

**Medicaid is a lifeline for people with mental health and substance use conditions.**



**Nearly 270,000 ADULTS** in Maine live with a mental illness.  
**More than 25,000 ADOLESCENTS** in Maine ages 12–17 have depression or anxiety.

Medicaid is the nation's largest funder of mental health (MH) condition and substance use disorder (SUD) services. **Nearly 40%** of non-elderly adults on Medicaid have a MH/SUD condition.

## MaineCare, Maine's Medicaid Program, Covers More Than **395,000** Mainers

**1 in 6 adults**  
ages 19–64

**1 in 3**  
children

**2 in 3 nursing**  
home residents

**1 in 4 Medicare**  
beneficiaries

**3 in 8 people**  
with disabilities

**1 in 3 people with**  
mental illness  
in the U.S.



**35,000+**  
people on Medicaid in Maine were treated for a substance use disorder in 2021.

**112,000**  
people are covered under Medicaid expansion in Maine.

The majority of adults covered by Medicaid in Maine are working.

*Nationally, 92% of adults on Medicaid work full or part-time, attend school, are caregivers, or have a chronic illness or disability.*

**If people lose access to Medicaid coverage and mental health services and supports, their mental health needs won't disappear.** Costs will shift to communities by pushing people with mental illness into costly emergency departments and jails — instead of the lifesaving care people need and deserve.

### Cuts to Medicaid would:

Make it even more challenging for people with mental health conditions to see a therapist, afford a prescription, and manage their co-occurring physical health conditions.

Disrupt our state mental health agency's work — about half of state mental health agency funding nationally comes from Medicaid.

Disrupt our state's response to the opioid epidemic, making it harder for people with SUD to access life-saving treatment.



Maine received \$3 billion in federal support for Medicaid in 2023 — 72% of total Medicaid spending in the state.



Cuts to Medicaid are unpopular: 82% of Americans oppose cuts to Medicaid funding.

**Maine cannot afford to lose federal Medicaid funding.**