

**Medicaid is a lifeline for people with mental health and substance use conditions.**



**More than 130,000 ADULTS** in Alaska live with a mental illness.

**More than 10,000 ADOLESCENTS** in Alaska ages 12–17 have depression or anxiety.

Medicaid is the nation's largest funder of mental health (MH) condition and substance use disorder (SUD) services. **Nearly 40%** of non-elderly adults on Medicaid have a MH/SUD condition.

## Alaska Medicaid Covers More Than 236,000 Alaskans

**1 in 5 adults**  
ages 19–64

**3 in 8 children**

**7 in 9 nursing home residents**

**1 in 5 Medicare beneficiaries**

**3 in 8 people with disabilities**

**1 in 3 people with mental illness**  
in the U.S.



**21,500** people on Medicaid in Alaska were treated for a substance use disorder in 2021.

**71,000** people are covered under Medicaid expansion in Alaska.

The majority of adults covered by Medicaid in Alaska are working.

*Nationally, 92% of adults on Medicaid work full or part-time, attend school, are caregivers, or have a chronic illness or disability.*

**If people lose access to Medicaid coverage and mental health services and supports, their mental health needs won't disappear.** Costs will shift to communities by pushing people with mental illness into costly emergency departments and jails — instead of the lifesaving care people need and deserve.

### Cuts to Medicaid would:

Make it even more challenging for people with mental health conditions to see a therapist, afford a prescription, and manage their co-occurring physical health conditions.

Disrupt our state mental health agency's work — about half of state mental health agency funding nationally comes from Medicaid.

Disrupt our state's response to the opioid epidemic, making it harder for people with SUD to access life-saving treatment.



Alaska received \$2 billion in federal support for Medicaid in 2023 — 78% of total Medicaid spending in the state.



Cuts to Medicaid are unpopular: 82% of Americans oppose cuts to Medicaid funding.

**Alaska cannot afford to lose federal Medicaid funding.**