


Federal Priorities 2025-2026

There is a significant need to continue Congress' bipartisan efforts to address our nation's mental health crisis. As the nation's largest grassroots mental health organization, NAMI advocates for public policies that help build better lives for the millions of people affected by mental health conditions. More than one in five people in the U.S. lives with a mental health condition – and many struggle to access the health care and support they need.



We urge Congress and the Trump Administration to make a commitment to people with mental health conditions by focusing on the following:



**Protecting
Access to Care**



**Reimagining
Crisis Response**



**Advancing
Research**



**Improving Youth
Mental Health**

As the nation's largest grassroots mental health organization, ***NAMI fights for policy changes that improve the lives of the millions of people affected mental health conditions.***



4301 Wilson Blvd., Suite 300
Arlington, VA 22203
703-524-7600

Follow us on Instagram and
Twitter: @NAMIAdvocacy

Protecting Access to Care

Health insurance is key to helping people with mental health conditions access the care and treatment they need. NAMI urges our federal policymakers to continue to ensure that people with mental health conditions can access affordable and comprehensive coverage so that they can get appropriate care as early as possible. This includes extending tax credits that help people afford private health insurance and limiting the impact of changes to Medicaid to reduce coverage losses that would severely harm people with mental health conditions.

Reimagining Crisis Response

As a result of President Trump signing the 988 Suicide & Crisis Lifeline into law in 2020, and the subsequent nationwide implementation of 988 in 2022, more than 17.5 million help seekers have been connected to trained crisis counselors who provide mental health intervention services by phone, chat, and text. But 988 is only the first step to fulfilling Congress' vision to help people in crisis. That vision also includes mobile crisis teams offering an in-person mental health crisis response and crisis stabilization options that provide short-term de-escalation and care. Policymakers must continue efforts to ensure that all people in a mental health crisis receive a mental health response, regardless of where they live.

Advancing Research

Research is crucial to better understanding the brain and discovering more precise diagnostics and innovative treatment options for mental health conditions. While many people with a mental health condition respond to treatment, mental illness remains a leading cause of disability. NAMI urges policymakers to protect and increase funding for mental health research that will allow us to continue to identify better diagnostics and medications and discover new therapeutic interventions to treat mental health conditions and reduce mental health disparities.

Improving Youth Mental Health

America's children and youth are in crisis. There is an alarming increase in the prevalence of symptoms of anxiety and depression, as well as suicidal ideation, among youth. NAMI urges policymakers to continue to fund research and programs that ensure our children and young people have easy and affordable access to a wide range of effective mental health treatments and support in schools and in their community.

Learn more:
nami.org/advocacy