	<u>SB 82</u>	34	Invests in Mental Health Wellness Act of 2013, a negotiated rider to the governor's budget, which provides \$365 million for mental health &
			substance use services, primarily crisis services such as residential crisis
			beds, crisis teams and triage services.
CO	<u>HB 1296</u>	232	Creates the civil commitment review task force. The task force will study and
			prepare recommendations concerning the implementation of the
			consolidation of the mental health, alcohol and substance use disorder
			statutes related to civil commitments.
DE	HB 9	07	Clarifies immunity as regards the process to detain or not detain a person for an involuntary mental health evaluation. Immunity is limited to the mental health assessment, resulting clinical decision and involuntary hold necessary until the person is presented to a designated psychiatric treatment facility that is able to provide such psychiatric healthcare services for the 24 hour detention. After the person presents to the designated psychiatric treatment facility and during the 24 hour involuntary detention period no medical
			doctor or designated psychiatric treatment facility shall be subject to civil

misconduct.

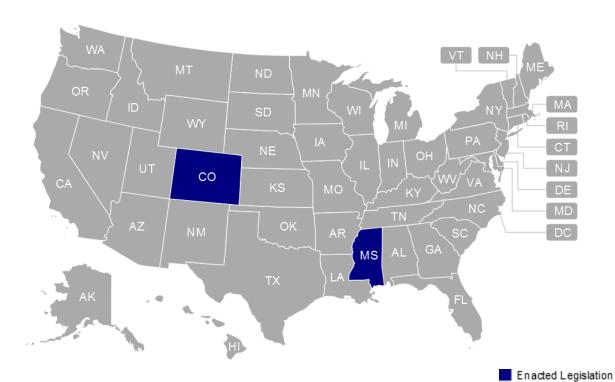
damages or criminal penalties for harm to the person with a mental condition resulting from the performance of functions unless such harm resulted from negligent, reckless, willful, wanton and/or intentional

State Rill

State	Bill	Chapter	Description
HI	SB 310 /	221	Establishes an assisted community treatment program in lieu of the
	HB 991		involuntary outpatient treatment program for severely mentally ill
			individuals who meet specified criteria, such as not being deemed
			dangerous. Amends procedures for determination of order to and discharge
			from a treatment program. Requires an entity designated by the department
			of health to submit an annual report to the legislature about hospitalization
			of persons who are under an order for assisted community treatment.
ID	HB 291	293	Provides that a minor who is suffering from a serious emotional disturbance
			and poses a danger to him or others may be temporarily detained by a
			health care professional without a hearing; and that they may temporarily
			detain a mentally ill patient in an emergency without a hearing. "Health care
			professional" means a physician, physician's assistant or advanced practice
			registered nurse, any one of whom is practicing in a hospital.
IN	HB 1130	4	Provides that an individual who is gravely disabled, in addition to having a
			mental illness, may be detained by a law enforcement officer and
			transported to the nearest appropriate facility.
MT	HB 16	308	Updates the emergency detention standard in the civil commitment process
			to make it clear it is an emergency situation when a person is symptomatic
			from mental illness when they are substantially unable to provide for their
			own basic needs.
MN	HF947	49	Creates two distinct chapters of civil commitment law. Laws regarding
			people committed as sexually dangerous persons or people with sexual
			psychopathic personalities have been separated from laws regarding people
			committed as mentally ill, mentally ill and dangerous, a chemically
			dependent person or person who is developmentally disabled.
NM	SB 271	39	Allows independently licensed mental health professionals to provide
			emergency evaluation for the purpose of transport to an evaluation facility;
			eliminating the limitation that certain emergency mental health evaluation
			and care services be provided by a certified psychologist or psychiatrist.
NY	<u>\$2230</u>	1	Creates the New York Secure Ammunitions and Firearms Enforcement (SAFE)
	A2388		Act of 2013. Amends Kendra's law to increase maximum initial Assisted
			Outpatient Commitment (AOT) from six months to a year and requires
			county mental health officials to evaluate the need for renewal.
NV	AB 287	537	Authorizes involuntary court-ordered admission of certain persons with
			mental illness to programs of community-based or outpatient services under
			certain circumstances; requiring a peace officer to take into custody and
			deliver a person to the appropriate location for evaluation by an evaluation
			team from the Division of Mental Health and Developmental Services of the
			Department of Health and Human Services in certain circumstances;
			providing a penalty; and providing other matters properly relating thereto.

State	Bill	Chapter	Description
NC	HB 635 SB 687	308	Requires a physician or psychologist at a 24 hour facility who recommends inpatient commitment; when the respondent is physically present and the clerk or magistrate finds probable cause to believe that the respondent meets the criteria for inpatient commitment, then the clerk or magistrate may issue an order to take the respondent into custody. Upon receipt of the custody order, the physician, psychologist or designee, shall: (1) notify the respondent that the respondent is not under arrest and has not committed a crime but is being taken into custody to receive treatment and for the respondent's own safety and the safety of others; (2) take the respondent into custody; and (3)
ND	SB 2157	223	complete and sign the appropriate portion of the custody order.  Allows physicians to direct an emergency medical services professional (rather than do it themselves solely in-person) when they reasonably believe that the respondent is not complying with an order for alternative treatment, that the alternative treatment is not sufficient to prevent harm or injuries to the respondent or others and that considerations of time and safety do not allow intervention by a court, the designated professional may cause the respondent to be taken into custody and detained at a treatment facility.
SD	HB 1020	122	Adds licensed physician assistants with a certain level of clinical experience to definition of qualified mental health professionals. Allows direct referral to a mobile crisis team, crisis intervention team or certified law enforcement officer. Allows certain facility officials to countermand the wishes of the parent to have an immediate discharge of their minor upon written notice of intention to terminate inpatient treatment if the official believes the minor requires emergency intervention and initiate a mental illness hold. Removes convulsive or shock therapy and electric shock from types of interventions that minors are not allowed to receive. Allows that a minor sixteen years of age or older, whether involuntarily committed or admitted by a parent, has the right to refuse convulsive or shock therapy or electric shock.
TN	HB 1073 SB 884	238	Authorizes surrogates under the Tennessee Health Care Decisions Act to seek voluntary admission to inpatient mental health treatment for certain patients. "Surrogate" means an individual, other than a patient's agent or guardian, authorized to make a health care decision for the patient.
UT	SB 135	29	Requires an applicant for an involuntary commitment order to consult with the appropriate local mental health authority before the court may issue a judicial order, if the local mental health authority appears at the commitment hearing.
UT	<u>SB 285</u>	312	Adds a requirement that an application for an individual to be involuntarily civilly committed, if reasonably available, contain the individual's name, date of birth and Social Security number.
VA	SB 920	371	Requires magistrates to consider a request to authorize alternative transportation, if available, for persons subject to an emergency custody or involuntary temporary detention order if the order is based upon a finding that the person who is the subject of the order has a mental illness and that there exists a substantial likelihood that, as a result of mental illness, the person will, in the near future, suffer serious harm due to his lack of capacity to protect himself from harm or to provide for his basic human needs but

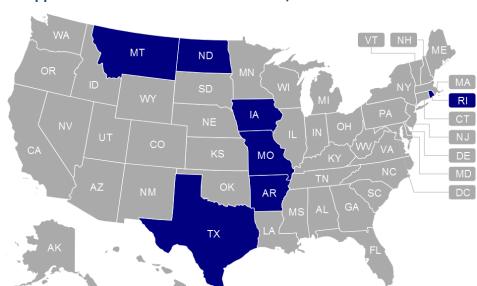
State	Bill	Chapter	Description
		·	there is no substantial likelihood that the person will cause serious physical
			harm to himself or others as evidenced by recent behavior causing,
			attempting, or threatening harm and other relevant information.
VA	HB 1423	179	Following a period of voluntary or involuntary treatment, allows community
			services board serving the county or city where such person receives
			treatment to petition for an order of mandatory outpatient treatment.
WA	HB 1114	289	For criminal defendants whose felony charges were dismissed due to
	SB 5176		incompetency, evaluation for the purposes of filing a civil commitment
			petition under the ITA must occur at a state hospital. Eliminates court
			discretion to release a defendant who has had felony charges dismissed.
			The court must make a finding as to whether the acts the person committed
			constitute a violent offense. On petitions for continued commitment of a
			person who has had a violent felony charge dismissed, when the court has
			made an affirmative additional finding at the initial petition, the person will
			be committed for up to an additional 180 days upon presentation of prima
			facie evidence that the person continues to suffer from a mental disorder or
			developmental disability that results in a substantial likelihood that the
			person will commit acts similar to the criminal behavior. The committed
			person may challenge the renewed commitment with an admissible expert
			opinion indicating that the person's condition has changed such that his or
			her mental disorder or developmental disability no longer presents a
			substantial likelihood that he or she will commit acts similar to the charged
			criminal behavior.
WA	SB 5221	214	Requires a facility conducting a civil commitment evaluation that makes a
			determination to release a person instead of filing a civil commitment
			petition, to provide written notice to the prosecutor and defense attorney at
			least twenty-four hours before the release.
WA	SB 5480	335	Accelerates changes to mental health involuntary commitment laws.
	SB 5732		
WA	SB 5732	338	Requires when a person has been involuntarily committed for treatment to a
			hospital for a period of 90 or 180 days and the superintendent or professional
			person in charge of the hospital determines that the person no longer
			requires active psychiatric inpatient treatment, the regional support network
			responsible must work with the hospital to develop an individualized
			discharge plan and arrange for transition to the community in accordance
			with the person's individualized discharge plan within 21 days.
WV	SB 481	128	Permits acceptance of a notarized application, in lieu of in-person application,
			for certain voluntary hospitalization; allows use of article five, chapter
			twenty-seven of said code for juveniles in certain situations; and requires
			parents or guardians to transport minors for voluntary hospitalization.
WY	HB 102	115	Provides that the Department of Health, in proceedings for the involuntary
			,
VV I	110 102	113	hospitalization of a person who is a minor, shall consult with the minor's parents or guardian to the extent feasible.



**Appendix 9: Mental Health Crisis Care** 



State	Bill	Chapter	Description
СО	SB 266	231	Establishes a Coordinated Behavioral Health Crisis Response System for communities throughout the state. Requires a continuum of care from crisis response through stabilization and safe return to the community. Components include:  (1) 24 hour telephone crisis service to perform assessment and referrals for children, youth and adults;  (2) Walk-in crisis services and crisis stabilization units with the capacity for immediate evidence-based clinical intervention, triage and stabilization.  (3) Mobile crisis services and units that are linked to the walk-in crisis services and crisis respite services;  (4) Residential and respite crisis services that include a range of short-term crisis residential services, including but not limited to community living arrangements; and  (5) A public information campaign.
MS	<u>HB</u>	567	Appropriates bond money for the purpose of constructing several
	<u>1049</u>		crisis intervention facilities.



Appendix 10: Mental Health Facilities, Deinstitutionalization

State	Bill	Chapter	Description
AR	SB 801	1251	Authorizes the department of Human services to donate property to
			community mental health clinics and centers.
IA	<u>SF 406</u>		Expands the allowable providers upon admittance to a facility or hospital
			from solely an examining physician to include an examining physician
			assistant, or examining psychiatric advanced registered nurse practitioner.
MO	HB 351		Requires the department of health and senior services to post on its website
			information regarding investigations of complaints against hospitals
			including peer group comparisons of psychiatric hospitals or psychiatric units
			within hospitals.
MT	<u>HJ 16</u>		Requests an interim study of state-operated public institutions serving
			individuals with mental illness.
ND	<u>HB 1089</u>	382	Allows that if geropsychiatric services are insufficient to meet the needs of
			the state the department may choose other nursing facility to set up another
			geropsychiatric unit.
RI	<u>S680B</u>	158	Expands parent deinstitutionalization subsidy aid program in the Dept. of
			BH/DD and Hospitals to include appropriate relatives. Allows relative to care
			for a child or adult if the parent is unable. Allows an appropriate relative who
			is providing care to receive subsidy through the aid program.
TX	SB 1842		Authorizes a registered nurse, other than the nurse who initiated the use of
			restraint or seclusion, to conduct a face-to-face evaluation of a patient
			within one hour the time restraint or seclusion is initiated. Requires a
			physician to conduct a face-to-face evaluation of the patient and document
			clinical justification for continuing the restraint or seclusion before issuing or
			renewing an order. Requires facilities to file a quarterly report regarding the
			inpatient psychiatric services measures of restraint and seclusion required by
			the federal CMS.

**Appendix 11: State Psychiatric Hospitals, Total Clients Served** 

State	2007	2012	Change:
Alabama	3,550	2,880	-670
Alaska	1,291	1157	-134
Arizona	537	307	-230
Arkansas	1,085	621	-464
California	8,050	8,866	816
Colorado	3,401	1,956	-1,445
Connecticut	1,490	1,282	-208
Delaware	555	397	-158
DC	827	620	-207
Florida	4,291	4,756	465
Georgia	14,033	6,709	-7,324
Hawaii	414	413	-1
Idaho	758	960	202
Illinois	8,126	10,027	1,901
Indiana	1,519	1,263	-256
lowa	1,793	1,063	-730
Kansas	3,595	3,109	-486
Kentucky	6,945	6,989	44
Louisiana	1,938	2,407	469
Maine	555	595	40
Maryland	2,890	1,835	-1,055
Massachusetts	1,551	1,343	-208
Michigan	1,483	1,501	18
Minnesota	2,451	1,923	-528
Mississippi	4,273	3,850	-423
Missouri	7,393	1,578	-5,815
Montana	681	750	69
Nebraska	1,946	460	-1,486
Nevada	2,997	3,071	74
New Hampshire	1,625	1,778	153
New Jersey	3,420	4,281	861
New Mexico	1,063	943	-120
New York	10,814	10,642	-172
North Carolina	11,963	3,547	-8,416
North Dakota	644	614	-30
Ohio	5,525	6,326	801
Oklahoma	2,574	1,847	-727
Oregon	1,601	1,358	-243
Pennsylvania	3221	2,617	-604
Rhode Island	1,020	1,134	114
South Carolina	3,199	2,205	-994
South Dakota	2238	2,137	-101
Tennessee	7,075	7,962	887
Texas	15,242	14,395	-847
Utah	664	629	-35
Vermont	231	87	-144
Virginia	5,697	4,736	-961
Washington	3374	2,904	-470
West Virginia	1,411	1,194	-217
Wisconsin	5,307	4,289	-1,018
Wyoming	349	283	-66
Totals	178,675	148,596	-30,079

WA
OR
OR
ID
SD
MN
NY
MA
RI
CT
NJ
CA
AZ
NM
OK
AR
MS
AL
GA

KY

NC
DE
MD
AX
AK

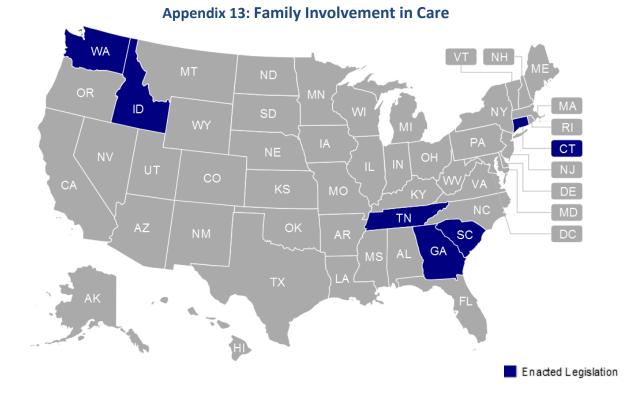
AK

AK

**Appendix 12: Suicide Prevention** 

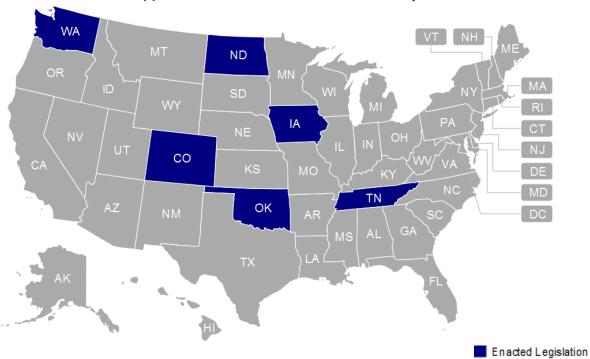


State	Bill	Chapter	Description	
AK	SB 37	37	Extends the statewide suicide prevention council.	
KY	<u>SB 72</u>	17	Establishes mandatory training requirements for social workers, marriage and family therapists, professional counselors, fee-based pastoral counselors, alcohol and drug counselors, psychologists and occupational therapists in suicide assessment, treatment and management.	
ОК	SB 181		Extends the Oklahoma Suicide Prevention Council until 2020 and adds an additional six members to the council including representatives from the military, Native American/Tribal and the medical community.	
UT	HB 154	194	Requires the State Board of Education to designate a State Office of Education suicide prevention coordinator to oversee school district and charter school youth suicide prevention programs; establishes model youth suicide prevention programs for school districts and charter schools that include certain requirements.	
WA	HB 1376	78	Clarifies the requirement that certain health professionals complete training in suicide assessment, treatment and management.	



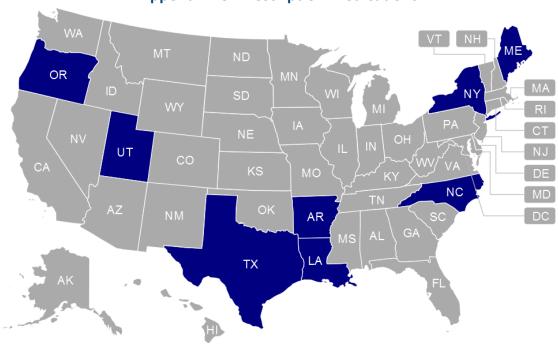
State Bill Chapter **Description** CT HB 5727 Changes the time for a hospital to notify a parent when a child is admitted 130 to the hospital for diagnosis or treatment of a mental disorder from within five days of the child's admission to not later than one day after the child's admission. Provides that both parents shall have equal access to the child's health GA <u>SB 1</u> 171 insurance information and records. ID HB 125 262 Revises provisions relating to criminal history and background checks on certain persons and revises provisions relating to guardianship proceedings. Requires a health care provider to give a patient an opportunity to SC SB 117/ 39 authorize disclosure of certain information to designated family members HB <u>3366</u> or representatives and the involvement of these family members or representatives in treatment. SB 442/ 32 Allows family members and friends to transport individuals in mental health HB 880 crisis to regional mental health institutes for civil commitment. 230 WA SB 5153 Permits the transfer of clients between regional support networks so they can be closer to relatives or other strong personal supports.



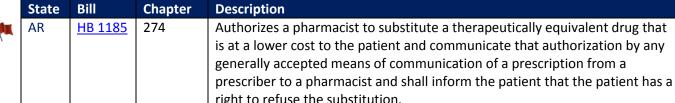


State	Bill	Chapter	Description
СО	HB 1015	38	Repeals the prohibition against disclosure of mental health claims
			information by small group health plans.
IA	<u>SF 203</u>		Allows in sub-acute facility for a mental health professional within the
			scope of their practice to supervise treatment plans rather than solely
			requiring a psychiatrist to do so. Repeals the Interagency Information
			Service on Persons with Mental Disabilities which permitted information
			concerning persons who are believed to have mental disabilities to be
			efficiently used by and exchanged among the state and local governments,
			their departments and agencies and with other public or private agencies,
			where the use or exchange of the information is for the purpose of assisting
			any of the agencies in providing care, evaluation, services, assistance,
			education, or habilitation to such persons.
ND	SB 2113	337	Provides for the confidentiality of emergency responder peer or group
			counseling session records relating to critical incident stress management.
ОК	<u>SB 581</u>		Increases parties allowed to access court records related to treatment to
			include: (1) a person having a valid power of attorney with health care
			decision-making authority, (2) a person having valid guardianship with
			health care decision-making authority, (3) a person having an advance
			health care directive, (4) a person having an attorney-in-fact as designated
			in a valid mental health advance directive.
TN	SB 28 /	220	Authorizes the court, when it deems appropriate, to order the disclosure of
	HB 68		confidential mental health information of a party.

State	Bill	Chapter	Description
WA	HB 1679	200	Brings standards for release of patient information into compliance with the Uniform Health Care Information Act (UHCIA). Disclosure for management or financial audits allows disclosure to a person for health care education; planning; quality assurance; peer review; administrative, legal, financial, or actuarial purposes; or for assisting a health care provider or facility in the delivery of health care. Standards concern release of information to researchers, penal institutions, Department of Health for licensing standards, county coroners and medical examiners for death investigations, organ procurement organizations to determine medical suitability of a body part, Food and Drug Administration related to quality, safety, or effectiveness of a regulated product.



**Appendix 15: Prescription Medications** 



				right to refuse the substitution.
	AR	<u>SB 965</u>	536	Requires the substitution of a therapeutically equivalent drug to occur only
				after the prescriber grants authorization for each prescription. Does not
				apply to specific acts of drug therapy management or disease management.
	LA	HB 393	312	Provides for creation of drug formulary and preferred drug list for the
				prepaid coordinated care network. When medications are restricted by a
				managed care organization by a step therapy or fail first protocol, the
				prescribing physician shall be able to expeditiously request an override.
	ME	LD 716	68	Requires the Commissioner of Health and Human Services to convene a
				work group to review and recommend appropriate prescribing of certain
				medications for children with attention deficit hyperactivity disorder.
_	NY	A 3006 /	56	Maintains "prescriber prevails" clause for atypical antipsychotics and

professional judgment, are medically necessary.

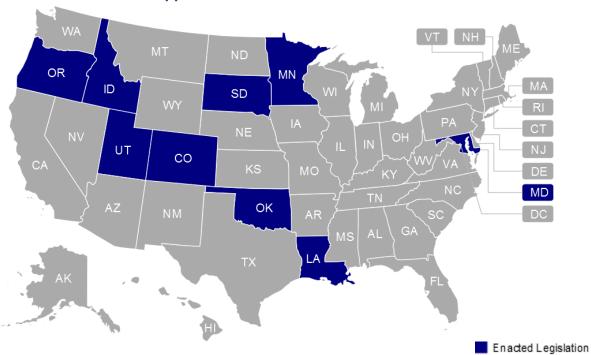
antidepressants in current Medicaid plans as state moves to managed care. Requires managed care providers to cover medically necessary prescription drugs including upon demonstration by the prescriber, after consulting with the managed care provider, that such drugs, in the prescriber's reasonable



S 2606

N.	
\ <b> </b>	
- 1	

State	Bill	Chapter	Description
NC	SB 402	360	In order to achieve cost-savings and improve health outcomes the Dept. of Medical Assistance may impose prior authorization requirements and other restrictions on medications prescribed to Medicaid and Health Choice recipients for treatment of mental illness, including, but not limited to, prior authorization requirements and restrictions on (1) medications on the Preferred Drug List (PDL) that are prescribed for the treatment of mental illness and (2) medications for attention deficit hyperactivity disorder (ADHD) or attention deficit disorder (ADD) prescribed to juveniles for offlabel uses.
OR	HB 2090	569	Renews the preferred drug list for medical conditions covered under the Oregon health plan.
TX	HB 915		Changes the requirements for prescribing a psychotropic medication to a foster child. Modifies legal and medical oversight of a foster child's medical care. The person authorized to consent to medical treatment for a foster child prescribed a psychotropic medication is required to ensure that the child has been seen at least once every 90 days by the prescribing physician, physician assistant, or advanced practice nurse to: (1) appropriately monitor side effects of medication; and (2) determine whether medication is helping the child achieve the treatment goals, if continued use of the medication is appropriate.
UT	<u>HB 270</u>	130	Requires identities of prescribers, patients and pharmacies in the database to be de-identified in accordance with HIPAA rules, kept confidential and not disclosed to a designee or individuals not associated with scientific studies.



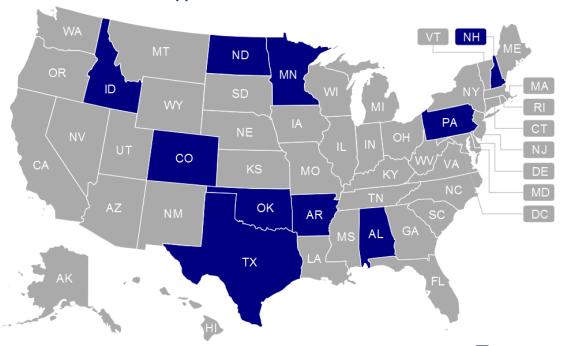
**Appendix 16: Provider Credentials** 

State	Bill	Chapter	Description
СО	<u>SB 116</u>	115	Expands the authority of forensic psychologists to conduct mental health evaluations.
СО	HB 1065	42	Allows persons licensed as physicians or psychologists in another state to treat persons with a mental illness at Colorado treatment facilities that are operated by the Armed Forces of the United States, the United States Public Health Service, or the United States Department of Veterans Affairs.
ID	HO 189		Allows psychiatric nurse practitioners to place temporary health hold on adults and children.
LA	<u>SF 203</u>		In sub-acute facilities expands the types of mental health professionals allowed to supervise treatment plans. Order for seclusion remains solely under the supervision of a psychiatrist.
LA	<u>SB 86</u>	173	Amends the Louisiana Mental Health Counselor Licensing Act to increase licensing fees and outline rules and regulations for obtaining a license.
LA	HB 281	308	Authorizes the Department of Health and Hospitals to promulgate and publish rules and regulations to provide for integrated behavioral health services under one license; to provide for the health, safety and welfare of persons receiving behavioral health services; and to provide for the safe operation and maintenance of providers and facilities providing such care.
MN	HF 358		Adds family peer specialists (FPS) to mental health practitioners covered by Medicaid for children's mental health services. FPS must be parents of a child mental illness and must undergo specialized training. FPS on treatment teams support families and promote family-driven planning.



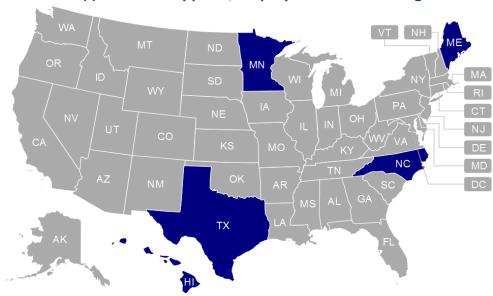
State	Bill	Chapter	Description
MD	<u>HB 56</u>	348	Requires applicants for a license or certificate from the State Board of
			Professional Counselors and Therapists to submit to a criminal history
			records check.
OK	HB 1109		The Board of Mental Health and Substance Abuse Services shall promulgate
			rules for certification of peer recovery support specialists who are
			employed by a behavioral services provider certified by the Department of
			Mental Health and Substance Abuse Services. Provided, however, that
			certification as a peer recovery support specialist shall be limited to
			providing services within the employer's area of certification.
OR	HB 2737	581	Requires Oregon Health Authority to adopt standards and procedures to
			certify specified mental health providers to qualify for insurance
			reimbursement.
SD	SB 69	171	Revises provisions of the health professionals' diversion program and
			updates licensing requirements of health care professionals.
UT	HB 244	123	Amends the definition of the term "Mental Health Therapist" under the
			Mental Health Professional Practice Act and the Psychologist Licensing Act
			and clarifies the educational requirements of an applicant for a license as a
			substance use disorder counselor.

**Appendix 17: Standards of Care** 



State	Bill	Chapter	Description
AL	<u>HB 301</u>	201	Defines physical therapists and employees of public and private institutions
			of postsecondary and higher education as persons required to report child
			abuse or neglect; clarifies that both public and private school teachers and
			officials are required to report.
AR	HB 1029	1200	Promotes mental health treatment for alleged child sex offenders who are
			under the age of 18 and the victims of sexual abuse.
СО	<u>HB 1104</u>	77	Repeals the requirement that mental health professionals provide required
			disclosures verbally and modifies the mental health professional peer
			health assistance program.
ID	HO 125		Revises guardianship and conservatorship provisions for criminal history
			and background checks. Revises provisions for guardianship proceedings.
MN	HF 1359	70	Adds posttraumatic stress disorder (PTSD) to the list of eligible injuries
	/ SF 1234		under the state's worker's compensation law.
ND	HB 1424	418	Provides for legislative management study of feasibility and desirability of
			participating in the provision of nontraditional healing therapies for
			posttraumatic stress disorder (PTSD), traumatic brain injury and other
			neurological conditions for North Dakota veterans and their families.
NH	<u>HB 636</u>	140	Extends the prospective repeal relative to the waitlist for community
			mental health services.
ОК	<u>SB 755</u>		Specifies certain persons to be deemed treatment advocates and authorizes
			the disclosure of information. Includes as a 'treatment advocate' a person
			holding the powers vested in guardianship of the person, a grant of general
			health care decision-making authority or designation of health care proxy
			contained in an advance directive for health care, or a durable power of
			attorney with health care decision-making authority.

State	Bill	Chapter	Description
PA	<u>SB 5</u>	10	Requires establishment of the Community-Based Health Care Program in the Department of Health which expands and improves health care access and services such as preventive care, chronic care/disease management, behavioral health and pharmacy services. Requires that not more than 50 percent of the expansion of an existing or the development of a new community-based health care clinic should use criteria to include addition of ancillary health care services, such as behavioral health and pharmacy.
TX	SB 7		Allows a local mental health authority to ensure the provision of assessment services, crisis services and intensive and comprehensive services using disease management practices for children with serious emotional, behavioral, or mental disturbance and adults with severe mental illness who are experiencing significant functional impairment due to a mental health disorder. Requires the local mental health authority to ensure that individuals with mental illness are engaged with treatment services in a clinically appropriate manner. Requires each local mental health authority to incorporate jail diversion strategies into the authority's disease management practices to reduce the involvement of the criminal justice system in managing adults with posttraumatic stress disorder; schizoaffective disorder, including bipolar and depressive types; anxiety disorder; or delusional disorder.



**Appendix 18: Supports, Employment and Housing** 



State

ΗΙ

Bill

SB 515/

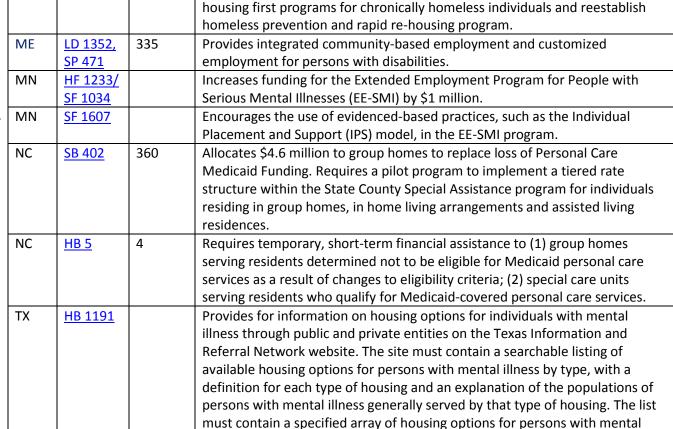
HB 1345

Chapter

222

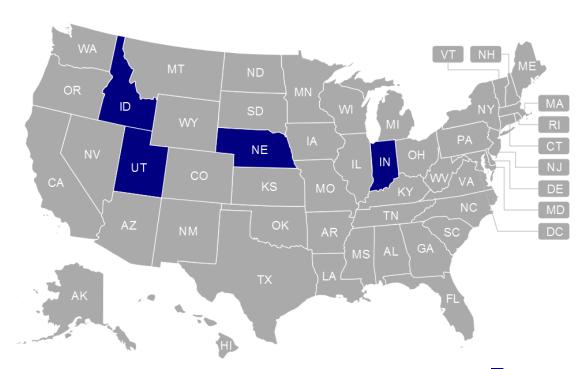
Description

illness.



Funds substance abuse treatment, mental health support services and clean

and sober housing services. Funds the Public Housing Authority to administer



Appendix 19: Telehealth, Technology

Enacted Legislation

State	Bill	Chapter	Description
ID	HB 32	13	Allows the Board of Psychologist Examiners to establish, by rule, the
			standards and requirements for the use of communication technology in
			the practice of psychology, including supervision.
IN	<u>SB 554</u>	204	Requires the office of Medicaid Policy and Planning to reimburse
			community mental health centers, home health agencies, FQHC, rural
			health clinics and critical access hospitals for telemedicine services under
			the Medicaid program.
NE	LB 556		Requires the Department of Health and Human Services to promulgate
			rules and regulations for the use of telehealth in children's behavioral
			healthcare.
UT	HB 56	016	Amends the Mental Health Professional Practice Act and Psychologist
			Licensing Act to allow mental health therapists and substance use
			disorder counselors to engage in mental health therapy or substance use
			disorder counseling via Internet, telephone, or other electronic means.

Appelluix 20. Law Emortement

WA

NT

ND

MN

NN

NE

NA

NN

NE

NA

NN

NC

ND

NC

**Appendix 20: Law Enforcement** 

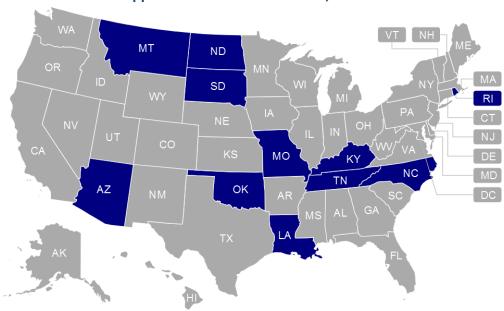
## **Law Enforcement and Mental Health**

State	Bill	Chapter	Description
AK	HB 59	71	Requires coordination of a missing vulnerable adult response plan with
			statewide media coverage and law enforcement.
ОН	<u>SB 7</u>		Requires, if a court orders a person convicted of a violent offense to receive a
			mental health evaluation or treatment for mental illness, the court shall
			report the conviction and evaluation or treatment to the local law
			enforcement agency which shall enter report to the national crime
			information center supervised release file. Information entered into the file
			shall remain until further order of the court.
TX	<u>HB</u>		Authorizes a peace officer who takes a person into custody without a warrant
	<u>1738</u>		to immediately inform the person orally of the reason for detention and that
			a staff member of the facility will inform the person his/her rights within 24
			hours after admission. Grants the right to reasonable opportunity to
			communicate with a relative or other responsible person who has a proper
			interest in the person's welfare. Requires the Commissioner to, by rule,
			prescribe the manner in which person is informed of rights.

## **Law Enforcement Personnel Standards**

State	Bill	Chapter	Description
MO	HB 404		Specifies that, for workers' compensation purposes, psychological stress may
			be recognized as an occupational disease for paid peace officers who are
			certified under Chapter 590, RSMo, if direct causal relationship is established.
TN	<u>SB 175</u>	137	Revises the qualifications to be a sheriff, youth service officer or police
	HB 169		officer. Orders that applicants be certified by a psychiatrist or psychologist as
			free from any psychiatric impairment per the DSM that would affect the
			applicant's ability to perform an essential function of the job, with or without
			a reasonable accommodation.





**Appendix 21: Criminal Justice, Courts** 



State	Bill	Chapter	Description
AZ	HB 2310	140	Develops standards for the design, training in and procedures to establish and implement efficient, effective and accountable mental health courts in this state.
КҮ	SB 67	16	Requires a revocation or denial of a license or the withdrawal of the privilege of operating a motor vehicle due to a person being found incompetent to stand trial shall extend until the person is found competent to stand trial or the criminal case is dismissed.
LA	<u>SB 71</u>	346	Authorizes mental health court treatment programs in Louisiana.
МО	<u>SB 118</u>		Authorizes circuit courts to create a veterans treatment court. The court will handle cases involving substance abuse or mental illness of current or former military personnel.
MT	HB 92	9	Removes public defenders from drug and mental health courts' treatment team.
NC	SB 45/ HB 88	18	When a defendant who is incarcerated or involuntarily committed lacks capacity to proceed, the court shall dismiss the charges when the defendant has served the maximum term of imprisonment. The defendant shall not be discharged from custody of the hospital, institution or outpatient commitment until examined for capacity to proceed and a report is filed with the clerk of court.
ND	HB 1116	102	Requires that when evaluating a defendant's fitness to proceed a human service center may not be considered a suitable facility and may not be considered suitable personnel unless the court is aware that an inquiry has been made prior to the court ordering the evaluation to ensure that appropriate resources exist at the human service center being ordered to conduct the evaluation.

State	Bill	Chapter	Description
OK	HB 1109		Stipulating that after an initial appearance a person accused of a felony
			offense may be required to submit to an approved risk, mental health and
			substance abuse assessment.
RI	HB 5851	279	Grants jurisdiction to the district court to order an examination of a person
			who requires specialized mental healthcare services and would allow for
			additional procedural due process rights for those individuals who have
			sufficiently recovered their mental health and who are to be returned to
			their original place of confinement.
SD	<u>SB 70</u>	101	Would require magistrate and circuit judges to be trained on evidence-
			based principles, including the use of behavioral health assessments.
TN	SB 180/	100	If a defendant is found to be incompetent to stand trial, any misdemeanor
	<u>HB 174</u>		charges pending at the time of the incompetency determination shall be
			retired no later than 11 months and 29 days after the date of arrest.





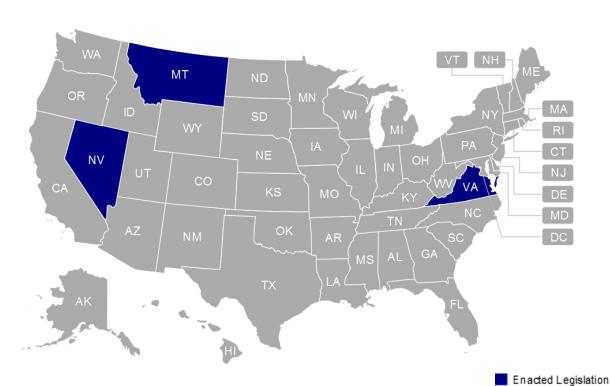
Appendix 22: Criminal Justice, Incarceration



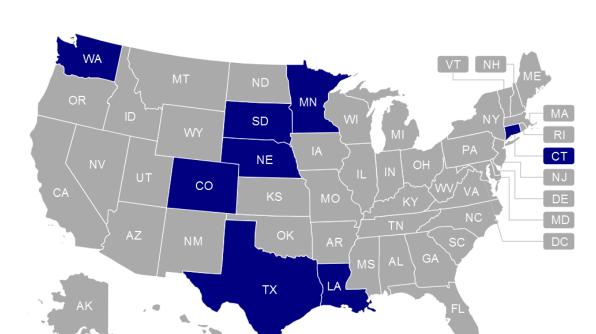
J	State	Bill	Chapter	Description
	ME	LD 1433, HP 1022	265	Provides that a person who is in prison and is found not criminally responsible by reason of insanity for another offense must finish the first prison term before beginning the commitment ordered by the court for the second offense. An individual who is in state custody on the basis of being not criminally responsible by reason of insanity may petition the court to be off institutional grounds if the individual is monitored.
	NC	SB 45/ HB 88	18	A presiding district or superior court judge who orders an examination shall order the release of relevant confidential information to the examiner, including mental health records of the defendant. When a defendant lacks capacity to proceed, the court shall dismiss the charges upon the earliest when as a result of incarceration, involuntary commitment to an inpatient facility, or other court-ordered confinement, the defendant has been substantially deprived of his liberty for a period of time equal to or in excess of the maximum term of imprisonment permissible for prior record Level VI for felonies or prior conviction Level III for misdemeanors for the most serious offense charged.
	TN	SB 1376/ HB 1339	173	Prohibits the Board from granting waivers for any person hired as a jail administrator, workhouse administrator, jailer, corrections officer, or guard in any county jail or workhouse who has been found not to be free from any disorder as described in the current edition of the DSM that would impair the subject's ability to perform any essential function of the job or would cause the subject to pose a direct threat to public safety.

State	Bill	Chapter	Description
WA	SB 5551 / HB 1627	284	The Department of Social and Health Services (DSHS) must reimburse a county for the cost of appointing an expert to complete a competency evaluation for a defendant in jail if DSHS does not meet its seven-day performance target for the timeliness of competency evaluations for at least 50 percent of defendants in the county during the most recent
			quarter.





State Bill Chapter **Description** MT SB 11 209 Revises the parole and probation system to work more effectively for offenders that have a serious mental illness. MT **HB 68** 176 Law and Justice Interim Committee bill to create a re-entry task force pilot project to reduce recidivism. Requires the department, in consultation with the reentry task force to develop partnerships with and contract with community-based organizations that provide needed services to released inmates in areas such as mental health, chemical dependency, employment, housing, health care, faith-based services, parenting, relationship services and victim impact panels. NV SB 519 501 Authorizes the Director of the Department of Corrections to apply on behalf of a prisoner for a determination of Medicaid eligibility. VA HB 2148/ 164 Authorizes the Department of Corrections to exchange medical and mental SB 1217 health information and records of any person committed to the Department with the Department for Aging and Rehabilitative Services, the Department of Social Services and any local department of social services in the Commonwealth for the purposes of reentry planning and post-incarceration placement and services.



**Appendix 24: Juvenile Justice** 

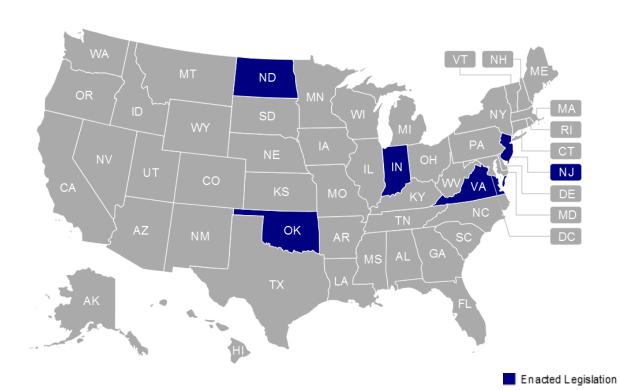
Enacted	Legislation
---------	-------------

State	Bill	Chapter	Description
СО	<u>SB 177</u>	88	Reduces the number of available juvenile detention beds statewide from 422 to 382.
СТ	SB 972	178	Develops an integrated case management system to provide a complete continuum of care for at-risk youths to reduce the number who enter into the juvenile and criminal justice systems, improve access to treatment and rehabilitative services for youths currently involved in the system and reduce recidivism.
LA	SB 107	214	Develops an integrated case management system to provide complete continuum of care for at-risk youths to reduce the number of youths who enter into the juvenile and criminal justice systems, improve access to treatment and rehabilitative services for youths currently involved in the system and reduce recidivism.
MN	SF 671/ HF 724		Creates a working group to discuss juvenile justice and mental health. The group is composed of NAMI Minnesota, commissioners of human services, corrections and education; a district court judge designated by the Supreme Court; the MN County Attorneys Association; the state public defender; the Indian Affairs Council; the MN County Probation Officers Association; and the MN Association of Community Corrections Act Counties. Issues to be discussed:  • Strategies for early identification and response.



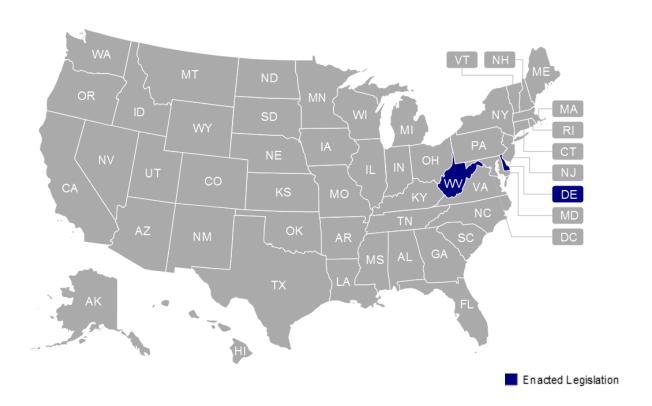
State	Bill	Chapter	Description
			Changes needed to ensure coordinated delivery of quality services:
			information-sharing, service shortages and cost pressures.
			Changes needed to ensure coordination between delinquency and other
			child serving systems.
			Changes to rules and statutes that create barriers to achieving outcomes
			agreed upon by the work group.
			Implementation plan to achieve integrated service delivery across
			systems and across the public, private and nonprofit sectors.
			Financing mechanisms that include all possible revenue sources.
			Requires NAMI Minnesota to report to the legislature on results.
NE	<u>LB 44</u>		Limits the penalty of a Class IA felony committed by a minor to no more than
			life imprisonment and includes provisions to provide mental health
			screenings for juvenile defendants.
NE	LB 561		Allows for mental health evaluations to judge the competency of the
			juvenile to proceed in a court hearing and when considering sentencing. Also
			creates mental health treatment programs for juvenile offenders.
SD	HB 1073	121	Requires that if the court determines that a competency determination is
			necessary, the court shall order the juvenile be examined by a licensed
			professional familiar with clinical evaluation of juveniles.
			If the examiner determines that the juvenile suffers from a mental illness,
			the examiner shall provide the following information:
			(1) The prognosis for recovery from the mental illness; and (2) Whether the
			juvenile is taking any medication and, if so, what medication.
			If the court finds that the juvenile is not competent to proceed, but there is
			substantial probability that the juvenile will be competent in the foreseeable
			future, the court shall continue the suspension of the proceedings and may
			refer the juvenile to a facility for evaluation and treatment.
TX	<u>HB 144</u>		Clarifies a juvenile court's authority to order a physical and mental
			examination for a child who is referred to the court or who is alleged to have
			engaged in delinquent conduct or conduct indicating a need for supervision
			when the child is initially detained in a pre-adjudication secure detention
			facility or a post-adjudication secure correctional facility.
WA	HB 1524	179	Provides for juvenile mental health diversion and disposition strategies.





State Bill Chapter **Description** IN SB 203 45 Provides that an individual with mental illness is eligible for services from the protection and advocacy services commission if the individual lives in a community setting, including the individual's own home. NJ S1456/A 80 Prohibits discrimination against potential organ transplant recipient on 2390 basis of mental or physical disability. ND SB 2323 384 Requires the reporting of abuse or neglect of a vulnerable adult. ОК SB 755 Specifies certain persons who are to be deemed treatment advocates and authorizes the disclosure of information to the treatment advocate. Includes as a 'treatment advocate' a person holding the powers vested in a guardianship of the person, a grant of general health care decision-making authority or designation of health care proxy contained in an advance directive for health care, or a durable power of attorney with health care decision-making authority shall be the treatment advocate for the patient by operation of law. VA HB 1682/ 419 Creates a penalty for the financial exploitation of mentally incapacitated **SB706** persons.

Appendix 26: Stigma Reduction



State	Bill	Chapter	Description
DE	HB 90	35	Removes the provision that allows districts to reject applications of
			students with special needs.
WV	SB 193 /	28	Repeals the article of the West Virginia Code that permits the sterilization
	HB 2463		of persons deemed to be mentally incompetent.