

**Medicaid is a lifeline for people with mental health and substance use conditions.**



**Nearly 650,000 ADULTS**  
in Iowa live with a mental illness.

**More than 50,000 ADOLESCENTS** in Iowa ages 12–17 have depression or anxiety.

Medicaid is the nation's largest funder of mental health (MH) condition and substance use disorder (SUD) services. **Nearly 40%** of non-elderly adults on Medicaid have a MH/SUD condition.

## Iowa Medicaid Covers More Than **603,000** Iowans

**1 in 6 adults**  
ages 19–64

**3 in 8 children**

**1 in 2 nursing home residents**

**1 in 7 Medicare beneficiaries**

**3 in 8 people with disabilities**

**1 in 3 people with mental illness**  
in the U.S.



**53,000+**

people on Medicaid in Iowa were treated for a substance use disorder in 2021.

**183,000**

people are covered under Medicaid expansion in Iowa.

The majority of adults covered by Medicaid in Iowa are working.

*Nationally, 92% of adults on Medicaid work full or part-time, attend school, are caregivers, or have a chronic illness or disability.*

**If people lose access to Medicaid coverage and mental health services and supports, their mental health needs won't disappear.** Costs will shift to communities by pushing people with mental illness into costly emergency departments and jails — instead of the lifesaving care people need and deserve.

### Cuts to Medicaid would:

Make it even more challenging for people with mental health conditions to see a therapist, afford a prescription, and manage their co-occurring physical health conditions.

Disrupt our state mental health agency's work — about half of state mental health agency funding nationally comes from Medicaid.

Disrupt our state's response to the opioid epidemic, making it harder for people with SUD to access life-saving treatment.

**73%**

Iowa received \$5 billion in federal support for Medicaid in 2023 — 73% of total Medicaid spending in the state.

**82%**

Cuts to Medicaid are unpopular: 82% of Americans oppose cuts to Medicaid funding.

**Iowa cannot afford to lose federal Medicaid funding.**