How Judicial Reforms Fit Into Broader Mental Health Policy Reform

Andy Keller, PhD | June 21, 2019
Vision

We envision Texas to be the national leader in treating people with mental health needs.

Mission Statement

To provide independent, nonpartisan, data-driven and trusted policy and program guidance that creates systemic changes so all Texans can obtain effective, efficient behavioral health care when and where they need it.
Vision, Mission, Core Change Strategy

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• Since our founding in 2013:
  - Texas behavioral health funding is up over $1.8 billion.
  - Legislators have “found” over $3 billion more.

• Two legislative sessions: 42 of 48 legislative priorities passed.
Four Care-Focused Policy Goals

1. **Eliminate the need to use the jail** for mental health care delivery.

2. **Eliminate expulsions** due to unmet mental health needs in schools.

3. 100% of **first episode psychosis** detected, treated, and remitted.

4. 100% of **depression** detected, treated, and remitted.
How Many Adults Need Help?

Comparable statistics:

- New cases of breast cancer: 16,000
- Breast cancer survivors: 100,000
- Texans with diabetes: 2 million

<table>
<thead>
<tr>
<th>Twelve-Month Prevalence of Mental Health Disorders in Adults in Texas, 2016</th>
<th>Prevalence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Adult Population</td>
<td>20,450,000</td>
</tr>
<tr>
<td>All Behavioral Health Needs (Mild, Moderate, Severe)</td>
<td>4,800,000</td>
</tr>
<tr>
<td>Mild and Moderate Conditions</td>
<td>3,850,000</td>
</tr>
<tr>
<td>Severe - Serious Mental Illness (SMI)</td>
<td>950,000</td>
</tr>
<tr>
<td>SMI in Poverty</td>
<td>520,000</td>
</tr>
<tr>
<td>Complex Needs/ Super Utilization</td>
<td>10,000</td>
</tr>
<tr>
<td>Subset with High Forensic Needs</td>
<td>8,000</td>
</tr>
</tbody>
</table>

**Specific Diagnoses**

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Prevalence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schizophrenia</td>
<td>100,000</td>
</tr>
<tr>
<td>First Episode Psychoses (FEP) Incidence (Ages 18–34)</td>
<td>2,000</td>
</tr>
<tr>
<td>Major Depression</td>
<td>1,450,000</td>
</tr>
<tr>
<td>Bipolar I Disorder</td>
<td>110,000</td>
</tr>
<tr>
<td>Posttraumatic Stress Disorder</td>
<td>720,000</td>
</tr>
<tr>
<td>Substance Use Disorders</td>
<td>1,650,000</td>
</tr>
<tr>
<td>Deaths Due to Suicide</td>
<td>3,339</td>
</tr>
<tr>
<td>Deaths Due to Opioid Use</td>
<td>1,261</td>
</tr>
<tr>
<td>Deaths Due to Alcohol Use</td>
<td>1,261</td>
</tr>
</tbody>
</table>

Figures rounded for simplicity; citations available on request.
The Progression of Mental Health Conditions

- **Half** of all mental health conditions manifest by **age 14**; interventions work best at this **early stage** when symptoms are **less severe, more treatable**, and **more readily kept from escalating** to more dangerous conditions that increase risk.
- By young adulthood, **75% of lifetime cases** have presented.
THE CURRENT MENTAL HEALTH SYSTEM

LIFE IN COMMUNITY

PHYSICAL

MENTAL

Primary Care
Specialty Care
Inpatient Care
Best Practice Anchor (e.g., MD Anderson)

Law Enforcement
Inpatient Care
Jail
Specialty Care
Primary Care
Best Practice Boutique (e.g., McLean, Johns Hopkins)

The best Mental Health Care should be just like the best Health Care
Growing Forensic Commitment Waiting List

The waiting list has risen over 600% since 2013.
The Sequential Intercept Model

Intercept 1
Law Enforcement

Intercept 2
Initial Detention and Court Hearing

Intercept 3
Jail and Courts

Intercept 4
Continuity of Care from Jail

Intercept 5
Forensic-Focused and Community-Based Care

Linear depiction of the Sequential Intercept Model

Source: Abreu et al., 2017. Used by permission.
SB 292 (Huffman, Nelson, Schwertner) created the Mental Health Grant Program for Justice-Involved Individuals.

• **GOAL** – to reduce: (1) recidivism rates, arrests, and incarceration for people with mental illness; and (2) the wait time for forensic commitments of people with mental illnesses to a state hospital.

• **FUNDING** – $12.5 million in fiscal year (FY) 2018 and $25 million in FY 2019, plus $5 million per fiscal year for Harris County. It was just reauthorized through FY 2021 at that level.

• **APPLICANTS** must be a county-based community collaborative and provide a local match of 1:1 in large counties and 1:2 in smaller counties.
Progress Thus Far – SB 292 (Urban)

S.B. 292
Mental Health Grant for Justice-Involved Individuals

Urban Apparent Awardees
Fiscal Years 2018 and 2019

Local Mental/Behavioral Health Authority Apparent Awardees
All counties have populations > 250,000

- NTBHA
- Spindletop
- StarCare
- Tarrant
- Texana
- Tri-County
- Integral
- LifePath

Source: Health and Human Services Commission, Behavioral Health Services

May 2018, v1
Progress Thus Far – SB 292 (Rural)

S.B. 292
Mental Health Grant
for Justice-Involved
Individuals

Rural Apparent Awardees
Fiscal Year 2019

Local Mental/Behavioral Health Authority Applications

- Bluebonnet Trails
- Center for Life Resources
- Coastal Plains
- Heart of Texas
- Helen Farabee
- MHMR Authority of Brazos Valley
- Permian Basin
- Spindletop
- Texas Panhandle
- Texoma

Source: Health and Human Services Commission, Behavioral Health Services

August 2018, v1
Jail Vs. Care in One County: Dallas in 2016
911 Calls in South Central Patrol District
Dallas RIGHT Care Team

- 4,019 total responses to calls for service;
- 3,377 connections to care;
- 22% (over 875 people) resulted in hospital diversions to community care, and only 5% resulted in an emergency detention;
- 12% (over 460 people) resulted in jail diversion (over 460 people diverted from arrest); and
- 1.7% of contacts resulted in an arrest for a new offense.
Parkland Hospital Psychiatric Data

While the total volume for psychiatric emergency detentions (PEDs) presentations at Parkland Health & Hospital System (Parkland Hospital) increased, the volume of people presenting from zip codes within South Central Patrol District decreased.

The total volume of PEDs presented at Parkland experienced a +5% increase from 2017 to 2018.

The volume of PEDs presented at Parkland from zip codes within South Central experienced a -9% decrease from 2017 to 2018.
Program Growth

Tulsa police pilot program to handle mental health 911 calls to begin compiling data as it seeks funding

Data Gathering • Its aim is to treat people in mental health crisis on site

By Corey Jones Tulsa World  Jul 23, 2017

THE CHALLENGE: In the City of Dallas, in recent years, there has been an increasing number of 911 calls from people who require mental health assistance. Traditionally, the response has been to transport these people to local emergency departments or, if medically stable, arrest and book them in the Dallas County Jail where they can receive psychiatric services. Between 2012 and 2015, the number of 911 mental health calls requiring an ambulance response increased by 59% (from 2,176 to 3,452 calls). The South Central Dallas Patrol District saw the bulk of that increase during 2012 and 2015 – from 382 to 706 calls, the equivalent of an 85% spike.

THE APPROACH: In response to the growing need of assistance for 911 mental health calls, the W.W. Caruth, Jr. Foundation at the Communities Foundation of Texas partnered with the Meadows Mental Health Policy.
THE IDEAL MENTAL HEALTH SYSTEM

HEALTH CARE

LIFE IN COMMUNITY

MENTAL HEALTH CARE

Integrated Primary Care

VitaISign6 Collaborative Care for Depression

Specialty Care (Other)
Rehabilitative Care
Inpatient Care
Best Practice Anchor e.g., UTSW Simmons Cancer Center, MD Anderson

Specialty Care (Psychiatry)
Rehabilitative Care
Inpatient Care
Best Practice Anchor e.g., UTSW O’Donnell Brain Institute, New York Presbyterian Hospital

The best Mental Health Care is like the best Health Care
The truth is: mental illness affects more people than you may think, and we need to talk about it. It’s Okay to say...” okaytosay.org
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